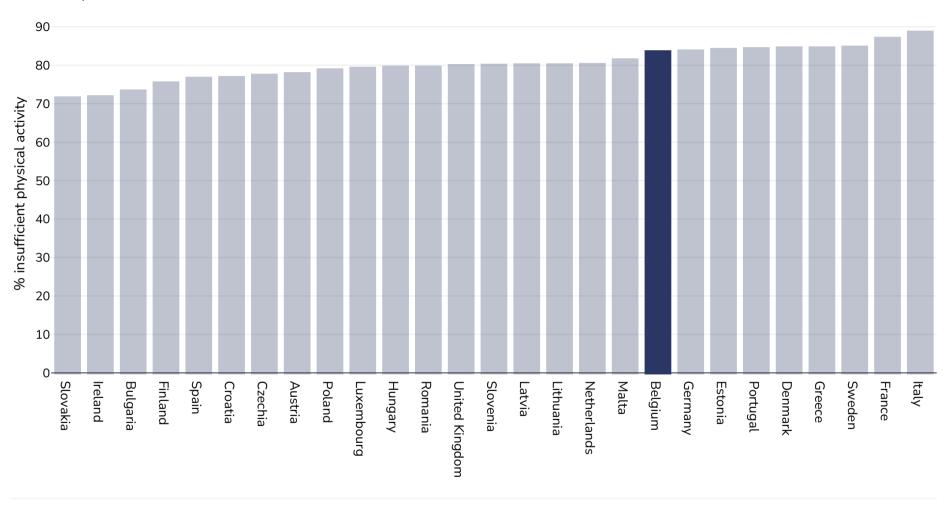
## Belgium: Insufficient physical activity

## WORLD BESITY

## Children, 2016

References:

Notes:



Survey type: Self-reported

Age: 11-17

Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitions:**% Adolescents insufficiently active (age standardised estimate)