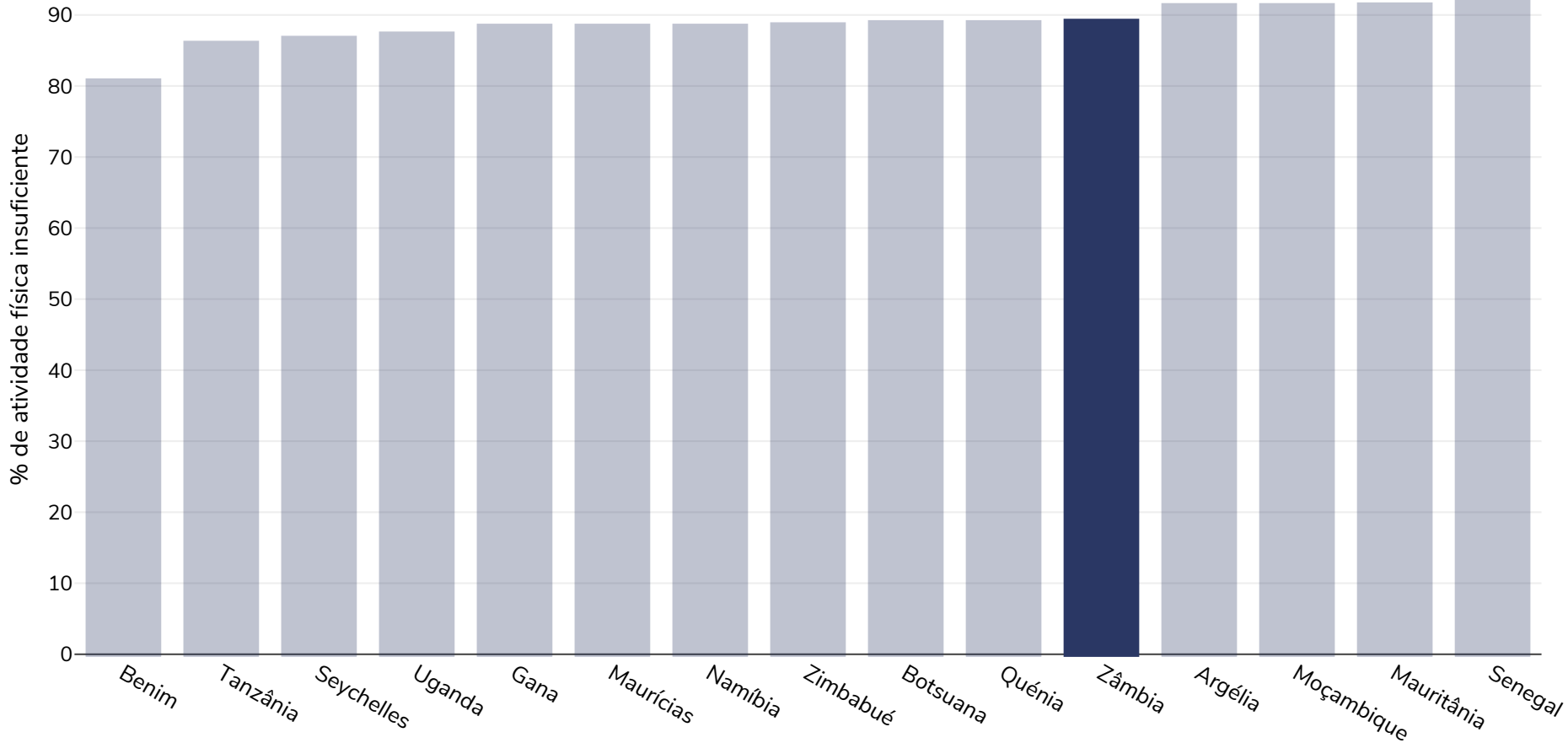


Zâmbia: Insufficient physical activity

Raparigas, 2016



Tipo de inquérito: Autorreportado

Idade: 11-17

Referências: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notas: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definições (disponível apenas em inglês): % Adolescents insufficiently active (age standardised estimate)