Spain: Overweight/obesity by region
Men, 1990-1994

Survey type: Measured
Age: 25-60
Sample size: 5388
Area covered: Four Spanish regions: Catalunya, Basque Country, Madrid and Valenci


Notes: Obesity defined as BMI => 30 kg/m². Unless otherwise noted, overweight refers to a BMI between 25 kg and 29.9 kg/m², obesity refers to a BMI greater than 30 kg/m².