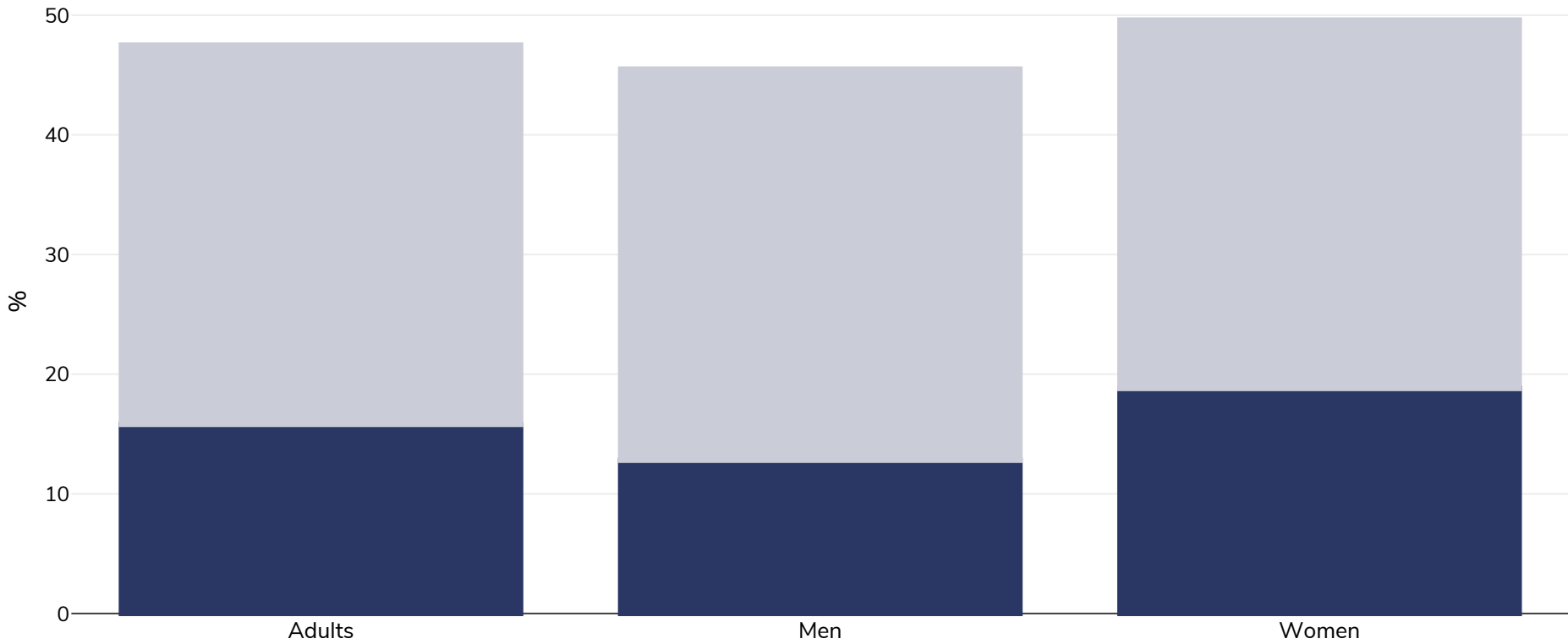


# Cuba: Obesity prevalence

Adults, 2010

■ Obesity   ■ Overweight



**Survey type:** Measured

**Age:** 18+

**Sample size:** 5100

**Area covered:** National

**References:** Nie, Peng & León, Alina & Díaz, María & Sousa-Poza, Alfonso. (2017). The rise in obesity in Cuba from 2001 to 2010: An analysis of National Survey on Risk Factors and Chronic Diseases data. Economics & Human Biology. 28. 10.1016/j.ehb.2017.11.003.

**Notes:** NB. Combined adult data estimated. These estimates were calculated by weighting male and female survey results. Weighting based on World Bank Population % total female 2019 (<https://data.worldbank.org/indicator/SP.POP.TOTL.FE.ZS> - accessed 05.10.20

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.