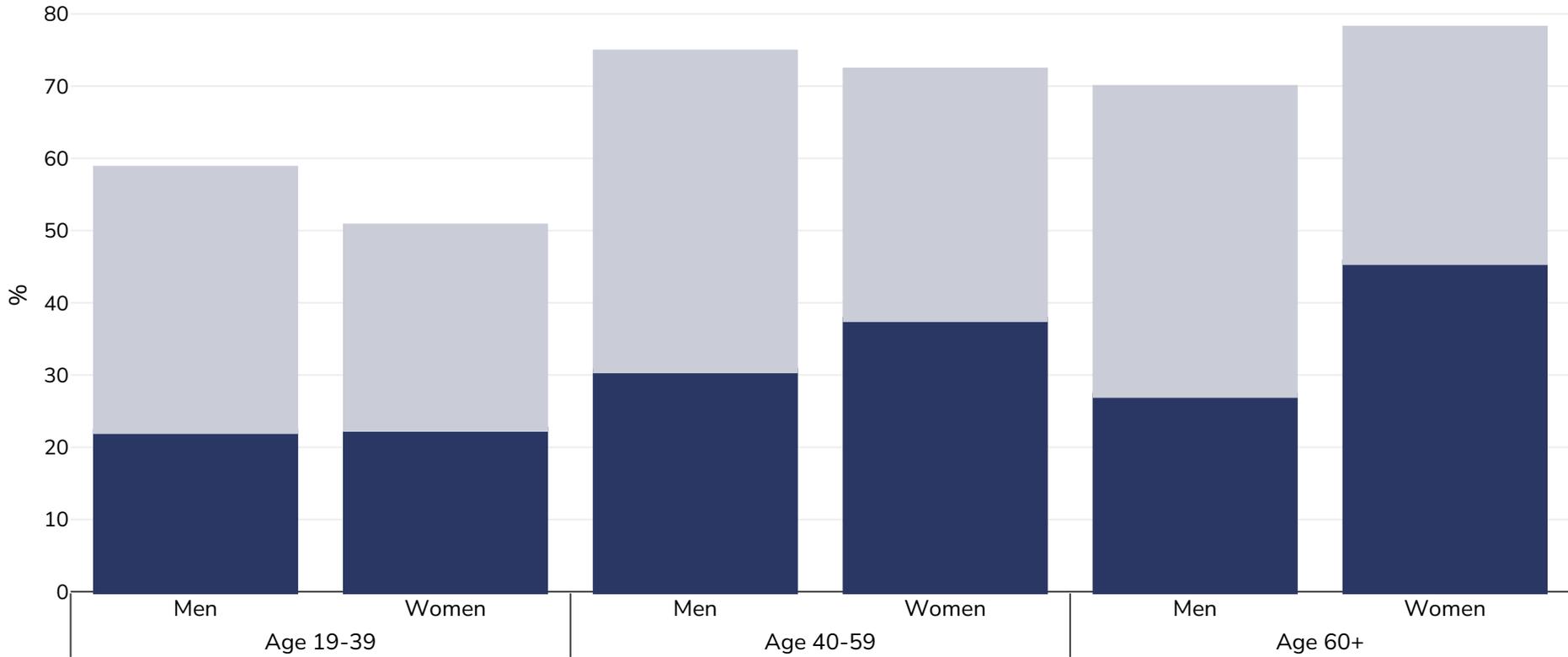


United Arab Emirates: Overweight/obesity by age

Adults, 2018-2023

■ Obesity ■ Overweight



Survey type: Measured

Sample size: 440509

Area covered: Dubai

References: Elamin Abdelgadir, Rashid, F., Alaaeldin Bashier, Zidan, M., McGowan, B. and Fatheya Alawadi (2025). Prevalence of overweight and obesity in adults from the Middle East: A large-scale population-based study. *Diabetes Obesity and Metabolism*. [online] doi: <https://doi.org/10.1111/dom.16389> (Accessed 06.06.25)

Notes: Adults attending all public health facilities in the Emirate of Dubai between January 2018 and August 2023

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².