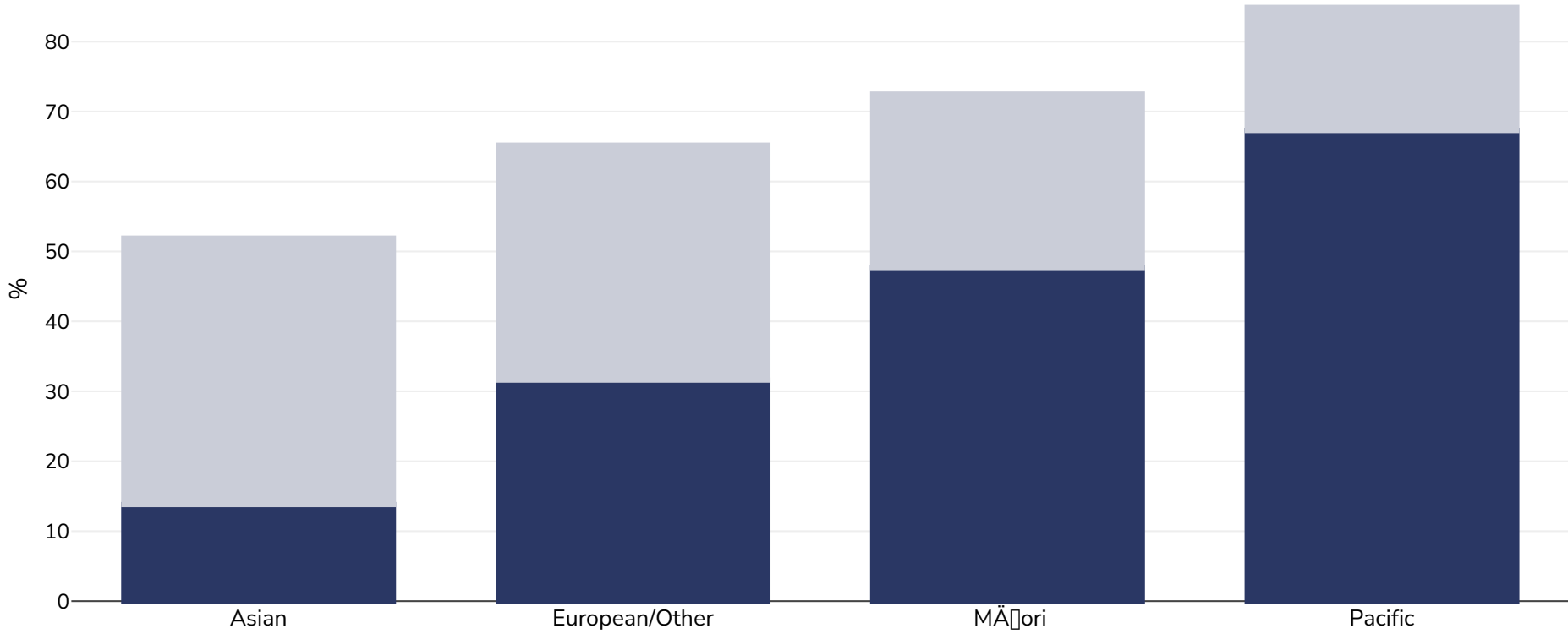


# New Zealand: Overweight/obesity by ethnicity

Adults, 2022-2023

■ Obesity ■ Overweight



<b>Survey type:</b>	Measured
<b>Age:</b>	15+
<b>Sample size:</b>	6799
<b>Area covered:</b>	National
<b>References:</b>	Annual Update of Key Results 2022/23: New Zealand Health Survey. <a href="https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey">https://www.health.govt.nz/publication/annual-update-key-results-2022-23-new-zealand-health-survey</a> (Accessed 18.12.23)
<b>Definitions:</b>	Overweight/Obesity based on standard WHO adult cut-offs except for 15-17 year olds where IOTF International cutoffs are used  <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>