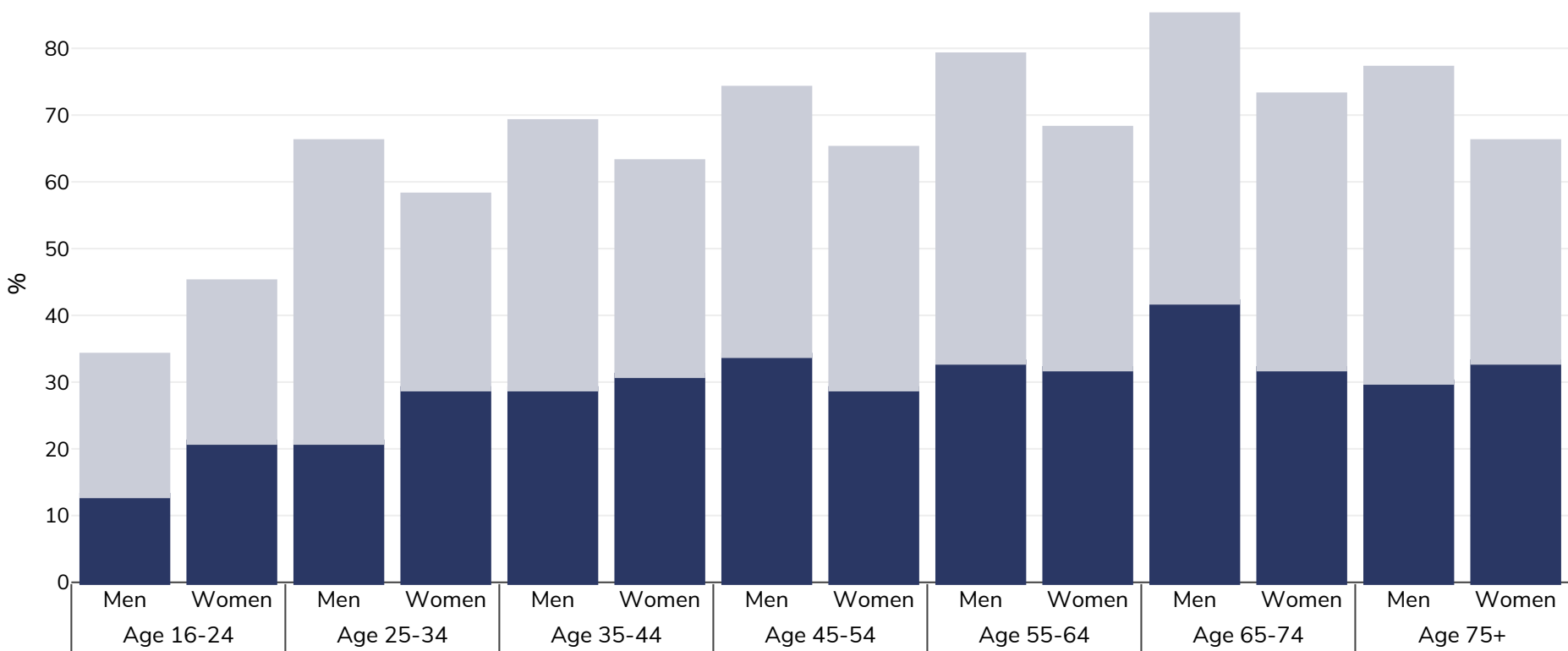


Scotland: Overweight/obesity by age

Adults, 2019

■ Obesity ■ Overweight



Survey type: Measured

Sample size: 3889

Area covered: National

References: Scottish Health Survey 2019. Available at <https://www.gov.scot/collections/scottish-health-survey/> (last accessed 30.09.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².