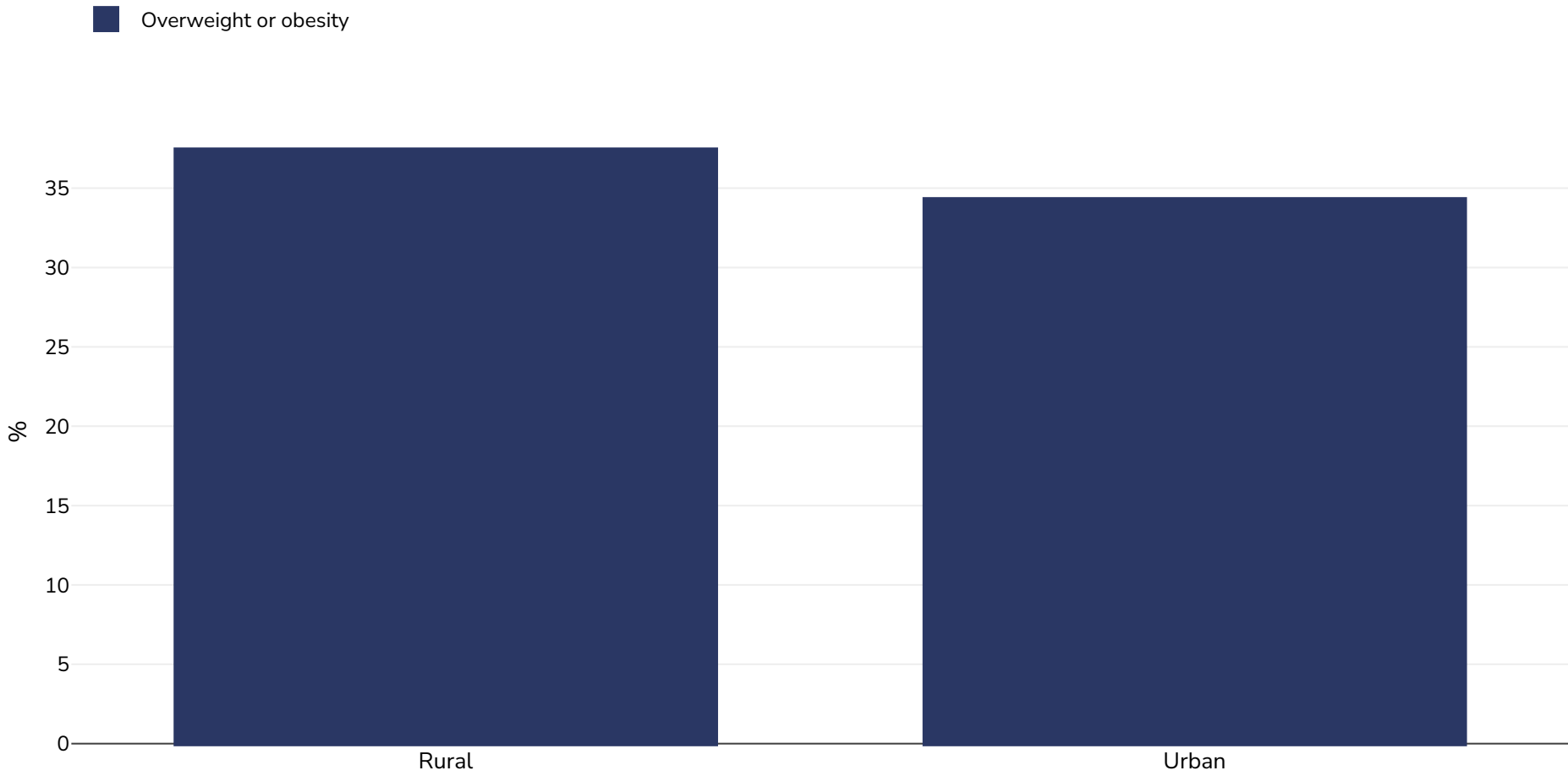


South Korea: Overweight/obesity by region



Adults, 2017



| | |
|----------------------|---|
| Survey type: | Measured |
| Age: | 19+ |
| Sample size: | 6126 |
| Area covered: | National |
| References: | Lee J, Sa J. Regional disparities in healthy eating and nutritional status in South Korea: Korea National Health and Nutrition Examination Survey 2017. Nutr Res Pract. 2020 Dec;14(6):679-690. doi: 10.4162/nrp.2020.14.6.679. Epub 2020 Oct 7. PMID: 33282128; PMCID: PMC7683206. |
| Definitions: | World Health Organization criteria for Asians are used: 1) underweight (BMI < 18.5), 2) normal weight (18.5 ≤ BMI < 23.0), 3) overweight (23.0 ≤ BMI < 25.0), and 4) obese (BMI ≥ 25.0) [17]. |
| Cutoffs: | WHO Asia |

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².