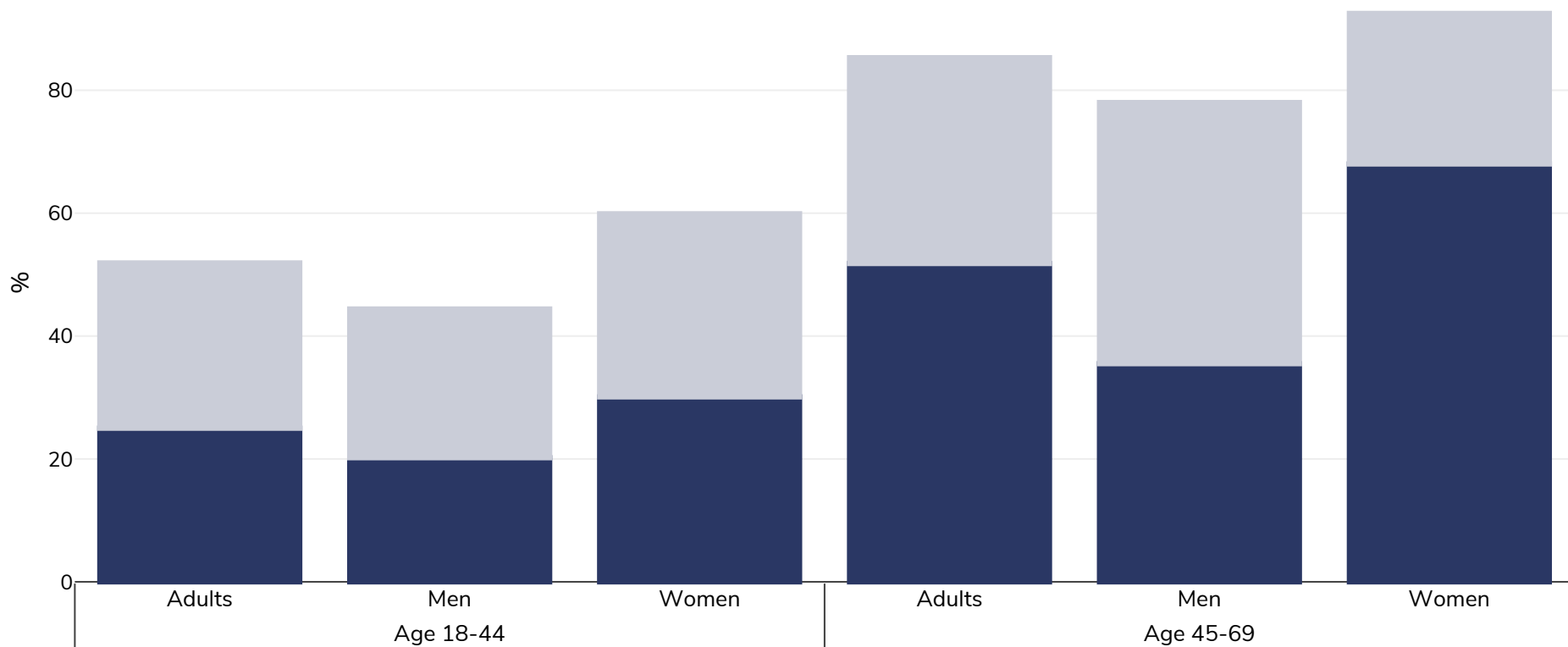


Jordan: Overweight/obesity by age

Adults, 2019

■ Obesity ■ Overweight



Survey type: Measured

Sample size: 5713

Area covered: National

References: [Jordan National Stepwise Survey \(STEPS\) for Noncommunicable Diseases Risk Factors 2019. https://www.moh.gov.jo/Echobusv3.0/SystemAssets/1dd8ffcb-c9b3-41ed-ba61-16d99670b735.pdf](https://www.moh.gov.jo/Echobusv3.0/SystemAssets/1dd8ffcb-c9b3-41ed-ba61-16d99670b735.pdf)

Notes: The STEPS 2019, is particularly unique because, in addition to Jordanians, it also involved the Syrian Refugee population residing in Jordan. The STEPS survey population included Jordanian and Syrian adults from both genders, aged (18-69 years old), residing in Jordan. The Jordanian sample was captured from all the 12 governorates of Jordan to enhance the geographical representation of the sample. Whereas, the Syrian refugees sample included those residing in four governorates, namely Amman, Zarqa, Irbid and Mafrq, where the majority of the Syrian refugee population exists, and only those residing outside refugee camps. Sample size: 2803 adult Syrians and 2910 Jordanian adults.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².