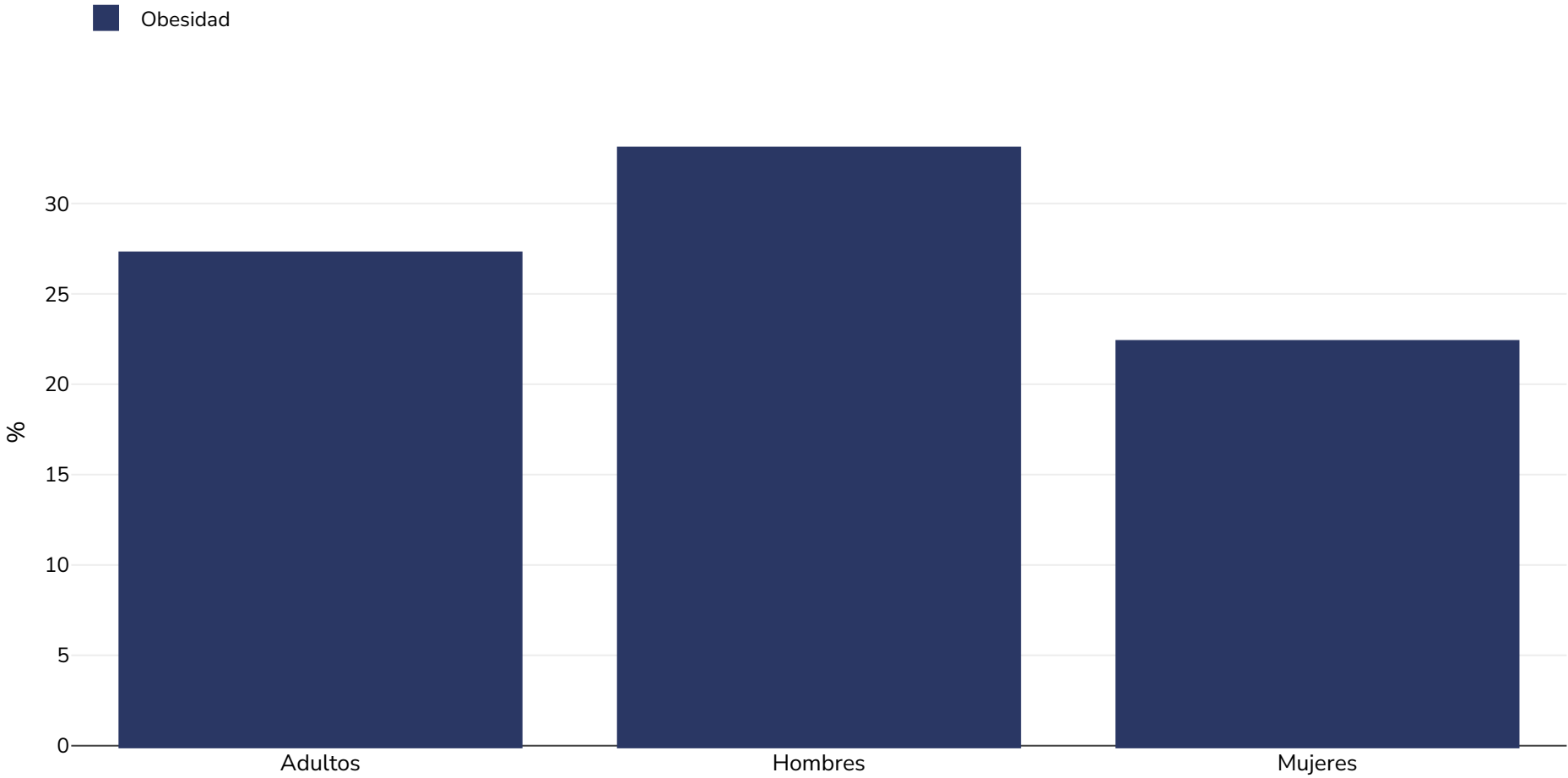


Japón: Prevalencia de obesidad

Adultos, 2019



Tipo de encuesta:	Medido
Edad:	20+
Tamaño de la muestra:	4273
Zona abarcada:	Nacional
Referencias:	Ministry of Health, Labor and Welfare. The National Health and Nutrition Survey (NHNS) Japan, 2019 (English Summary) . Available at https://www.nibiohn.go.jp/eiken/kenkounippon21/download_files/eiyouchousa/2019.pdf (last accessed 22.09.22)
Definiciones (solo disponible en inglés):	The Japanese Society for the Study of Obesity cutoffs define BMI ≥ 25 as obesity. There are four grades of obesity, while WHO standard cutoffs have three grades of obesity. There is no overweight category.
Cutoffs:	Japanese Society for the Study of Obesity Cutoffs

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m²..