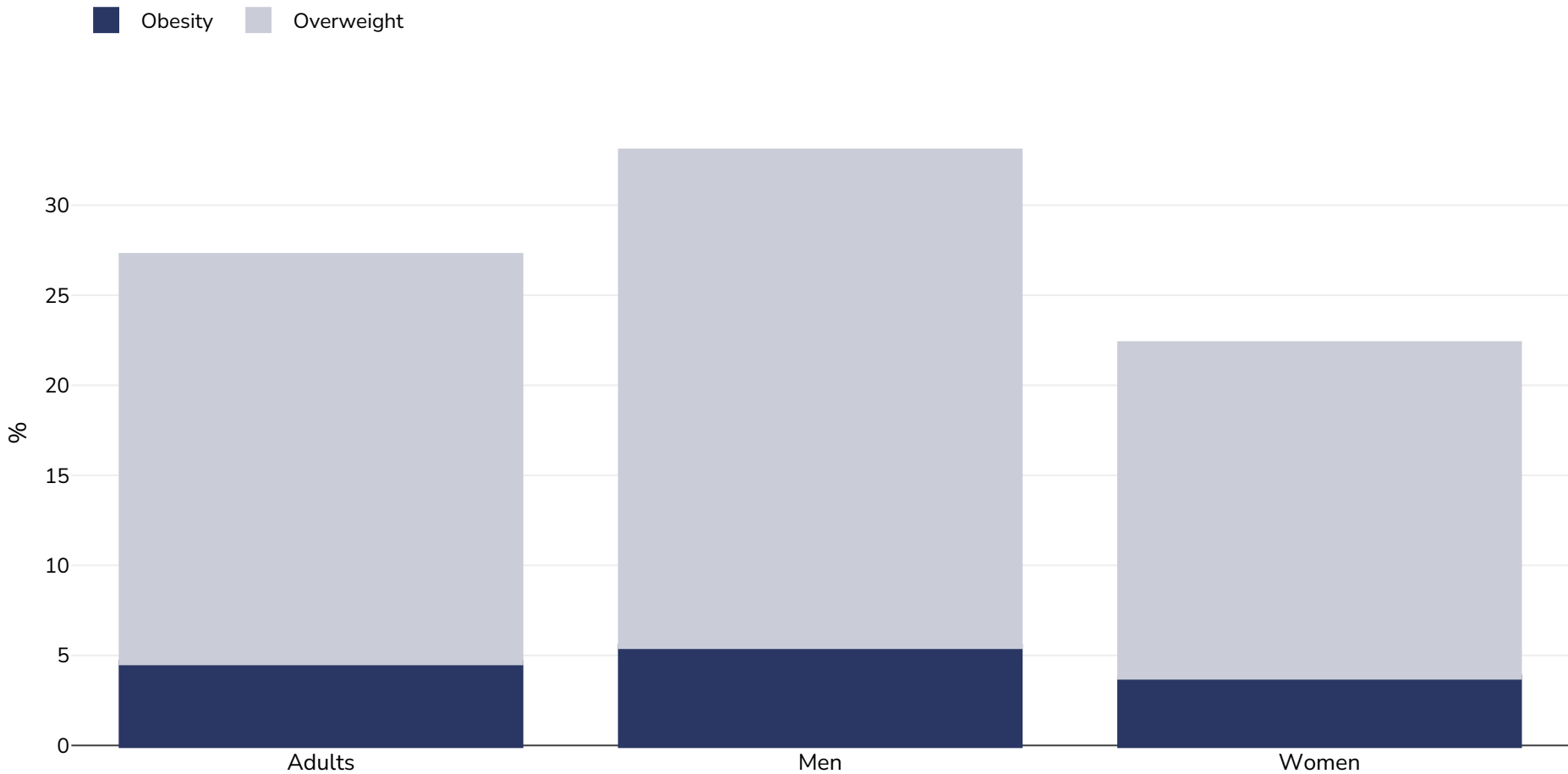


Japan: Obesity prevalence

Adults, 2019



Survey type:	Measured
Age:	20+
Sample size:	4273
Area covered:	National

References: Ministry of Health, Labor and Welfare. The National Health and Nutrition Survey (NHNS) Japan, 2019 (English Summary) . Available at https://www.nibiohn.go.jp/eiken/kenkounippon21/download_files/eiyouchousa/2019.pdf (last accessed 22.09.22)

Notes: Excel results with a breakdown of BMI 25-29.9 & 30=> available at <https://www.e-stat.go.jp/stat-search/files?page=1&layout=datalist&toukei=00450171&tstat=000001041744&cycle=7&tclass1=000001148507&tclass2val=0>

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².