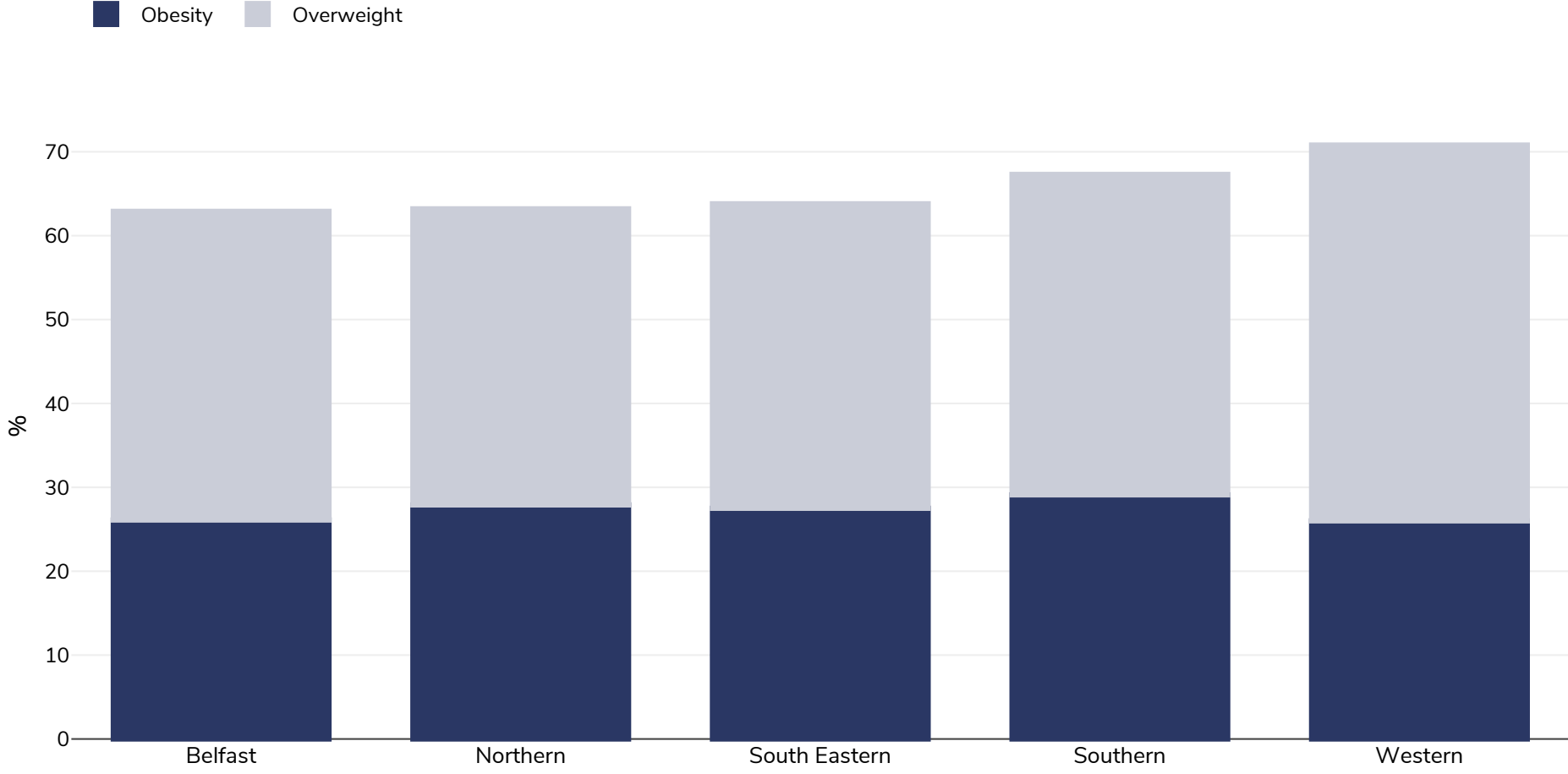


# Northern Ireland: Overweight/obesity by region

Adults, 2019-2020



<b>Survey type:</b>	Measured
<b>Age:</b>	16+
<b>Sample size:</b>	3120
<b>Area covered:</b>	National
<b>References:</b>	Northern Ireland Health Survey 2019/20. Available at <a href="https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920">https://www.health-ni.gov.uk/publications/health-survey-northern-ireland-first-results-201920</a> (last accessed 02.03.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.