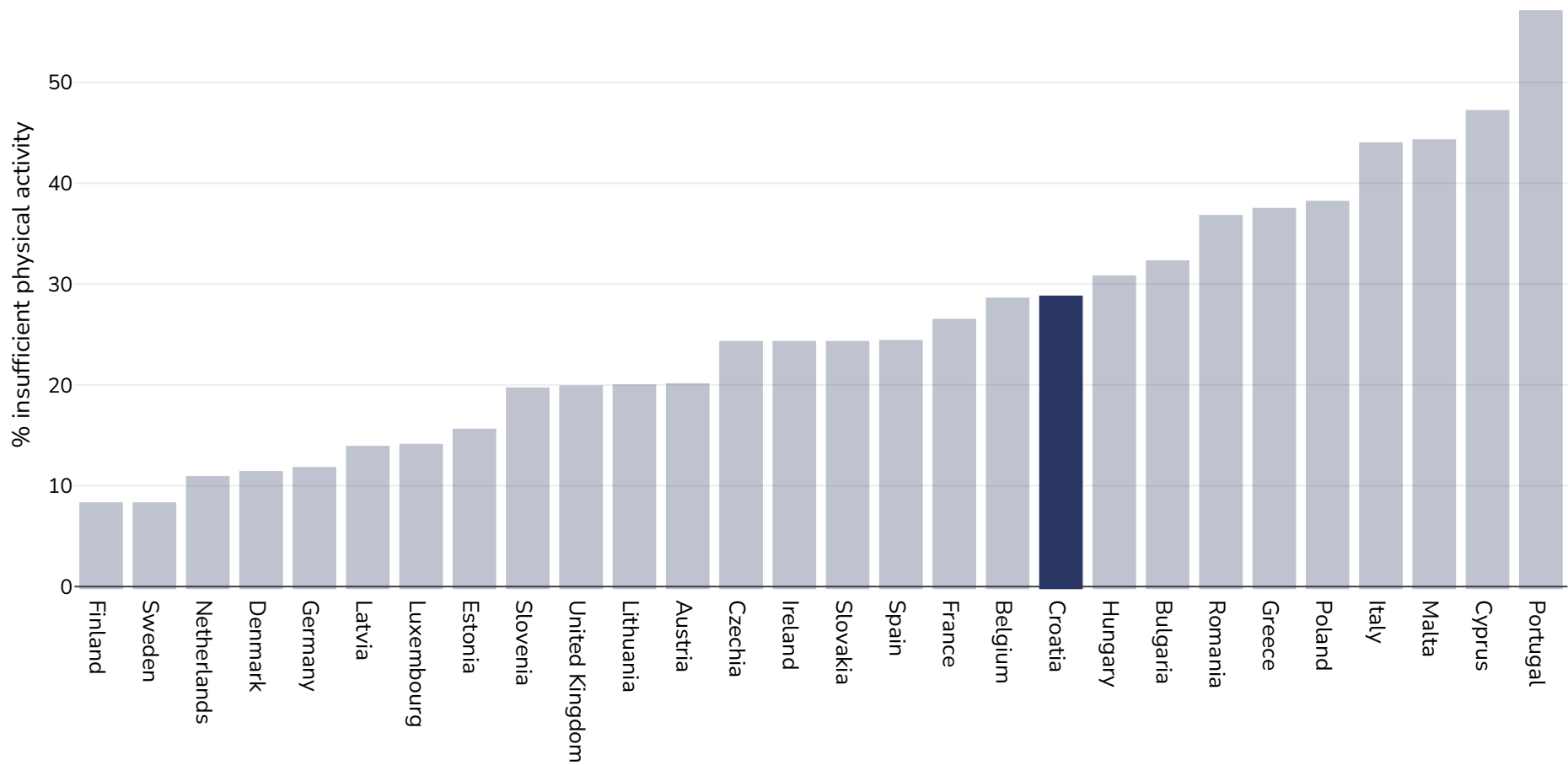


# Croatia: Insufficient physical activity

Women, 2022



|                      |   |
|----------------------|---|
| <b>Survey type:</b>  | Self-reported   |
| <b>Age:</b>          | 18+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)">https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)</a> |
| <b>Definitions:</b>  | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.  |