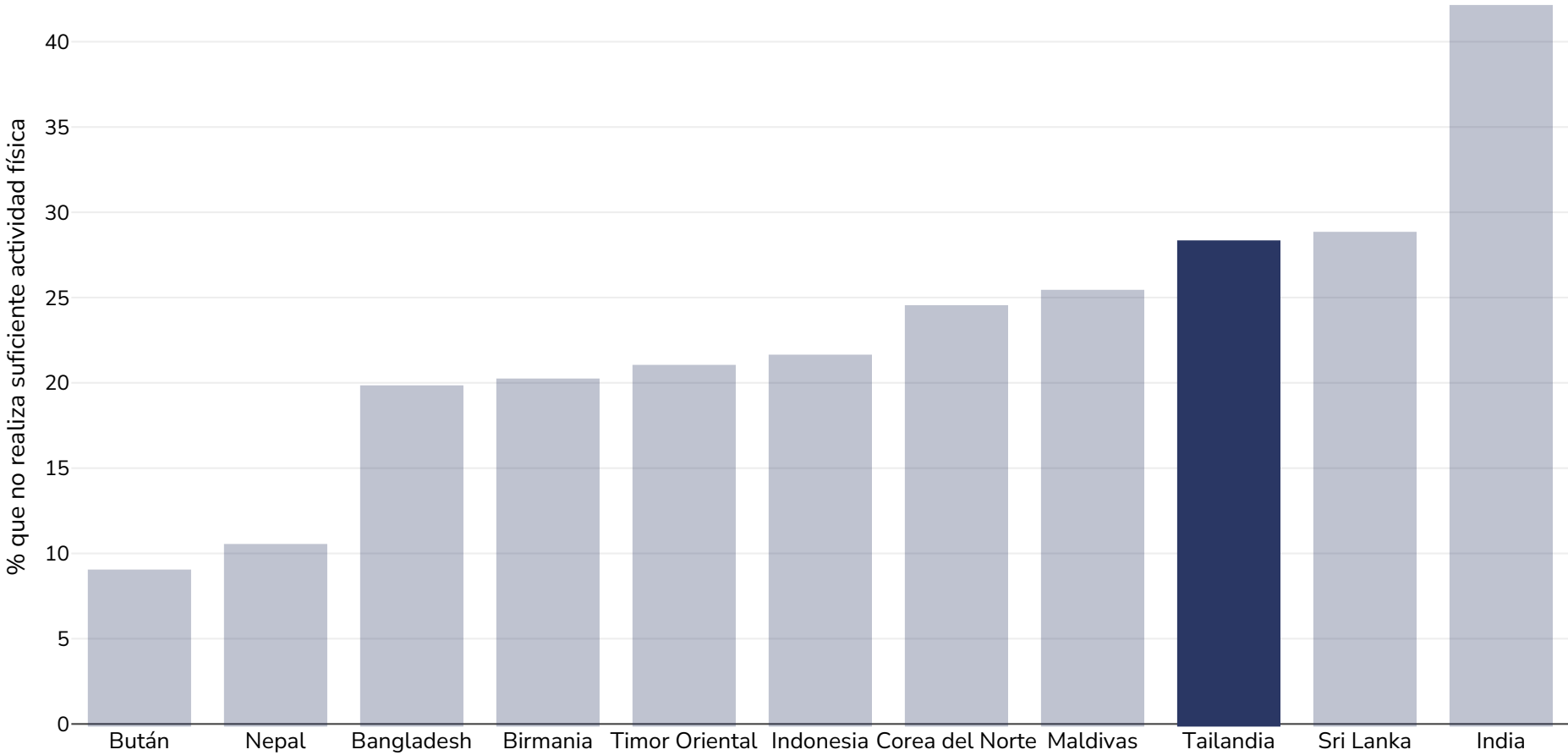


# Tailandia: Insufficient physical activity

Hombres, 2022



|  |   |
|--|---|
| <b>Tipo de encuesta:</b>                         | Autodeclarado   |
| <b>Edad:</b>                                     | 18+   |
| <b>Zona abarcada:</b>                            | Nacional  |
| <b>Referencias:</b>                              | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)">https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)</a> |
| <b>Definiciones (solo disponible en inglés):</b> | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.  |