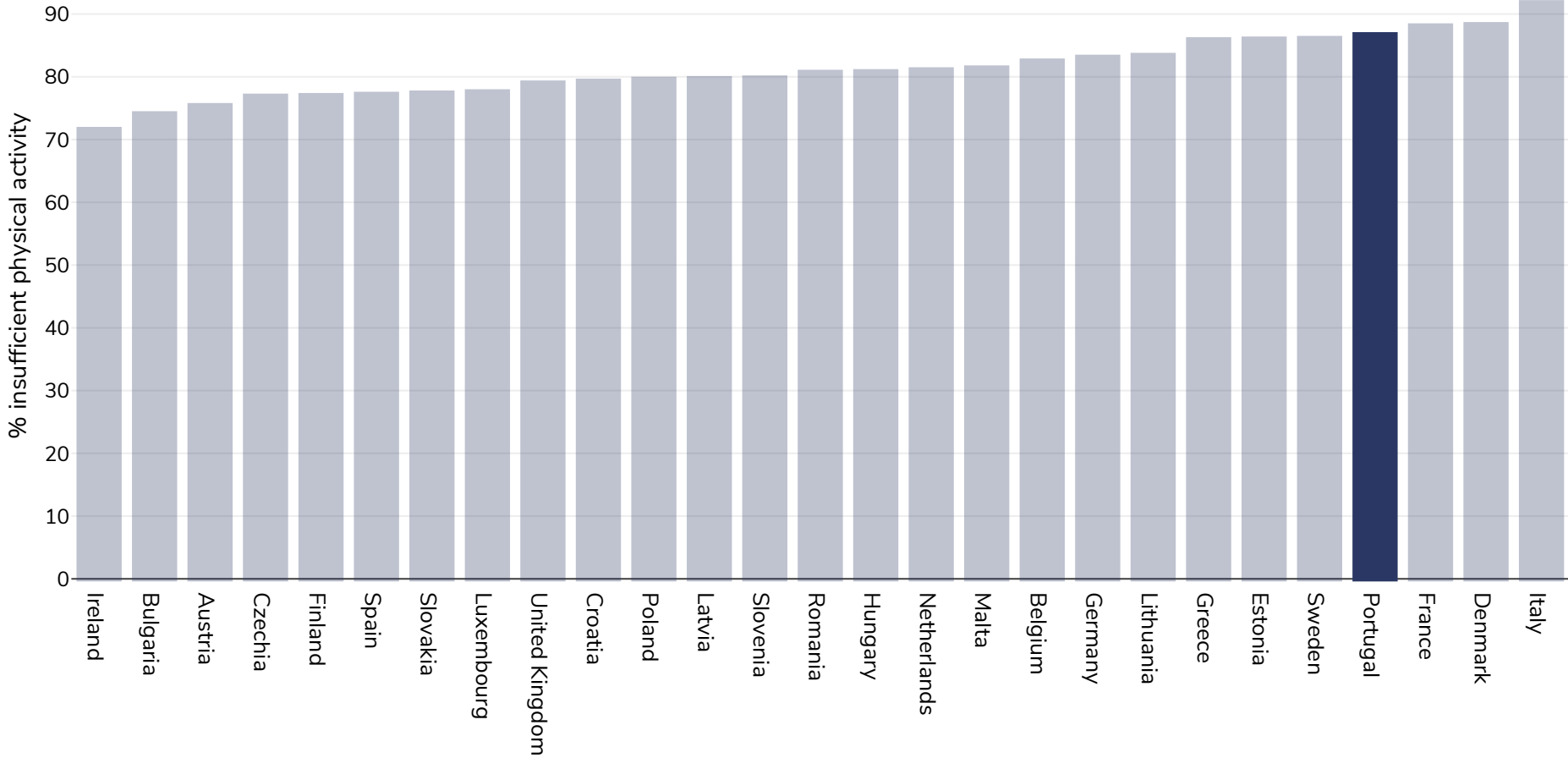


# Portugal: Insufficient physical activity

Children, 2010



Age: 11-17

References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A893?lang=en>

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)