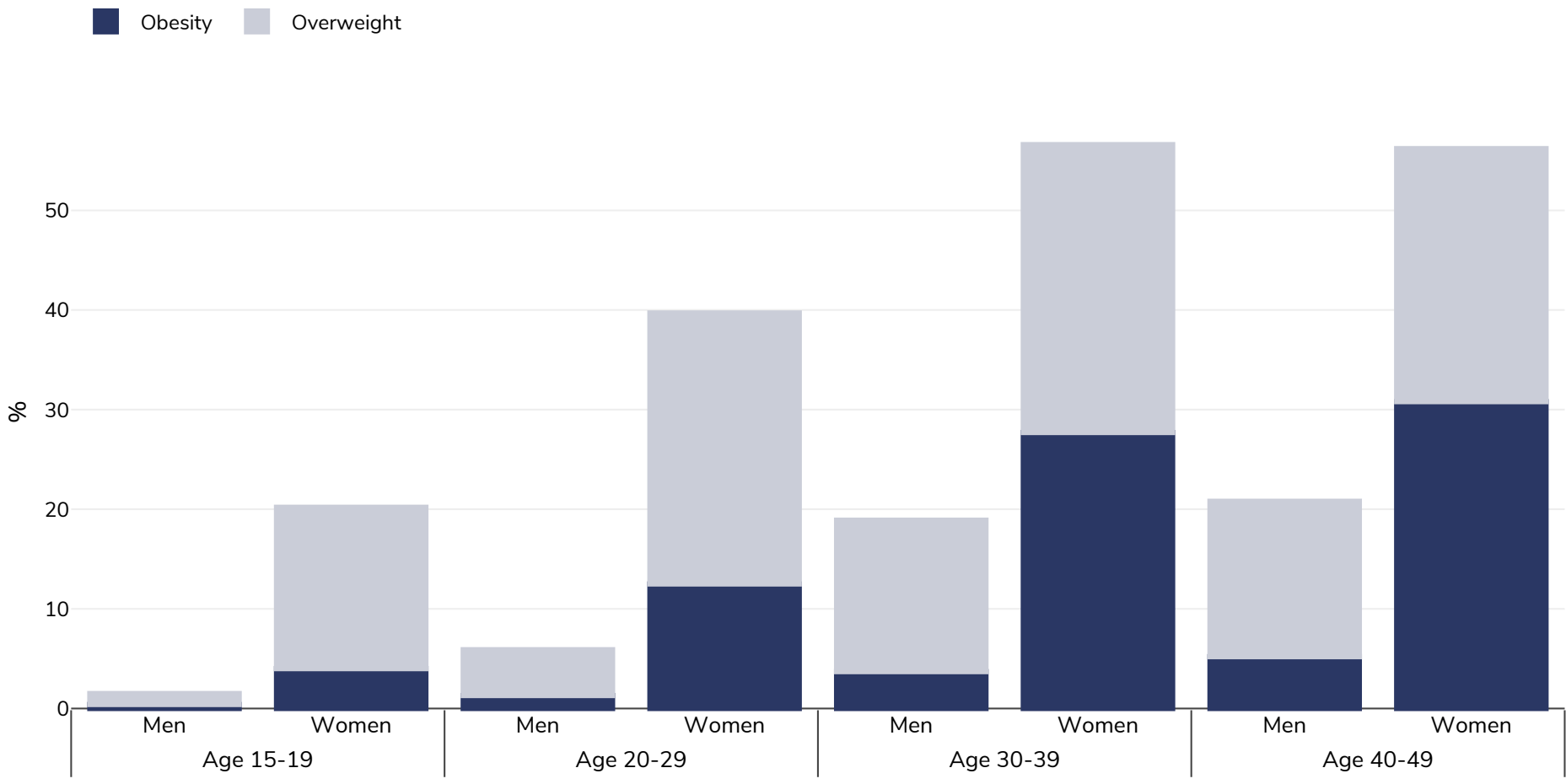


# Lesotho: Overweight/obesity by age

Adults, 2009



<b>Survey type:</b>	Measured
<b>Sample size:</b>	6590
<b>Area covered:</b>	National
<b>References:</b>	Ministry of Health and Social Welfare - MOHSW/Lesotho and ICF Macro. 2010. Lesotho Demographic and Health Survey 2009. Maseru, Lesotho: MOHSW and ICF Macro.
<b>Notes:</b>	Sample size = 3682 women and 2908 men

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.