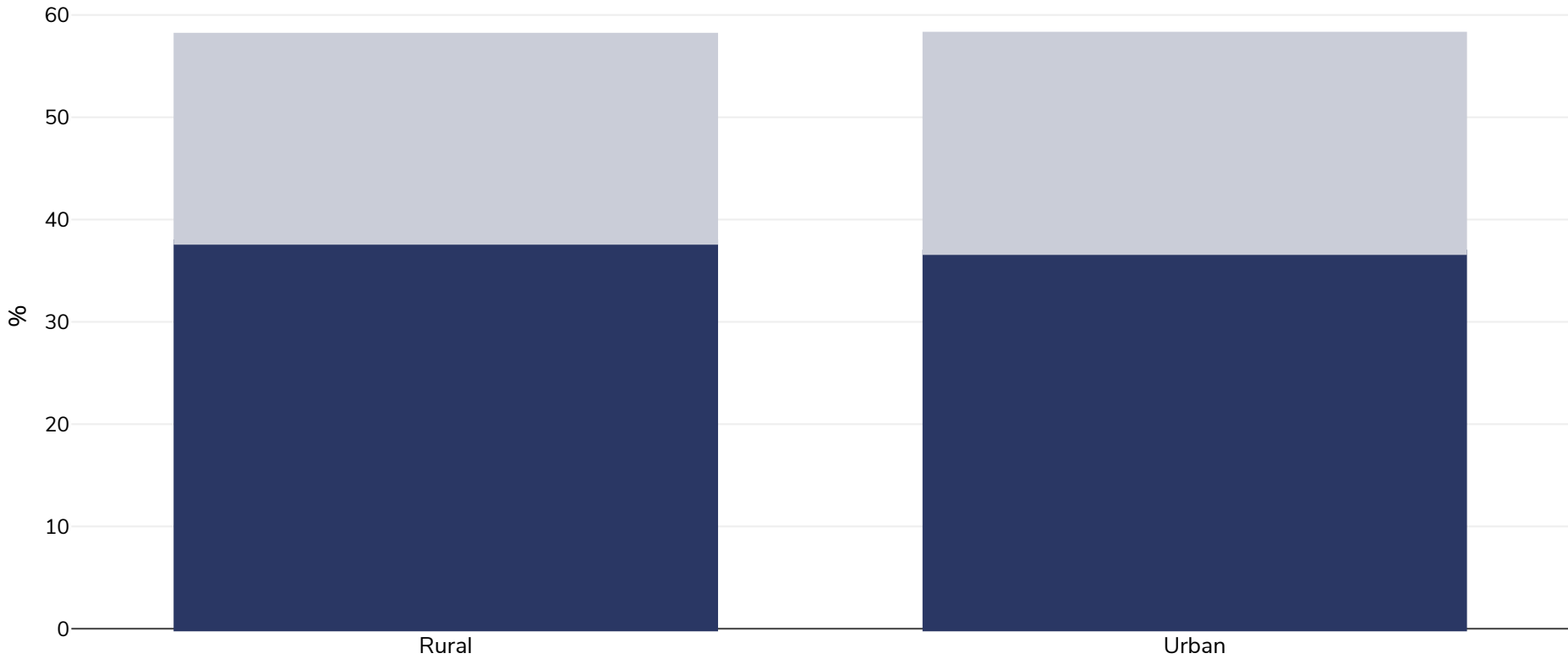


China: Overweight/obesity by region

Adults, 2015-2017

■ Obesity ■ Overweight



Survey type: Measured

Age: 20+

Sample size: 72824

Area covered: National

References: Li, Y., Teng, D., Shi, X., Teng, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2021. Changes in the prevalence of obesity and hypertension and demographic risk factor profiles in China over 10 years: two national cross-sectional surveys. The Lancet Regional Health-Western Pacific, 15, p.100227.

Definitions: According to the Asian-specific cut-off points, overweight was defined as a BMI from 23 kg/m² to less than 25 kg/m², and general obesity was defined as a BMI of 25 kg/m² or greater for both men and women.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².