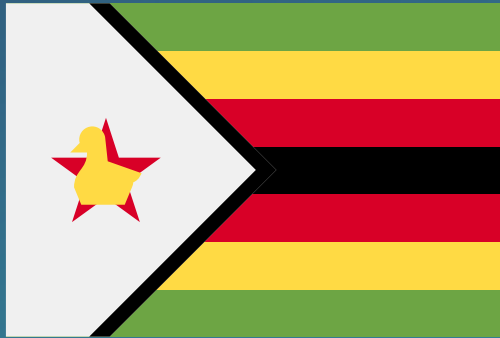




Zimbabwe



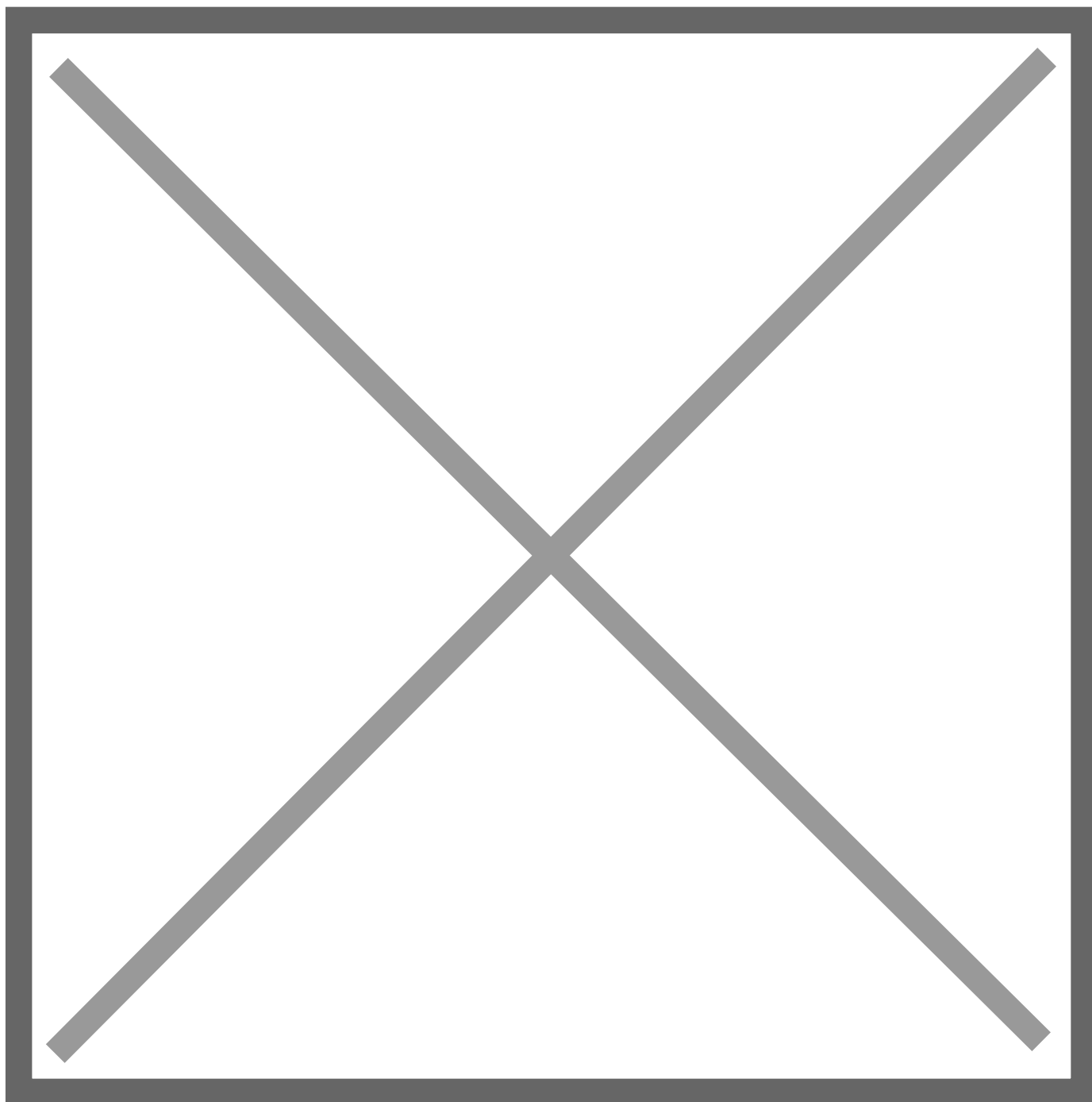
Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/zimbabwe-238/>.

FedmeprÃ|valens

0-5 years, 2019

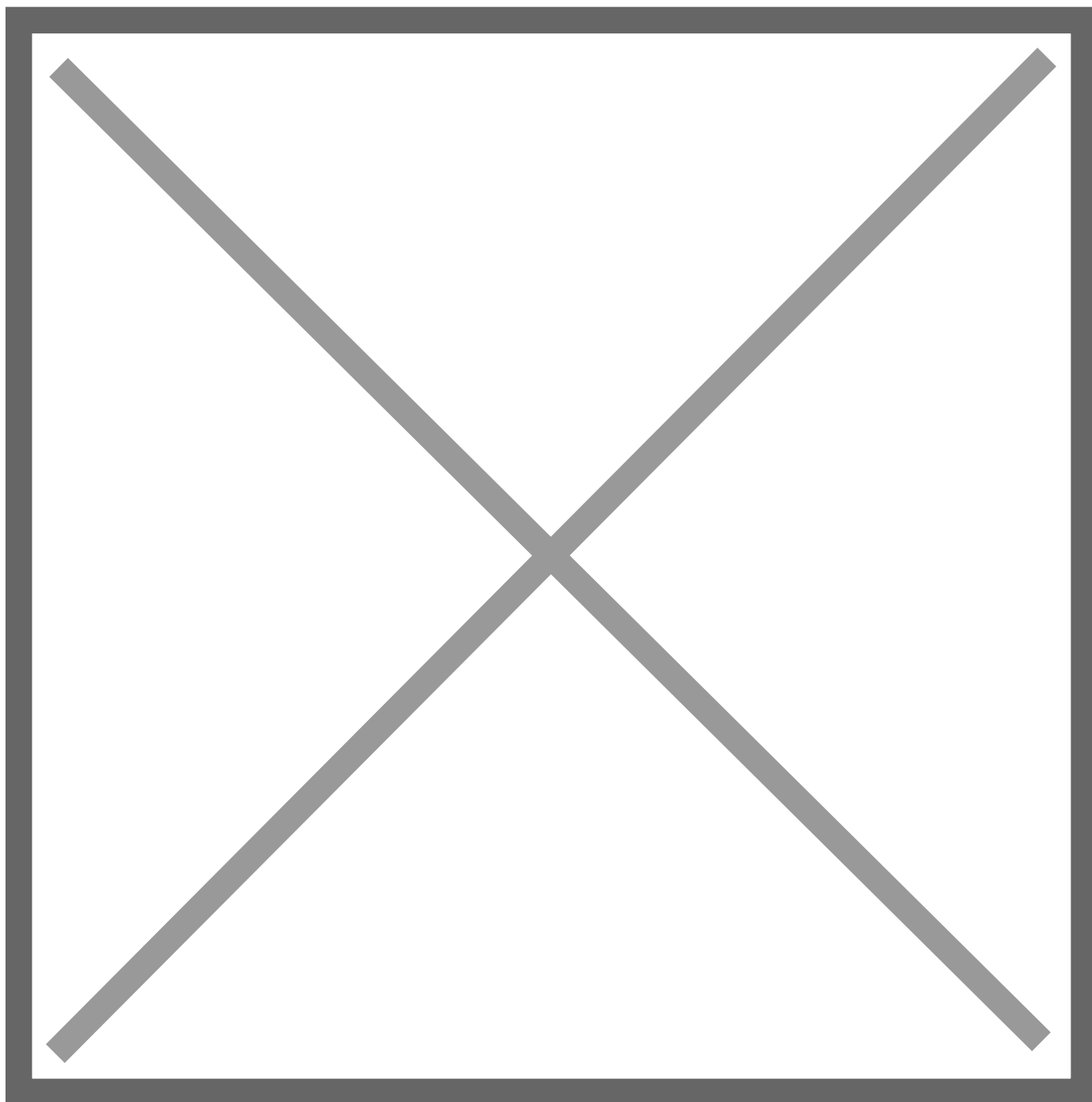


UndersÃ_gelsestype:	MÃ¥lt
Alder:	0-5
PrÃ_vens stÃ_rrelse:	5968
Area covered:	National

Referencer:	Zimbabwe National Statistics Agency (ZIMSTAT) and UNICEF (2019). Zimbabwe Multiple Indicator Cluster Survey 2019, Survey Findings Report. Harare, Zimbabwe: ZIMSTAT and UNICEF. https://www.unicef.org/zimbabwe/media/2536/file/Zimbabwe%202019%20MICS%20Survey%20Findings%20Report-31012020_English.pdf (Last accessed 17.05.21)
Noter (kun tilgængelige på engelsk):	Infants
Definitioner (kun tilgængelig på engelsk):	Weight for Height. Overweight = 2SD-3SD, Obesity = > 3SD
Cutoffs:	Other

Overvægt/fedme efter uddannelse

0-5 years, 2019

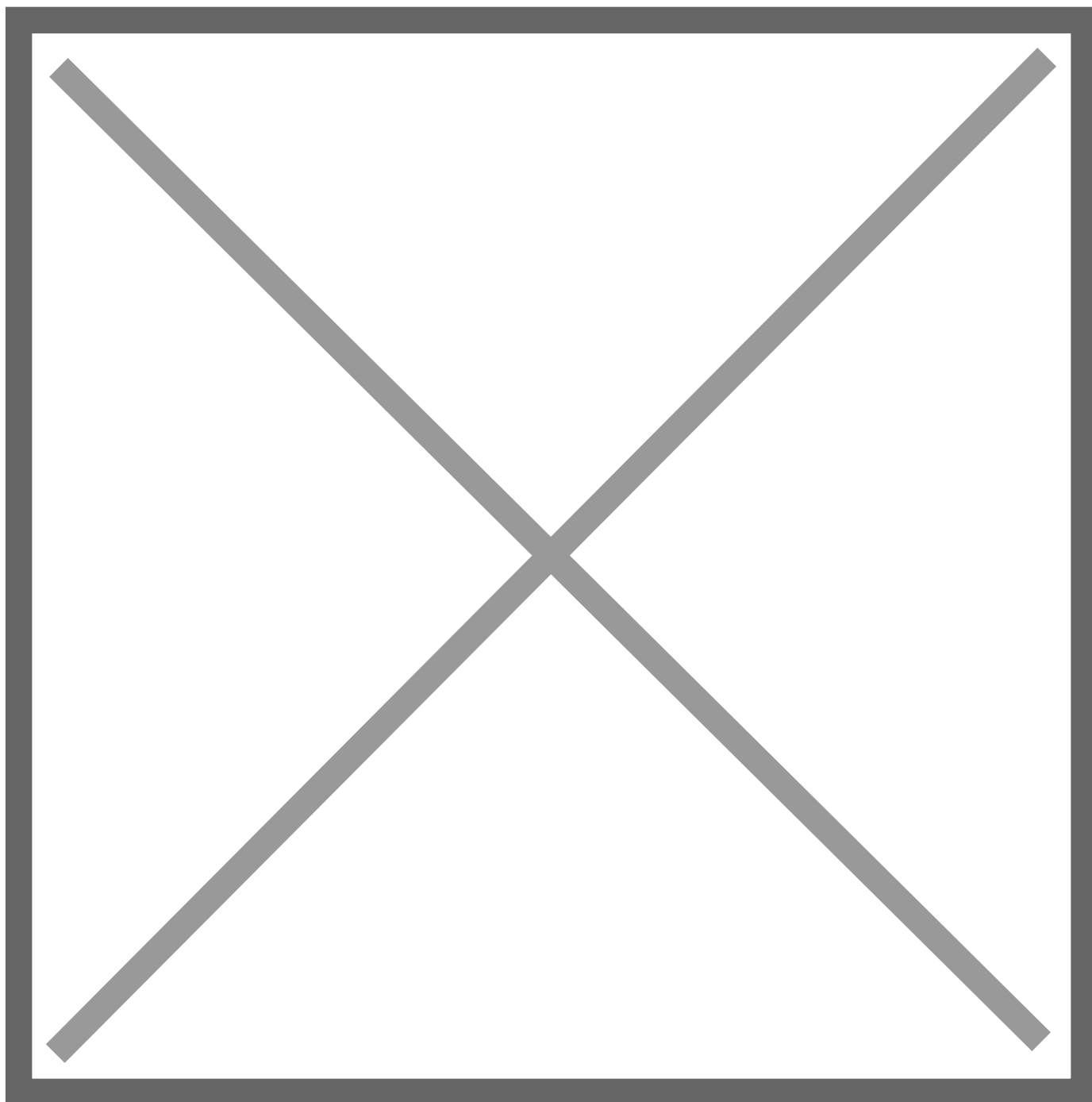


Undersøgelsestype:	Målt
Prøvens størrelse:	5387
Area covered:	National

Referencer:	Zimbabwe National Statistics Agency (ZIMSTAT) and UNICEF (2019). Zimbabwe Multiple Indicator Cluster Survey 2019, Survey Findings Report. Harare, Zimbabwe: ZIMSTAT and UNICEF. https://www.unicef.org/zimbabwe/media/2536/file/Zimbabwe%202019%20MICS%20Survey%20Findings%20Report-31012020_English.pdf (Last accessed 17.05.21)
Noter (kun tilgængelige på engelsk):	Infants. Based on Mother's education. Pre-Primary and Higher categories were excluded as sample sizes too small.
Definitioner (kun tilgængelig på engelsk):	Weight for Height. Overweight = 2SD-3SD, Obesity = > 3SD
Cutoffs:	Other

Overv gt/fedme efter region

0-5 years, 2019

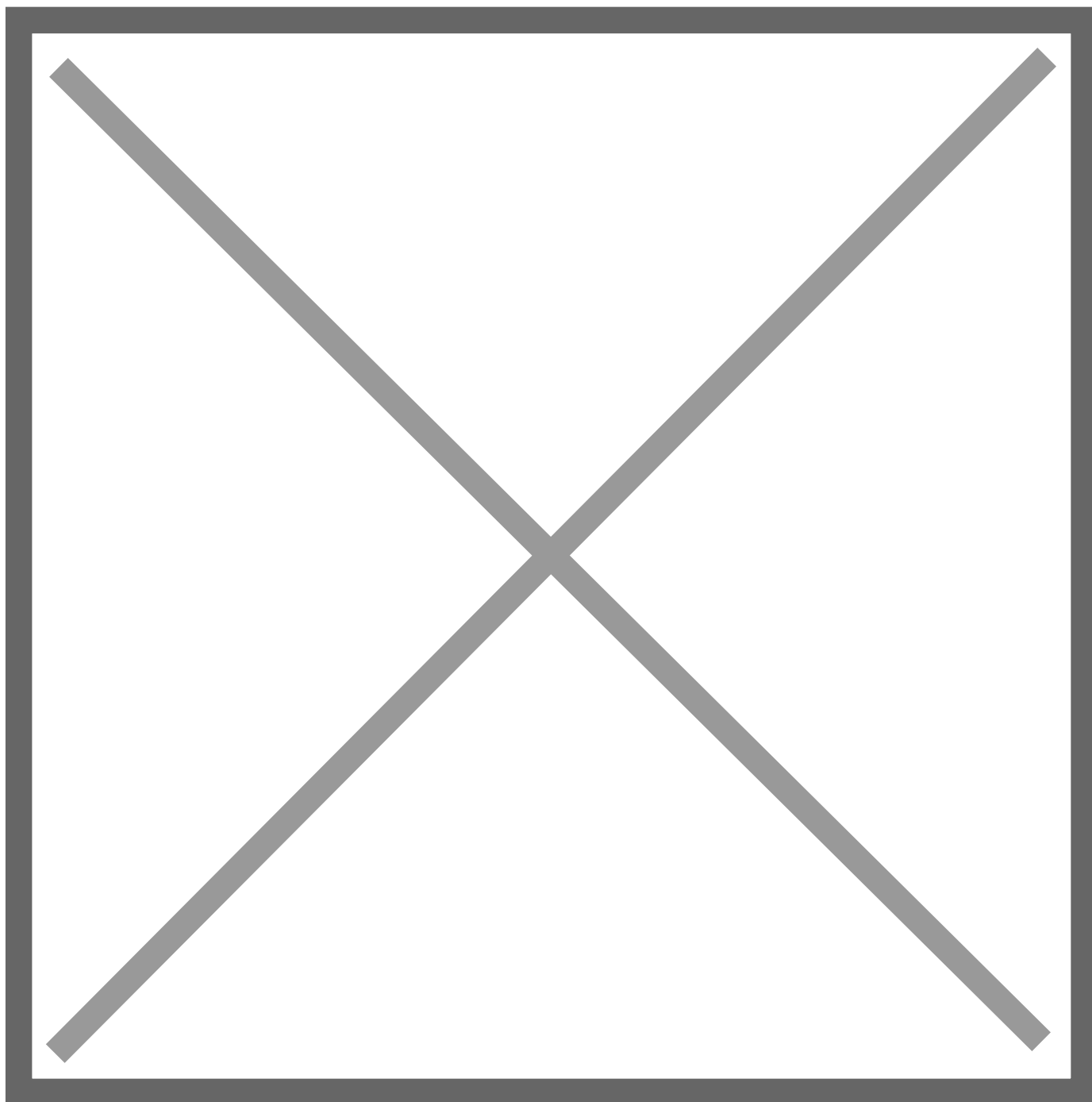


Unders�gelsestype:	M�lt
Pr�vens st�rrelse:	5968
Area covered:	National

Referencer:	Zimbabwe National Statistics Agency (ZIMSTAT) and UNICEF (2019). Zimbabwe Multiple Indicator Cluster Survey 2019, Survey Findings Report. Harare, Zimbabwe: ZIMSTAT and UNICEF. https://www.unicef.org/zimbabwe/media/2536/file/Zimbabwe%202019%20MICS%20Survey%20Findings%20Report-31012020_English.pdf (Last accessed 17.05.21)
Noter (kun tilgængelige på engelsk):	Infants
Definitioner (kun tilgængelig på engelsk):	Weight for Height. Overweight = 2SD-3SD, Obesity = > 3SD
Cutoffs:	Other

Overvågning/fedme efter socioøkonomisk gruppe

0-5 years, 2019

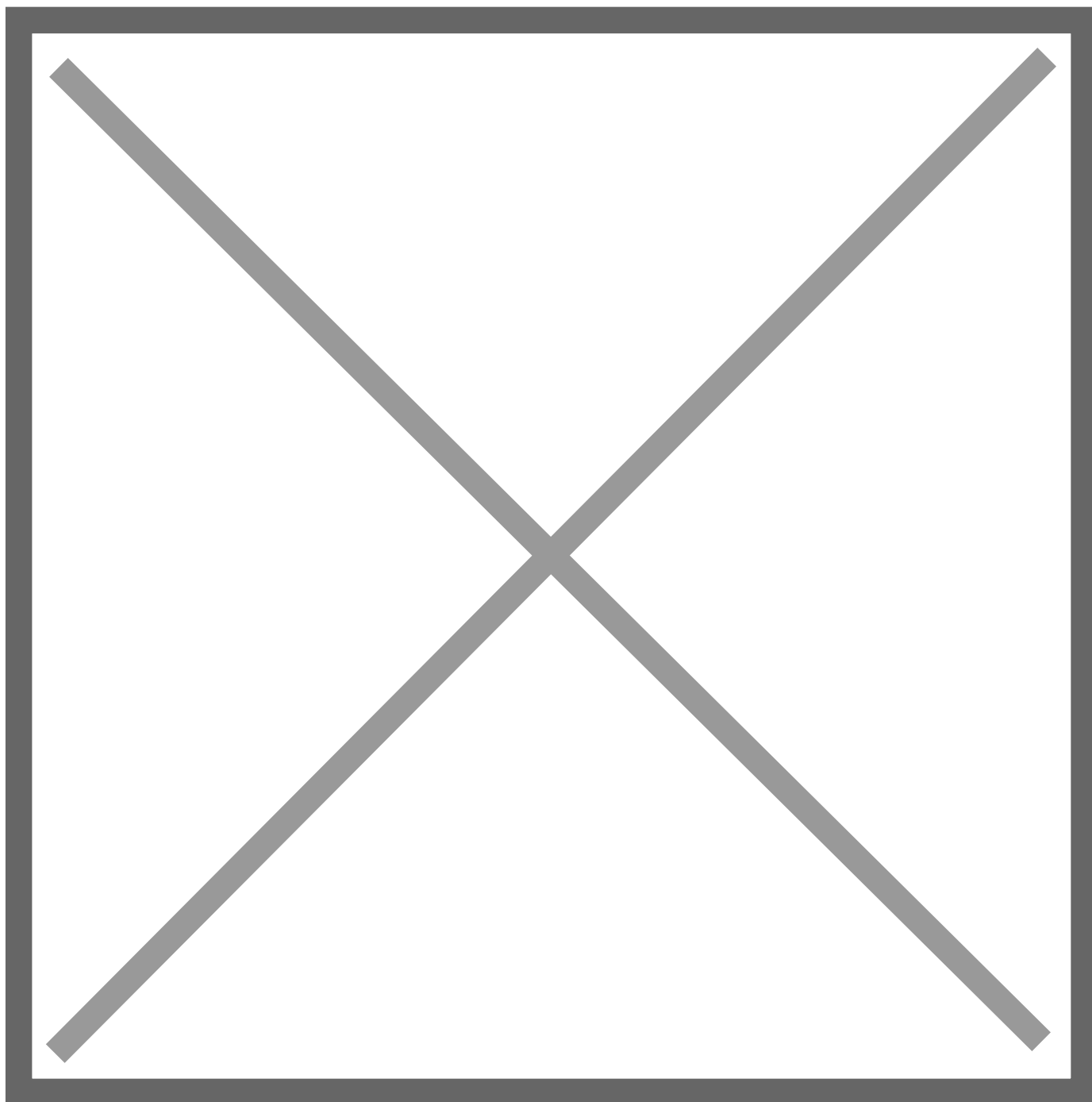


Undersøgelsestype:	Målt
Prøvens størrelse:	5968
Area covered:	National

Referencer:	Zimbabwe National Statistics Agency (ZIMSTAT) and UNICEF (2019). Zimbabwe Multiple Indicator Cluster Survey 2019, Survey Findings Report. Harare, Zimbabwe: ZIMSTAT and UNICEF. https://www.unicef.org/zimbabwe/media/2536/file/Zimbabwe%202019%20MICS%20Survey%20Findings%20Report-31012020_English.pdf (Last accessed 17.05.21)
Noter (kun tilgængelige på engelsk):	Infants.
Definitioner (kun tilgængelig på engelsk):	Weight for Height. Overweight = 2SD-3SD, Obesity = > 3SD
Cutoffs:	Other

Double burden of underweight & overweight

0-5 years, 2019-2019



UndersÅ_gelsestype:

MÅ¶it

Alder:

0-5

Referencer:

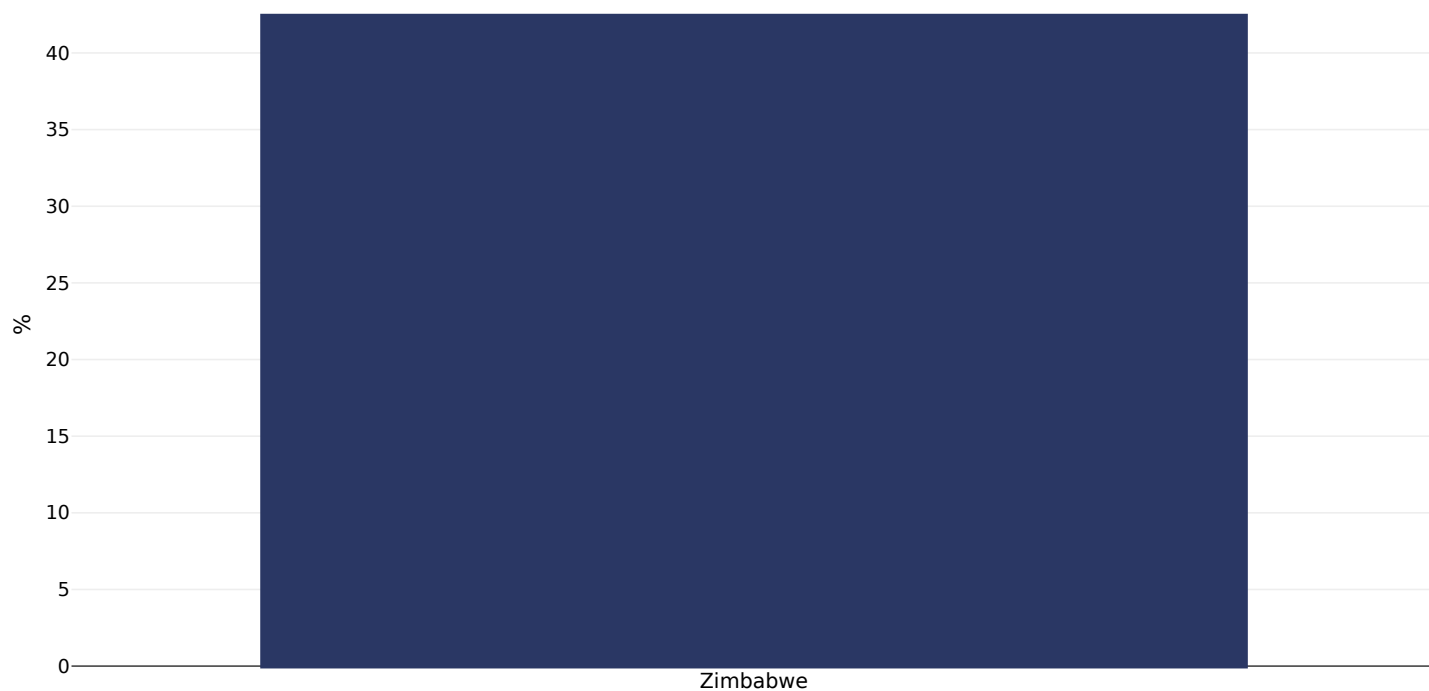
UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

**Noter (kun
tilgængelige på
engelsk):**

Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% spedbørn, som udelukkende er ammet 0-5 måneder

0-5 years, 2010-2024

**Referencer:**

Zimbabwe Demographic and Health Survey 2023-24

**Noter (kun
tilgængelige
på engelsk):**

Full details are available. Original citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2024). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, December 2024.

PDF created on July 19, 2025