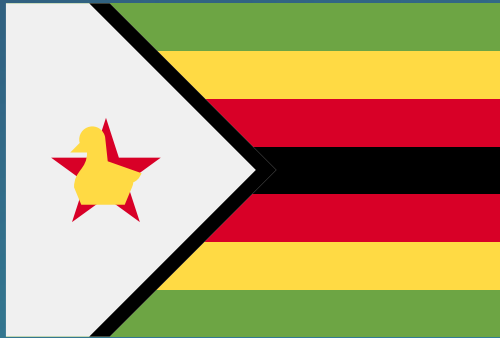




Zimbabwe



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/zimbabwe-238/>.

Prevalencia obezity

Deti, 2015



Typ prieskumu:	NameranÃ¡ hodnota
Vek:	6-12
VeÃ½kosÅ¥ vzorky:	974

**Dotknutá
oblasť:**

Regionálne

Odkazy:

Kambondo G, Sartorius B. Risk Factors for Obesity and Overfat among Primary School Children in Mashonaland West Province, Zimbabwe. Int J Environ Res Public Health. 2018 Feb 2;15(2):249. doi: 10.3390/ijerph15020249. PMID: 29393863; PMCID: PMC5858318.

**Poznámky (k
dispozícii iba
v angličtine):**

Mashonaland West Province, Zimbabwe

Cutoffs:

IOTF

Nadvážha/obezita pod¾¾a vzdelania

Deti, 2015



**Typ
prieskumu:**

Nameraná hodnota

Vek:

6-12

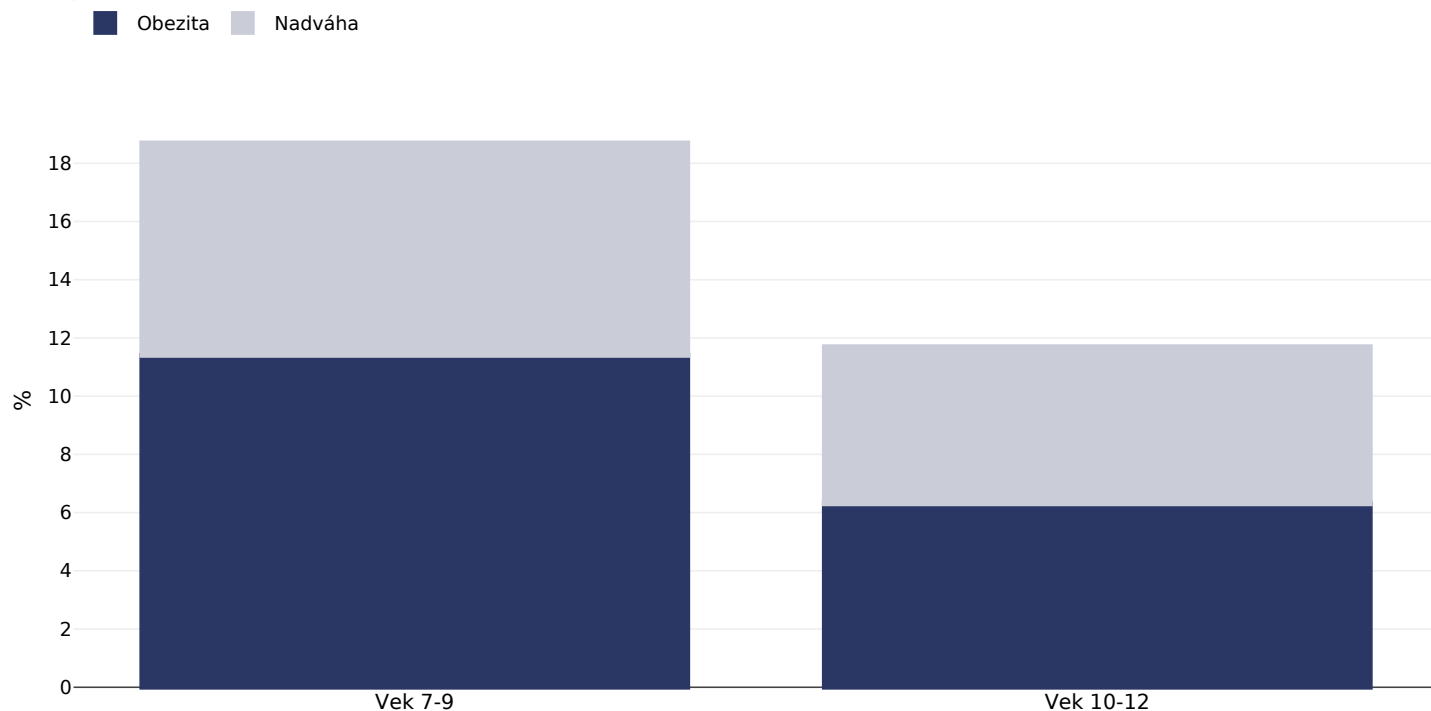
**Ve¾¾kosť
vzorky:**

955

DotknutÁ; oblasÁŹ:		RegionÁ;Ine
Odkazy:	Kambondo G, Sartorius B. Risk Factors for Obesity and Overfat among Primary School Children in Mashonaland West Province, Zimbabwe. Int J Environ Res Public Health. 2018 Feb 2;15(2):249. doi: 10.3390/ijerph15020249. PMID: 29393863; PMCID: PMC5858318.	
Cutoffs:		IOTF

Nadváha/obezita pod 3/4a veku

Deti, 2015



Typ
prieskumu:

Nameraná hodnota

Veľkosť
vzorky:

955

Dotknutá
oblasť:

Regionálne

Odkazy:

Kambondo G, Sartorius B. Risk Factors for Obesity and Overfat among Primary School Children in Mashonaland West Province, Zimbabwe. Int J Environ Res Public Health. 2018 Feb 2;15(2):249. doi: 10.3390/ijerph15020249. PMID: 29393863; PMCID: PMC5858318.

Poznámky (k
dispozícii iba
v angličtine):

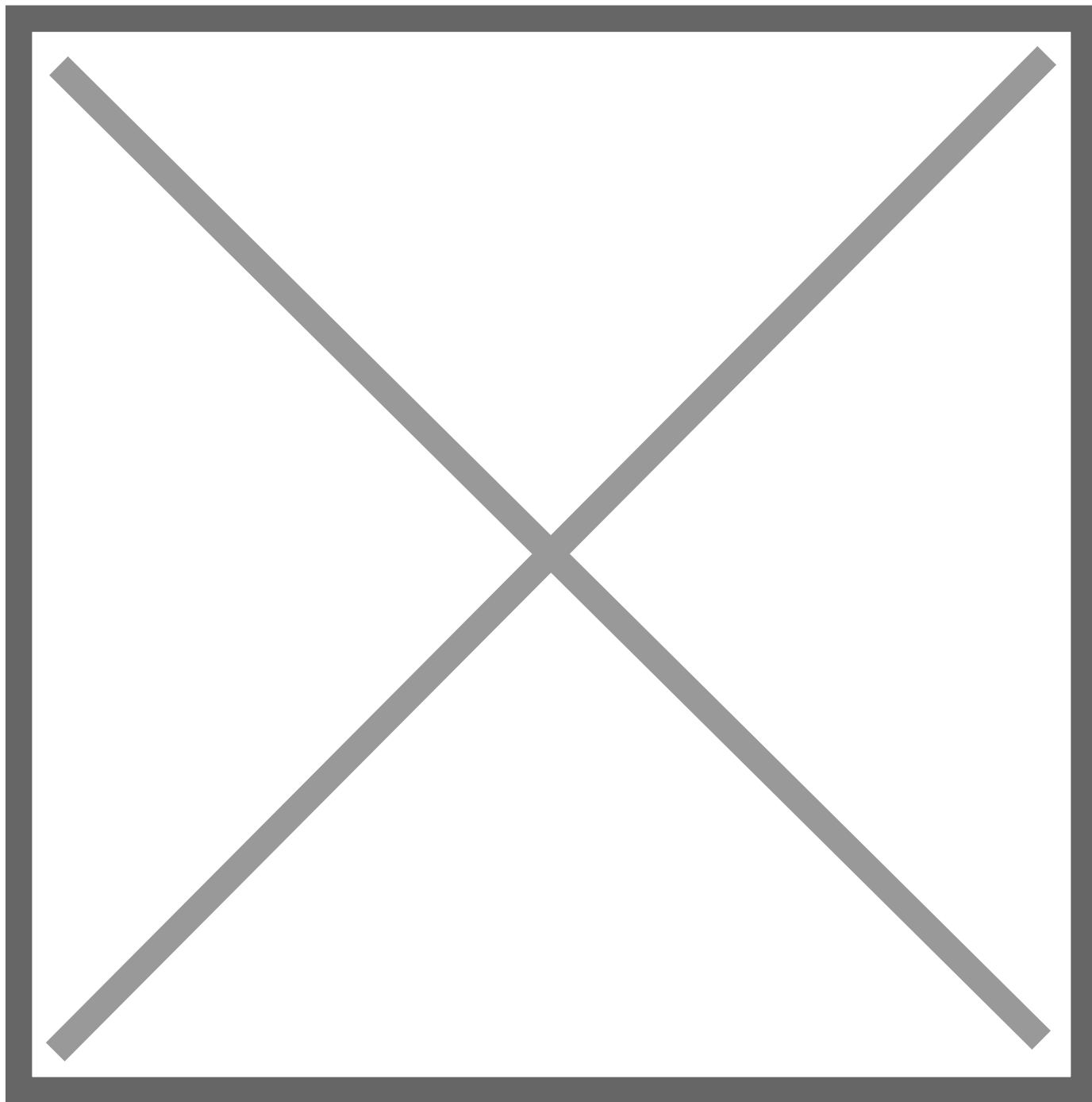
Age 6 Years Small removed as too small

Cutoffs:

IOTF

Nadvä́ha/obezita podÄ¾a regiÄ¾nu

DievÄ¾ atÄ¾, 2015



Typ prieskumu:	NameranÄ¾ hodnota
Vek:	15-19
VeÄ¾kosÄ¾ vzorky:	1667

DotknutÄ; oblasÄ;:

NÄ;rodnÄ½

Odkazy:

Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Zimbabwe National Statistics Agency and ICF International. 2016. Zimbabwe Demographic and Health Survey 2015: Final Report. Rockville, Maryland, USA: Zimbabwe National Statistics Agency (ZIMSTAT) and ICF International.

DefinÄcie (k dispozÄcii iba v angliÄtine):

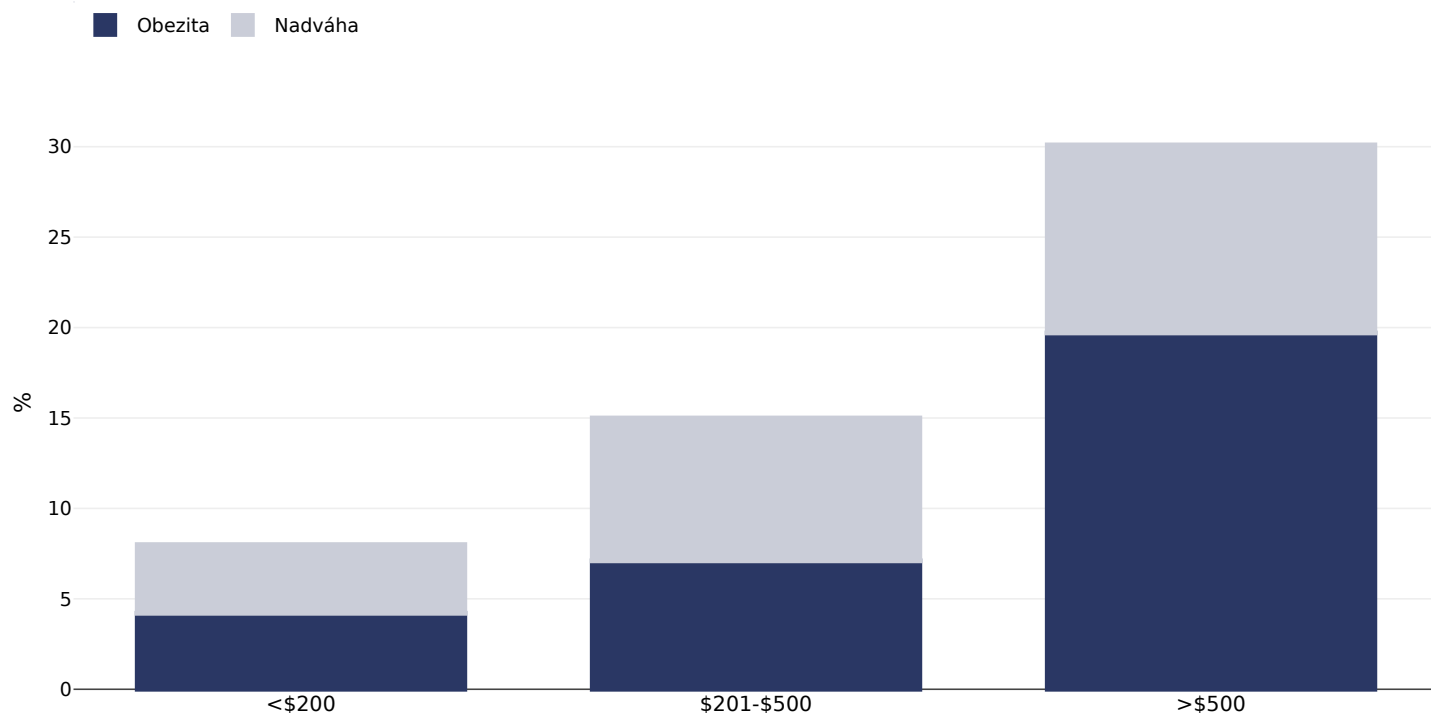
BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity

Cutoffs:

WHO 2007

Nadväha/obezita podľa sociálno-ekonomickej skupiny

Deti, 2015



Typ
prieskumu:

Nameraná hodnota

Vek:

6-12

Veľkosť
vzorky:

974

Dotknutý
oblasť:

Regionálne

Odkazy:

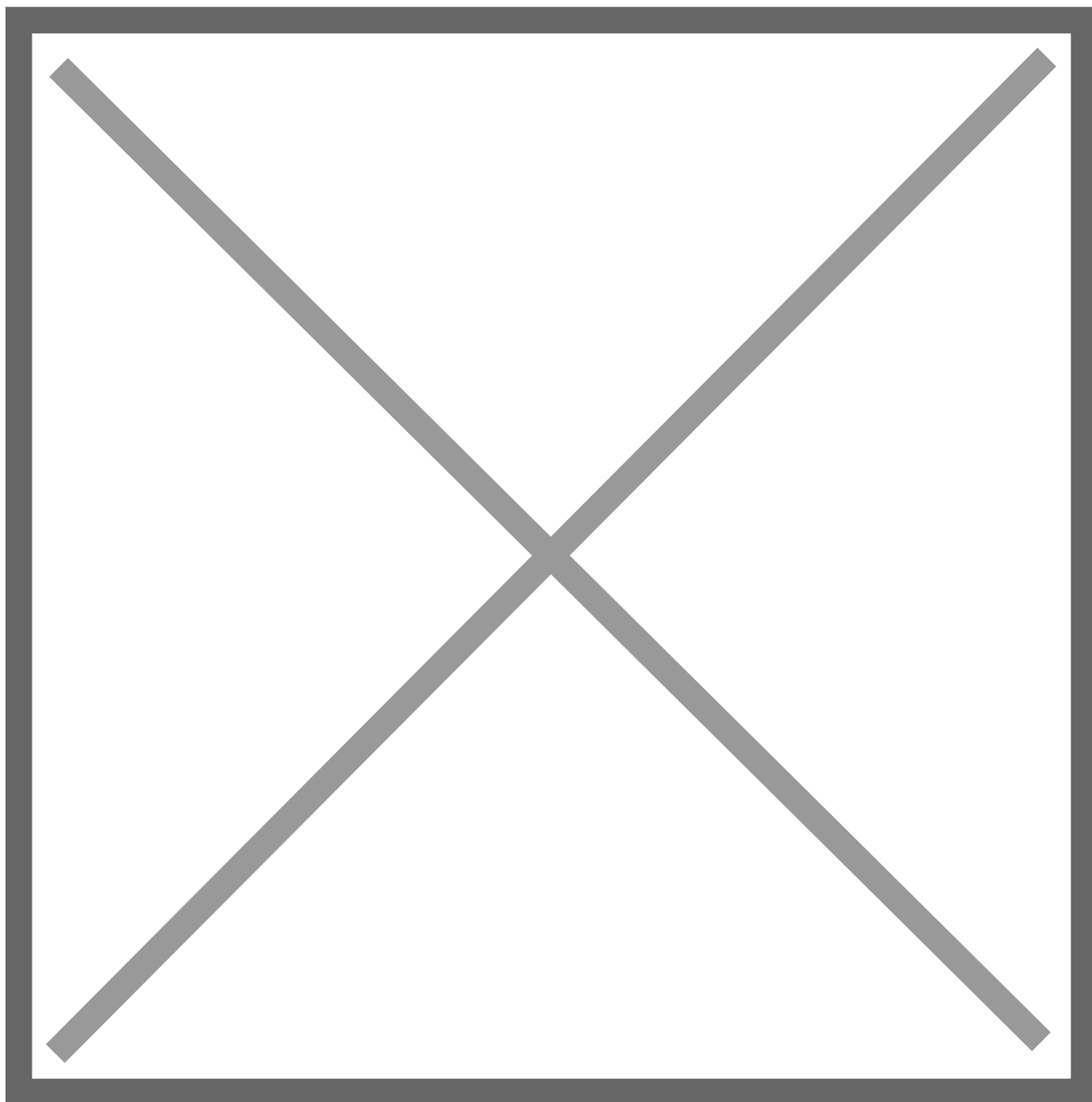
Kambondo G, Sartorius B. Risk Factors for Obesity and Overfat among Primary School Children in Mashonaland West Province, Zimbabwe. Int J Environ Res Public Health. 2018 Feb 2;15(2):249. doi: 10.3390/ijerph15020249. PMID: 29393863; PMCID: PMC5858318.

Cutoffs:

IOTF

Double burden of underweight & overweight

Deti, 2022



Typ
prieskumu:

NameranĀ; hodnota

Vek:

5-19

Odkazy:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Poznámky (k
dispozicií íba
v angličtine):**

Age standardised estimates

**Definície (k
dispozicií íba
v angličtine):**

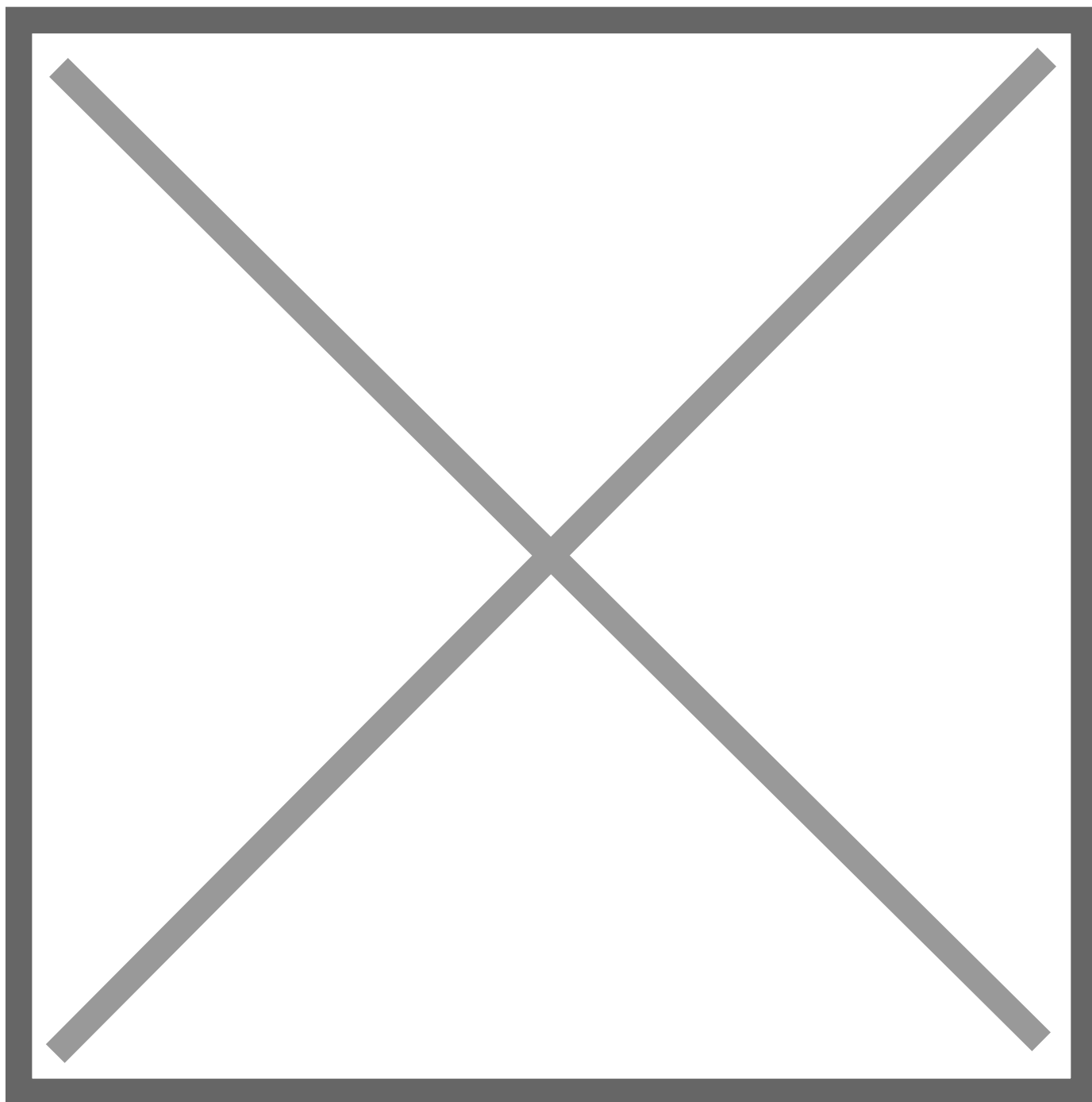
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nedostatoč náj fyzickáj aktivita

Deti, 2016



**Typ
prieskumu:**

Vlastná© hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

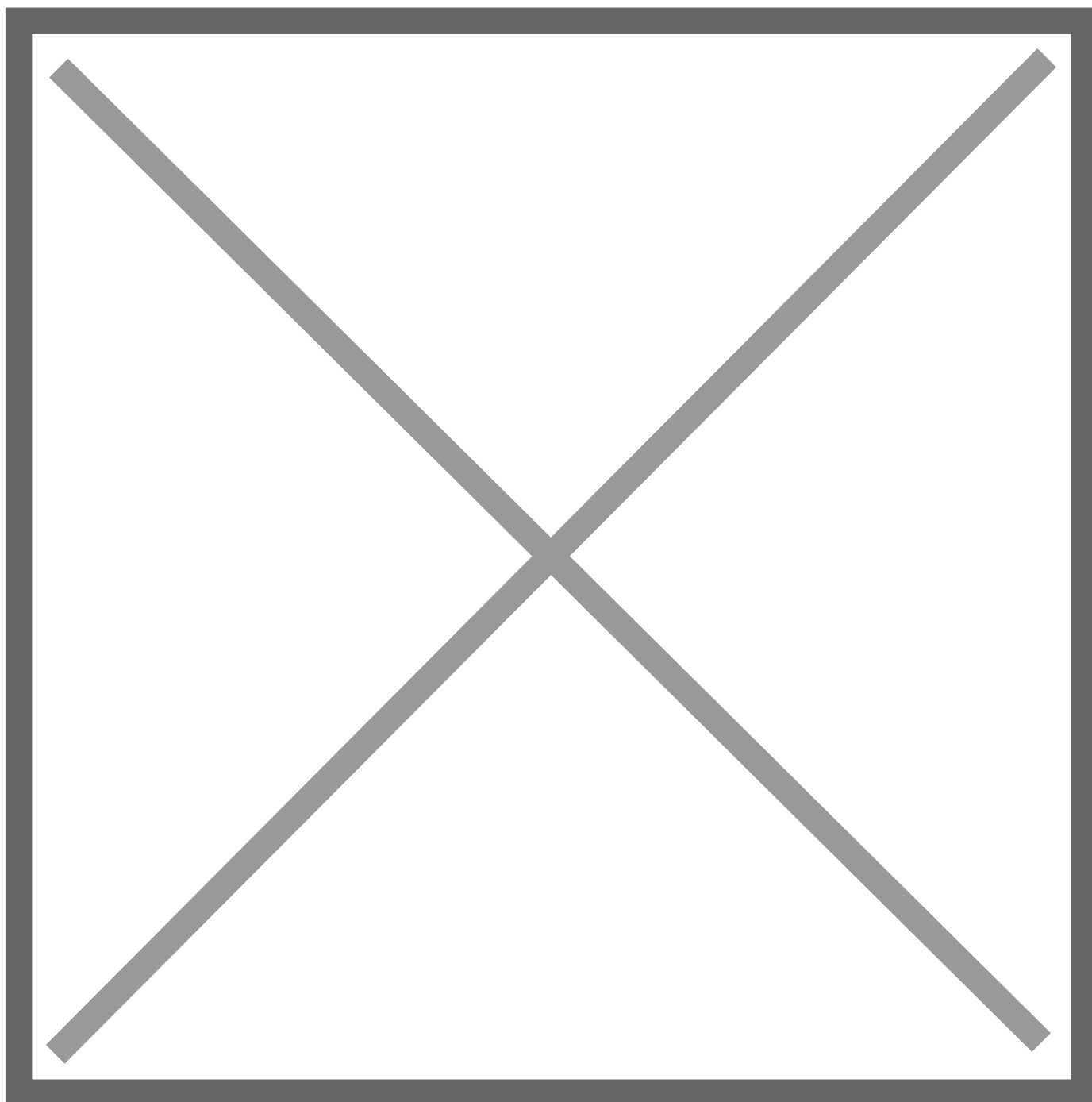
**Poznámky (k
dispozícii iba
v angličtine):**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definície (k
dispozícii iba
v angličtine):**

% Adolescents insufficiently active (age standardised estimate)

Chlapci, 2016



**Typ
prieskumu:**

Vlastná ěhlásenie

Vek:

11-17

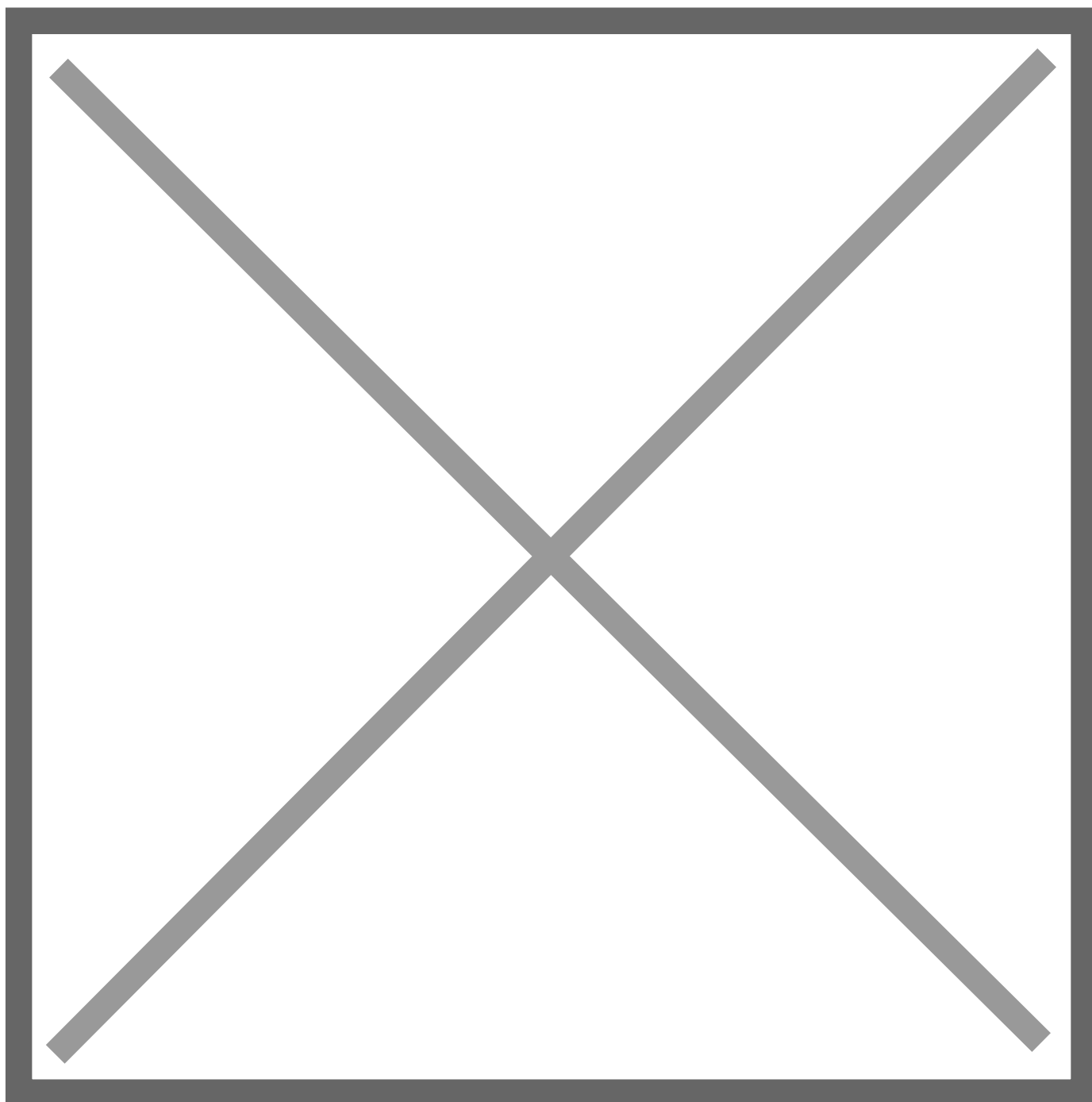
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Poznámky (k dispozici iba v angličtine): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozici iba v angličtine): % Adolescents insufficiently active (age standardised estimate)

DievÄŕ atÄŕ, 2016



**Typ
prieskumu:**

VlastnÄŕ hÄŕsenie

Vek:

11-17

Odkazy:

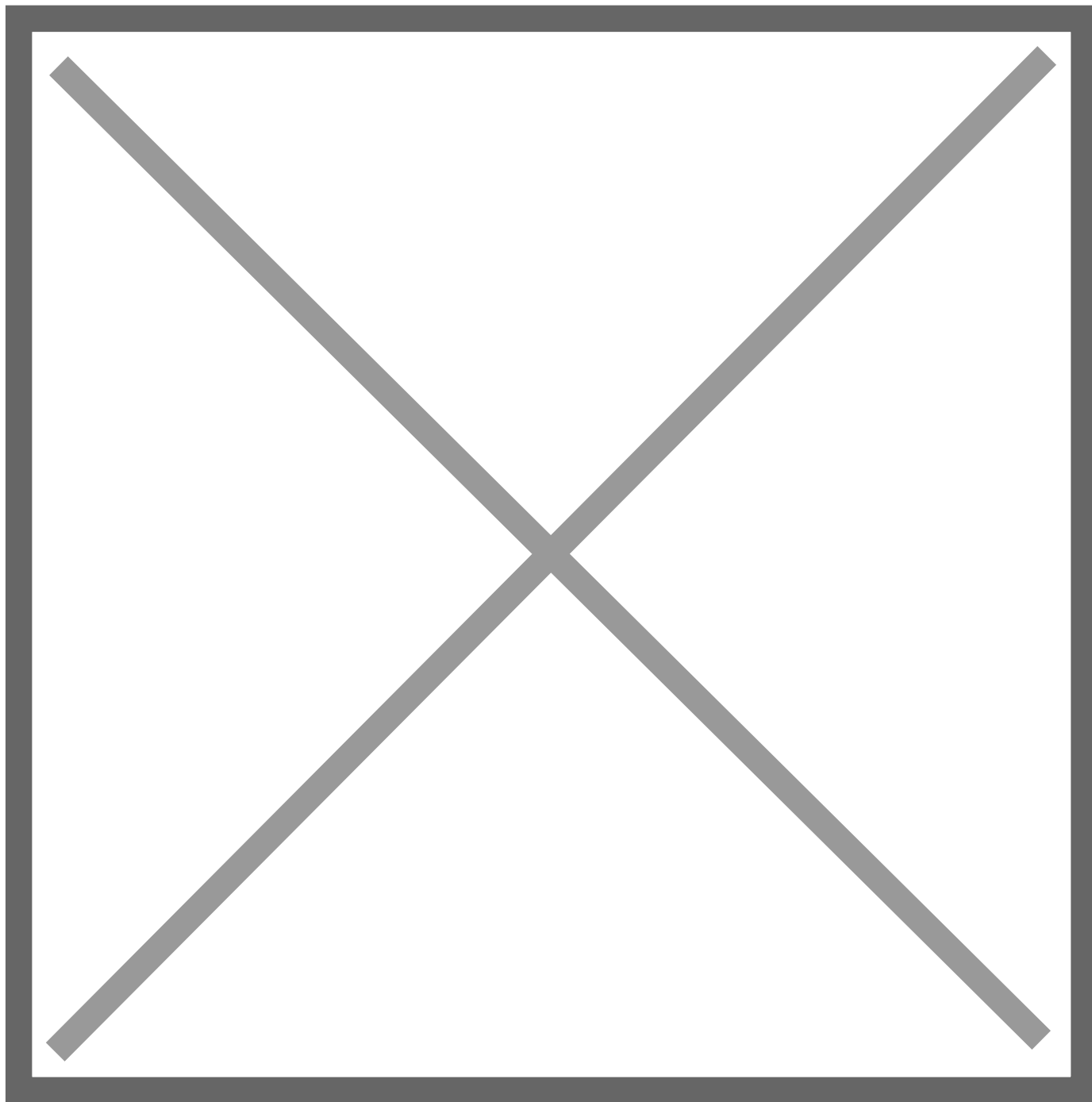
Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Poznámky (k dispozici iba v angličtine): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozici iba v angličtine): % Adolescents insufficiently active (age standardised estimate)

DuÅ¡evnÃ© zdravie - poruchy depresie

Deti, 2021



**DotknutÃ½
oblasÅ¥:**

NÃ¡rodnÃ½

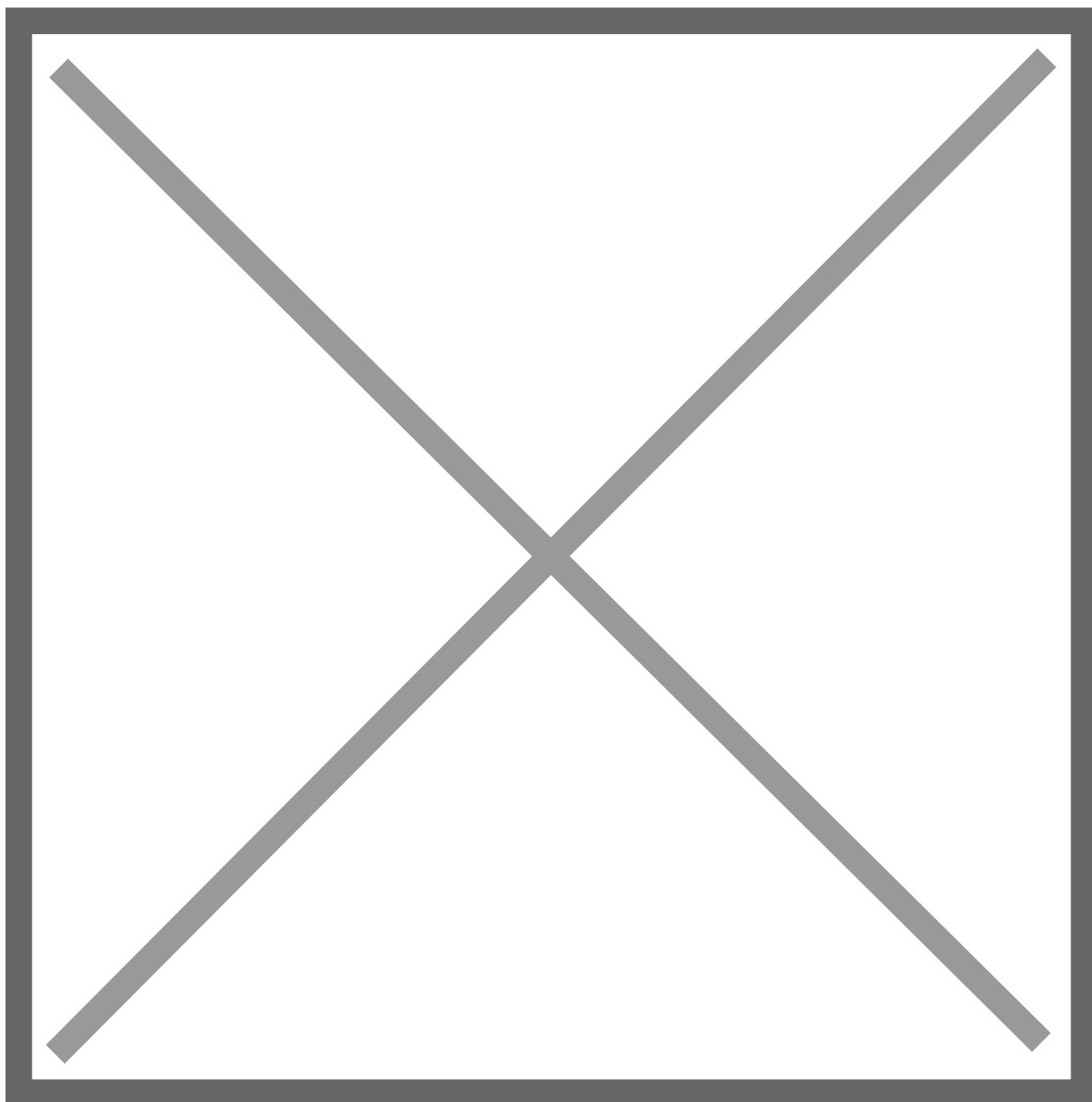
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chlapci, 2021



Dotknutí
oblasti:

Národní

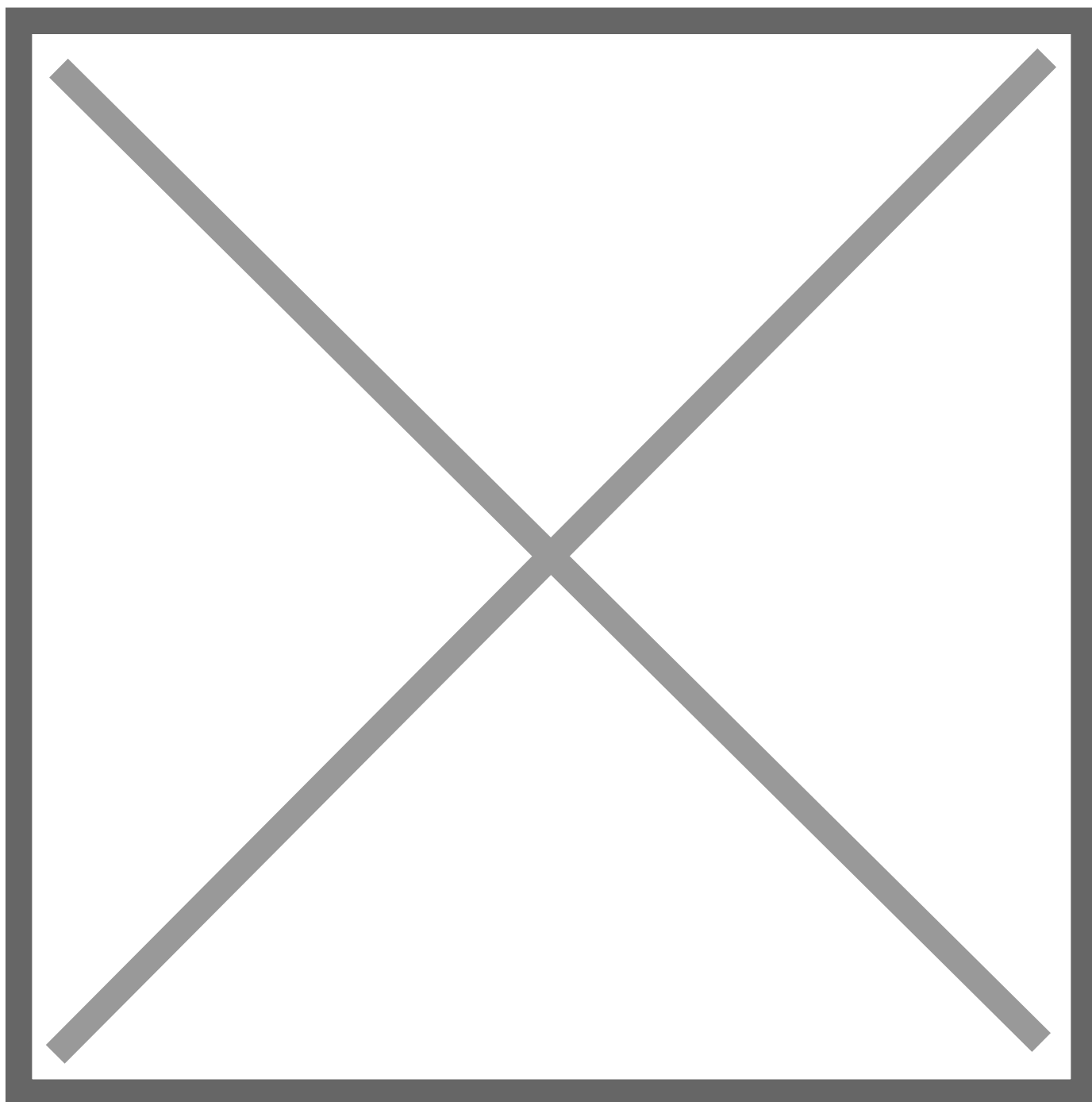
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

DievÄ atÄ, 2021



**DotknutÄ;
oblasÄ:**

NÄ;rodnÄ½

Odkazy:

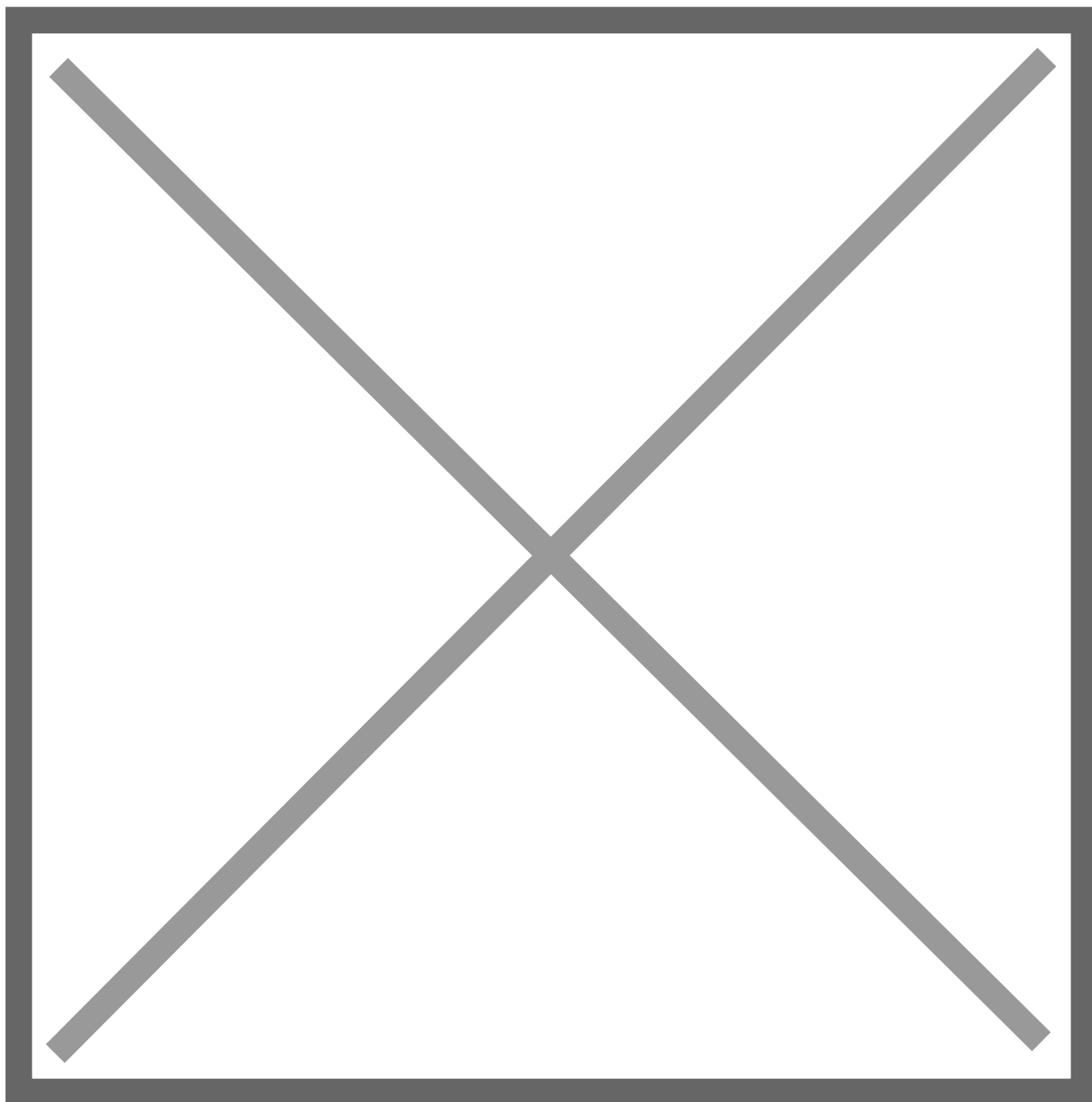
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

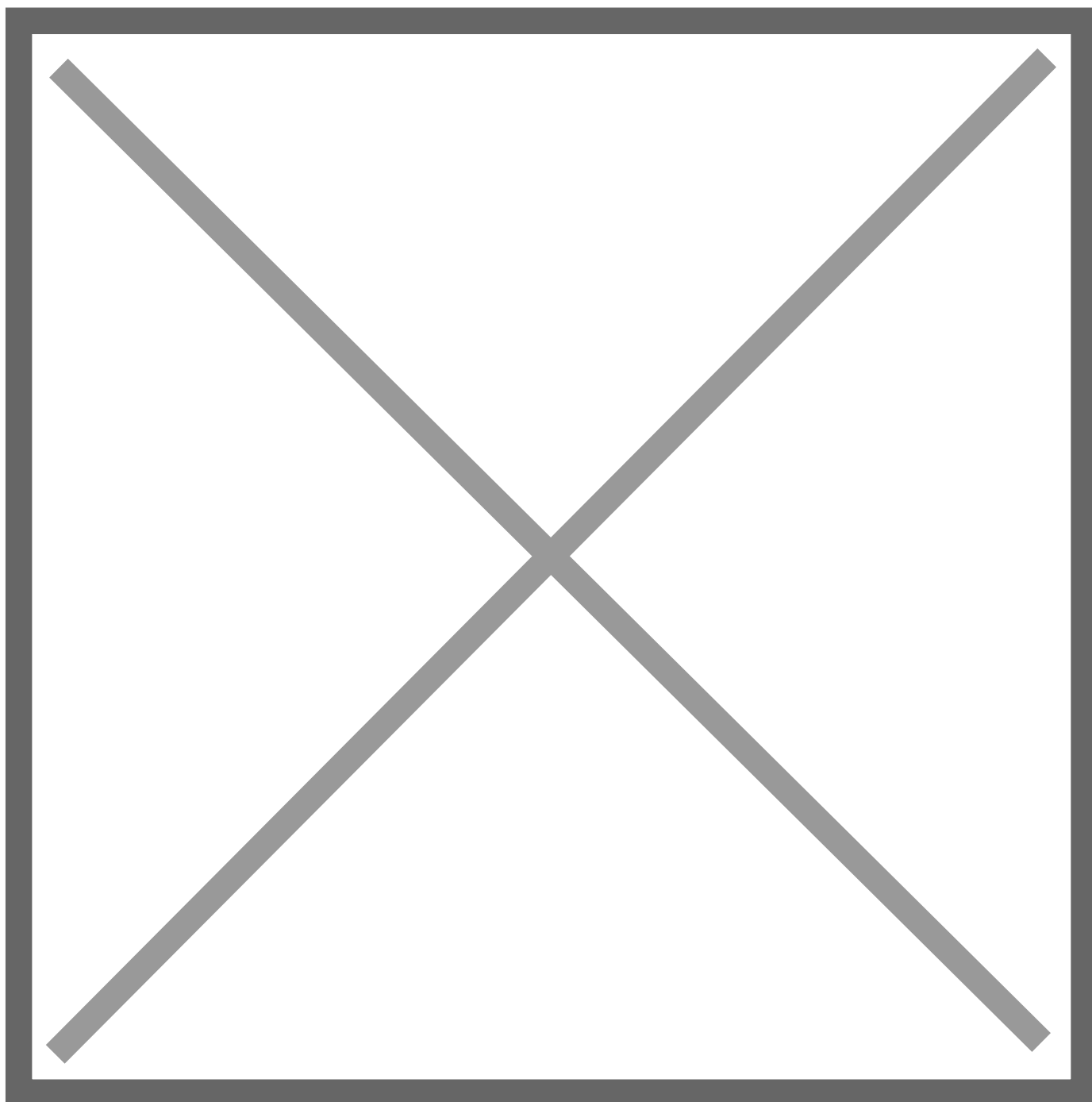
DuÅ¡evnÃ© zdravie - Å½zkostnÃ© poruchy

Deti, 2021

**Odkazy:**

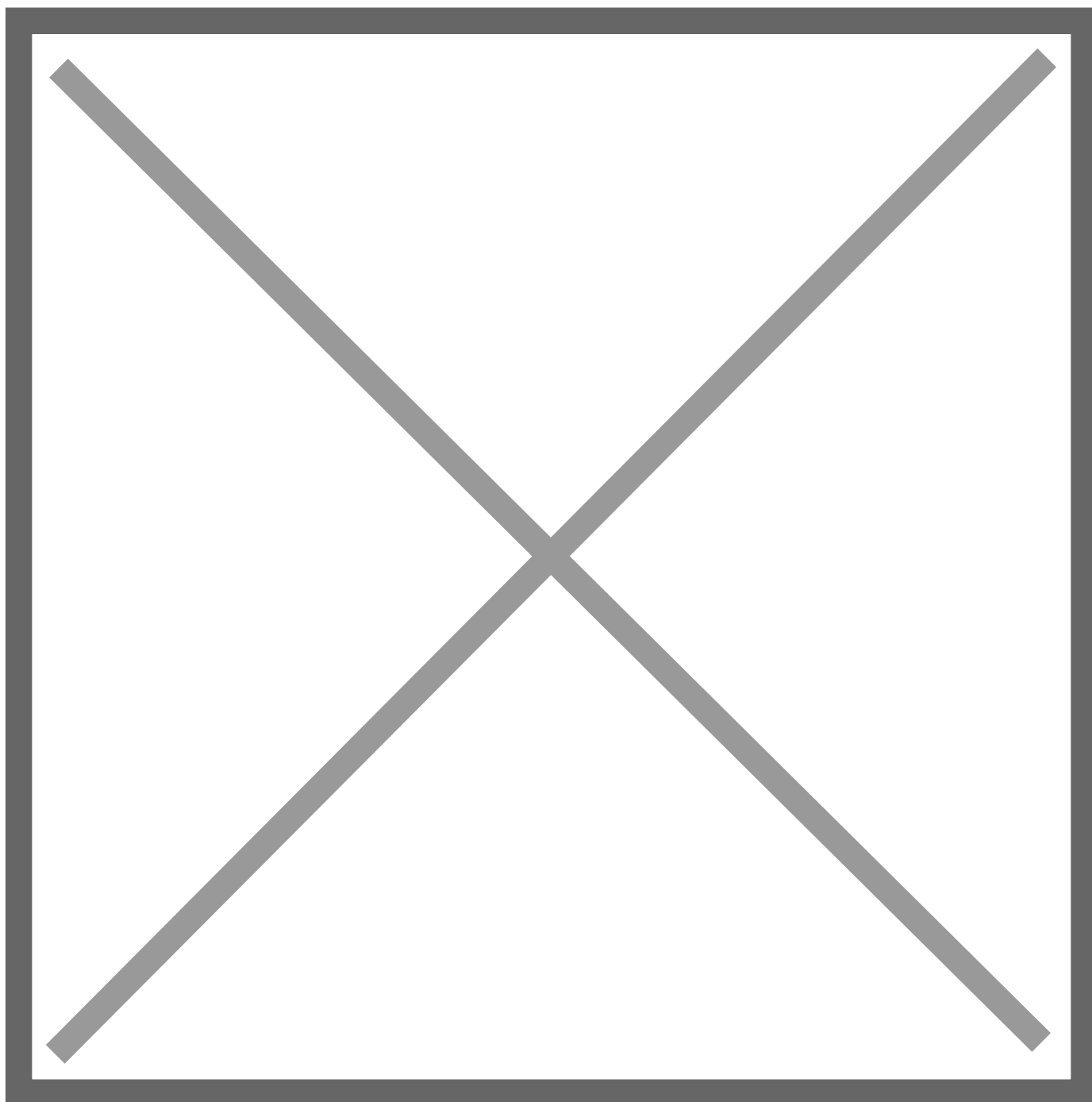
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Chlapci, 2021

**Odkazy:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

DievÄ atÄ, 2021



Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025