



Yemen



Country report card - under-5s

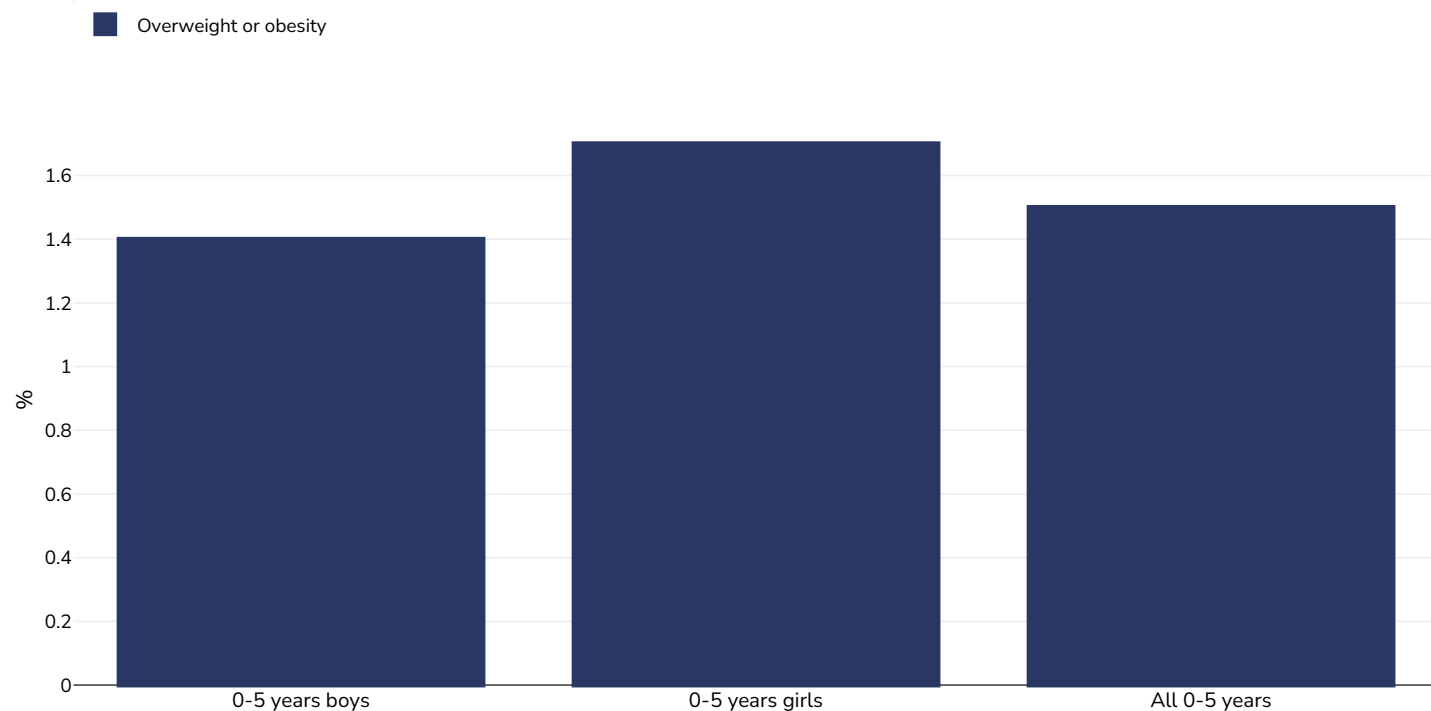
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/yemen-236/>.

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Obesity prevalence

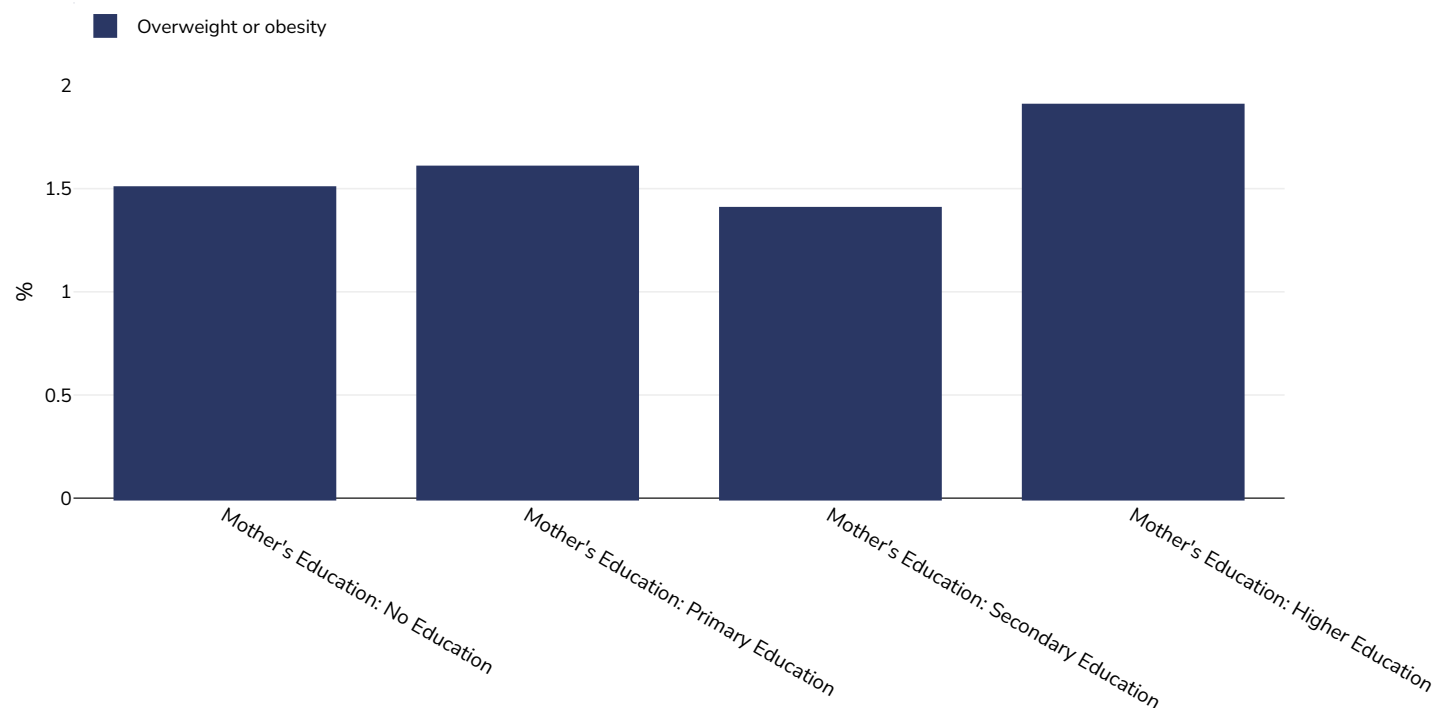
0-5 years, 2022-2023



Survey type:	Measured
Age:	0-5
Sample size:	18389
Area covered:	National
References:	Central Statistical Organization (CSO) and United Nations Children's Fund (UNICEF). 2023. Yemen Multiple Indicator Cluster Survey 2022-2023, Survey Findings Report. Yemen: Central Statistical Organization and United Nations Children's Fund.
Definitions:	Children whose weight-for-height is more than two standard deviations above the median reference population are classified as moderately or severely overweight
Cutoffs:	=>+2SD

Overweight/obesity by education

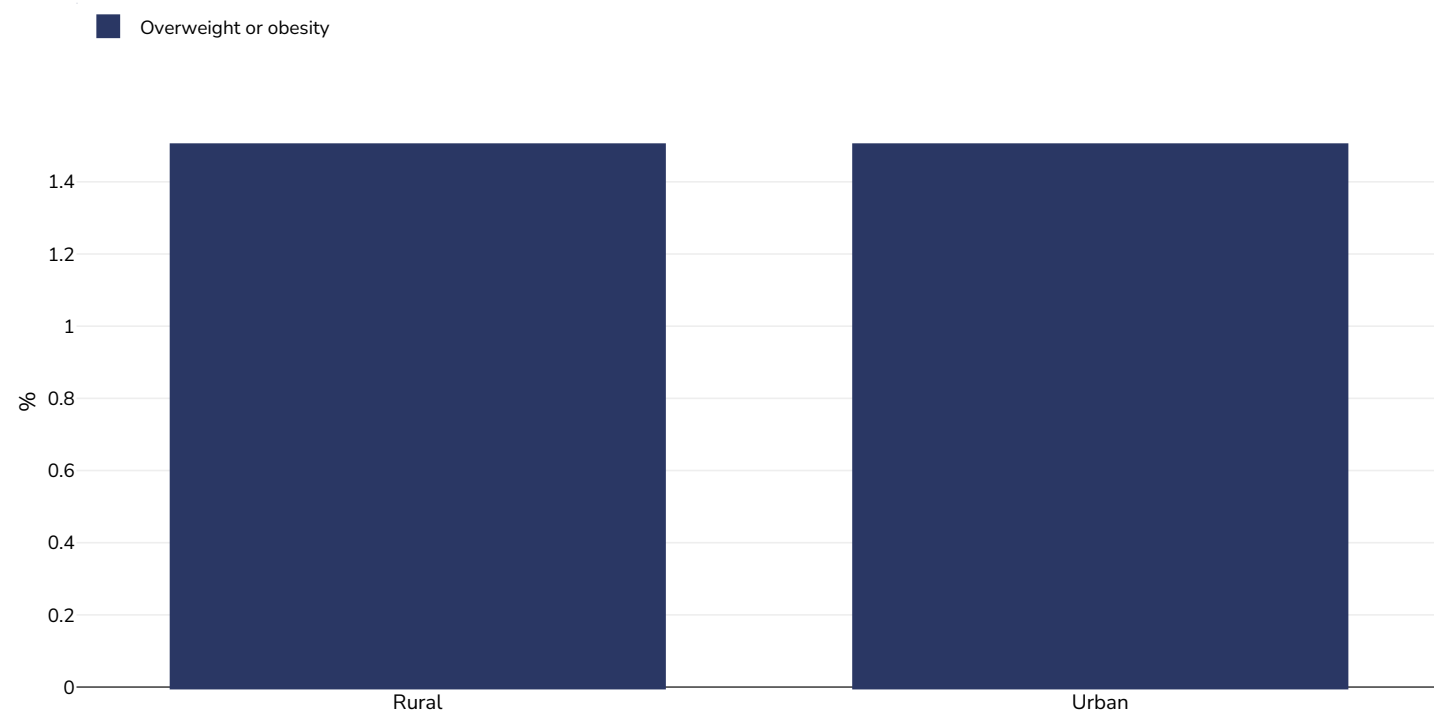
0-5 years, 2022-2023



Survey type:	Measured
Sample size:	18364
Area covered:	National
References:	Yemen MICS multiple indicator cluster survey 2022-2023, survey findings report
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/ .
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by region

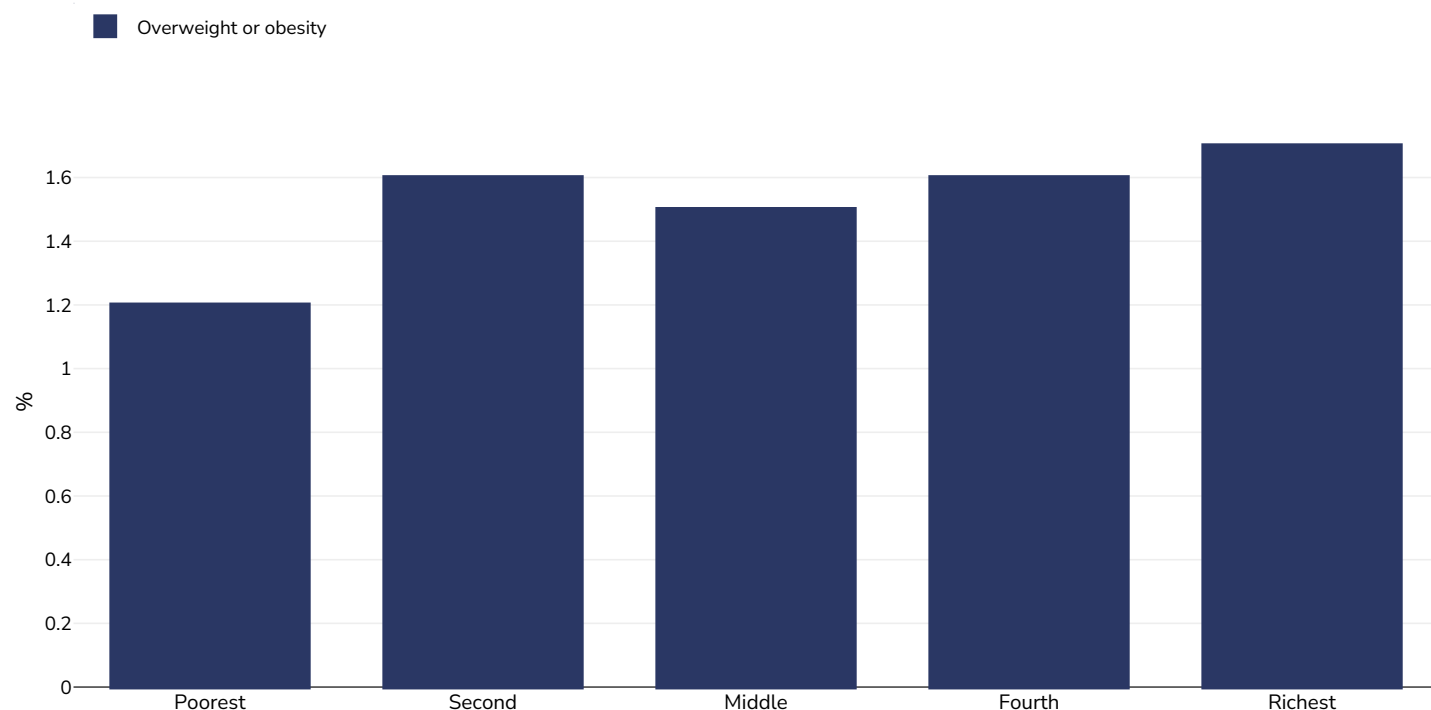
0-5 years, 2022-2023



Survey type:	Measured
Sample size:	18372
Area covered:	National
References:	Yemen MICS multiple indicator cluster survey 2022-2023, survey findings report
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/ .
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by socio-economic group

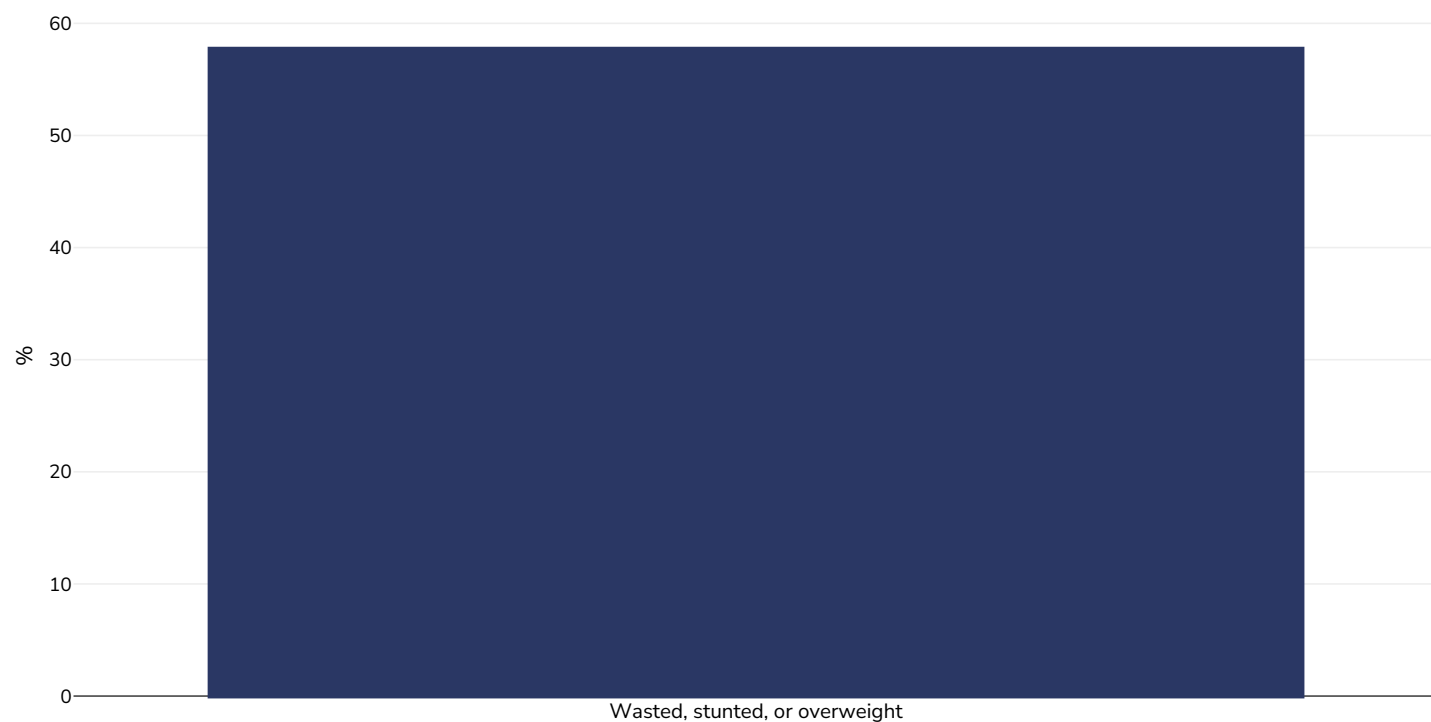
0-5 years, 2022-2023



Survey type:	Measured
Sample size:	18389
Area covered:	National
References:	Central Statistical Organization (CSO) and United Nations Children's Fund (UNICEF). 2023. Yemen Multiple Indicator Cluster Survey 2022-2023, Survey Findings Report. Yemen: Central Statistical Organization and United Nations Children's Fund.
Definitions:	Children whose weight-for-height is more than two standard deviations above the median reference population are classified as moderately or severely overweight
Cutoffs:	=>+2SD

Double burden of underweight & overweight

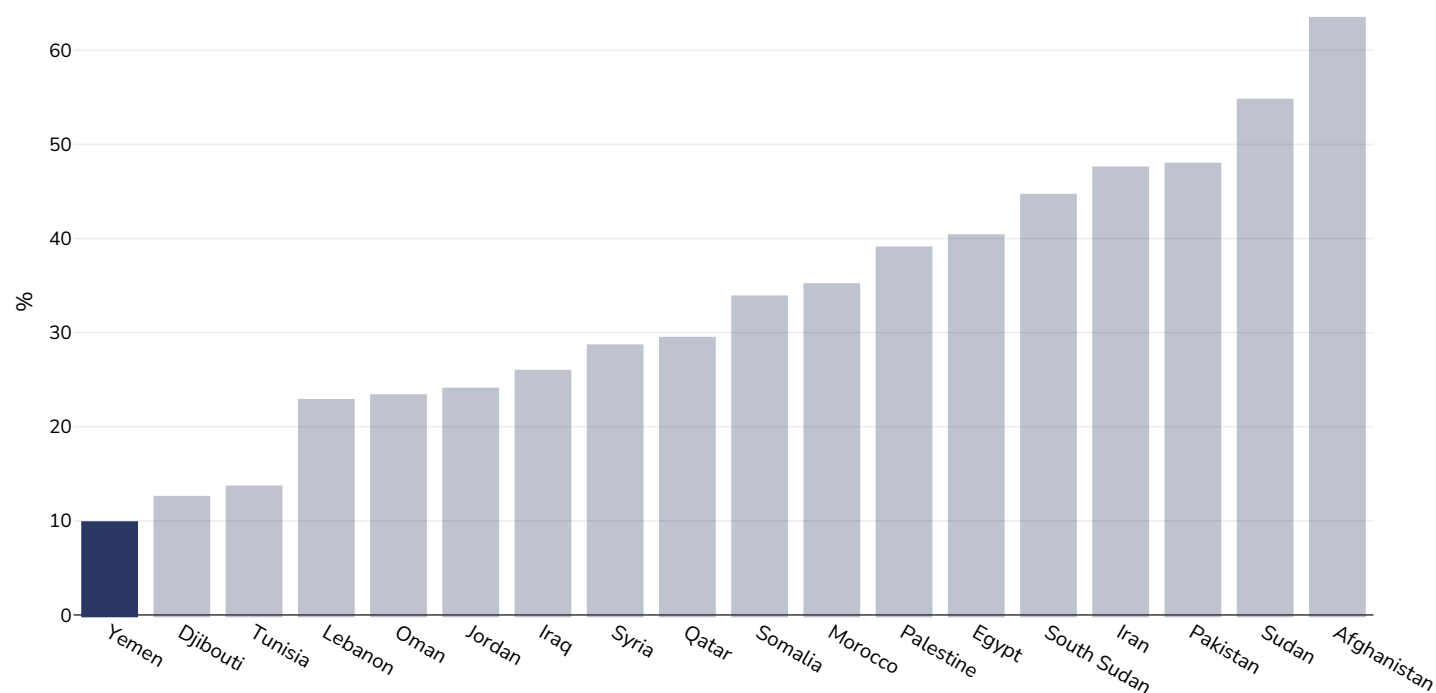
0-5 years, 2022-2023



Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Yemen MICS multiple indicator cluster survey 2022-2023, survey findings report
Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

% Infants exclusively breastfed 0-5 months

0-5 years, 2010-2023



References: Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International, 2014.

Notes: Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023).
Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

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