

Yemen



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

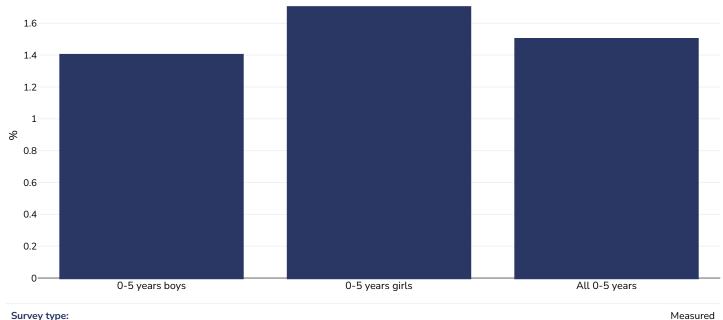


Contents	Page
Obesity prevalence	3
Overweight/obesity by education	4
Overweight/obesity by region	5
Overweight/obesity by socio-economic group	6
Double burden of underweight & overweight	
% Infants exclusively breastfed 0-5 months	8



Obesity prevalence

0-5 years, 2022-2023

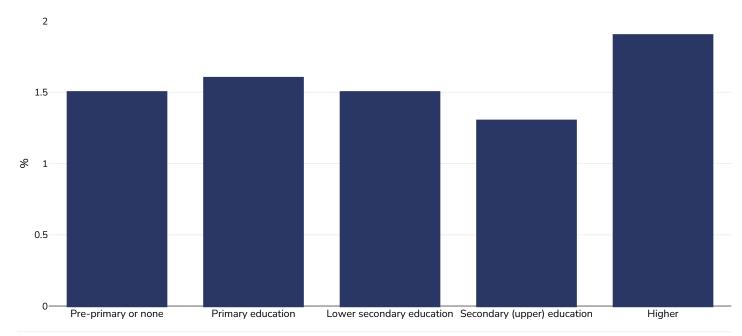


Survey type:	Measured
Age:	0-5
Sample size:	18389
Area covered:	National
References:	Central Statistical Organization (CSO) and United Nations Children's Fund (UNICEF). 2023. Yemen Multiple Indicator Cluster Survey 2022-2023, Survey Findings Report. Yemen: Central Statistical Organization and United Nations Children's Fund.
Definitions:	Children whose weight-for-height is more than two standard deviations above the median reference population are classified as moderately or severely overweight
Cutoffs:	=>+2SD



Overweight/obesity by education

0-5 years, 2022-2023

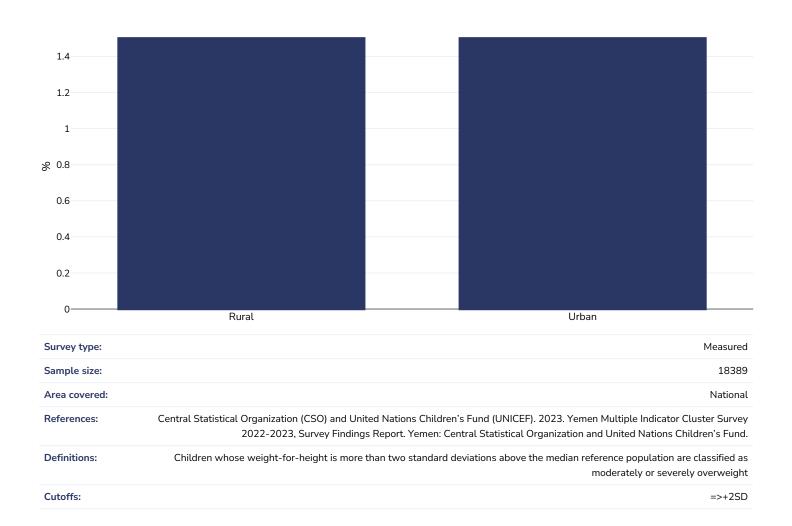


Survey type:	Measured
Sample size:	18389
Area covered:	National
References:	Central Statistical Organization (CSO) and United Nations Children's Fund (UNICEF). 2023. Yemen Multiple Indicator Cluster Survey 2022-2023, Survey Findings Report. Yemen: Central Statistical Organization and United Nations Children's Fund.
Notes:	Mother's education.
Definitions:	Children whose weight-for-height is more than two standard deviations above the median reference population are classified as moderately or severely overweight
Cutoffs:	=>+2SD



Overweight/obesity by region

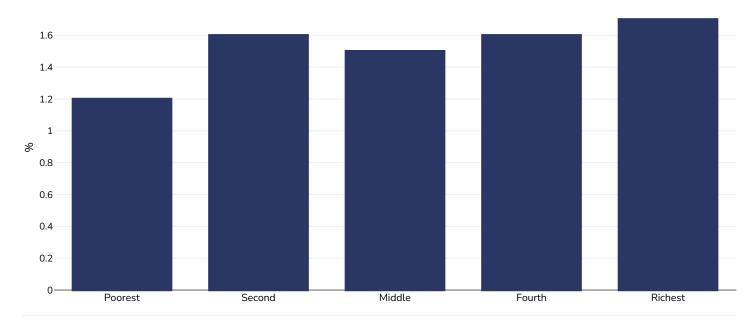
0-5 years, 2022-2023





Overweight/obesity by socio-economic group

0-5 years, 2022-2023



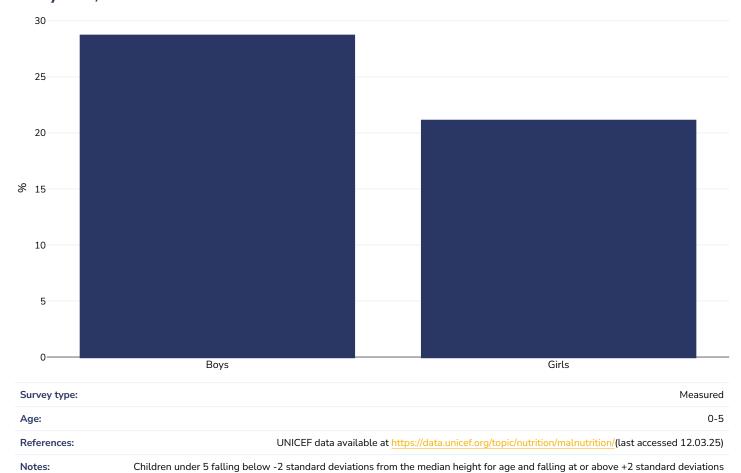
Survey type:	Measured
Sample size:	18389
Area covered:	National
References:	Central Statistical Organization (CSO) and United Nations Children's Fund (UNICEF). 2023. Yemen Multiple Indicator Cluster Survey 2022-2023, Survey Findings Report. Yemen: Central Statistical Organization and United Nations Children's Fund.
Definitions:	Children whose weight-for-height is more than two standard deviations above the median reference population are classified as moderately or severely overweight
Cutoffs:	=>+2SD

from the median weight-for-height of the reference population



Double burden of underweight & overweight

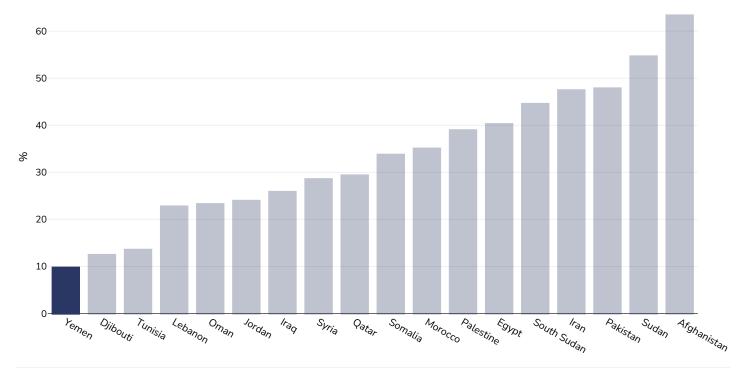
0-5 years, 2013-2013





% Infants exclusively breastfed 0-5 months

0-5 years, 2010-2023



References:

Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International, 2014.

Notes:

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023).

Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

PDF created on June 17, 2025