Report card
Wales

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Obesity prevalence

Adults, 2019-2020

Survey type: Self-reported
Age: 16+
Sample size: 5786
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2017-2018

Survey type: Measured
Age: 4-5
Sample size: 32160
Area covered: National
Notes: UK 90 Growth Reference. 85th & 95th Centile
Cutoffs: Other
% Children living with overweight or obesity in Wales 2013-2017

Girls

Survey type: Measured
References: For full details of references visit https://data.worldobesity.org/
Notes: Aged 4-5
Definitions: 85th & 95th centile not IOTF cut off

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
**Boys**

Survey type: Measured

References: For full details of references visit https://data.worldobesity.org/

Notes: Aged 4-5

Definitions: 85th & 95th centile not IOTF cut off

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.
Overweight/obesity by age

Adults, 2019-2020

Survey type: Self-reported
Sample size: 57886
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Overweight/obesity by region

Adults, 2019-2020

Survey type: Self-reported
Age: 16+
Sample size: 5786
Area covered: National


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Boys, 2017-2018

Survey type: Measured
Age: 4-5
Sample size: 32160
Area covered: National
Notes: UK 90 Growth Reference. 85th & 95th Centile
Cutoffs: Other
Girls, 2017-2018

Survey type: Measured
Age: 4-5
Sample size: 32160
Area covered: National
Notes: UK 90 Growth Reference. 85th & 95th Centile
Cutoffs: Other
Overweight/obesity by socio-economic group

Adults, 2019-2020

Survey type: Self-reported
Age: 16+
Sample size: 5786
Area covered: National


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Boys, 2017-2018

Survey type: Measured
Age: 4-5
Sample size: 32160
Area covered: National
Notes: UK 90 Growth Reference. 85th & 95th Centile
Cutoffs: Other
Girls, 2017-2018

Survey type: Measured
Age: 4-5
Sample size: 32160
Area covered: National
Notes: UK 90 Growth Reference. 85th & 95th Centile
Cutoffs: Other
Overweight/obesity by ethnicity

Children, 2013-2014

Survey type: Measured
Age: 4-5
Sample size: 30669
Area covered: National
References: Child Measurement Programme 2013/4

Cutoffs: Other

PDF created on November 20, 2020