Vodiči Wales



Report cards

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Report card (child data)



Nedostatočná fyzická aktivita

Chlapci, 2022



Dotknutá oblasť: Národný



Odkazy:	Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <u>https://data-browser.hbsc.org.</u>
Poznámky (k dispozícii iba v angličtine):	Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.
Definície (k dispozícii iba v angličtine):	% reporting less than 60 minutes of MVPA daily



Dievčatá, 2022



Národný

Dotknutá oblasť:

Odkazy:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org.



Poznámky (k dispozícii iba v angličtine): Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

Definície (k dispozícii iba v angličtine): % reporting less than 60 minutes of MVPA daily



Prevalencia konzumácie minimálne jedného sýteného nealkoholického nápoja denne

Chlapci, 2021-2022



Dotknutá oblasť:	Národný
Odkazy:	Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <u>https://data-browser.hbsc.org.</u>



Definície (k dispozícii iba v angličtine):

Proportion who reported drinking sugary soft drinks daily (at least once)



Dievčatá, 2021-2022

Národný

Dotknutá oblasť: Odkazy:

Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <u>https://data-browser.hbsc.org.</u>

Proportion who reported drinking sugary soft drinks daily (at least once)

Definície (k dispozícii iba v angličtine):

PDF created on July 16, 2025