



Vietnam



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/vietnam-232/>.

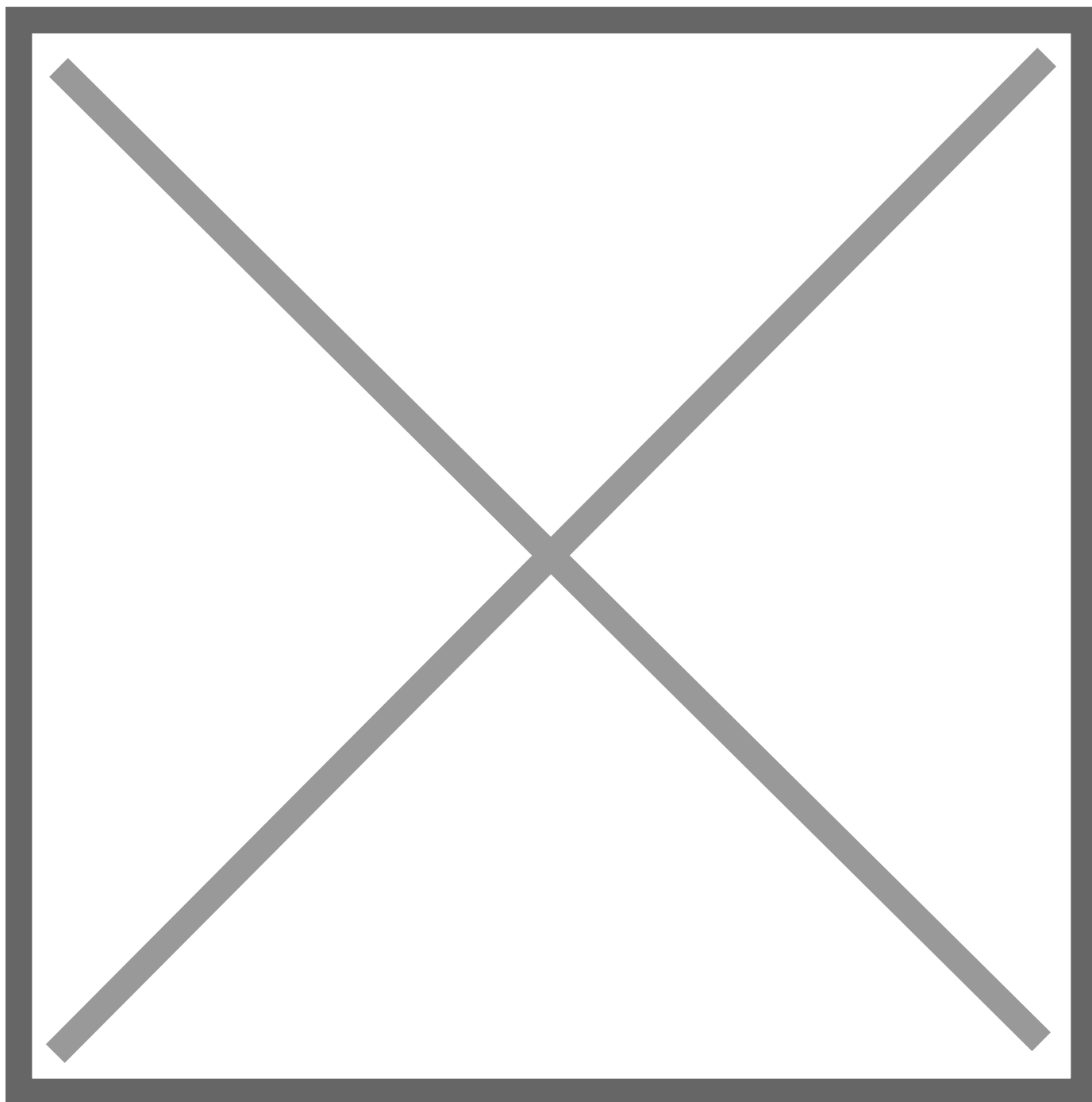
Rischio nazionale di obesità *6,5/10 This is a composite "obesity risk" score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels.

Rischio di obesità infantile *4,5/11 This is a "risk score" for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

*Sulla base di dati stimati. Per maggiori informazioni consultare le Pubblicazioni

Prevalenza dell'obesità

0-5 years, 2020



Età :	0-5
Dimensioni del campione:	97920
Riferimenti:	Surveillance: Viet Nam National Nutrition Surveillance Network, 2020

**Note
(disponibile
solo in
inglese):**

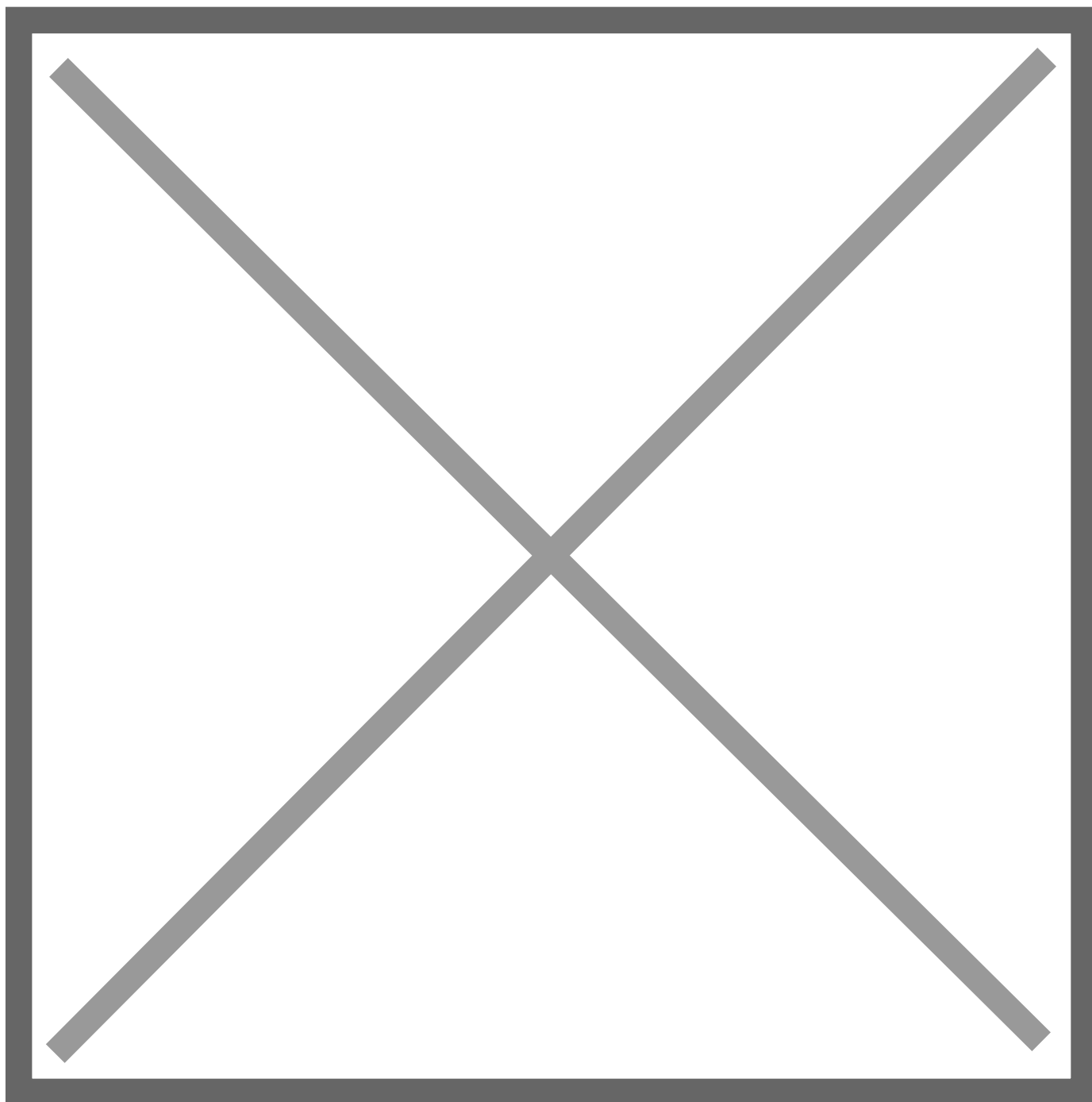
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definizioni
(disponibile
solo in
inglese):**

=>+2SD

Sovrappeso/obesità per istruzione

0-5 years, 2010-2011



**Dimensioni
del campione:**

3568

Riferimenti:

MICS: Viet Nam multiple indicator cluster survey 2011 (MICS), final report. Ha Noi, Viet Nam, 2011

**Note
(disponibile
solo in
inglese):**

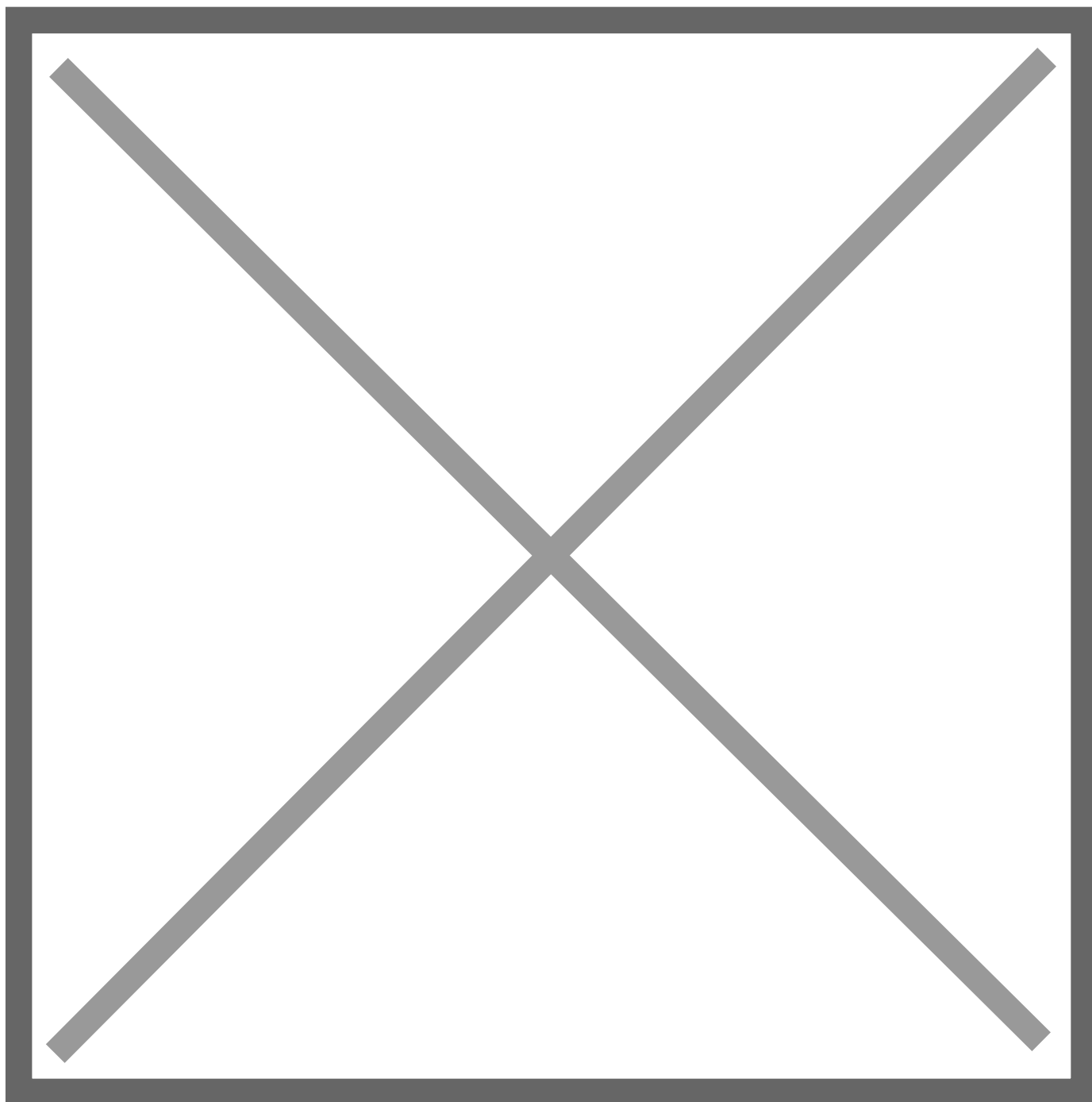
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definizioni
(disponibile
solo in
inglese):**

=>+2SD

Sovrappeso/obesità per regione

0-5 years, 2010-2011



**Dimensioni
del campione:**

3568

Riferimenti:

MICS: Viet Nam multiple indicator cluster survey 2011 (MICS), final report. Ha Noi, Viet Nam, 2011

**Note
(disponibile
solo in
inglese):**

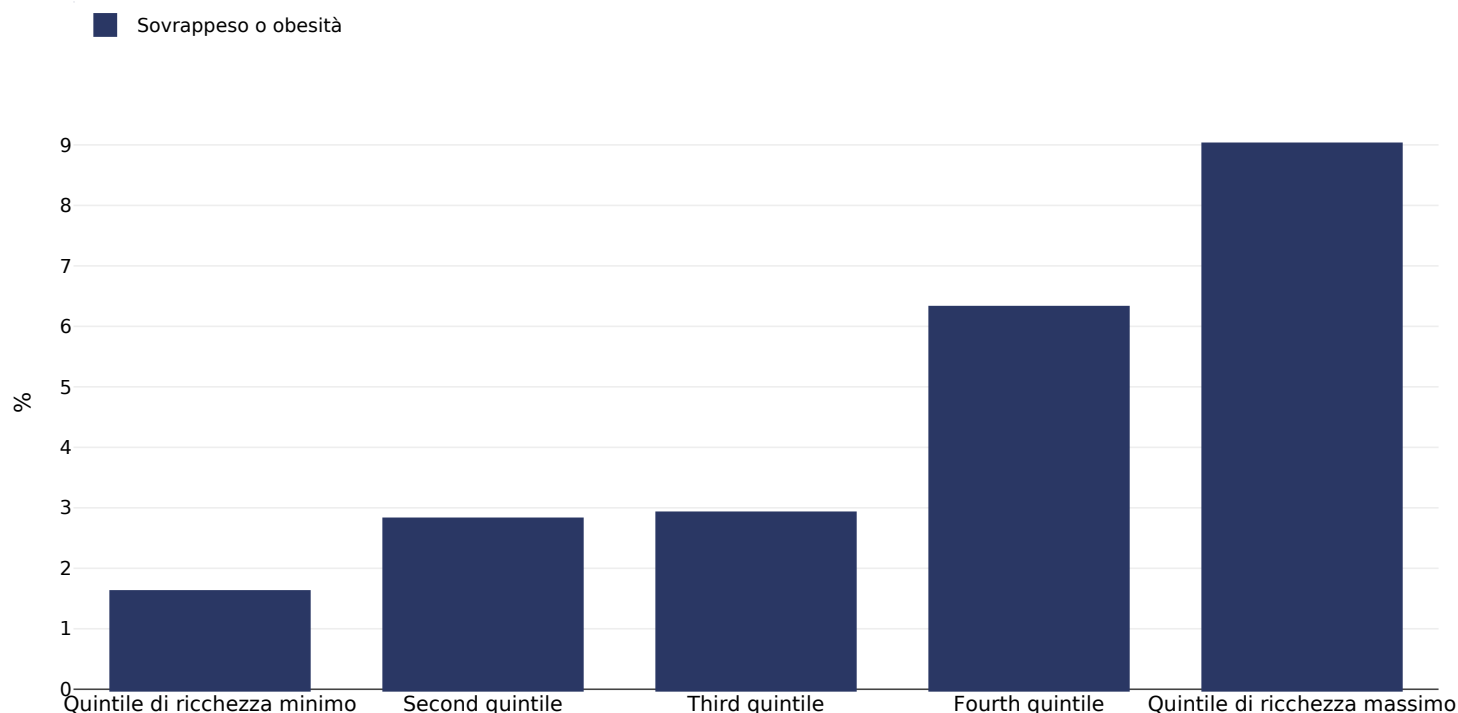
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definizioni
(disponibile
solo in
inglese):**

=>+2SD

Sovrappeso/obesità per gruppo socio-economico

0-5 years, 2010-2011



**Dimensioni
del campione:**

3568

Riferimenti:

MICS: Viet Nam multiple indicator cluster survey 2011 (MICS), final report. Ha Noi, Viet Nam, 2011

**Note
(disponibile
solo in
inglese):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definizioni
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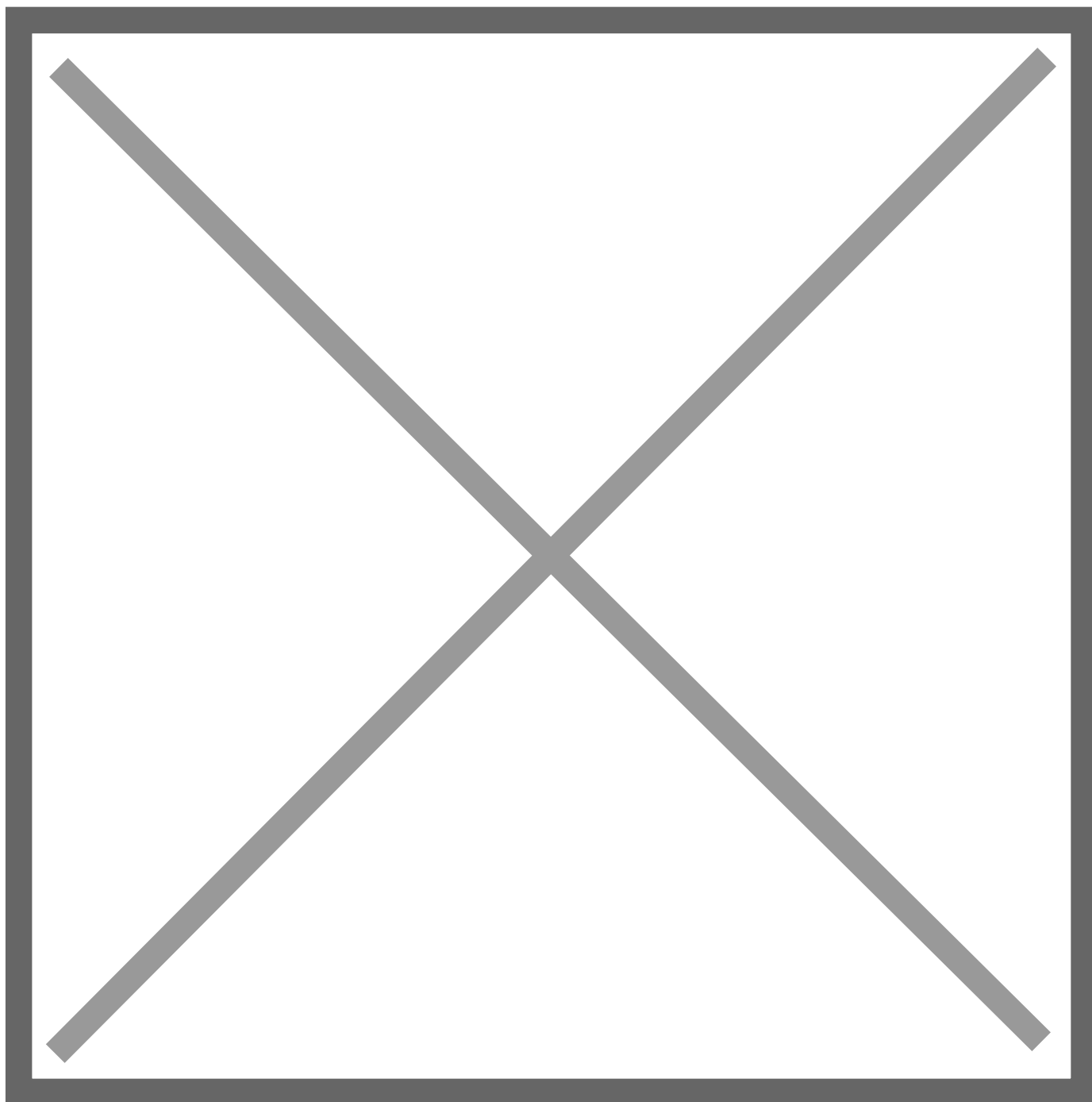
=> +2SD

Sovrappeso/obesità per etnia

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Double burden of underweight & overweight

0-5 years, 2010-2011



**Tipo di
sondaggio:**

Misurato

Et  :

0-5

Riferimenti:

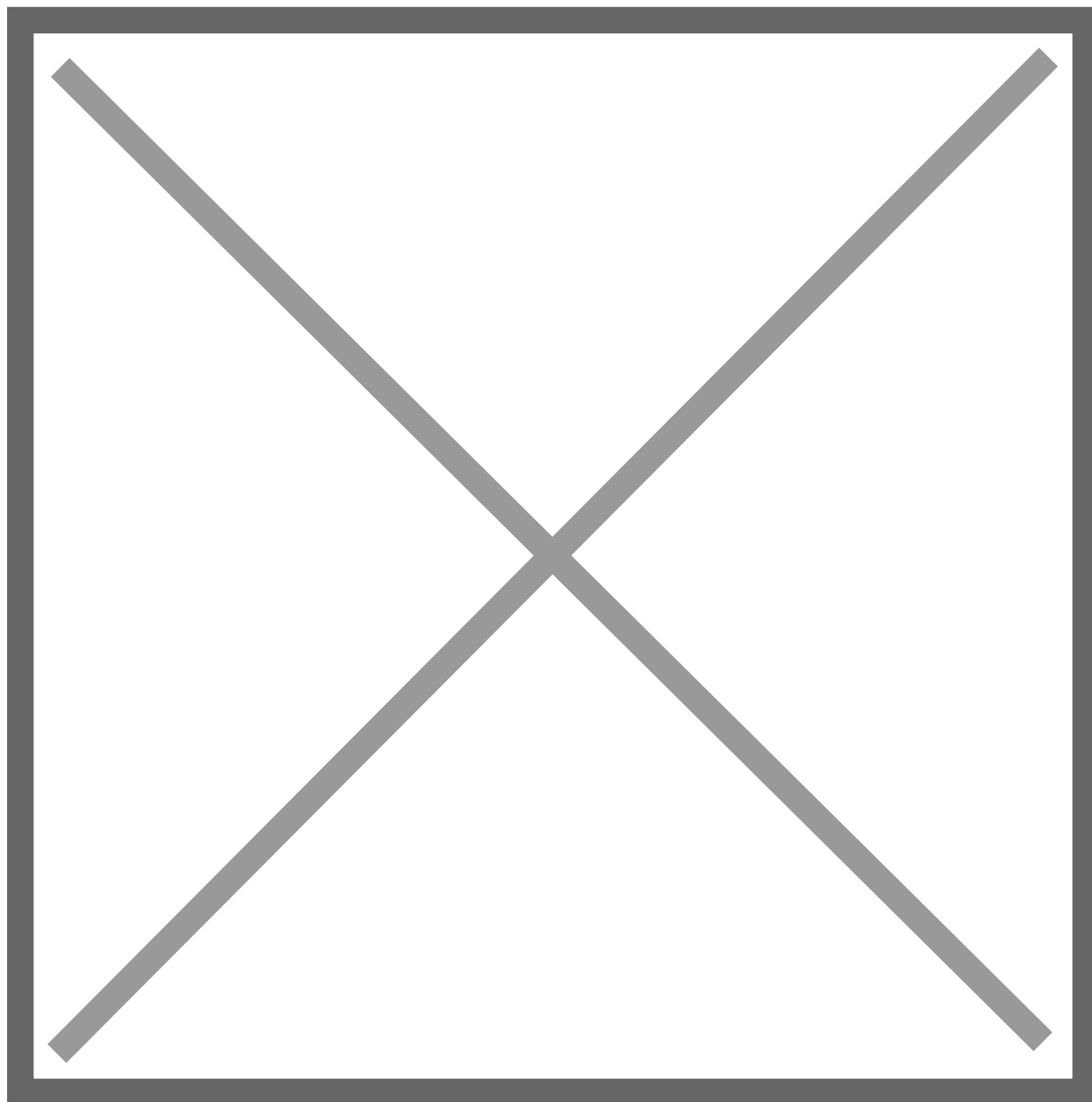
UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Note
(disponibile
solo in
inglese):

Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% di neonati da 0-5 mesi allattati esclusivamente al seno

0-5 years, 2007-2023



Riferimenti: Survey measuring Viet Nam Sustainable Development Goal indicators on Children and Women 2020-2021, Survey Findings Report. Ha Noi, Viet Nam: General Statistics Office

Note (disponibile solo in inglese): Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

