



Vĩtneam



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

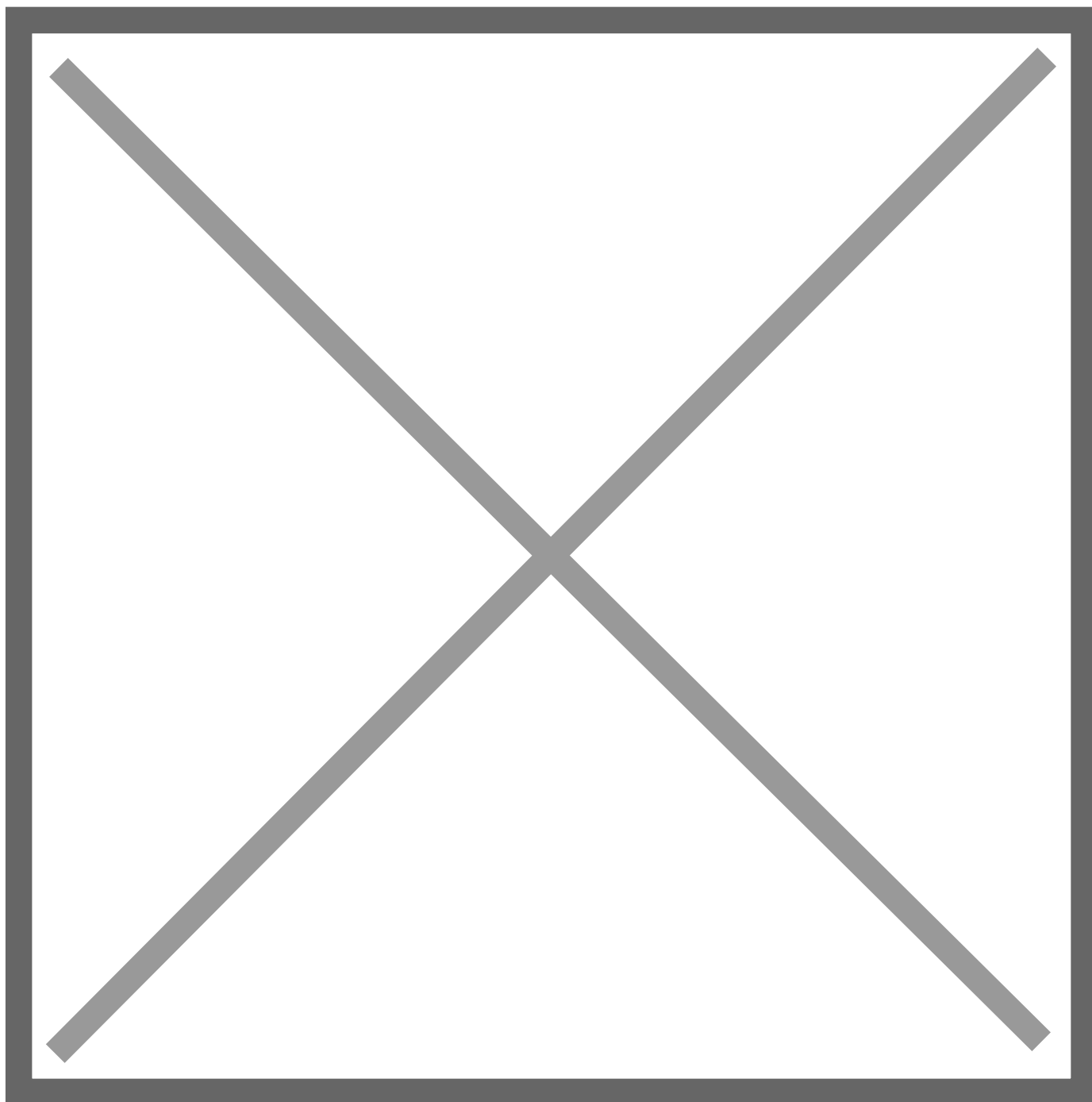
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/vietnam-232/>.

Riosca nÃ¡isiÃ³nta murtaill *6,5/10 This is a composite â obesity riskâ score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Riosca murtaill na hÃ³ige *4,5/11 This is a â risk scoreâ for each countryâ s likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Bunaithe ar shonraÃ measta. Le haghaidh tuilleadh eolais, fÃ©ach FoilseachÃin

LeitheadÁlacht murtaill

PÁistÁ, 2020-2021



CineÁl an
tsuirbhÁ:

Tomhaiste

Aois:

7-11

SamplamhÁid:

1584

Ceantar
CIÁºdaithe:

NÃjisiÃªnta

TagairtÃ:

Tran, N.T., Tran, V.K., Tran, D.T., Tran, T., Nguyen, S.D., Nguyen, H.T., Nguyen, T.S., Thanh, V., Thi, P., Dang, H.T., Le, H.A. and Khouw, I. (2024). Triple burden of malnutrition among Vietnamese 0-5-11-year-old children in 2020-2021: results of SEANUTS II Vietnam. Public Health Nutrition, [online] pp.1-37. doi: <https://doi.org/10.1017/s1368980024001186> [Accessed 08.07.25]

SainmhÃnithe
(ar fÃjil i
mBÃ©arla
amhÃjin):

Overweight: BMI-for-age z-scores >1 to ≤2 sd. Obesity: BMI-for-age z-scores >2 sd

Cutoffs:

WHO

Rómheáchán/murtall de réir aoise

PÃ¡istÃ, 2018



**CineÃ¡l an
tsuirbhÃ©:**

Tomhaiste

SamplamhÃ©id:

2788

**Ceantar
CIÃ©daithe:**

NÃ¡isiÃ©nta

Tagairt:	Phan, H.D., Nguyen, T.N.P., Bui, P.L., Pham, T.T., Doan, T.V., Nguyen, D.T. and Van Minh, H., 2020. Overweight and obesity among Vietnamese school-aged children: National prevalence estimates based on the World Health Organization and International Obesity Task Force definition. PloS one, 15(10), p.e0240459.
Nótaí:	WHO cut-offs available in the study.
Cutoffs:	IOTF

Rómheáchán/murtall de réir réigiúin

PÃ¡istÃ¡, 2020



CineÃ¡il an
tsuirbhÃ¡:

Tomhaiste

Aois:

5-9

SamplamhÃ¡id:

2277

Ceantar
CIÁºdaithe:

NÃjisiÃªnta

TagairtÃ:

Tan, P.Y., Som, S.V., Nguyen, S.D., Tan, X., Tran, D.T., Tran, N.T., Tran, V.K., Dye, L., Moore, J.B., Caton, S. and Ensaff, H., 2024. Demographic variation and socioeconomic inequalities associated with the triple burden of malnutrition in Vietnamese children aged 6 months to 9 years old: Findings from the Vietnamese General Nutrition Survey 2020. medRxiv, pp.2024-03.

Nótaí:

Article is preprint.

Cutoffs:

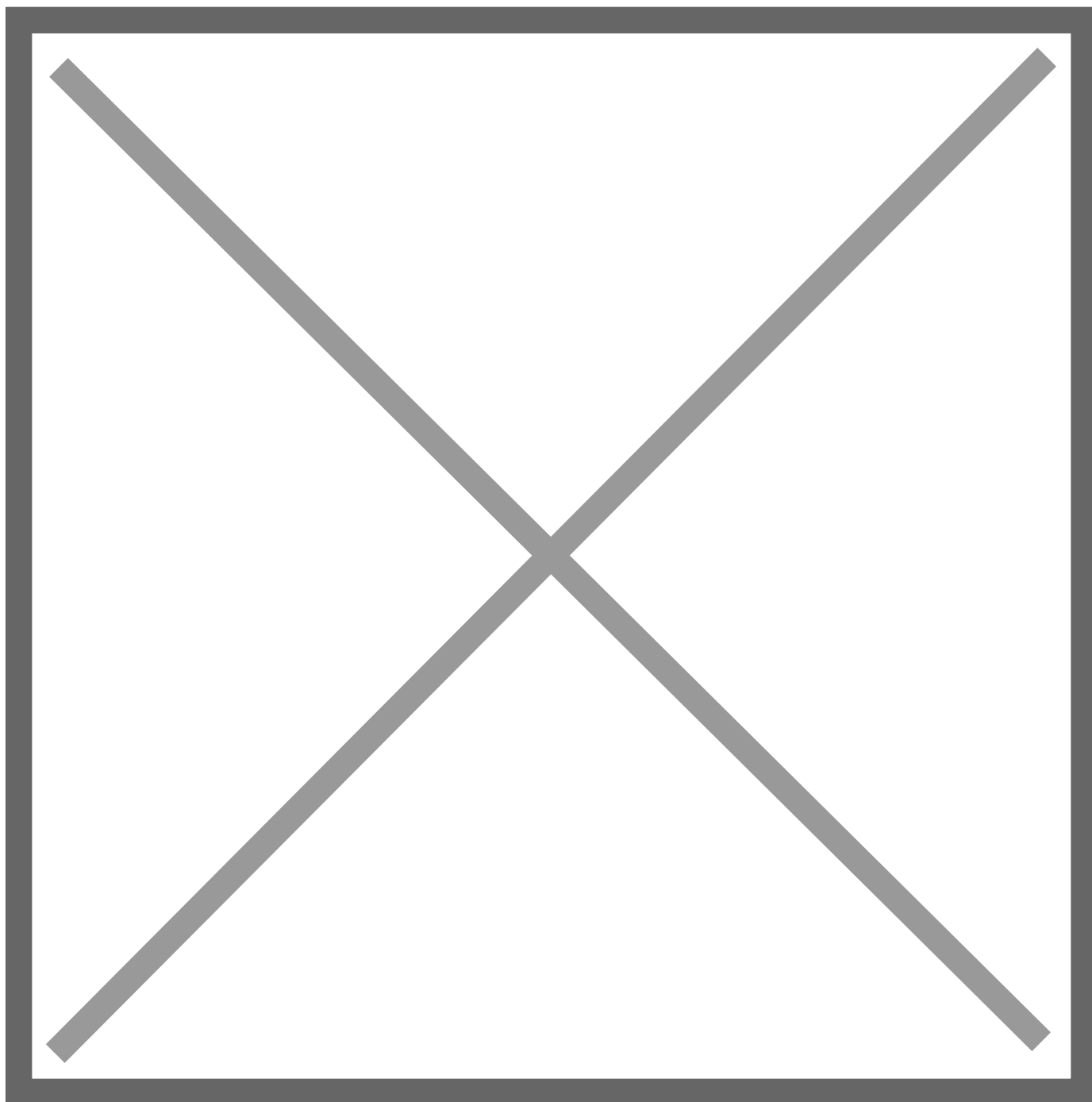
WHO

Rómheáchán/murtall de réir eitneachta

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Double burden of underweight & overweight

PÃ¡istÃ¡, 2022



CineÃ¡l an tsuirbhÃ¡:

Tomhaiste

Aois:

5-19

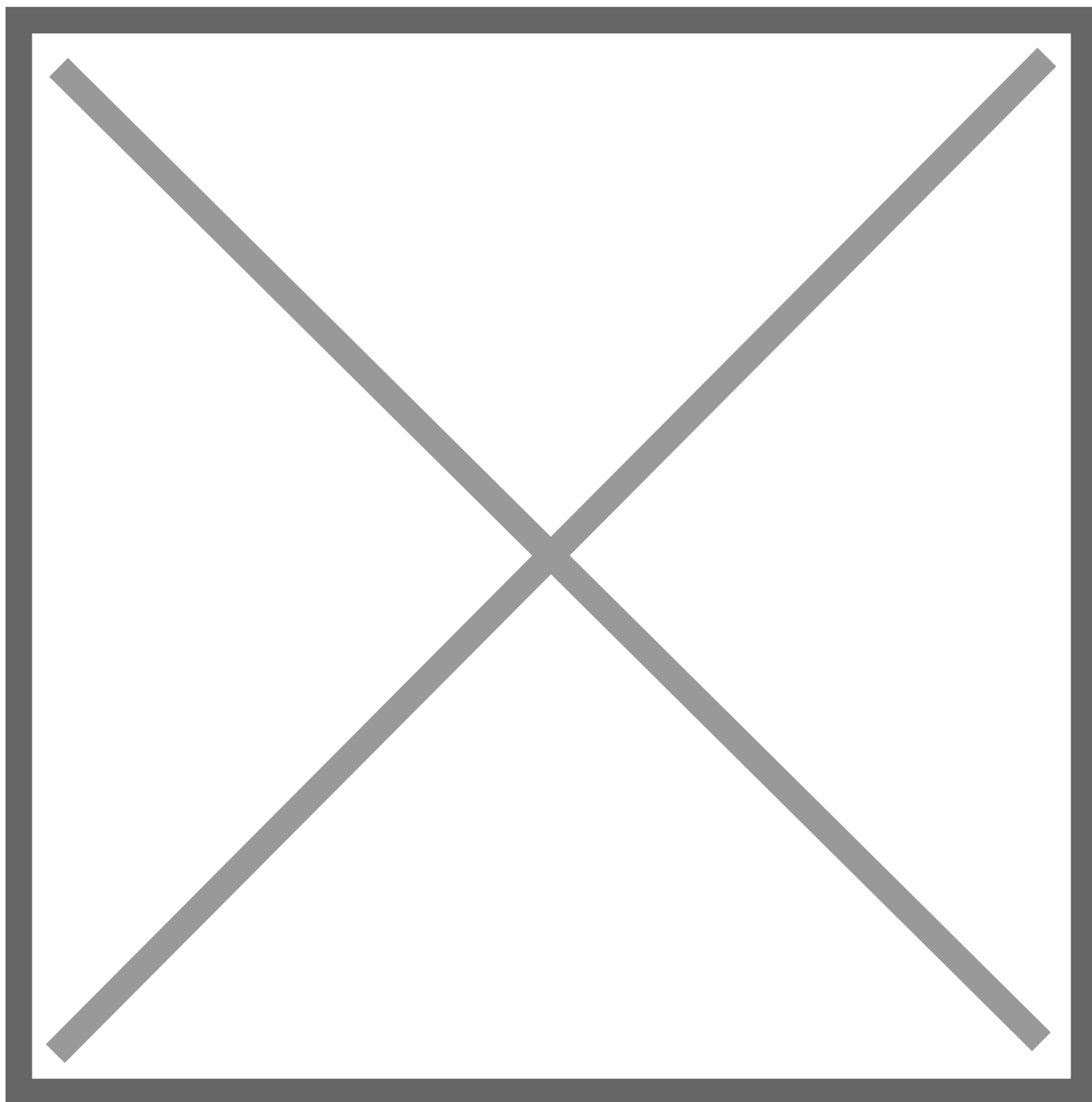
TagairtÃ¡:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Nótaí:	Age standardised estimates
Sainmháinthe (ar fáil i mBáarla amháin):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Gníomhaíocht choirp neamhimleor

PÁistÁ, 2016



CineÁl an
tsuirbhÁ©:

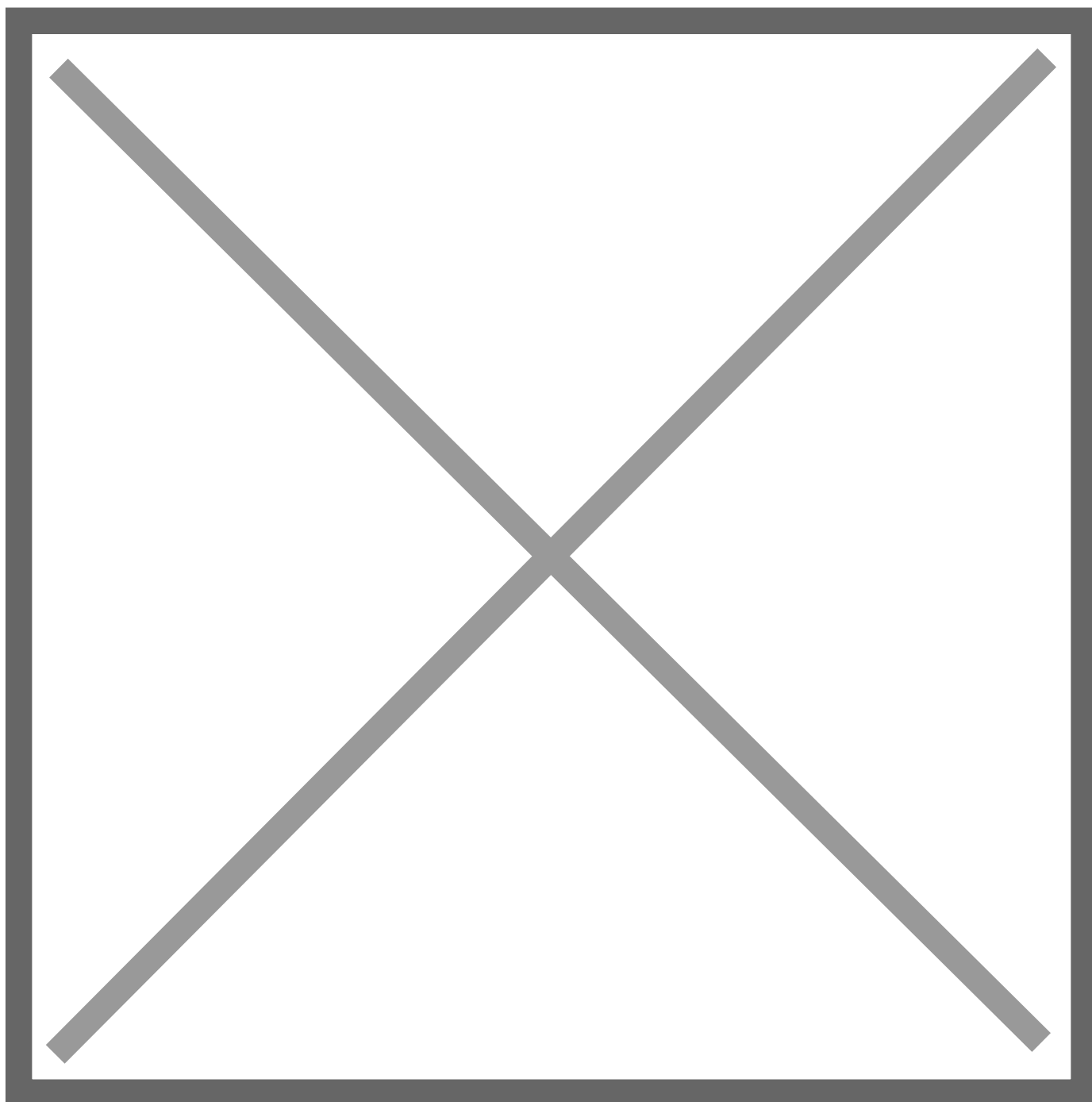
Féintuairiscithe

Aois:

11-17

Tagairt:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Nótaí:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Sainmháinthe (ar fáil i mBáirla amháin):	% Adolescents insufficiently active (age standardised estimate)

BuachaillÃ, 2016



CineÃjl an tsuirbhÃ©:

Féintuairiscithe

Aois:

11-17

TagairtÃ:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

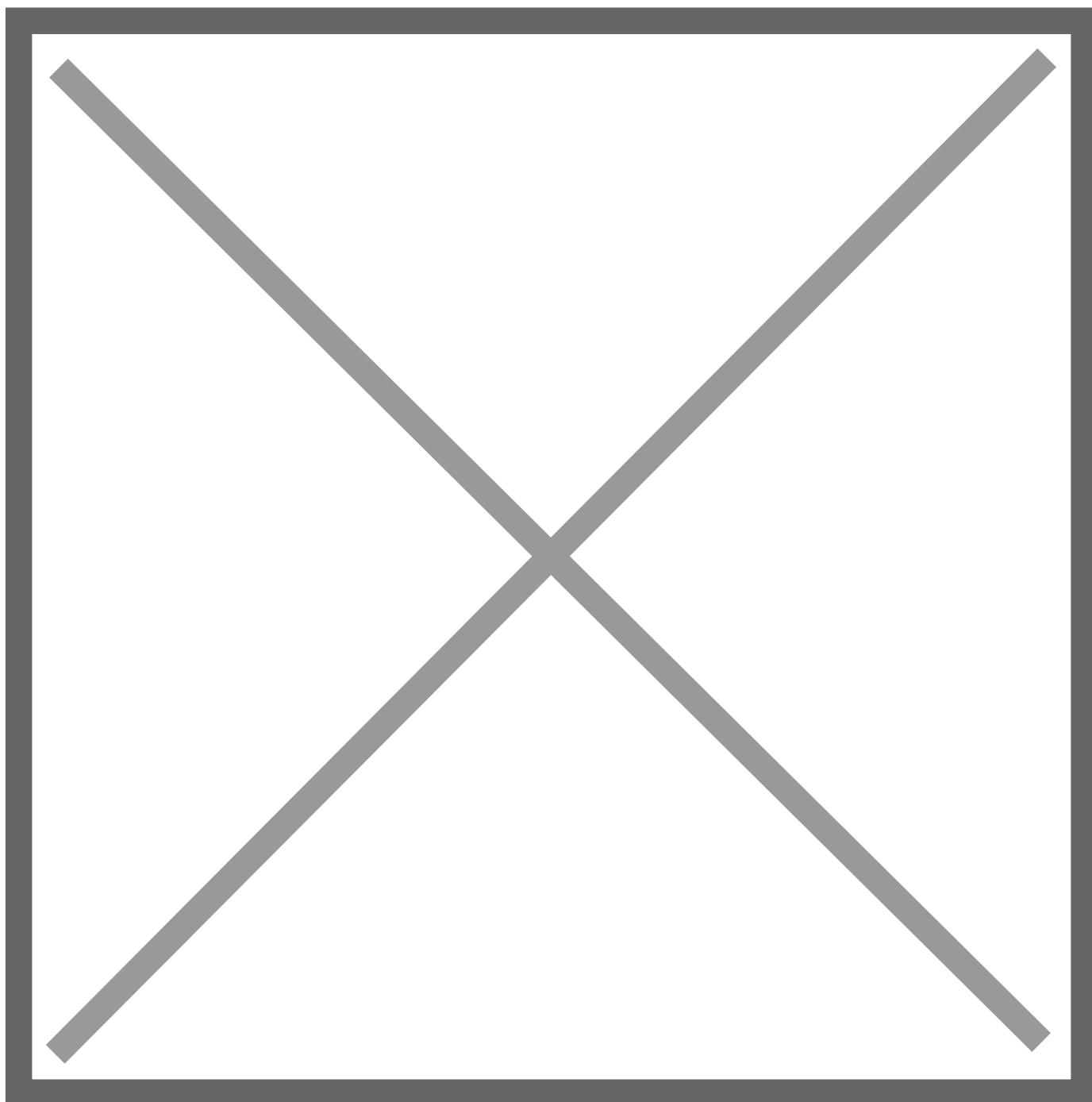
Nótaí:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

% Adolescents insufficiently active (age standardised estimate)

CailÃnÃ, 2016



**CineÃjl an
tsuirbhÃ©:**

Féintuairiscithe

Aois:

11-17

TagairtÃ:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

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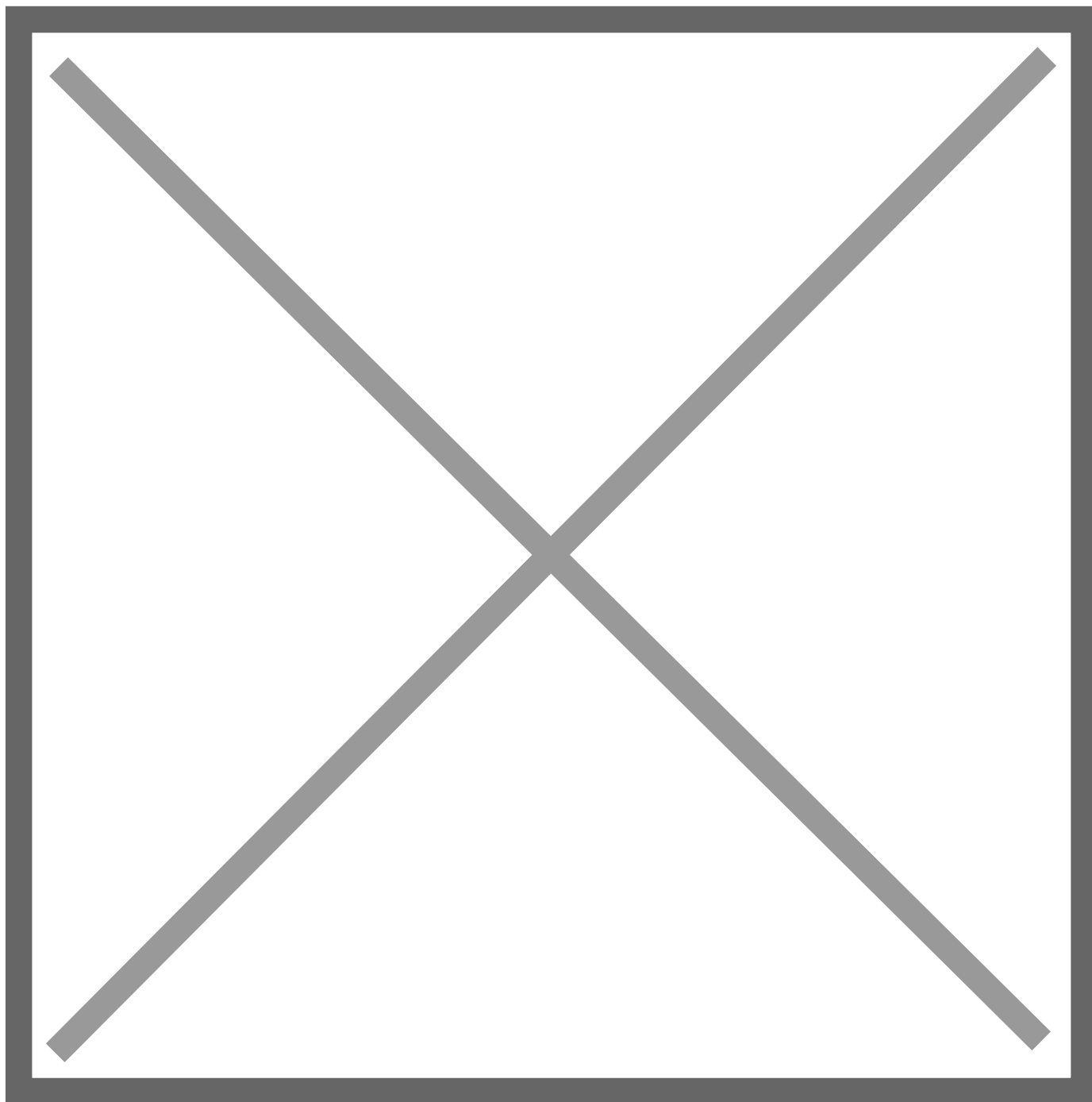
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

% Adolescents insufficiently active (age standardised estimate)

MeáinmhinicAocht laethAil A³Ita na ndeochanna boga carbA³nA³itithe

P³A³istA, 2010-2015



CineA³l an tsuirbhA³:

Tomhaiste

Aois:

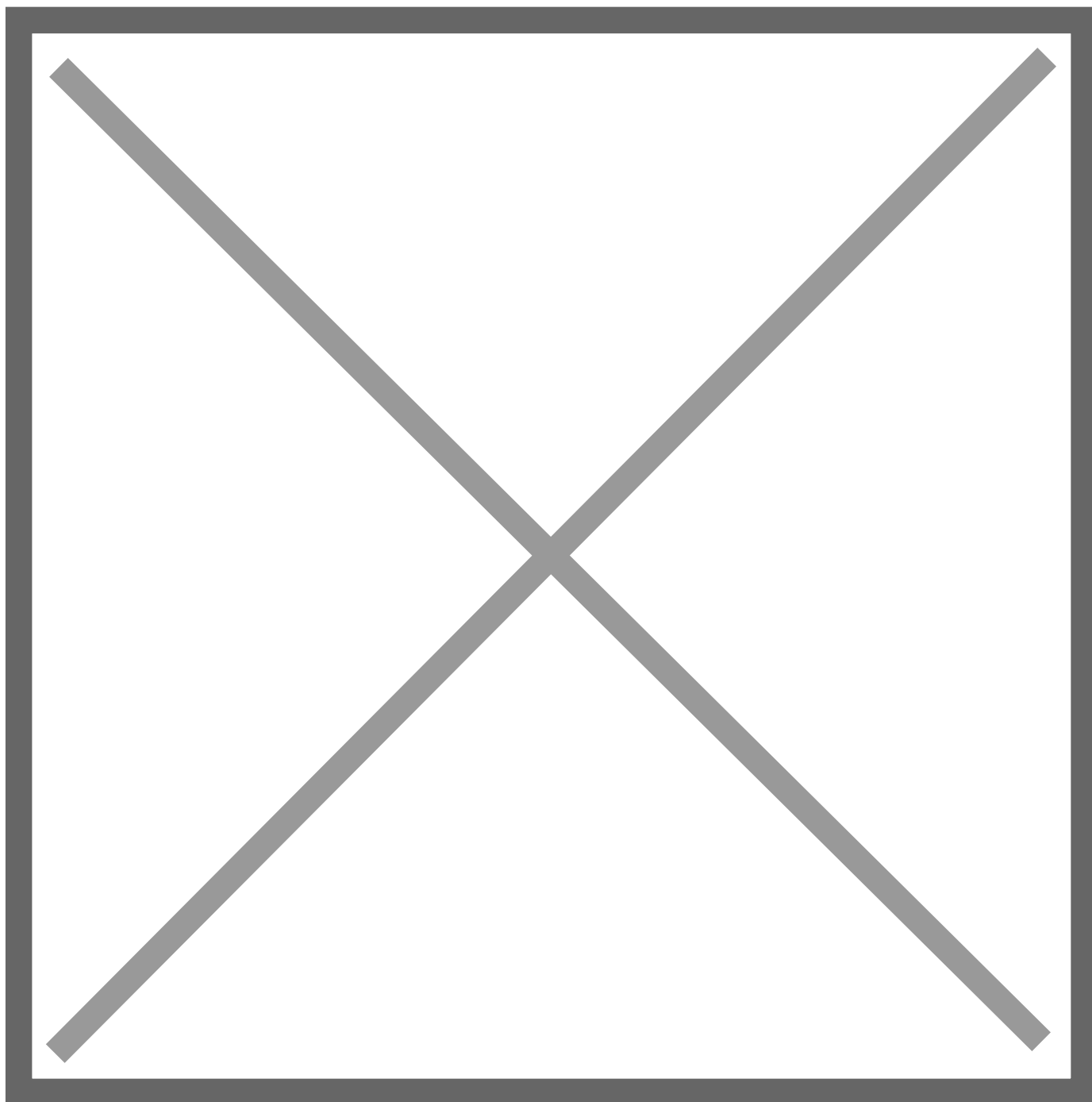
12-17

Tagairt:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

LeitheadÁlacht nÁos lÁº nÁ; ithe laethÁºil torthaÁ

PÁ;istÁ, 2010-2015



CineÁl an
tsuirbhÁ:

Tomhaiste

Aois:

12-17

Tagairt:

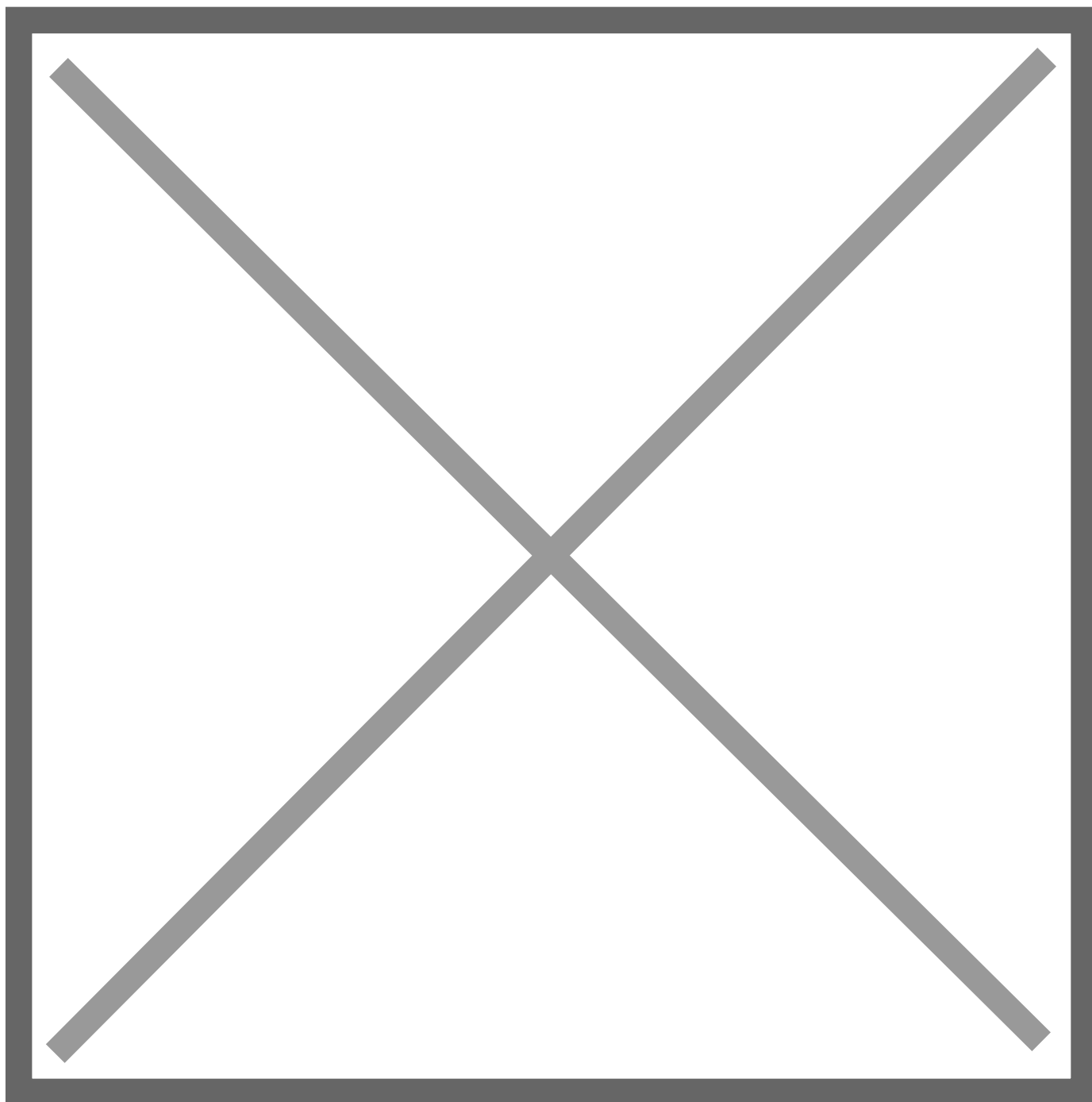
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**SainmhÁnithe
(ar fÁil i
mBÁarla
amhÁin):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

LeitheadÁlacht nÁos lÁº nÁ; ithe laethÁºil glasraÁ

PÁ;istÁ, 2010-2015



CineÁil an tsuirbhÁº:

Tomhaiste

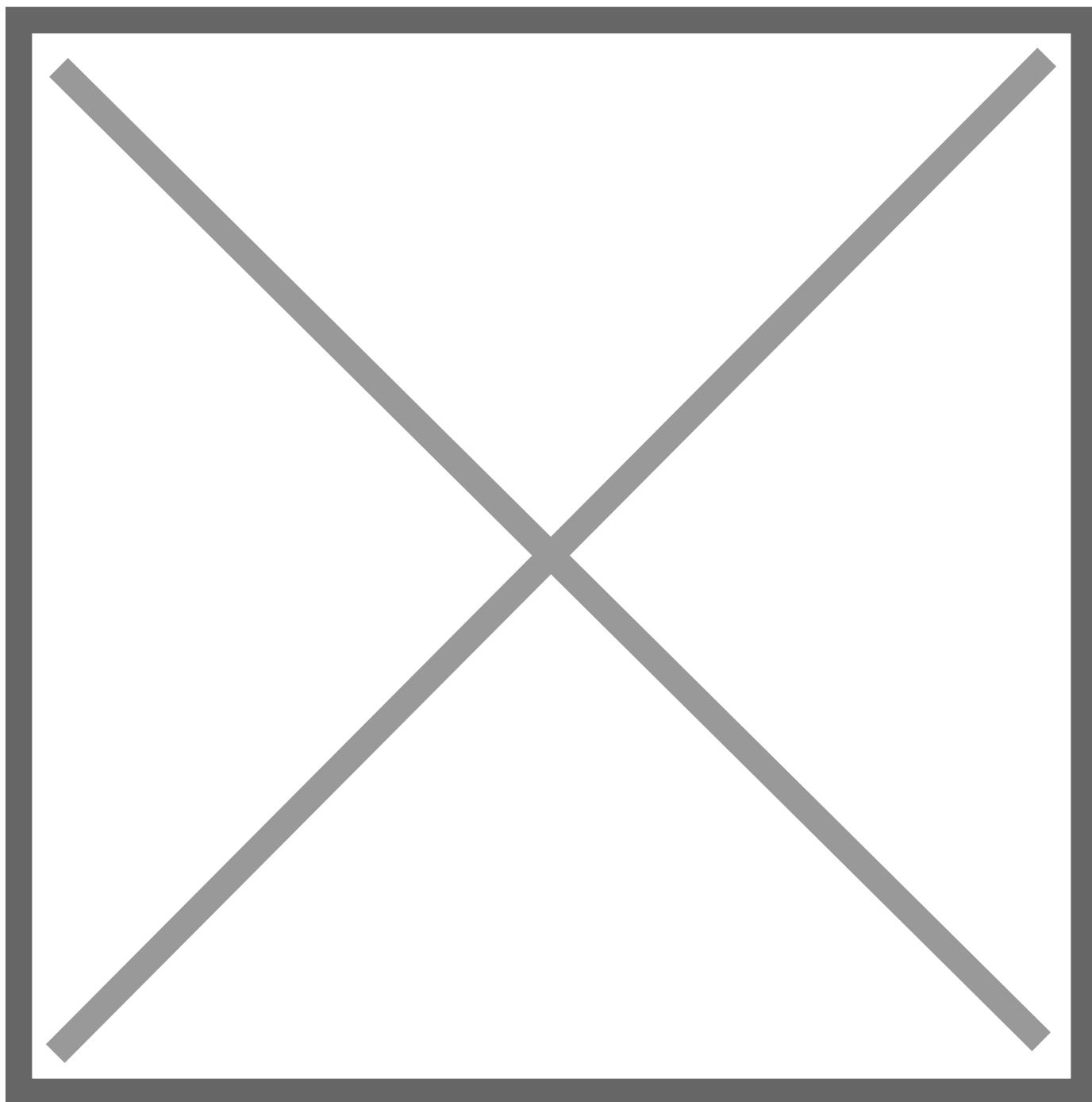
Aois:

12-17

Tagairt: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Sainmháinthe (ar fáil i mBáirla amháin): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Meãnmhínicãocht sheachtainiãºil ithe an mhearbhia Pãjistã, 2010-2015

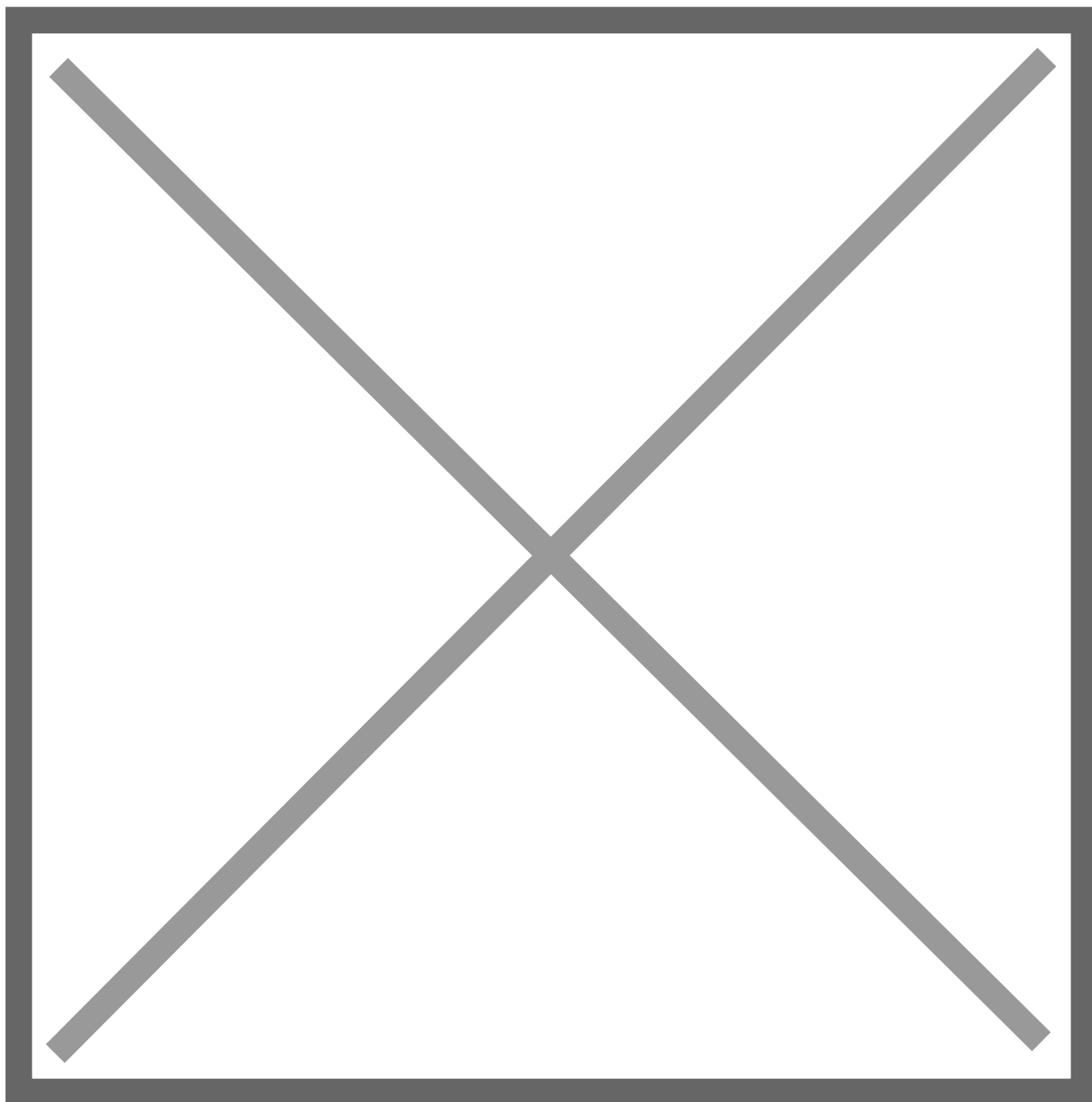


Aois: 12-17

Tagairtã: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Meabhairshláinte - neamhoird dAilagar

PáistA, 2021



Ceantar
Cláidithe:

NáisiAnta

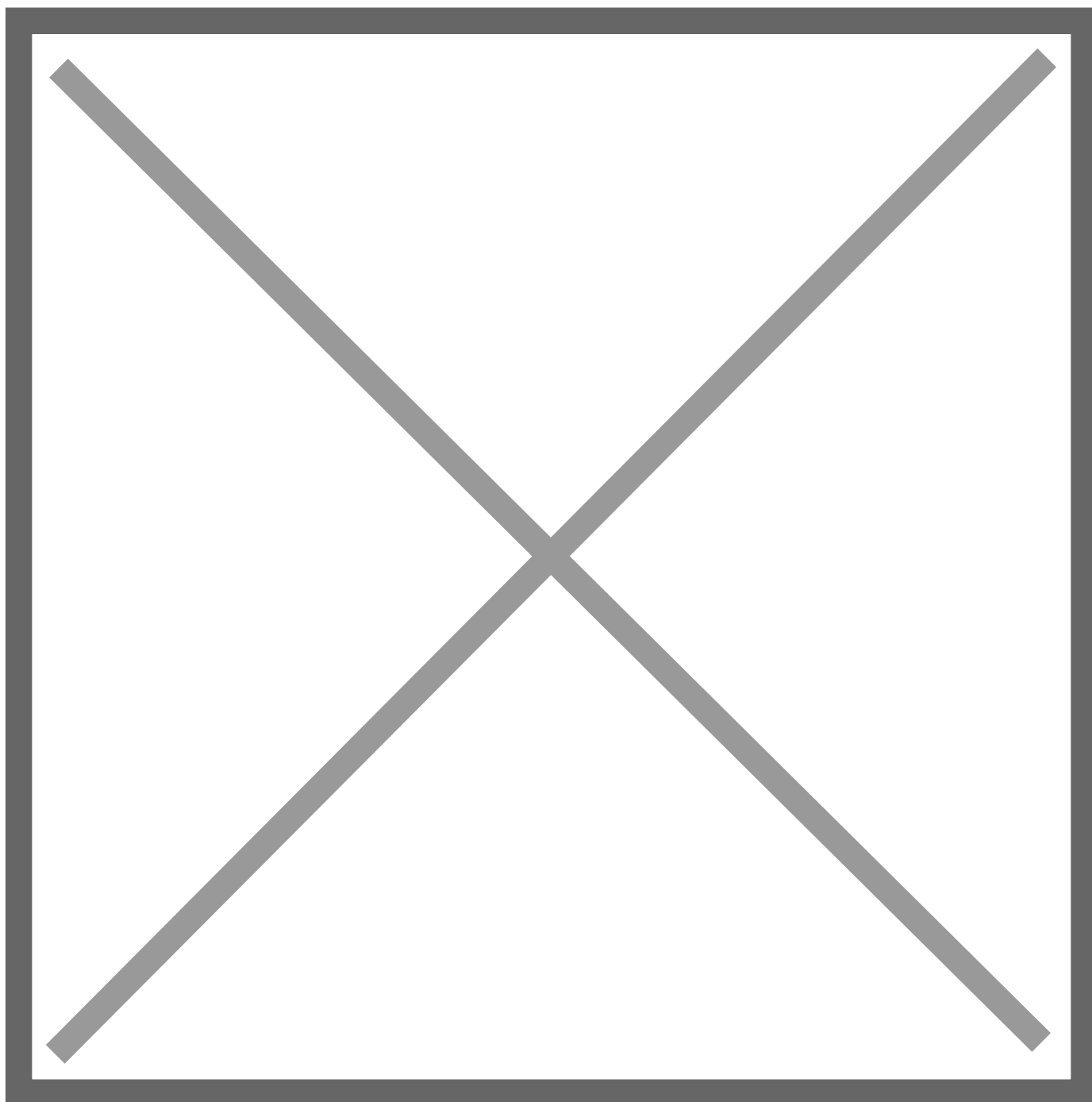
TagairtA:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

BuachaillÃ, 2021



**Ceantar
CIÃºdaithe:**

NÃ¡isiÃºnta

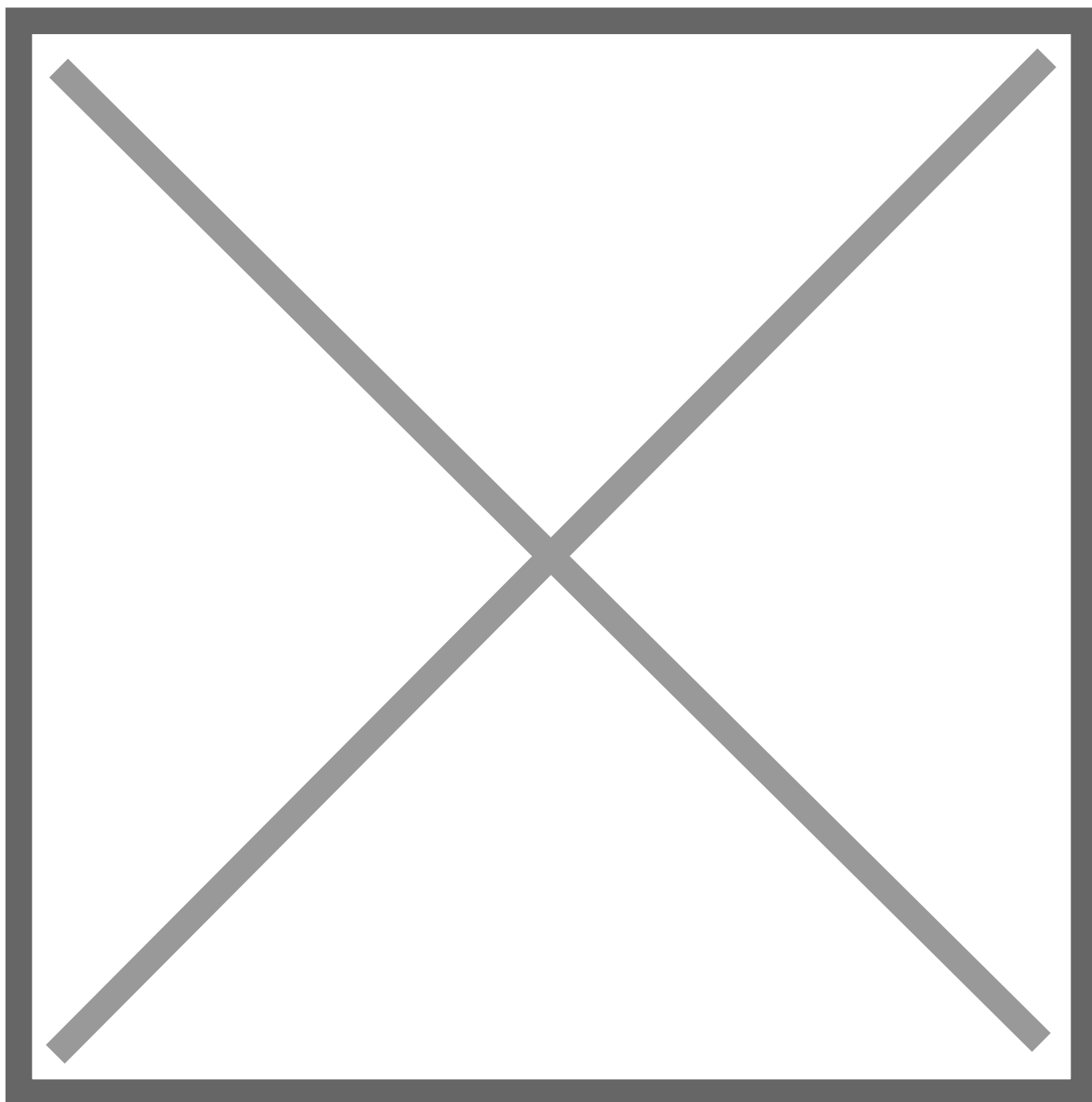
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mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

CailĂnĂ, 2021



Ceantar
CIĂºdaithe:

NĂisiĂºnta

TagairtĂ:

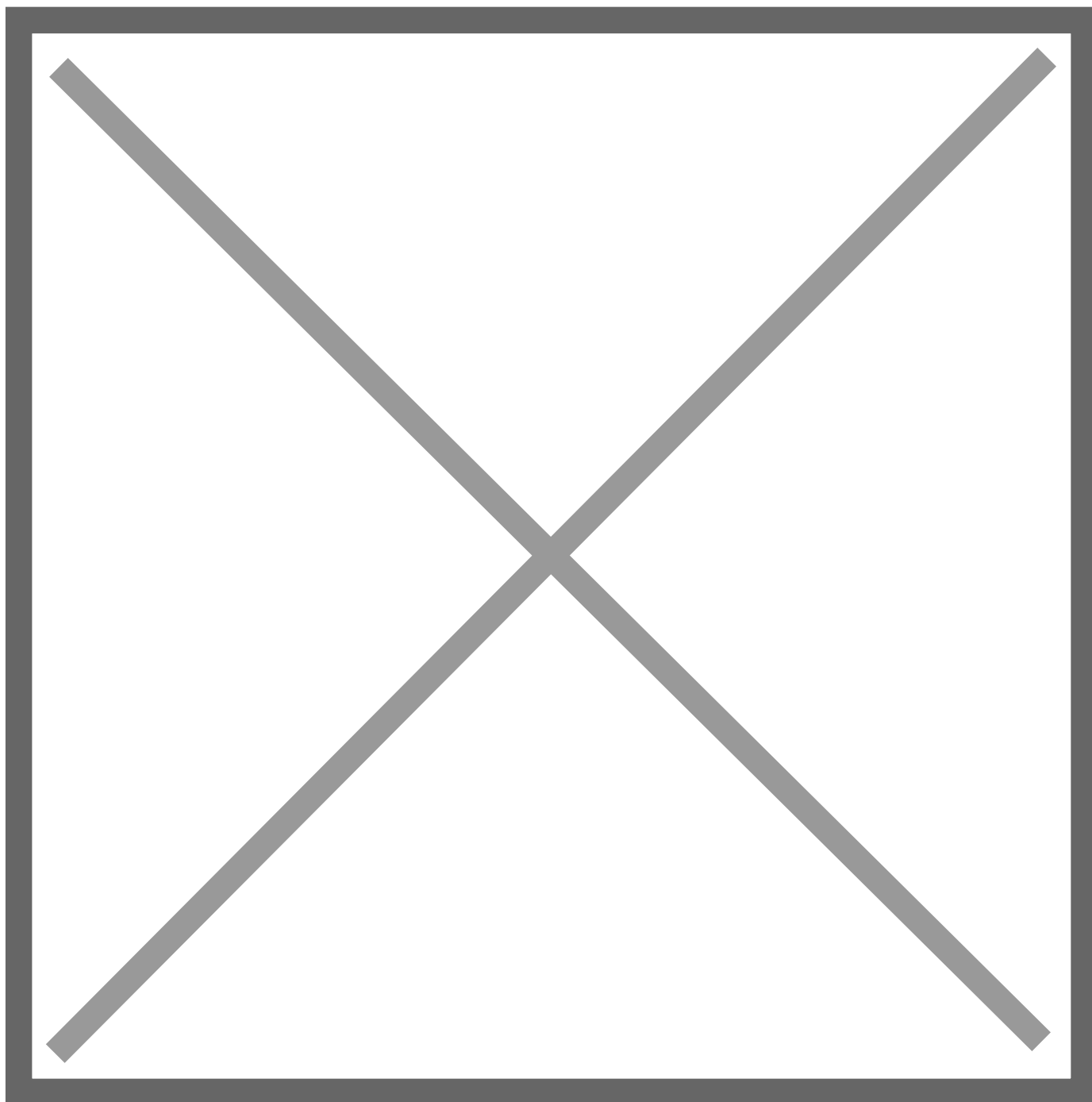
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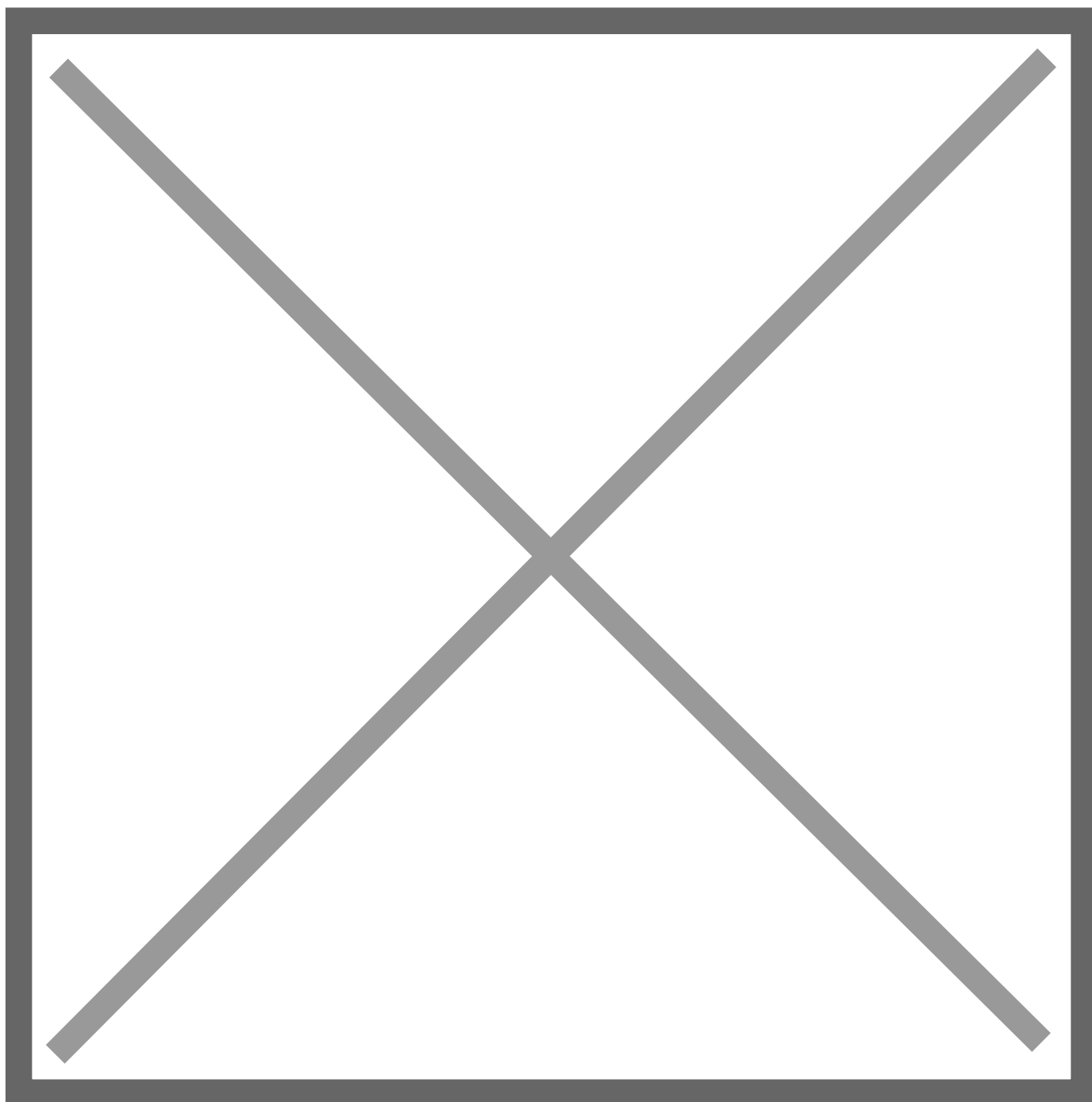
Meabhairshláinte - neamhoird imná

Páist, 2021

**Tagairt:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

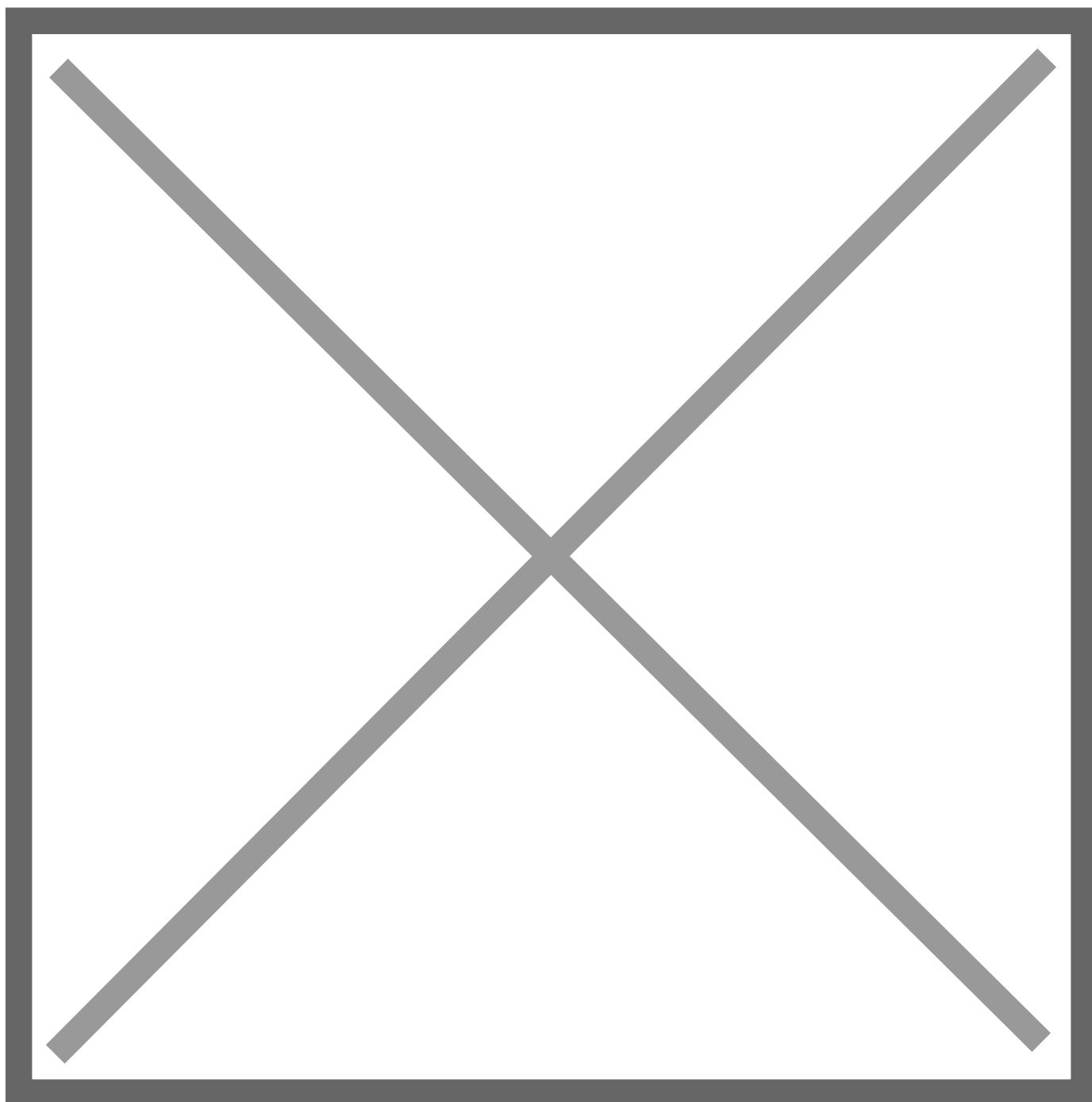
BuachaillÃ, 2021



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CailÃnÃ, 2021



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