

# Venezuela



## Policies, Interventions and Actions

### Resolution to Regulate the Labeling of Manufactured Foods High in Sugar, Saturated and Trans Fats

The resolution outlines the guidelines that will dictate the labelling of foods from 2022 onwards. The front of package labelling will provide information about the sugar, saturated fat, and trans fat content of manufactured foods using the warning label by staggered dates. From 2022, there will be octagonal warning labels for sodium and for from 2026 labels for sugar, saturated fats and trans fats will be added.

Categories:	Labelling Regulation/Guidelines
Year(s):	2022 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>

### Get informed, eat healthy (Agarra dato, come sano)

Launched in August 2014, 'Get informed, eat healthy' is a national campaign against overweight and obesity. The campaign has targets that include reducing the obesity prevalence, reducing the consumption of fat and sugars and increasing the consumption of vegetables and fruits.

Categories:	Non-national obesity strategies
Year(s):	2014 (ongoing)
Target age group:	Adults and children
Organisation:	National Institute of Nutrition
Find out more:	<a href="http://www.inn.gob.ve">www.inn.gob.ve</a>
References:	Information provided with kind permission of World Cancer Research Fund International from their NOURISHING framework <a href="http://www.wcrf.org/NOURISHING">www.wcrf.org/NOURISHING</a>

## COVENIN 2952-1:1997 - Directrices para la declaración de propiedades nutricionales y de salud en el rotulado de los alimentos envasados

Mandatory national labelling guidelines for packaged foods and drinks in place with a health claim. (Available only in Spanish language)

Categories:	Labelling Regulation/Guidelines
Year(s):	1997 (ongoing)
Target age group:	Adults and children
Organisation:	COVENIN
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/26086">https://extranet.who.int/nutrition/gina/en/node/26086</a> (last accessed 10.08.22)

## Dietary guidelines for Venezuela

Dietary guidelines for Venezuela

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	1991 (ongoing)
Target age group:	Adults and children
Organisation:	National Nutrition Institute
Linked document:	<a href="#">Download linked document</a>
References:	Food and Agriculture Organization of the United Nations. <a href="http://www.fao.org/nutrition/education/food-based-dietary-guidelines/regions/countries/venezuela/en/">http://www.fao.org/nutrition/education/food-based-dietary-guidelines/regions/countries/venezuela/en/</a> (last accessed 10 July 2020)

## Instituto Nacional de Nutricion

Investigate the problems related to nutrition and food in Venezuela, and stimulate, advise and contribute to nutritional research carried out by educational, healthcare, research, public or private institutions when it comes to applied research; Advises the National Executive in the formulation of the country's national nutrition and food policy; Plans and programs the activities corresponding to the food policy to be developed; Supervises the activities of all agencies that carry out nutrition and food programs for groups or communities Advises agencies that request it, in the organization of food service; Prepares the appropriate personnel that the Institute deems appropriate to carry out its programs properly; and contributes to the training of professional personnel in the field of nutrition, with National Universities and other educational and research institutions; maintains constant national and international dissemination of the programs it develops in coordination with the central information agency

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Year(s):	1949 (ongoing)
Target age group:	Adults and children
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/27165">https://extranet.who.int/nutrition/gina/en/node/27165</a> (last accessed 10.08.22)

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a>