



Vanuatu



Country report card - under-5s

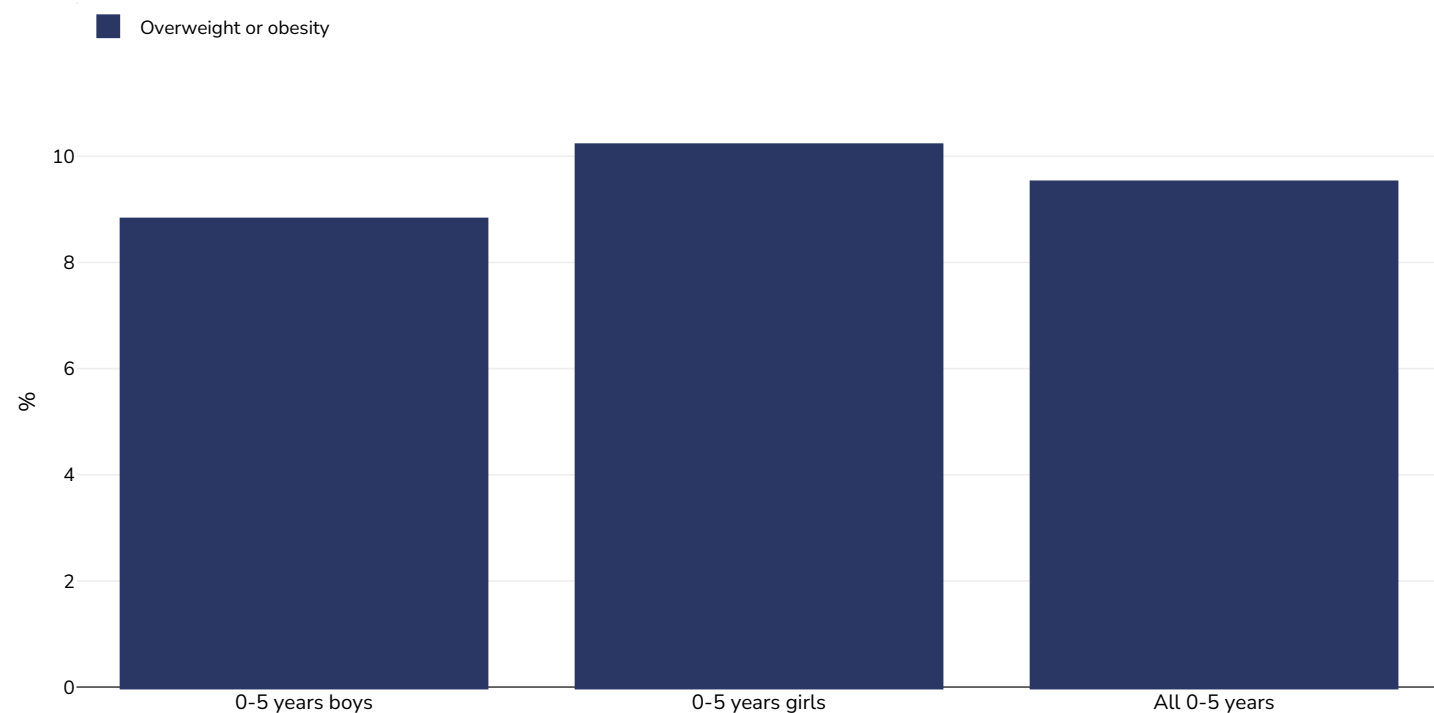
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/vanuatu-230/>.

Contents	Page
Obesity prevalence	3
Overweight/obesity by education	4
Overweight/obesity by region	5
Overweight/obesity by socio-economic group	6
Double burden of underweight & overweight	7
% Infants exclusively breastfed 0-5 months	8

Obesity prevalence

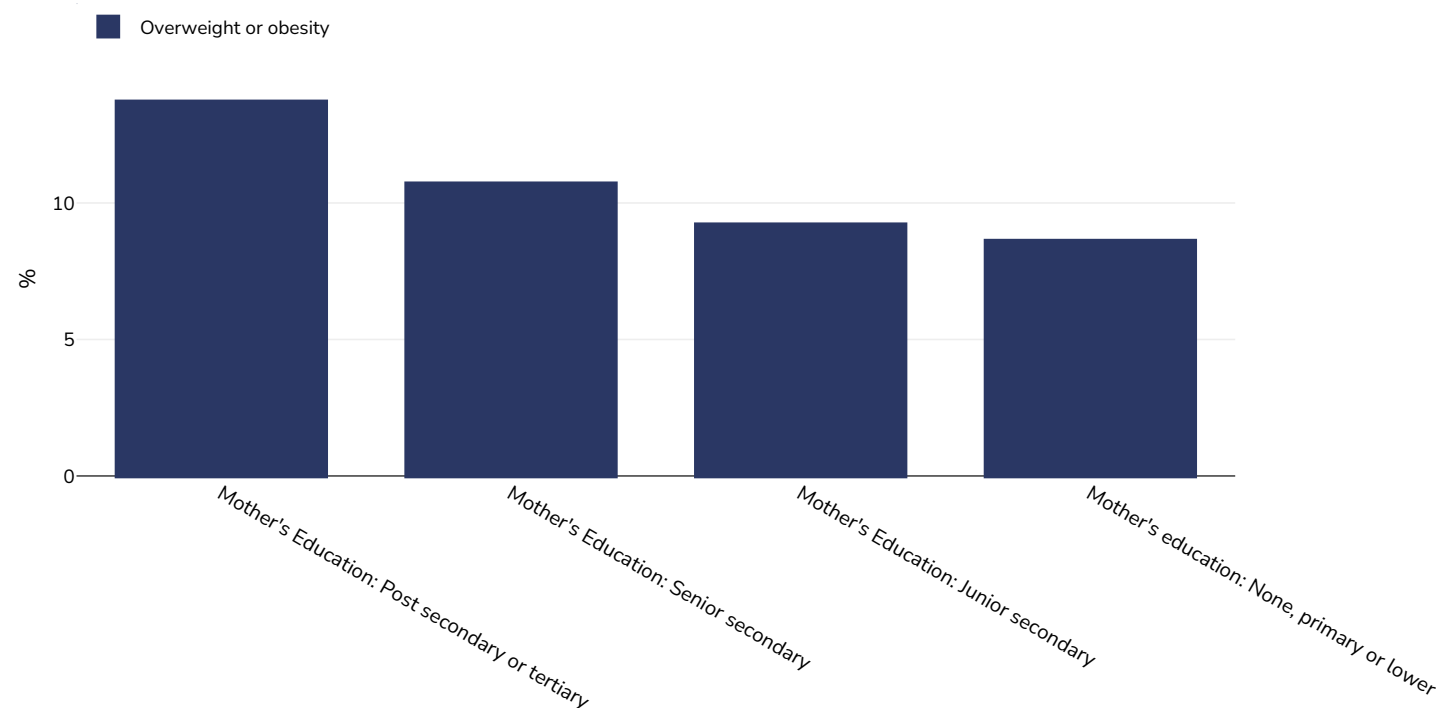
0-5 years, 2023



Survey type:	Measured
Age:	0-5
Sample size:	1758
Area covered:	National
References:	Vanuatu Bureau of Statistics. 2024. Vanuatu Multiple Indicator Cluster Survey 2023, Survey Findings Report. Port Vila, Vanuatu: Vanuatu Bureau of Statistics.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by education

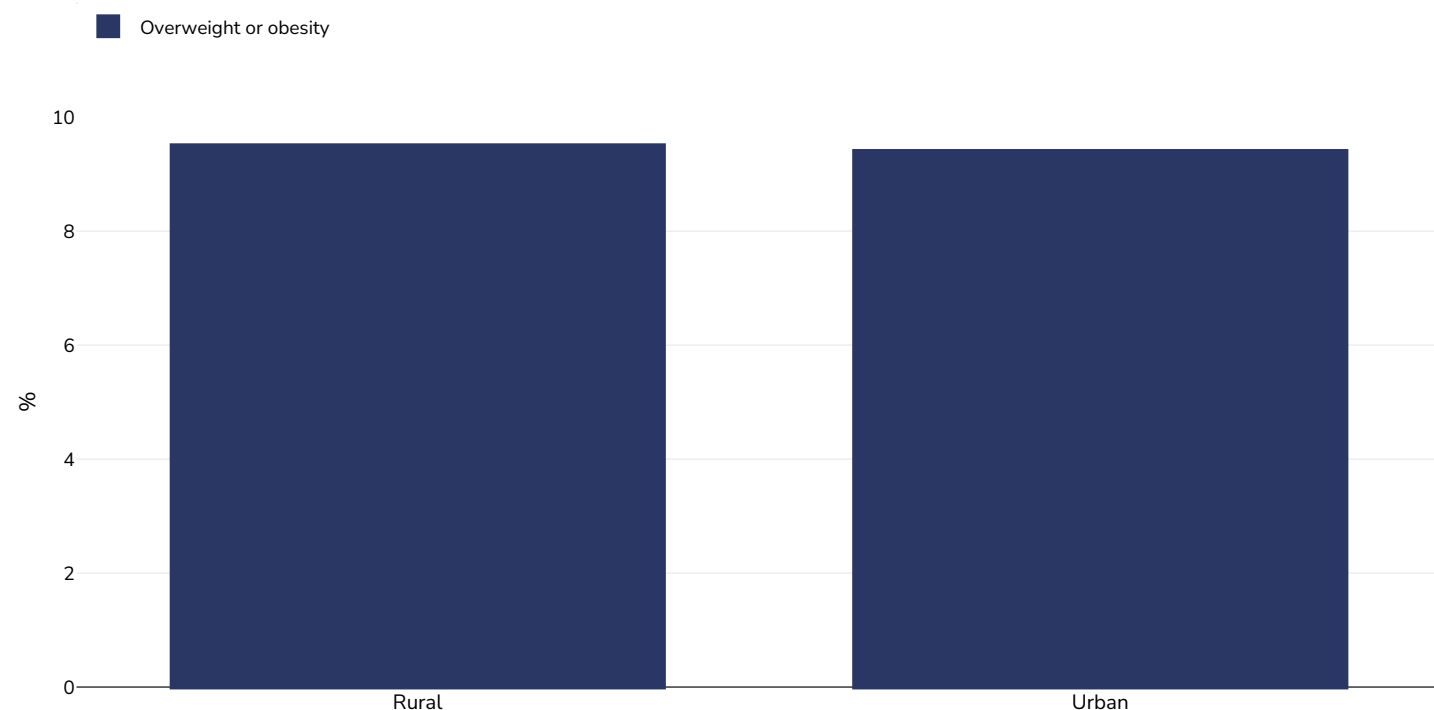
0-5 years, 2023



Survey type:	Measured
Sample size:	1758
Area covered:	National
References:	Vanuatu Bureau of Statistics. 2024. Vanuatu Multiple Indicator Cluster Survey 2023, Survey Findings Report. Port Vila, Vanuatu: Vanuatu Bureau of Statistics.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by region

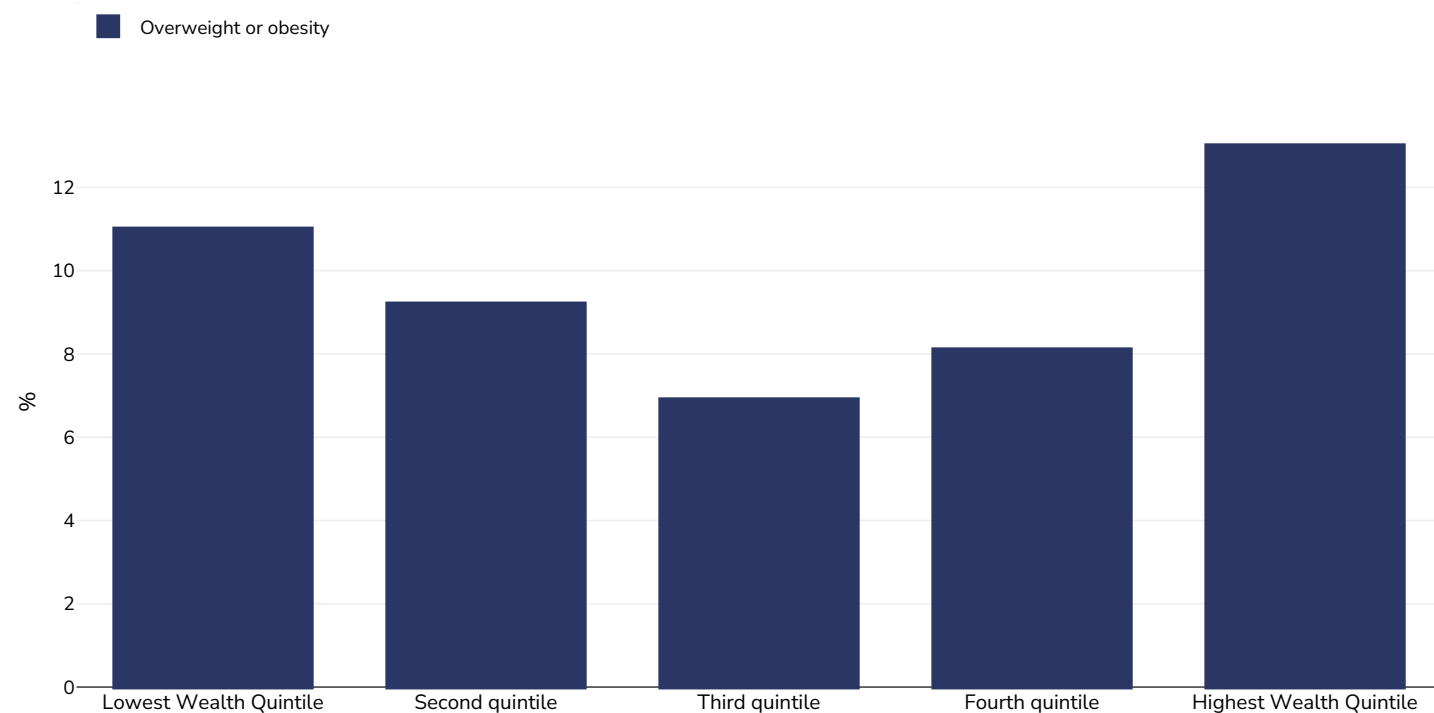
0-5 years, 2023



Survey type:	Measured
Sample size:	1758
Area covered:	National
References:	Vanuatu Bureau of Statistics. 2024. Vanuatu Multiple Indicator Cluster Survey 2023, Survey Findings Report. Port Vila, Vanuatu: Vanuatu Bureau of Statistics.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by socio-economic group

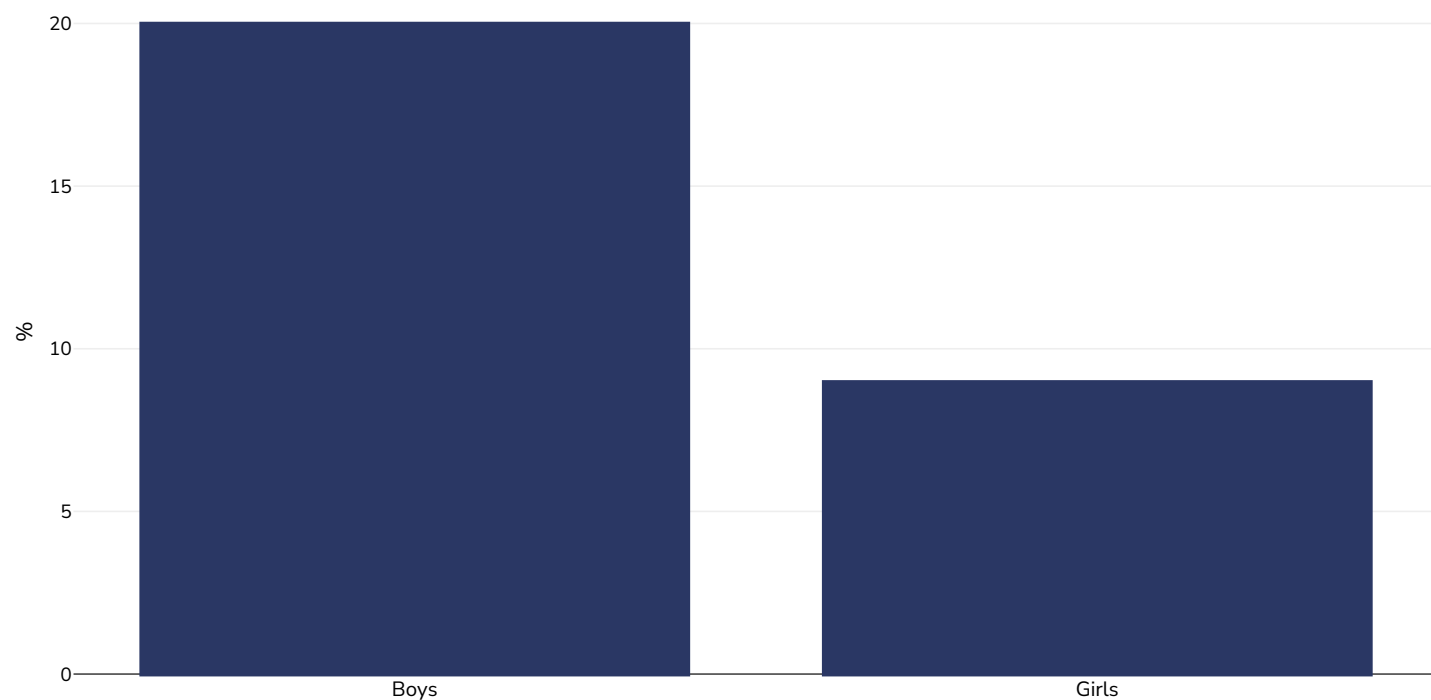
0-5 years, 2023



Survey type:	Measured
Sample size:	1758
Area covered:	National
References:	Vanuatu Bureau of Statistics. 2024. Vanuatu Multiple Indicator Cluster Survey 2023, Survey Findings Report. Port Vila, Vanuatu: Vanuatu Bureau of Statistics.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Double burden of underweight & overweight

0-5 years, 2013-2013



Survey type: Measured

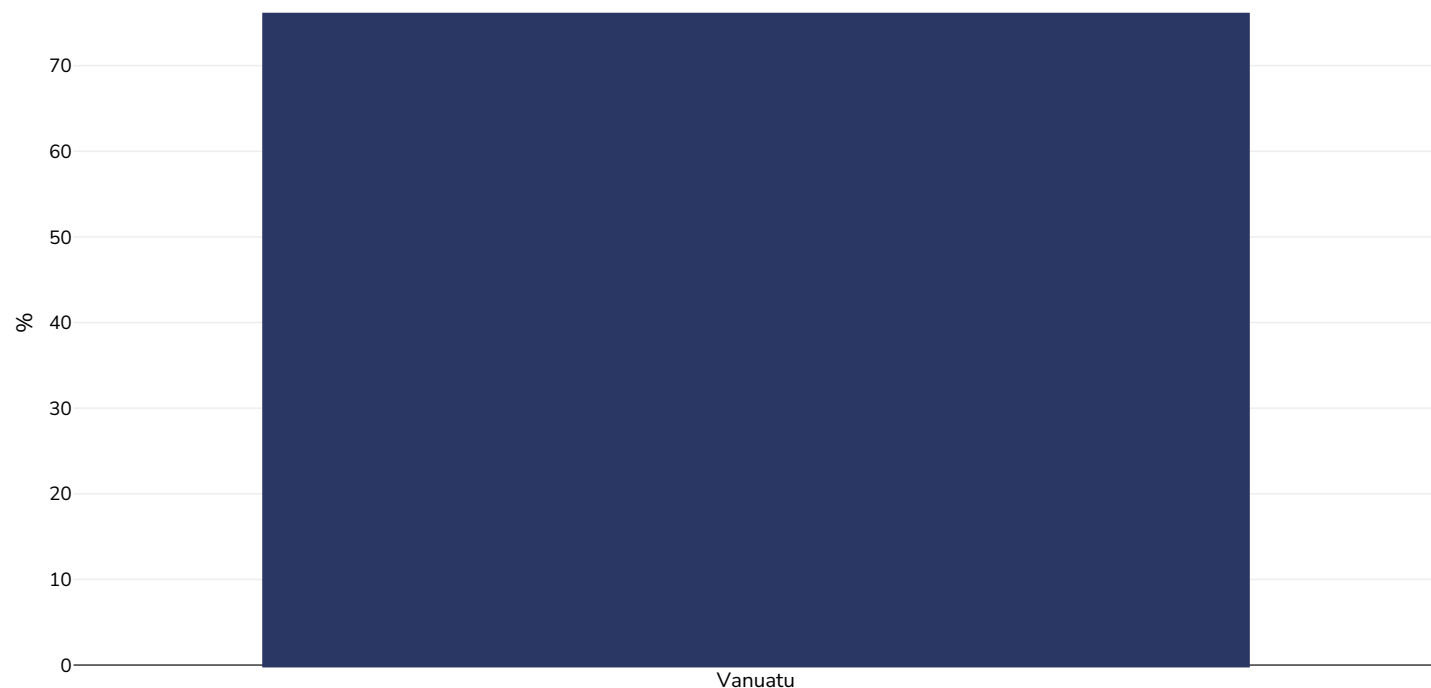
Age: 0-5

References: UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Notes: Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% Infants exclusively breastfed 0-5 months

0-5 years, 2007-2023



References:

Vanuatu Multiple Indicator Cluster Survey 2023

Notes: Full details are available. Original citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2024).
Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, December 2024.

PDF created on June 17, 2025