



Uzbekistan



Country report card - under-5s

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

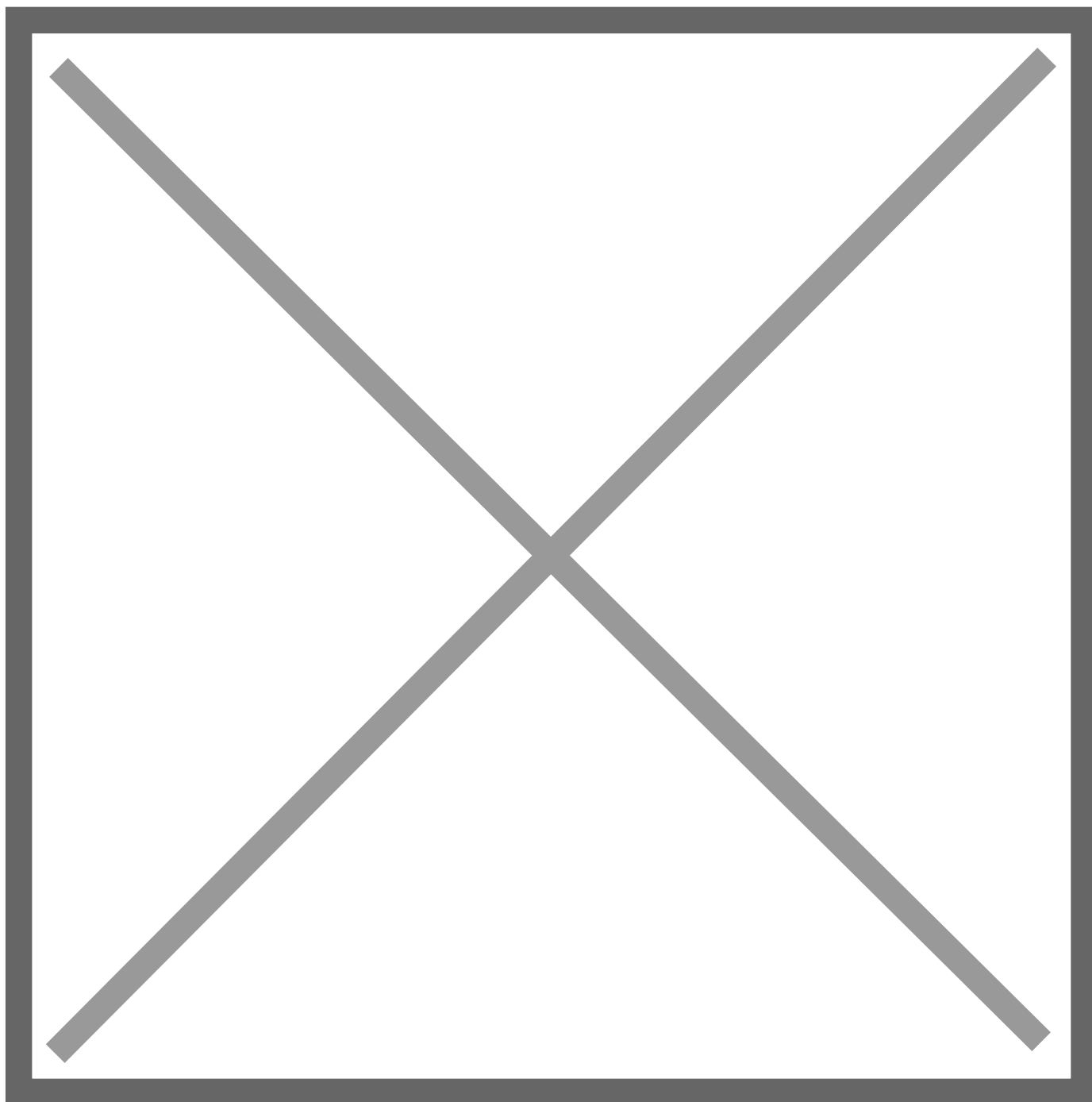
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/uzbekistan-229/>.

Riscul național de obezitate *7/10 This is a composite 'obesity risk' score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Risc de obezitate infantilă *4,5/11 This is a 'risk score' for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Pe baza datelor estimate. Pentru mai multe informații, consultați Publicații

Prevalența obezității

0-5 years, 2021-2022



Tip de studiu:	Măsurat
Vârstă:	0-5
Zona acoperită:	Național

Bibliografie: State Committee of the Republic of Uzbekistan on Statistics and United Nations Childrens Fund (UNICEF). 2022. 2021-2022 Uzbekistan Multiple Indicator Cluster Survey, Survey Findings Report. Republic of Uzbekistan, Tashkent: State Committee of the Republic of Uzbekistan on Statistics and United Nations Childrens Fund (UNICEF)

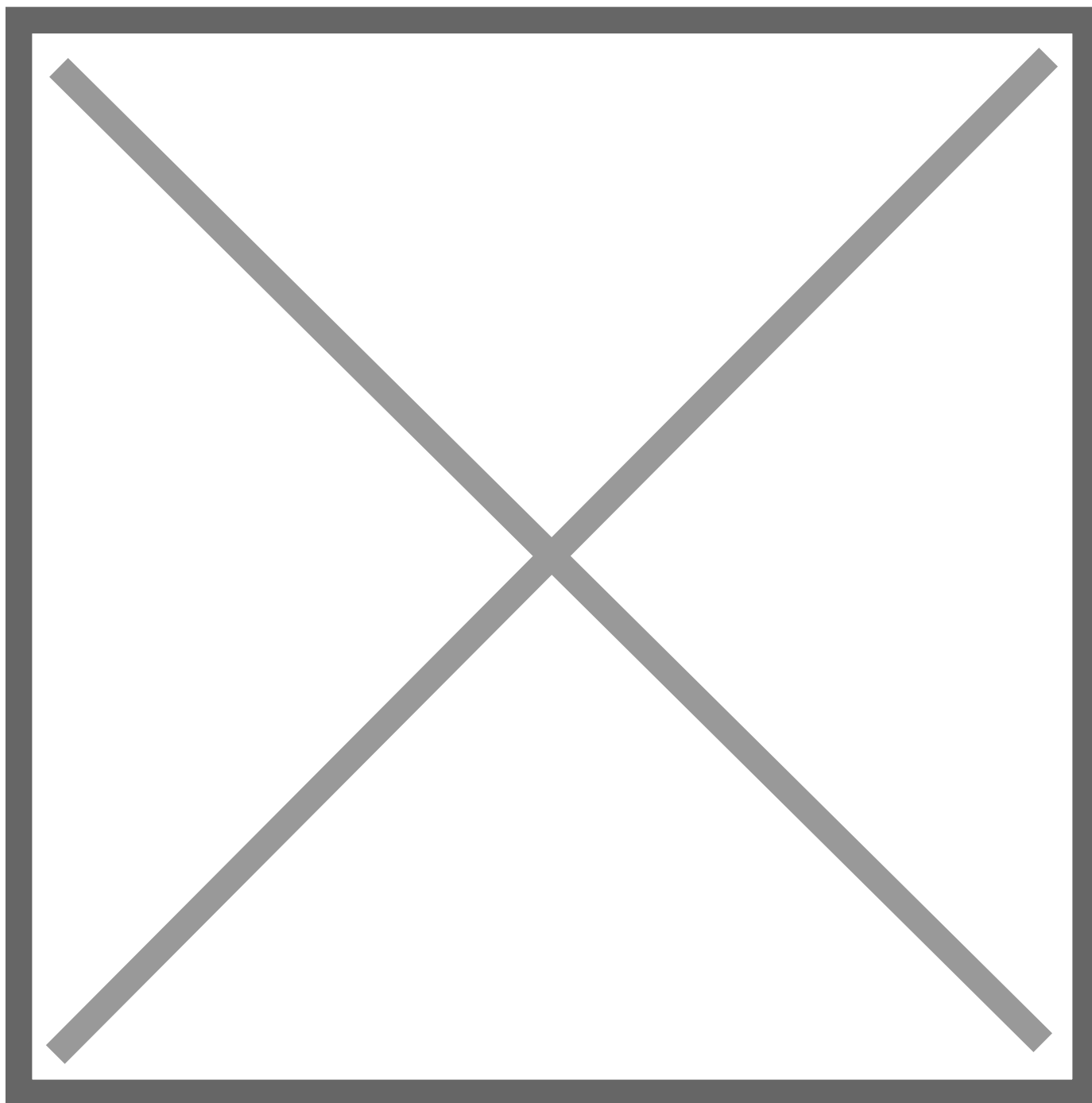
Note (disponibile numai în limba engleză): Infants

Definiții (disponibile numai în limba engleză): Weight for height

Cutoffs: WHO

Exces de greutate/obezitate în funcție de regiune

0-5 years, 2021



**Dimensiunea
eșantionului:**

5556

Bibliografie:

MICS: Uzbekistan multiple indicator cluster survey 2021-22

**Note
(disponibile
numai în
limba
engleză):**

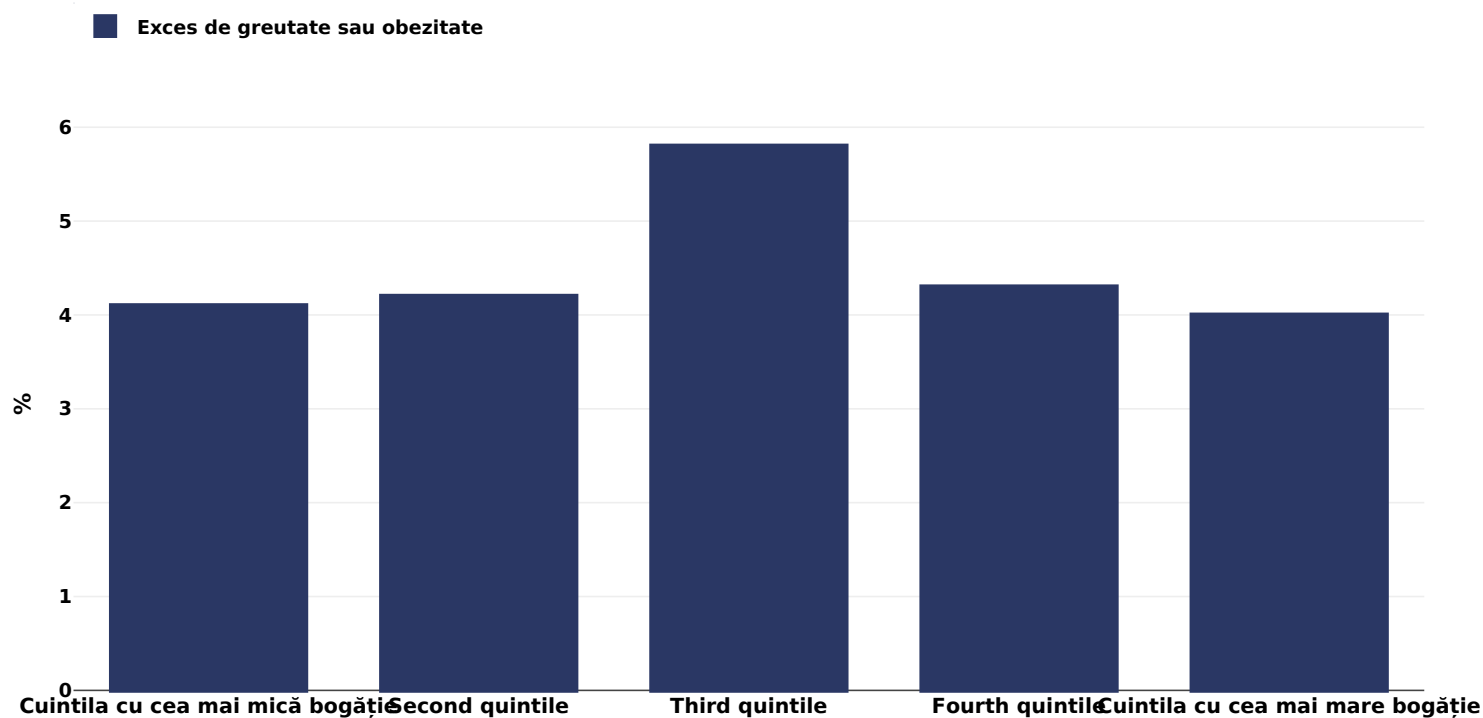
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definiții
(disponibile
numai în
limba
engleză):**

=>+2SD

Exces de greutate/obezitate în funcție de grupul socio-economic

0-5 years, 2021



Dimensiunea
eșantionului:

5556

Bibliografie:

MICS: Uzbekistan multiple indicator cluster survey 2021-22

Note
(disponibile
numai în
limba
engleză):

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definiții
(disponibile
numai în
limba
engleză):

=> +2SD

Double burden of underweight & overweight

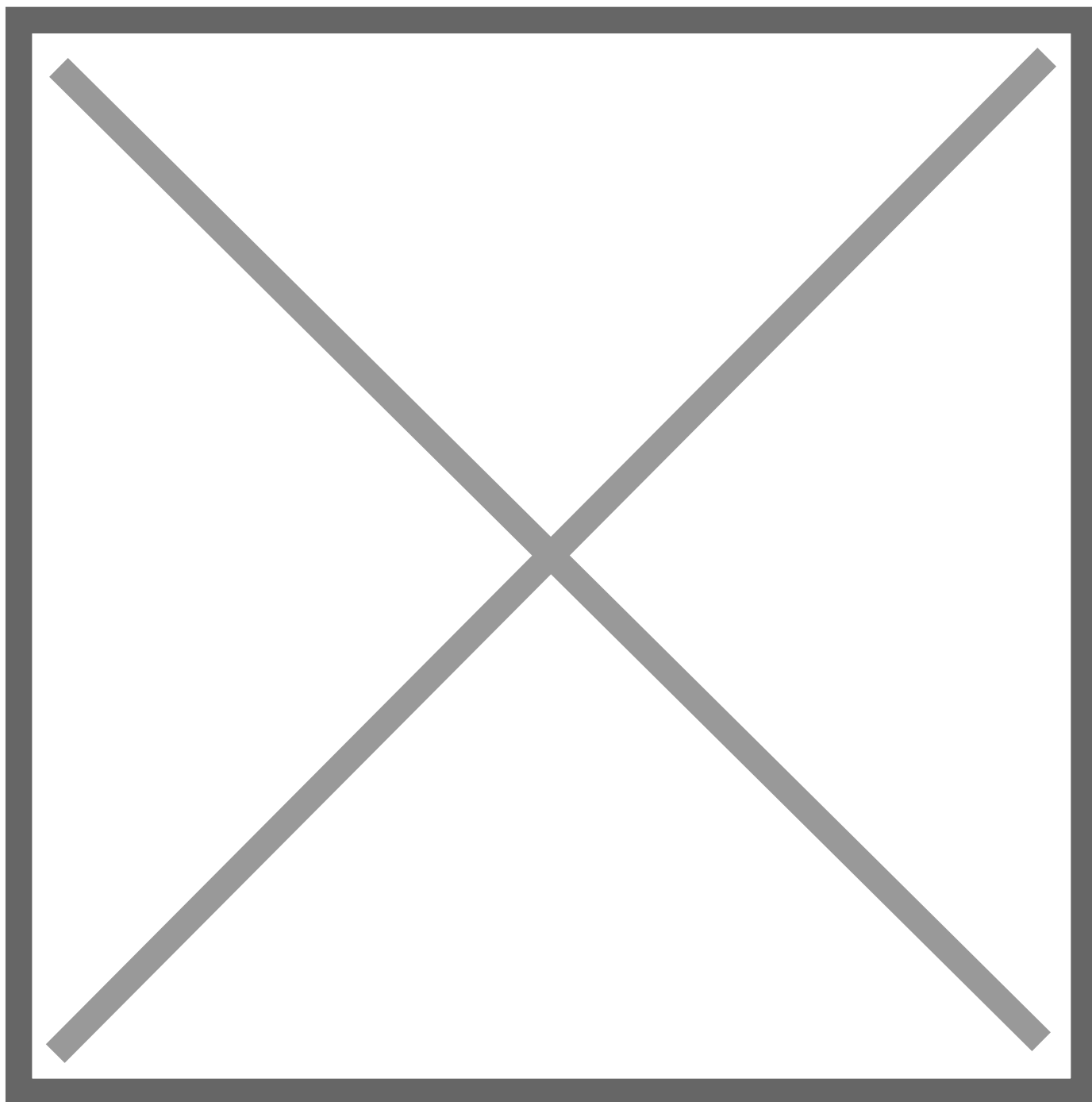
0-5 years, 2021



Tip de studiu:	Măsurat
Vârstă:	0-5
Bibliografie:	United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Note (disponibile numai în limba engleză):	Uzbekistan multiple indicator cluster survey 2021-22
Definiții (disponibile numai în limba engleză):	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

% sugari hrăniți exclusiv la sân 0-5 luni

0-5 years, 1996-2023

**Bibliografie:**

Uzbekistan multiple indicator cluster survey 2021-22

Note
(disponibile
numai în
limba
engleză):

Full details are available. Original citation United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

