

Uzbekistan



Policies, Interventions and Actions

Press Release: Uzbekistan to reward citizens who take a daily walk

In a draft document published 23.10.20 it is stated that the presidential decree aims to promote health and fitness. With those completing over 10000 steps receiving payment and/or free gym membership. Specific details are unclear as currently no access to original document

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Organisation:	Reuters (Government)
Find out more:	www.reuters.com

National mandatory standards for food available in schools adopted by the Government of Uzbekistan from June 2017. (Available only in Uzbek language)

Categories:	Evidence of School Food Regulations
Year(s):	2017 (ongoing)
Target age group:	Children
Organisation:	Government of Uzbekistan
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25769 (last accessed 20.07.22)



Mandatory national labelling guidelines for pre-packaged food approved by the Prime Minister of Uzbekistan and adopted from July 2017. (Available only in Uzbek language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Prime Minister of Uzbekistan
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25766 (last accessed 04.07.22)

Action Plan of the Strategy for Prevention and Control of Chronic Non-Communicable Diseases in Uzbekistan for 2011-2015

In 2011, the Government of Uzbekistan developed a draft of the national NCD strategy.

Categories (partial):	Evidence of NCD strategy
Year(s):	2011-2015
Target age group:	Adults and children
Organisation:	Uzbek Ministry of Health
Find out more:	www.gov.uz
References:	Uzbek Ministry of Health, WHO Country Office in Uzbekistan. Action plan of the strategy for prevention and control of chronic non-communicable diseases in Uzbekistan for 2011–2015 [in Uzbek]. Tashkent, Government of Uzbekistan, 2011.

Guidance on a plan of action for healthy nutrition in the Republic of Uzbekistan up to 2010

Guidance of plan of action for healthy nutrition in the Republic of Uzbekistan until the year of 2010

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2005-2010
Target age group:	Adults and children
Organisation:	Government of Uzbekistan
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en



Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by the President of Uzbekistan from August 1997. (Available only in Uzbek language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	1997 (ongoing)
Target age group:	Adults and children
Organisation:	President of Uzbekistan
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/26350 (last accessed 20.07.22)

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

National NCD Targets for Uzbekistan

Categories:	Evidence of Obesity Target
Target age group:	Adults and children
Organisation:	WHO
Linked document:	Download linked document

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