

# Uzbekistan



## Policies, Interventions and Actions

### Commercial Determinants of Noncommunicable Diseases in the WHO European Region

This report highlights the substantial impact of commercial determinants on noncommunicable diseases (NCDs) in the WHO European Region. Nearly 7500 deaths per day in the Region are attributed to commercial determinants, such as tobacco, alcohol, processed food, fossil fuels and occupational practices. These commercial products and practices contribute to 25% of all deaths in the Region. The report’s chapters systematically explore various facets of how commercial interests exacerbate NCDs and key strategies used by commercial actors to negatively influence NCD-related policies at the national and international level. The report also provides selected case studies from the Region to illustrate key strategies and outcomes of industry influence on health policies. The report then calls for urgent and coordinated action to address the commercial determinants of NCDs. It advocates for building coalitions based on the values of equity, sustainability, and resilience. Public health actors are urged to develop competencies in economic and legal frameworks, enforce transparency, and manage conflicts of interest effectively. The report underscores the need for robust financial reforms and strict regulation to curb industry power and protect public health. By implementing these strategies, the Region can accelerate progress towards global NCD targets and Sustainable Development Goals by 2030.

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2024 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation (WHO)
Linked document:	<a href="#">Download linked document</a>
References:	World Health Organization. Regional Office for Europe. (2024) Commercial Determinants of Noncommunicable Diseases in the WHO European Region. World Health Organization. Regional Office for Europe. <a href="https://iris.who.int/handle/10665/376957">https://iris.who.int/handle/10665/376957</a> . License: CC BY-NC-SA 3.0 IGO

## Press Release: Uzbekistan to reward citizens who take a daily walk

In a draft document published 23.10.20 it is stated that the presidential decree aims to promote health and fitness. With those completing over 10000 steps receiving payment and/or free gym membership. Specific details are unclear as currently no access to original document

Categories:	Evidence of Nutritional or Health Strategy/Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Organisation:	Reuters (Government)
Find out more:	<a href="http://www.reuters.com">www.reuters.com</a>

## European practical and patient-centred guidelines for adult obesity management in primary care

This article aims to provide obesity management guidelines specifically tailored to GPs, favouring a practical patient-centred approach. The focus is on GP communication and motivational interviewing as well as on therapeutic patient education. The new guidelines highlight the importance of avoiding stigmatization, something frequently seen in different health care settings. In addition, managing the psychological aspects of the disease, such as improving self-esteem, body image and quality of life must not be neglected.

Categories:	Evidence of Management/treatment guidelines
Year(s):	2019 (ongoing)
Linked document:	<a href="#">Download linked document</a>
References:	Dominique Durrer Schutz, Luca Busetto, Dror Dicker, Nathalie Farpour-Lambert, Rachel Pryke, Hermann Toplak, Daniel Widmer, Volkan Yumuk, Yves Schutz; European Practical and Patient-Centred Guidelines for Adult Obesity Management in Primary Care. <i>Obes Facts</i> 15 March 2019; 12 (1): 40–66. <a href="https://doi.org/10.1159/000496183">https://doi.org/10.1159/000496183</a>

## Mandatory national labelling guidelines for pre-packaged food

Mandatory national labelling guidelines for pre-packaged food approved by the Prime Minister of Uzbekistan and adopted from July 2017. (Available only in Uzbek language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Prime Minister of Uzbekistan
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/25766">https://extranet.who.int/nutrition/gina/en/node/25766</a> (last accessed 04.07.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## National mandatory standards for food available in schools

National mandatory standards for food available in schools adopted by the Government of Uzbekistan from June 2017. (Available only in Uzbek language)

Categories:	Evidence of School Food Regulations
Year(s):	2017 (ongoing)
Target age group:	Children
Organisation:	Government of Uzbekistan
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/25769">https://extranet.who.int/nutrition/gina/en/node/25769</a> (last accessed 20.07.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Physical activity strategy for the WHO European Region 2016-2025

The strategy focuses on physical activity as a leading factor in health and well-being in the European Region, with particular attention to the burden of non-communicable diseases associated with insufficient activity levels and sedentary behaviour. It aims to cover all forms of physical activity throughout the life-course.

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2016-2025
Target age group:	Adults and children
Organisation:	WHO Regional Office for Europe
Find out more:	<a href="http://www.who.int">www.who.int</a>
Linked document:	<a href="#">Download linked document</a>

## Action Plan of the Strategy for Prevention and Control of Chronic Non-Communicable Diseases in Uzbekistan for 2011-2015

In 2011, the Government of Uzbekistan developed a draft of the national NCD strategy.

Categories (partial):	Evidence of NCD strategy
Year(s):	2011-2015
Target age group:	Adults and children
Organisation:	Uzbek Ministry of Health
Find out more:	<a href="http://www.gov.uz">www.gov.uz</a>
References:	Uzbek Ministry of Health, WHO Country Office in Uzbekistan. Action plan of the strategy for prevention and control of chronic non-communicable diseases in Uzbekistan for 2011–2015 [in Uzbek]. Tashkent, Government of Uzbekistan, 2011.

## Guidance on a plan of action for healthy nutrition in the Republic of Uzbekistan up to 2010

Guidance of plan of action for healthy nutrition in the Republic of Uzbekistan until the year of 2010

Categories (partial):	Evidence of Nutritional or Health Strategy/Guidelines/Policy/Action plan
Year(s):	2005-2010
Target age group:	Adults and children
Organisation:	Government of Uzbekistan
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a> Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Measures to limit or virtually eliminate industrially-produced trans fatty acids

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by the President of Uzbekistan from August 1997. (Available only in Uzbek language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	1997 (ongoing)
Target age group:	Adults and children
Organisation:	President of Uzbekistan
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/26350">https://extranet.who.int/nutrition/gina/en/node/26350</a> (last accessed 20.07.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="http://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a> Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## National NCD Targets for Uzbekistan

Categories:	Evidence of Obesity Target
Target age group:	Adults and children
Organisation:	WHO
Linked document:	<a href="#">Download linked document</a>

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