



Uruguay



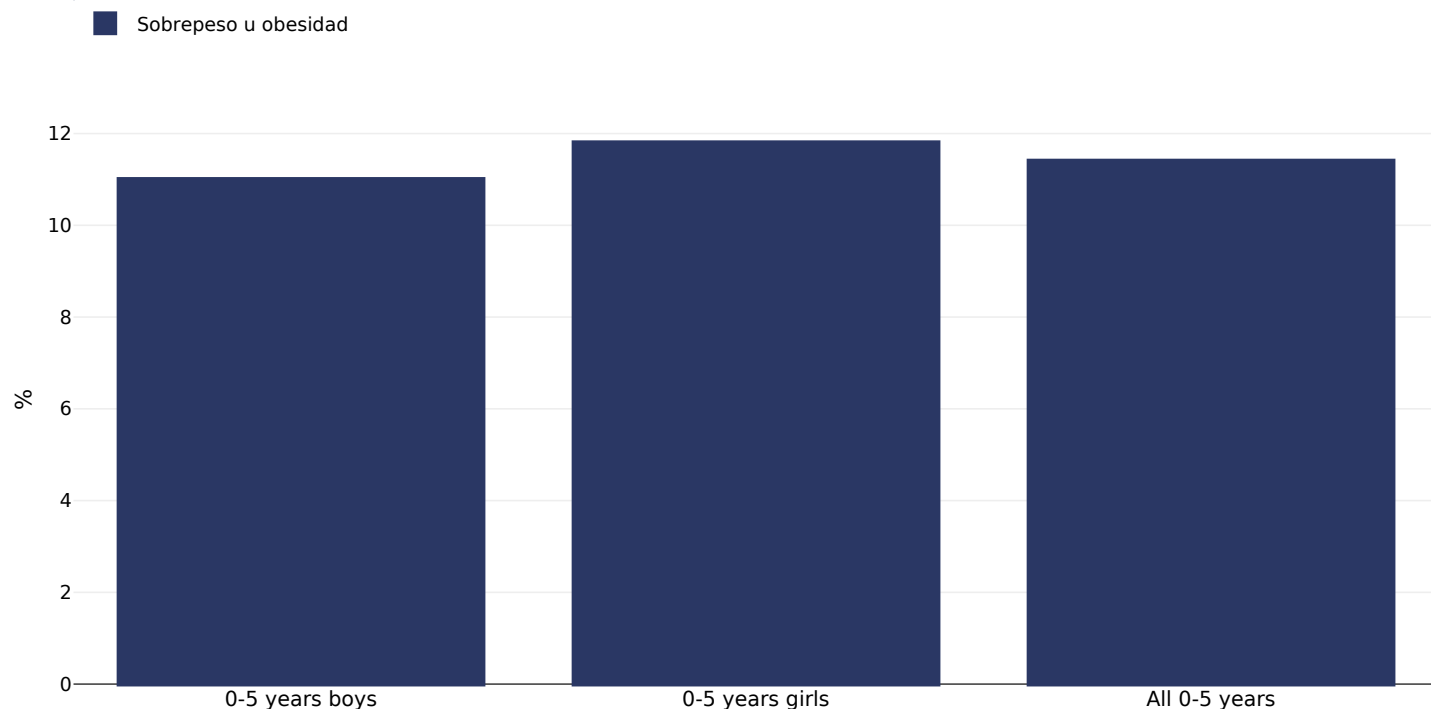
Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/uruguay-228/>.

Prevalencia de obesidad

0-5 years, 2018



Edad: 0-5

Tamaño de la muestra: 188627

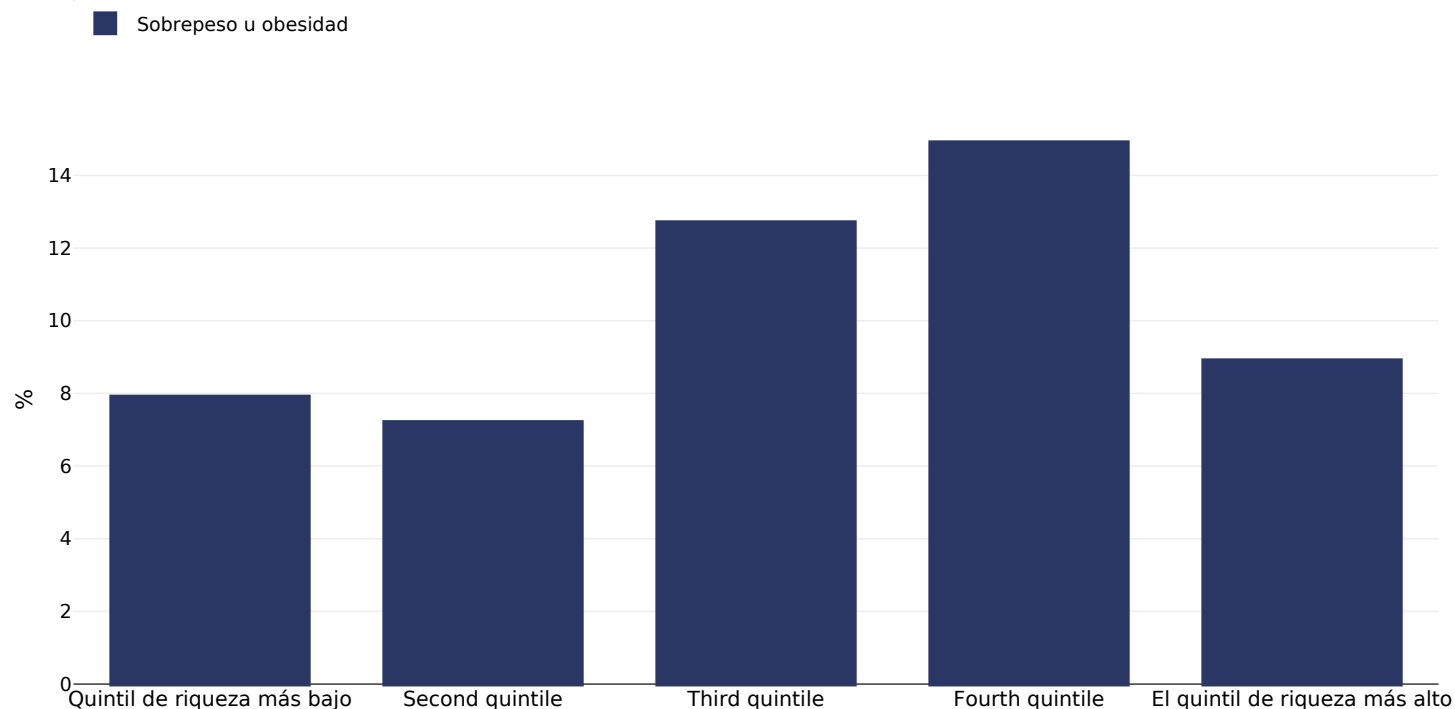
Referencias: Other: Encuesta de Nutrición, Desarrollo Infantil y Salud (ENDIS), Tercera Ola Uruguay 2018

Notas: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definiciones (solo disponible en inglés): => +2SD

Sobrepeso/obesidad por nivel socioeconómico

0-5 years, 2015-2016



Tamaño de la muestra:

131387

Referencias:

Other: Encuesta de Nutrición, Desarrollo Infantil y Salud 2015 (ENDIS), Uruguay

Notas:

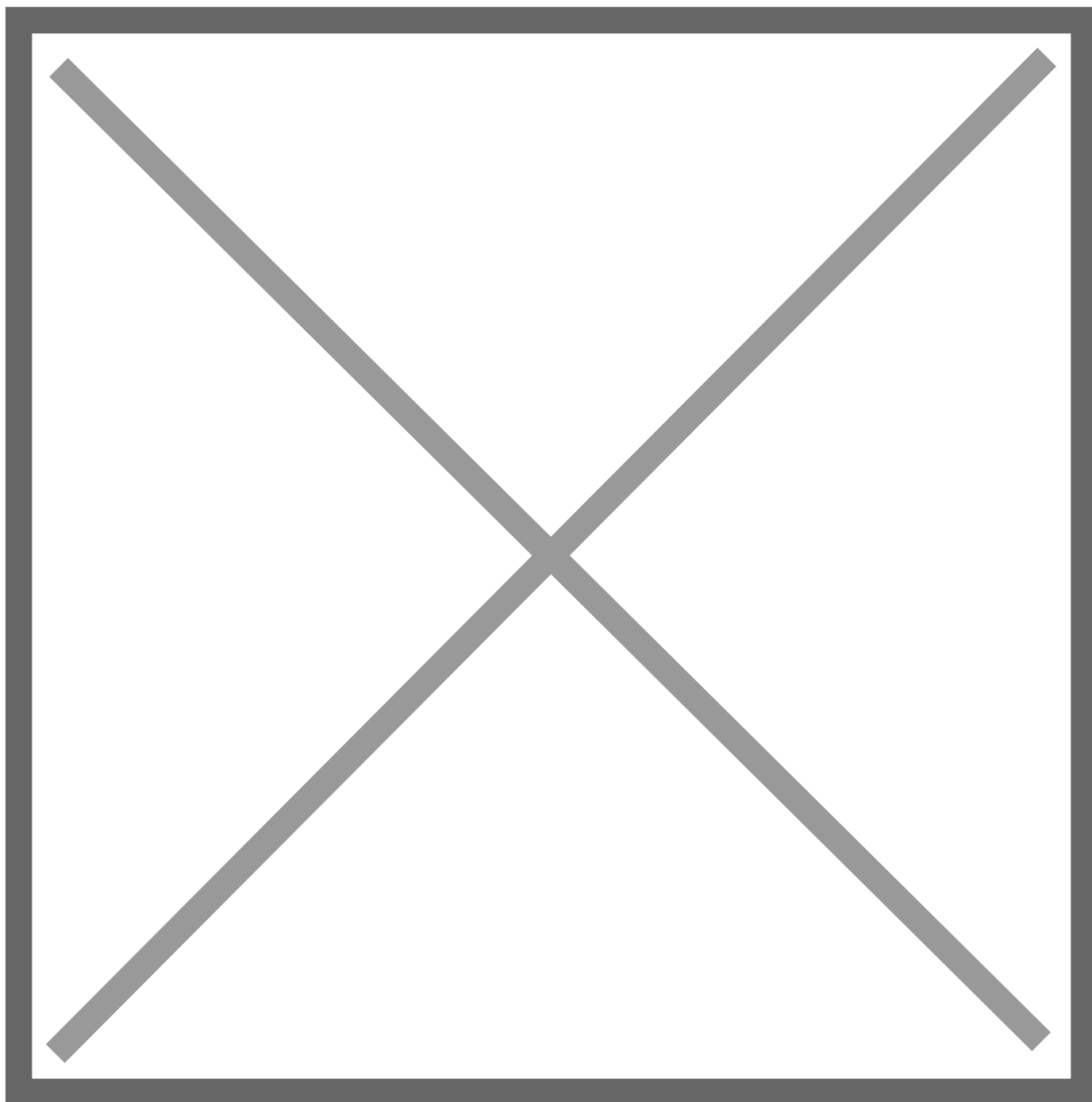
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definiciones (solo disponible en inglés):

=> +2SD

Double burden of underweight & overweight

0-5 years, 2018-2018



Tipo de encuesta:

Medido

Edad:

0-5

Referencias:

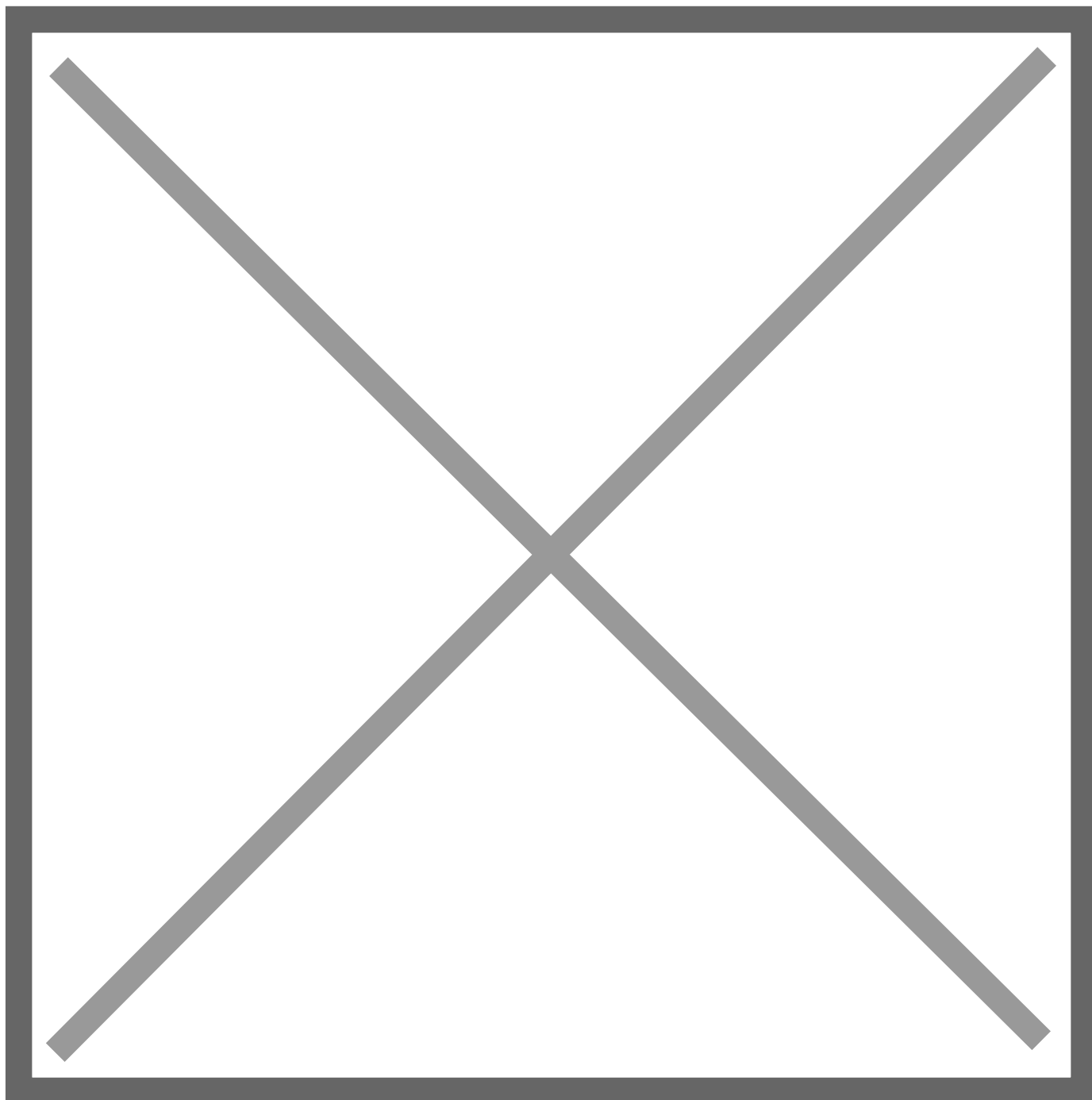
UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Notas:

Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% de los lactantes se alimentan exclusivamente de leche materna 0-5 meses

0-5 years, 1998-2023

**Referencias:**

Encuesta de Nutrición, Desarrollo Infantil y Salud (ENDIS), Tercera Ola Uruguay 2018

Notas:

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

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