Uruguay

Policies, Interventions and Actions

Decreto N° 114/018 Dispónese la disminución progresiva de grasas trans de producción

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Article 2º.- A maximum period of eighteen (18) months is granted to the food industry for the reduction of trans fats of industrial production, establishing that the content may not be greater than 2% of the total content of fats in vegetable oils and margarines intended for direct consumption and greater than 5% of the total fats in the rest of the foods. These limits shall not apply to fats from ruminants, including milk fat from the product. Article 3º.- A maximum period of four (4) years is granted to the food industry so that the trans fat content is not greater than 2% of the total fat, both in foods for direct consumption and in ingredients for industrial use. It will not apply to fats from ruminants, including milk fat from the product. (Available only in Spanish language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2022 (ongoing)
Target age group:	Adults and children
Organisation:	President of the Republic
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/26266 (last accessed 16.08.22)

Decree No. 272/018 on Food Labelling

Mandatory national labelling guidelines for packaged foods and drinks was approved in 2018 and implemented in 2020. Octagon warning labels must be placed on the front of product containers, preferably in the upper part. (Available only in Spanish language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/36135 (last accessed 10.08.22)

Guide to healthy, pleasant and shared eating

Guide to healthy, pleasant and shared eating

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2016 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.gub.uy
Linked document:	Download linked document

Decreto n° 60/014 Reglamentación de la ley 19.140 relativo a la protección de la salud de la población infantil y adolescente a través de la promoción de hábitos alimenticios saludables [Regulation on healthy eating in schools]

National mandatory standards for food available in schools. (Available only in Spanish language)

Categories:	Evidence of School Food Regulations
Year(s):	2014 (ongoing)
Target age group:	Children
Organisation:	The President of the Republic
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/44599 (last accessed 16.08.22)

Law No. 19,140: Healthy Food in Schools

The Law aims to protect the health of children and adolescents attending schools and colleges, public and private, contributing to the prevention of overweight and obesity, and diseases that are derived from these risk factors.

Categories:	Evidence of Marketing Guidelines/Policy Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2013 (ongoing)
Target age group:	Children
Organisation:	Ministry of Health
Find out more:	www.msp.gub.uy
Linked document:	Download linked document
References:	Ministry of Health. https://legislativo.parlamento.gub.uy/temporales/leytemp3449821.html (Last accessed 09.07.20)

Decreto NÂ° 204/005

Legislation on tax per litre (impuesto especÃ-fico interno) for beverages containing sugar (10.5%), liquid foods (juices) 13%, and sugar 4%.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2005 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Economy and Finance
Find out more:	www.dgi.gub.uy
References:	Ministry of Economy and Finance. http://www.dgi.gub.uy/wdgi/page?2,principal,ampliacion,O,es,0,PAG;CONC;548;5;D;decreto-no-204-005;0;PAG (last accessed 15 Oct 2015)

Ley 17.379 Agrégase al Artículo 1° del Título 11 del Texto Ordenado 1996 un numeral referido a azúcar refinado

Mandatory volume or weight based specific excise tax on unhealthy food or drink products. (Available only in Spanish language)

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2001 (ongoing)
Target age group:	Adults and children
Organisation:	he Senate and the House of Representatives of the Eastern Republic of Uruguay
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/82255 (last accessed 16.08.22)

Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions ("the Code") in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

Physical Activity Guide

Physical Activity Guide

Categories:	Evidence of Physical Activity Guidelines/Policy
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.gub.uy
Linked document:	Download linked document

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