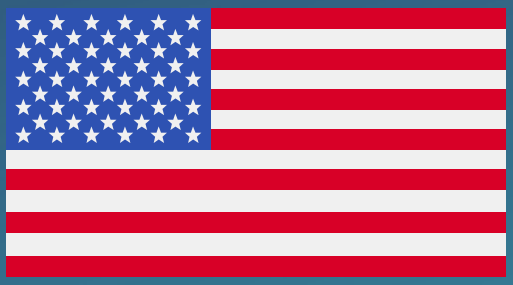
United States



Country report card - under-5s

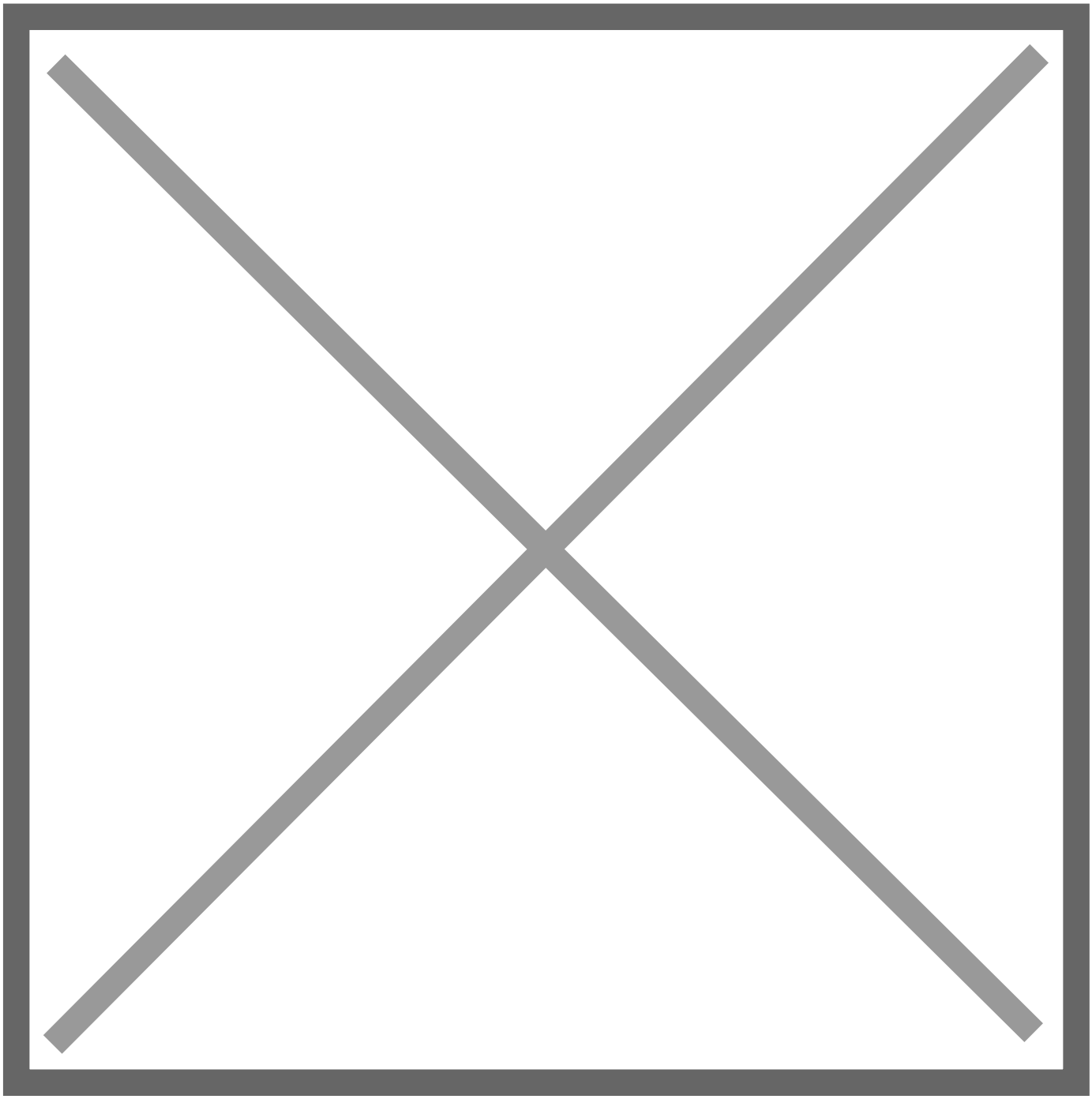
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/united-states-227/.

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Obesity prevalence

0-5 years, 2021-2022



Survey type:	Measured
Age:	0-5
Area covered:	National
References:	United States National Health and Nutrition Examination Survey 2021-2022. Hyattsville, United States: National Center for Health Statistics (NCHS), Centers for Disease Control and Prevention (CDC)

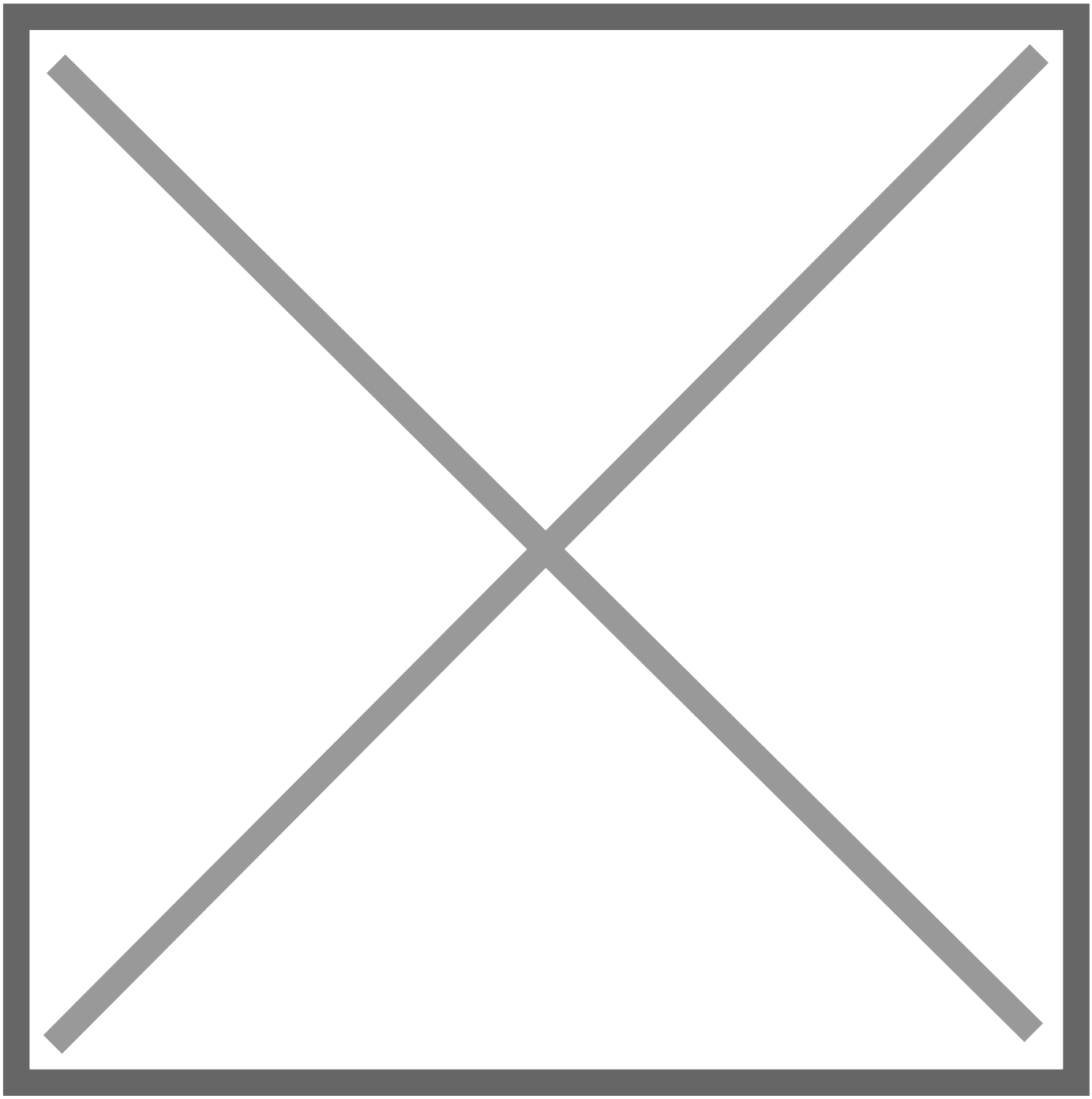
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

% Infants exclusively breastfed 0-5 months

0-5 years, 2011-2024



Area covered:	National
References:	United States National Health and Nutrition Examination Survey 2017-2018. Hyattsville, United States: National Center for Health Statistics (NCHS), Centers for Disease Control and Prevention (CDC)
Notes:	Full details available at source: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.

Definitions:	Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

PDF created on November 4, 2026