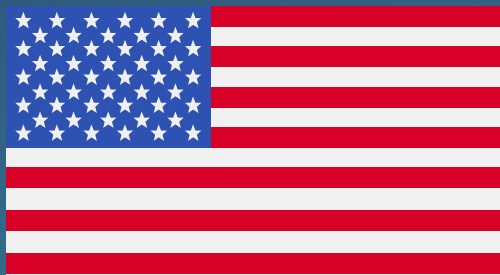




Zdraví a pohoda



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/united-states-227/>.

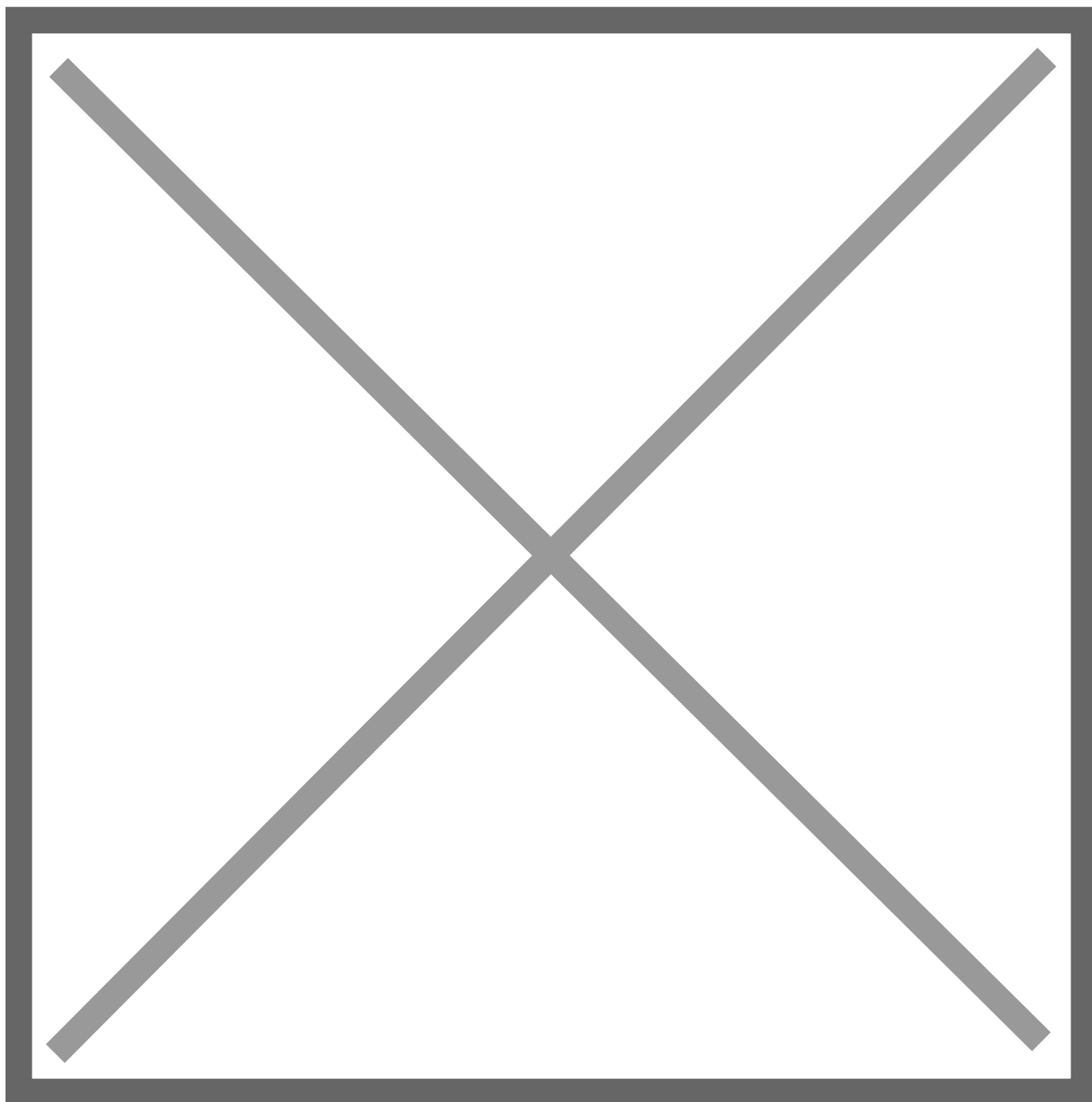
Nacionalno tveganje za debelost *8/10 This is a composite "obesity risk" score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels.

Tveganje za debelost pri otrocih *8,5/11 This is a "risk score" for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

*Na podlagi okvirnih podatkov. Za več informacij si oglejte Publikacije

Razširjenost debelosti

Otroci, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1887

Zajeto območje:

Na državni ravni

Literatura:

Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

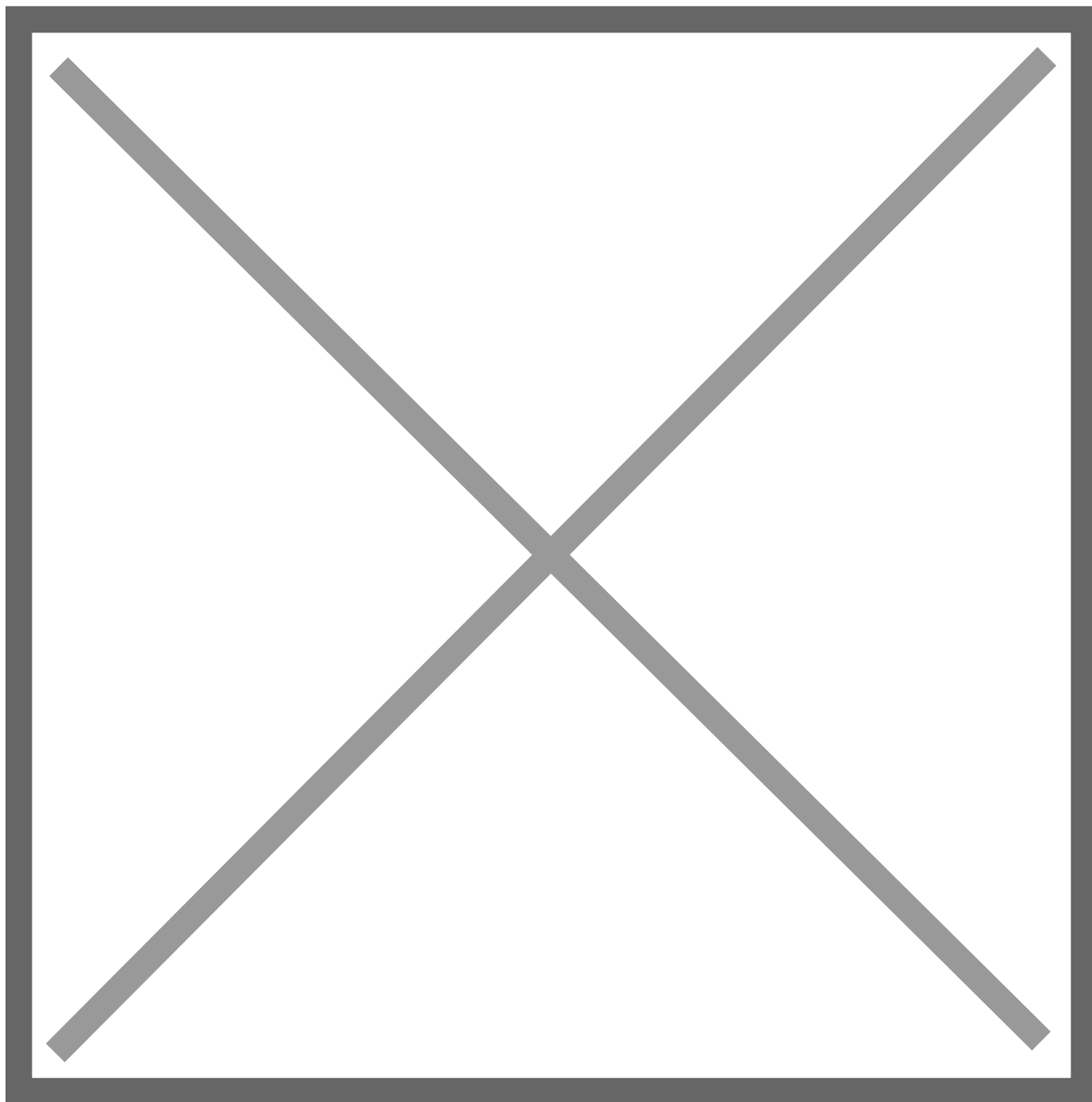
Opombe (na voljo samo v angleščini):

Weighted

Cutoffs:

IOTF

% Children living with overweight or obesity in the United States 1999-2011



Vrsta ankete:

Izmerjeni

Literatura:

1999, 2001: Ogden CL, Carroll MD, Curtin LR, McDowell MA, Tabak CJ, Flegal KM. Prevalence of Overweight and Obesity in the United States, 1999-2004. JAMA 2006;295(13):1549-1555
2011: Ogden CL, Carroll MD, Kit BK, Flegal KM. Prevalence of childhood and adult obesity in the United States, 2011-2012. JAMA (2014)26;311(8):806-14.

**Opombe (na
voljo samo v
angleščini):**

Aged 6-11

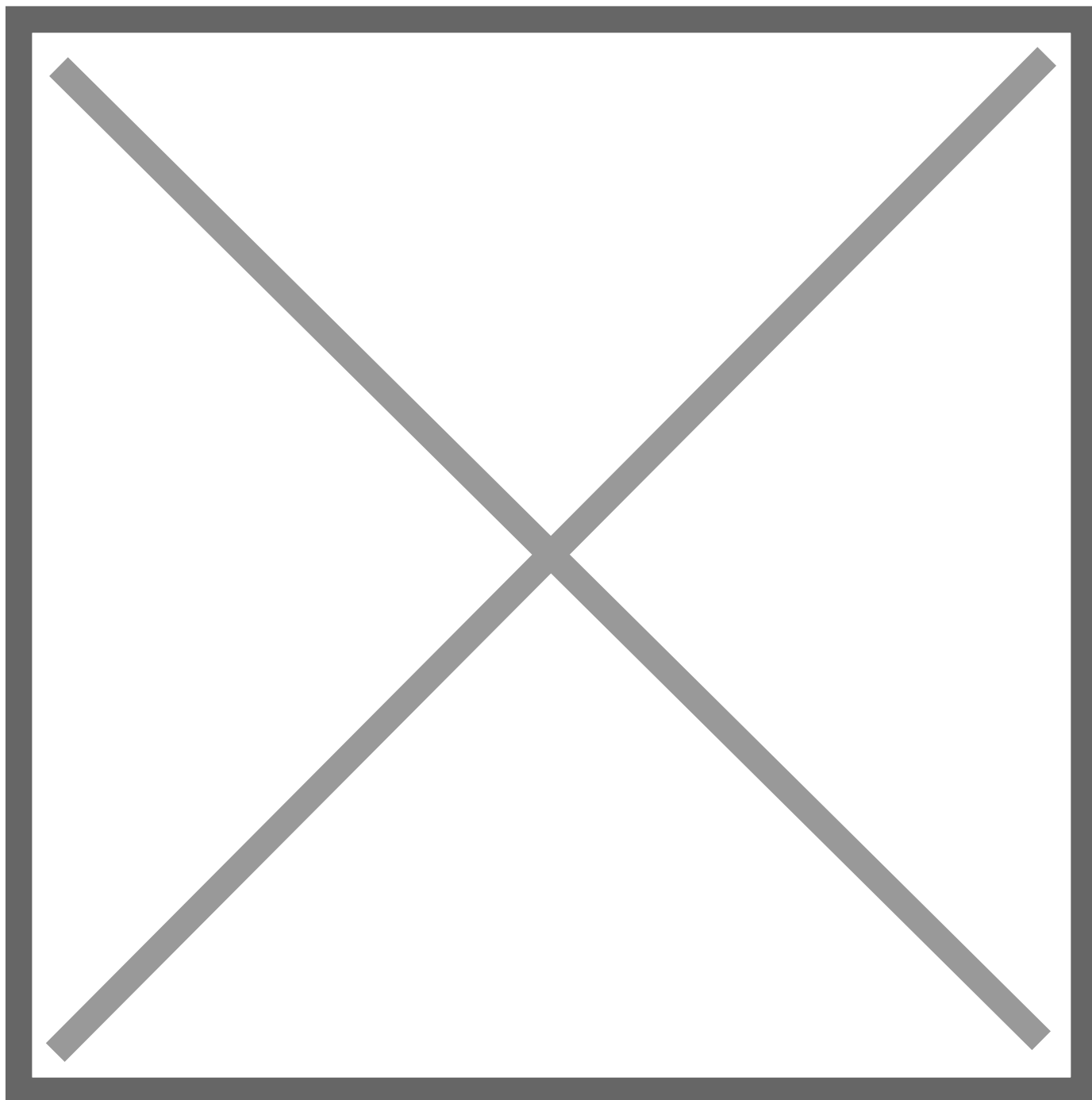
**Definicije (na
voljo samo v
angleščini):**

85th & 95th Centile CDC cut off

Za zbiranje teh podatkov so bile morda uporabljene različne metodologije, zato podatki iz različnih raziskav morda niso strogo primerljivi. Prosim, da uporabljene metodologije preverite pri izvirnih virih podatkov

% Children living with overweight or obesity in the United States 2003-2017

Dejavniki



Vrsta ankete:

Izmerjeni

Literatura:

2003: Lobstein T, Jackson - Leach R. Child overweight and obesity in the USA: prevalence rates according to IOTF definitions. Int J Pediatr Obes. 2007;2(1):62-4.

2009: NHANES IASO analysis

2015: NHANES 2015/16. Analysis conducted by the World Obesity Federation, Caroline Litts, Fiona Montague & R Jackson-Leach 2017

2017: Reanalysis of NHANES 2017/18 by Rachel Jackson Leach, Jaynaide Powis World Obesity Federation

Opombe (na voljo samo v angleščini):

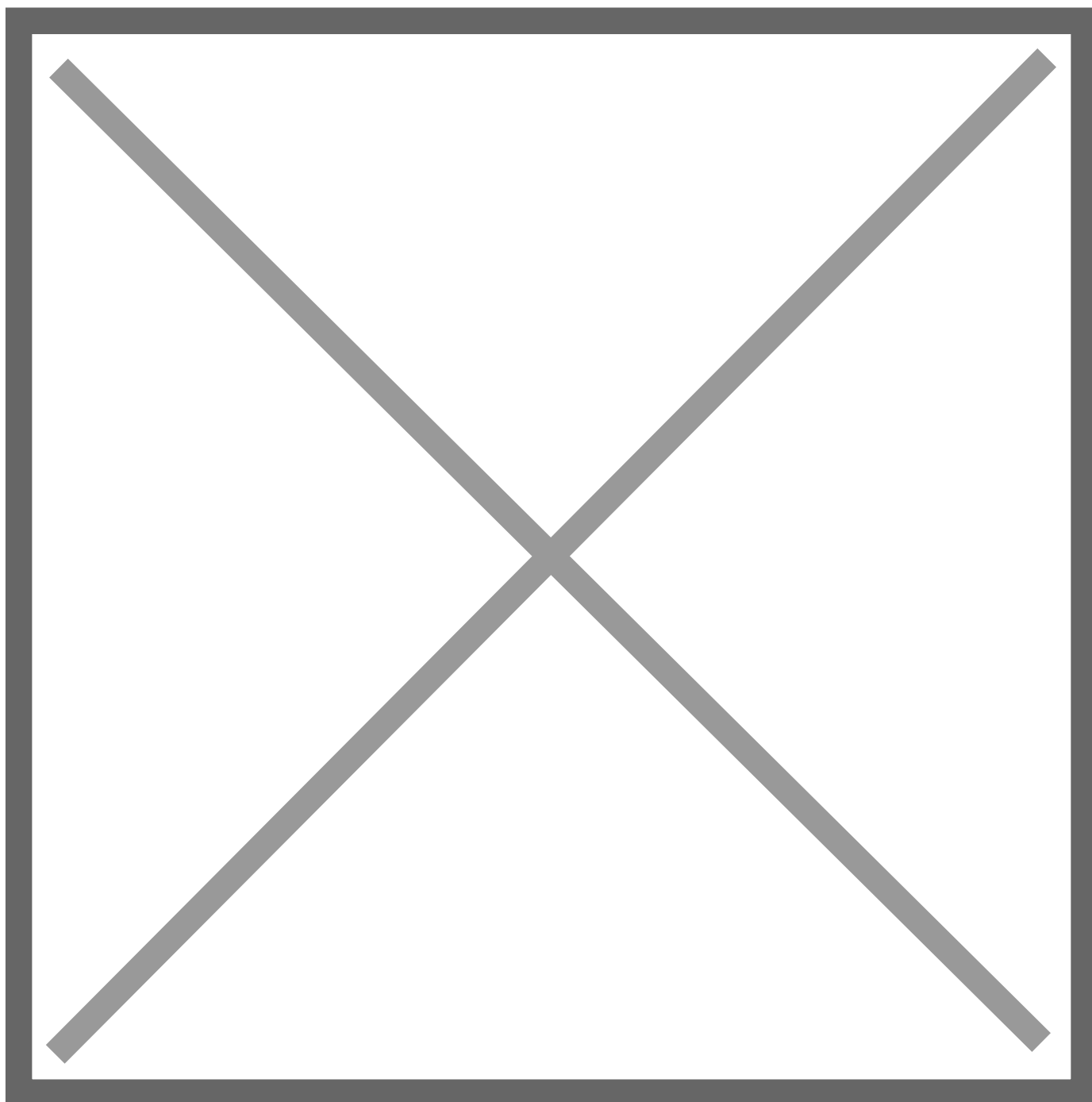
Aged 5-17

Definicije (na voljo samo v angleščini):

IOTF

Za zbiranje teh podatkov so bile morda uporabljene različne metodologije, zato podatki iz različnih raziskav morda niso strogo primerljivi. Prosimo, da uporabljene metodologije preverite pri izvirnih virih podatkov

Deklice



Vrsta ankete:

Izmerjeni

Literatura:

2003: Lobstein T, Jackson - Leach R. Child overweight and obesity in the USA: prevalence rates according to IOTF definitions. Int J Pediatr Obes. 2007;2(1):62-4.
2009: NHANES IASO analysis
2015: NHANES 2015/16. Analysis conducted by the World Obesity Federation, Caroline Litts, Fiona Montague & R Jackson-Leach 2017
2017: Reanalysis of NHANES 2017/18 by Rachel Jackson Leach, Jaynaide Powis World Obesity Federation

**Opombe (na
voljo samo v
angleščini):**

Aged 5-17

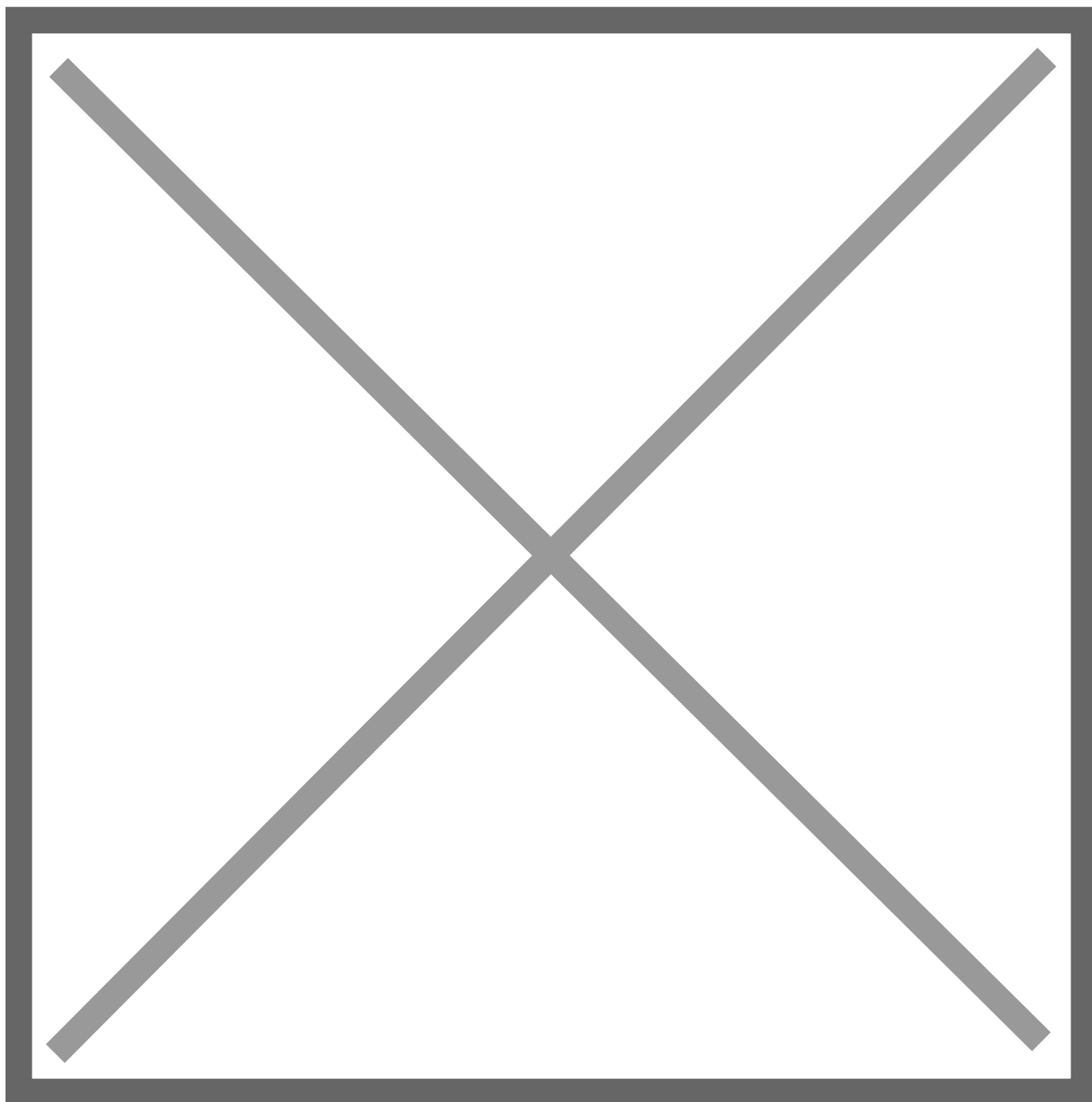
**Definicije (na
voljo samo v
angleščini):**

IOTF

Za zbiranje teh podatkov so bile morda uporabljene različne metodologije, zato podatki iz različnih raziskav morda niso strogo primerljivi. Prosimo, da uporabljene metodologije preverite pri izvirnih virih podatkov

Prekomerna telesna teŹa/debelost glede na izobrazbo

Otroci, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1830

Zajeto območje je:

Na državni ravni

Literatura:

Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

Opombe (na voljo samo v angleščini):

Weighted

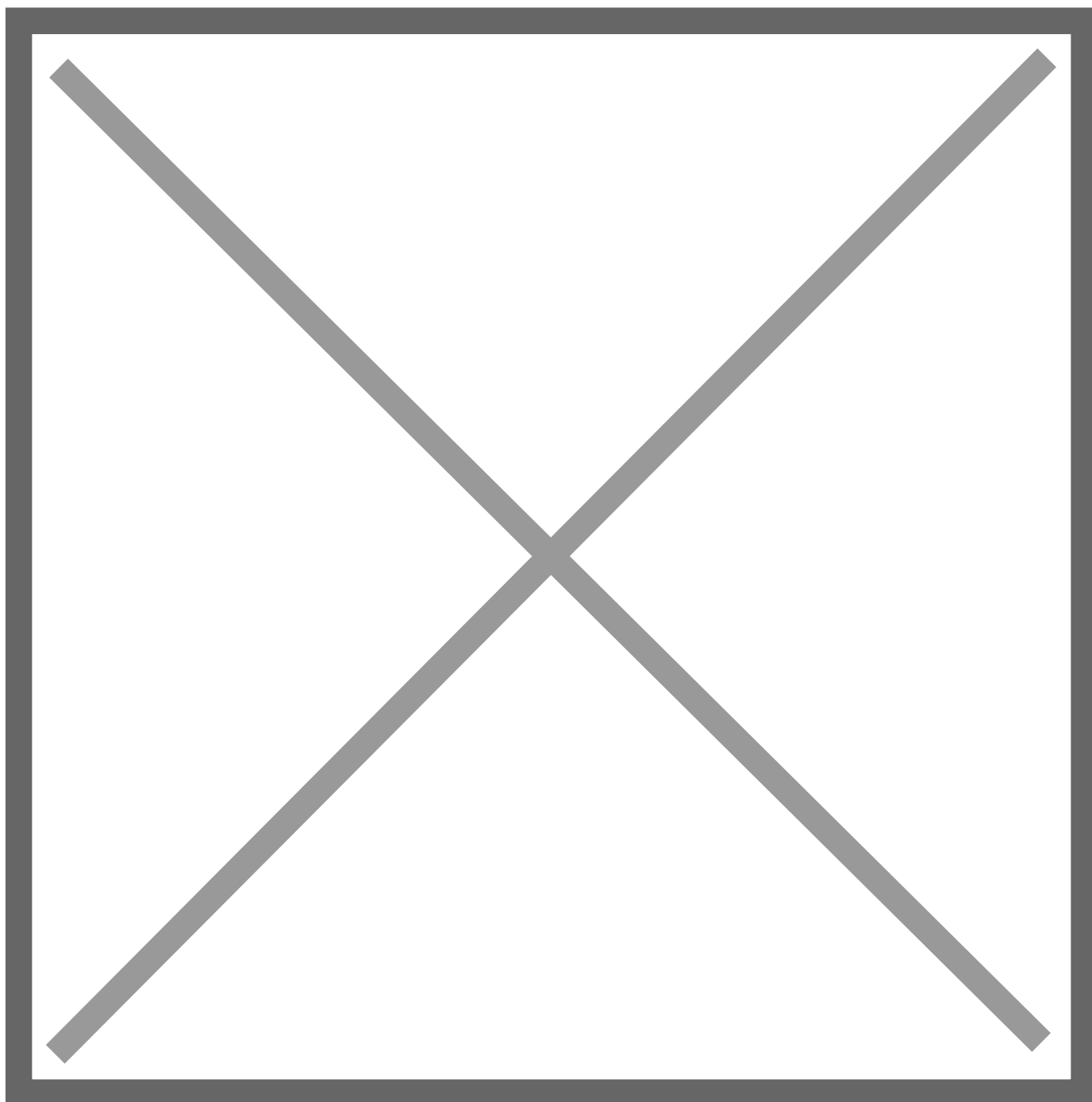
Definicije (na voljo samo v angleščini):

Level of parental education, determined by the highest education level achieved by either the household reference person or their spouse

Cutoffs:

IOTF

Dejavnost, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1830
Zajeto območje je:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

**Opombe (na
voljo samo v
angleščini):**

Weighted

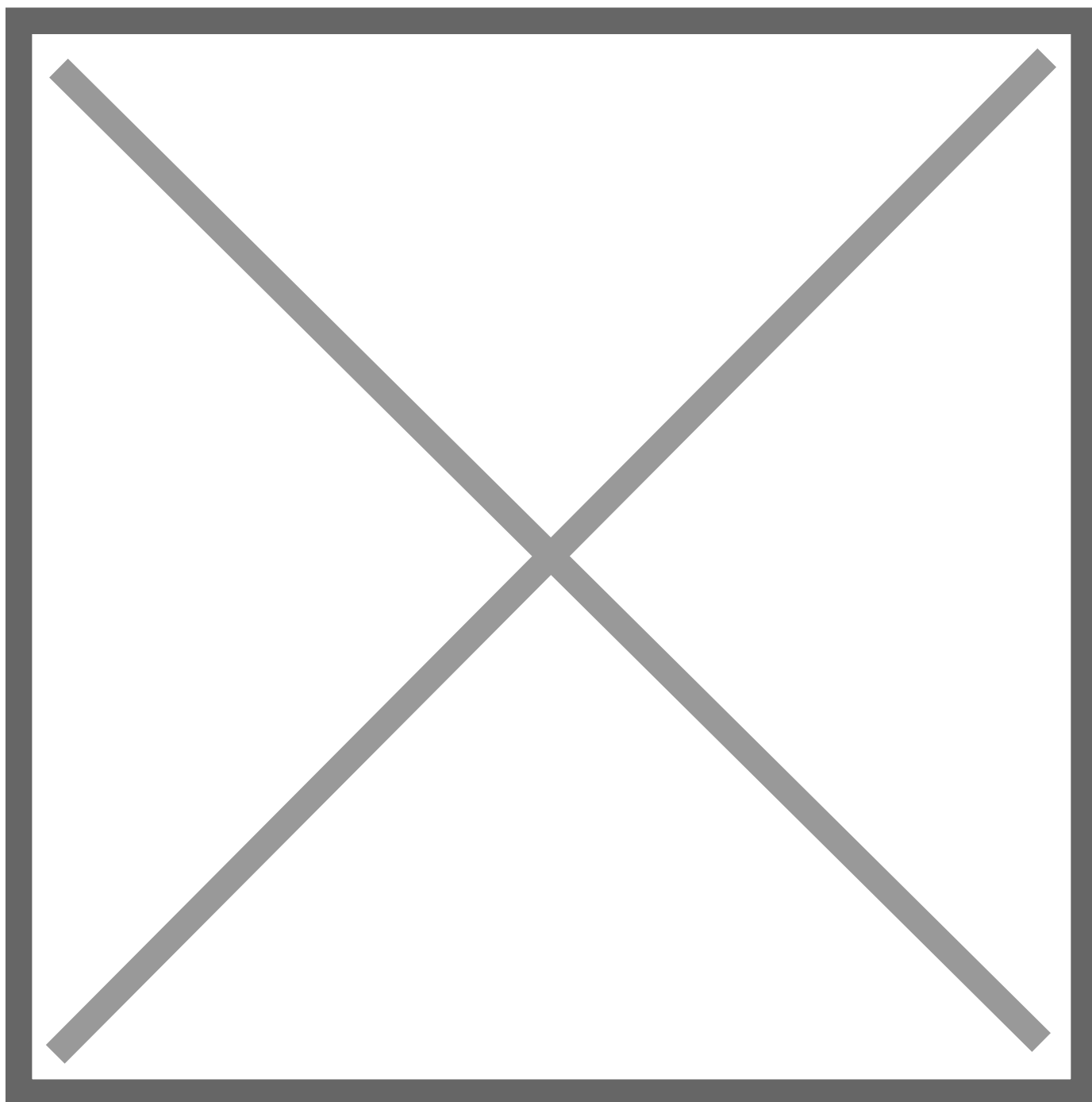
**Definicije (na
voljo samo v
angleščini):**

Level of parental education, determined by the highest education level achieved by either the household reference person or their spouse

Cutoffs:

IOTF

Deklice, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1830
Zajeto območje:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

**Opombe (na
voljo samo v
angleščini):**

Weighted

**Definicije (na
voljo samo v
angleščini):**

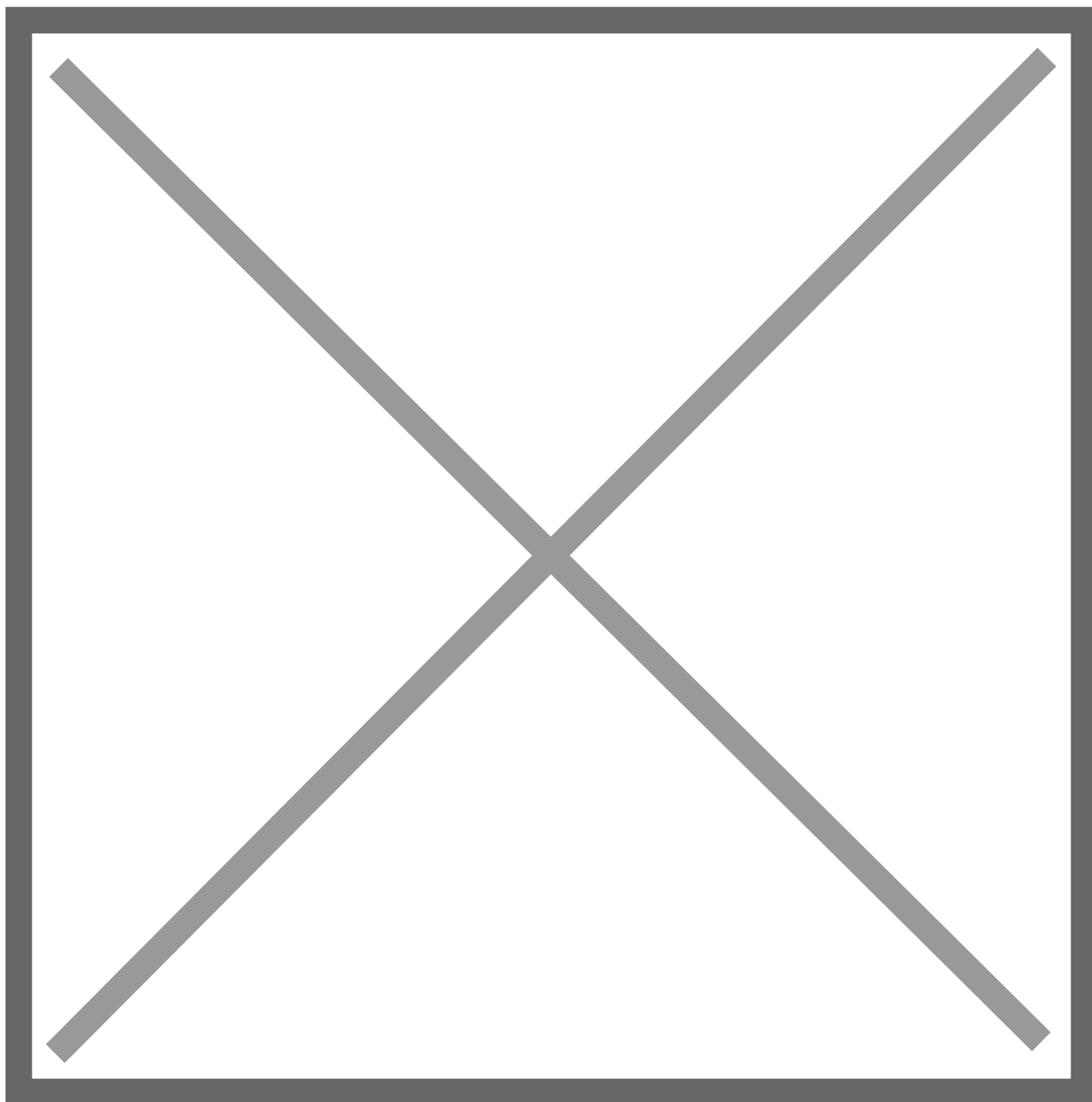
Level of parental education, determined by the highest education level achieved by either the household reference person or their spouse

Cutoffs:

IOTF

Prekomerna telesna teŹa/debelost glede na starost

Otroci, 2021-2023

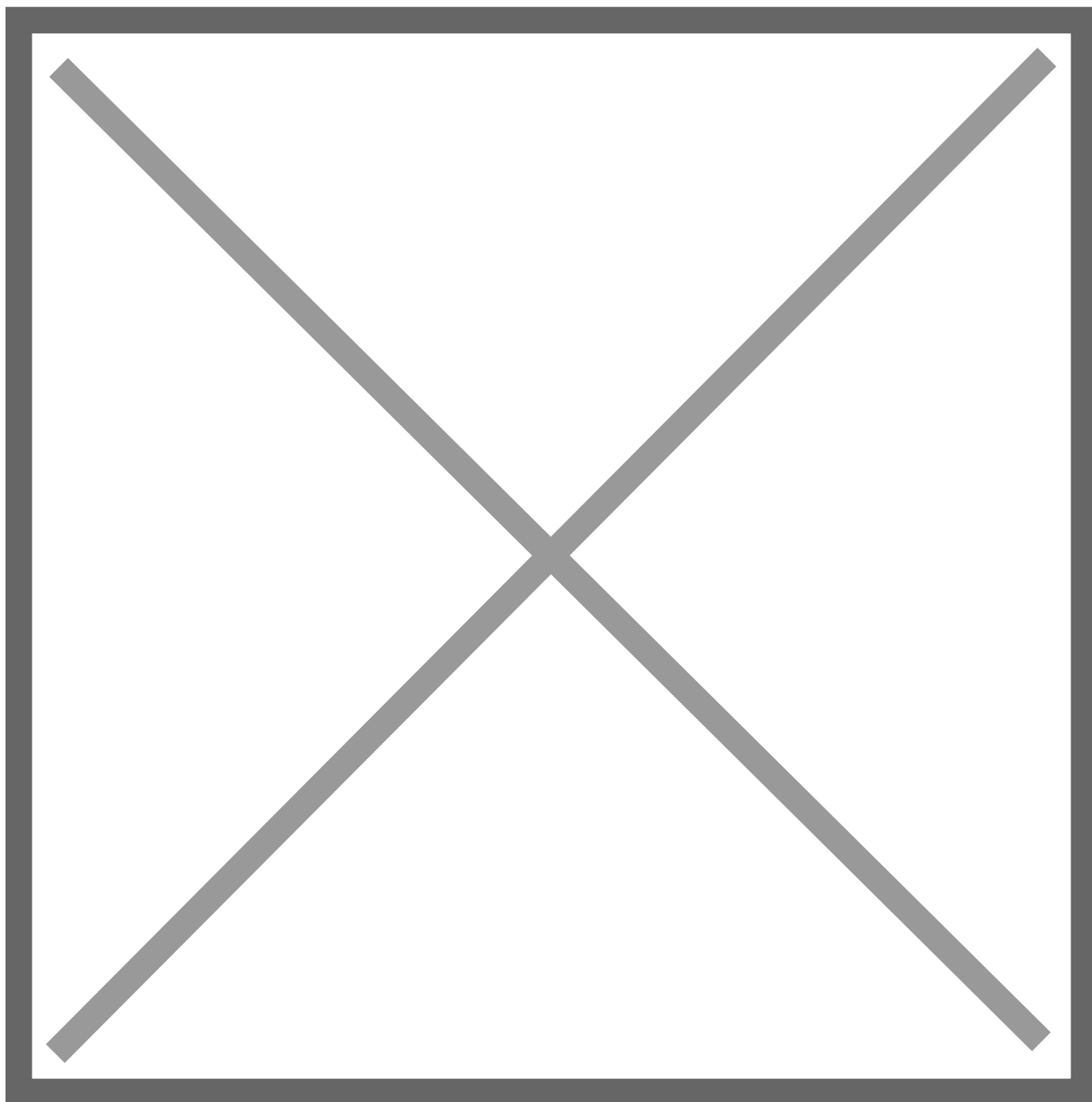


Vrsta ankete:	Izmerjeni
Obseg vzorcev:	1887
Zajeto obmoĉje:	Na drŹavni ravni

Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation
Opombe (na voljo samo v angleščini):	Weighted
Cutoffs:	IOTF

Prekomerna telesna teŕa/debelost glede na regijo

Otroci, 2022-2023

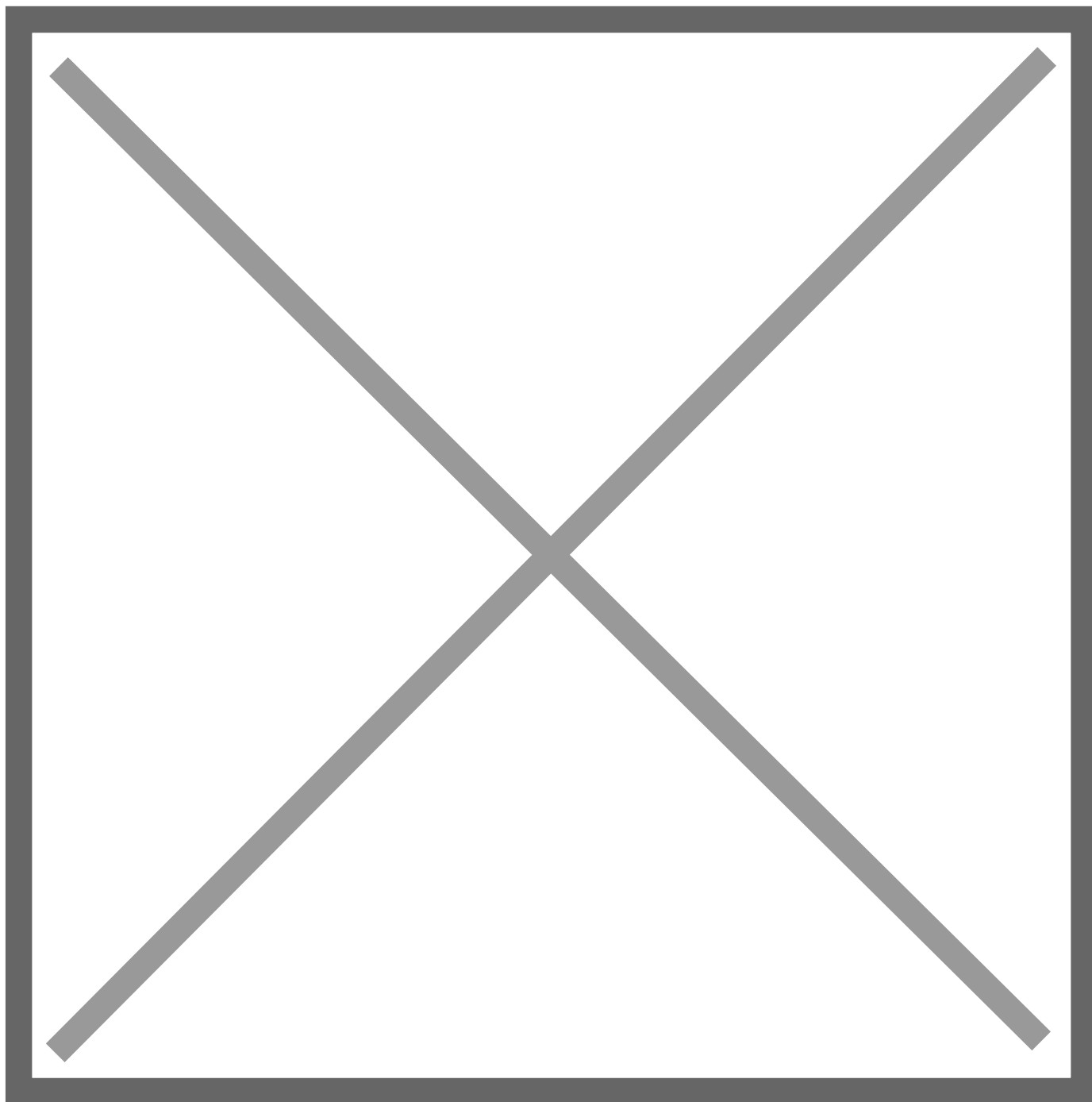


Vrsta ankete:	Samoprijavljeni
Starost:	6-17
Zajeto obmoĉje: je:	Na drŕjavni ravni

Literatura:	Child and Adolescent Health Measurement Initiative. 2022-2023 National Survey of Children's Health (NSCH) data query. Data Resource Center for Child and Adolescent Health supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB). Retrieved [19.05.2025] from [www.childhealthdata.org].
Definicije (na voljo samo v angleščini):	BMI categories for children and teens are based on sex-specific BMI-for-age percentiles from the CDC. BMI-for-age categories are: Overweight - 85th<95th percentile; Obese - =>95th percentile Parents typically overestimate height and underestimate weight of children younger than 10 years of age. Therefore, BMI for children under 10 years of age should be interpreted with caution. States A-M (inclusive)
Cutoffs:	CDC

Prekomerna telesna teža^{3/4}/debelost glede na socialno-ekonomsko skupino

Otroci, 2021-2023



Vrsta ankete:

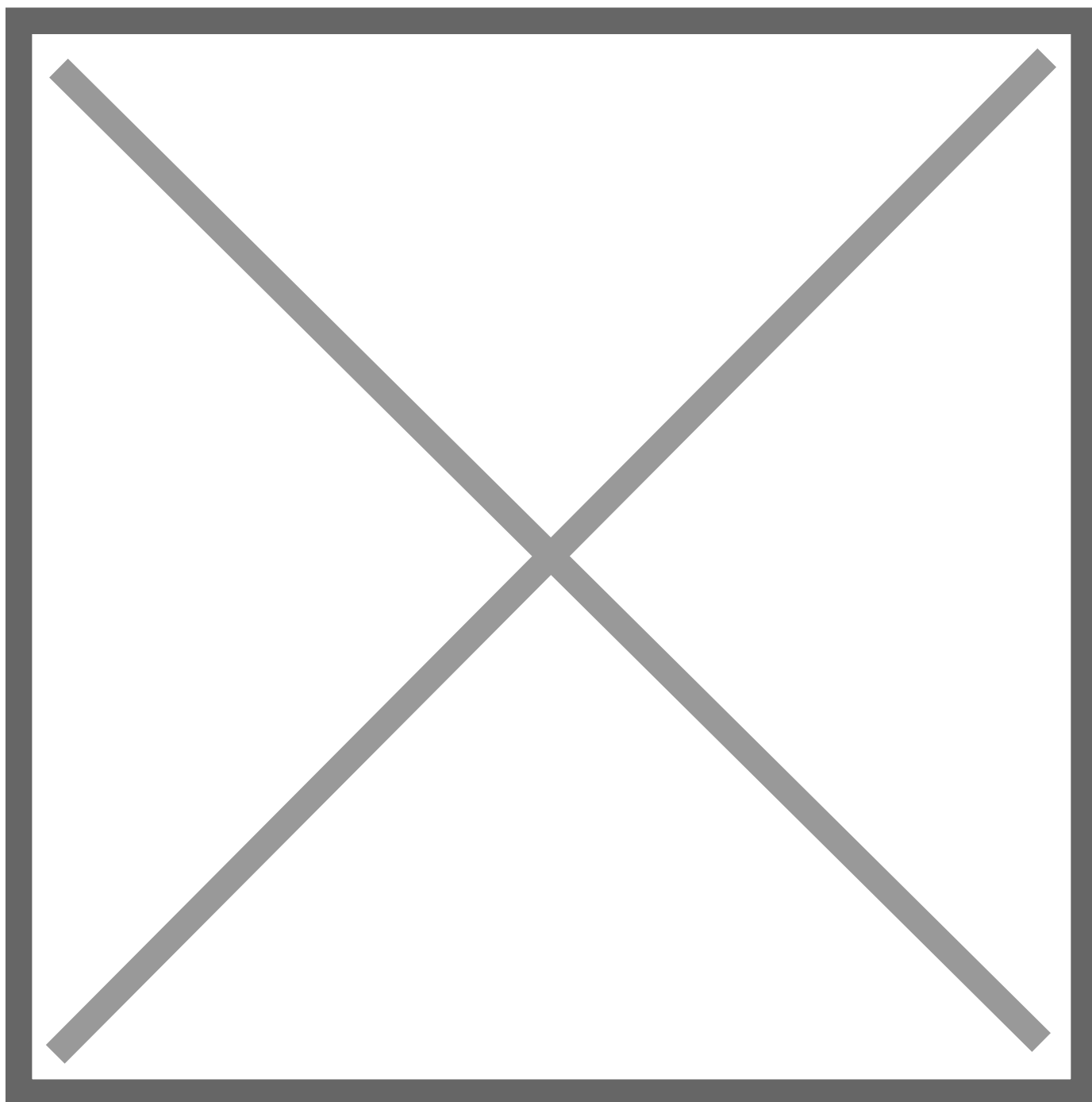
Izmerjeni

Starost:

5-17

Obseg vzorcev:	1653
Zajeto območje:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation
Opombe (na voljo samo v angleščini):	Weighted
Definicije (na voljo samo v angleščini):	Poverty Income Ratio (PIR) = Ratio of family income to poverty level in survey year, reported here as a percentage
Cutoffs:	IOTF

Delež ki, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1653
Zajeto območje:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

Opombe (na voljo samo v angleščini):

Weighted

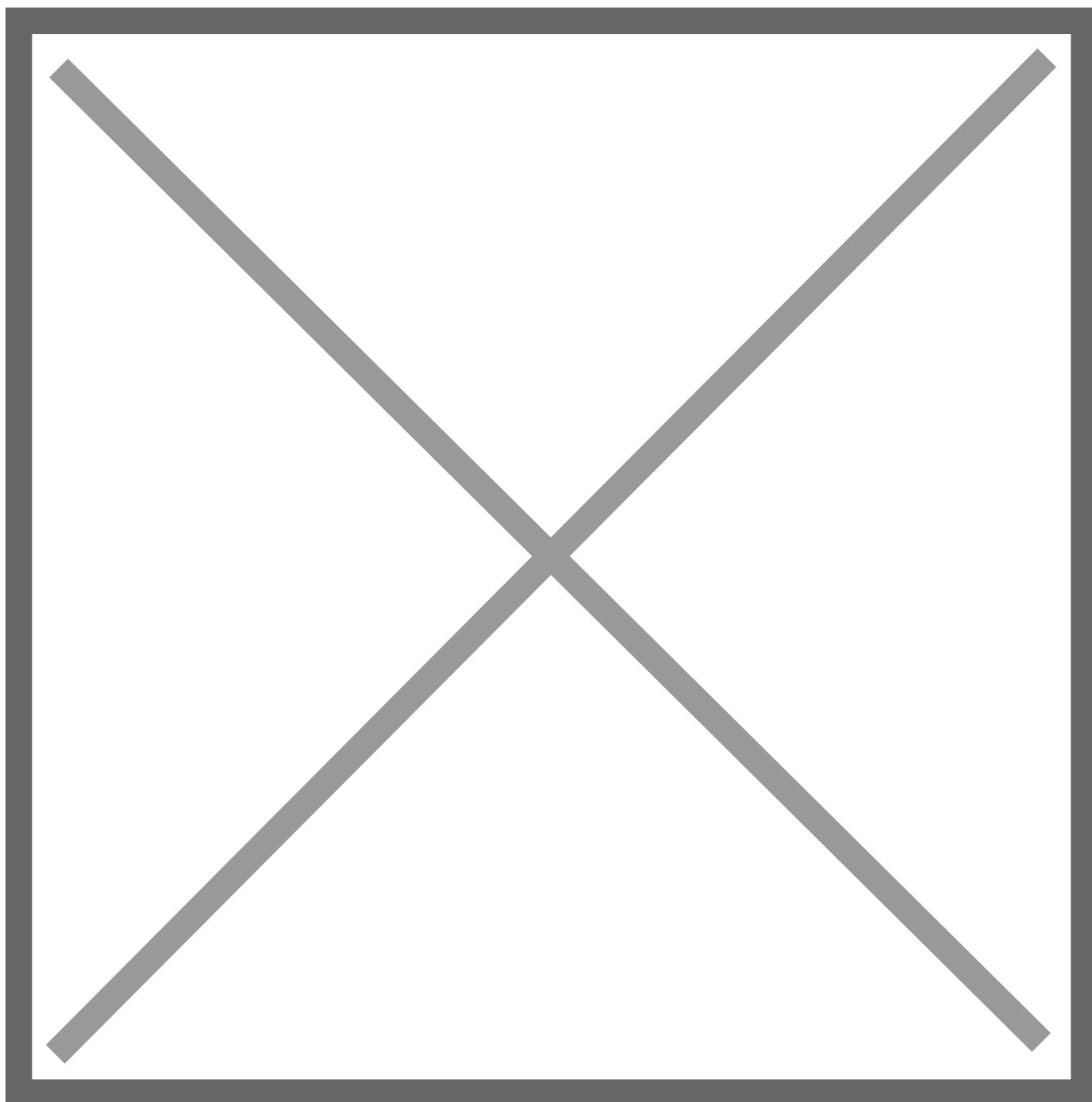
Definicije (na voljo samo v angleščini):

Poverty Income Ratio (PIR) = Ratio of family income to poverty level in survey year, reported here as a percentage

Cutoffs:

IOTF

Deklice, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1653
Zajeto območje:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

Opombe (na voljo samo v angleščini):

Weighted

Definicije (na voljo samo v angleščini):

Poverty Income Ratio (PIR) = Ratio of family income to poverty level in survey year, reported here as a percentage

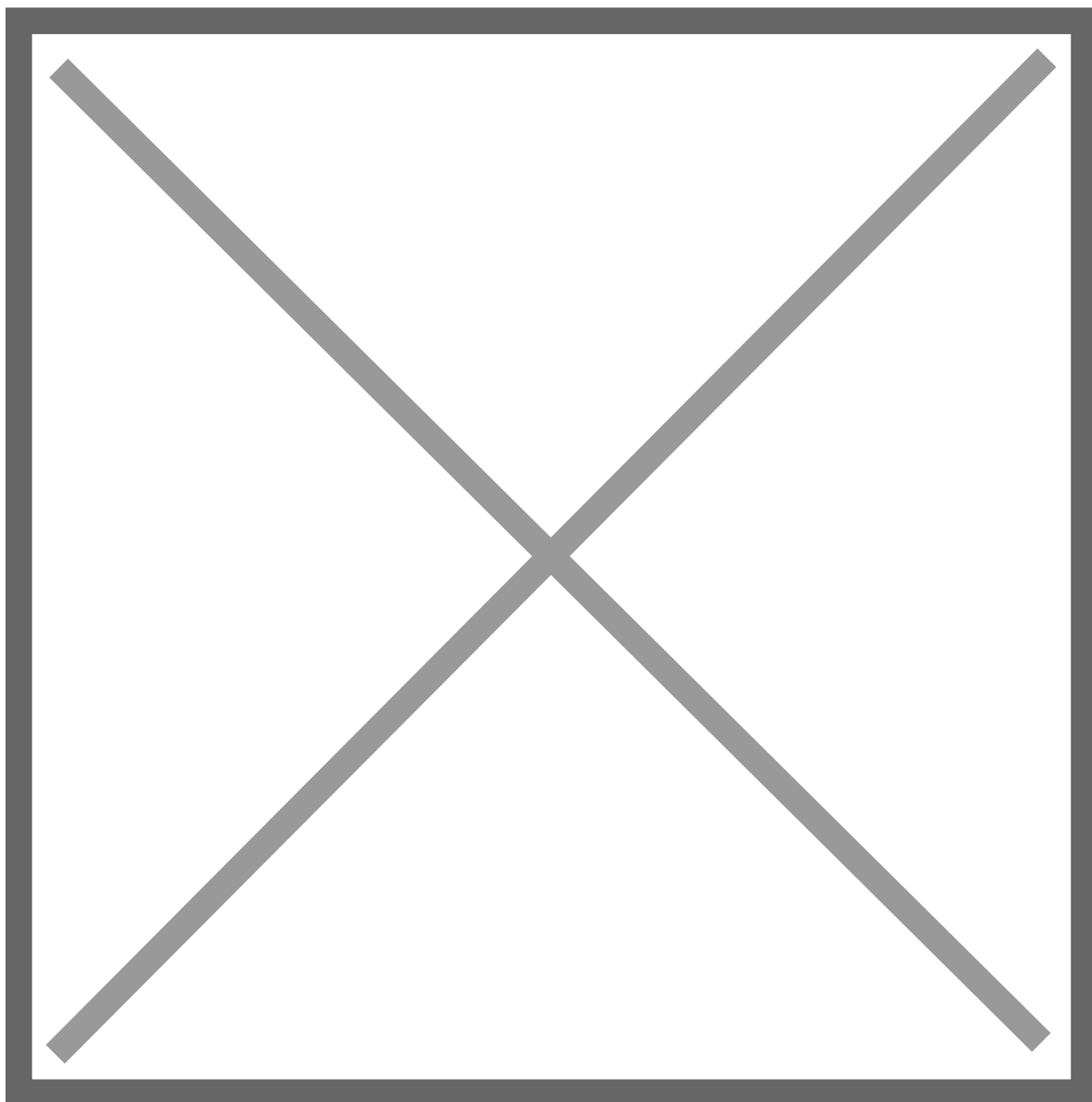
Cutoffs:

IOTF

Prekomerna telesna teŹa/debelost glede na etniÄ no poreklo

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Otroci, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1887
Zajeto območje:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

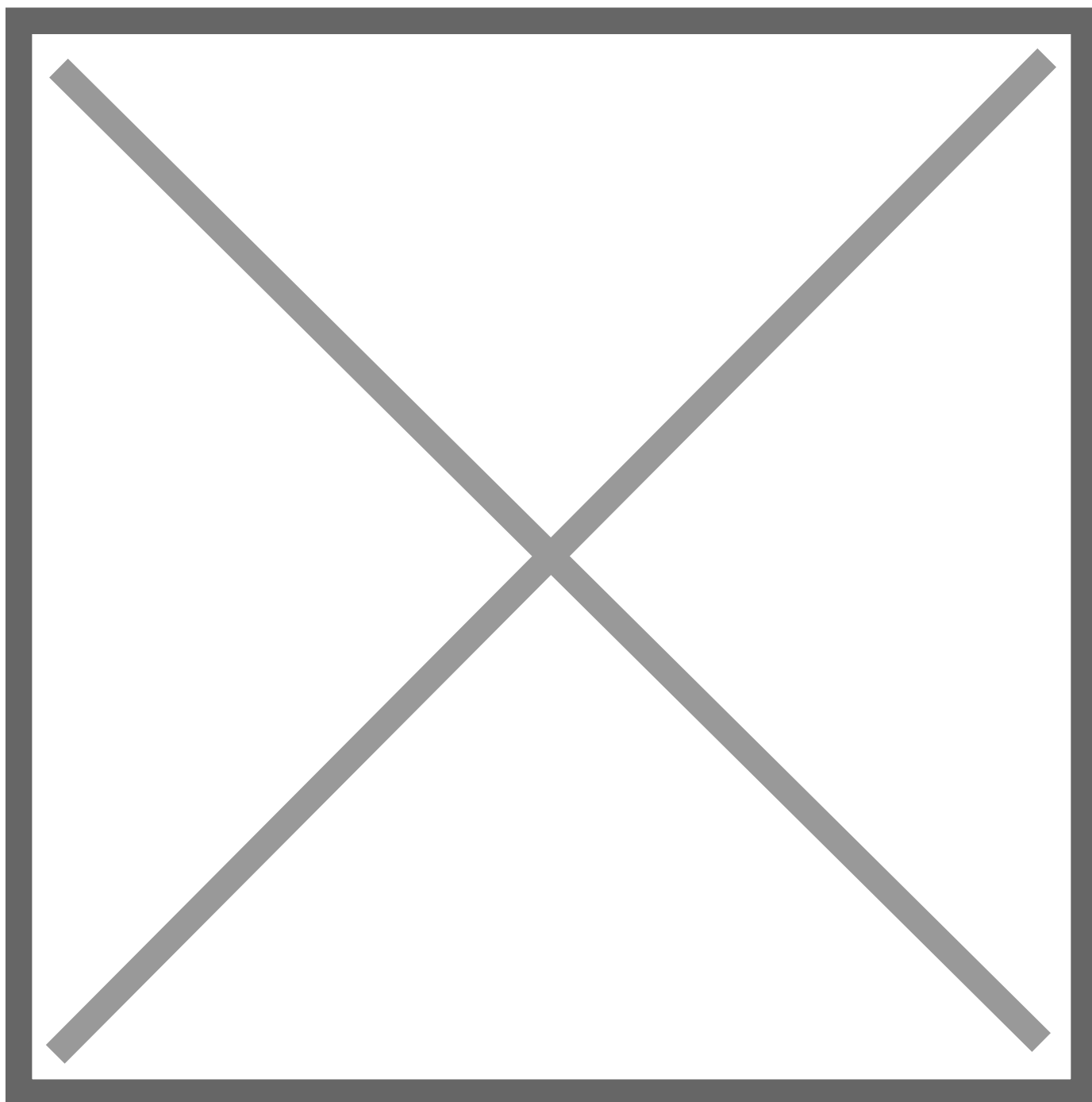
Opombe (na
voljo samo v
angleščini):

Weighted

Cutoffs:

IOTF

Dejavnost, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1887
Zajeto območje je:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

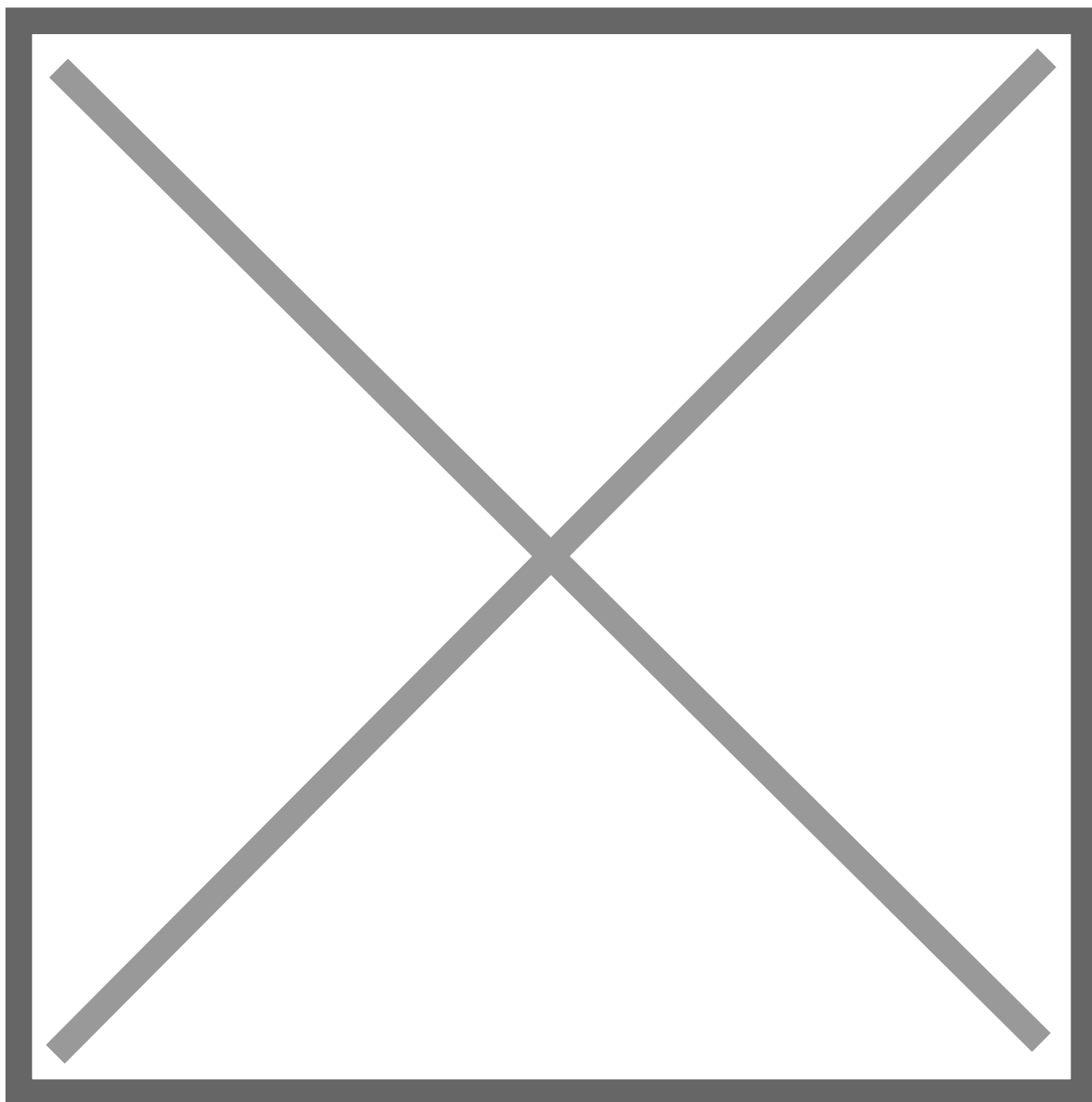
Opombe (na
voljo samo v
angleščini):

Weighted

Cutoffs:

IOTF

Deklice, 2021-2023



Vrsta ankete:	Izmerjeni
Starost:	5-17
Obseg vzorcev:	1887
Zajeto območje:	Na državni ravni
Literatura:	Reanalysis of NHANES 2021-2023 by Sarah Spreckley, Rachel Jackson Leach, World Obesity Federation

Opombe (na
voljo samo v
angleščini):

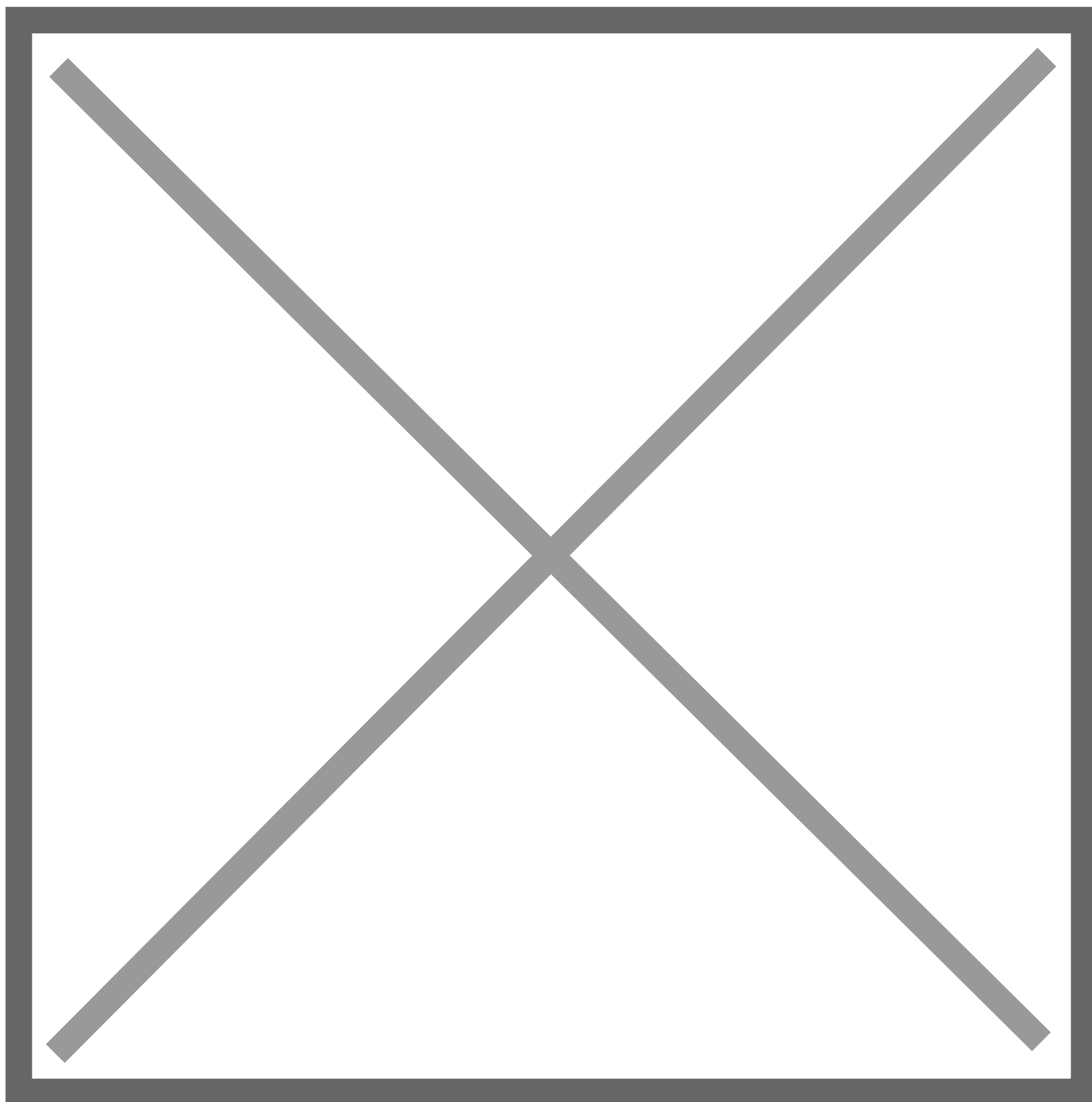
Weighted

Cutoffs:

IOTF

Double burden of underweight & overweight

Otroci, 2022



Vrsta ankete:	Izmerjeni
Starost:	5-19
Literatura:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2 .

**Opombe (na
voljo samo v
angleščini):**

Age standardised estimates

**Definicije (na
voljo samo v
angleščini):**

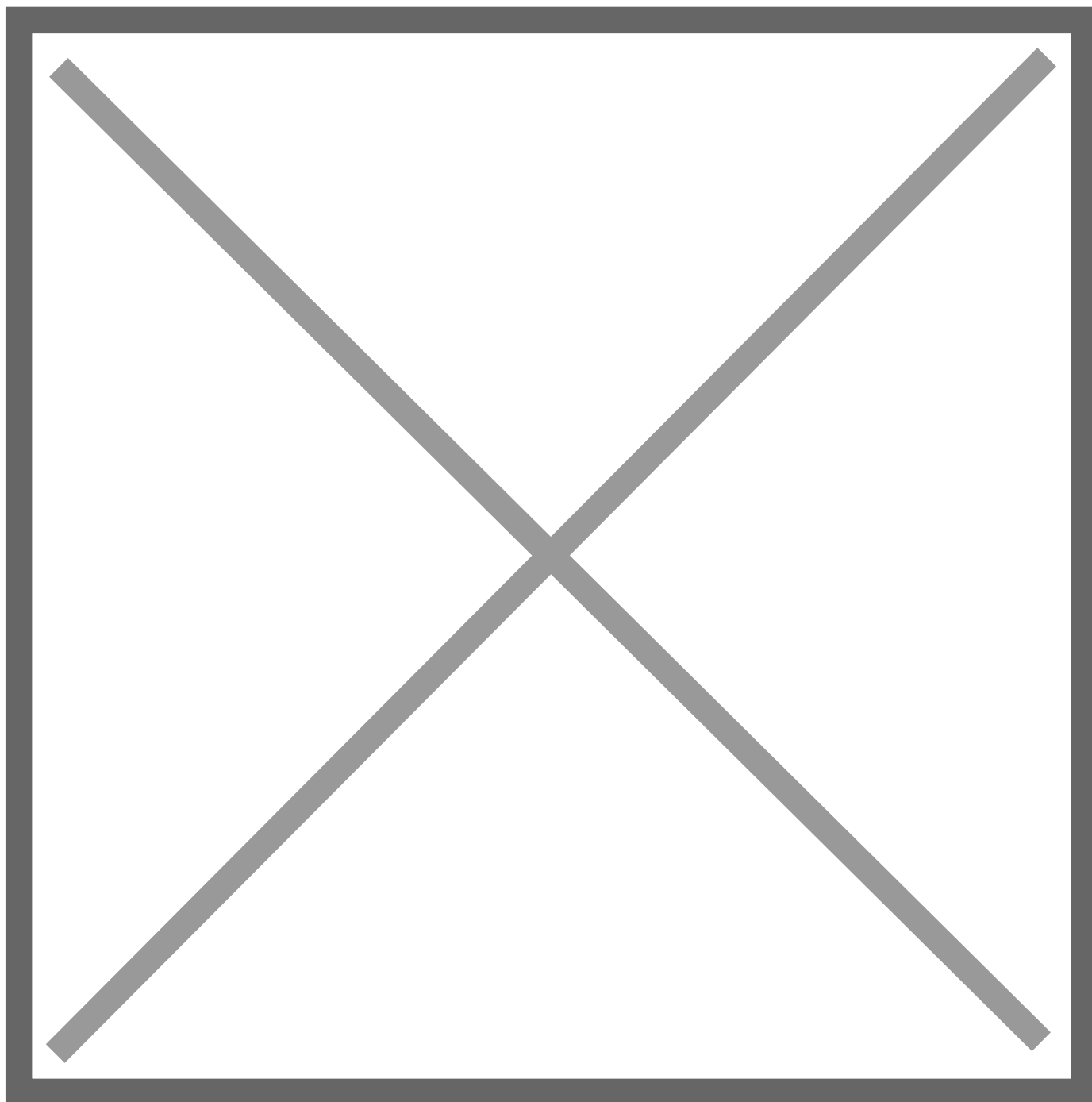
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nezadostna telesna aktivnost

Otroci, 2016



Vrsta ankete:	Samoprijavljeni
Starost:	11-17
Literatura:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

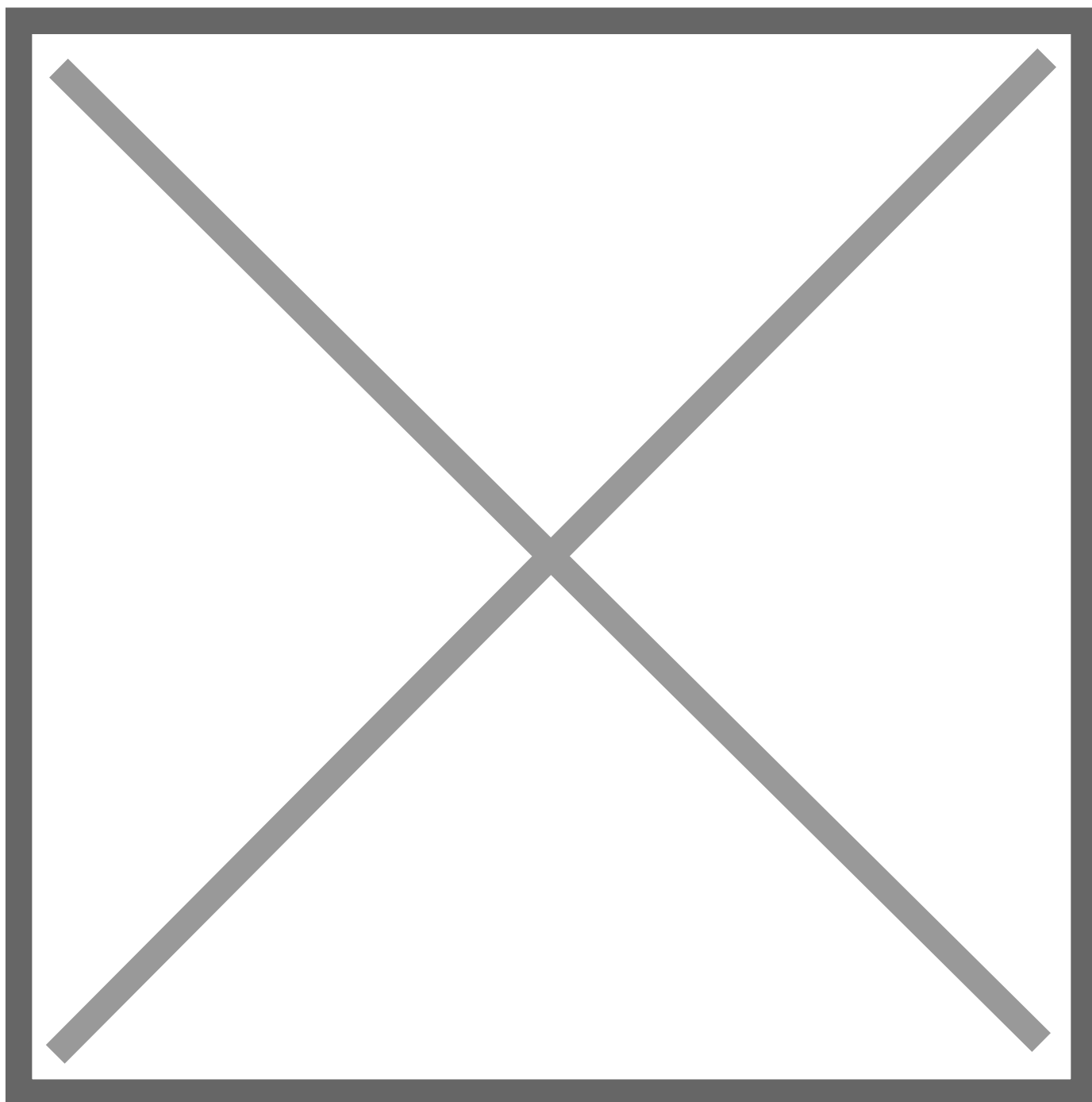
**Opombe (na
voljo samo v
angleščini):**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije (na
voljo samo v
angleščini):**

% Adolescents insufficiently active (age standardised estimate)

Dejavnost, 2016



Vrsta ankete:

Samoprijavljeni

Starost:

11-17

Literatura:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

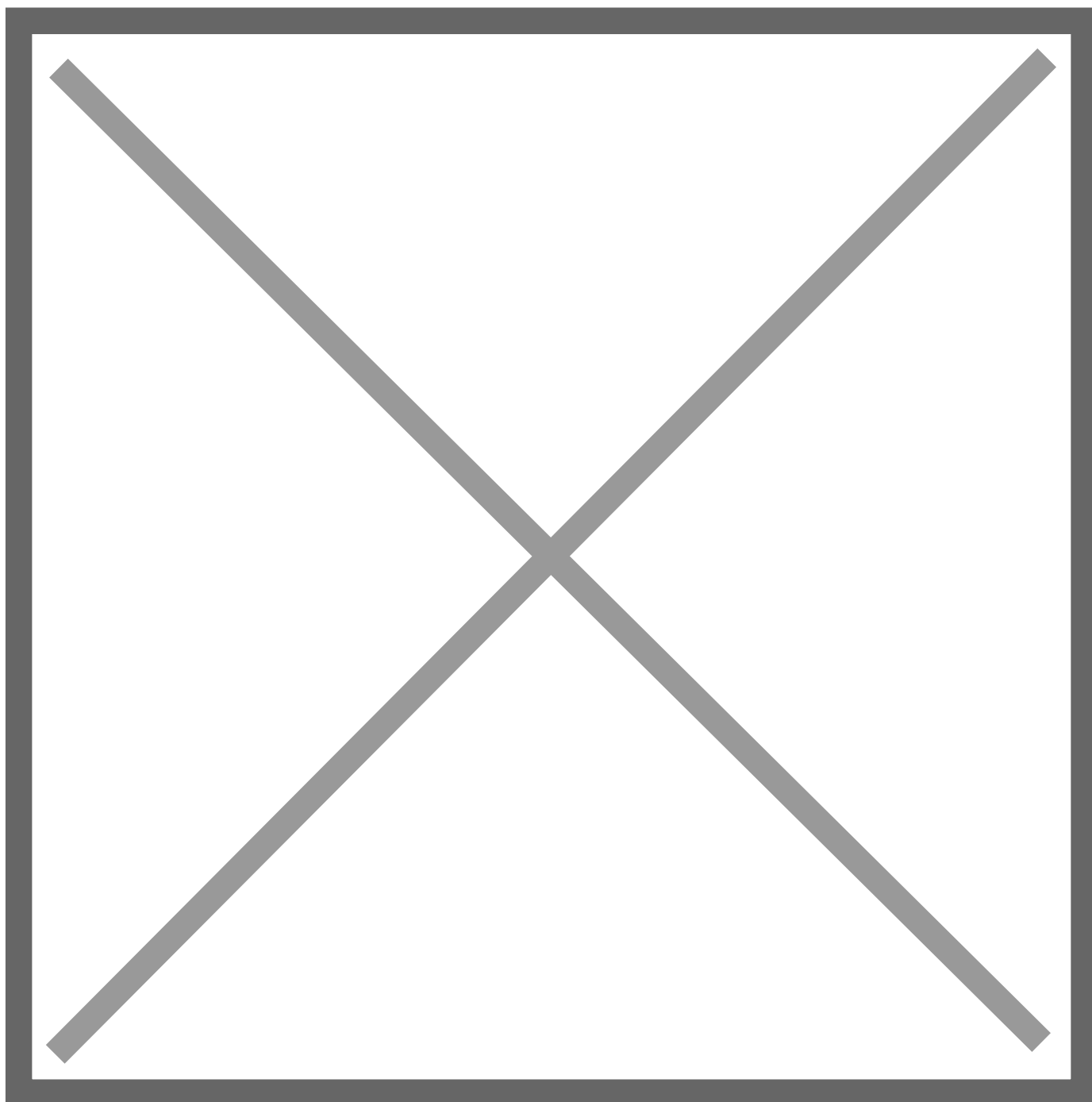
**Opombe (na
voljo samo v
angleščini):**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije (na
voljo samo v
angleščini):**

% Adolescents insufficiently active (age standardised estimate)

Deklice, 2016



Vrsta ankete:

Samoprijavljeni

Starost:

11-17

Literatura:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

**Opombe (na
voljo samo v
angleščini):**

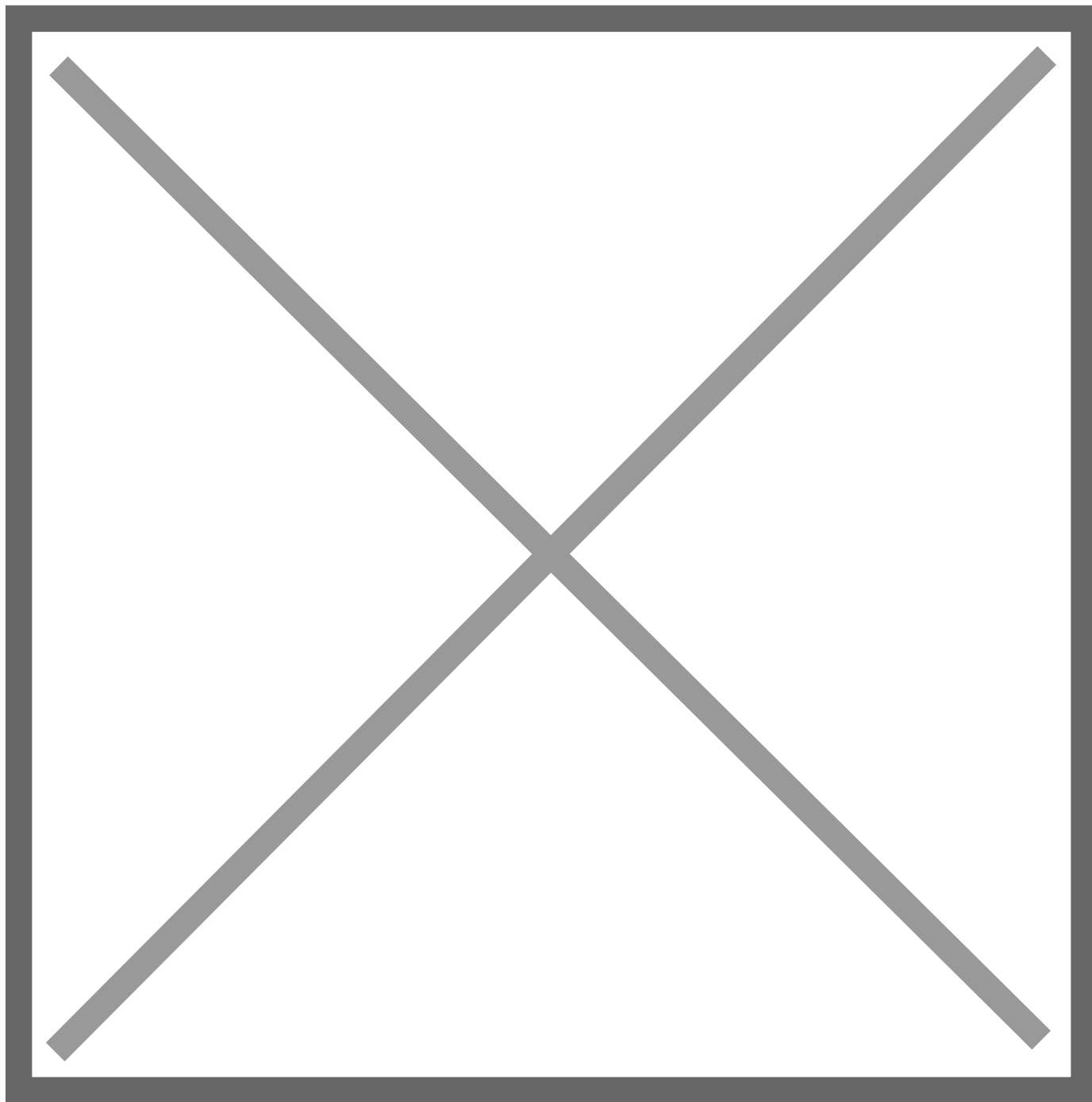
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije (na
voljo samo v
angleščini):**

% Adolescents insufficiently active (age standardised estimate)

DuÅševno zdravje ââ depresivne motnje

Otroci, 2021



Zajeto obmoÅje:

Na drÅavni ravni

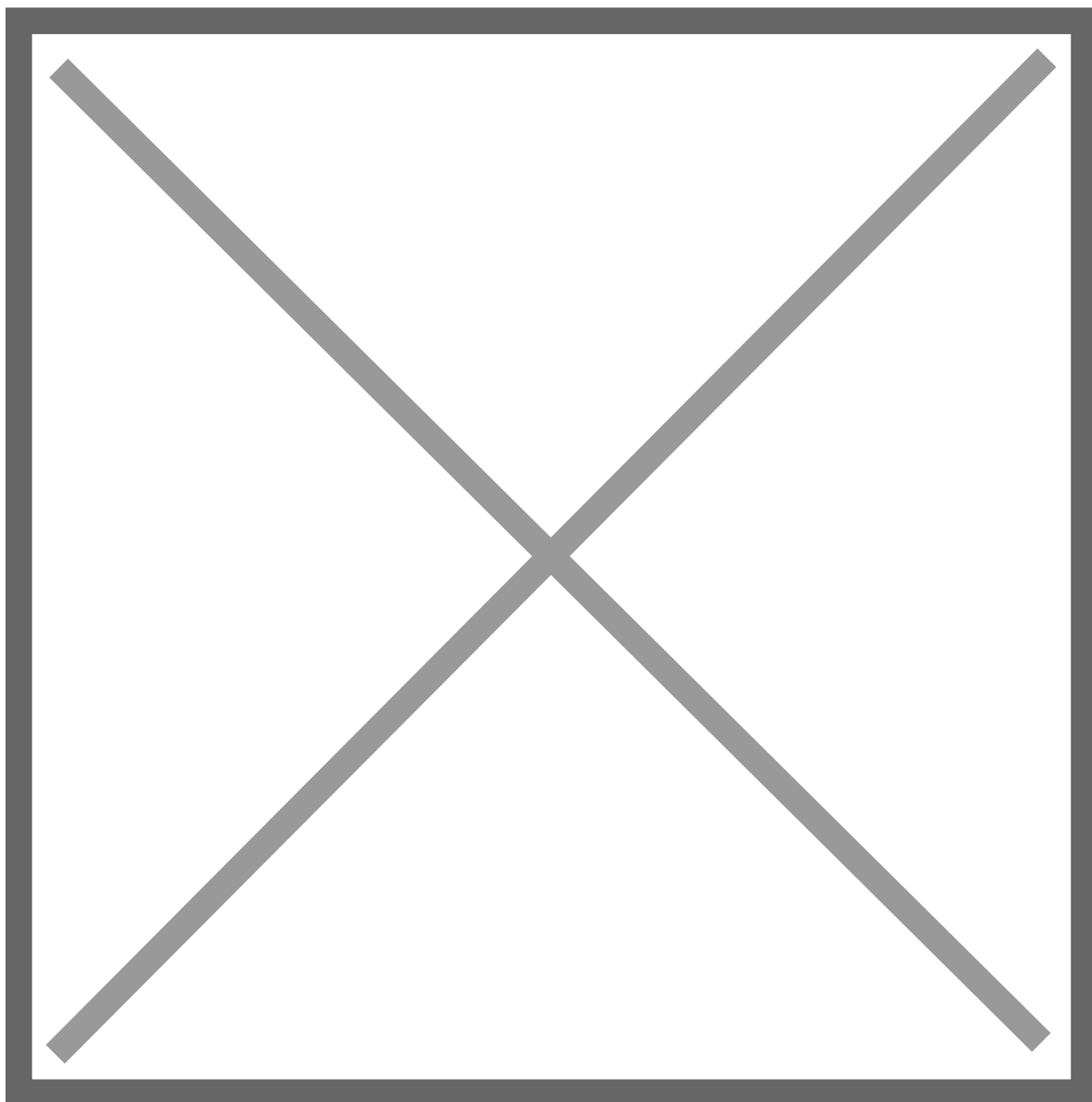
Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije (na
voljo samo v
angleščini):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Dejavniki, 2021



Zajeto območje:

Na državni ravni

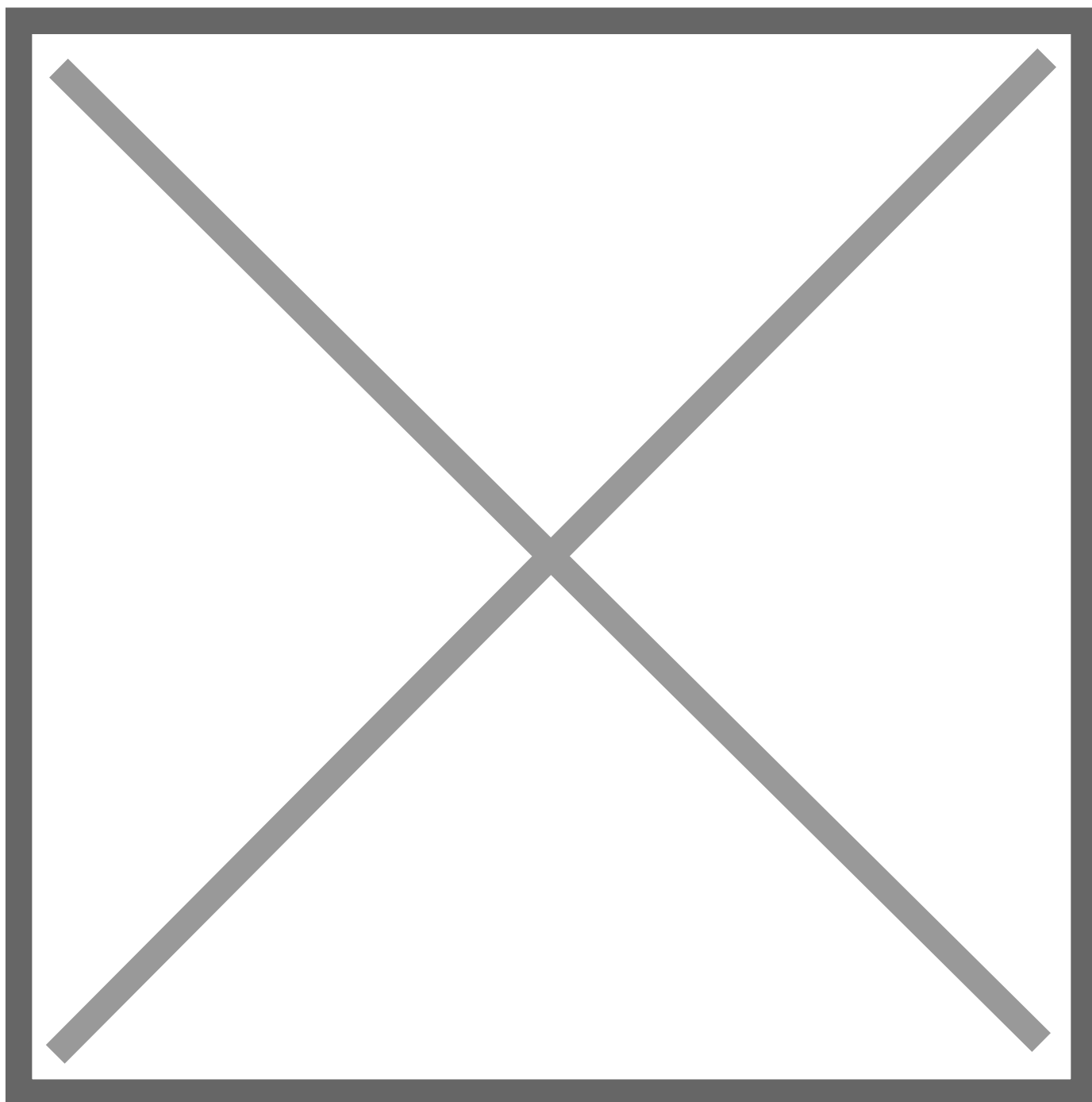
Literatura:

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**Definicije (na
voljo samo v
angleščini):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Deklice, 2021



Zajeto območje
je:

Na državni ravni

Literatura:

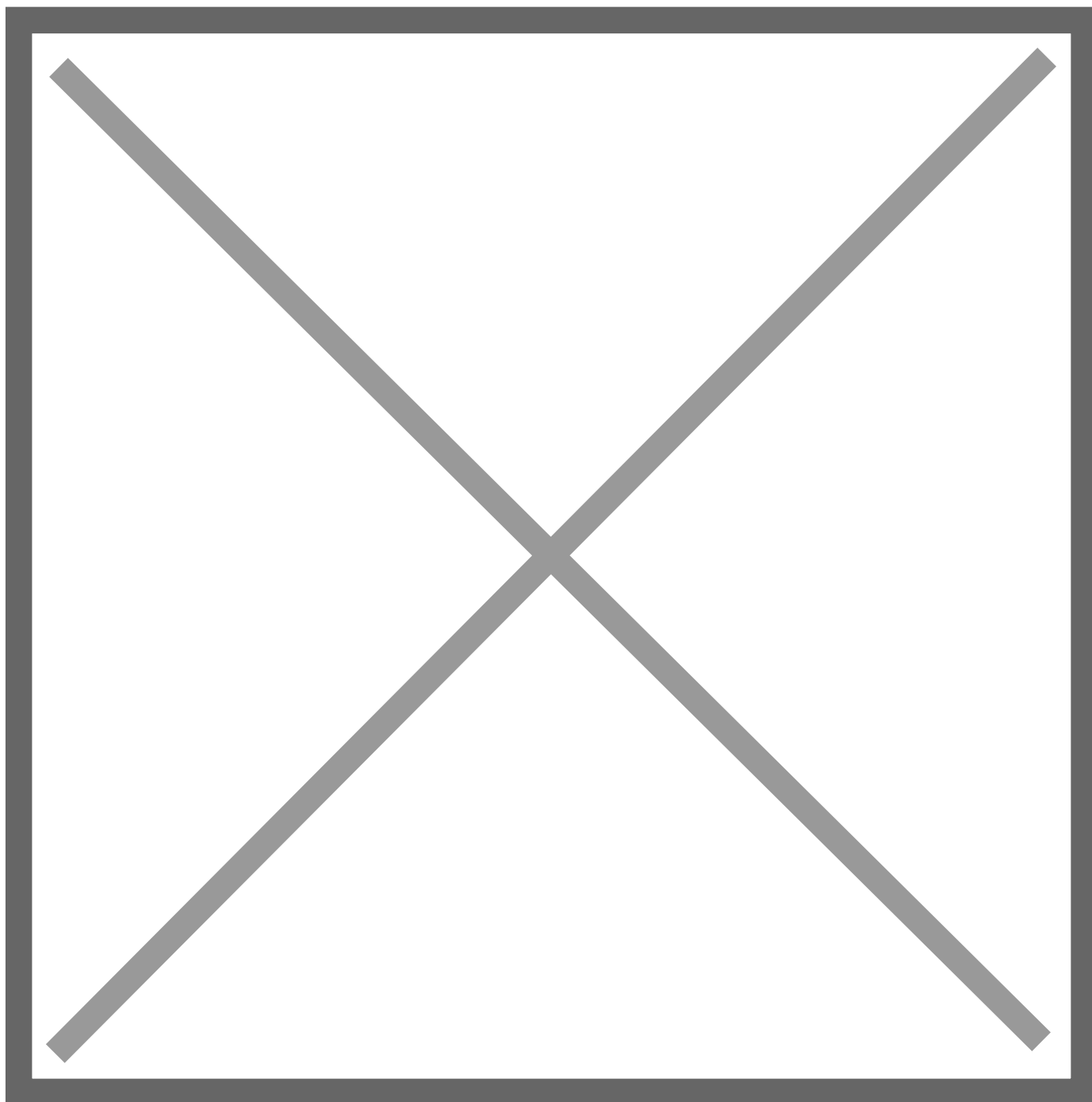
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije (na
voljo samo v
angleščini):**

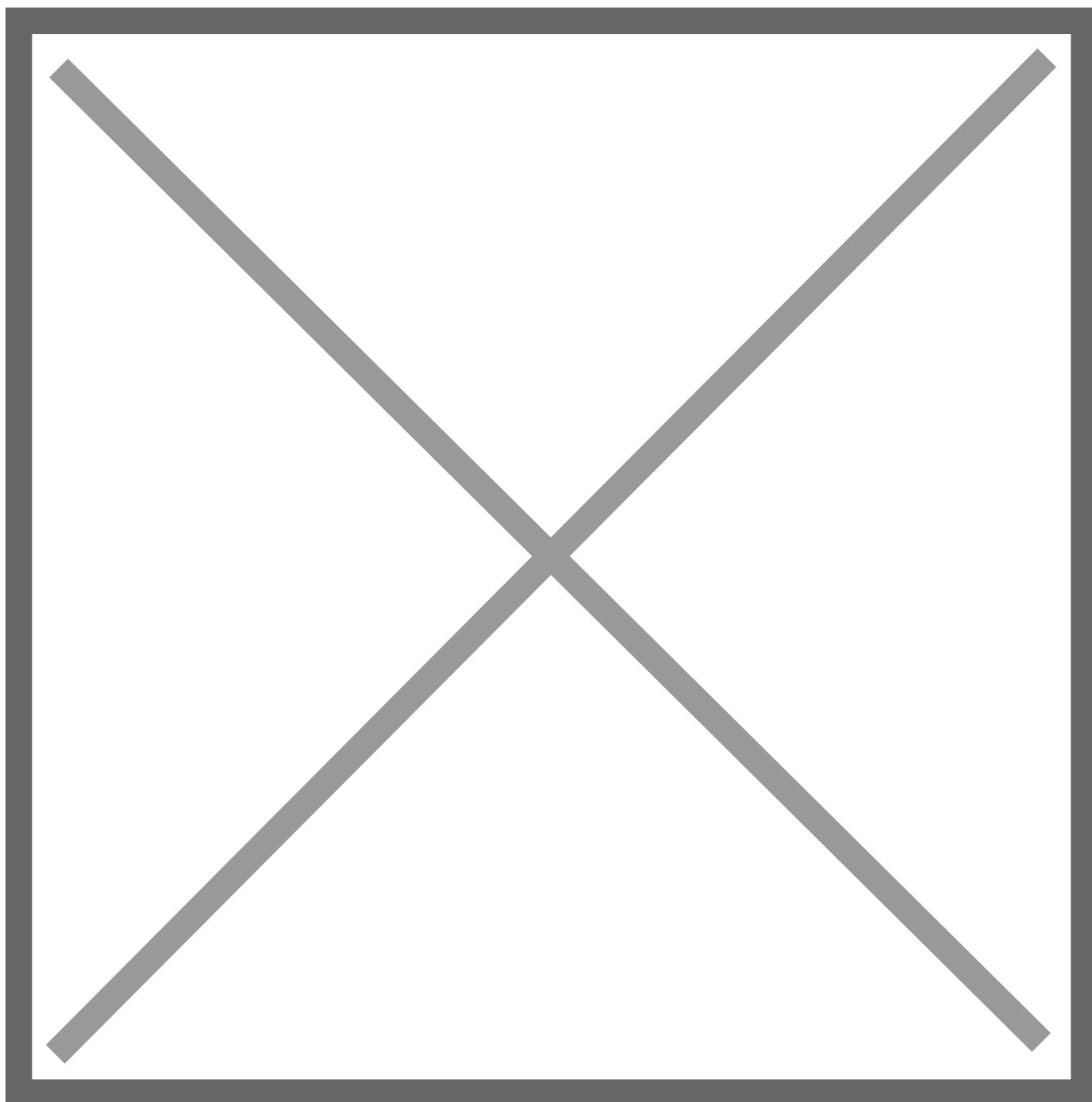
Number living with depressive disorder per 100,000 population (Under 20 years of age)

Duševno zdravje â€” anksiozne motnje

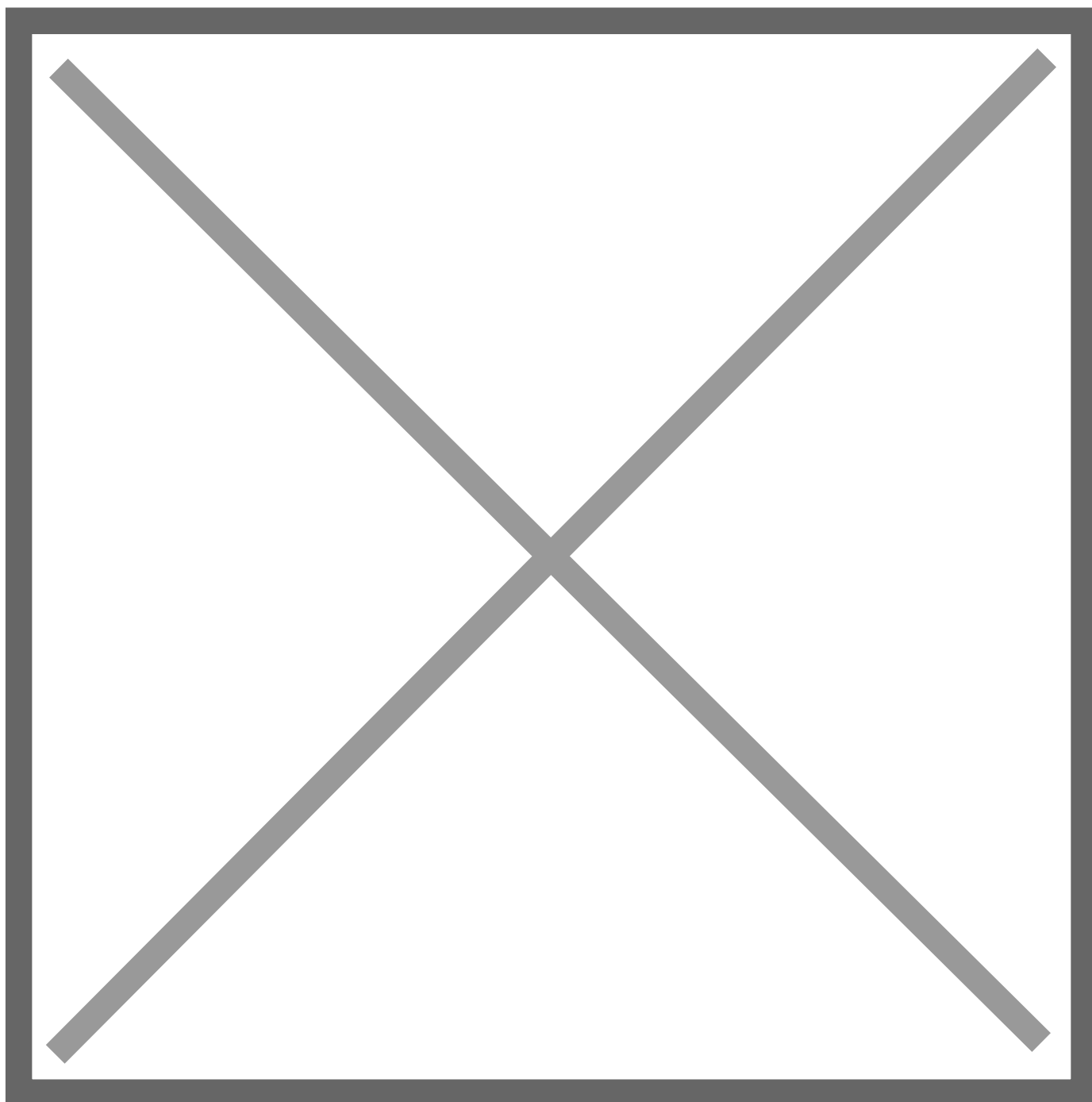
Otroci, 2021

**Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Dejavnost, 2021**Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Deklice, 2021**Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025