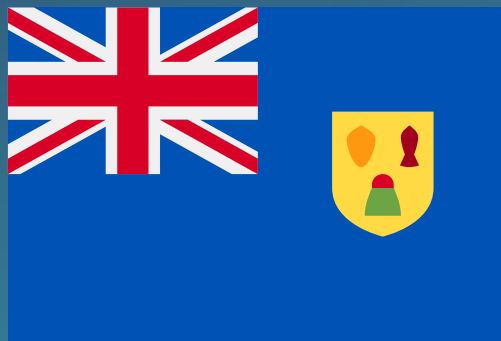




# Turks and Caicos Islands



## Country report card

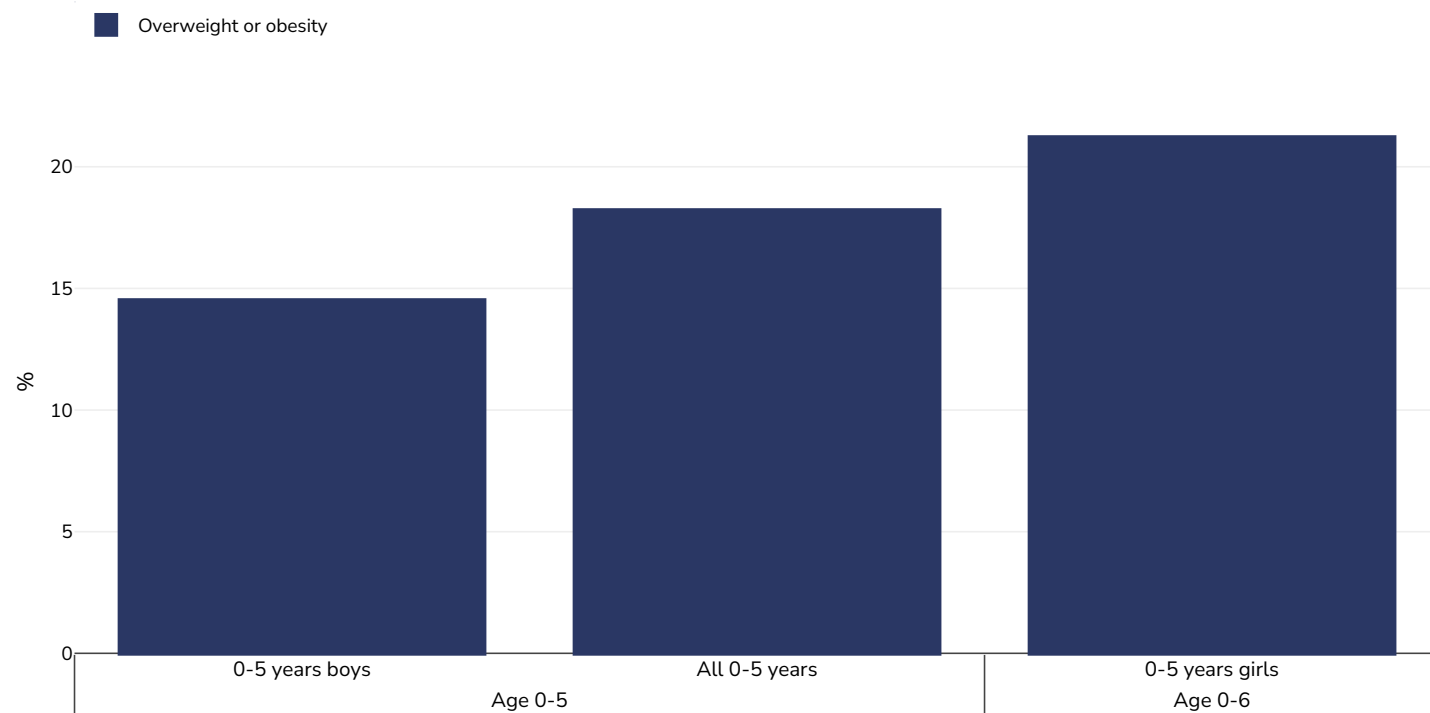
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/turks-and-caicos-islands-221/>.*

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% Infants exclusively breastfed 0-5 months	□

## Obesity prevalence

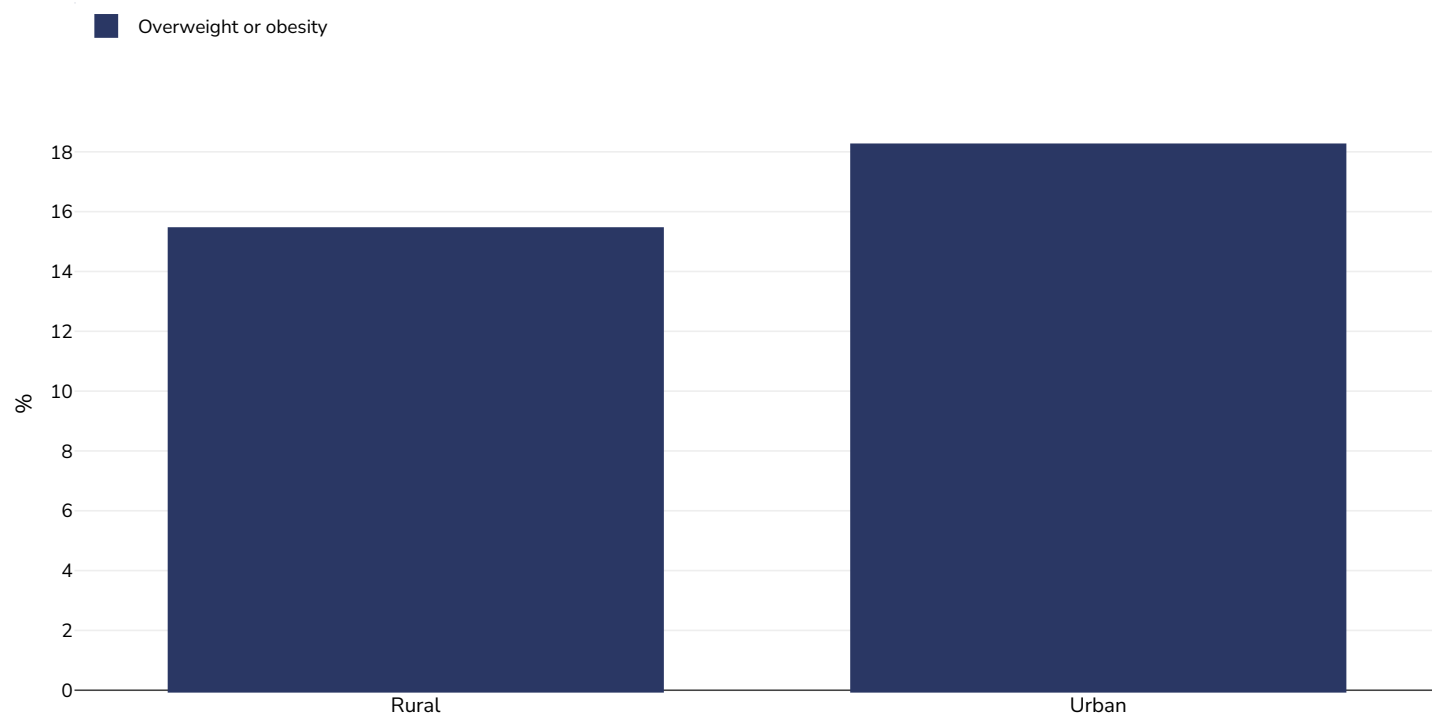
### 0-5 years, 2019-2020



Survey type:	Measured
Sample size:	280
Area covered:	National
References:	Department of Statistics. 2021. Turks & Caicos Islands Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Grand Turk, Turks & Caicos Islands: Department of Statistics.
Notes:	Infants. Small sample size.
Definitions:	Weight for height
Cutoffs:	WHO

## Overweight/obesity by region

0-5 years, 2019-2020



**Sample size:** 280

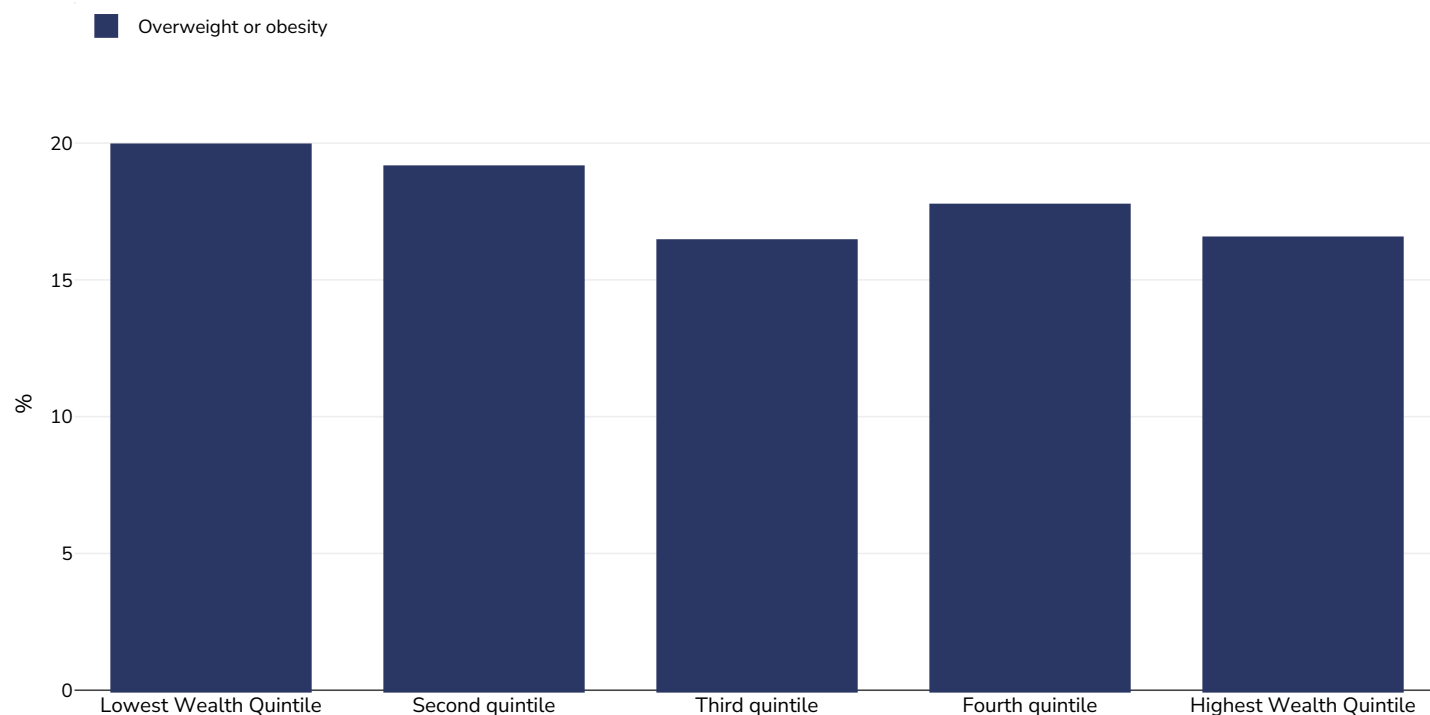
**References:** MICS: Turks & Caicos Islands Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Grand Turk, Turks & Caicos Islands: Department of Statistics

**Notes:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitions:** =>+2SD

## Overweight/obesity by socio-economic group

0-5 years, 2019-2020



**Sample size:** 280

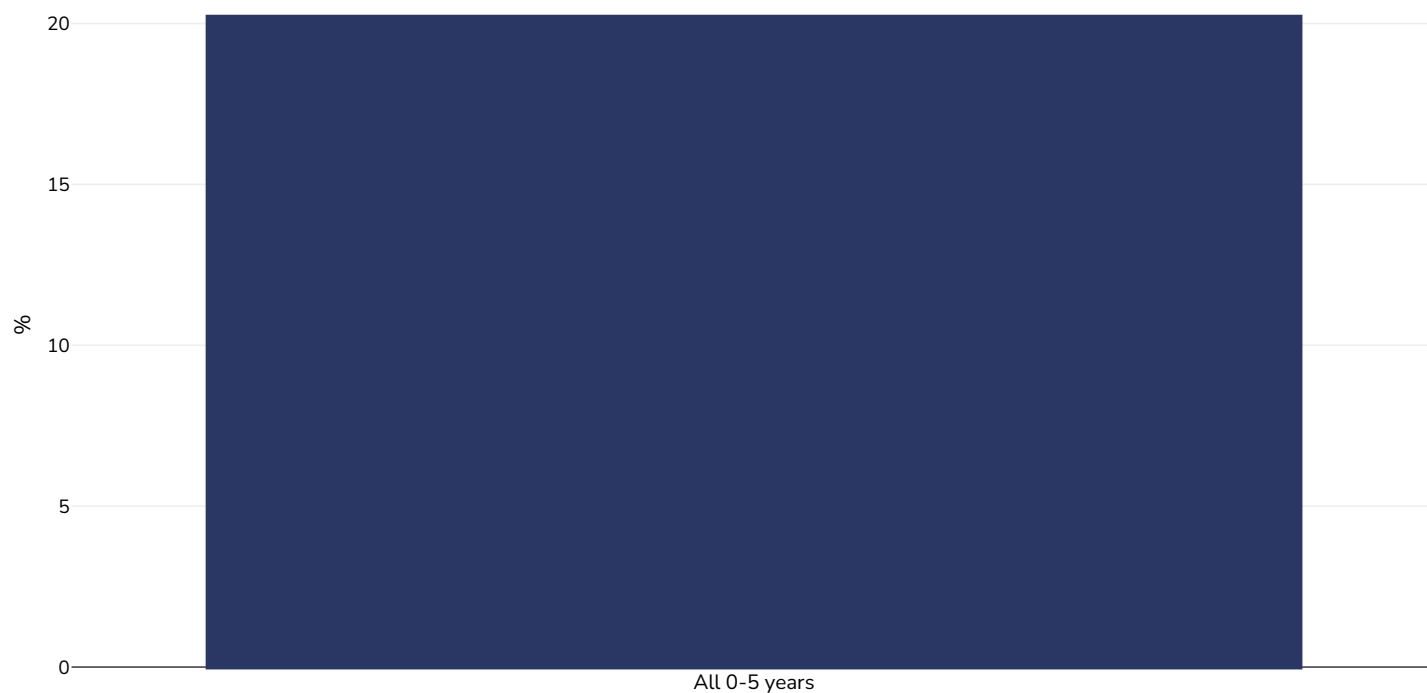
**References:** MICS: Turks & Caicos Islands Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Grand Turk, Turks & Caicos Islands: Department of Statistics

**Notes:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitions:** =>+2SD

## Double burden of underweight & overweight

0-5 years, 2019-2020



<b>Survey type:</b>	Measured
<b>Age:</b>	0-5
<b>References:</b>	United Nations Children’s Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <a href="https://data.unicef.org/topic/nutrition/malnutrition/">https://data.unicef.org/topic/nutrition/malnutrition/</a> [Accessed 06.08.25]
<b>Notes:</b>	Turks & Caicos Islands Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Grand Turk, Turks & Caicos Islands: Department of Statistics
<b>Definitions:</b>	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
<b>Cutoffs:</b>	WHZ <-2, HAZ <-2 and WHZ >+2

## % Infants exclusively breastfed 0-5 months

*PDF created on March 20, 2026*