

Turkey



Policies, Interventions and Actions

Okul Gıdası Hakkında Teblig

National mandatory standards for food available in schools adopted by Ministry of Agriculture and Forestry from October 2020. (Available only in Turkish language)

Categories:	Evidence of School Food Regulations
Year(s):	2020 (ongoing)
Target age group:	Children
Organisation:	Ministry of Agriculture and Forestry
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/66550 (last accessed 20.07.22)

Türk Gıda Kodeksi Gıdalara Vitaminler, Mineraller ve Belirli Diğer Öğelerin Eklenmesi Hakkında Yönetmelikte Değişiklik Yapılmasına Dair Yönetmelik

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by the Ministry of Agriculture and Forestry from May 2020. (Available only in Turkish language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Agriculture and Forestry
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/39780 (last accessed 18.07.22)

PREVENTION OF ADULT AND CHILDHOOD OBESITY AND PHYSICAL ACTIVITY ACTION PLAN 2019 - 2023

Categories:	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2019-2023
Target age group:	Adults and children
Organisation:	General Directorate of Public Health
Linked document:	Download linked document
References:	Turkey Healthy Eating and Active Life Program", Ministry of Health, People General Directorate of Health, Ankara 2019

The Turkey Pledge

2018 Update to the Turkey pledge

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2018 (ongoing)
Target age group:	Children
Organisation:	Association of Turkish Advertisers (RVD)
Linked document:	Download linked document

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

Türk Gıda Kodeksi Gıda Etiketleme ve Tüketicileri Bilgilendirme Yönetmeliği

Mandatory national labelling guidelines for pre-packaged food approved by the Minister of Food, Agriculture and Livestock and adopted from January 2017. (Available only in Turkish language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Minister of Food, Agriculture and Livestock
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/36196 (last accessed 04.07.22)

Dietary Guidelines for Turkey (Türkiye Beslenme Rehberi)

Turkey published its food-based dietary guidelines in 2004. The English version was published in 2006. These were updated in 2015

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	Turkey Nutrition Guide TUBE 2015", "T. C. Ministry of Health Publication No: 1031, Ankara 2016. Available at http://www.gercekdiyetsiyenler.com/wp-content/uploads/2016/12/TUBER.pdf (last accessed 30.10.20)

2014/7127 Bazi Mallara Uygulanan Özel Tüketim Vergisi Oranlari İle Maktu Ve Asgarî Maktu Vergi Tutarlarının Tespît Edilmesi Hakkında Karar

Mandatory volume or weight based specific excise tax on unhealthy food or drink products adopted by Bakanlar Kurulu from December 2014. (Available only in Turkish language)

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2014 (ongoing)
Target age group:	Adults and children
Organisation:	Bakanlar Kurulu
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/fr/node/82251 (last accessed 11.07.22)

Healthy Eating and Active Life Program of Turkey

Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2014-2017
Target age group:	Adults and children
Organisation:	General Directorate of Public Health
Linked document:	Download linked document
References:	Turkey Healthy Eating Active Life Program and the Ministry of Health, Public Health Agency of Turkey (2013)

Turkiye Fiziksel Aktivite Rehberi (Turkey Physical Activity Guide)

In Turkish

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2014 (ongoing)
Target age group:	Adults and children
Organisation:	T.R. Turkey Ministry of Health Public Health Agency of Obesity, Diabetes and Metabolic Diseases Department
Linked document:	Download linked document
References:	Turkiye Fiziksel Aktivite Rehberi . Turkey Ministry of Health Public Health Agency of Obesity, Diabetes and Metabolic Diseases Department (2014) Available at https://dosyaism.saglik.gov.tr/Eklenti/12302,2014-fiziksel-aktivite-rehberipdf.pdf?0 (last accessed 30.10.20)

Yayın Hizmeti Usul Ve Esasları Hakkında Yönetmelik (Değişik)

Advertising aimed at children and young people shall not encourage or condone excessive consumption of foods and beverages containing substances the excessive consumption of which is not recommended, such as fats, trans fatty acids, salt or sodium and sugars. Adopted from April 2014. (Available only in Turkish language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2014 (ongoing)
Target age group:	Children
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/43103 (last accessed 20.07.22)

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

