

# Trinidad e Tobago

## Policies, Interventions and Actions



### National Strategic Plan for the Prevention and Control of Non Communicable Diseases: Trinidad and Tobago 2017 - 2021

The National Strategic Plan for the Prevention and Control of Non Communicable Diseases (NSP NCD) outlines the strategic direction for the response to Non Communicable Diseases (NCDs) in Trinidad and Tobago (TTO), and the strategic outcomes that partners from government, private sector, and civil society will be engaged to collaborate towards their achievement over the period 2017-2021.

Categories:	Evidence of NCD strategy
Year(s):	2017-2021
Target age group:	Adulti e bambini
Organisation:	The Ministry of Health, Trinidad and Tobago
Linked document:	<a href="#">Download linked document</a>

### NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adulti e bambini
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

## National School Health Policy

Trinidad & Tobago: National Nutrition Standards for Foods Offered to Children in Schools. National School Health Policy (2015)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2015 (ongoing)
Target age group:	Bambini
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>
References:	Details currently unavailable

## Pan American Health Organization (PAHO) - Plan of Action for the Prevention of Obesity in Children and Adolescents

This 5-year action plan was signed by PAHO member countries, aiming to halt the rise in obesity among children and adolescents. It calls for a number of policies, including taxes on unhealthy food and drink, labelling and marketing regulation, health promotion, school nutrition improvement, and breastfeeding promotion.

Categories:	Transnational Obesity Strategies/Policy/Recommendations or Action Plan
Year(s):	2014-2019
Target age group:	Bambini
Organisation:	Pan American Health Organisation (PAHO), WHO for the Americas
Find out more:	<a href="https://iris.paho.org">iris.paho.org</a>
Linked document:	<a href="#">Download linked document</a>
References:	PAHO. Plan of Action for the Prevention of Obesity in Children and Adolescents. WHO; 2014.

## PSI CORE Youth Movement Program

The 8-week programme, to be repeated at intervals, targets not only improvement in physical fitness, but also in confidence and self-worth, and includes information on healthy nutrition.

Categories:	Evidence of Physical Activity Guidelines/Policy
Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Community Interventions/Campaign
Year(s):	2014 (ongoing)
Target age group:	Bambini
Organisation:	PSI
Linked document:	<a href="#">Download linked document</a>

## Fight the Fat Campaign

The Fight the Fat campaign is an all-year, wellness programme, which targets the national population from primary-school aged children to mature adults, and aims to increase the level of physical activity in the national population, and empower citizens to achieve a healthy weight

Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2012
Target age group:	Adulti e bambini
Organisation:	Ministry of Health
Find out more:	<a href="http://www.health.gov.tt">www.health.gov.tt</a>
Linked document:	<a href="#">Download linked document</a>
References:	Currently a web link to this intervention is unavailable. If you are aware of the location of this document/intervention, please contact us at <a href="mailto:obesity@worldobesity.org">obesity@worldobesity.org</a>

## CARICOM Regional Standard: Specification for labelling of pre-packaged foods (CRS 5: 2010)

Voluntary national labelling guidelines for packaged foods and drinks in place but mandatory when there is a health or nutrition claim. (Available only in English language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2010 (ongoing)
Target age group:	Adulti e bambini
Organisation:	CARICOM Regional Organisation for Standards and Quality
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/25355">https://extranet.who.int/nutrition/gina/en/node/25355</a> (last accessed 10.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Childhood Obesity Prevention Policy

Details unavailable

Categories (partial):	Evidence of National Obesity Strategy/Policy or Action plan
Target age group:	Bambini
Organisation:	Ministry of Health
Find out more:	<a href="#">Link currently unavailable. If you aware of the location of this document please email <a href="mailto:obesity@worldobesity.org">obesity@worldobesity.org</a></a>

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a> Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

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