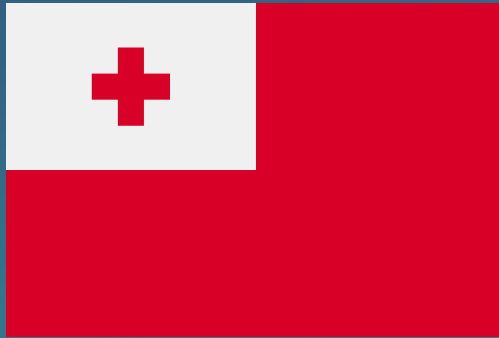




Tonga



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

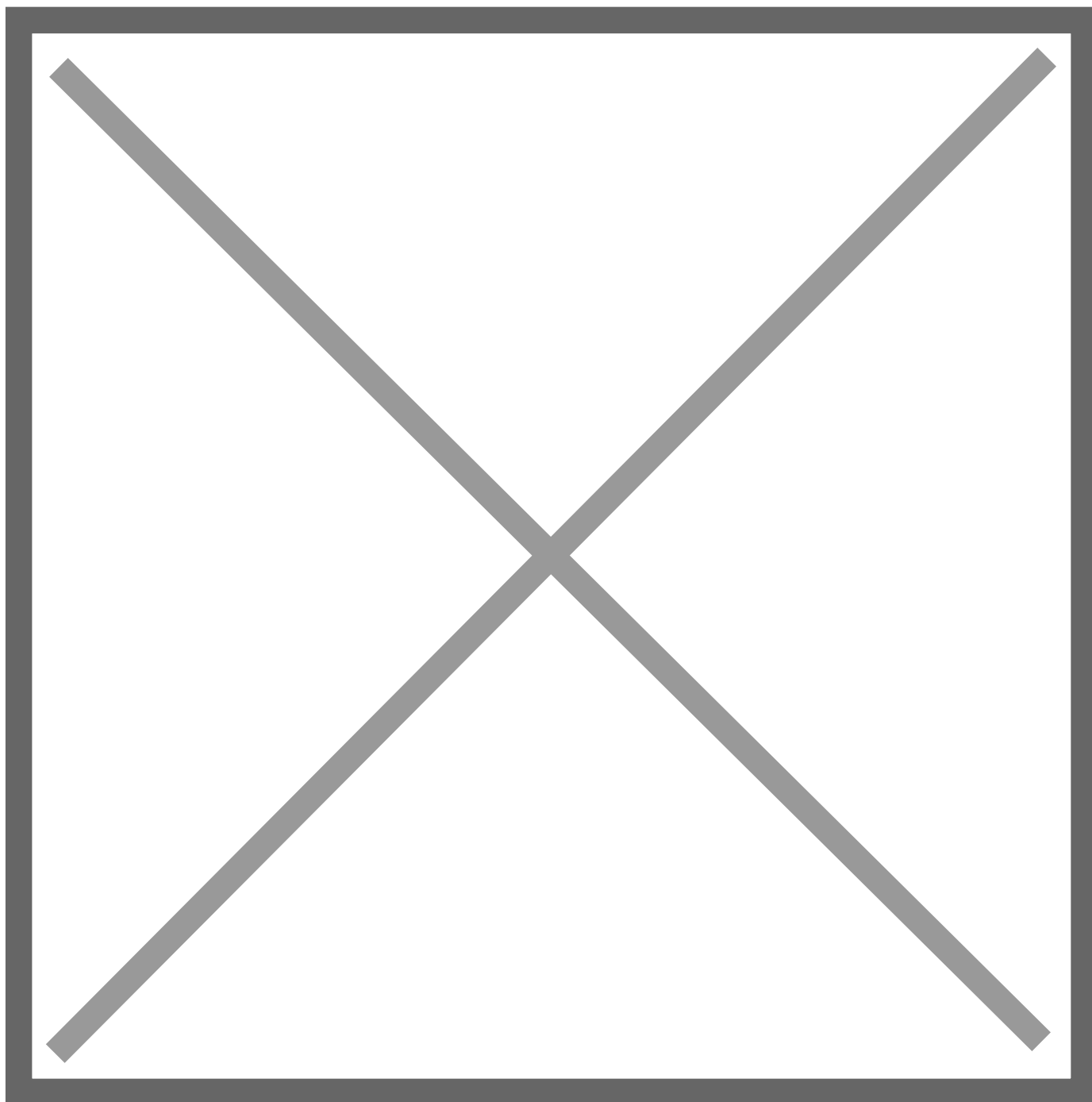
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/tonga-216/>.

Riosca nÃ¡isiÃ³nta murtaill *7,5/10 This is a composite â obesity riskâ score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Riosca murtaill na hÃ³ige *10/11 This is a â risk scoreâ for each countryâ s likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Bunaithe ar shonraÃ measta. Le haghaidh tuilleadh eolais, fÃ©ach FoilseachÃin

LeitheadÁlacht murtaill

PÁistÁ, 2017



CineÁl an
tsuirbhÁ:

Féintuairiscithe

Aois:

13-17

SamplamhÁid:

3333

**Ceantar
CIÁºdaithe:**

NĀĵisiĀªnta

TagairtĀ:

Tonga - Global School-Based Student Health Survey 2017 <https://www.who.int/ncds/surveillance/gshs/tonga/en/> (Last accessed 20.10.20)

Cutoffs:

WHO

Double burden of underweight & overweight

PŃĩstŃ, 2022



CineŃĩ an
tsuirbhŃ:

Tomhaiste

Aois:

5-19

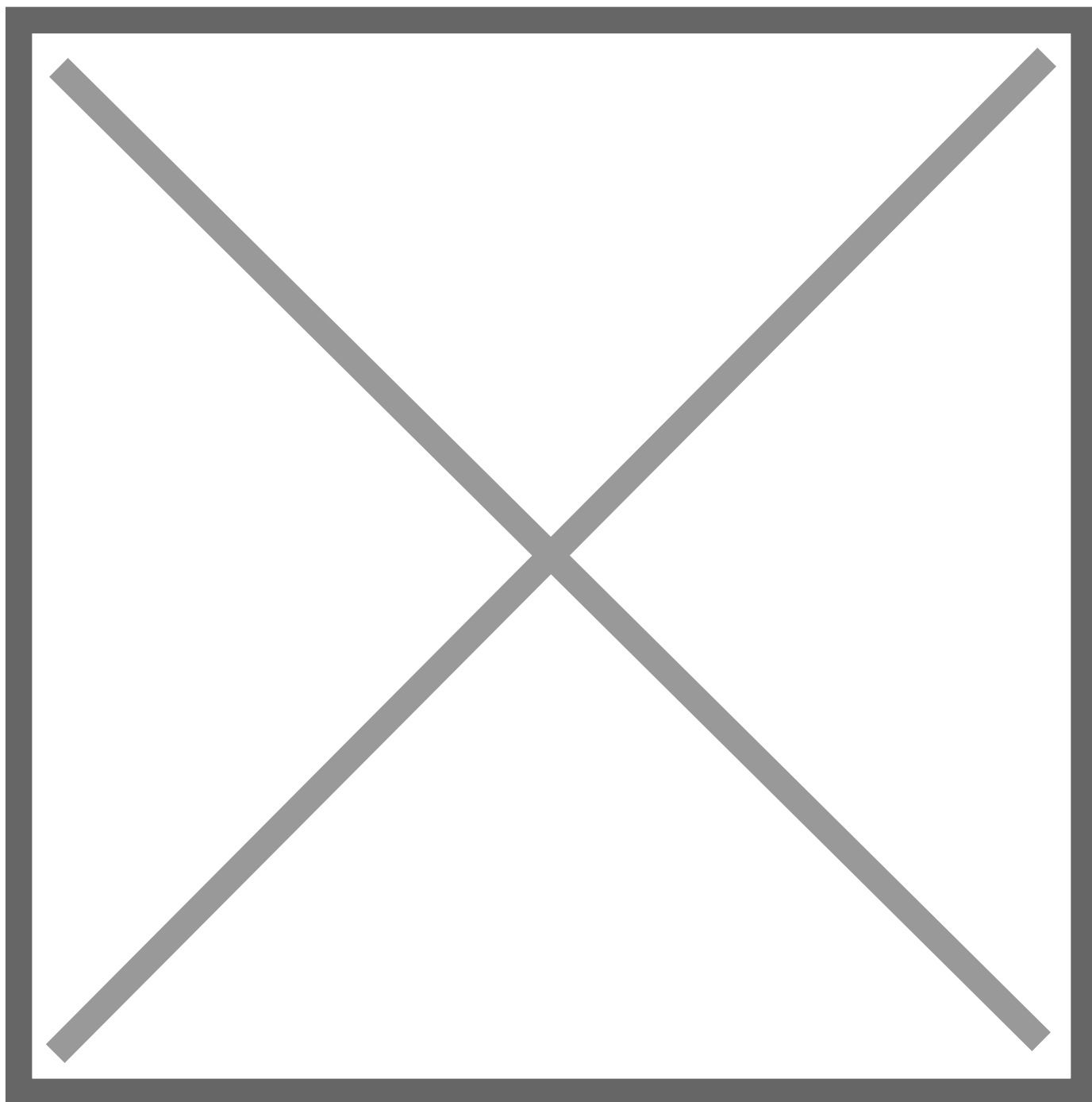
TagairtŃ:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Nótaí:	Age standardised estimates
Sainmháinthe (ar fáil i mBéarla amháin):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Gníomhaíocht choirp neamhimleor

Páistí, 2016



Cineál an tsuirbhí:

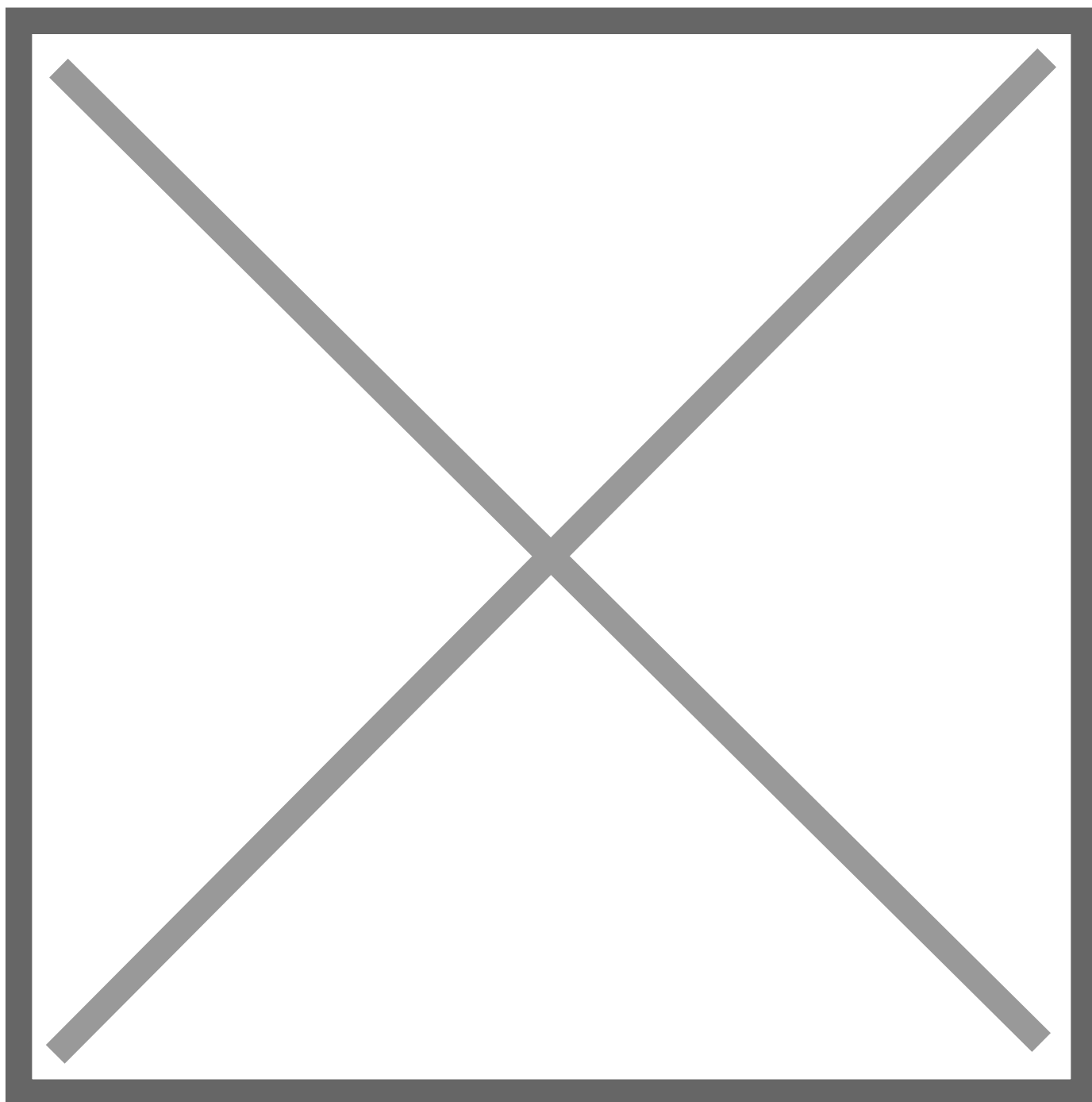
Féintuairiscithe

Aois:

11-17

Tagairt:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Nótaí:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Sainmháinthe (ar fáil i mBéarla amháin):	% Adolescents insufficiently active (age standardised estimate)

Buachaill, 2016



Cineál an tsuirbháil:

Féintuairiscithe

Aois:

11-17

Tagairt:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

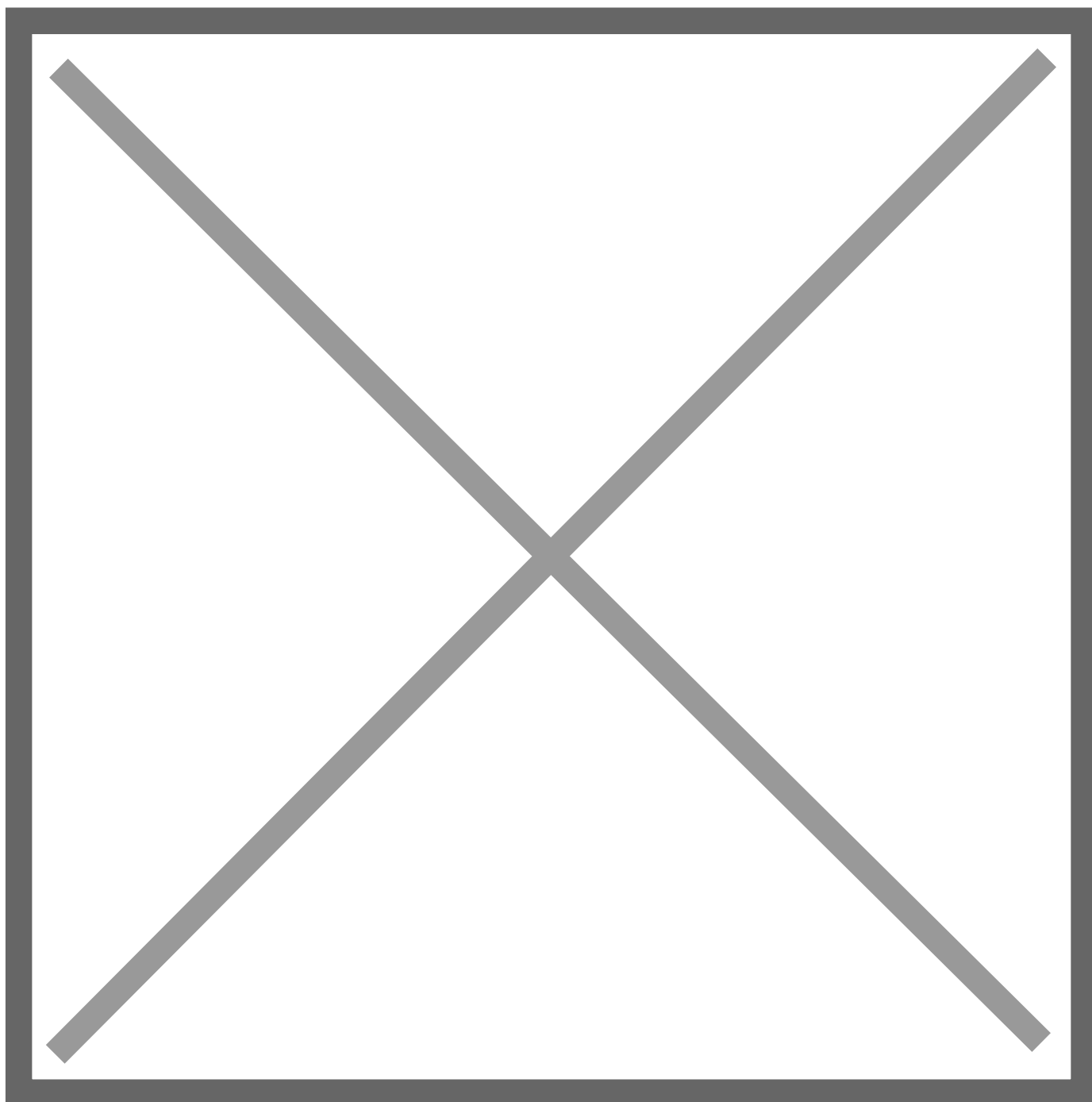
Nótaí:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Sainmh  nithe
(ar f  jil i
mB   arla
amh  jin):**

% Adolescents insufficiently active (age standardised estimate)

CailÃnÃ, 2016



**CineÃjl an
tsuirbhÃ©:**

Féintuairiscithe

Aois:

11-17

TagairtÃ:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Nótaí:

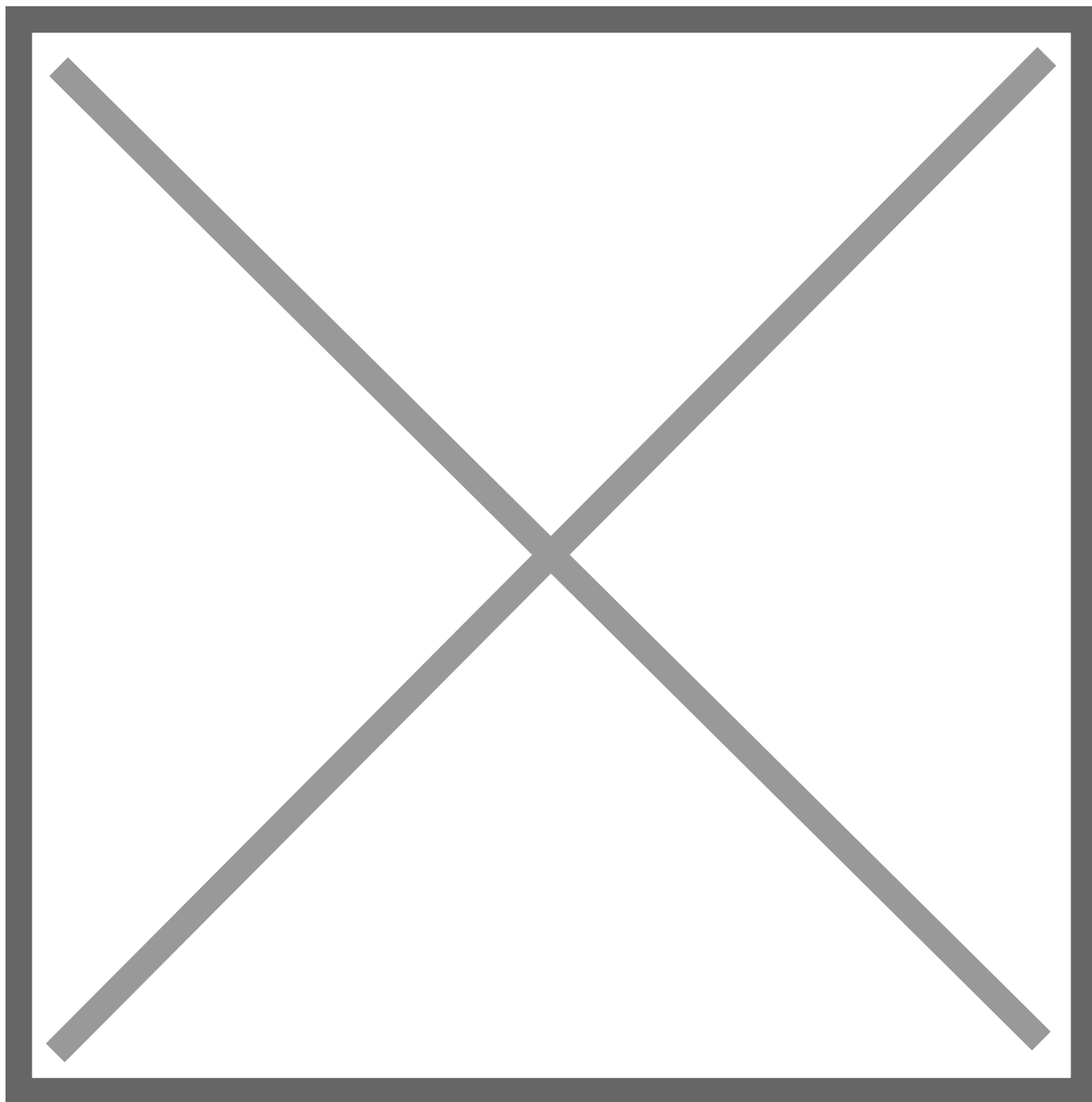
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Sainmh  nithe
(ar f  jil i
mB   arla
amh  jin):**

% Adolescents insufficiently active (age standardised estimate)

Meáinmhínicíocht laethúil Álta na ndeochanna boga carbónáitithe

Páistí, 2010-2015



Cineál an tsuirbhí:

Tomhaiste

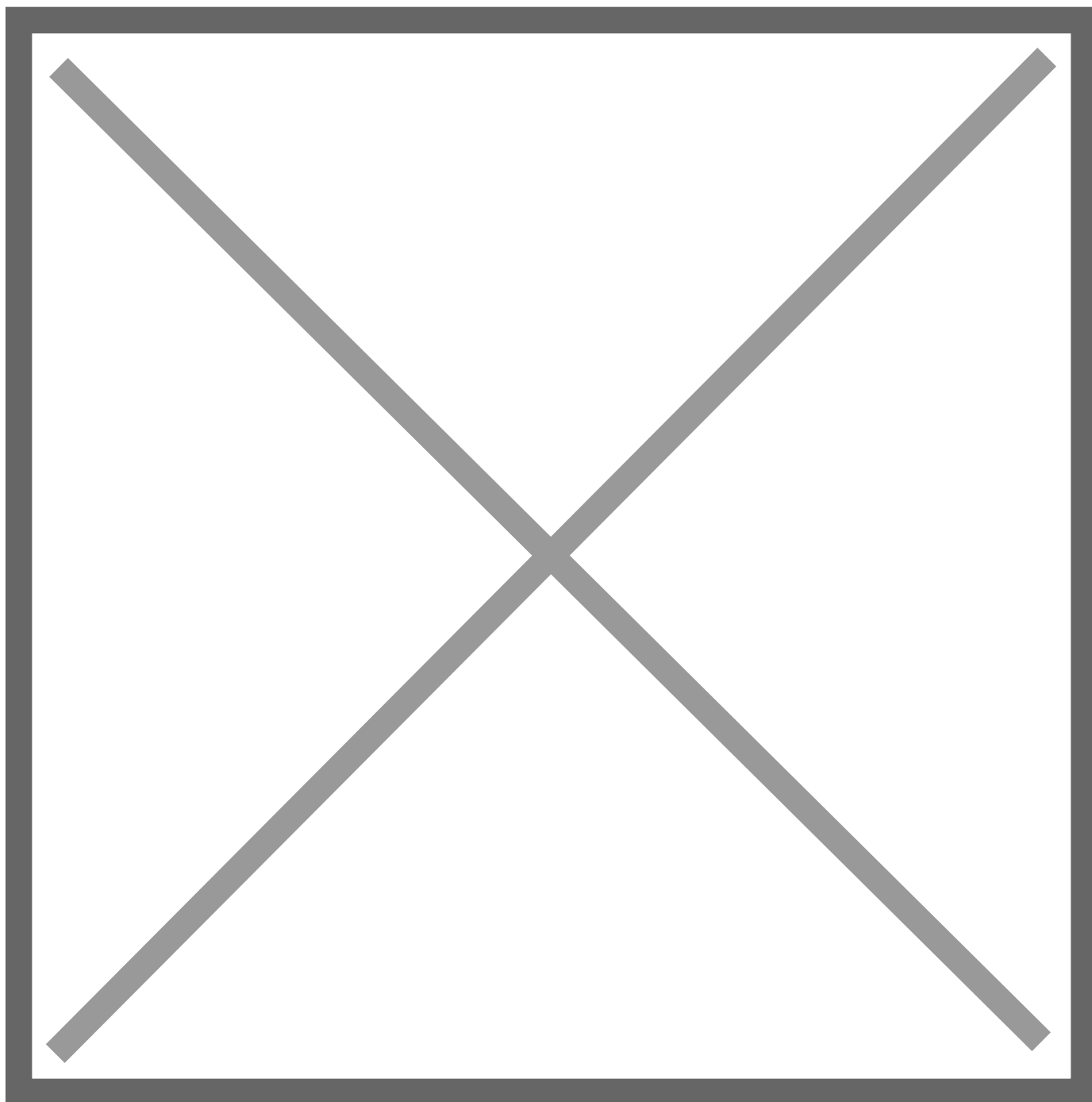
Aois:

12-17

Tagairt:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Leitheadáilacht naos lá nár ithe laetháil torthaá Páistá, 2010-2015



Cineál an tsuirbhá:

Tomhaiste

Aois:

12-17

Tagairt:

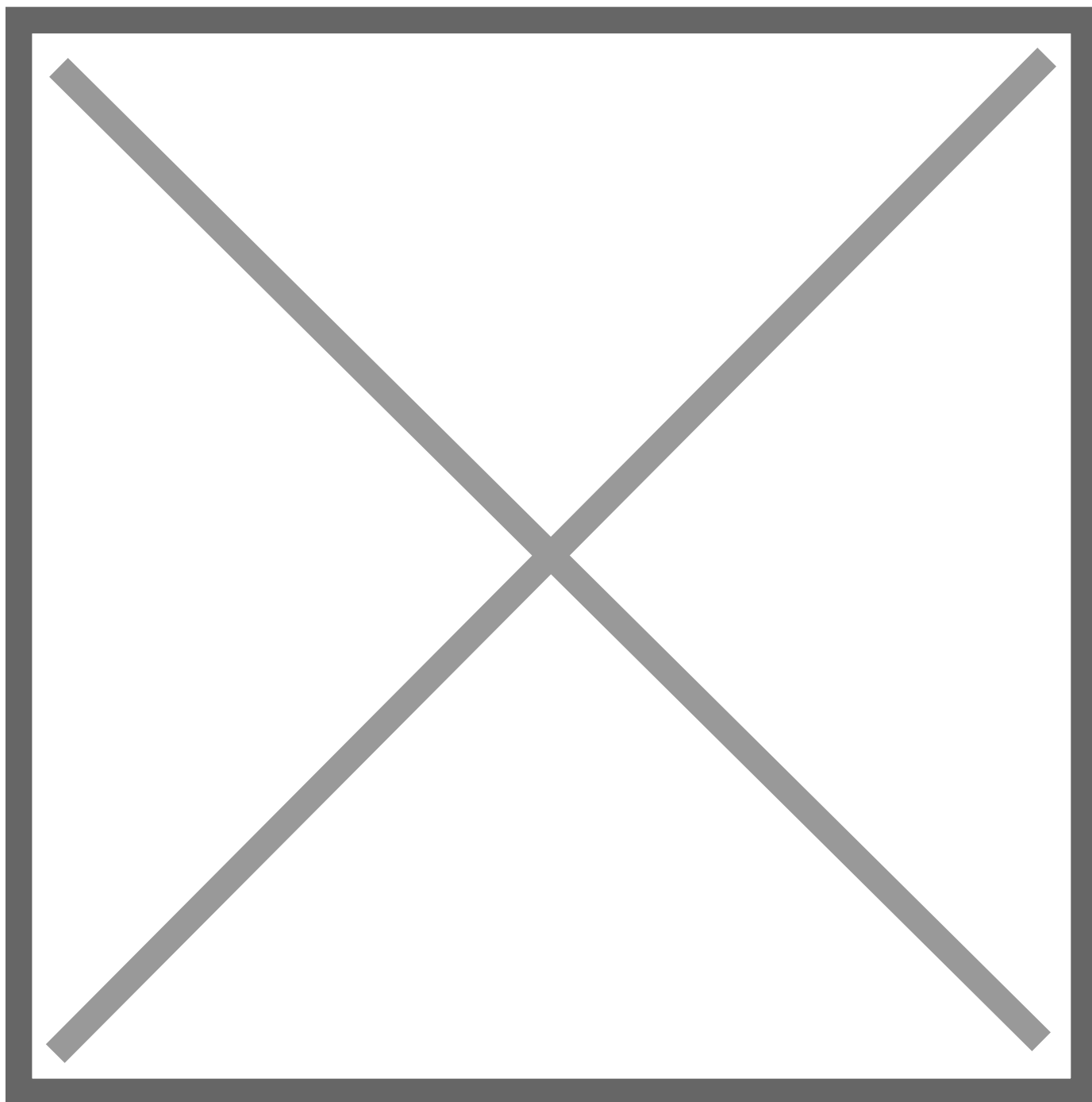
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Sainmh  nithe
(ar f  il i
mB  arla
amh  jin):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Leitheadáilacht nAos lá nA; ithe laetháil glasraA

PÁistA, 2010-2015



CineAil an
tsuirbhA:

Tomhaiste

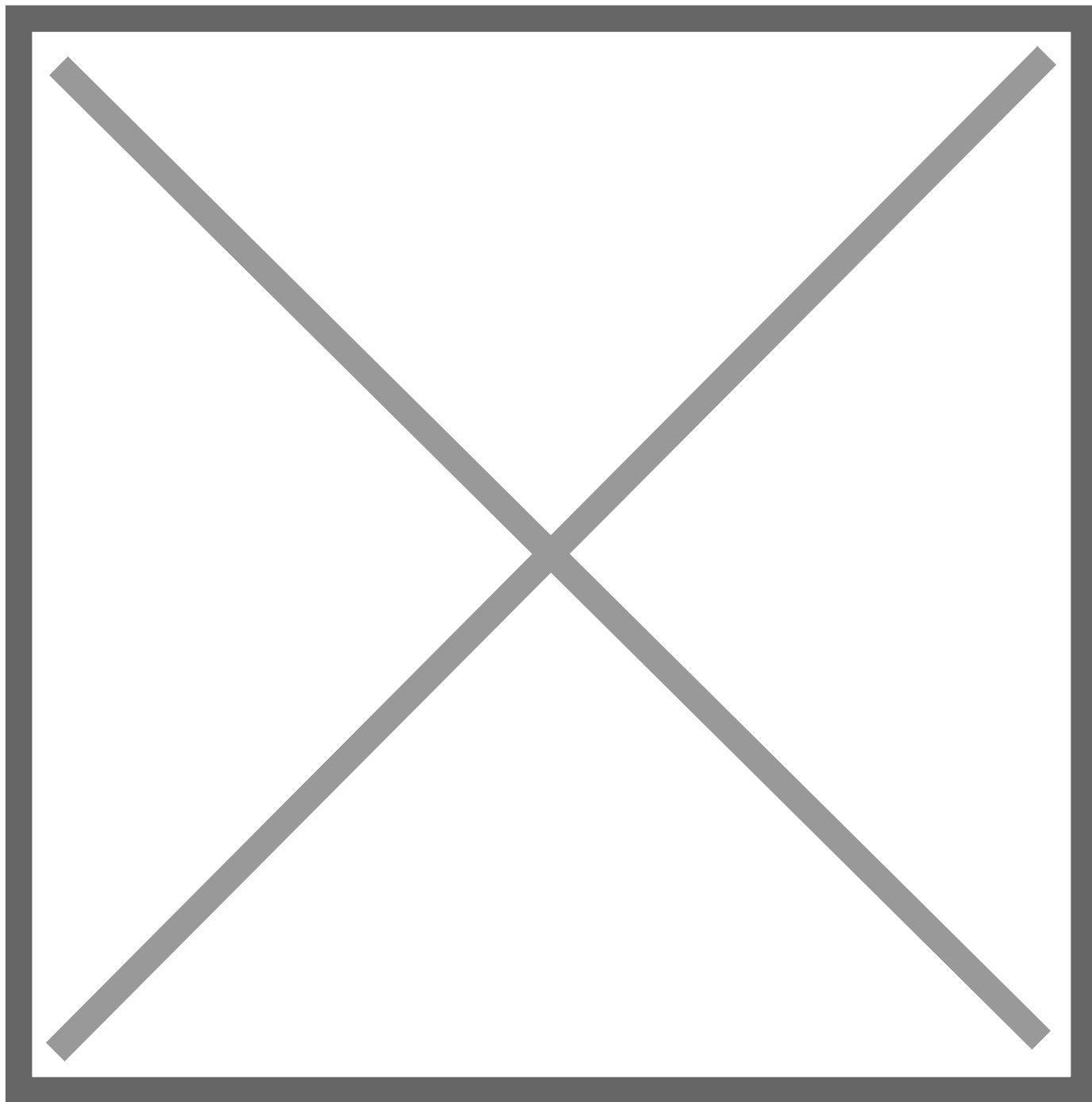
Aois:

12-17

Tagairt: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Sainmh  nithe
(ar f  il i
mB  arla
amh  jin):** Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

MeáinmhinicAocht sheachtainiAºil ithe an mhearbhia PÁistA, 2010-2015

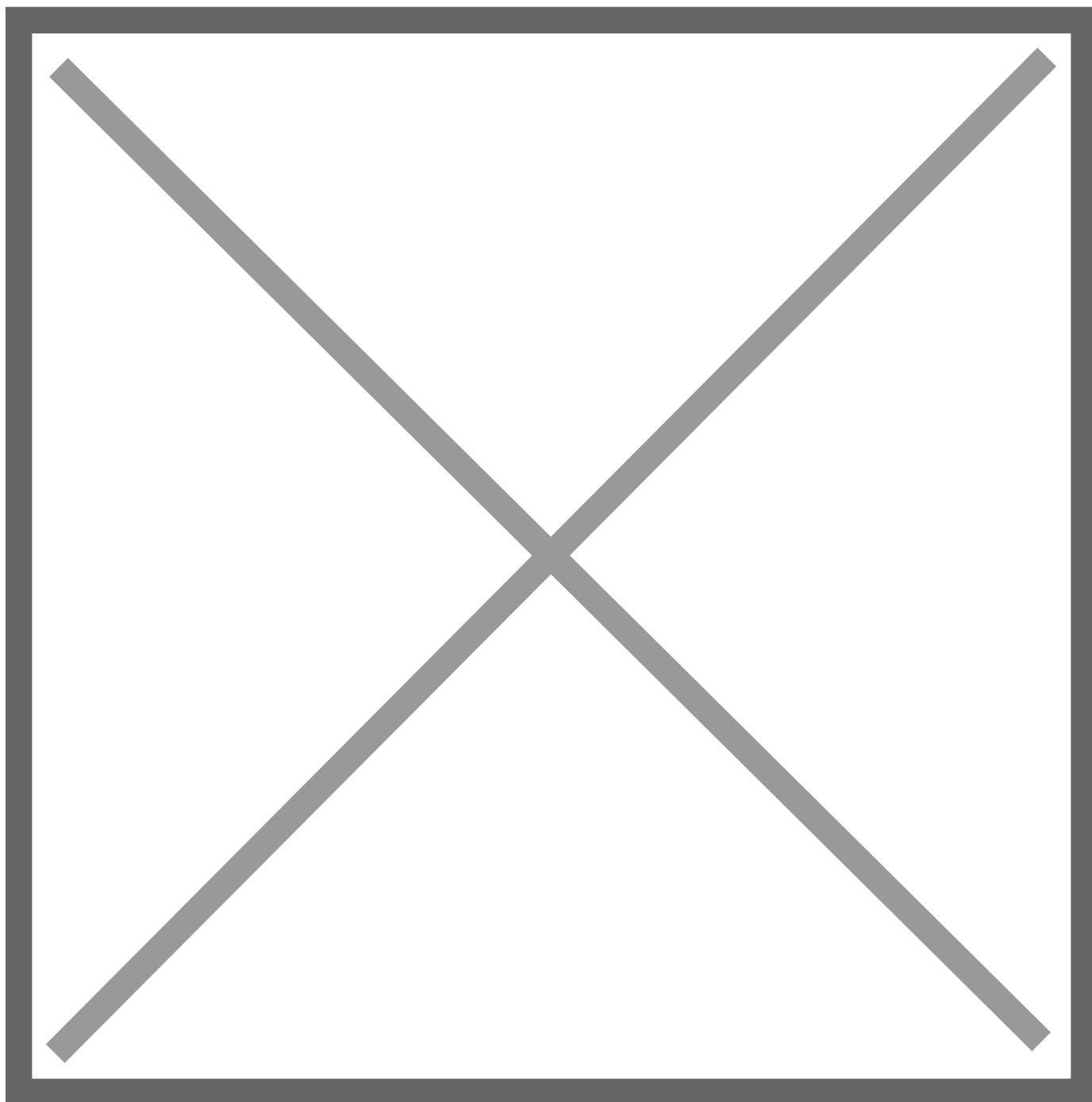


Aois: 12-17

TagairtA: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Meabhairshláinte - neamhoird dAilagar

Páistí, 2021



**Ceantar
Cláiríoch:**

Náisiúnta

Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Buachaill, 2021



**Ceantar
Clárúdaíthe:**

Náisiúnta

Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

CailÃnÃ, 2021



Ceantar
CIÃºdaithe:

NÃ¡isiÃºnta

TagairtÃ:

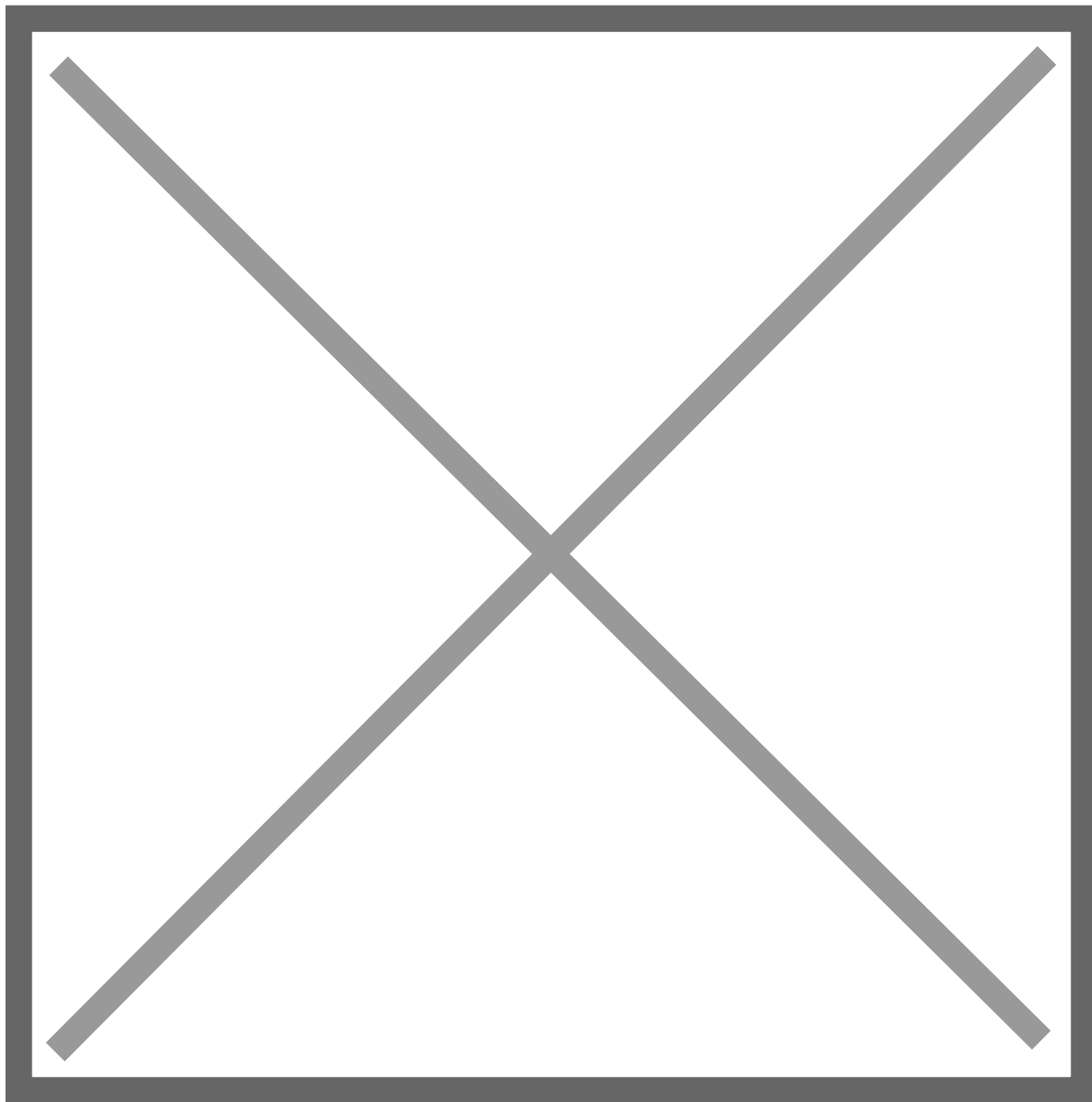
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

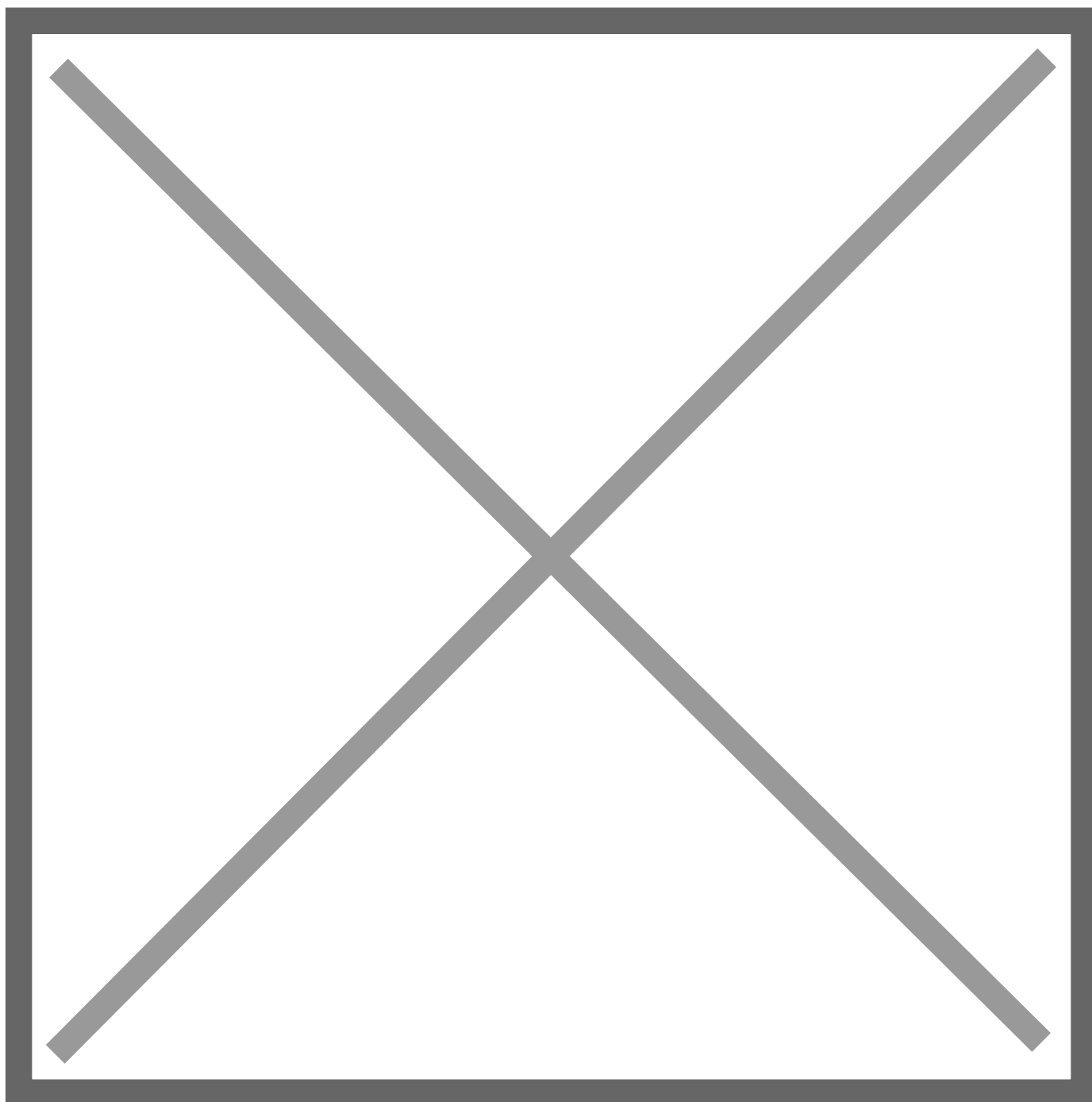
Number living with depressive disorder per 100,000 population (Under 20 years of age)

Meabhairshláinte - neamhoird imní

Páistí, 2021

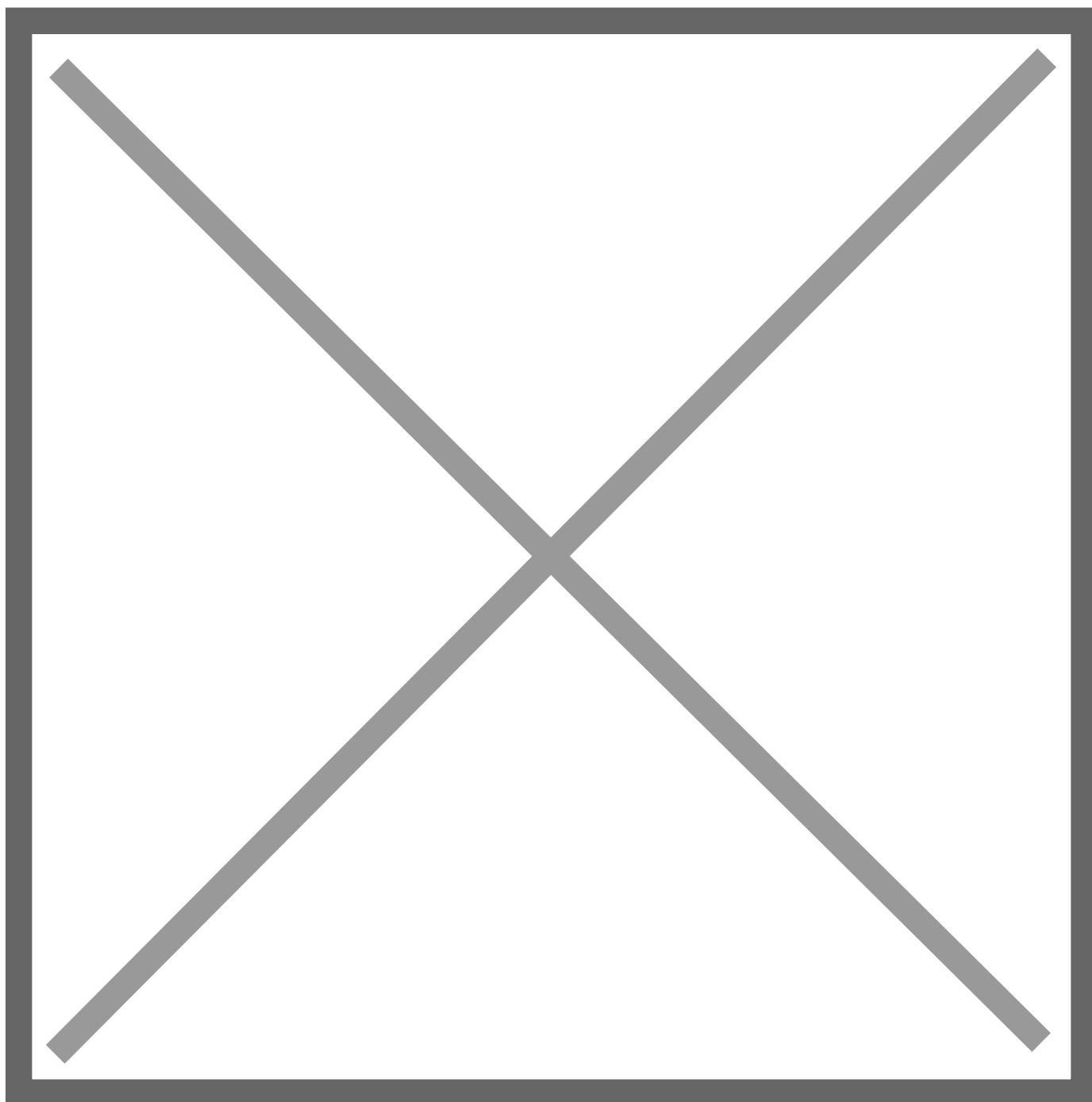
**Tagairt:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

BuachaillÃ, 2021**TagairtÃ:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

CailÃnÃ, 2021



TagairtÃ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on August 9, 2025