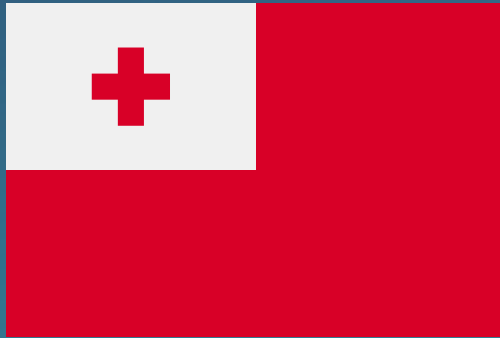




Tonga



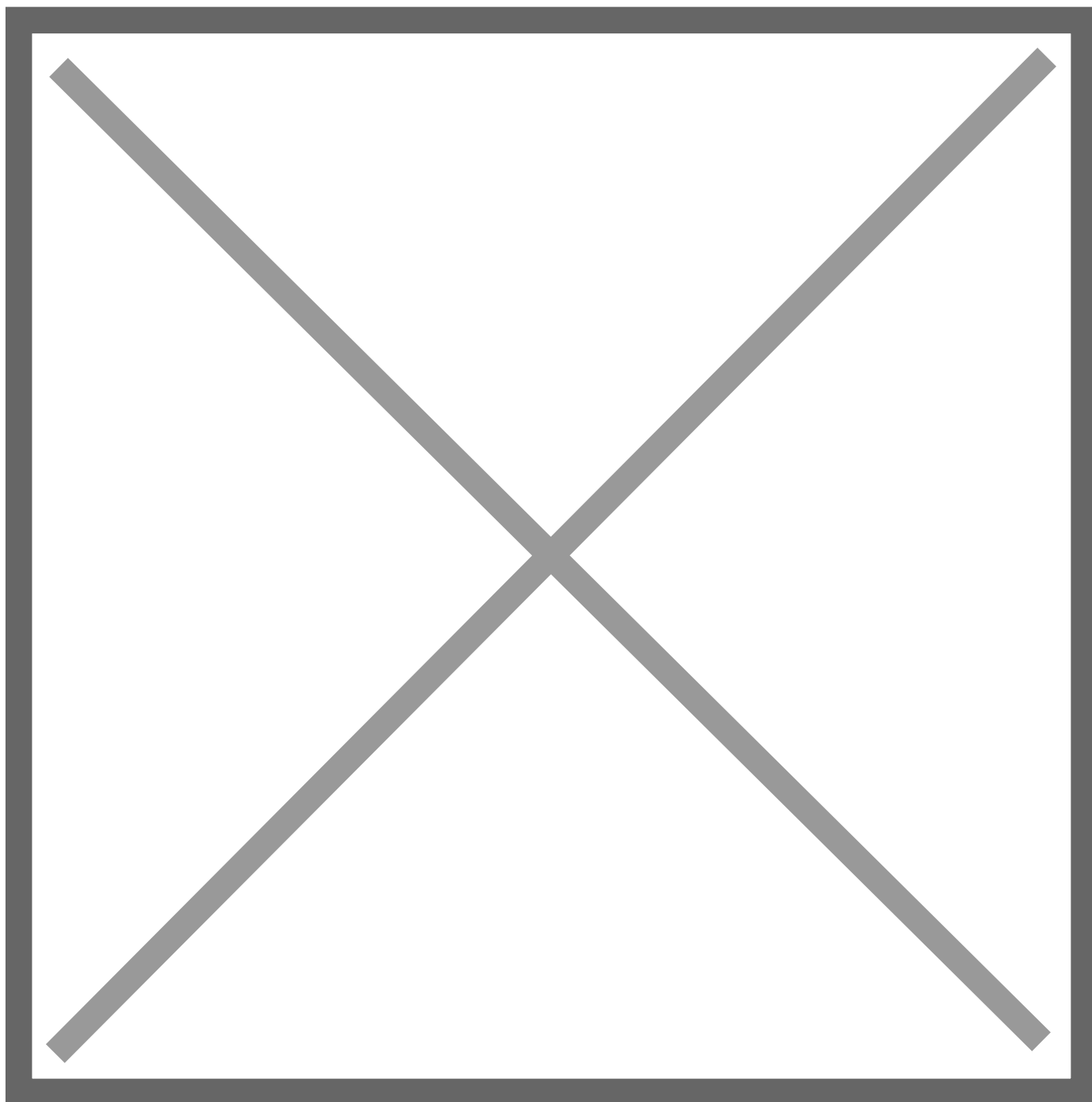
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/tonga-216/>.

FedmeprÃ|valens

BÃ_rn, 2017

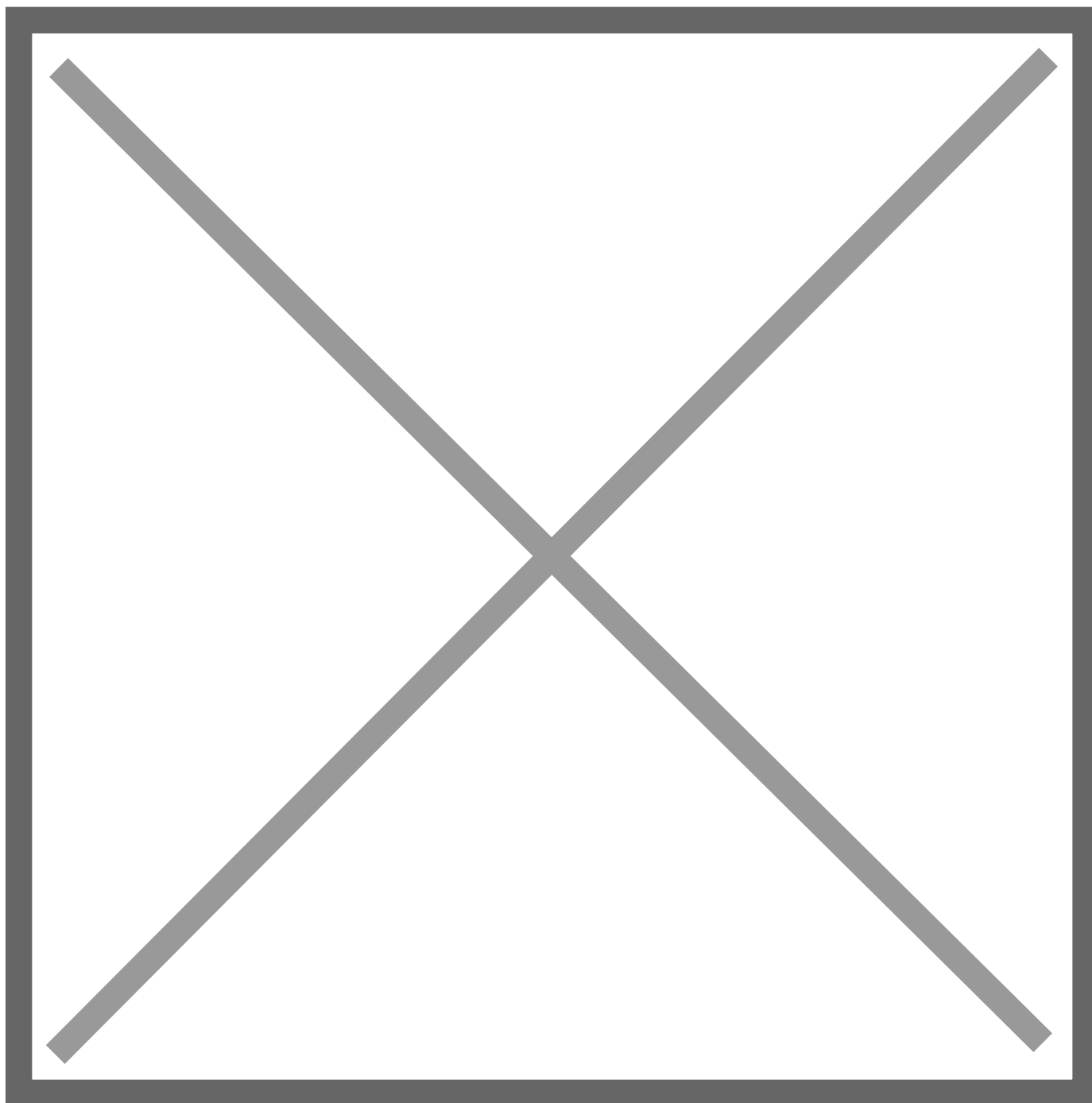


UndersÃ_gelsestype:	Selvrappporteret
Alder:	13-17
PrÃ_vens stÃ_rrelse:	3333
Area covered:	National

Referencer:	Tonga - Global School-Based Student Health Survey 2017 https://www.who.int/ncds/surveillance/gshs/tonga/en/ (Last accessed 20.10.20)
Cutoffs:	WHO

Double burden of underweight & overweight

Bar, 2022



Underweight type:

Malnutrition

Ages:

5-19

Reference:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Noter (kun
tilgǻngelige pǻŋ
engelsk):**

Age standardised estimates

**Definitioner (kun
tilgǻngelig pǻŋ
engelsk):**

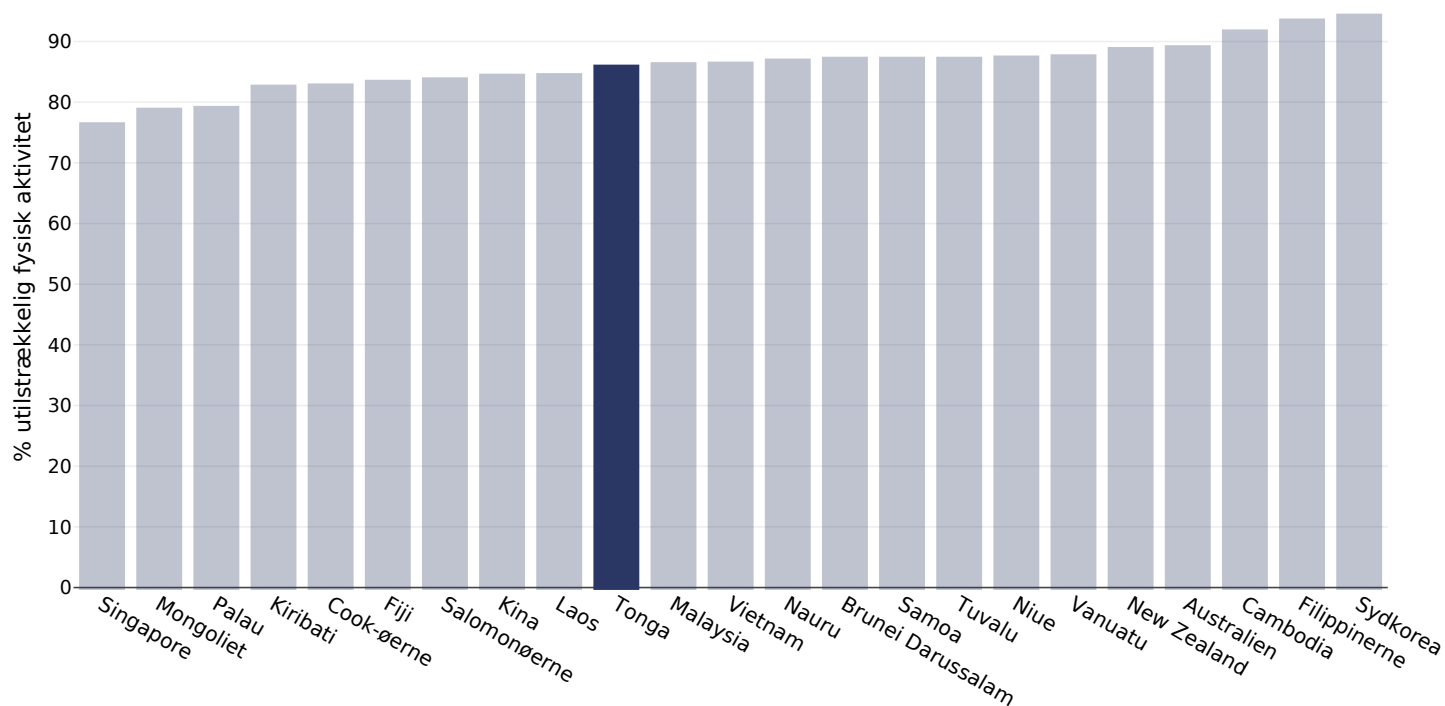
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Utilstrækkelig fysisk aktivitet

Børn, 2016



Undersøgelsestype:

Selvrapporteret

Alder:

11-17

Referencer:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

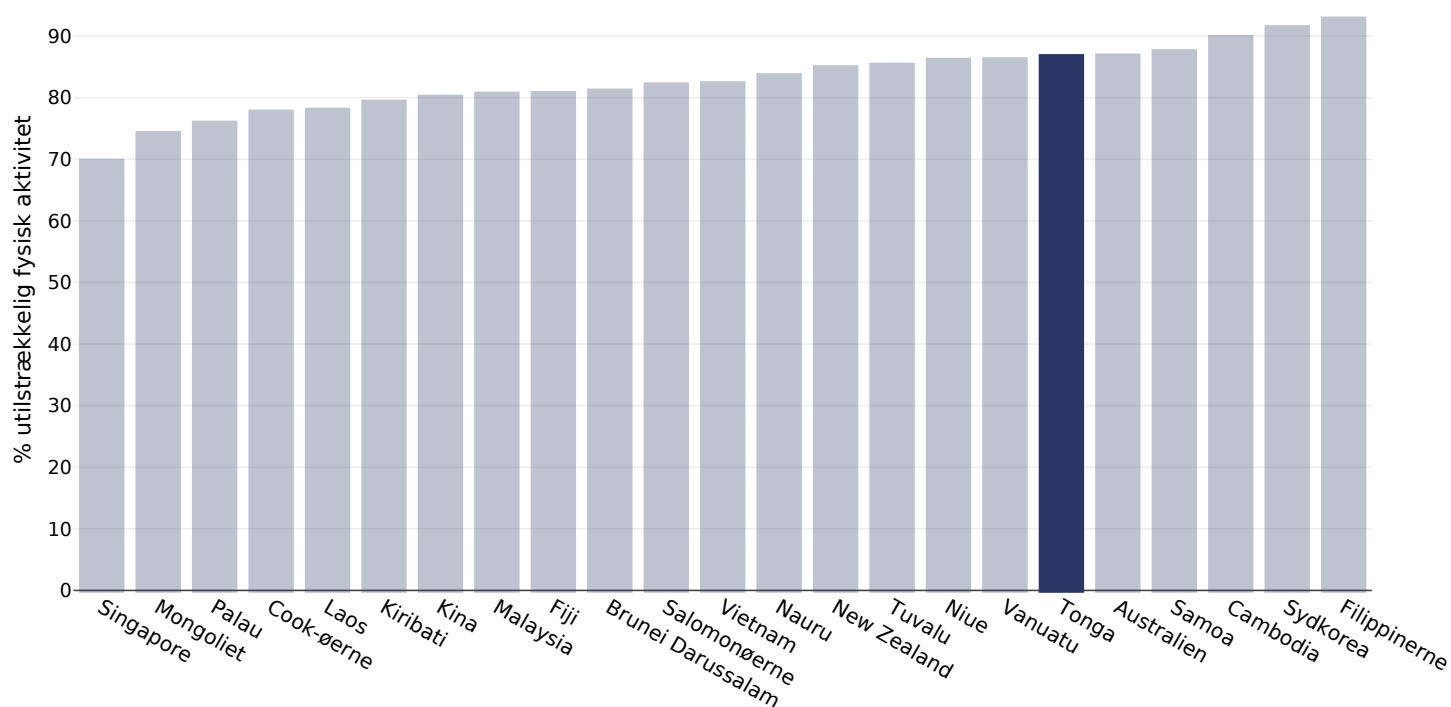
Noter (kun tilgængelige på engelsk):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitioner (kun tilgængelig på engelsk):

% Adolescents insufficiently active (age standardised estimate)

Dreng, 2016



Undersøgelsestype:

Selvrapporteret

Alder:

11-17

Referencer:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

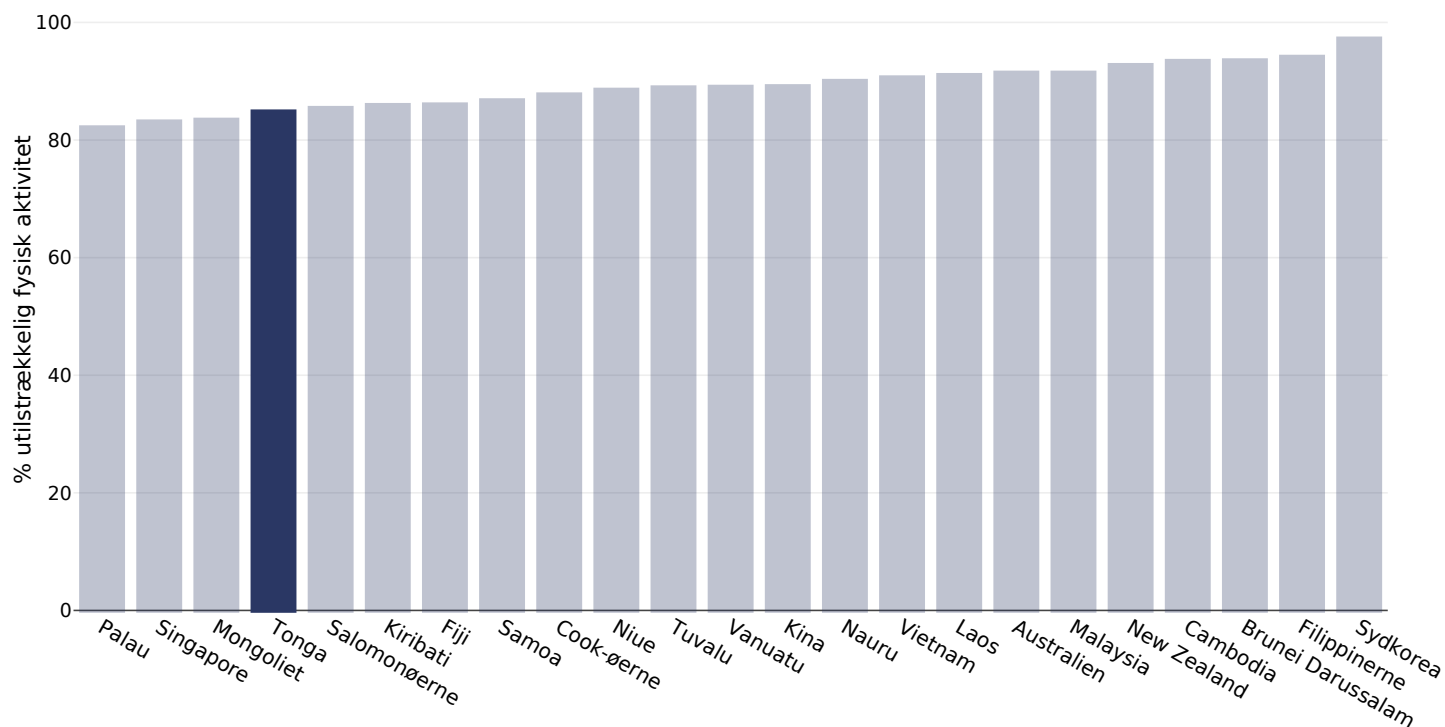
Noter (kun tilgængelige på engelsk):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitioner (kun tilgængelig på engelsk):

% Adolescents insufficiently active (age standardised estimate)

Piger, 2016



Undersøgelsestype:

Selvrapporteret

Alder:

11-17

Referencer:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Noter (kun tilgængelige på engelsk):

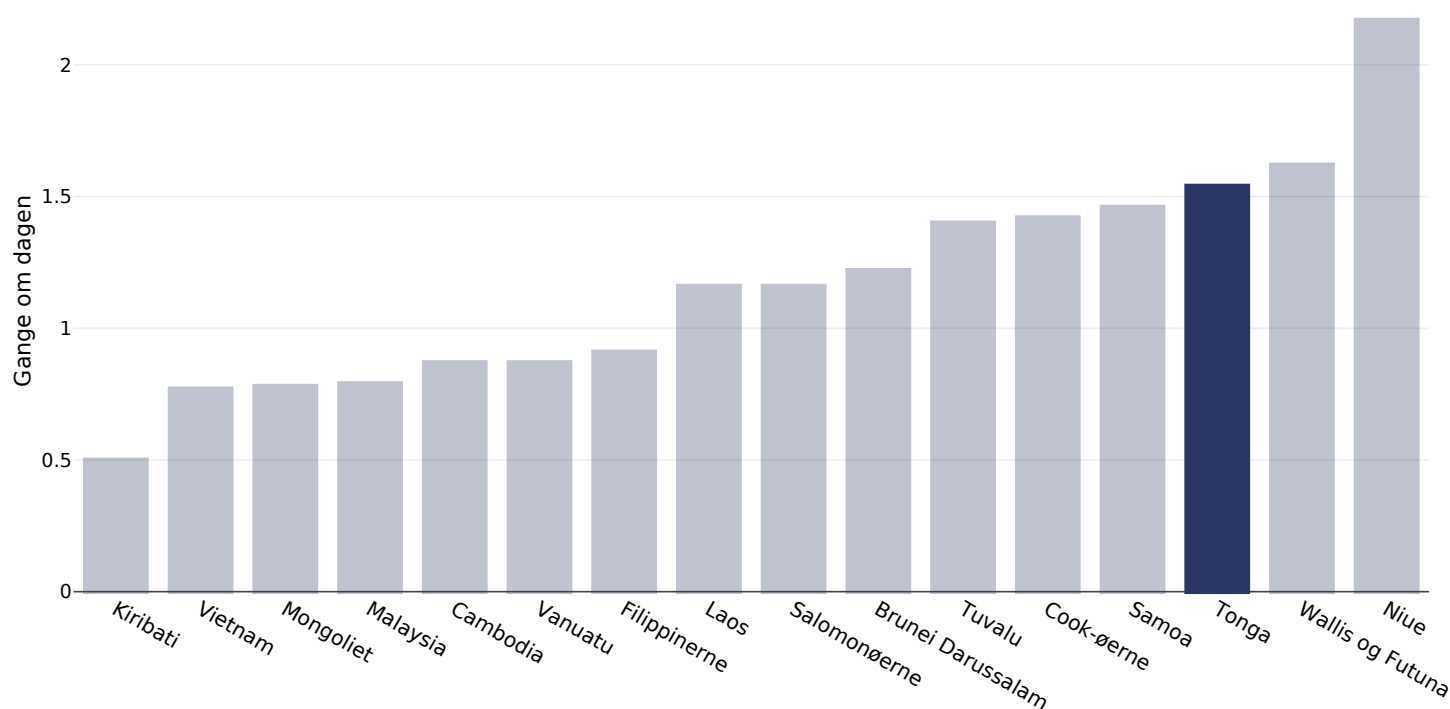
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitioner (kun tilgængelig på engelsk):

% Adolescents insufficiently active (age standardised estimate)

Gennemsnitlig daglig hyppighed af indtagelse af kulsyreholdige l  skedrikke

B  rn, 2010-2015



Unders  gelsestype:

M  lt

Alder:

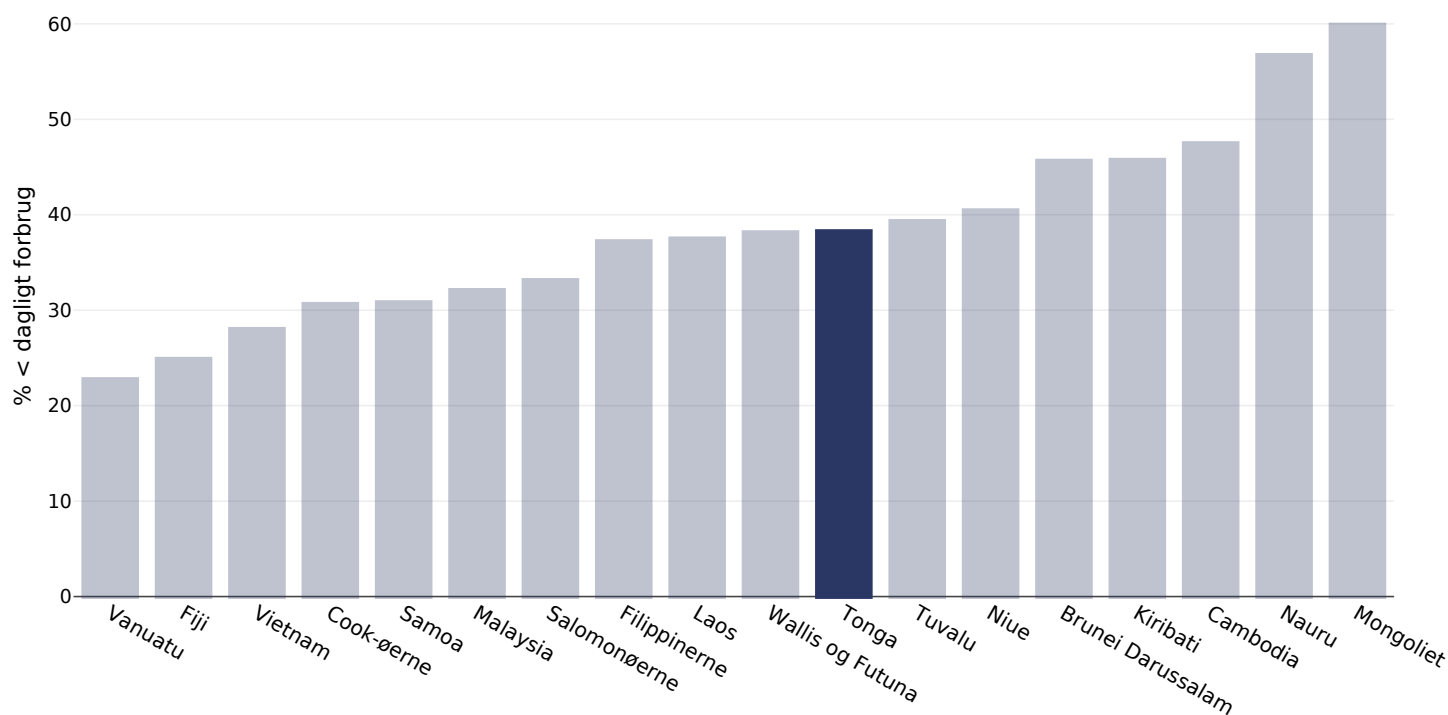
12-17

Referencer:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Forekomst af indtag af frugt mindre end dagligt

Børn, 2010-2015



Undersøgelsestype:

Målt

Alder:

12-17

Referencer:

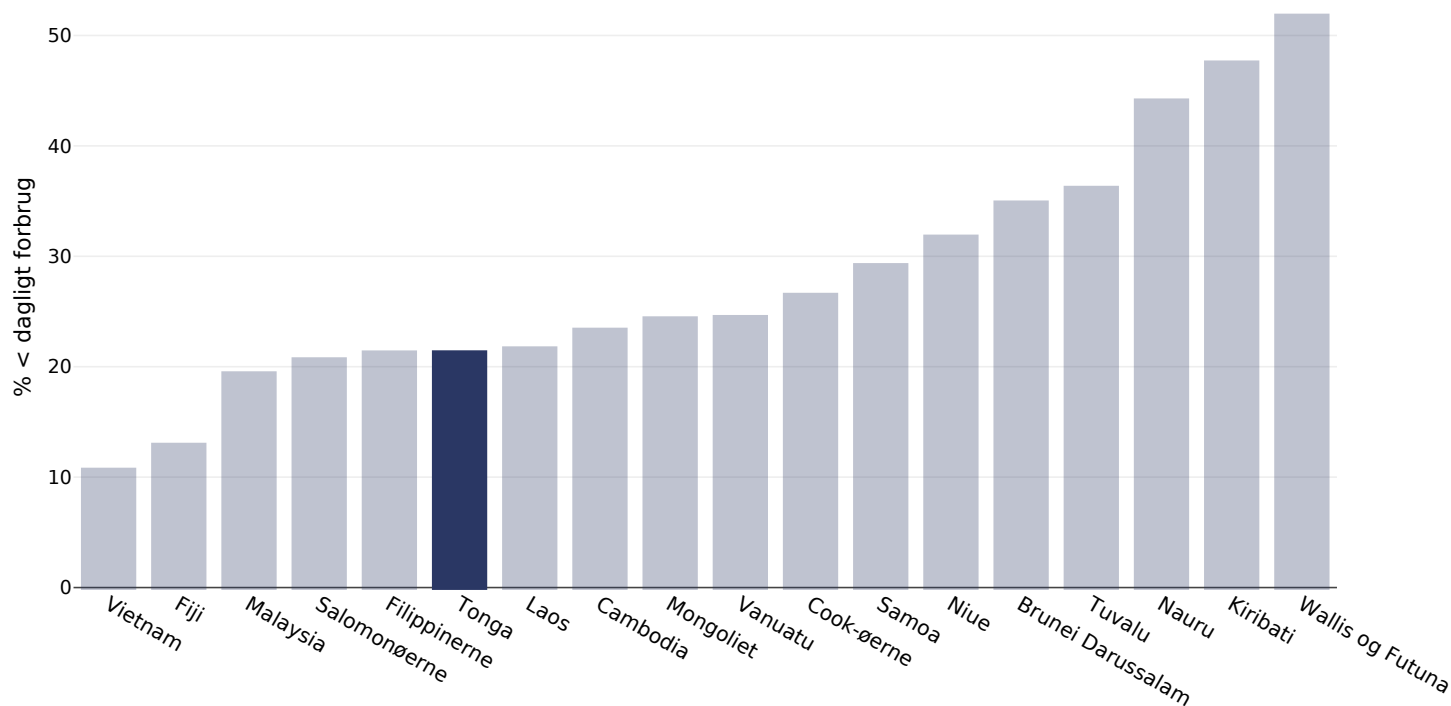
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitioner (kun tilgængelig på engelsk):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Forekomst af indtag af grøntsager mindre end dagligt

Børn, 2010-2015



Undersøgelsestype:

Målt

Alder:

12-17

Referencer:

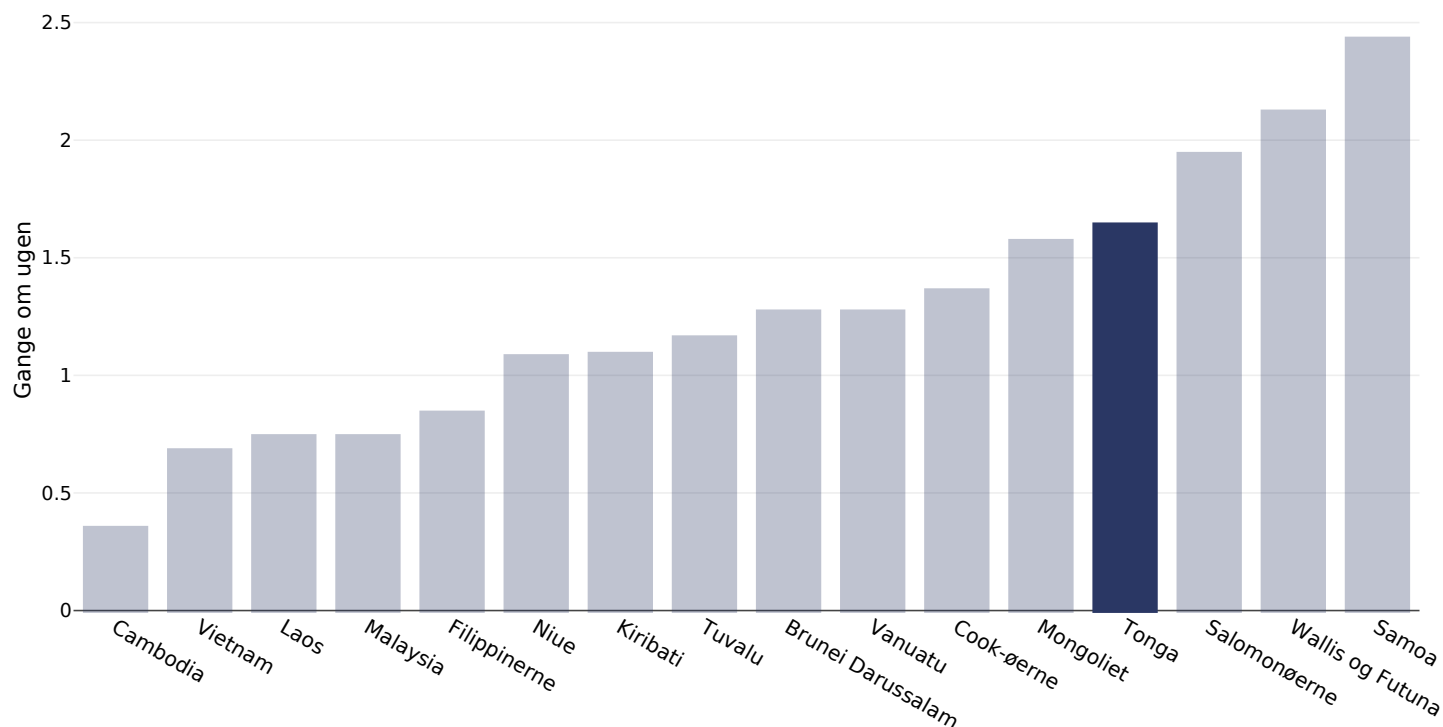
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitioner (kun tilgængelig på engelsk):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Gennemsnitlig ugentlig hyppighed af indtagelse af fastfood

Børn, 2010-2015



Alder:

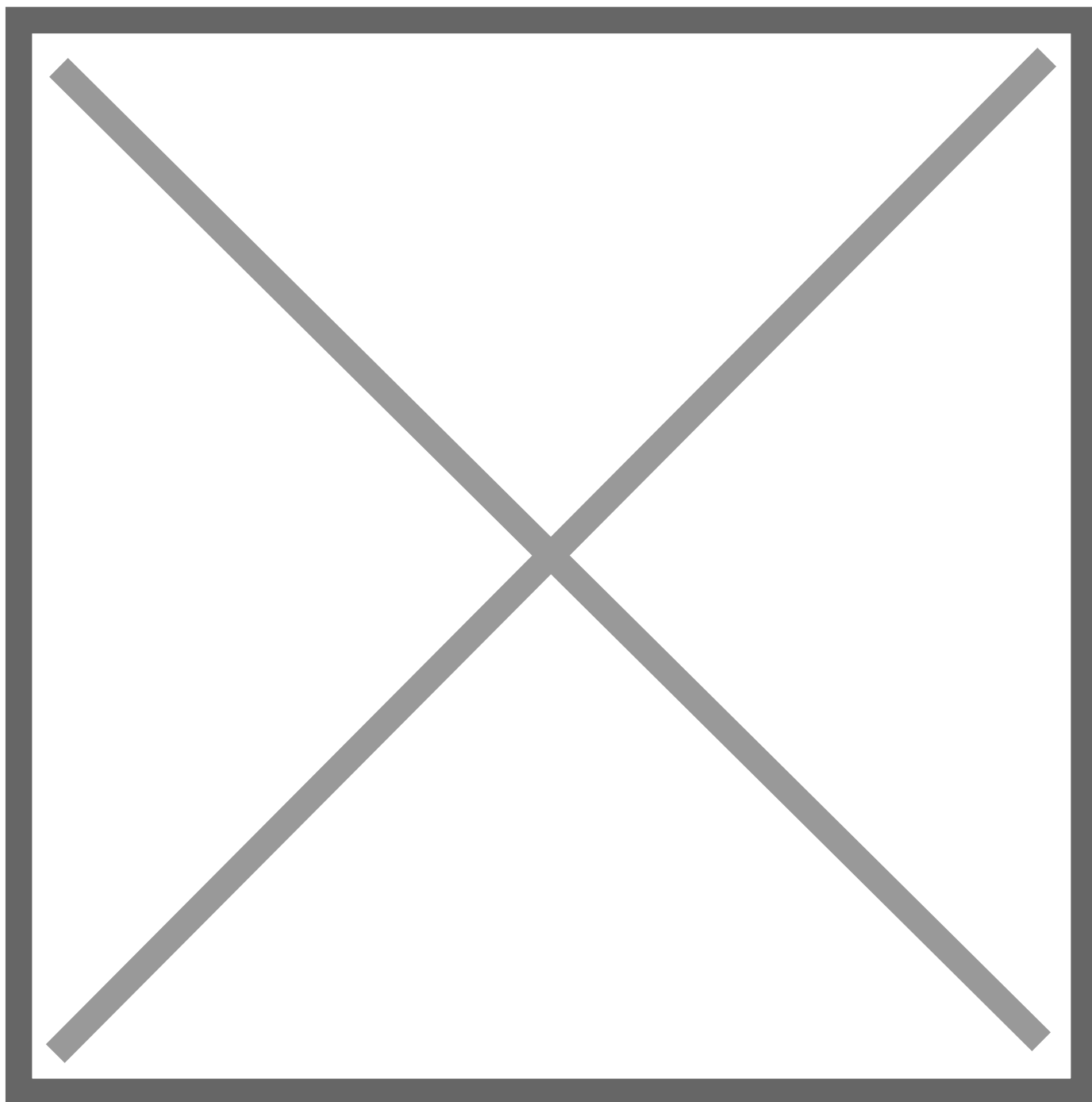
12-17

Referencer:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Psykkisk sundhed og depressionssygdomme

År, 2021



Area covered:

National

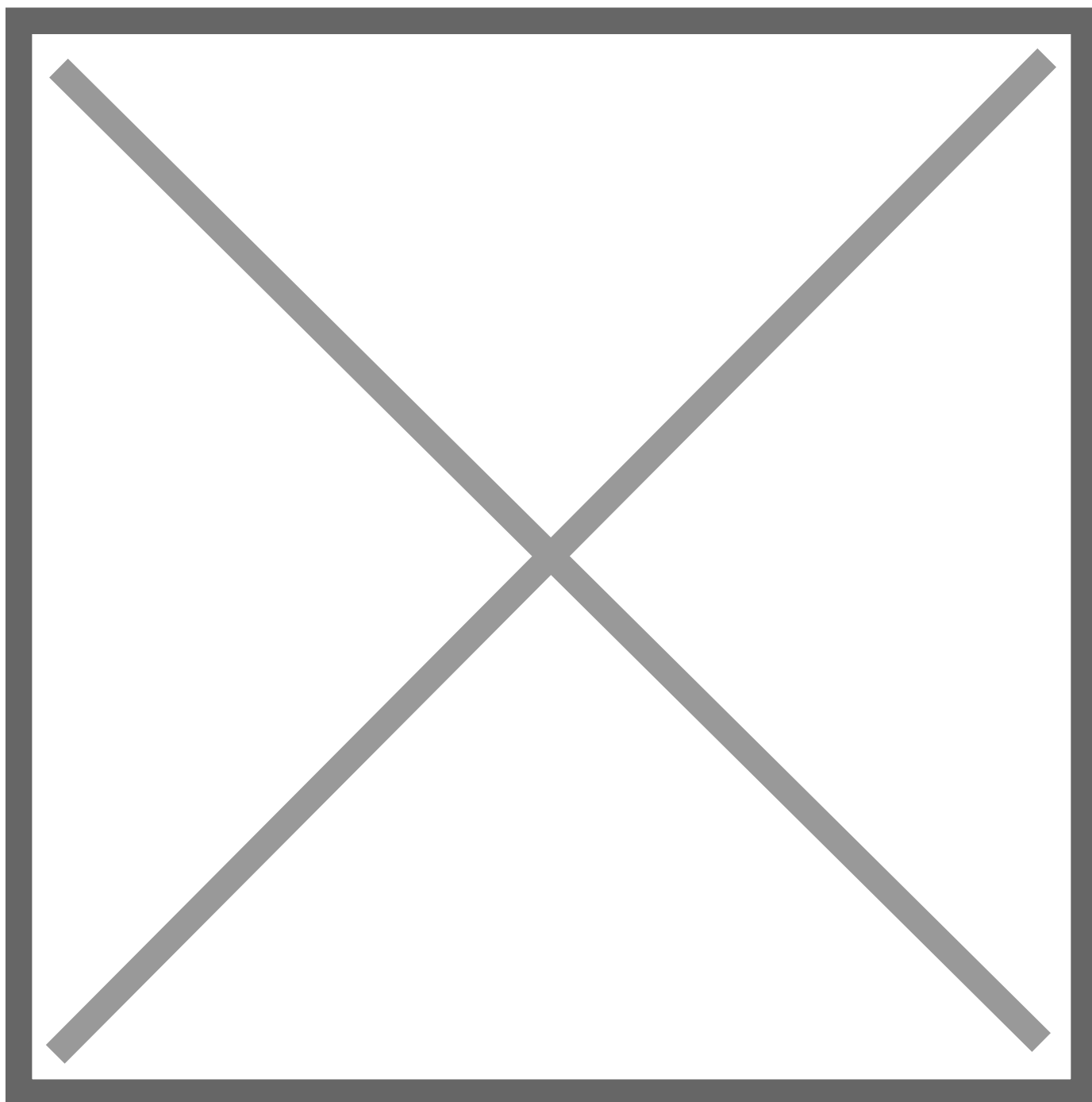
Referencer:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitioner
(kun
tilgængelig
på engelsk):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Drenge, 2021

**Area covered:**

National

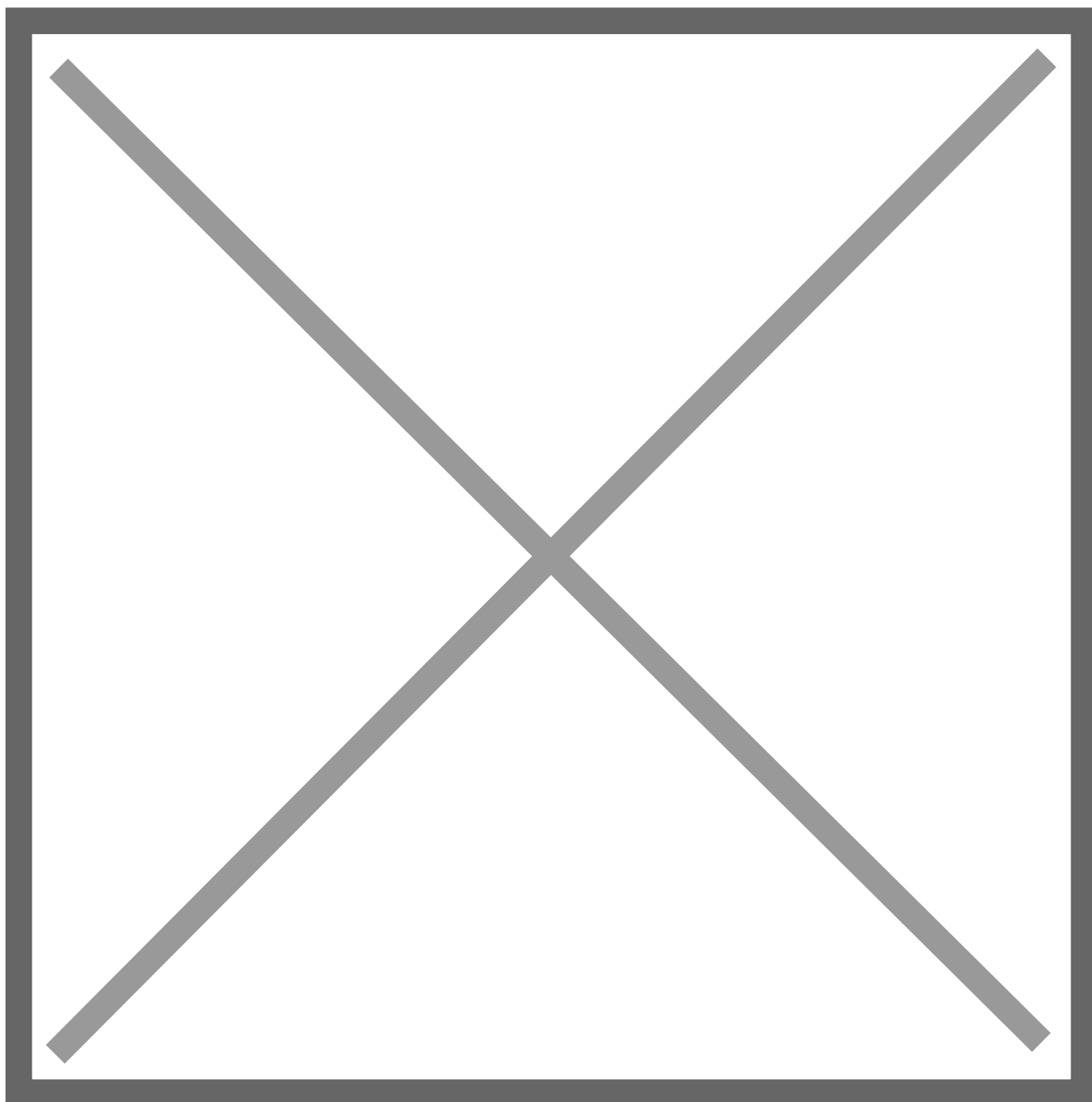
Referencer:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitioner
(kun
tilg ngelig
p  engelsk):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Piger, 2021



Area covered:

National

Referencer:

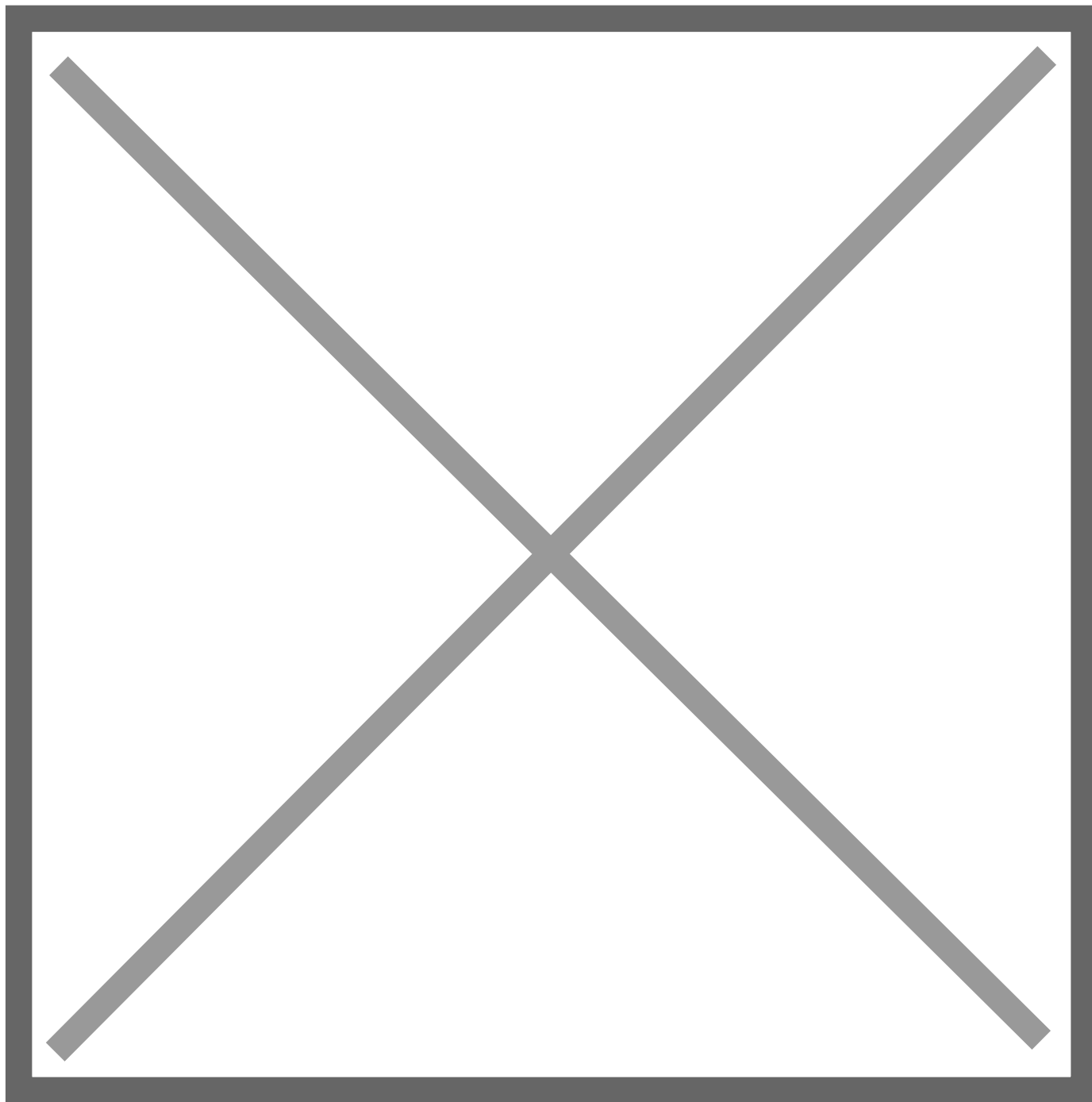
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitioner
(kun
tilgÃngelig
pÃ engelsk):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

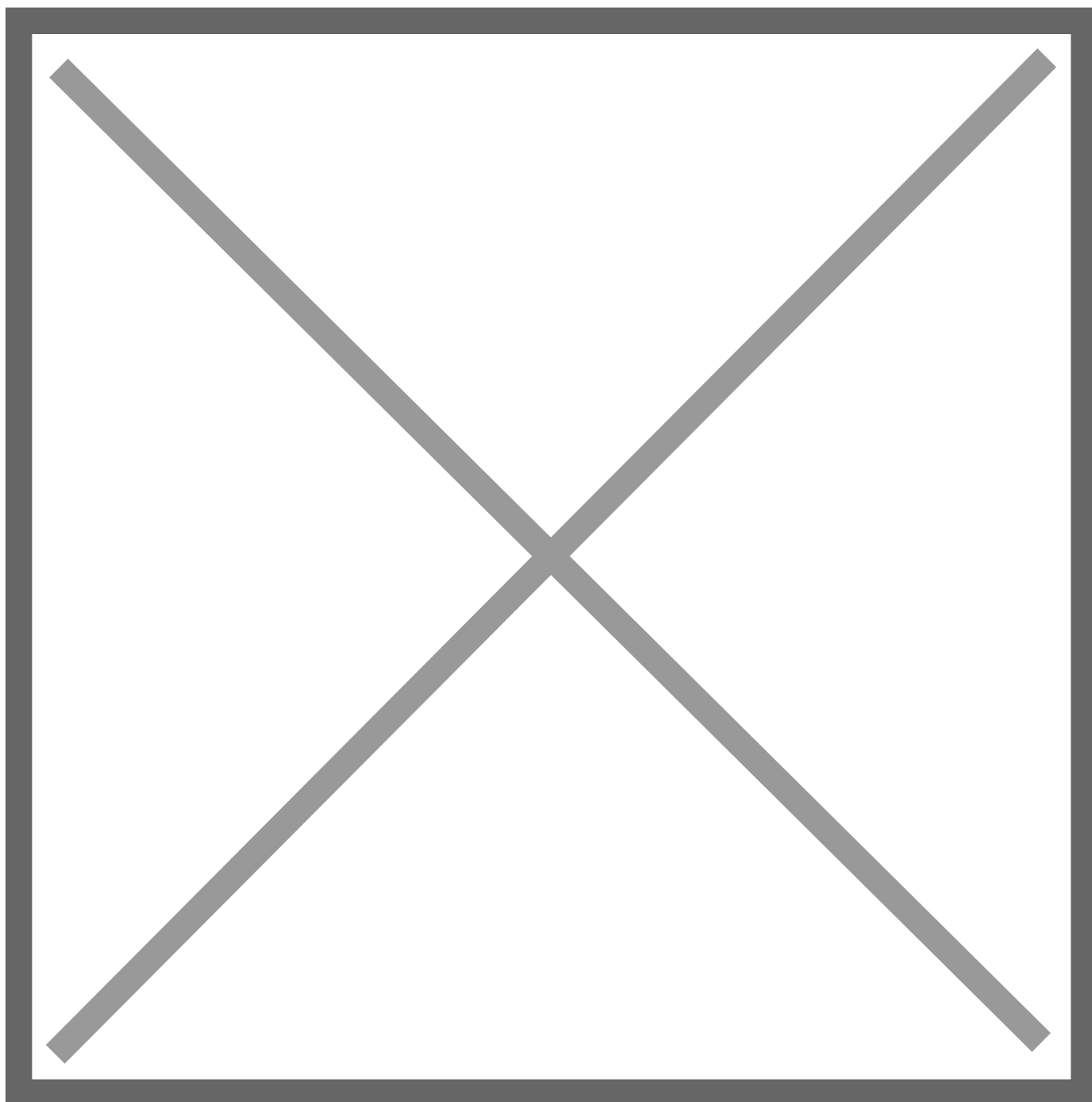
Psyisk sundhed og angstlidelser

Børn, 2021

**Referencer:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

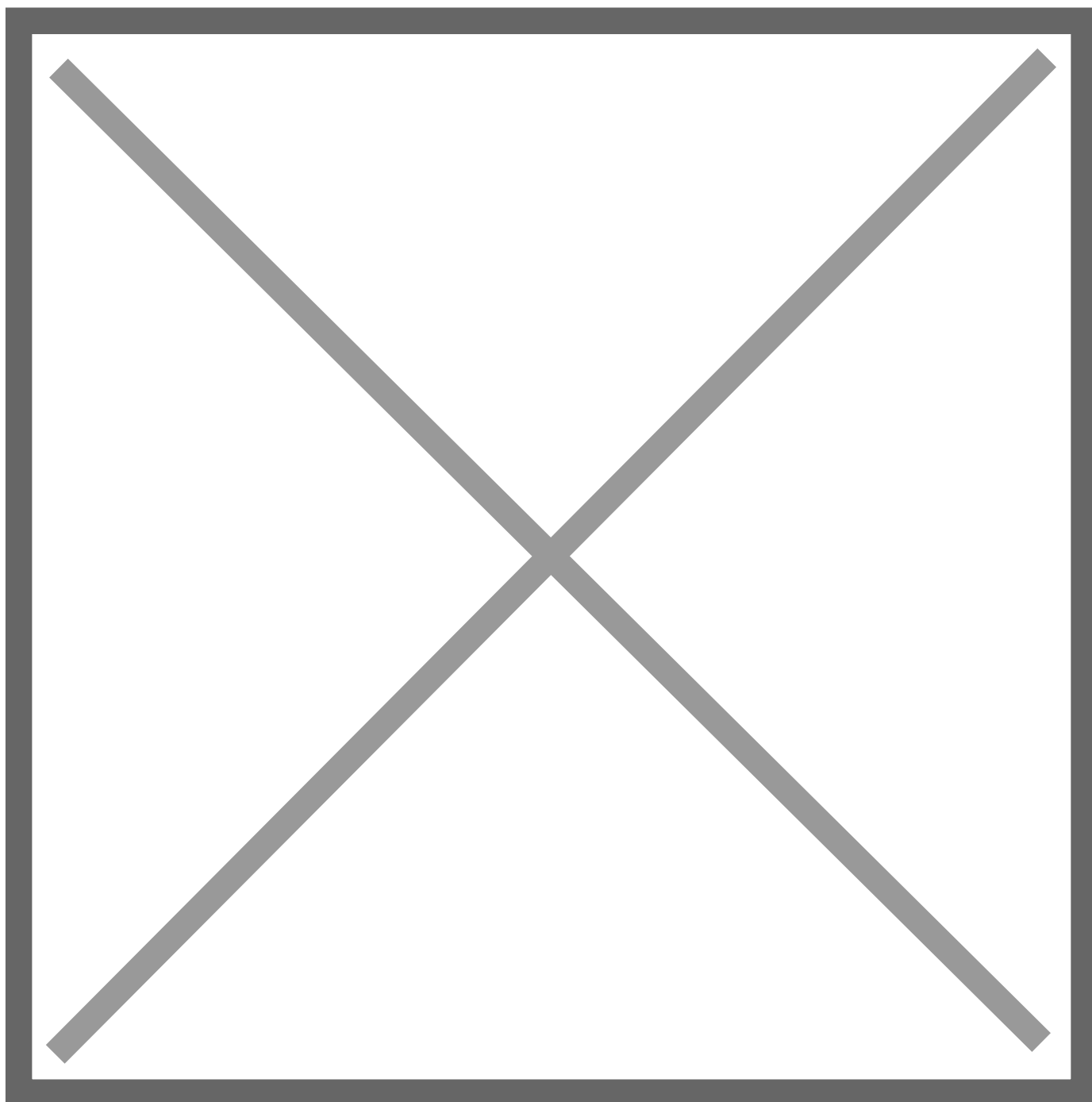
Drenge, 2021



Referencer:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Piger, 2021



Referencer:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 16, 2025