

# Tonga

## Policies, Interventions and Actions



### National Strategy for prevention and control of non communicable diseases 2015-2020

Year(s):	2015-2020
Target age group:	Adults and children
Organisation:	Ministry of Health Tonga, Tonga Health
Linked document:	<a href="#">Download linked document</a>
References:	Tonga Health Promotion Foundation (TongaHealth). Hala Fononga Path to Good Health Ki Ha Tonga Mo'ui Lelei: National strategy for prevention and control of non-communicable diseases 2015–2020. (Kingdom of Tonga, Australian Aid, World Health Organization Western Pacific Region, Tonga Health eds.).Tonga: National Non-Communicable Diseases Committee; 2016.

### Public health evidence related to obesity in Tonga - a literature review

Categories:	Health Effectiveness Reviews (obesity related)
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health Tonga & Tonga Health
Linked document:	<a href="#">Download linked document</a>
References:	Michelle Kermode, Gregory Armstrong, Sara Gloede, Seini Filai, Reynold Ofanoa, Sione Hufunga, Ofa Tukia. Public health evidence related to obesity in Tonga- Literature Review. Ministry of Health 2015

### Tonga National Healthy Eating Advisory Committee

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Find out more:	<a href="http://www.tongahealth.org">www.tongahealth.org</a>
References:	<a href="https://extranet.who.int/nutrition/gina/en/mechanisms/1562">https://extranet.who.int/nutrition/gina/en/mechanisms/1562</a>

## Tax on sugary drinks

Soft drinks containing sugar or sweeteners are taxed at T\$0.5 per litre, this increased to T\$1.5 by 2017.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	Government of Tonga
Find out more:	<a href="http://ago.gov.to">ago.gov.to</a>
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of the World Cancer Research Fund International (WCRF) NOURISHING Framework. <a href="http://www.wcrf.org/int/policy/nourishing-framework">http://www.wcrf.org/int/policy/nourishing-framework</a>

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="http://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a>

## Obesity, Healthy Eating and Physical Activity trends in Tonga and the implications for the prevention and control of NCDs

The report recommends priority groups and behaviours to maximise the health impact of new NCD Strategy

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Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy Evidence of NCD strategy
Categories (partial):	Evidence of National Obesity Strategy/Policy or Action plan
Target age group:	Adults and children
Organisation:	Ministry of Health Tonga & Tonga Health
Linked document:	<a href="#">Download linked document</a>
References:	Obesity, healthy eating and physical activity health trends in Tonga and the implications for the prevention and control of NCDs. Dr Toakase Fakakovikaetau, Saia Faletau, Seini Filiai, Sara Gloede, Sione Hufanga, Dr Veisia Matoto, Elisiva Naati, Dr Reynold 'Ofanoa, Dr Taniela Palu, Dr 'Ofa Tukia. Published by Ministry of Health Tonga & Tonga Health

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