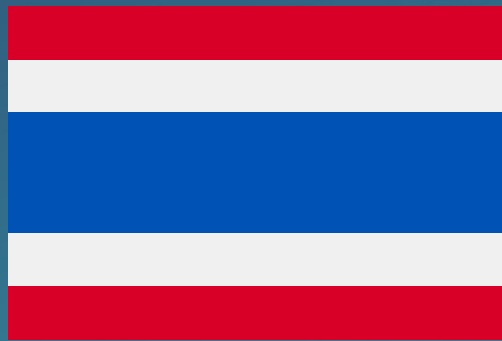




An TÃ©alainn



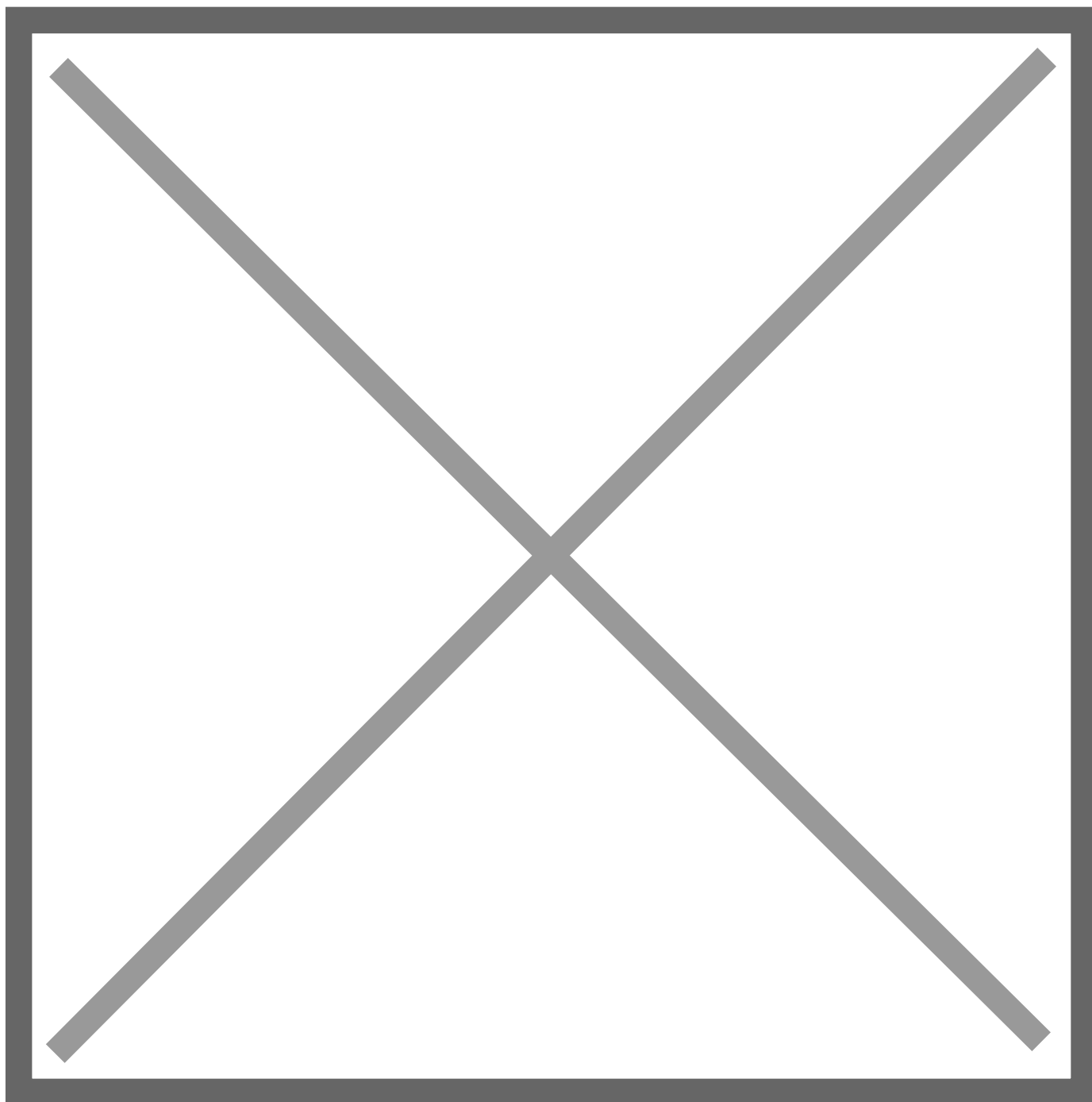
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/thailand-214/>.

LeitheadÁlacht murtaill

Páistí, 2021



Cineál an tsuirbhí:

Féintuairiscithe

Aois:

13-17

Samplamh ID:

5661

Ceantar
CIÁºdaithe:

NÃjisiÃºnta

TagairtÃº:

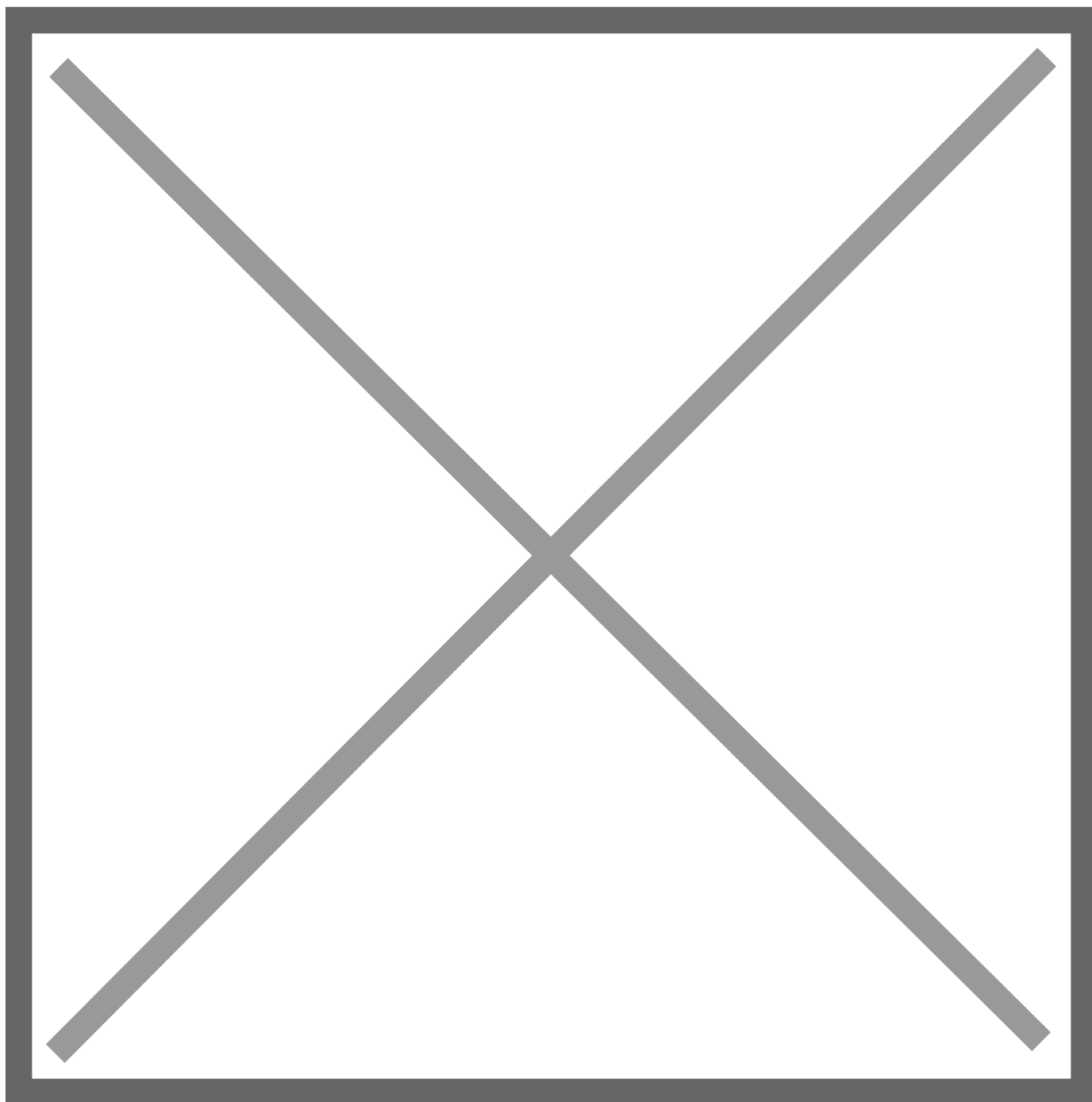
2021 GSHS Fact Sheet Thailand. https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/thailand/2021_thailand_gshs_fact_sheetada1f3cd-2ee4-4258-a01f-b40873aaf988.pdf?sfvrsn=be5c3553_1&download=true

Cutoffs:

WHO

Rómheáchán/murtall de réir oideachais

Páistí, 2016



Cineál an tsuirbhí:

Tomhaiste

Aois:

6-18

Samplamh:

1749

**Ceantar
Clárúdaíthe:**

Réigiúnach

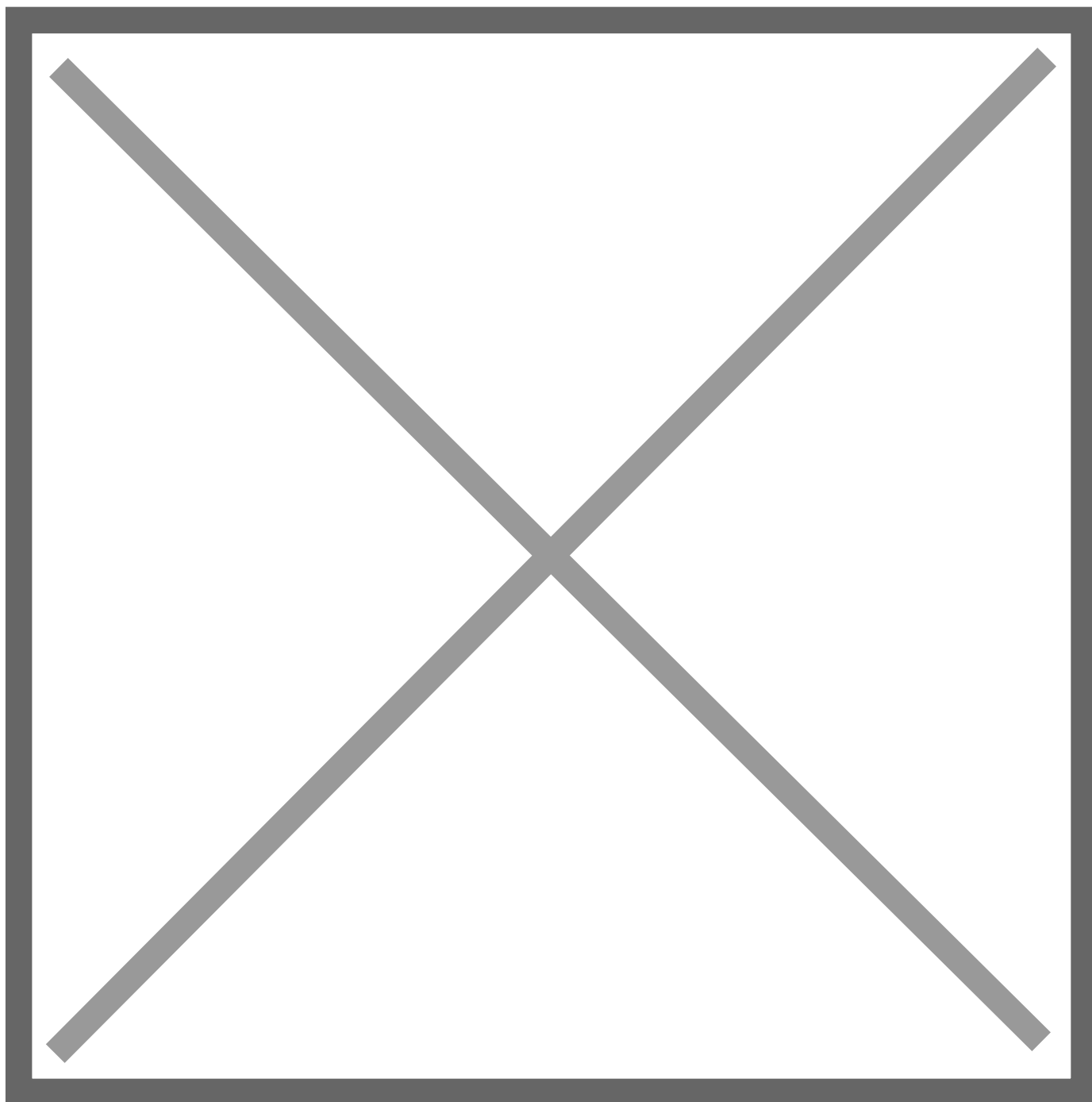
Tagairt: Nonboonyawat, T. et al. (2019). Prevalence and associates of obesity and overweight among school-age children in a rural community of Thailand. Korean Journal of Pediatrics, [online] 62(5), pp.179-186. doi: <https://doi.org/10.3345/kjp.2018.06499> [Accessed 08.07.25]

Nótaí: The sample was from 9 public schools in Baan Na Yao, Chachoengsao Province and Baan Sai Thong, Sa Kaeo Province in central Thailand. NB: Small sample sizes in vocational and higher categories

Cutoffs: WHO

Rómheáchán/murtall de réir aoise

PÃ¡istÃ, 2021



**CineÃ¡l an
tsuirbhÃ©:**

Tomhaiste

SamplamhÃ©id:

5661

**Ceantar
CIÃ©daithe:**

NÃ¡isiÃ©nta

Tagairt:

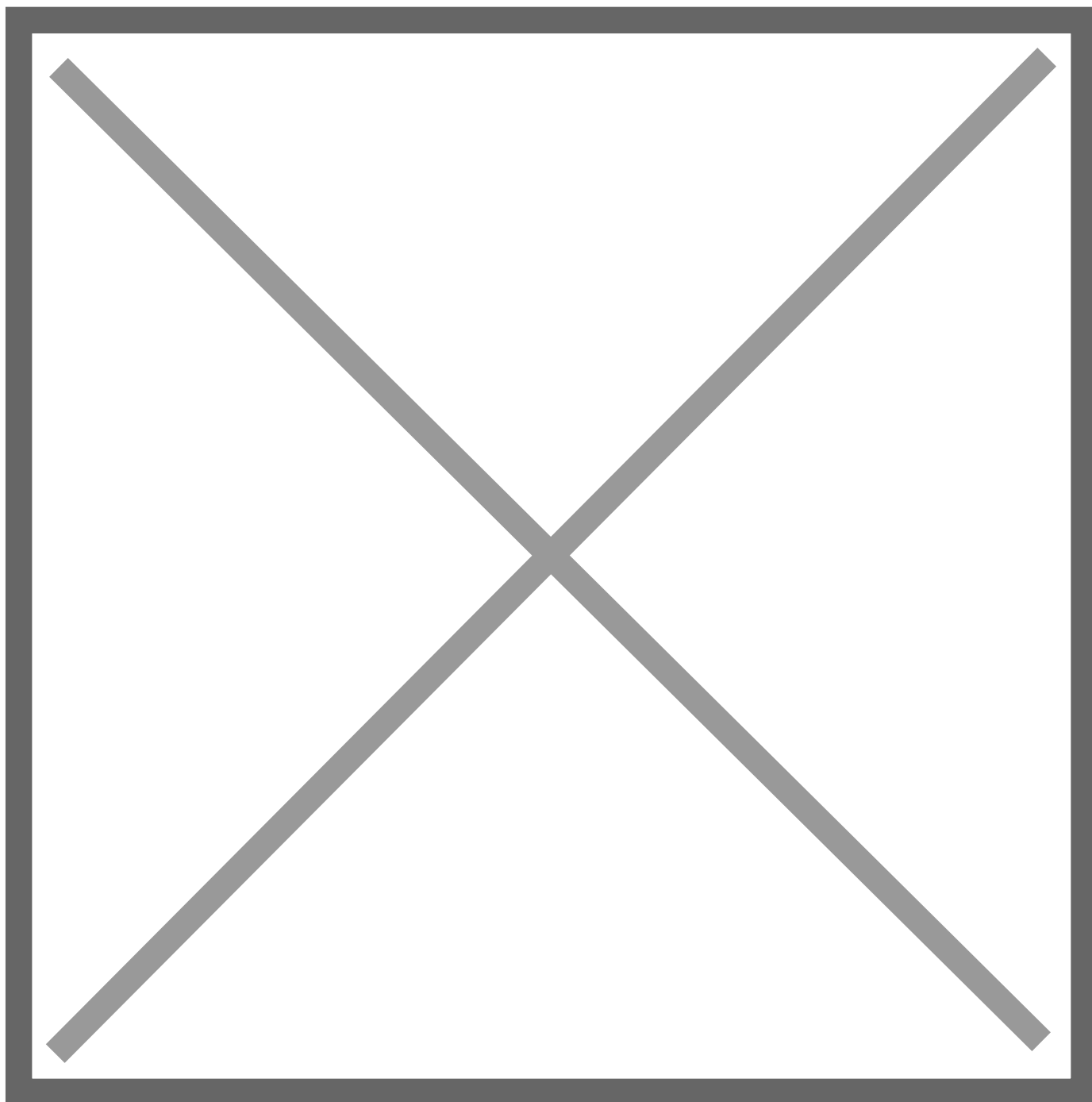
2021 GSHS Fact Sheet Thailand. Available at: https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/thailand/2021_thailand_gshs_fact_sheetada1f3cd-2ee4-4258-a01f-b40873aaf988.pdf?sfvrsn=be5c3553_1&download=true

Cutoffs:

BMI-for-age-sex

Rómheáchán/murtall de réir réigiúin

Páistí, 2020



Cineál an tsuirbhí:

Tomhaiste

Aois:

7-12

Samplamh ID:

1088

**Ceantar
Clárúdaíthe:**

Náisiónta

Tagairt:

Pongcharoen, T. et al. (2024). South East Asian Nutrition Surveys II (SEANUTS II) Thailand: triple burden of malnutrition among Thai children aged 6 months to 12 years. Public Health Nutrition, [online] 27(1). doi: <https://doi.org/10.1017/s1368980024000053> [Accessed 08.07.25]

**Sainmháinthe
(ar fáil i
mBáarla
amháin):**

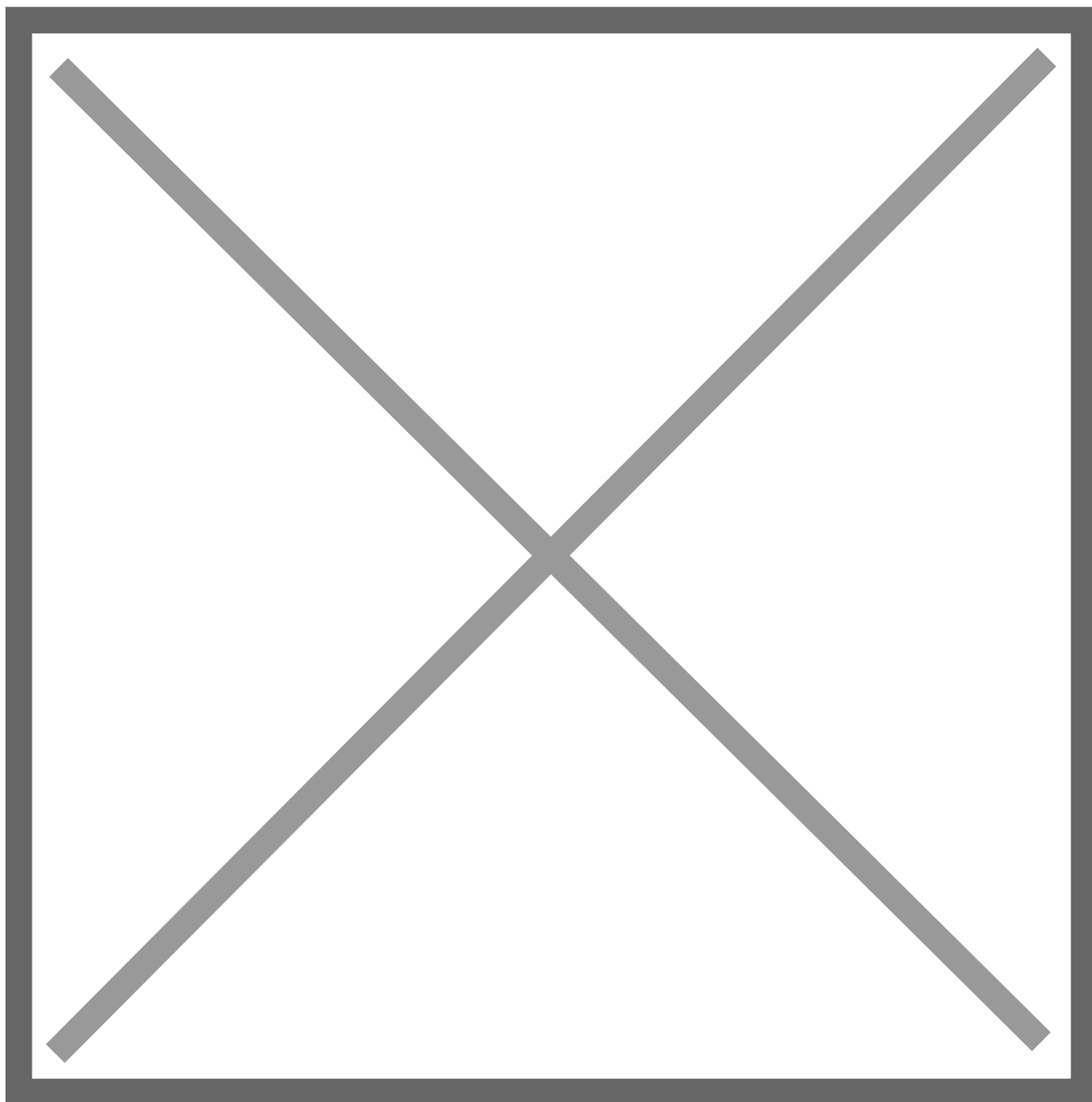
Overweight: BMI-for-age z-scores >1 to ≤ 2 sd. Obesity: BMI-for-age z-scores >2 sd

Cutoffs:

WHO

Double burden of underweight & overweight

Páistí, 2022



Cineál an tsuirbhí:

Tomhaiste

Aois:

5-19

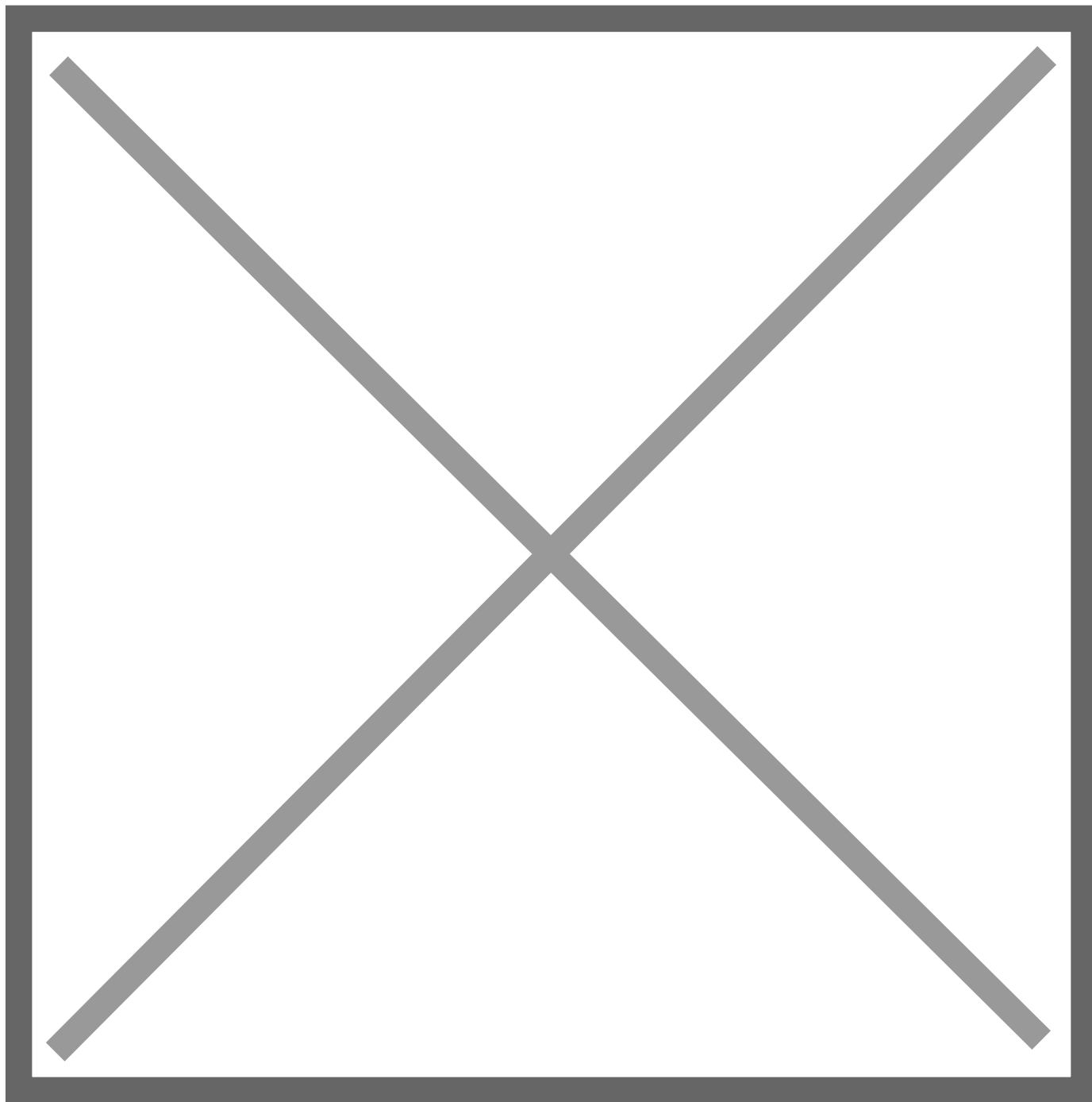
Tagairt:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Nótaí:	Age standardised estimates
Sainmháinthe (ar fáil i mBáarla amháin):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Gníomhaíocht choirp neamhimleor

Páistí, 2016



Cineál an tsuirbhí:

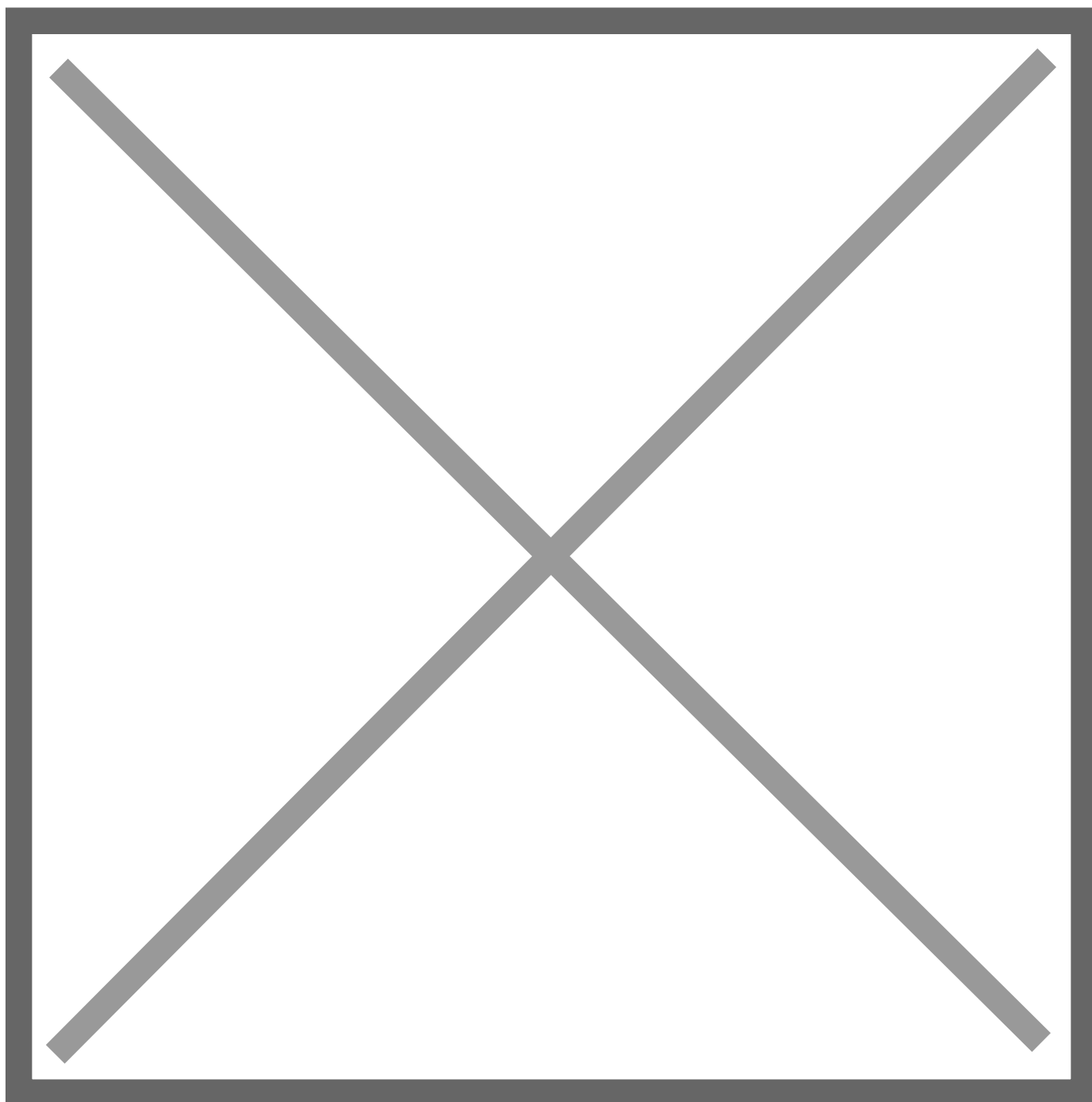
Féintuairiscithe

Aois:

11-17

Tagairt:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Nótaí:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Sainmháinthe (ar fáil i mBéarla amháin):	% Adolescents insufficiently active (age standardised estimate)

Buachaill, 2016



Cineál an tsuirbhá:

Féintuairiscithe

Aois:

11-17

Tagairt:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

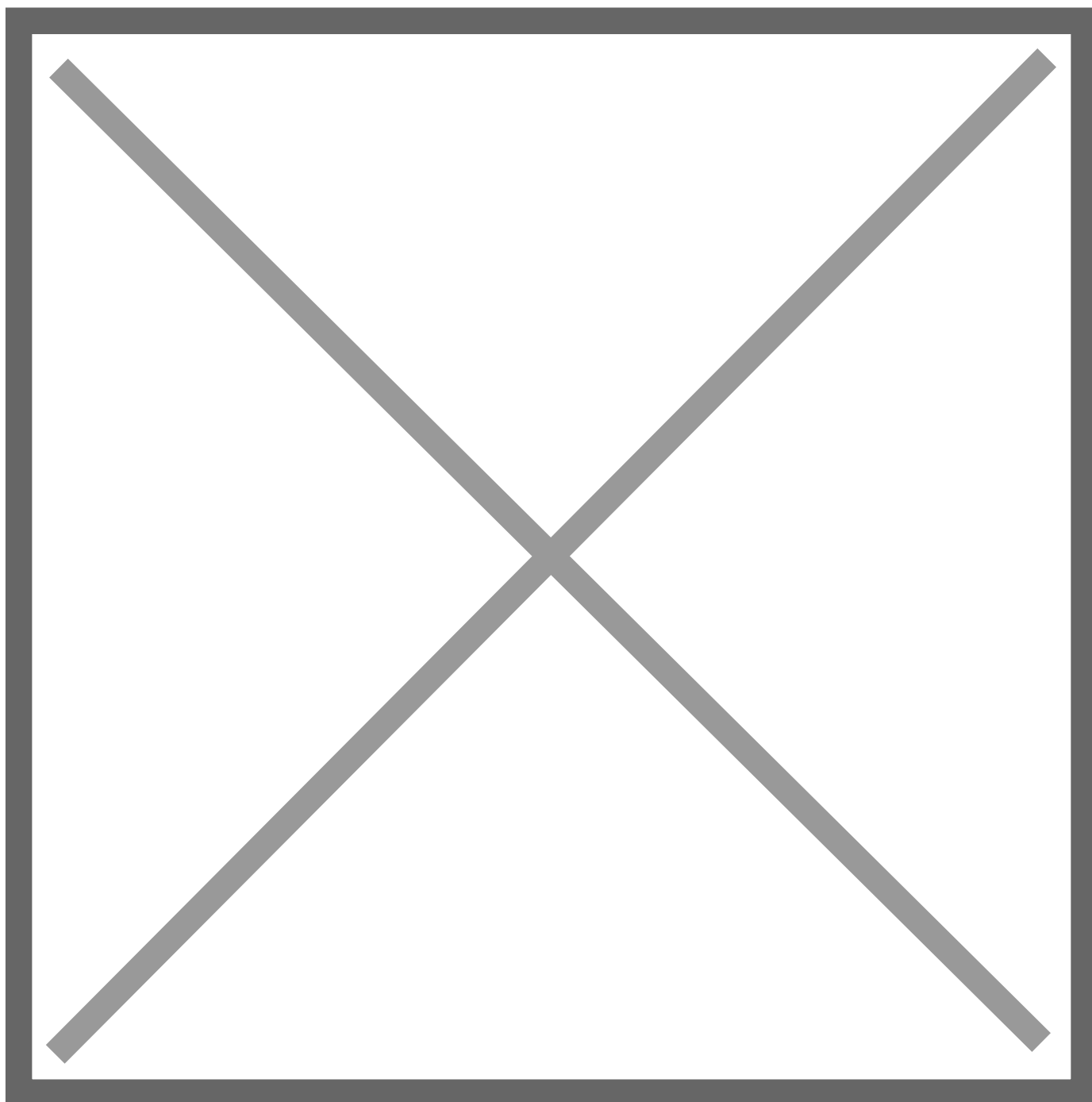
Nótaí:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

% Adolescents insufficiently active (age standardised estimate)

CailÃnÃ, 2016



CineÃl an tsuirbhÃ:

Féintuairiscithe

Aois:

11-17

TagairtÃ:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Nótaí:

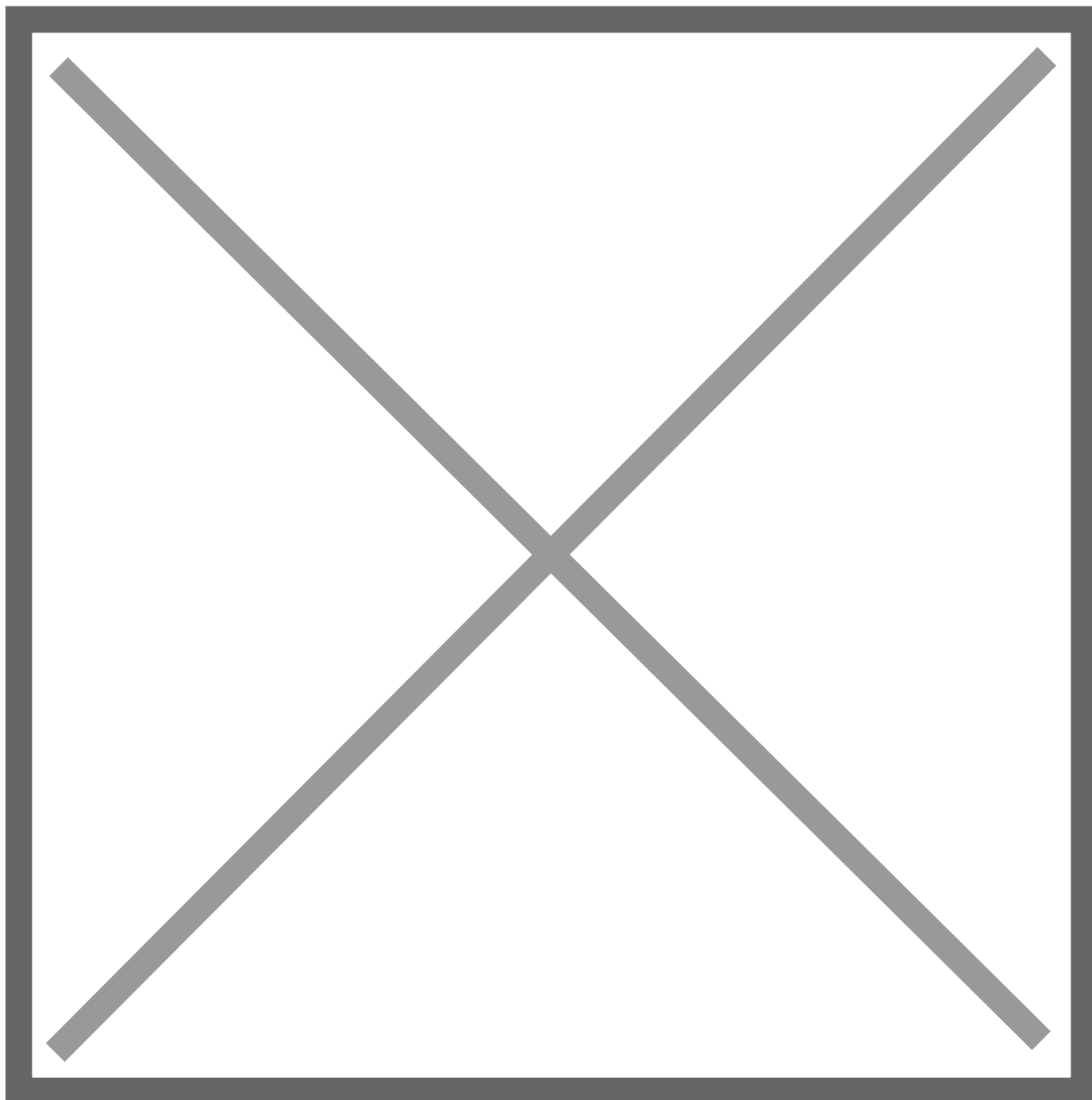
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

% Adolescents insufficiently active (age standardised estimate)

MeáinmhinicAocht laethAil A³Ita na ndeochanna boga carbA³nA³itithe

P³A³istA, 2014-2015



CineA³l an tsuirbhA³:

Tomhaiste

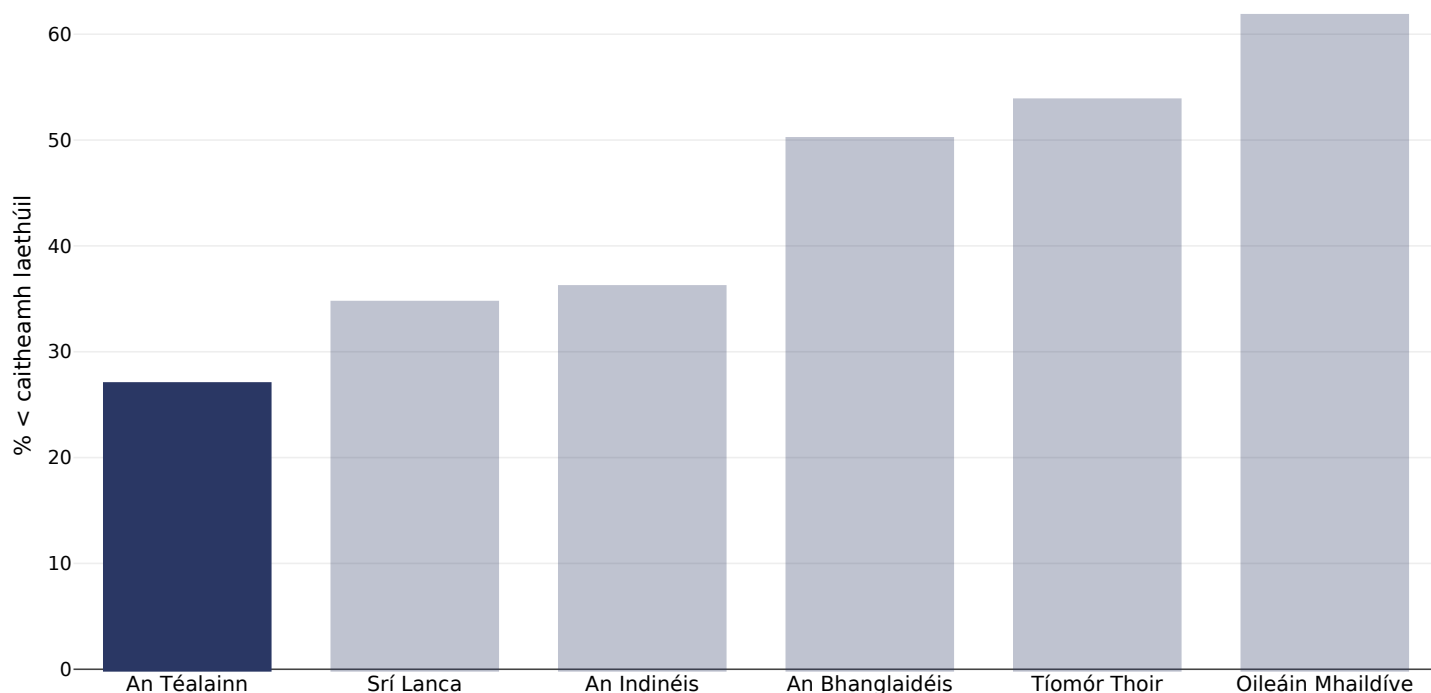
Aois:

12-17

Tagairt:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Leitheadáilocht naos lá nár ithe laetháil torthaí Páistí, 2008-2015



Cineál an tsuirbhí:

Tomhaiste

Aois:

12-17

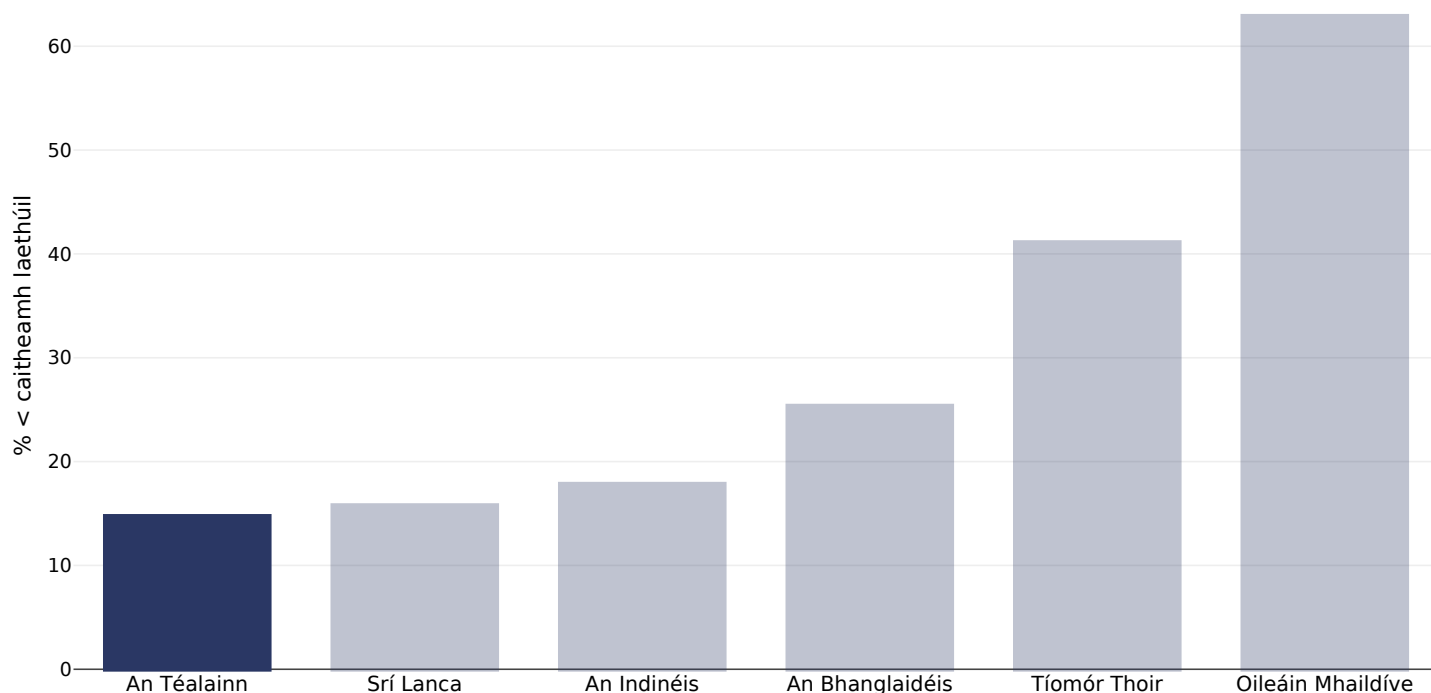
Tagairt:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Sainmháinthe
(ar fáil i
mBáarla
amháin):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Leitheadáilocht naos lá nár ithe laetháil glasraí Páistí, 2008-2015



Cineál an tsuirbháil:

Tomhaiste

Aois:

12-17

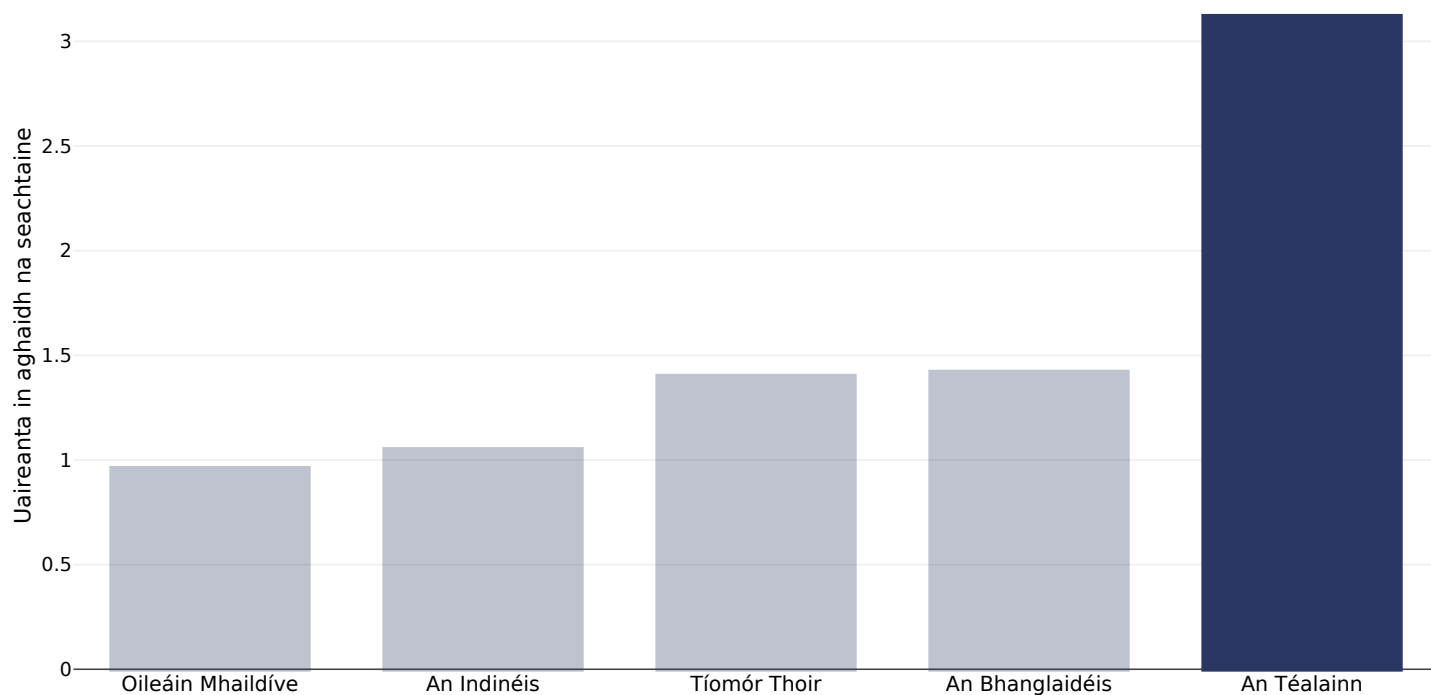
Tagairt:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Sainmháiríthe (ar fáil i mBéarla amháin):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Meáinmhinicíocht sheachtainiúil ithe an mhearbhia Páistí, 2014-2015

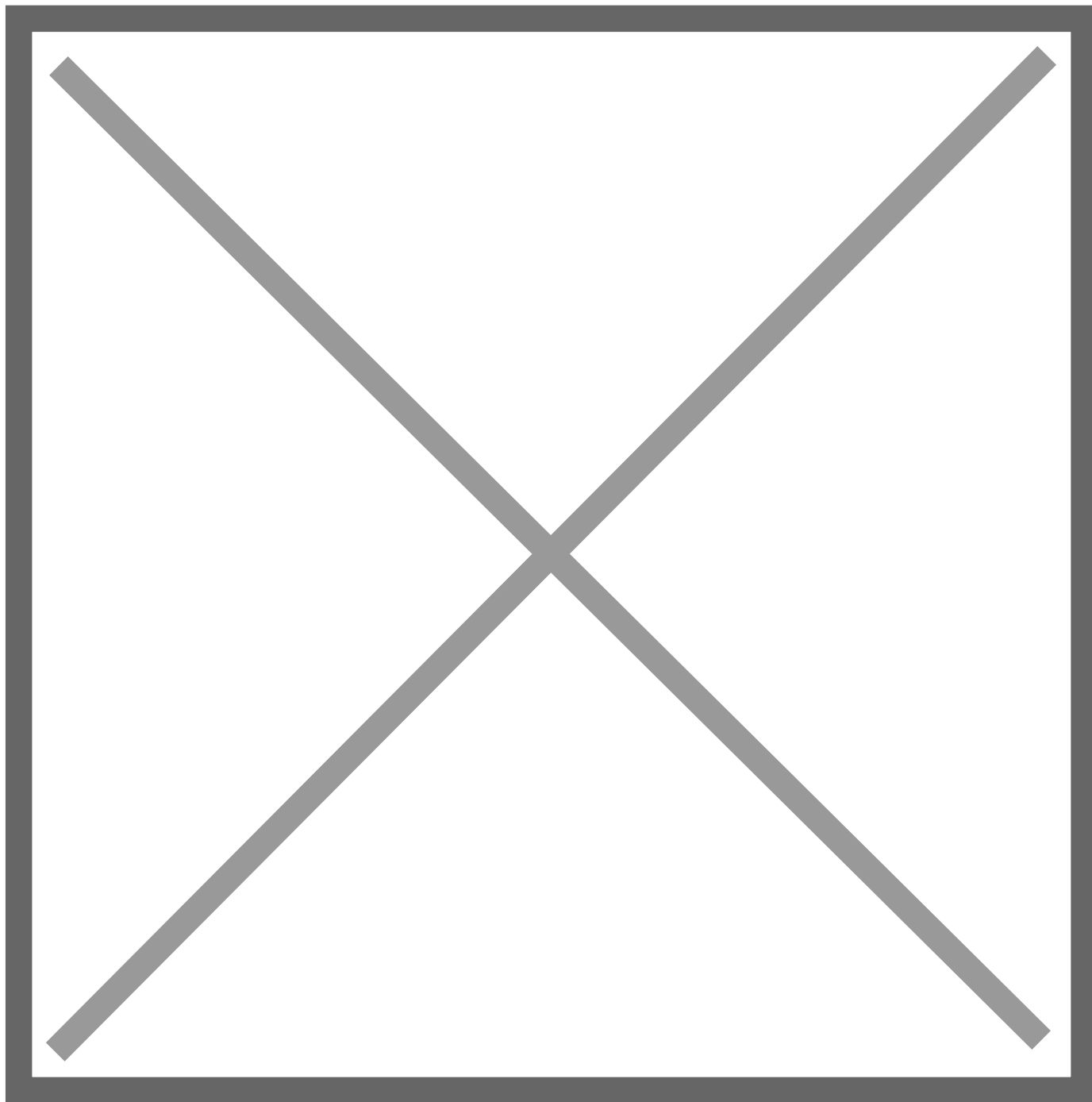


Aois: 12-17

Tagairt: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Meabhairshláinte - neamhoird dAilagar

Páistí, 2021



**Ceantar
Cláir:**

Náisiúnta

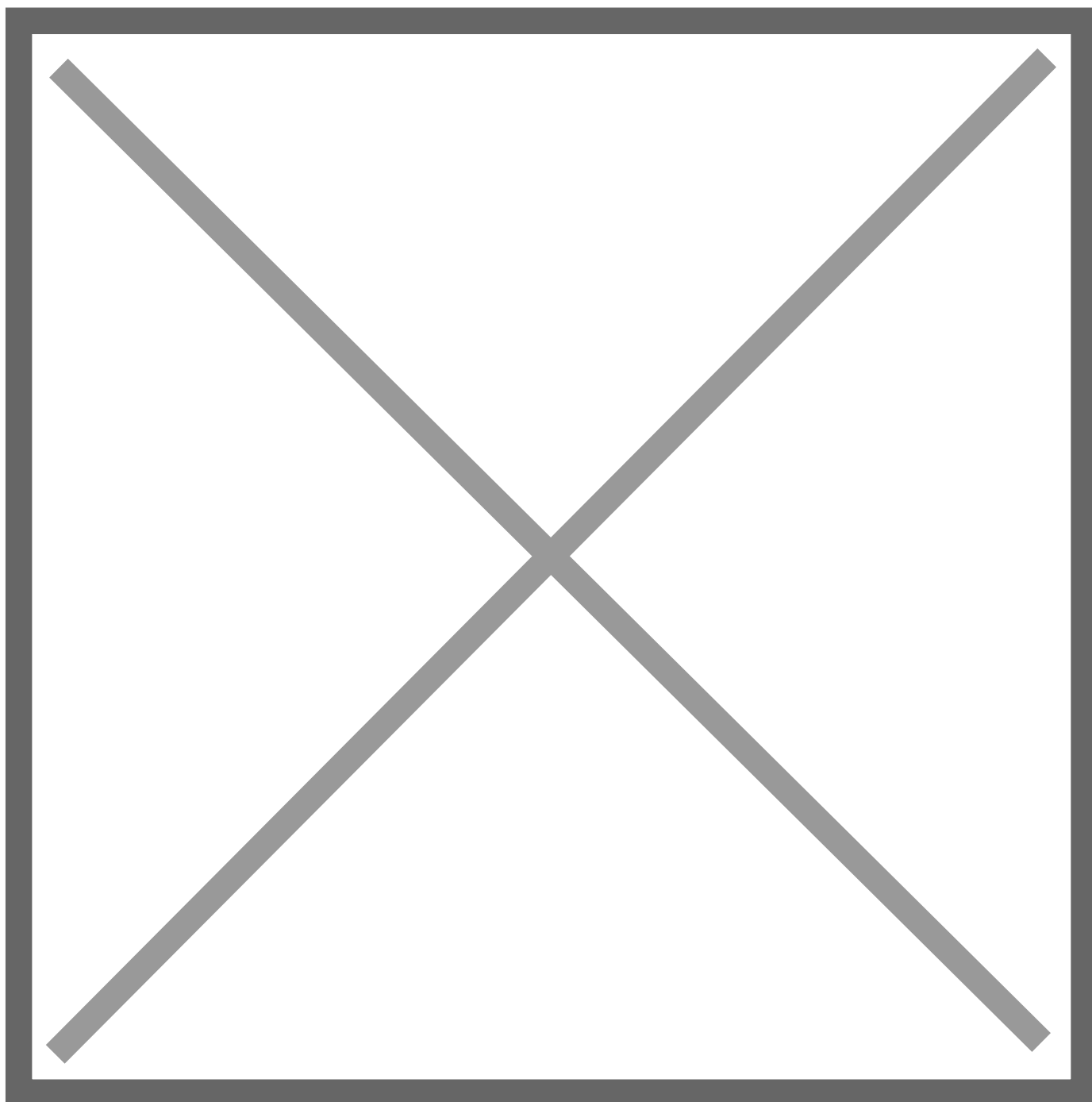
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fáil i
mBÁC arla
amhÁin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Buachaill, 2021



**Ceantar
Clárúdaíthe:**

Náisiónta

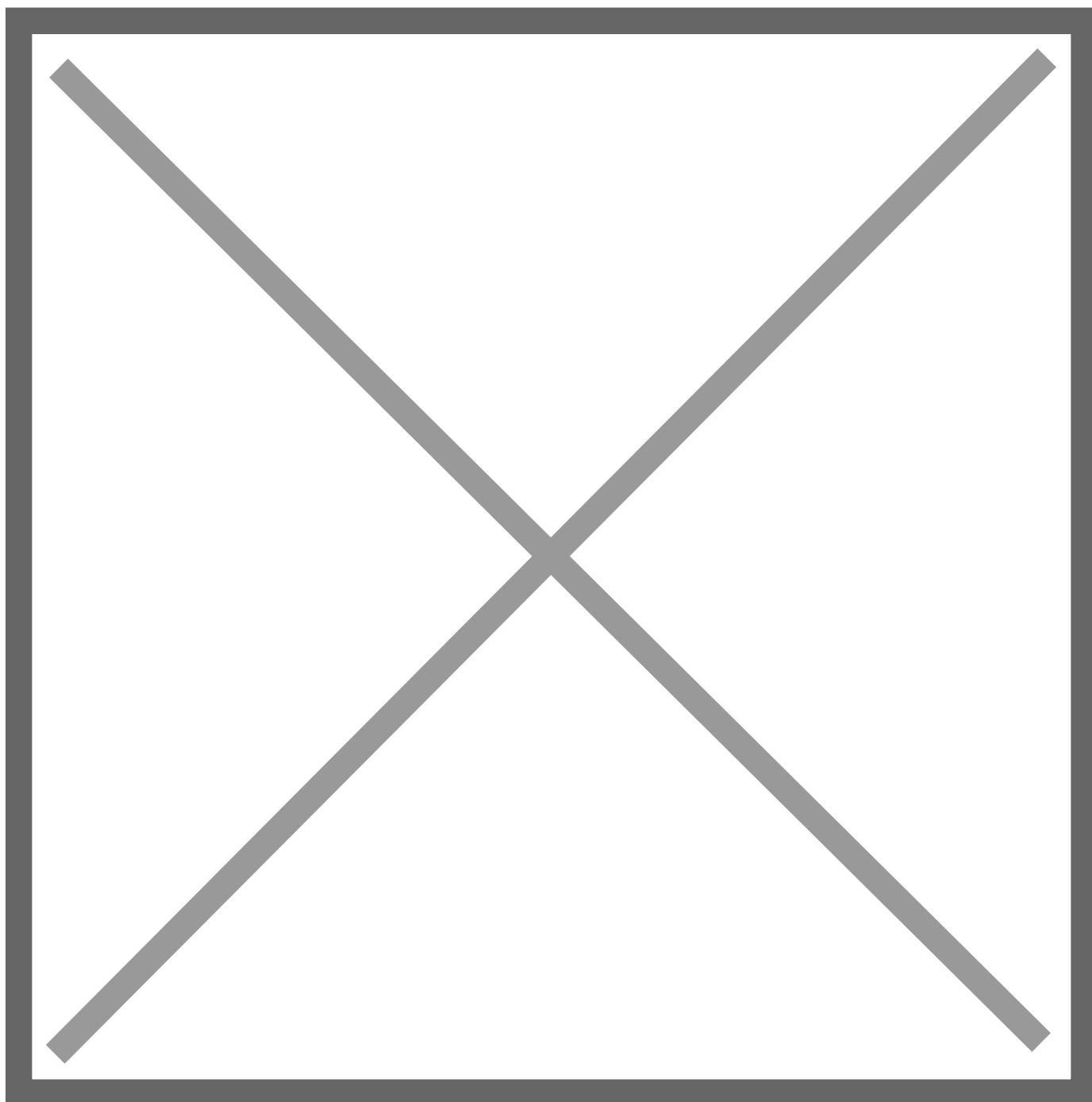
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

CailĀnĀ, 2021



**Ceantar
CIĀċdaithe:**

NĀċisiĀċnta

TagairtĀ:

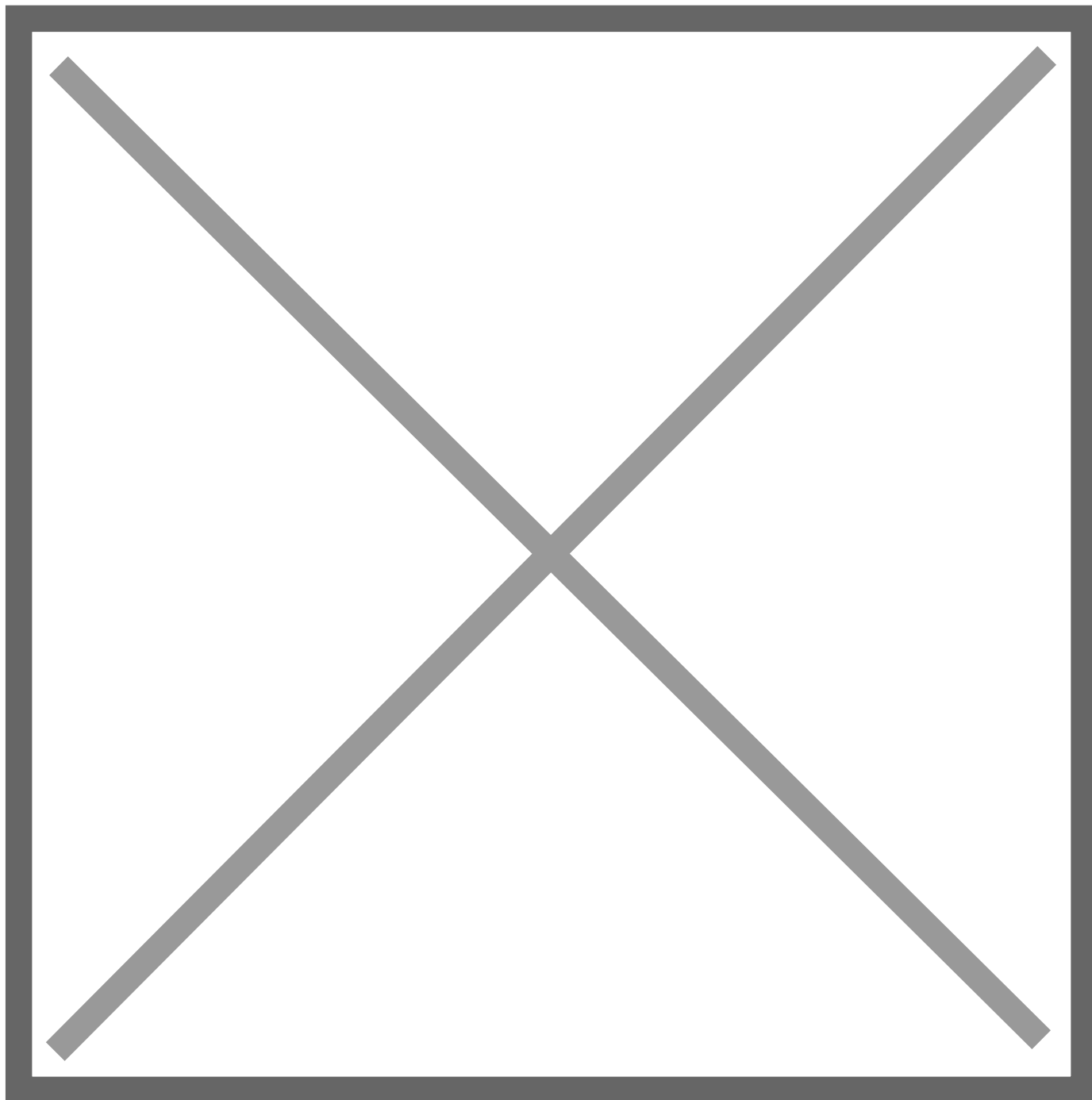
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

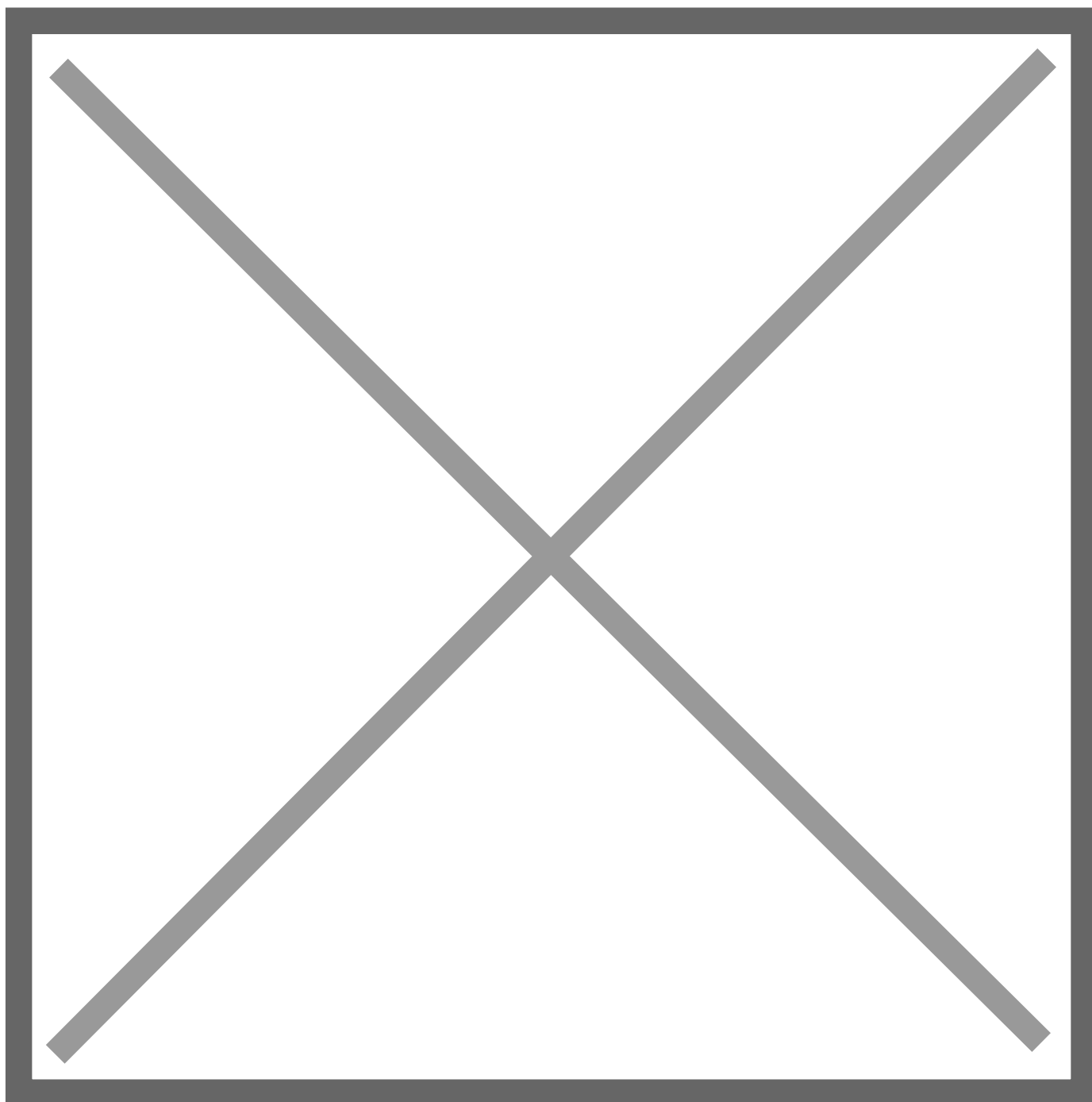
Meabhairshláinte - neamhoird imní

Páistí, 2021

**Tagairt:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

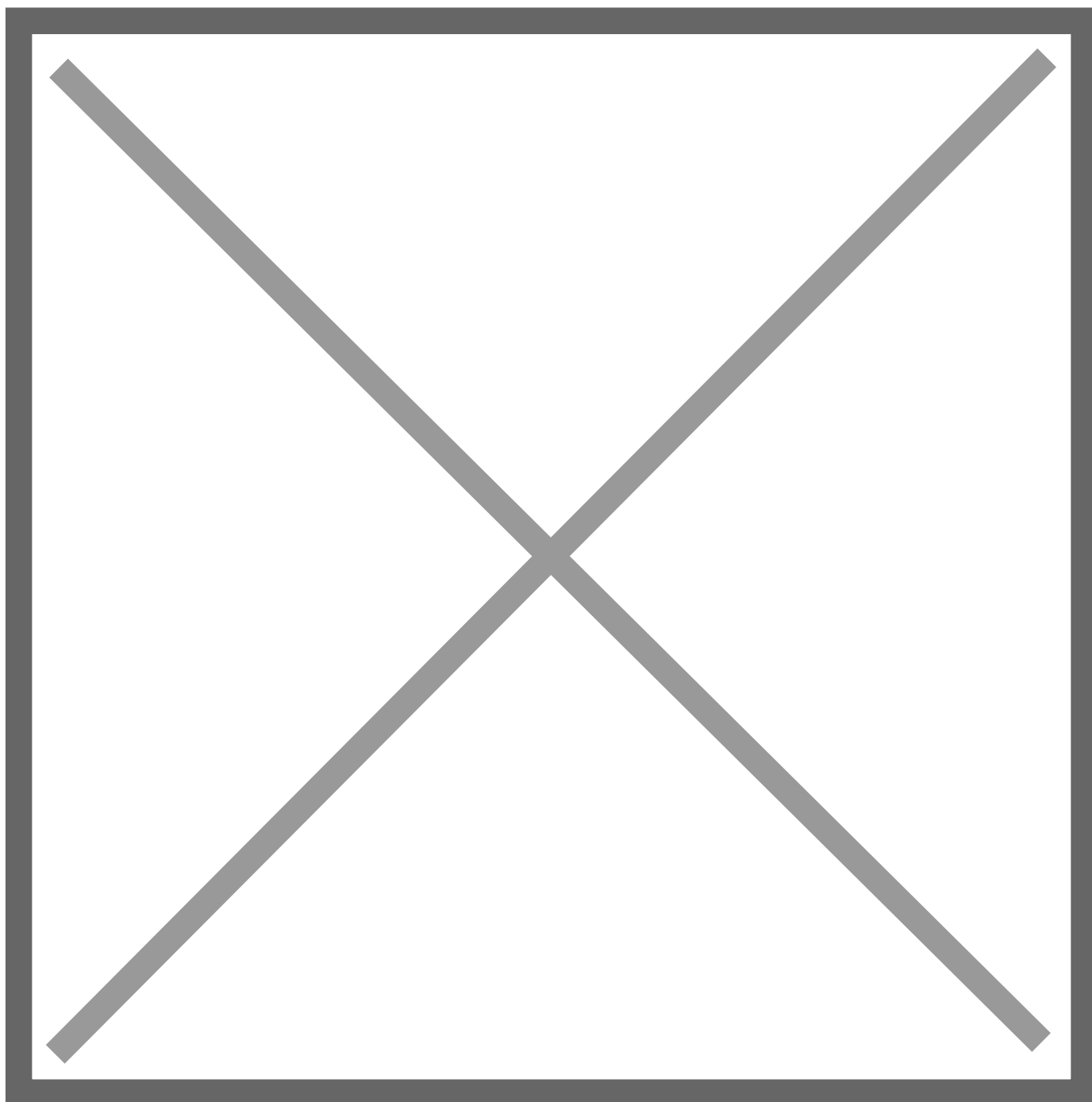
BuachaillÃ, 2021



TagairtÃ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

CailÃnÃ, 2021



TagairtÃ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025