## Drivers

### Thailand

<table>
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<th>Topic</th>
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<tr>
<td>Insufficient physical activity</td>
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<td>Average daily frequency of carbonated soft drink consumption</td>
<td>5</td>
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<td>Estimated per capita fruit intake</td>
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<td>Prevalence of less than daily fruit consumption</td>
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<td>Prevalence of less than daily vegetable consumption</td>
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<td>Average weekly frequency of fast food consumption</td>
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<td>Estimated per-capita processed meat intake</td>
<td>10</td>
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<td>Estimated per capita whole grains intake</td>
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<td>% Infants exclusively breastfed 0-5 months</td>
<td>14</td>
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</table>
Insufficient physical activity

Adults, 2016

Men, 2016

Women, 2016

References:
http://dx.doi.org/10.1016/S2214-109X(18)30357-7
Average daily frequency of carbonated soft drink consumption

Children, 2014-2015

<table>
<thead>
<tr>
<th>Country</th>
<th>Times per day</th>
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</thead>
<tbody>
<tr>
<td>Indonesia</td>
<td>0.6</td>
</tr>
<tr>
<td>Maldives</td>
<td>1.0</td>
</tr>
<tr>
<td>Timor-Leste</td>
<td>1.0</td>
</tr>
<tr>
<td>Thailand</td>
<td>1.4</td>
</tr>
<tr>
<td>Bangladesh</td>
<td>1.3</td>
</tr>
</tbody>
</table>

Survey type: Measured
Age: 12-17

Estimated per capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
Definitions: Estimated per-capita fruit intake (g/day)
Prevalence of less than daily fruit consumption

Children, 2008-2015

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
# Prevalence of less than daily vegetable consumption

## Children, 2008-2015

<table>
<thead>
<tr>
<th>Country</th>
<th>% &lt; daily consumption</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thailand</td>
<td>10</td>
</tr>
<tr>
<td>Sri Lanka</td>
<td>15</td>
</tr>
<tr>
<td>Indonesia</td>
<td>20</td>
</tr>
<tr>
<td>Bangladesh</td>
<td>25</td>
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<tr>
<td>Timor-Leste</td>
<td>35</td>
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<tr>
<td>Maldives</td>
<td>60</td>
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</table>

**Survey type:** Measured  
**Age:** 12-17  
https://doi.org/10.1177/0379572119848287  sourced from Food Systems Dashboard  
http://www.foodsystemsdashboard.org/food-system  
**Definitions:** Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Average weekly frequency of fast food consumption

Children, 2014-2015

Age: 12-17

Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
% Infants exclusively breastfed 0-5 months

Infants, 2019-2022

References:
Thailand Multiple Indicator Cluster Survey 2022, Survey Findings Report

Notes: