



Tajikistan



Country report card - under-5s

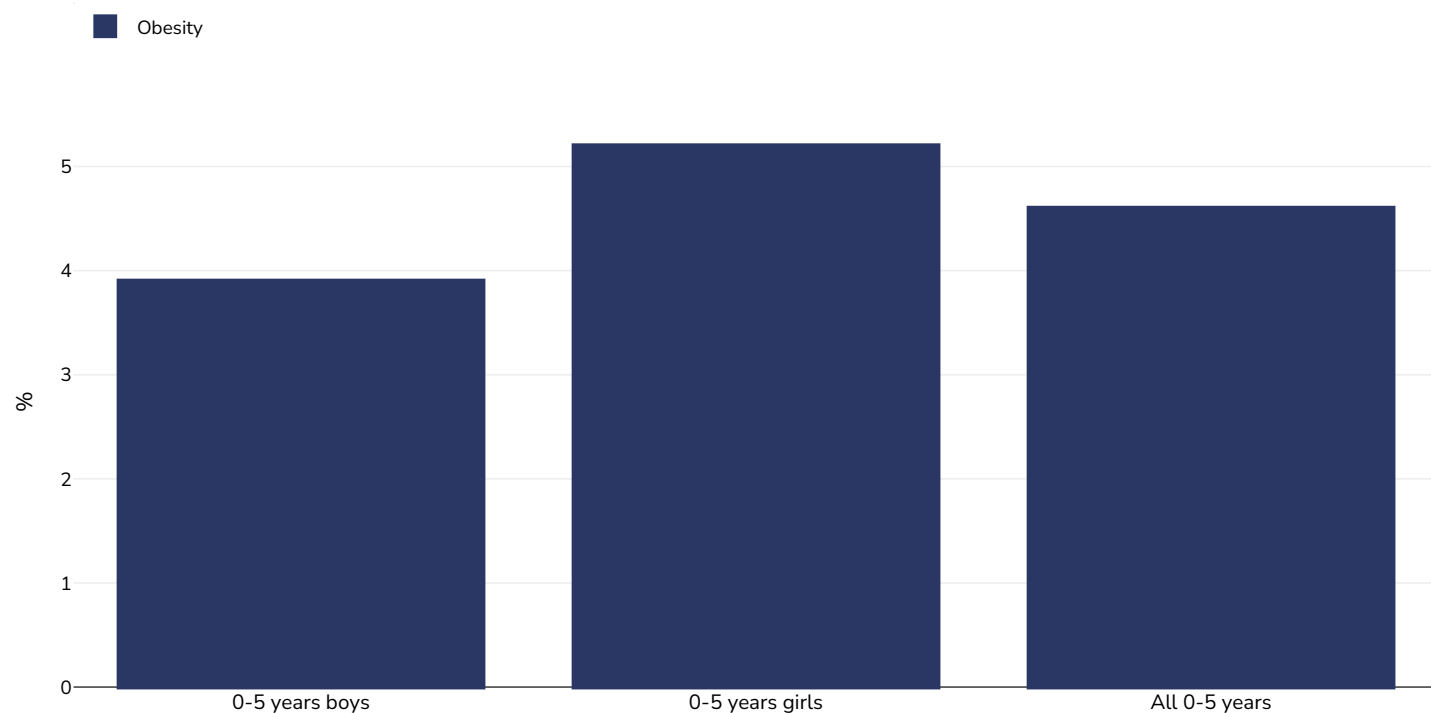
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/tajikistan-212/>.

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Obesity prevalence

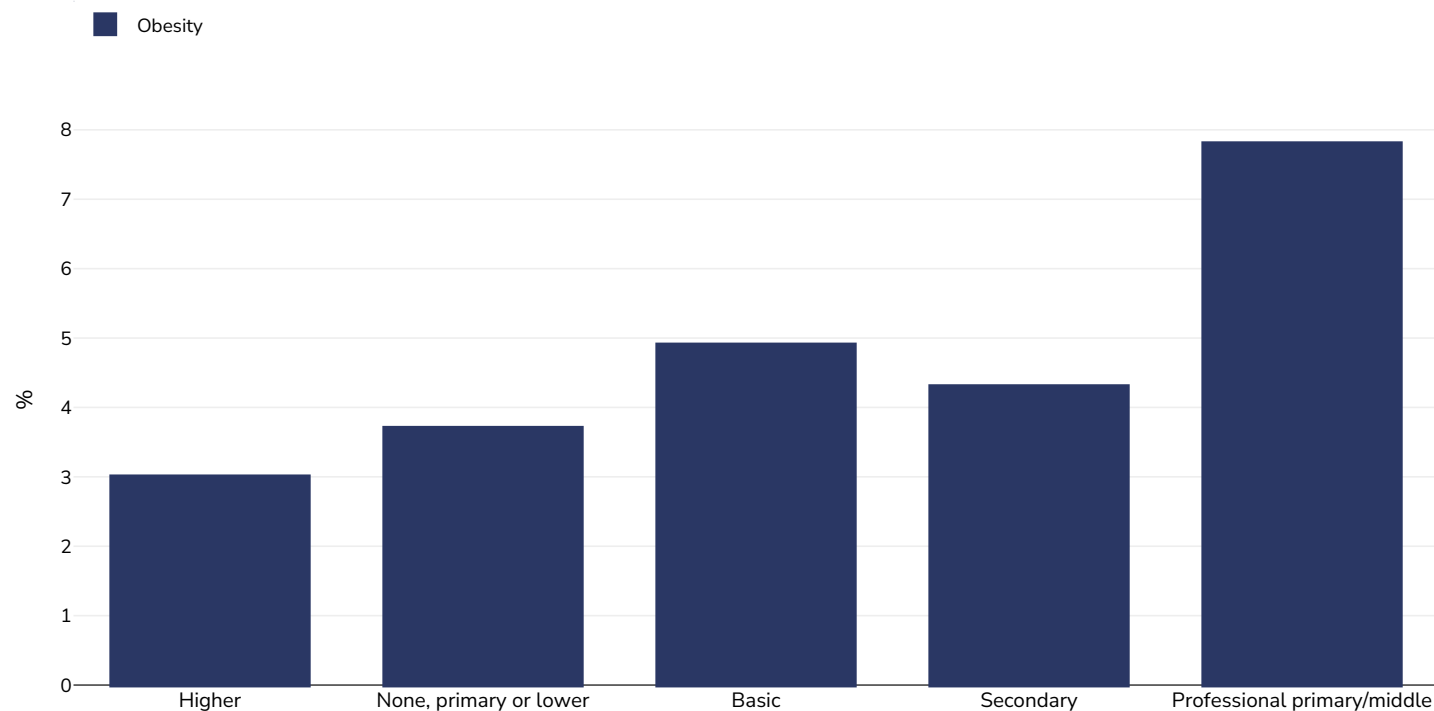
0-5 years, 2023



Survey type:	Measured
Age:	0-5
Sample size:	5345
Area covered:	National
References:	Statistical Agency under the President of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, Ministry of Health and Social Protection of Population of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, and The DHS Program, ICF, Rockville, Maryland, USA. Available at https://www.dhsprogram.com/pubs/pdf/PR155/PR155eng.pdf (last accessed 04.02.25)
Cutoffs:	+2 SD

Overweight/obesity by education

0-5 years, 2023



Survey type: Measured

Sample size: 5345

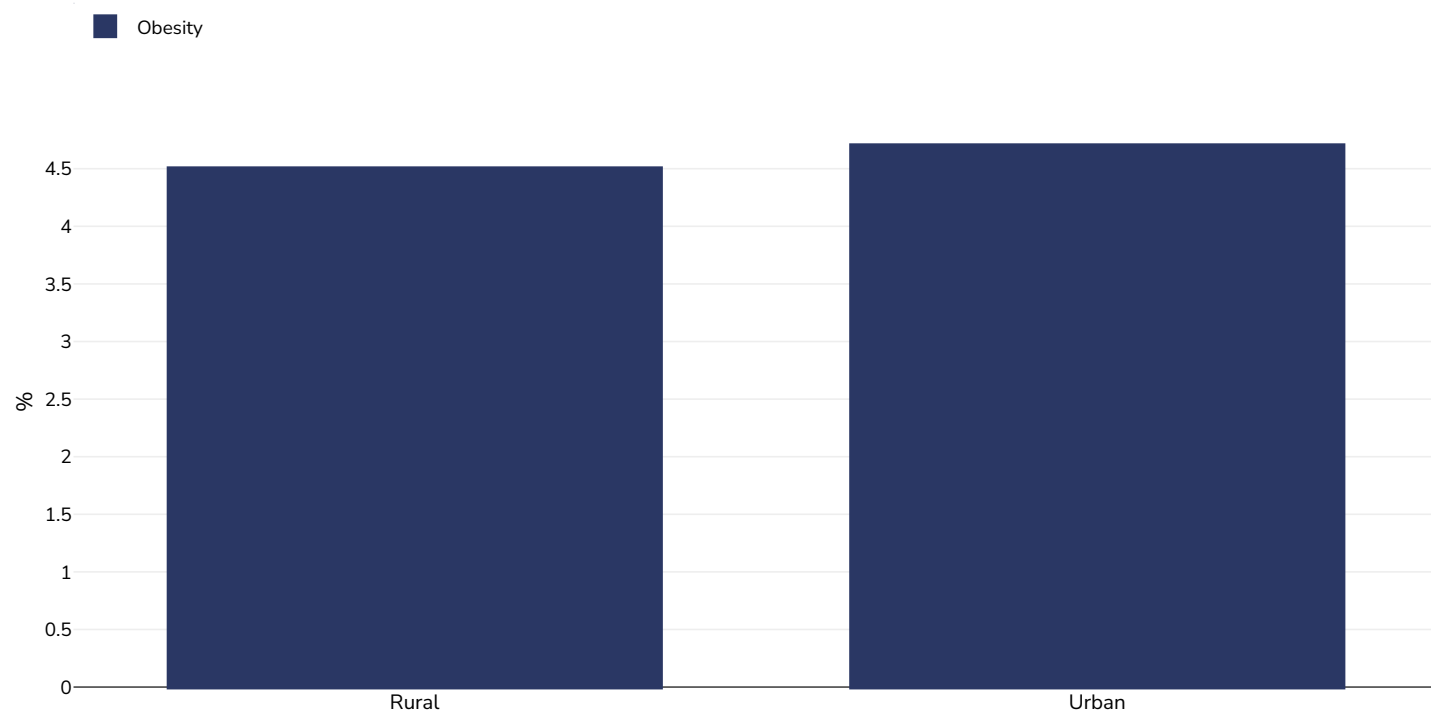
Area covered: National

References: Statistical Agency under the President of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, Ministry of Health and Social Protection of Population of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, and The DHS Program, ICF, Rockville, Maryland, USA. Available at <https://www.dhsprogram.com/pubs/pdf/PR155/PR155eng.pdf> (last accessed 04.02.25)

Cutoffs: +2 SD

Overweight/obesity by region

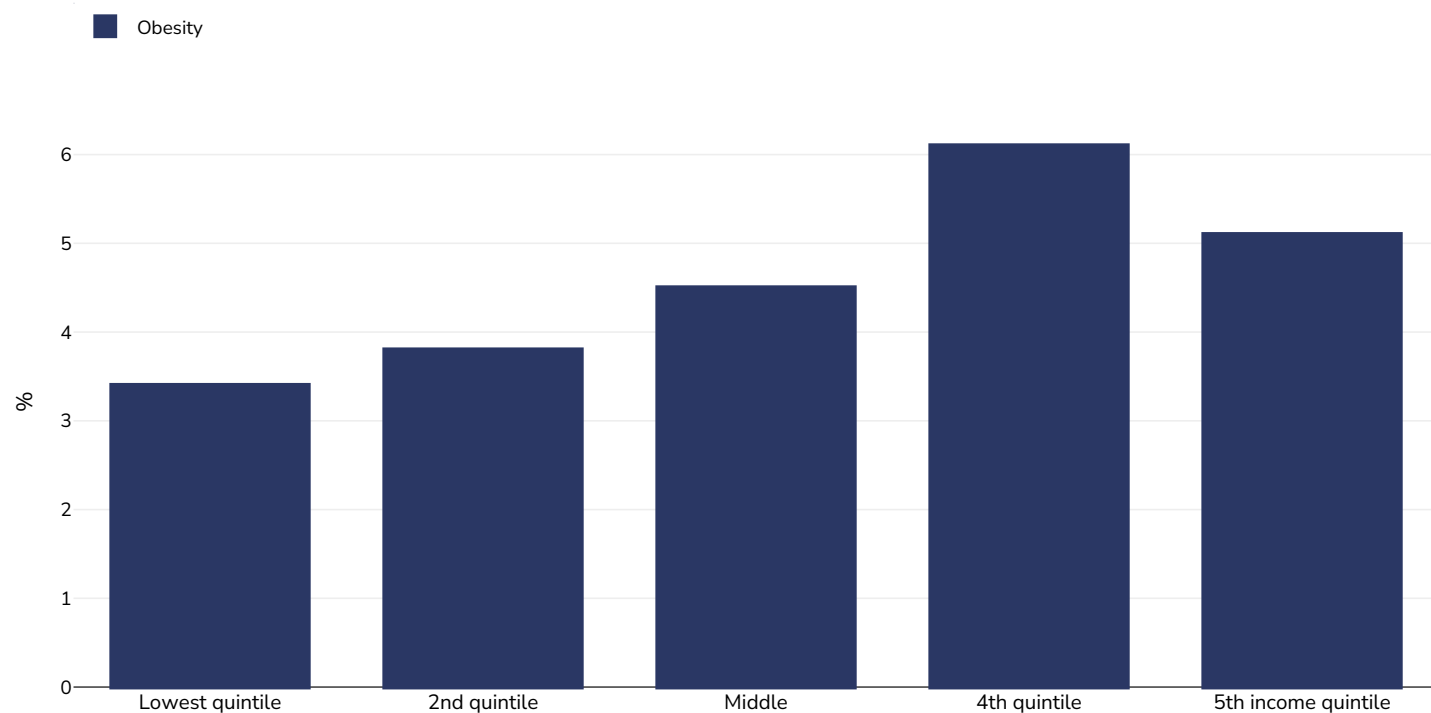
0-5 years, 2023



Survey type:	Measured
Sample size:	5345
Area covered:	National
References:	Statistical Agency under the President of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, Ministry of Health and Social Protection of Population of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, and The DHS Program, ICF, Rockville, Maryland, USA. Available at https://www.dhsprogram.com/pubs/pdf/PR155/PR155eng.pdf (last accessed 04.02.25)
Cutoffs:	+2 SD

Overweight/obesity by socio-economic group

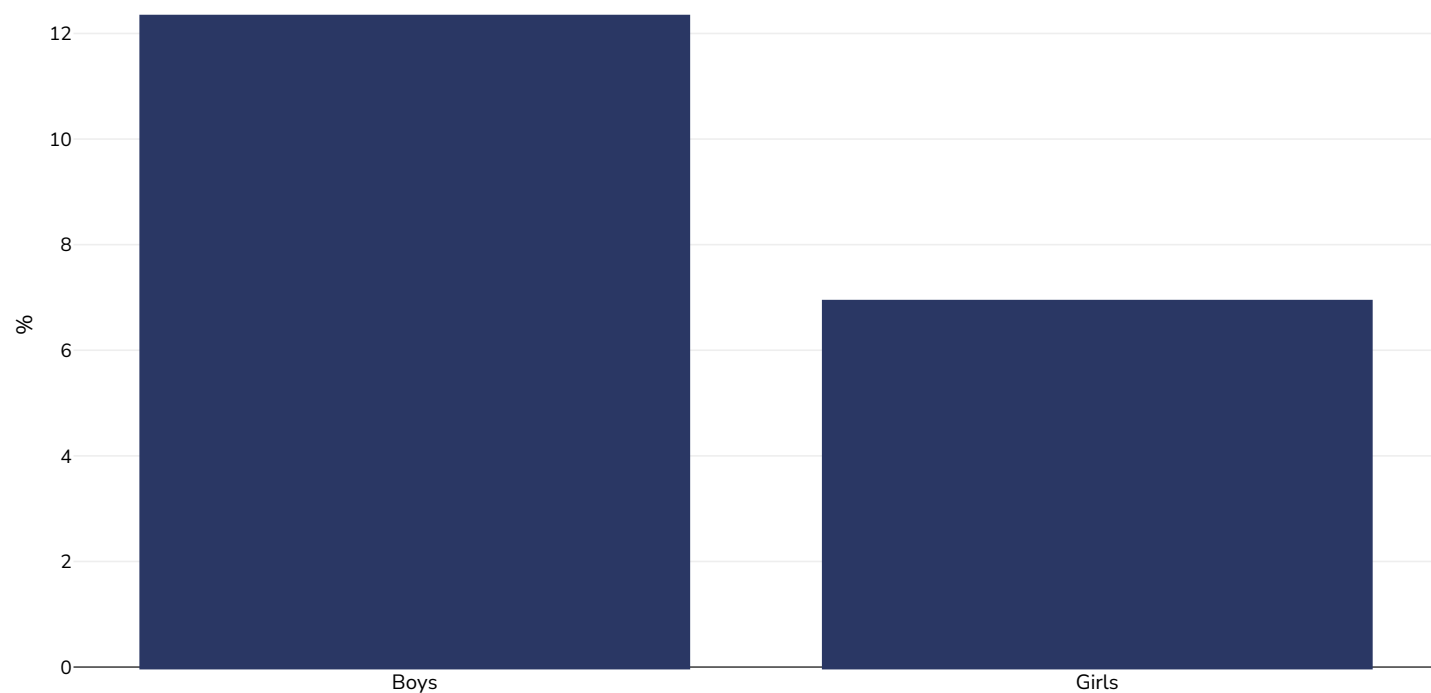
0-5 years, 2023



Survey type:	Measured
Sample size:	5345
Area covered:	National
References:	Statistical Agency under the President of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, Ministry of Health and Social Protection of Population of the Republic of Tajikistan, Dushanbe, Republic of Tajikistan, and The DHS Program, ICF, Rockville, Maryland, USA. Available at https://www.dhsprogram.com/pubs/pdf/PR155/PR155eng.pdf (last accessed 04.02.25)
Cutoffs:	+2 SD

Double burden of underweight & overweight

0-5 years, 2017-2017



Survey type: Measured

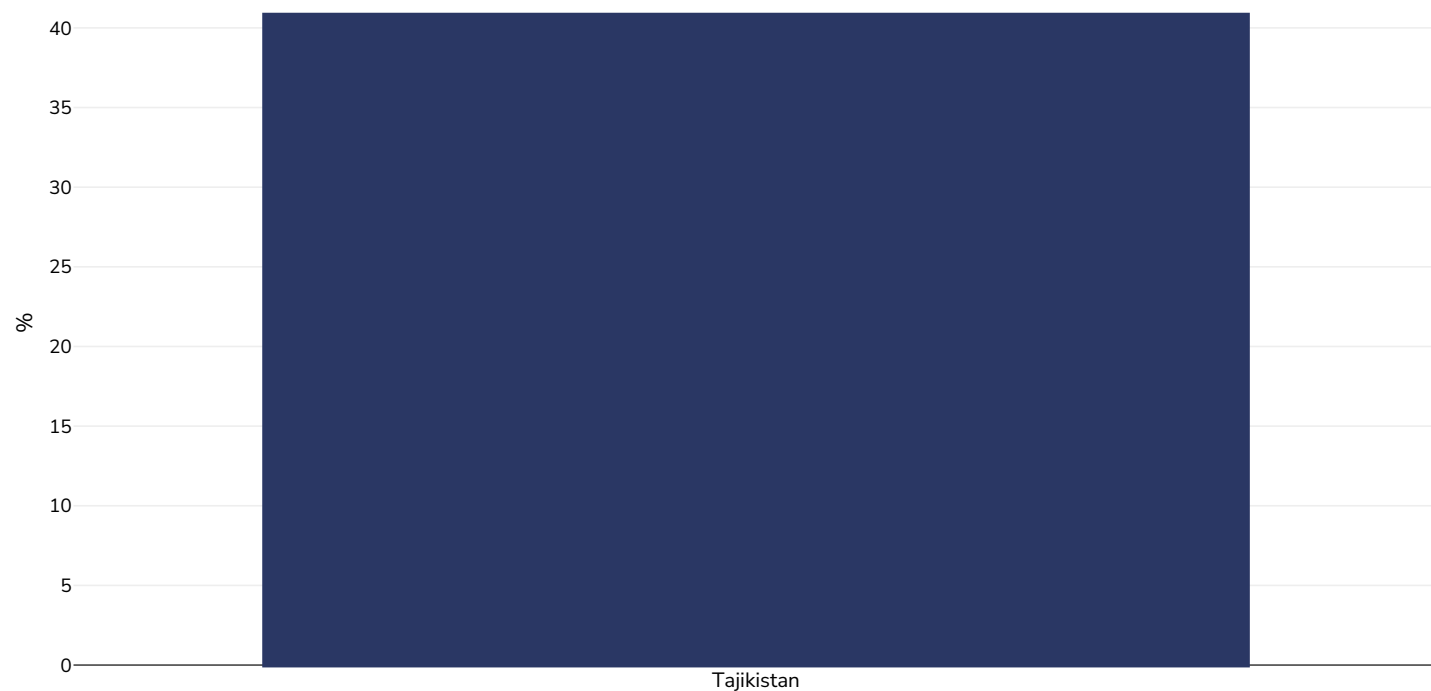
Age: 0-5

References: UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Notes: Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% Infants exclusively breastfed 0-5 months

0-5 years, 1996-2023



References:

Tajikistan Demographic and Health Survey 2023

Notes: Full details are available. Original citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2024).
Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, December 2024.

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