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Obesity prevalence

Adults, 2002

Survey type: Measured
Age: 20-65
Sample size: 8509
Area covered: National
References: WHO Infobase, Reference from Syrian Arab Steps Report
http://www.who.int/chp/steps/SyrianArabRepublicSTEPSReport.PDF

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Survey type: Measured
Age: 15-18
Sample size: 1062
Area covered: Regional
Notes: Region: Damascus
Cutoffs: IOTF
Insufficient physical activity

Children, 2010

Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Boys, 2010

Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Girls, 2010

Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Average daily frequency of carbonated soft drink consumption

Children, 2009-2015

Survey type: Measured
Age: 12-17

Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Prevalence of less-than-daily fruit consumption

Children, 2008-2015

Survey type: Measured
Age: 12-17

References:

Definitions:
Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
Prevalence of less-than-daily vegetable consumption

Children, 2008-2015

Survey type: Measured
Age: 12-17
Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Average weekly frequency of fast food consumption

Children, 2009-2015

Age: 12-17

Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per-capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
Oesophageal cancer

Men, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Breast cancer

Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, breast, females, ages 20+. ASR (World) per 100,000
Colorectal cancer

Men, 2018

Incidence per 100,000

Age:

20+

References:

Definitions:
Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Pancreatic cancer

Men, 2018

Incidence per 100,000

Djibouti, Sudan, Pakistan, Somalia, Afghanistan, Qatar, South Sudan, UAE, Yemen, Saudi Arabia, Iraq, Tunisia, Kuwait, Iran, Oman, Bahrain, Syria, Palestine, Lebanon, Egypt, Jordan, Libya

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Women, 2018

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pakistan</td>
<td>0.06</td>
</tr>
<tr>
<td>Djibouti</td>
<td>0.41</td>
</tr>
<tr>
<td>Afghanistan</td>
<td>0.63</td>
</tr>
<tr>
<td>Sudan</td>
<td>0.65</td>
</tr>
<tr>
<td>Saudi Arabia</td>
<td>0.68</td>
</tr>
<tr>
<td>Somalia</td>
<td>0.69</td>
</tr>
<tr>
<td>Morocco</td>
<td>0.75</td>
</tr>
<tr>
<td>Tunisia</td>
<td>0.77</td>
</tr>
<tr>
<td>Iraq</td>
<td>0.80</td>
</tr>
<tr>
<td>Yemen</td>
<td>0.81</td>
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<tr>
<td>Oman</td>
<td>0.83</td>
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<tr>
<td>Jordan</td>
<td>0.87</td>
</tr>
<tr>
<td>Syria</td>
<td>1.70</td>
</tr>
<tr>
<td>Iran</td>
<td>2.04</td>
</tr>
<tr>
<td>Egypt</td>
<td>2.38</td>
</tr>
<tr>
<td>Lebanon</td>
<td>2.71</td>
</tr>
<tr>
<td>Bahrain</td>
<td>2.71</td>
</tr>
<tr>
<td>Palestine</td>
<td>2.71</td>
</tr>
<tr>
<td>Libya</td>
<td>2.85</td>
</tr>
<tr>
<td>Qatar</td>
<td>2.91</td>
</tr>
<tr>
<td>Kuwait</td>
<td>3.06</td>
</tr>
<tr>
<td>UAE</td>
<td>3.20</td>
</tr>
</tbody>
</table>

Age: 20+

References: Global Cancer Observatory, Cancer incidence rates [http://gco.iarc.fr/] (last accessed 30th June 2020)

Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Gallbladder cancer

Men, 2018

Incidence per 100,000

Age: 20+

References: Global Cancer Observatory, Cancer incidence rates http://gco.iarc.fr/ (last accessed 30th June 2020)

Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Kidney cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
## Cancer of the uterus

### Women, 2018

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yemen</td>
<td>5</td>
</tr>
<tr>
<td>Iraq</td>
<td>5</td>
</tr>
<tr>
<td>Egypt</td>
<td>5</td>
</tr>
<tr>
<td>Iran</td>
<td>5</td>
</tr>
<tr>
<td>Palestine</td>
<td>5</td>
</tr>
<tr>
<td>Saudi Arabia</td>
<td>5</td>
</tr>
<tr>
<td>Jordan Arabia</td>
<td>5</td>
</tr>
<tr>
<td>Kuwait</td>
<td>5</td>
</tr>
<tr>
<td>Syria</td>
<td>5</td>
</tr>
<tr>
<td>Bahrain</td>
<td>5</td>
</tr>
<tr>
<td>Qatar</td>
<td>5</td>
</tr>
<tr>
<td>Tunisia</td>
<td>5</td>
</tr>
<tr>
<td>Lebanon</td>
<td>5</td>
</tr>
<tr>
<td>Oman</td>
<td>5</td>
</tr>
<tr>
<td>UAE</td>
<td>5</td>
</tr>
<tr>
<td>Afghanistan</td>
<td>5</td>
</tr>
<tr>
<td>Pakistan</td>
<td>5</td>
</tr>
<tr>
<td>Sudan</td>
<td>5</td>
</tr>
<tr>
<td>Libya</td>
<td>5</td>
</tr>
<tr>
<td>Djibouti</td>
<td>5</td>
</tr>
<tr>
<td>Morocco</td>
<td>5</td>
</tr>
<tr>
<td>Somalia</td>
<td>5</td>
</tr>
<tr>
<td>South Sudan</td>
<td>27</td>
</tr>
</tbody>
</table>

### Definitions:

Estimated age-standardized incidence rates (World) in 2018, cervix uteri, females, ages 20+. ASR (World) per 100,000

### References:

Raised blood pressure

Adults, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Women, 2015

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:
Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Men, 2008

References:
Global Health Observatory data repository, World Health Organisation, [http://apps.who.int/gho/data/node.main.A885](http://apps.who.int/gho/data/node.main.A885)

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008

References:

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Women, 2014


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2017

% diabetes prevalence


Definitions: Diabetes age-adjusted comparative prevalence (%).

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