

Switzerland



Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <u>https://data.worldobesity.org/country/switzerland-</u>208/.



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Obesity prevalence

Adults, 2022

Obesity Overweight





Overweight/obesity by education













Overweight/obesity by age

Adults, 2017

Obesity Overweight





Overweight/obesity by region

Adults, 2014-2015

Obesity Overweight



https://menuch.iumsp.ch/index.php/catalog/4



Double burden of underweight & overweight





Insufficient physical activity













Estimated per capita fruit intake





Estimated per-capita processed meat intake





Estimated per capita whole grains intake





Mental health - depression disorders









Definitions:	Number living with depression per 100,000 population (adults 20+ years)
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <u>http://vizhub.healthdata.org/gbd-compare</u> . (Last accessed 23.04.25)
Area covered:	National
Age:	20+
0	Switzerland
0	
1000	
2000	
3000	
3000	
04000	
000 population 4000 %	
55000	
6000	
7000	
8000	



Mental health - anxiety disorders













Percent of population who cannot afford a healthy diet





Oesophageal cancer









Breast cancer

Women, 2022

Age 20 Age 20+





Colorectal cancer









Pancreatic cancer









Gallbladder cancer









Kidney cancer









Cancer of the uterus





Raised blood pressure

Adults, 2015



Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).








Raised cholesterol

Adults, 2008













Raised fasting blood glucose

Men, 2014



Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).







Diabetes prevalence

Adults, 2024



References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org



Ovarian Cancer





Leukemia

Men, 2022											
4											
3											
2											
1											
0											
⁻¹ -1	0	1	2	3	4	5	6				
Age:							20+				
Area covered:							National				
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <u>https://gco.iarc.who.int/today</u> , accessed [16.07.24]										
Definitions:						Incidence p	er 100,000				
	Unless ot	herwise noted, overw	reight refers to a BMI I	between 25kg and 29	.9ka/m². obesitv refer	s to a BMI greater tha	n 30kg/m².				



4							
3							
2							
1							
0							
-1 -1							
_	0	1	2	3	4	5	6
Age: Area covered:							20+ National
References:					Znaor A, Soerjomataran n Cancer. Available fron		oal Cancer . <u>int/today</u> ,
Definitions:						Incidence pe	r 100,000
	Unless othe	rwise noted, overw	eight refers to a BMI	between 25kg and 2	9.9kg/m², obesity refers	to a BMI greater thar	1 30kg/m².



Liver and intrahepatic bile duct Cancer









Multiple Myeloma









Non Hodgkin Lymphoma









Thyroid Cancer







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