

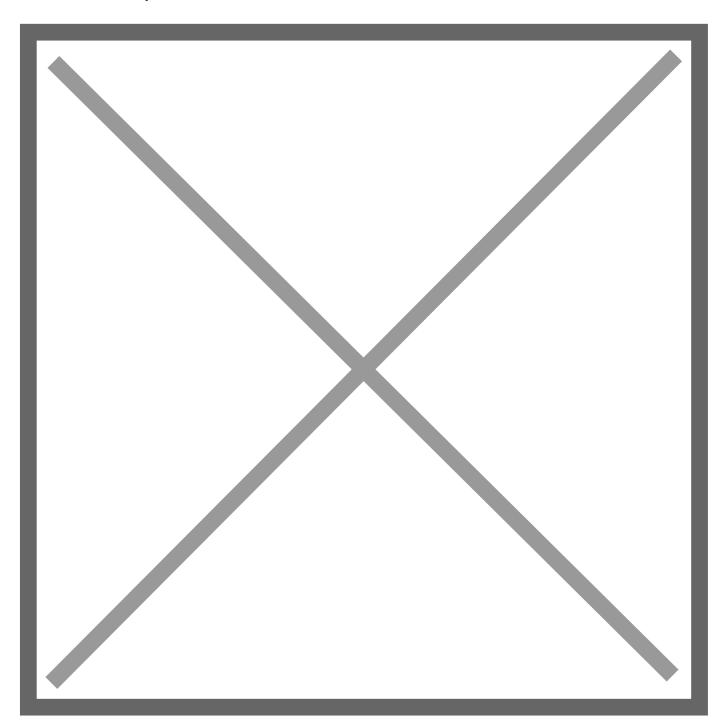
Report card Sudaan





Rasvumise levimus

Täiskasvanud, 2016



Uuringu tüüp:	Mõõdetud
ournigu taup.	Fiodelia
Vanus:	18-69
Valimi suurus:	8145
Hõlmatud piirkond:	Riiklik



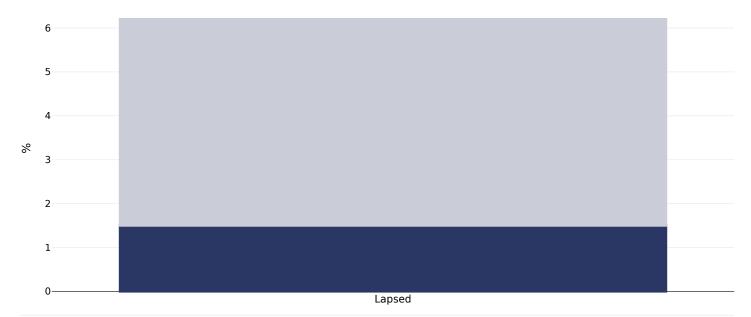
Viited:

SUDAN STEPS 2016 FACTSHEET https://www.who.int/ncds/surveillance/steps/Sudan-2016-STEPS-factsheet.pdf?ua=1 (last accessed

Kui ei ole märgitud teisiti, tähendab ülekaal KMI vahemikku 25 kg ja 29,9 kg/m², rasvumine KMI-t üle 30 kg/m².

Lapsed, 2016





Uuringu tüüp:	Mõõdetud
Vanus:	6-14
Valimi suurus:	1223
Hõlmatud piirkond:	Piirkondlik
Viited:	Hussein, M.D. Alonazi, N.A. and Mohamed, S. (2018). 'Prevalence of obesity, overweight, underweight, and stunting among school

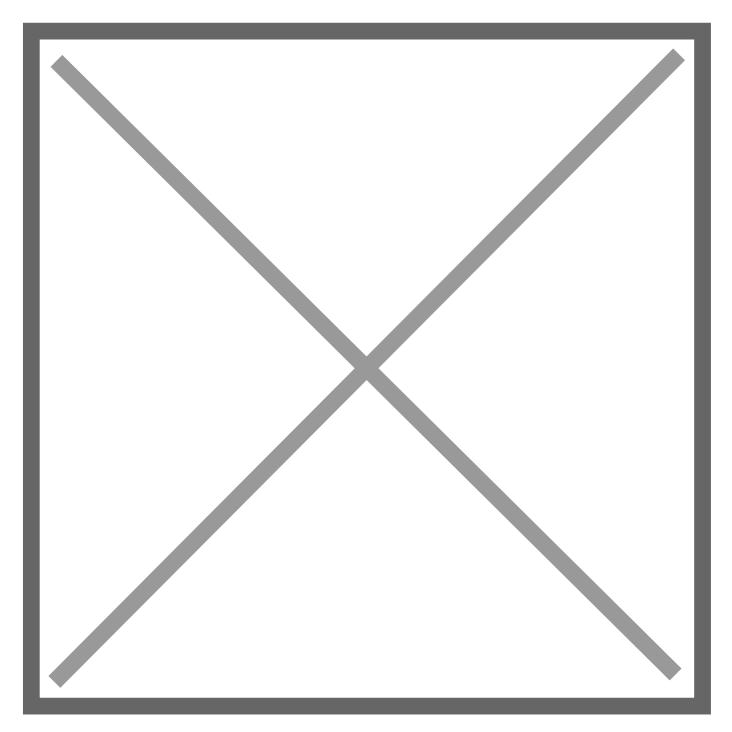
children in Argo city, Northern Sudan', Sudan J Paediatr. 2018;18(2):15-19.

Märkused: WHO cut-offs used.

Cutoffs: WHO



Infants, 2014



Vanus:	0-5
Valimi suurus:	12549
Viited:	MICS: Multiple Indicator Cluster Survey 2014 of Sudan, Final Report. Khartoum, Sudan: UNICEF and Central Bureau of Statistics (CBS), February 2016.



Märkused: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For

more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference

population.

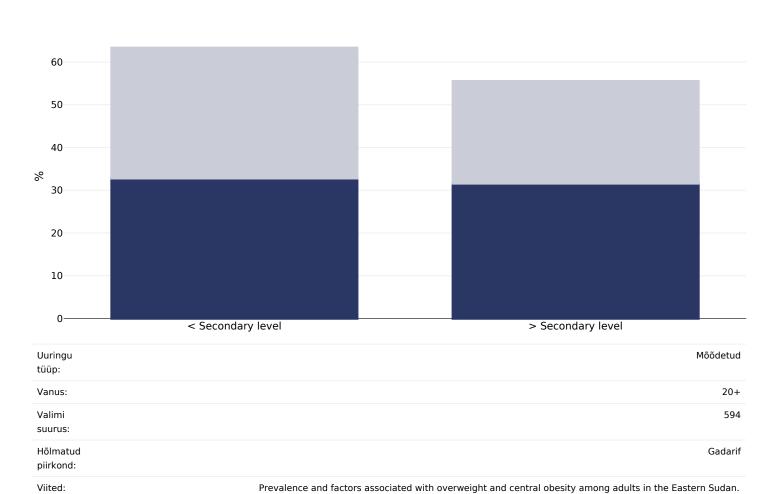
Mõisted: =>+2SD



Ülekaalulisus / rasvumine hariduse järgi

Täiskasvanud, 2018

Rasvumine Ülekaaluline

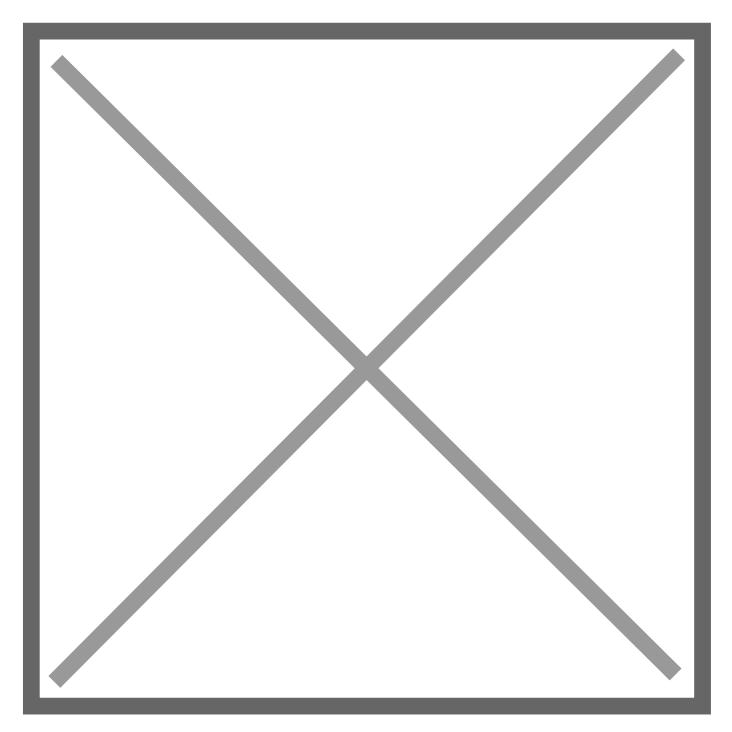


https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0232624#sec005 (last accessed 07.06.2022)

Kui ei ole märgitud teisiti, tähendab ülekaal KMI vahemikku 25 kg ja 29,9 kg/m², rasvumine KMI-t üle 30 kg/m².



Infants, 2014



Valimi suurus:	12549
Viited:	MICS: Multiple Indicator Cluster Survey 2014 of Sudan, Final Report. Khartoum, Sudan: UNICEF and Central Bureau of Statistics (CBS), February 2016.
Märkused:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ . Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.



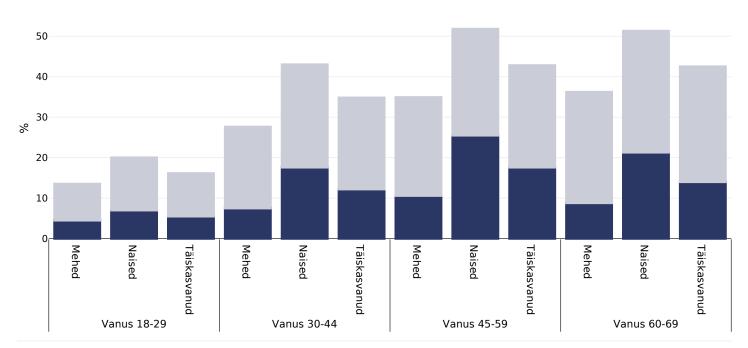
Mőisted: =>+2SD



Ülekaalulisus / rasvumine vanuse järgi

Täiskasvanud, 2016





 Uuringu tüüp:
 Mõõdetud

 Valimi suurus:
 7176

 Hõlmatud piirkond:
 Riiklik

 Viited:
 Sudan STEPS survey 2016. https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/sudan/steps/sudan-stepwise-survey-final-2016.pdf?sfvrsn=1965f5b3 4&download=true
 (last access 07.06.2022)

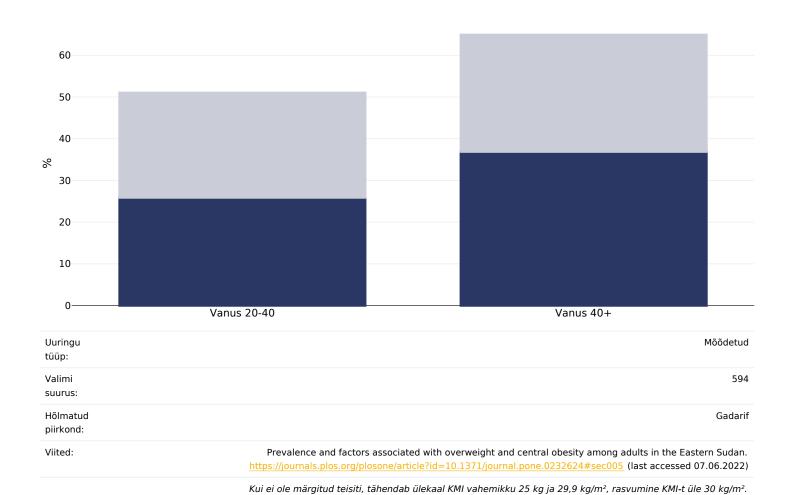
Kui ei ole märgitud teisiti, tähendab ülekaal KMI vahemikku 25 kg ja 29,9 kg/m², rasvumine KMI-t üle 30 kg/m².



Ülekaalulisus / rasvumine piirkonna järgi

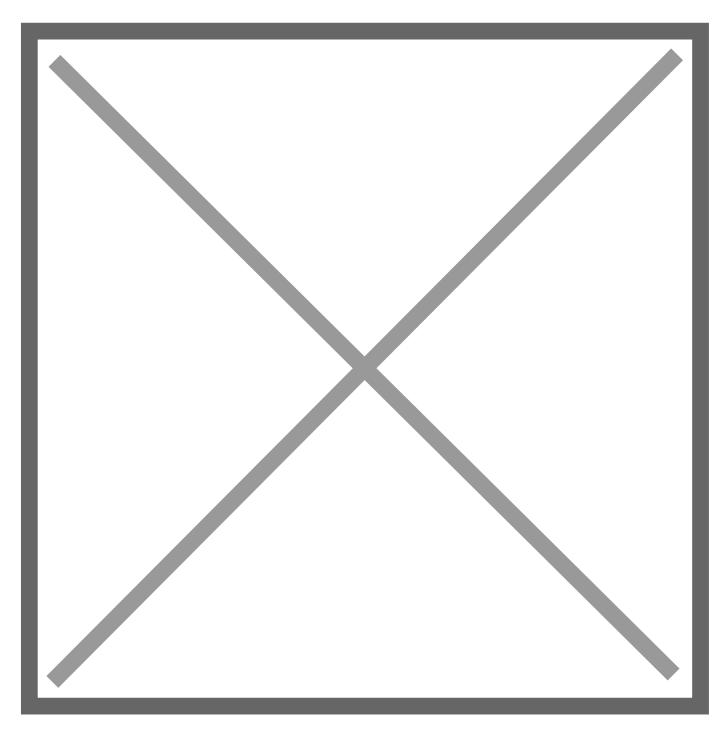
Täiskasvanud, 2018

Rasvumine Ülekaaluline





Infants, 2014



Valimi suurus:	12549
Viited:	MICS: Multiple Indicator Cluster Survey 2014 of Sudan, Final Report. Khartoum, Sudan: UNICEF and Central Bureau of Statistics (CBS), February 2016.
Märkused:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

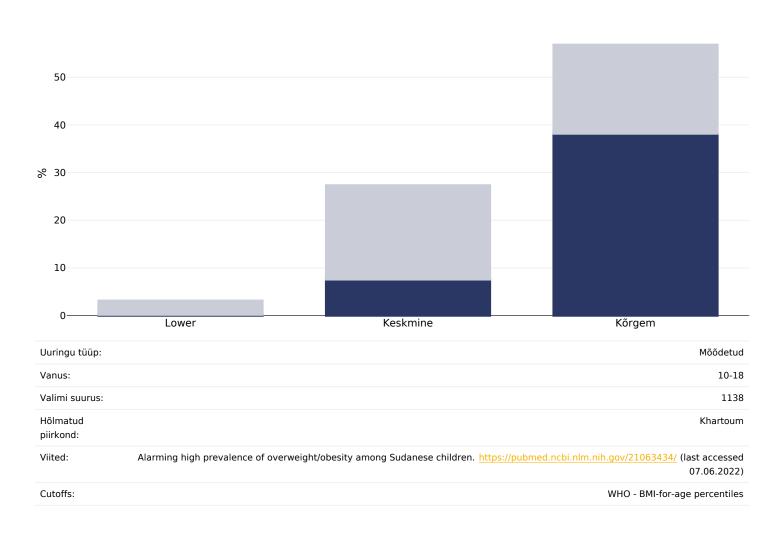


Mõisted: =>+2SD



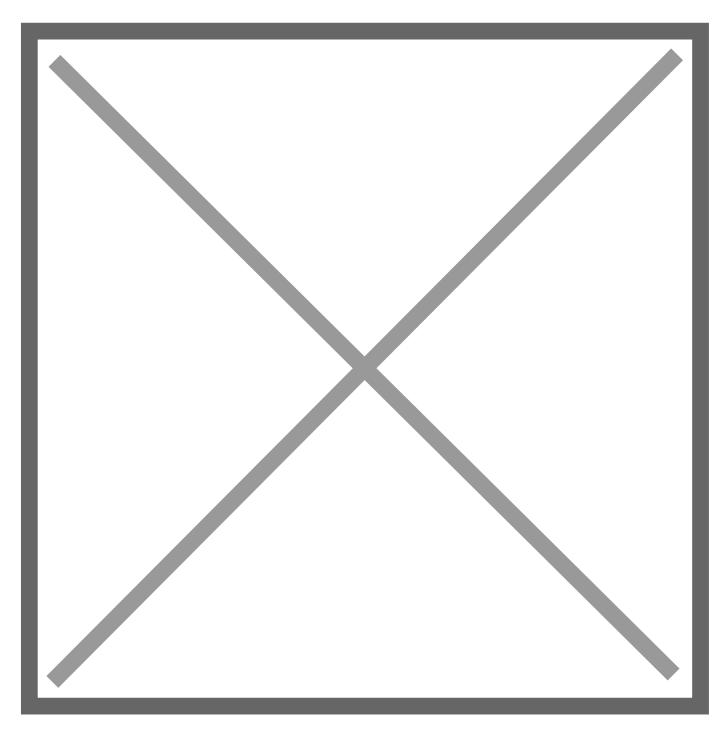
Ülekaalulisus / rasvumine sotsiaalmajandusliku grupi järgi Lapsed, 2010







Infants, 2014



Valimi suurus:	12549
Viited:	MICS: Multiple Indicator Cluster Survey 2014 of Sudan, Final Report. Khartoum, Sudan: UNICEF and Central Bureau of Statistics (CBS), February 2016.
Märkused:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

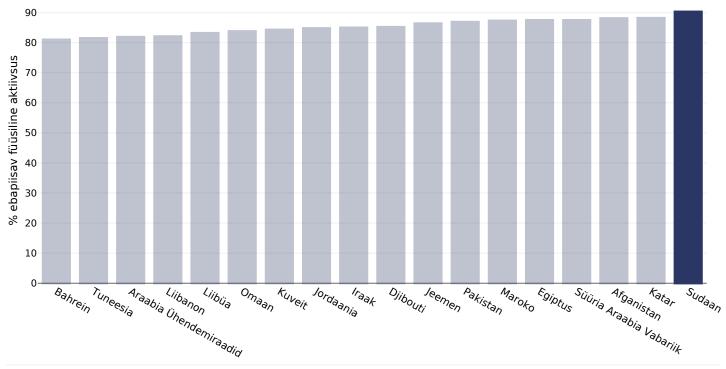


Mõisted: =>+2SD



Ebapiisav füüsiline aktiivsus

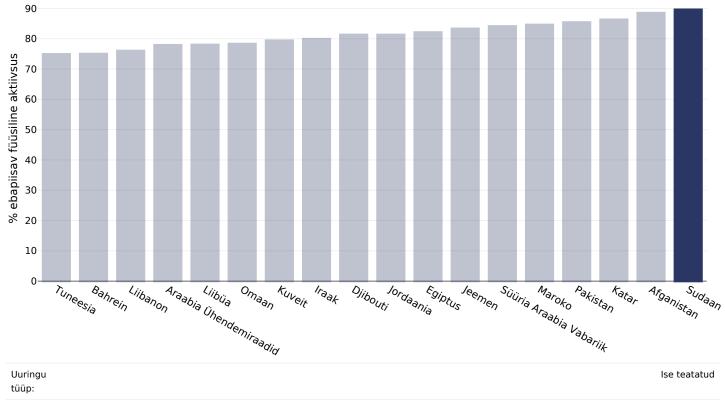
Lapsed, 2016



	•
Uuringu tüüp:	Ise teatatud
Vanus:	11-17
Viited:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Märkused:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Mõisted:	% Adolescents insufficiently active (age standardised estimate)



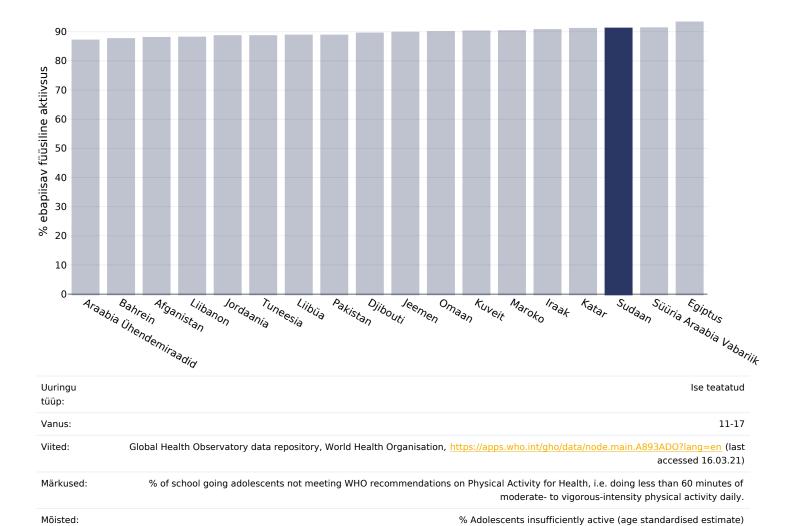
Poisid, 2016



Uuringu tüüp:	Ise teatatud
Vanus:	11-17
Viited:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Märkused:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Mõisted:	% Adolescents insufficiently active (age standardised estimate)



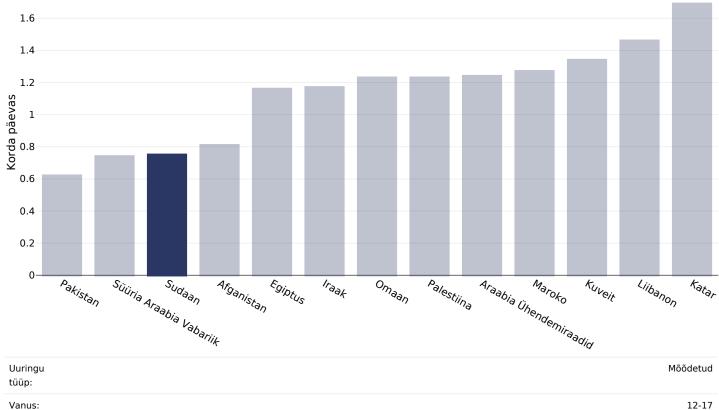
Tüdrukud, 2016





Keskmine päevane gaseeritud karastusjookide tarbimissagedus

Lapsed, 2009-2015



Vanus:

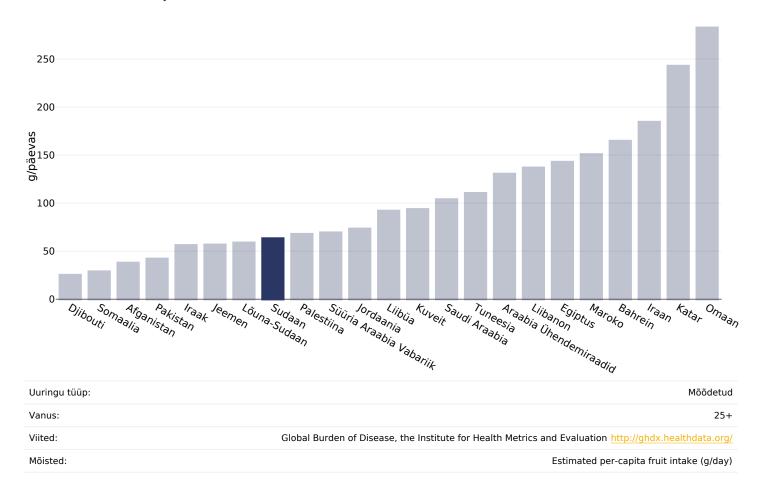
Viited:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system



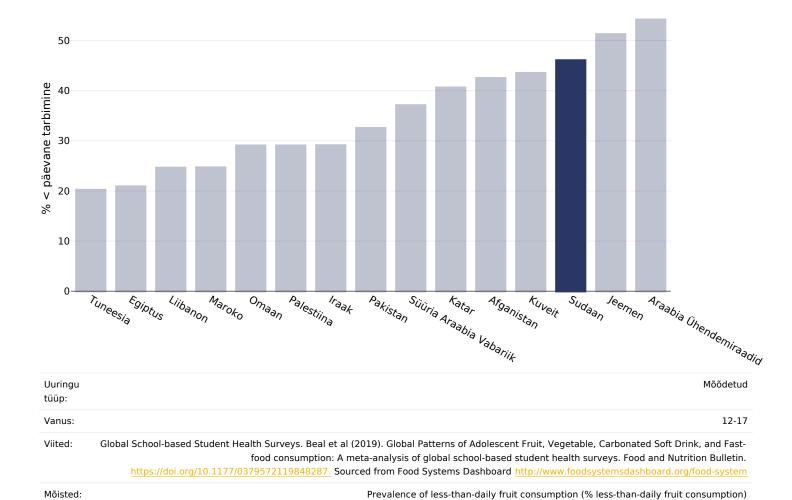
Estimated per capita fruit intake

Täiskasvanud, 2017





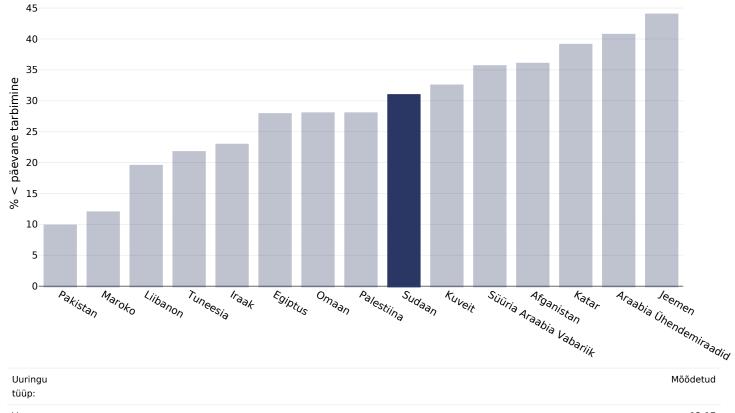
Puuviljade vähem kui igapäevase tarbimise levimus Lapsed, 2008-2015





Köögiviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2008-2015



Vanus: 12-17

Viited: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems

 ${\color{red} \textbf{Dashboard}} \ \underline{\textbf{http://www.foodsystemsdashboard.org/food-system}}$

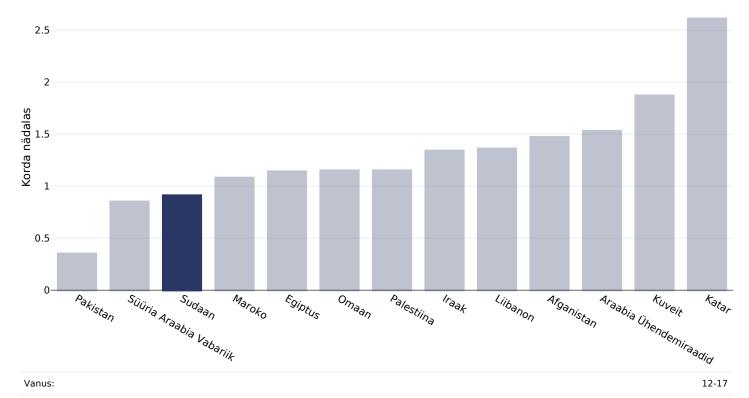
Mõisted:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)



Kiirtoidu tarbimise keskmine nädalane sagedus

Lapsed, 2009-2015



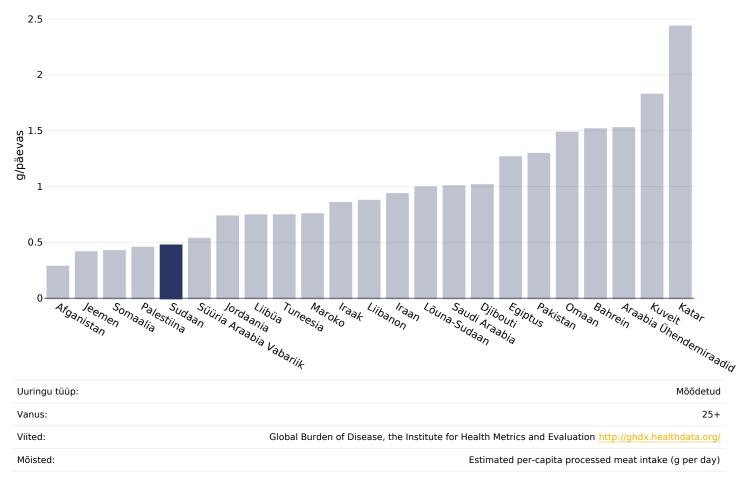
Viited: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems

Dashboard https://www.foodsystemsdashboard.org/food-systems



Hinnanguline töödeldud liha tarbimine inimese kohta

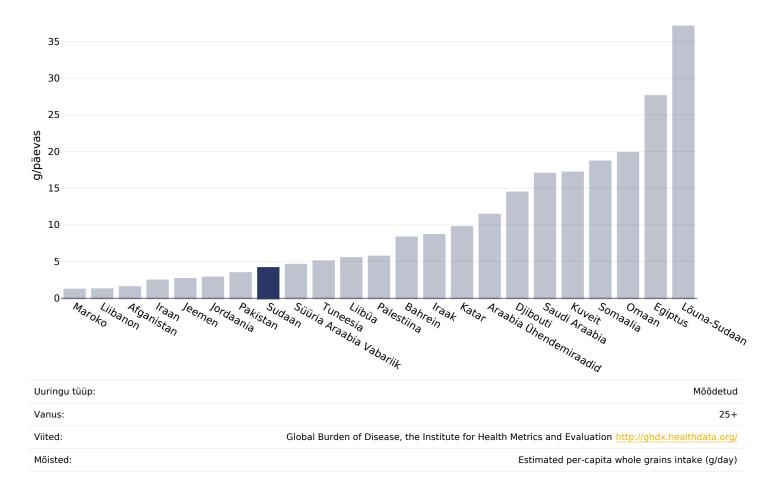
Täiskasvanud, 2017





Estimated per capita whole grains intake

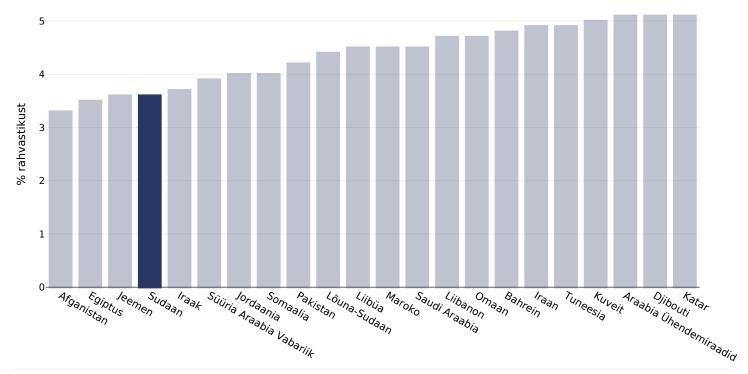
Täiskasvanud, 2017





Vaimne tervis - depressiivsed häired

Täiskasvanud, 2015



Viited:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

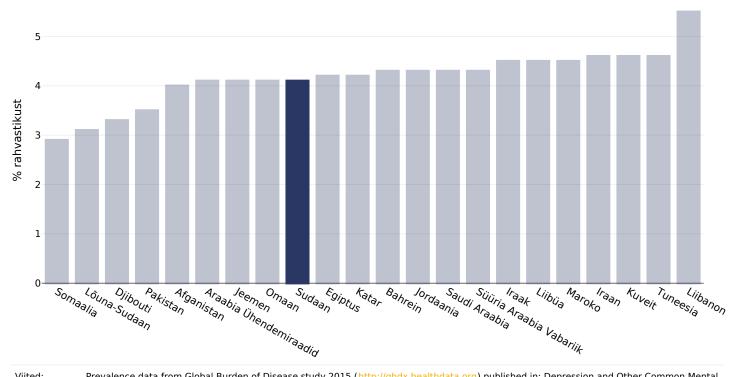
Mõisted:

% of population with depression disorders



Vaimne tervis - ärevushäired

Täiskasvanud, 2015



Viited:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

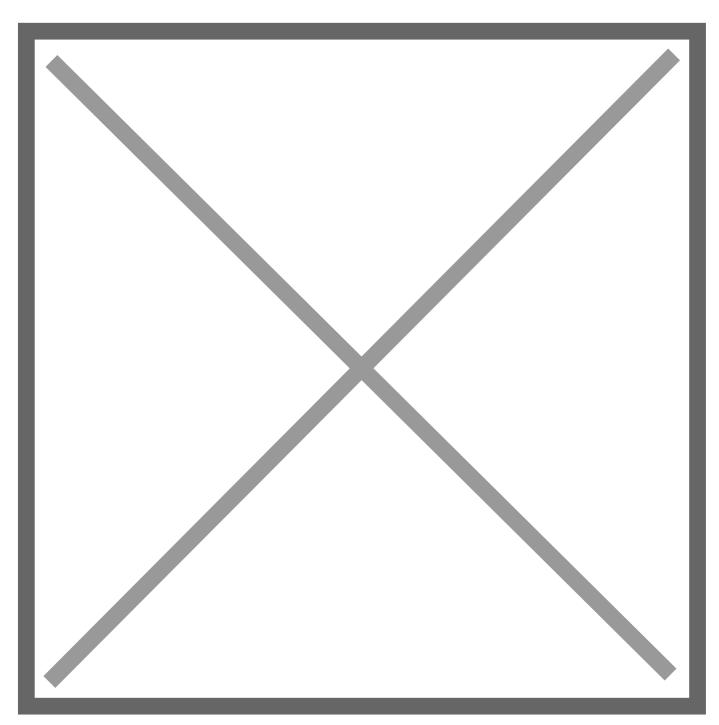
Mõisted:

% of population with anxiety disorders



0.-5. elukuuni eranditult rinnapiimal imikute %

Infants, 2010-2023



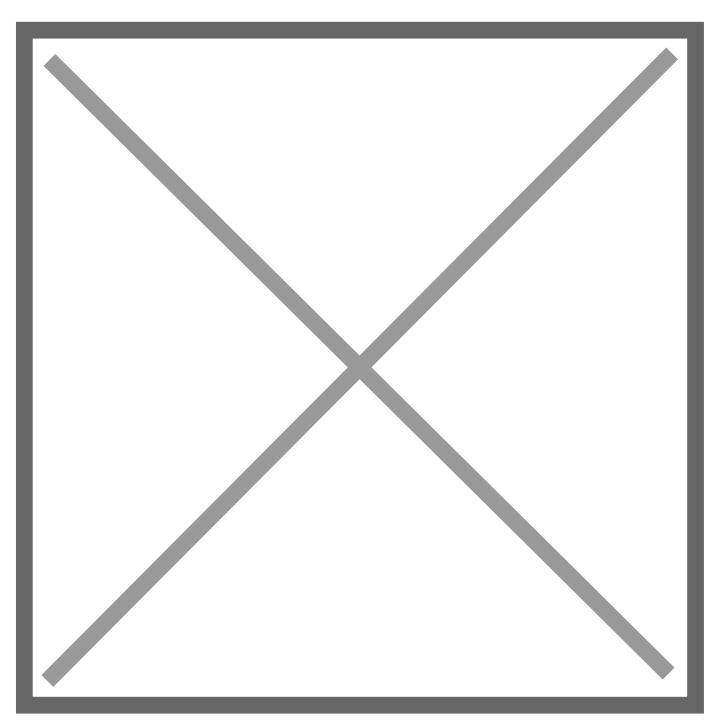
Viited: Multiple Indicator Cluster Survey 2014 of Sudan, Final Report. Khartoum, Sudan: UNICEF and Central Bureau of Statistics (CBS), February 2016.

Märkused: Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.



Söögitoruvähk

Mehed, 2022



Vanus: 20+
Hõlmatud
piirkond: Riiklik

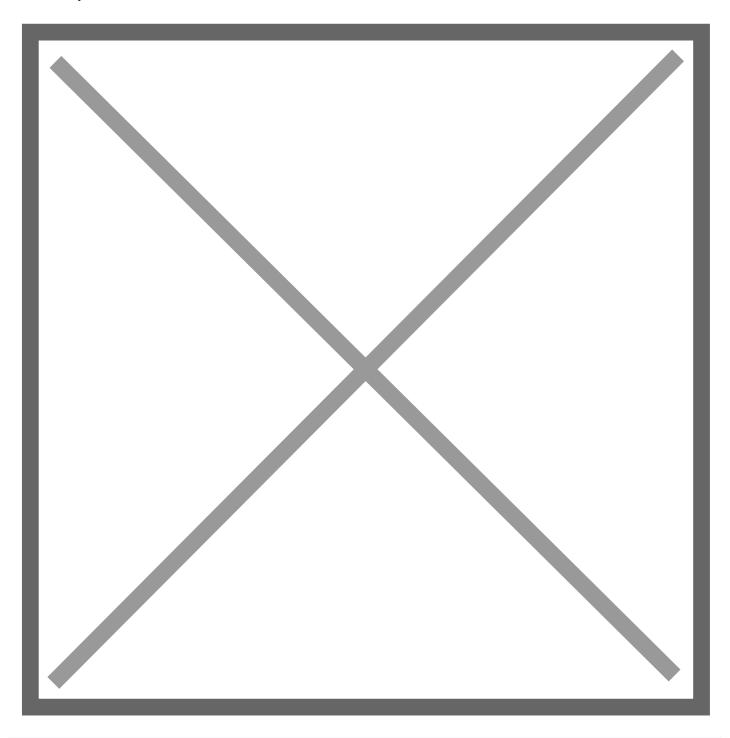


Viited: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Mõisted: Indicence per 100,000



Naised, 2022

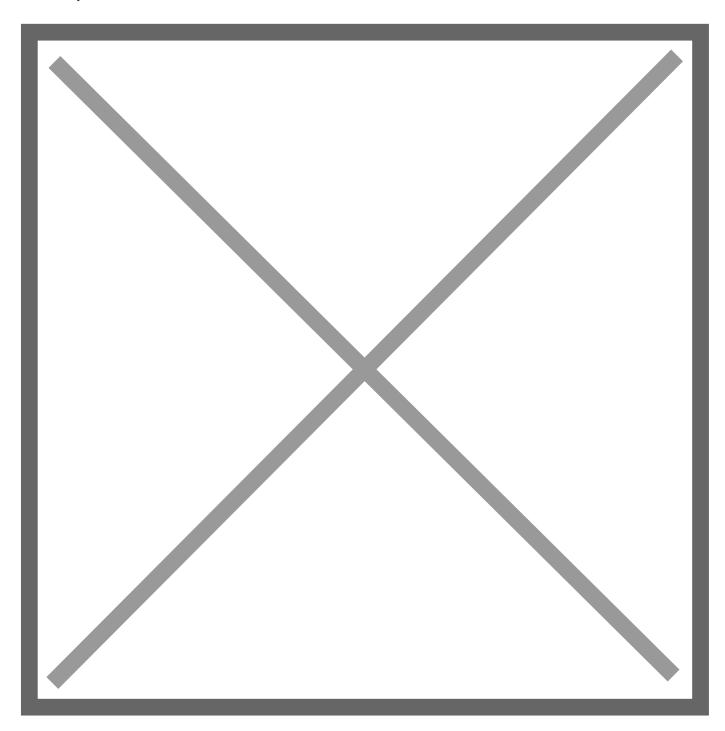


Vanus:	20+
Hõlmatud piirkond:	Riiklik
Viited:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Mõisted:	Indicence per 100,000



Rinnavähk

Naised, 2022



Hõlmatud piirkond: Riiklik

Viited:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

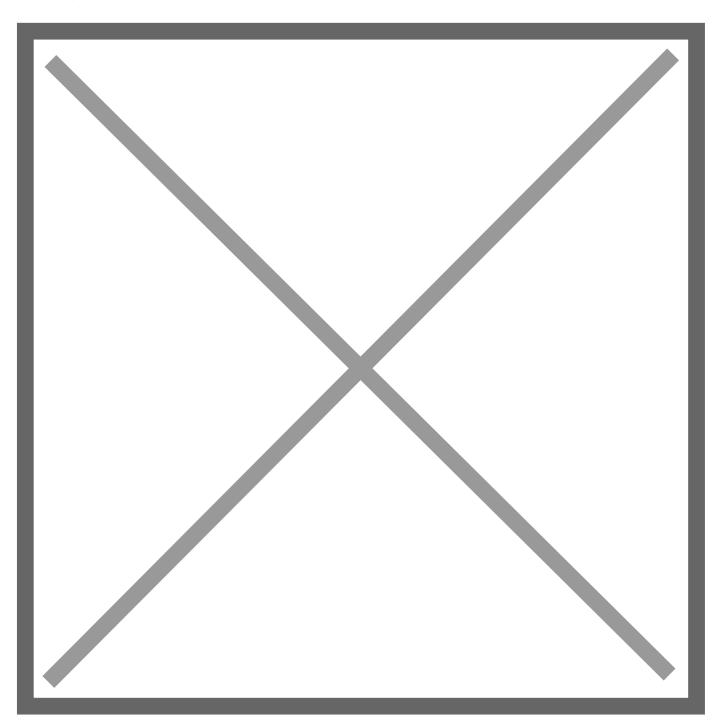


Mõisted: Incidence per 100,000



Pärasoolevähk

Mehed, 2022



Vanus: 20+
Hõlmatud
piirkond: Riiklik

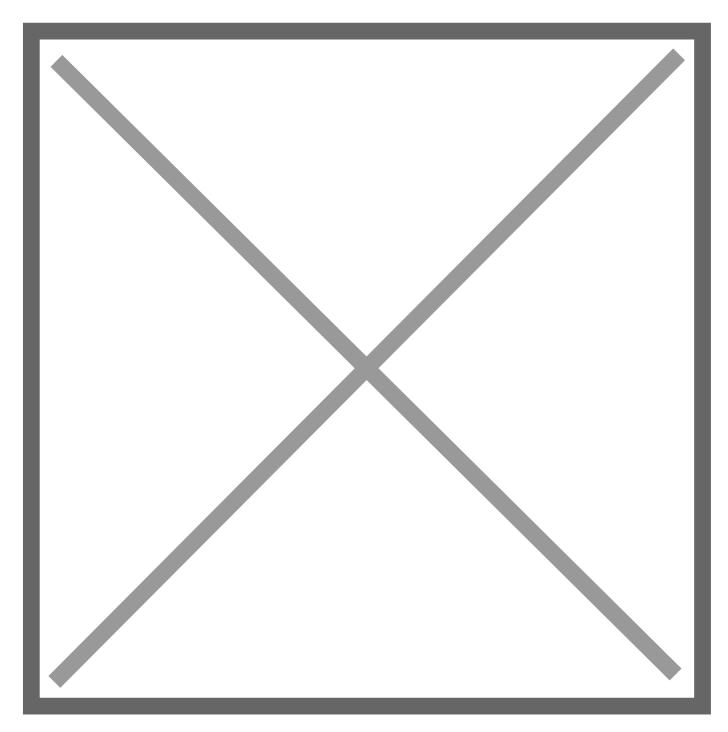


Viited: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Mõisted: Incidence per 100,000



Naised, 2022

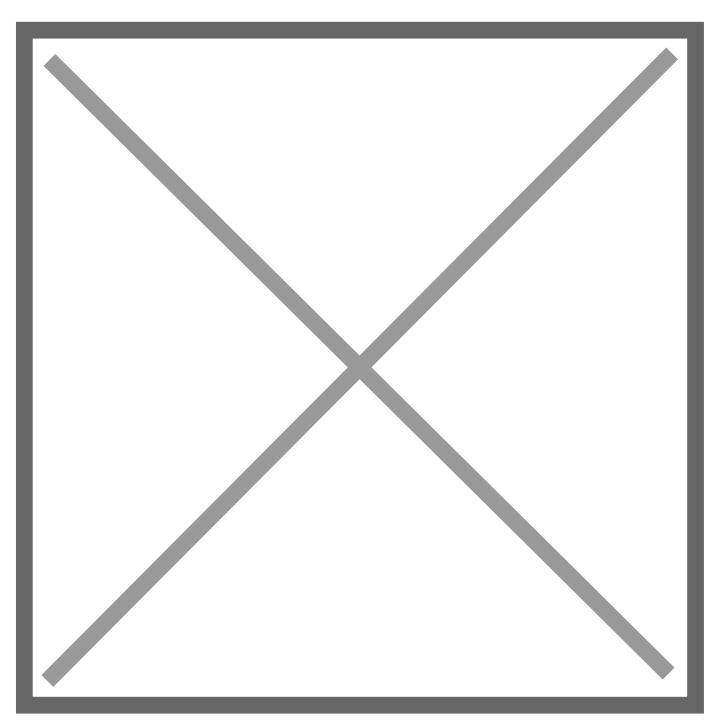


Vanus:	20+
Hõlmatud piirkond:	Riiklik
Viited:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Mõisted:	Incidence per 100,000



Kõhunäärmevähk

Mehed, 2022



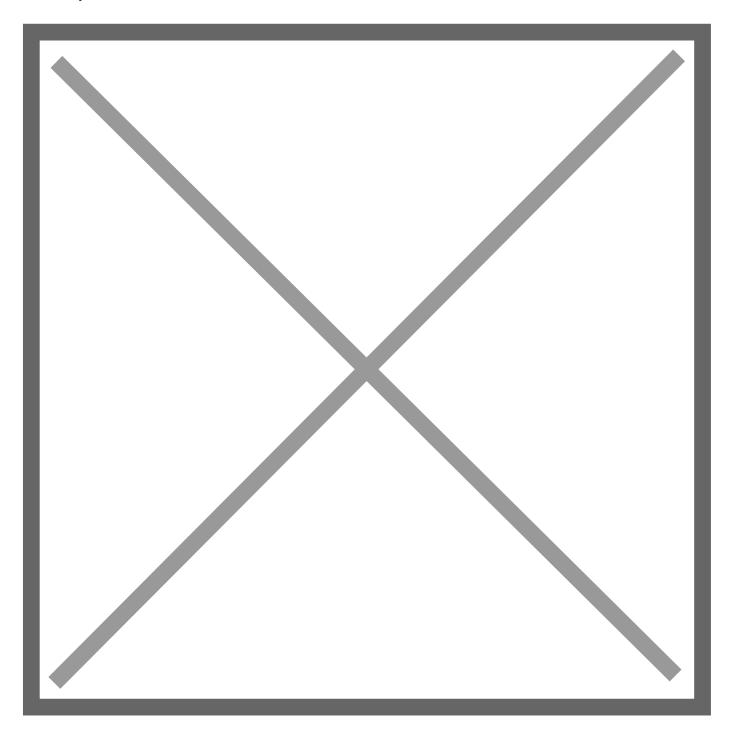
Vanus: 20+
Hõlmatud
piirkond: Riiklik



Viited: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Mõisted: Incidence per 100,000



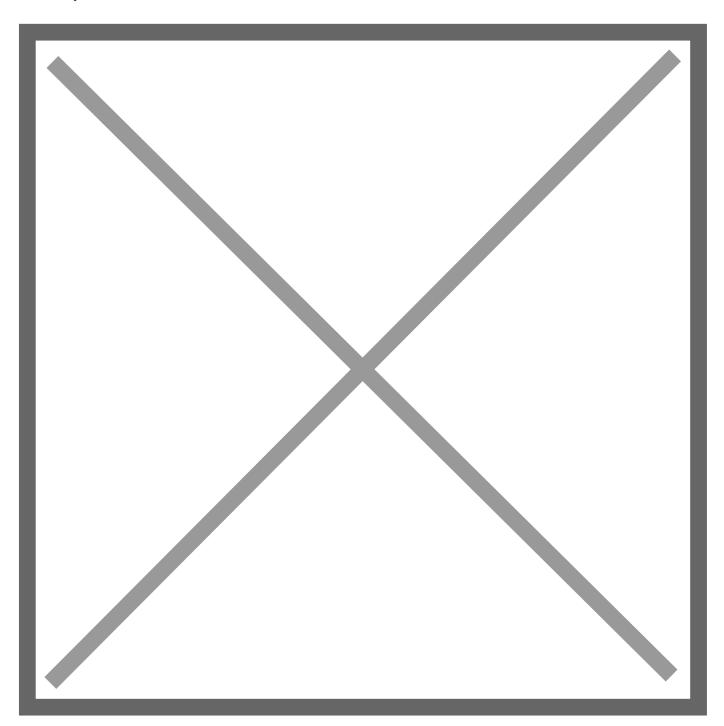


	20+
	Riiklik
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Globa Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.i accessed []	nt/today,
Incidence per	100,000



Sapipõie vähk

Mehed, 2022



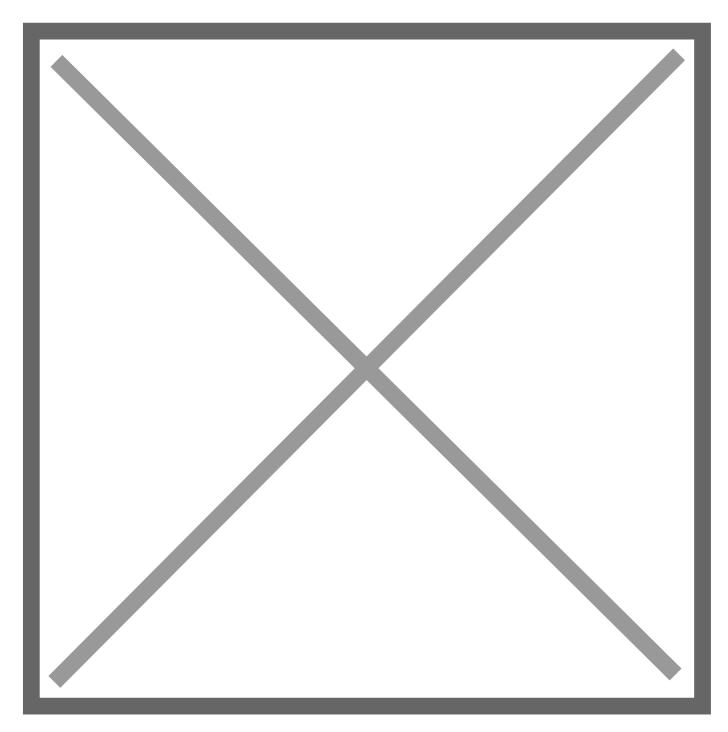
Vanus: 20+
Hõlmatud
piirkond: Riiklik



Viited: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Mõisted: Indicence per 100,000



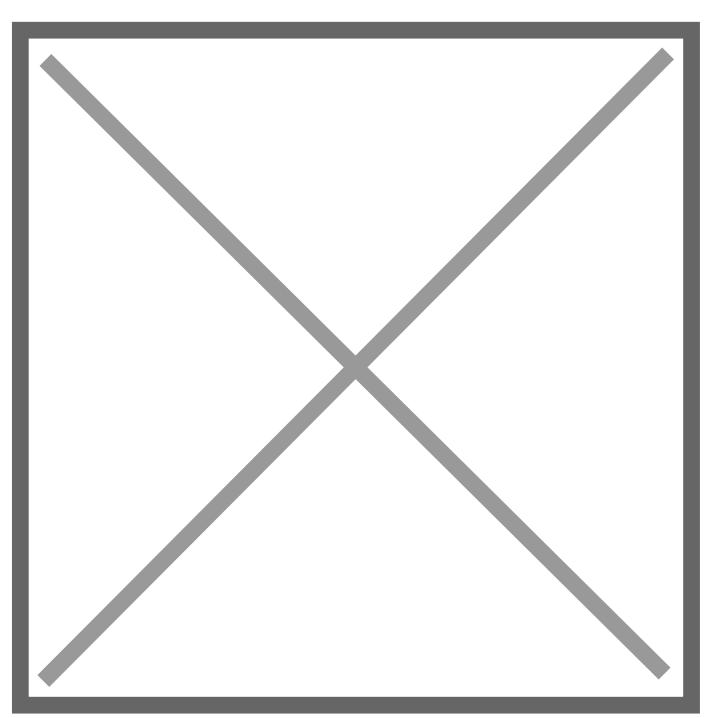


Vanus:	20+
Hõlmatud piirkond:	Riiklik
Viited:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Mõisted:	Indicence per 100,000



Neeruvähk

Mehed, 2022



Vanus: 20+
Hõlmatud Riiklik piirkond:

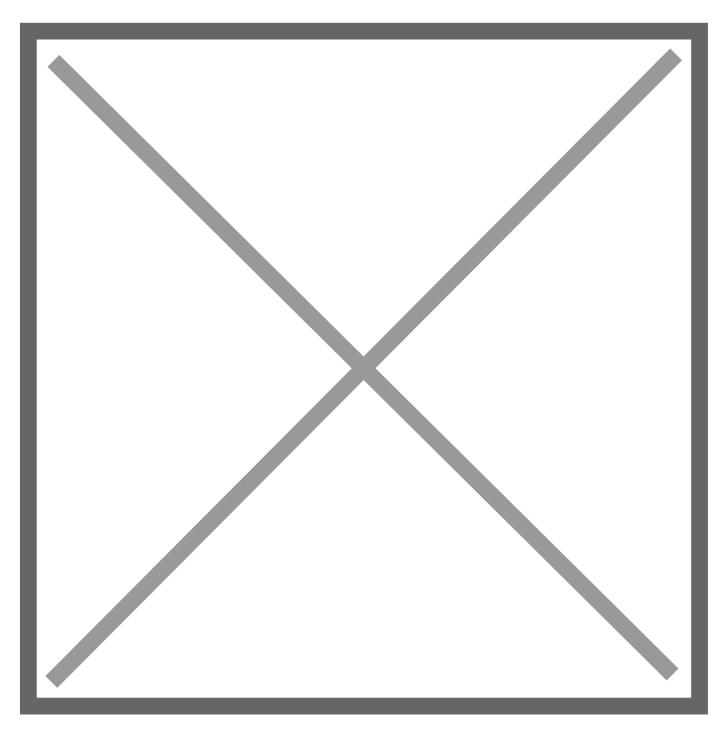


Viited: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Mõisted:

Incidence per 100,000

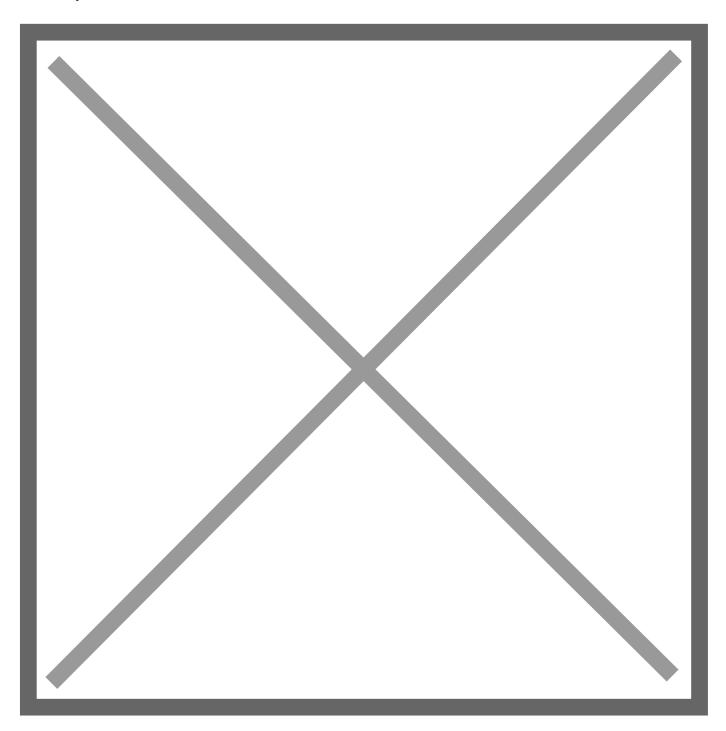




Vanus:	20+
Hõlmatud piirkond:	Riiklik
Viited:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Mõisted:	Incidence per 100,000



Emakavähk

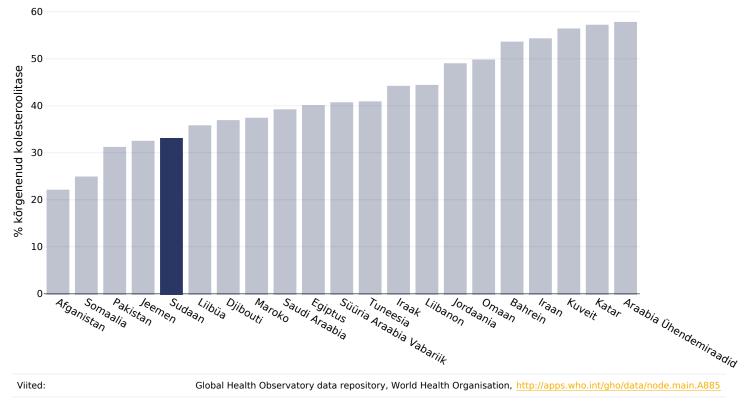


Vanus:	20+
Viited:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Mõisted:	Incidence per 100,000



Kõrgenenud kolesteroolitase

Täiskasvanud, 2008

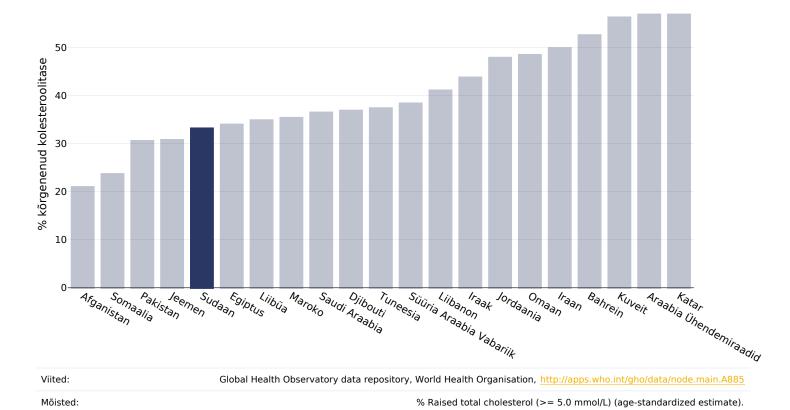


Mõisted:

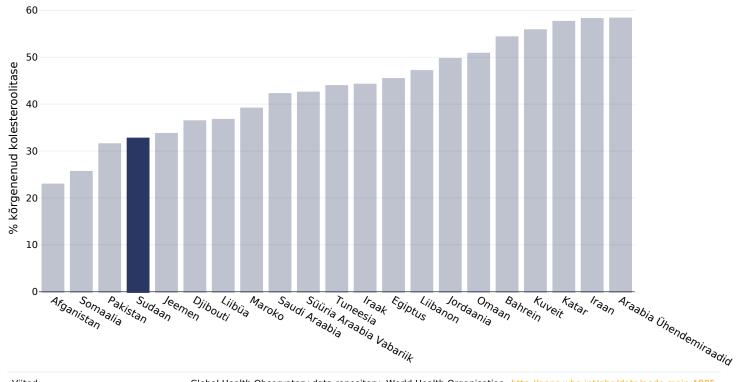
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Mehed, 2008







Viited:

 ${\it Global Health Observatory \ data \ repository, \ World \ Health \ Organisation, \ \underline{http://apps.who.int/gho/data/node.main.A885}}$

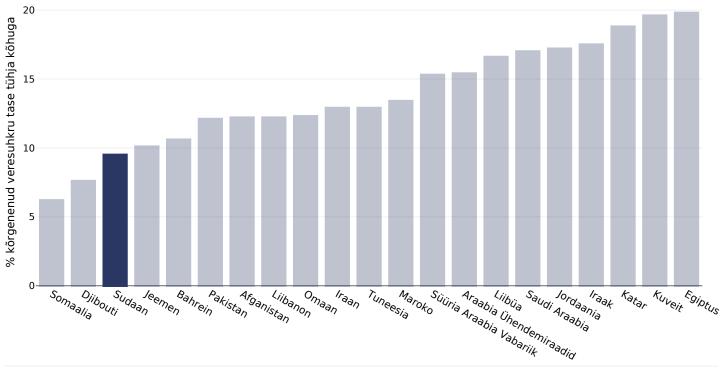
Mõisted:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Kõrgenenud veresuhkru tase tühja kõhuga

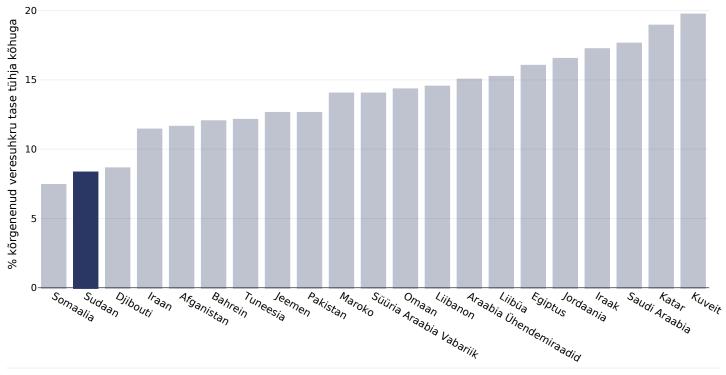
Mehed, 2014



Viited: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Mõisted: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





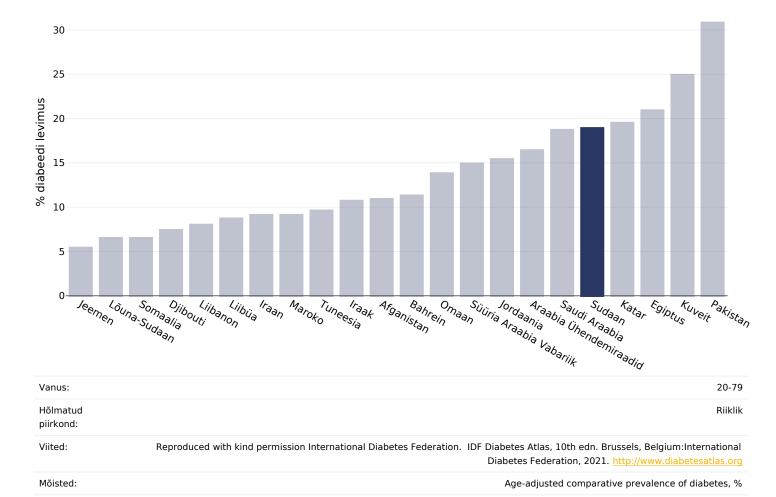
Viited: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Mõisted: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Diabeedi levimus

Täiskasvanud, 2021





Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	×
Color coding?	×
Warning label?	×





Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	×
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	×
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





Political will and support

National obesity strategy or nutrition and physical activity national strategy?	X
National obesity strategy?	×
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	~
Comprehensive physical activity strategy?	×
Evidence-based dietary guidelines and/or RDAs?	×
National target(s) on reducing obesity?	~
Guidelines/policy on obesity treatment?	X
Promotion of breastfeeding?	~
Monitoring and surveillance Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	X
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	~
Present Incoming Absent Unknown (voluntary)	

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