

# Sudan





#### **Nutrition in pregnancy**

Guideline prepare for doctors and consultants on how to prevent, diagnose and treat common nutritional issues occurring during pregnancy and lactation (undernutrition but also includes overweight and obesity)

| Categories<br>(partial): | Evidence of Management/treatment guidelines   |
|--------------------------|---|
| Year(s):                 | 2018 (ongoing)  |
| Target age group:        | Adults  |
| Organisation:            | Port Sudan Obstetric teaching hospital  |
| Find out more:           | www.aics.gov.it   |
| Linked document:         | Download linked document  |
| References:              | Port Sudan Obstetric teaching hospital. 2018. Guidance Book: nutrition in pregnancy. Available from: <a href="https://www.aics.gov.it/wp-content/uploads/2018/05/SUDAN_Nutrition-Guidelines_2018.pdf">https://www.aics.gov.it/wp-content/uploads/2018/05/SUDAN_Nutrition-Guidelines_2018.pdf</a> . [Last accessed 23rd January 2019]. |

### NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

| Categories:          | Evidence of Obesity Target   |
|----------------------|--|
| Year(s):             | 2017 (ongoing)   |
| Target age<br>group: | Adults and children  |
| Organisation:        | World Health Organisation  |
| References:          | Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO. |



#### National Nutrition Strategic Plan 2014-2025

The aim is that this strategy will serve as a tool for collective inter-sectoral actions to improve the nutrition of Sudanese people.

| Categories:          | Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan  |
|----------------------|--|
| Year(s):             | 2014-2025  |
| Target age<br>group: | Adults and children  |
| Organisation:        | Republic of the Sudan National Ministry of Health  |
| Linked document:     | Download linked document   |
| References:          | NATIONAL NUTRITION STRATEGIC PLAN 2014-2025. Ministry of Health Sudan (2014) Available at <a href="https://scalingupnutrition.org/wp-content/uploads/2016/08/4Sudan-National_nutrition_strategic_Plan.pdf">https://scalingupnutrition.org/wp-content/uploads/2016/08/4Sudan-National_nutrition_strategic_Plan.pdf</a> (last accessed 29.10.20) |

#### Non-communicable Disease National Strategic Plan 2010-2015

Aims to reduce the prevalence of NCD which includes reducing physical inactivity and unhealthy dietary habits.

| Year(s):             | 2010-2015   |
|----------------------|---|
| Target age<br>group: | Adults and children   |
| Organisation:        | Republic of the Sudan; National Ministry of Health - Directorate General of Public health and Emergency   |
| Find out more:       | www.iccp-portal.org   |
| Linked document:     | Download linked document  |
| References:          | Republic of the Sudan; National Ministry of Health - Directorate General of Public health and Emergency. Non-communicable Disease National Strategic Plan 2010-2015. Available from: <a href="https://www.iccp-portal.org/system/files/plans/SDN_B3_Sudan%20NCD%20strategy.pdf">https://www.iccp-portal.org/system/files/plans/SDN_B3_Sudan%20NCD%20strategy.pdf</a> . [Last Accessed 23rd January 2019]. |



## GNPR 2016-17 (q7) Breastfeeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

| Categories:       | Evidence of Breastfeeding promotion or related activity  |
|-------------------|--|
| Target age group: | Adults   |
| Organisation:     | Ministry of Health (information provided by the GINA progam)   |
| Find out more:    | extranet.who.int   |
| References:       | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a> Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a> |

PDF created on June 21, 2024