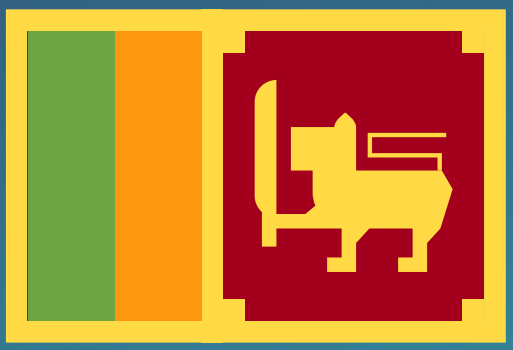
Srí Lanca



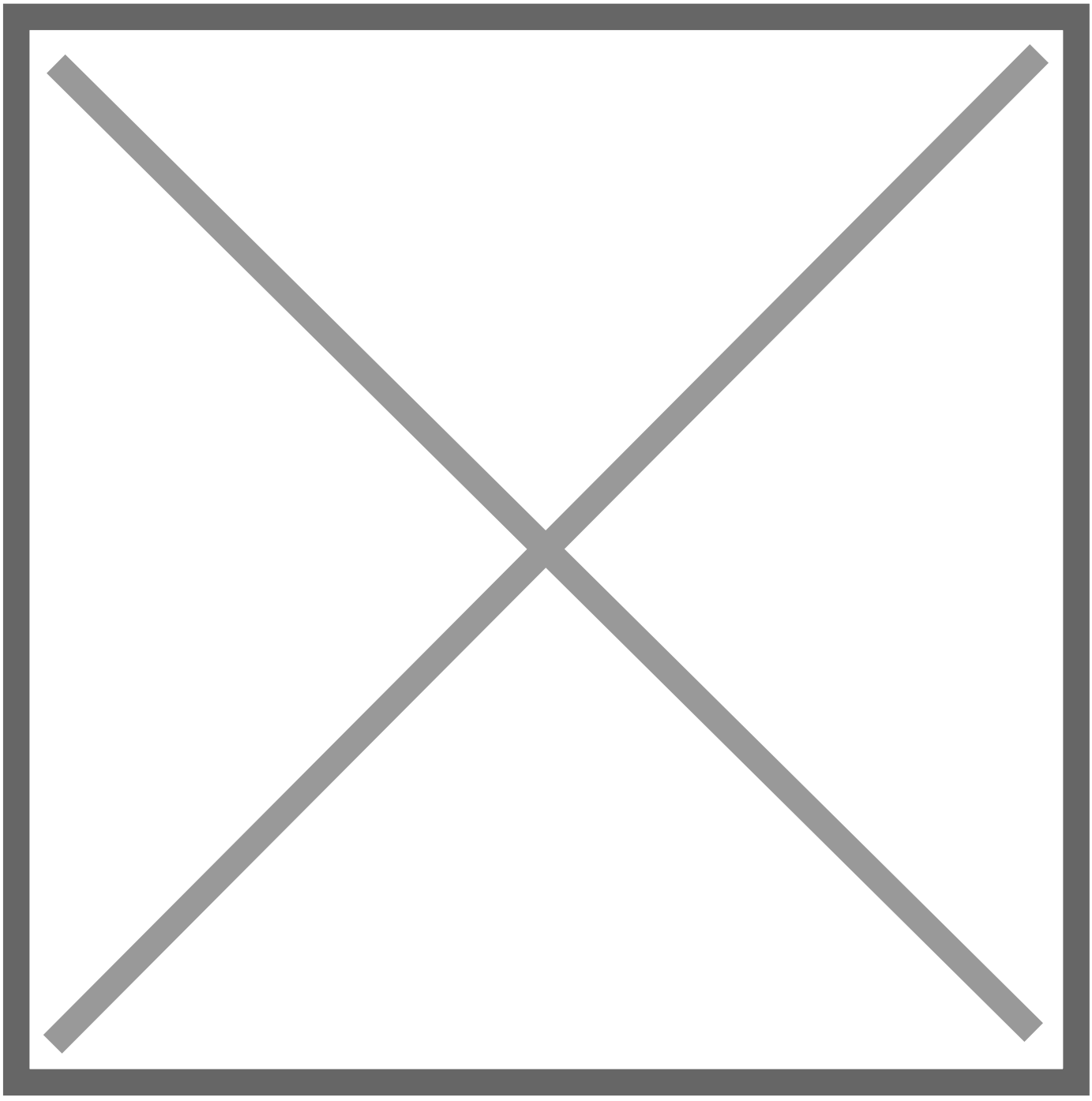
Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/sri-lanka-200/.

LeitheadÃºlacht murtaill

0-5 years, 2024

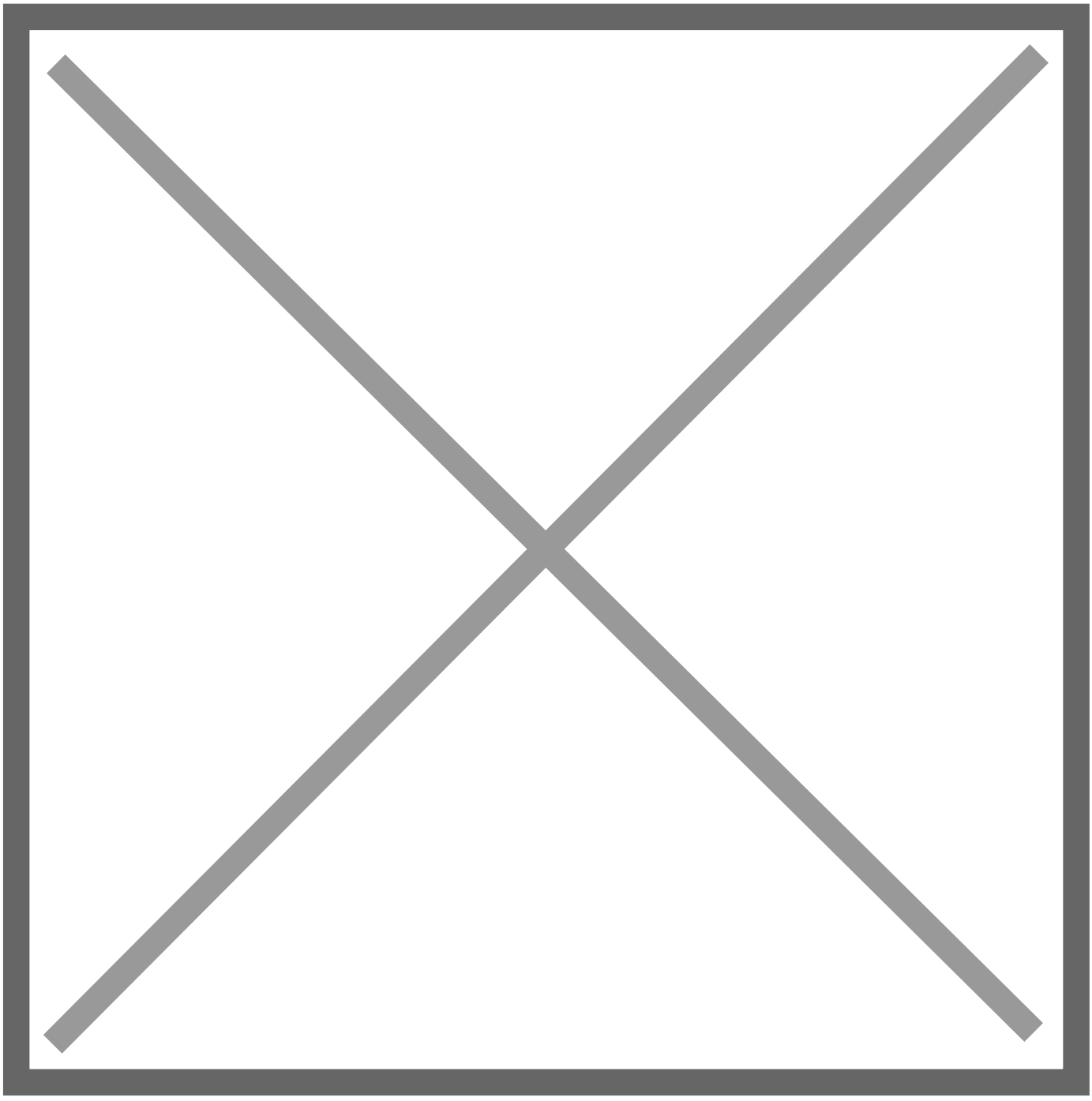


CineÃ¡l an tsuirbhÃ©:	Tomhaiste
Aois:	0-5
Ceantar ClÃºdaithe:	NÃ¡isiÃºnta

TagairtÃ:	Sri Lanka 2024 Nutrition Month Survey
Nótaí:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/.
SainmhÃnithe (ar fÃ¡il i mBÃ©arla amhÃ¡in):	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Rómheáchán/murtall de réir oideachais

0-5 years, 2016

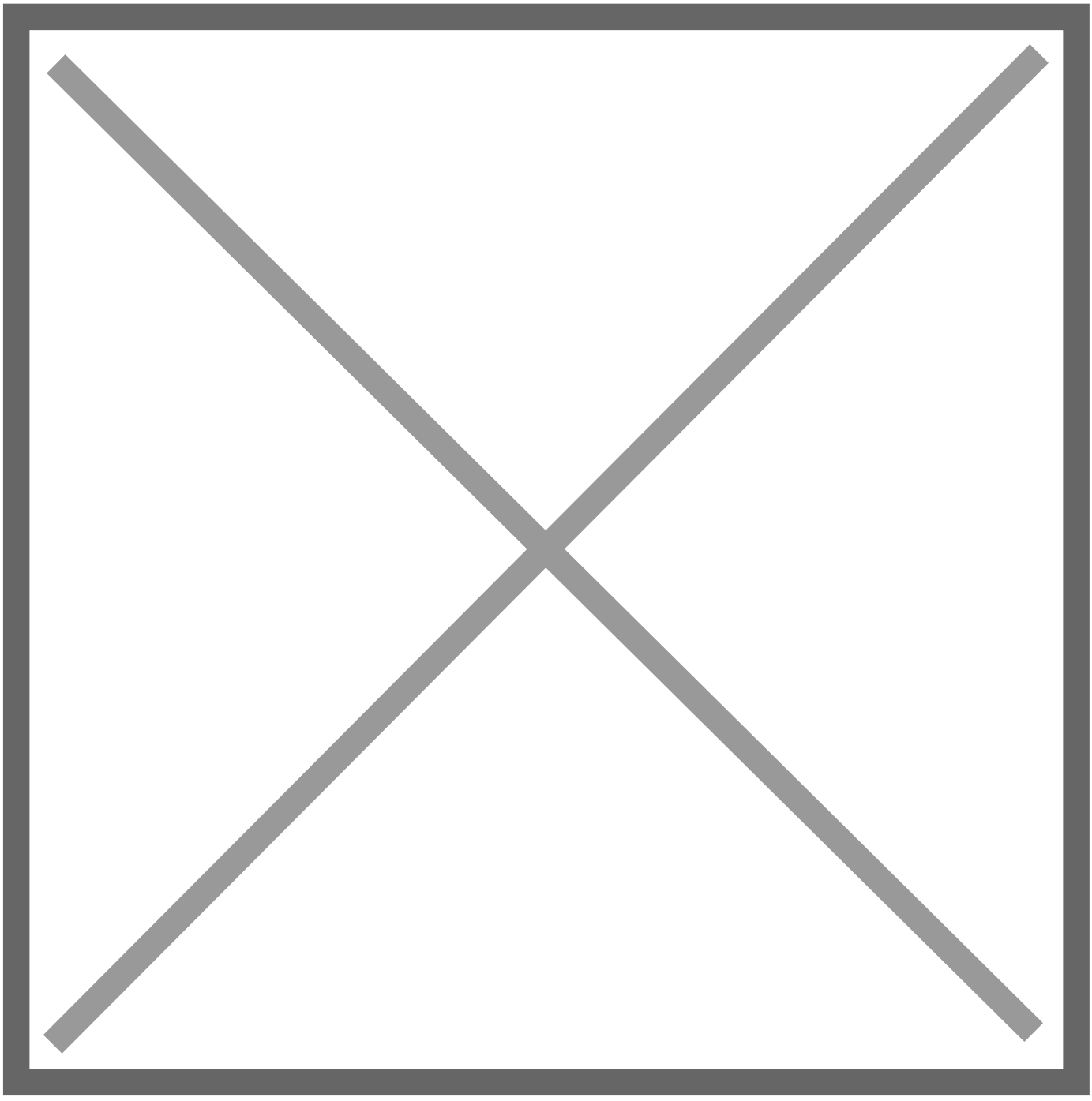


CineÃ¡l an tsuirbhÃ©:	Tomhaiste
SamplamhÃ©id:	6978
Ceantar ClÃºdaithe:	NÃ¡isiÃºnta

TagairtÃ:	Department of Census and Statistics (DCS) and Ministry of Health, Nutrition and Indigenous Medicine 2017. Sri Lanka Demographic and Health Survey 2016 Sri Lanka. https://www.aidsdatahub.org/resource/sri-lanka-demographic-and-health-survey-2016 (Accessed 18.05.21)
Nótaí:	Infants.
SainmhÃnithe (ar fÃ¡il i mBÃ©arla amhÃ¡in):	Weight for Height. Overweight = >2SD
Cutoffs:	Other

Rómheáchán/murtall de réir réigiúin

0-5 years, 2022

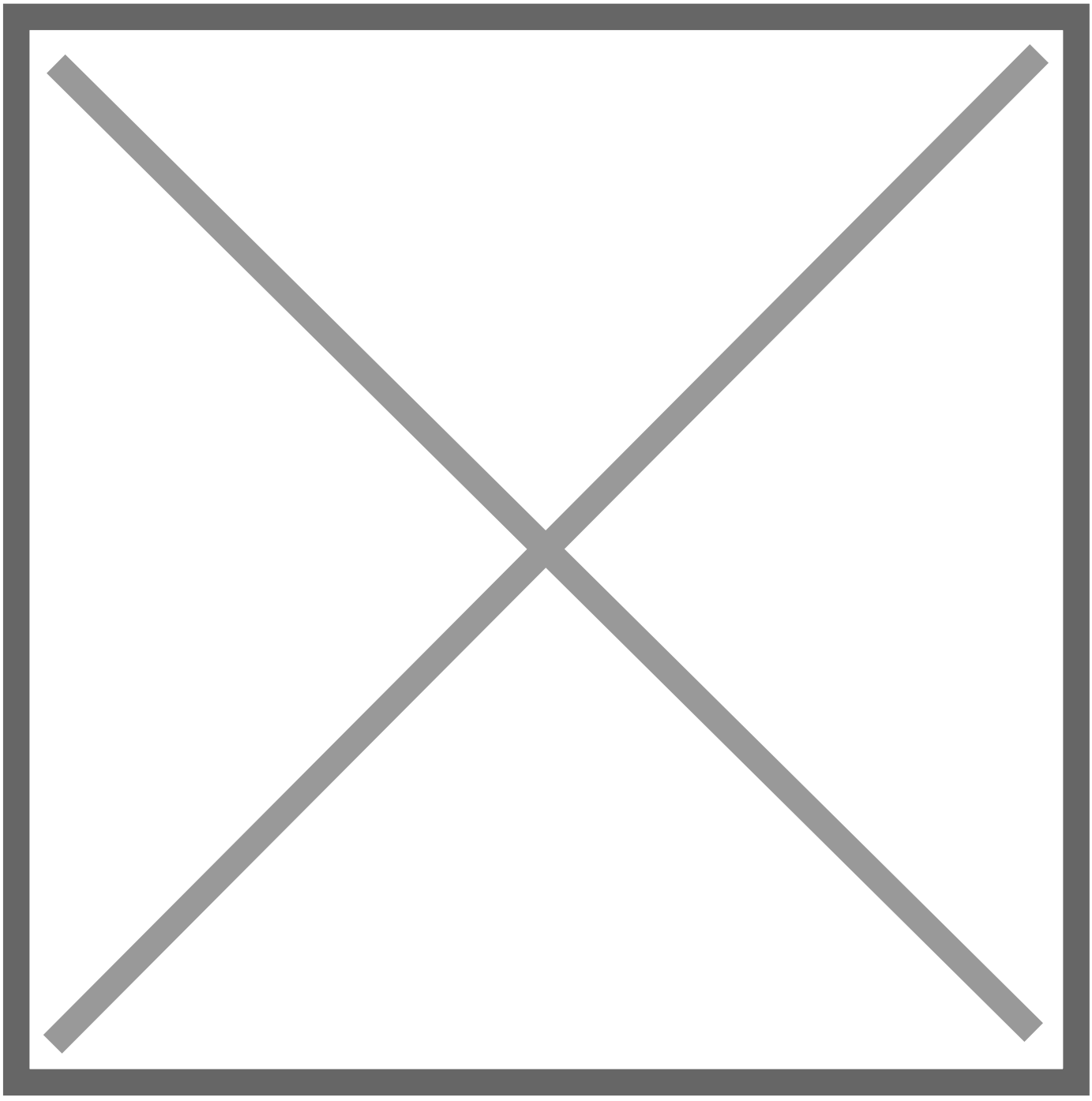


CineÃ¡l an tsuirbhÃ©:	Tomhaiste
SamplamhÃ©id:	1346
Ceantar ClÃºdaithe:	NÃ¡isiÃºnta

TagairtÃ:	National Nutrition and Micronutrient Survey in Sri Lanka: 2022 https://www.mri.gov.lk/wp-content/uploads/2023/05/National-Nutrition-and-Micronutrient-Survey-Sri-Lanka-2022.pdf (Accessed 26.09.23
Cutoffs:	WHO

Rómheáchán/murtall de réir grúpa socheacnamaíoch

0-5 years, 2016

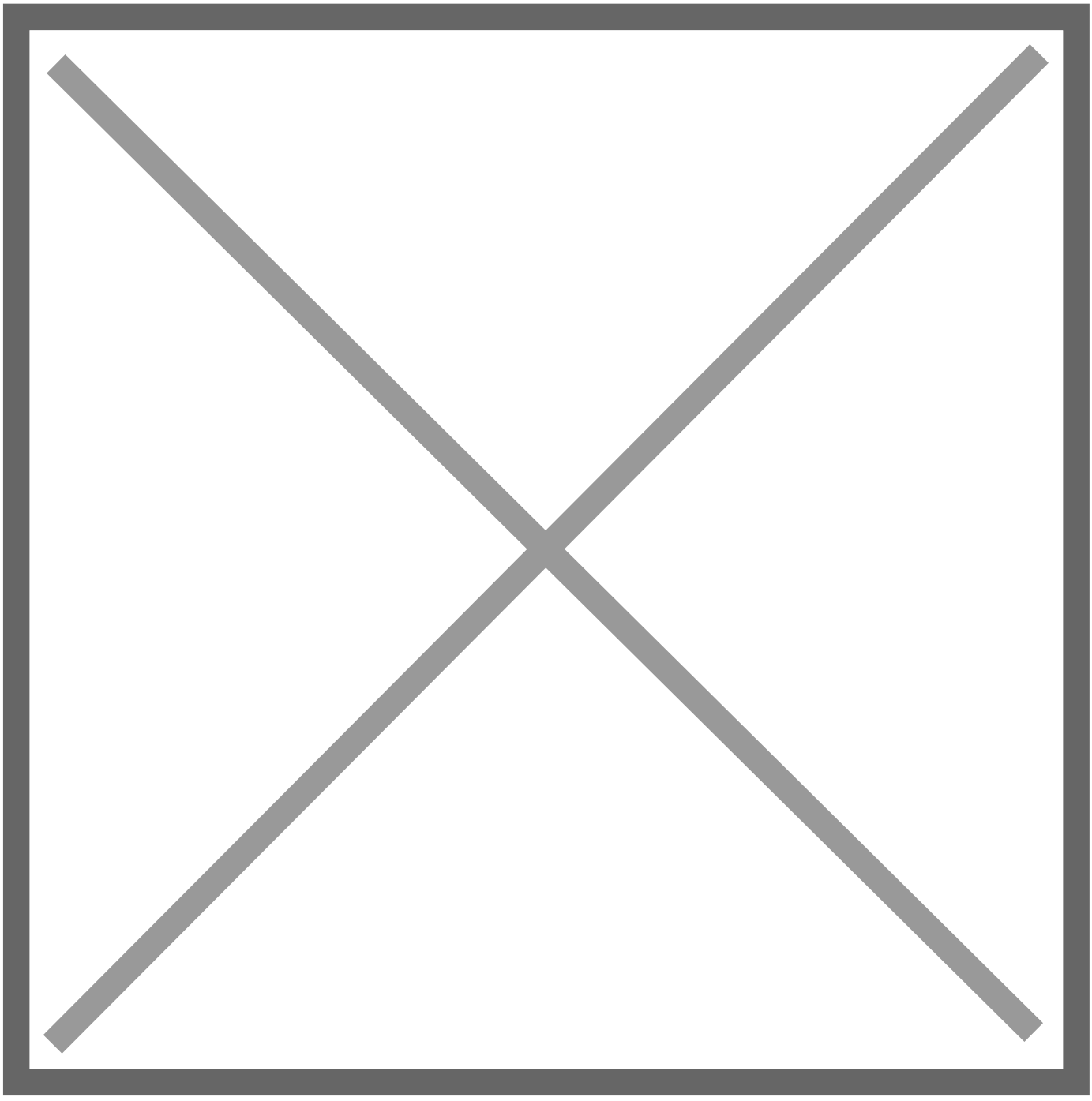


SamplamhÃ©id:	7823
TagairtÃ:	DHS-Style: Sri Lanka Demographic and Health Survey 2016

Nótaí:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
SainmhÃnithe (ar fÃ¡il i mBÃ©arla amhÃ¡in):	=>+2SD

Double burden of underweight & obesity

0-5 years, 2022

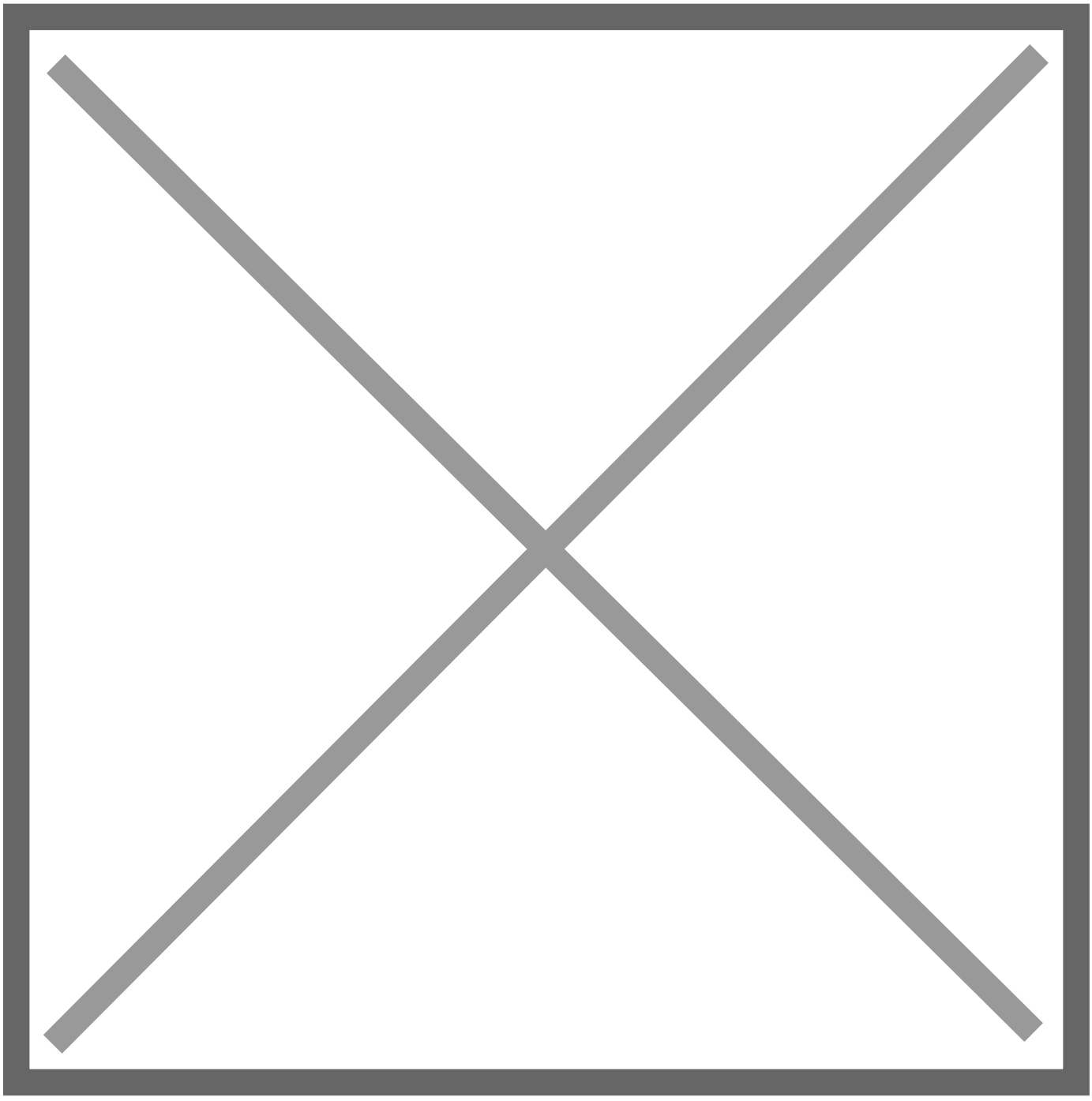


CineÃ¡l an tsuirbhÃ©:	Tomhaiste
Aois:	0-5
TagairtÃ:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]

Nótaí:	National Nutrition and Micronutrient Survey in Sri Lanka: 2022
SainmhÃnithe (ar fÃ¡il i mBÃ©arla amhÃ¡in):	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

% NaÃonÃ¡in a tugadh beathÃº cÃche amhÃ¡in dÃ³ibh 0-5 mhÃ

0-5 years, 2015-2023



Ceantar ClÃºdaithe:	NÃ¡isiÃºnta
TagairtÃ:	Sri Lanka Demographic and Health Survey 2016

Nótaí:	Full details available at source: United Nations Children’s Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.
SainmhÃnithe (ar fÃ¡il i mBÃ©arla amhÃ¡in):	Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

PDF created on November 7, 2026