



Spain



Country report card

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

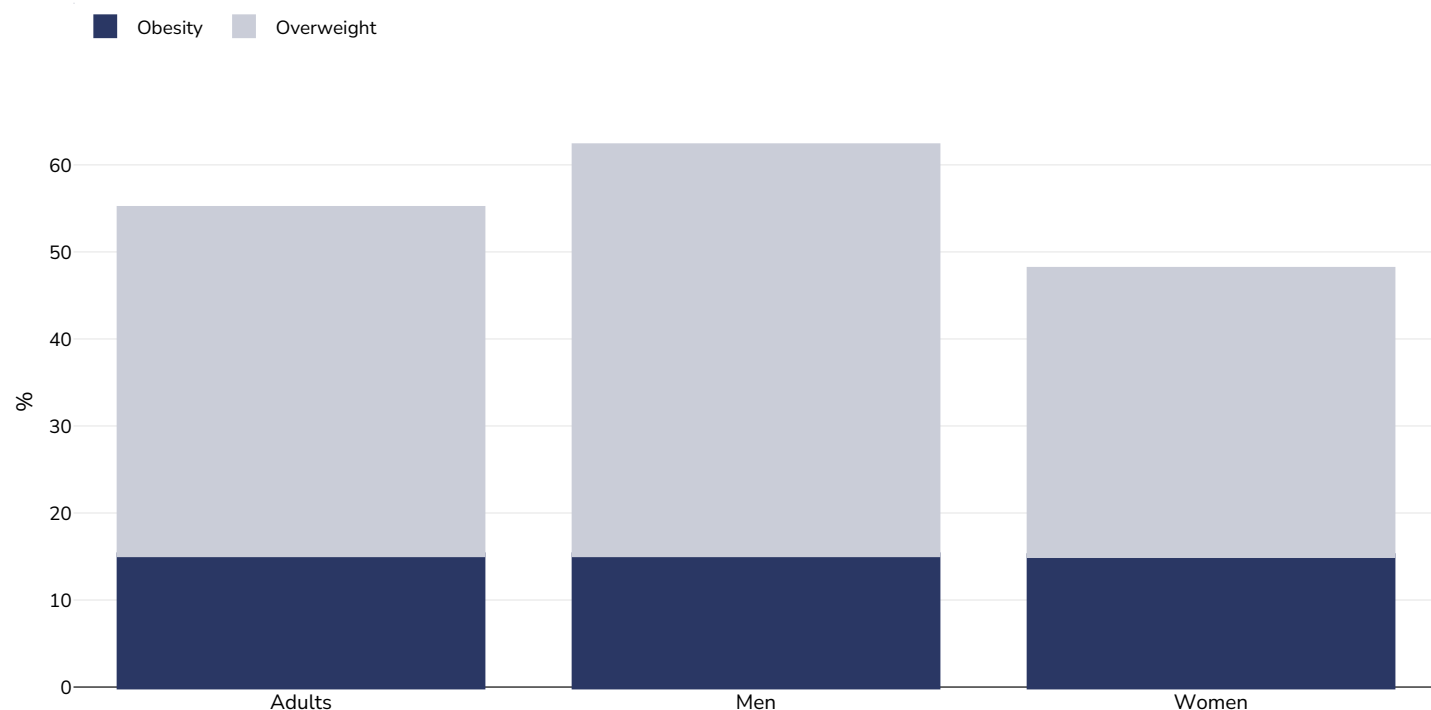
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/spain-199/>.

	Page
Obesity prevalence	4
Trend: % Adults living with obesity (Eurostat) 2014-2022	6
Trend: % Adults living with obesity in Spain 1990-2014	8
Trend: % Adults living with overweight or obesity (Eurostat) 2014-2022	10
Trend: % Adults living with overweight or obesity in Spain 1990-2014	12
Trend: % Children (13-14) living with overweight or obesity in Spain 1985-2000	14
Trend: % Children (6-9) living with overweight and obesity 2010-2023	15
Trend: % Adults living with obesity in Europe 1976-2018, selected countries	16
Overweight/obesity by age and education	21
Overweight/obesity by education	24
Overweight/obesity by age	28
Overweight/obesity by region	30
Overweight/obesity by age and region	32
Overweight/obesity by age and socio-economic group	35
Overweight/obesity by socio-economic group	38
Overweight/obesity by ethnicity	42
Overweight/obesity by age and limited activity	48
Double burden of underweight & overweight	51
Insufficient physical activity	53
Sugar consumption	58
Estimated per capita sugar sweetened beverages intake	59
Prevalence of at least daily carbonated soft drink consumption	60
Prevalence of confectionery consumption	62
Prevalence of sweet/savoury snack consumption	63
Estimated per capita fruit intake	64
Prevalence of less than daily fruit consumption	65
Prevalence of less than daily vegetable consumption	66
Estimated per-capita processed meat intake	67
Estimated per capita whole grains intake	68
Mental health - depression disorders	69
Mental health - anxiety disorders	75
Percent of population who cannot afford a healthy diet	80
Oesophageal cancer	81
Breast cancer	83
Colorectal cancer	84
Pancreatic cancer	86
Gallbladder cancer	88
Kidney cancer	90
Cancer of the uterus	92
Raised blood pressure	93
Raised cholesterol	96
Raised fasting blood glucose	99
Diabetes prevalence	101

Contents	Page
Ovarian Cancer	%%
Leukemia	%%
Liver and intrahepatic bile duct Cancer	%%
Multiple Myeloma	%%
Non Hodgkin Lymphoma	%%
Thyroid Cancer	%%

Obesity prevalence

Adults, 2023-2024



Survey type: Self-reported

Age: 18+

Sample size: 21032

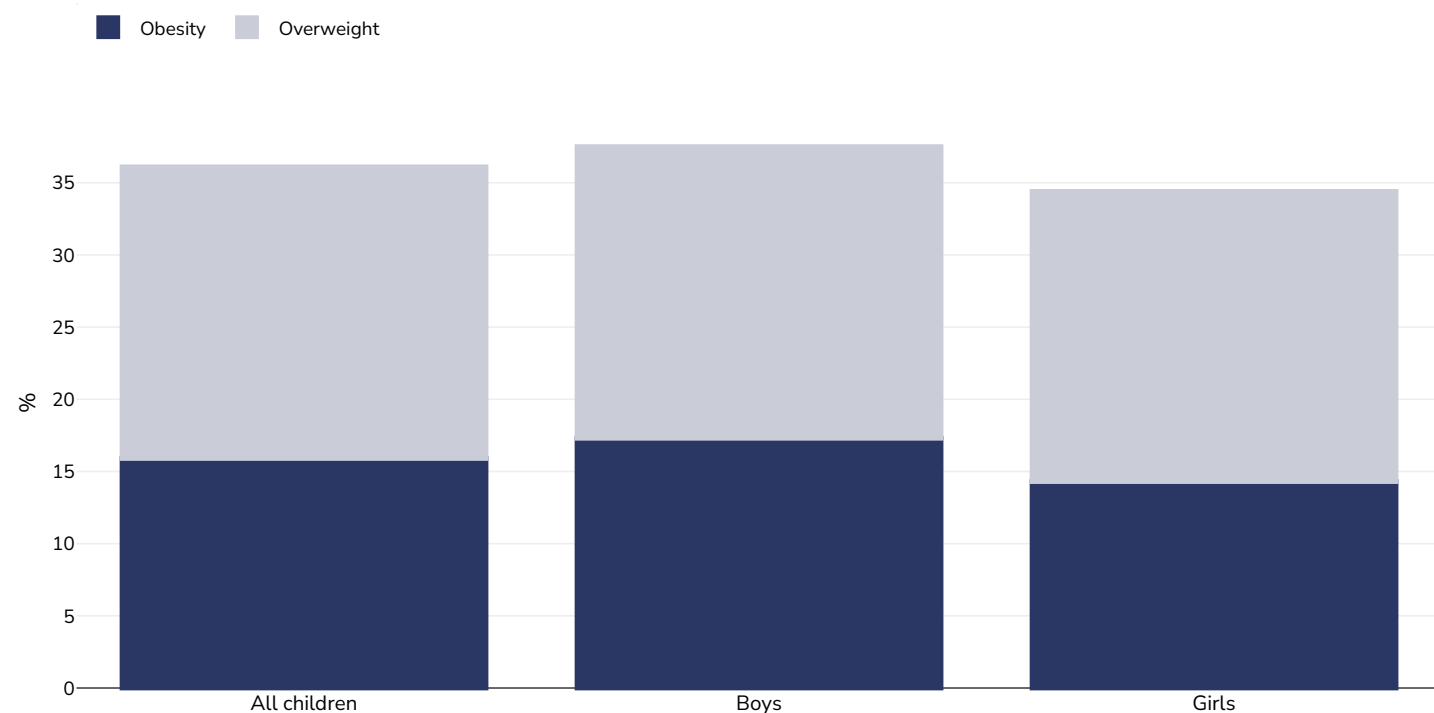
Area covered: National

References: Encuesta de Salud de España – ESdE 2023 (ESdE2023). <https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm> [Accessed 10.07.25]

Notes: Sample size includes all aged 15+, but this data only includes those aged 18+

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

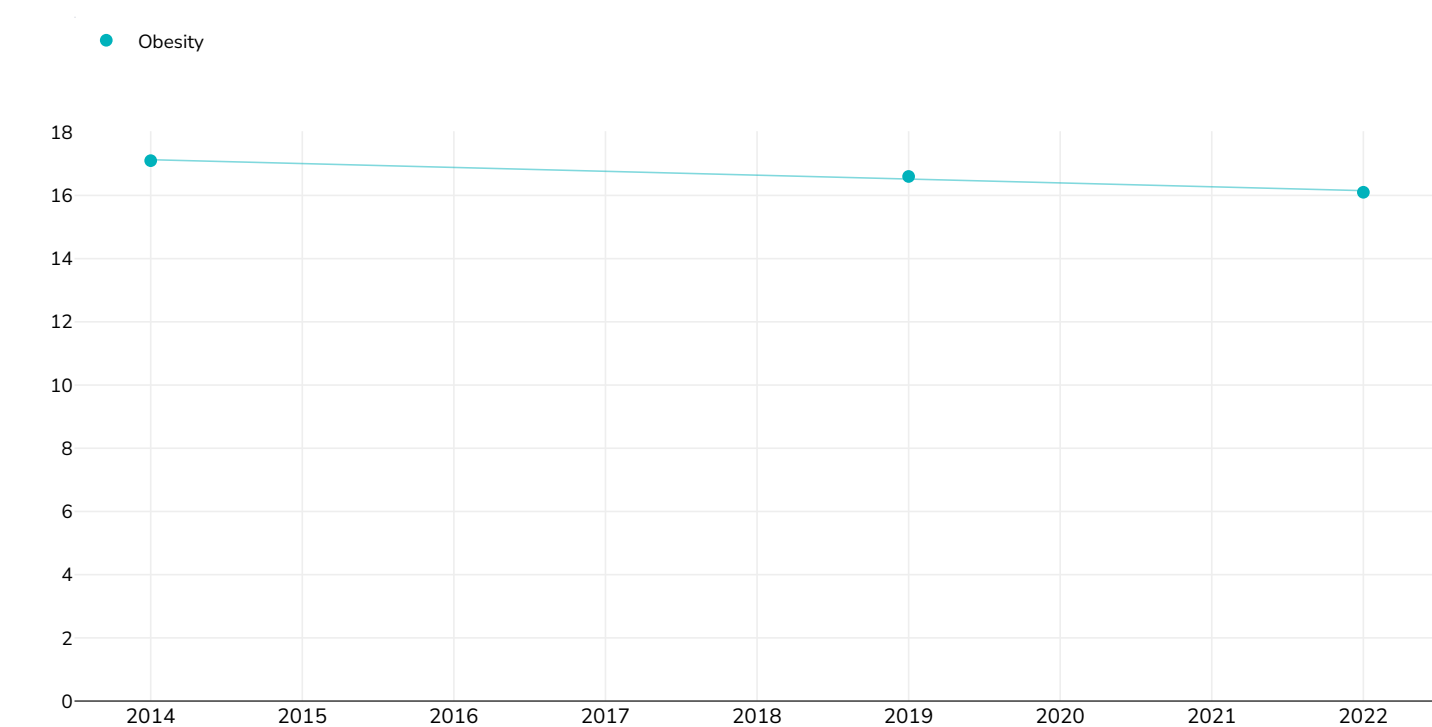
Children, 2023-2024



Survey type:	Measured
Age:	6-9
Sample size:	12678
Area covered:	National
References:	ALADINO Study 2023 (Preview). https://www.aesan.gob.es/AECOSAN/docs/documentos/nutricion/ALADINO_AESAN.pdf (Accessed 26.09.24)
Notes:	The study is part of the Childhood Obesity Surveillance Initiative (COSI),
Cutoffs:	WHO

% Adults living with obesity (Eurostat) 2014-2022

Men



Survey type:

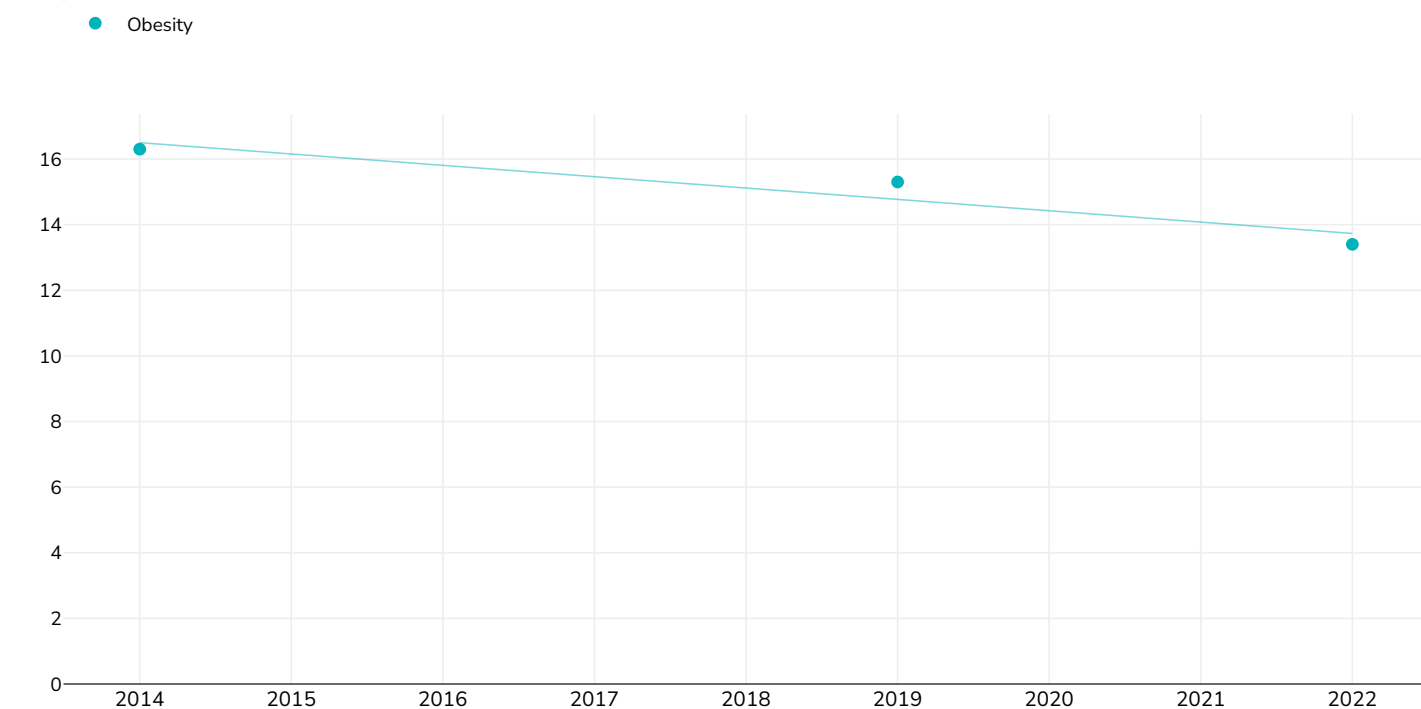
Self-reported

References:

2014: Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)
 2019: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21)
 2022: Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 19.03.25)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



Survey type:

Self-reported

References:

2014: Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

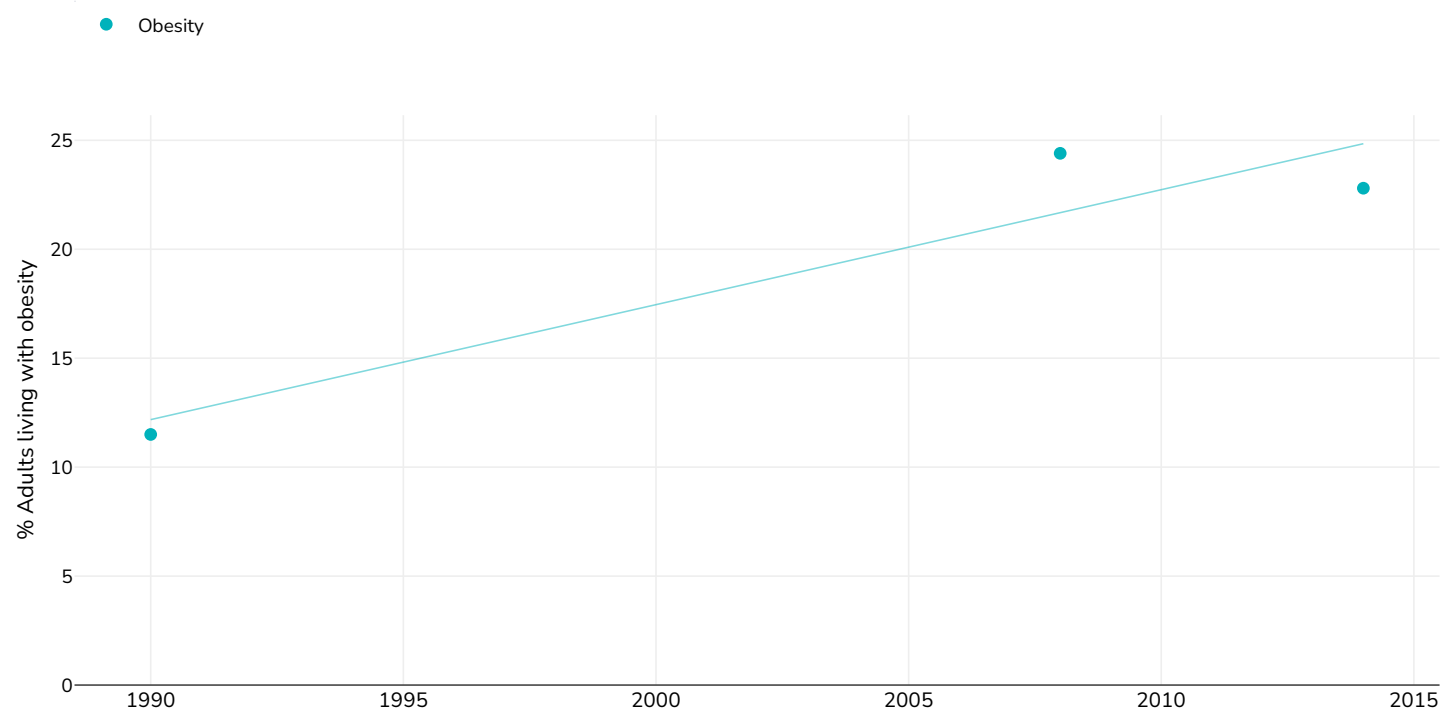
2019: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21)

2022: Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 19.03.25)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity in Spain 1990-2014

Men



Survey type:

Measured

References:

1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence od Obesity in Spain: SEEDO'97 study. Spanish Collaborative Group for the Study of Obesity. Med Clin (Barc). 1998;117:441-5

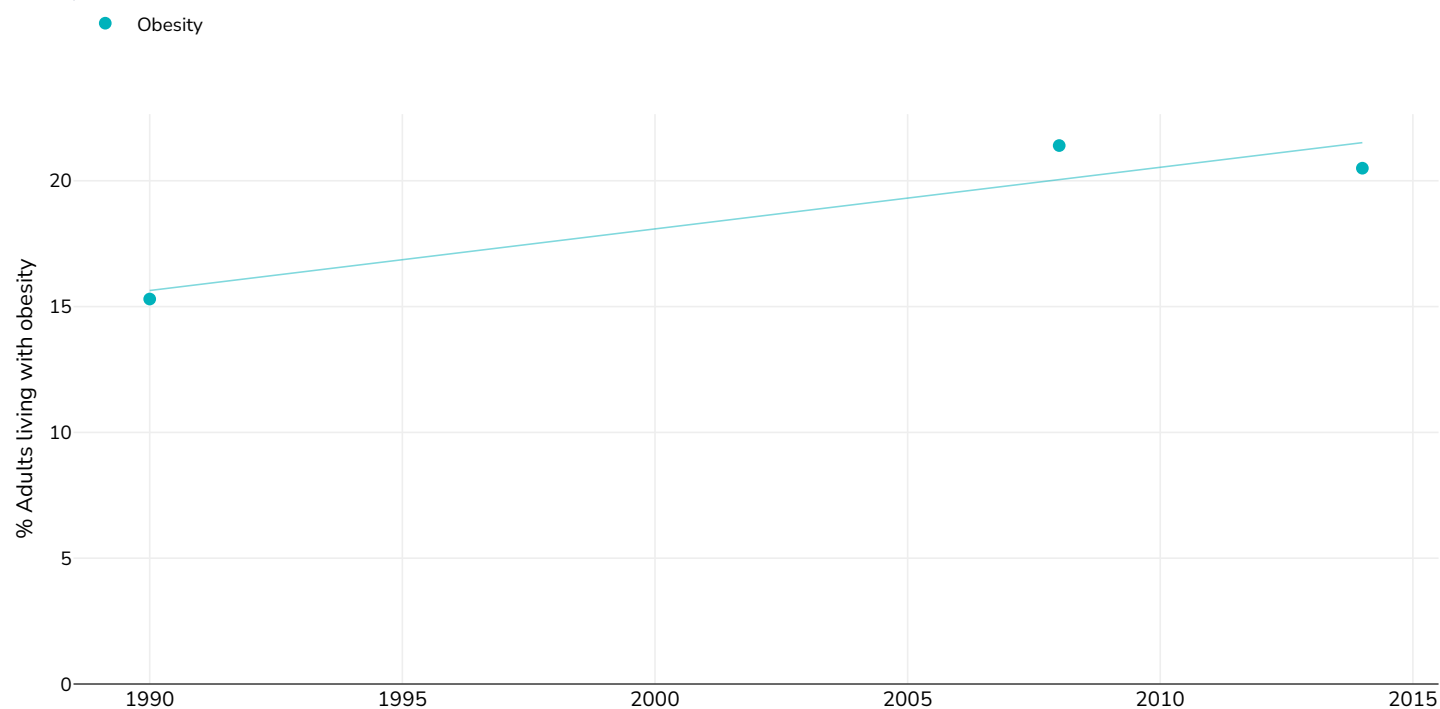
2008: Gutierrez-Fisac JL, Guallar-Castillion P, Leon-Munoz LM, Graciani A, Banegas JR & Rodriguez-Artalejo F. Prevalence of general and abdominal obesity in the adult population of Spain, 2008-2010. Obesity Reviews early online 12th Dec 2011.

2014: Aranceta-Bartrina, J. et al. (2016) 'Prevalence of General Obesity and Abdominal Obesity in the Spanish Adult Population (Aged 25-64 Years) 2014-2015: The ENPE Study', Rev Esp Cardiol (Engl Ed), 69(6), pp. 579-87. doi: 10.1016/j.rec.2016.02.009. Epub 2016 Apr 26

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women



Survey type:

Measured

References:

1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence od Obesity in Spain: SEEDO'97 study. Spanish Collaborative Group for the Study of Obesity. Med Clin (Barc). 1998;117:441-5

2008: Gutierrez-Fisac JL, Guallar-Castillon P, Leon-Munoz LM, Graciani A, Banegas JR & Rodriguez-Artalejo F. Prevalence of general and abdominal obesity in the adult population of Spain, 2008-2010. Obesity Reviews early online 12th Dec 2011.

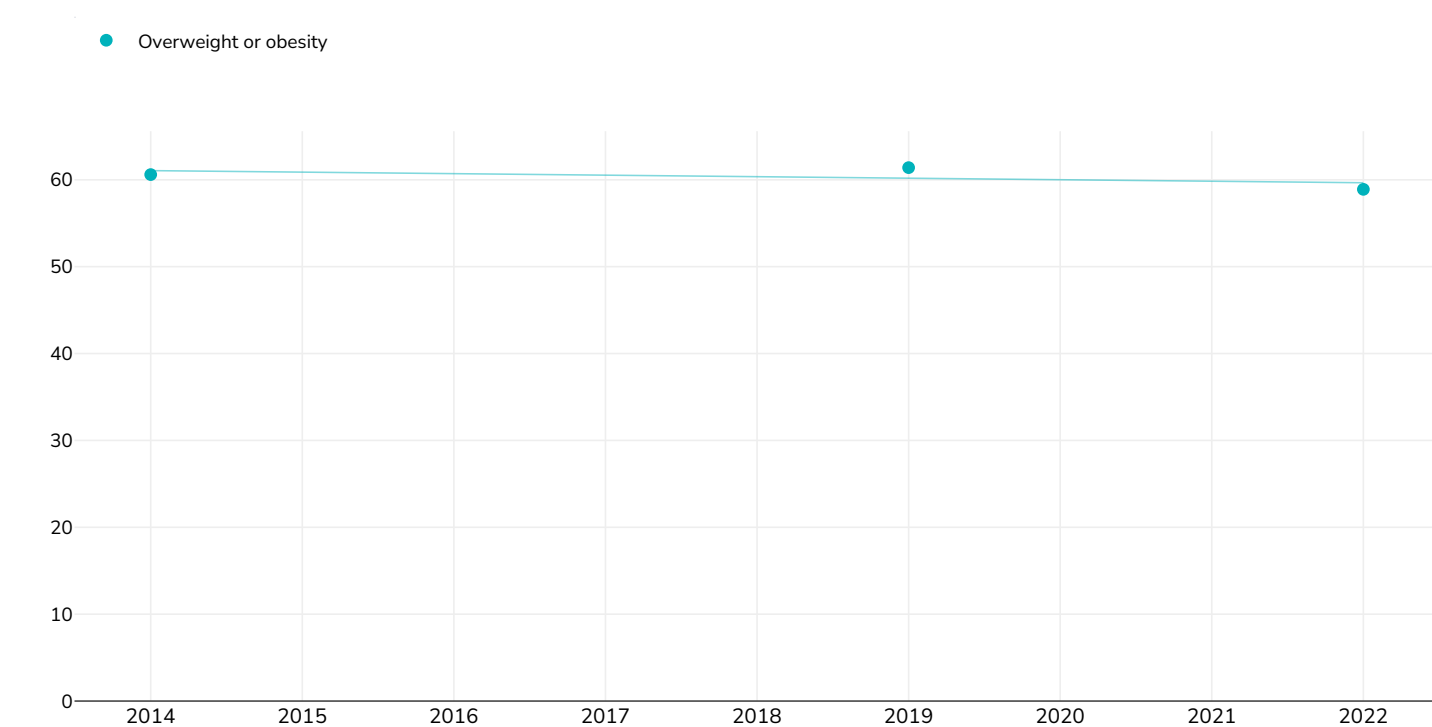
2014: Aranceta-Bartrina, J. et al. (2016) 'Prevalence of General Obesity and Abdominal Obesity in the Spanish Adult Population (Aged 25-64 Years) 2014-2015: The ENPE Study', Rev Esp Cardiol (Engl Ed), 69(6), pp. 579-87. doi: 10.1016/j.rec.2016.02.009. Epub 2016 Apr 26

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity (Eurostat) 2014-2022

Men



Survey type:

Self-reported

References:

2014: Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

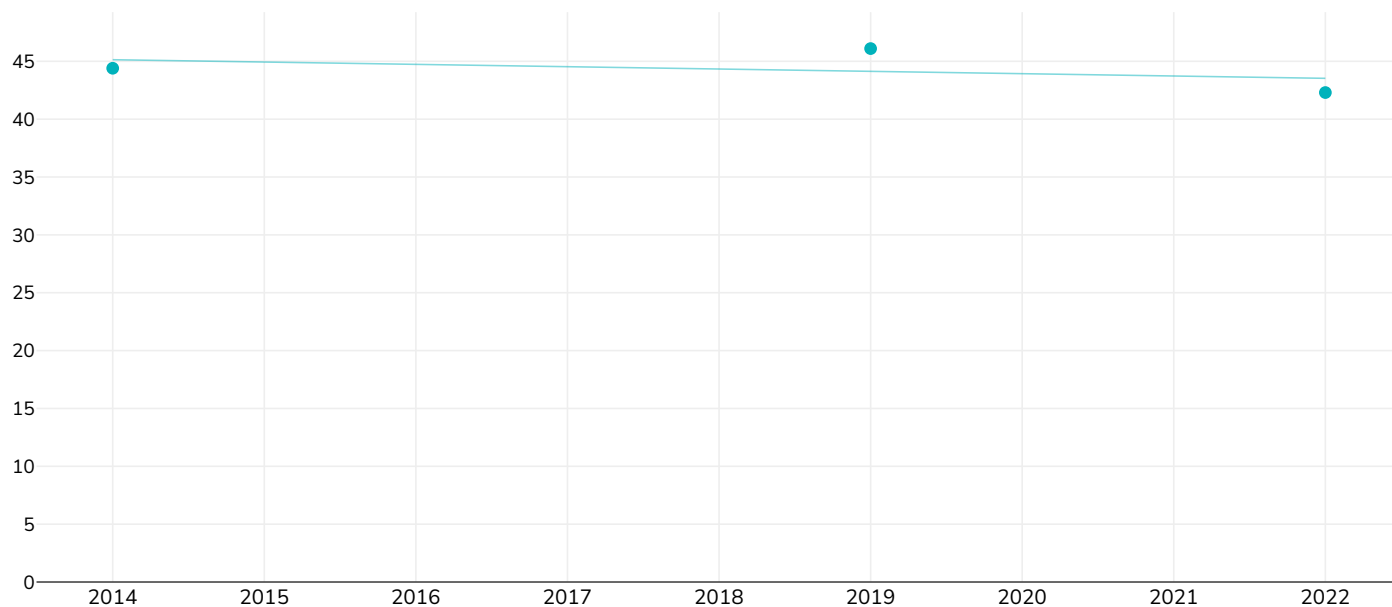
2019: Encuesta Europea de Salud en España (EESE) 2020. Available at: https://www.mscbs.gob.es/estadEstudios/estadisticas/EncuestaEuropea/EncuestaEuropea2020/EESE2020_inf_evol_princip_result.pdf. Last accessed: 27.05.21.

2022: Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 19.03.25)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women

● Overweight or obesity



Survey type:

Self-reported

References:

2014: Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

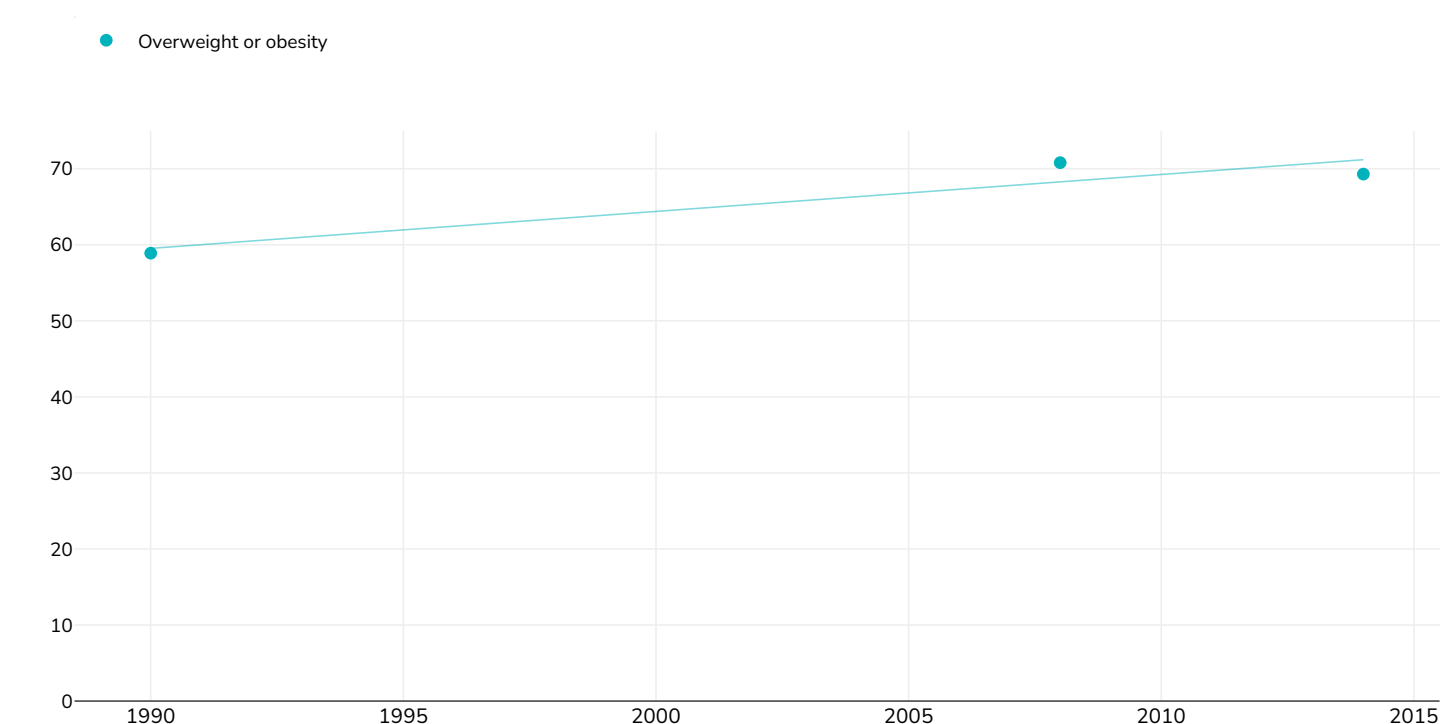
2019: Encuesta Europea de Salud en España (ESEE) 2020. Available at: https://www.mscbs.gob.es/estadEstudios/estadisticas/EncuestaEuropea/EncuestaEuropea2020/ESEE2020_inf_evol_princip_resultt.pdf. Last accessed: 27.05.21.

2022: Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 19.03.25)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity in Spain 1990-2014

Men



Survey type:

Measured

References:

1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence of Obesity in Spain: SEEDO'97 study. Spanish Collaborative Group for the Study of Obesity. Med Clin (Barc). 1998;117:441-5

2008: Gutierrez-Fisac JL, Guallar-Castillon P, Leon-Munoz LM, Graciani A, Banegas JR & Rodriguez-Artalejo F. Prevalence of general and abdominal obesity in the adult population of Spain, 2008-2010. Obesity Reviews early online 12th Dec 2011.

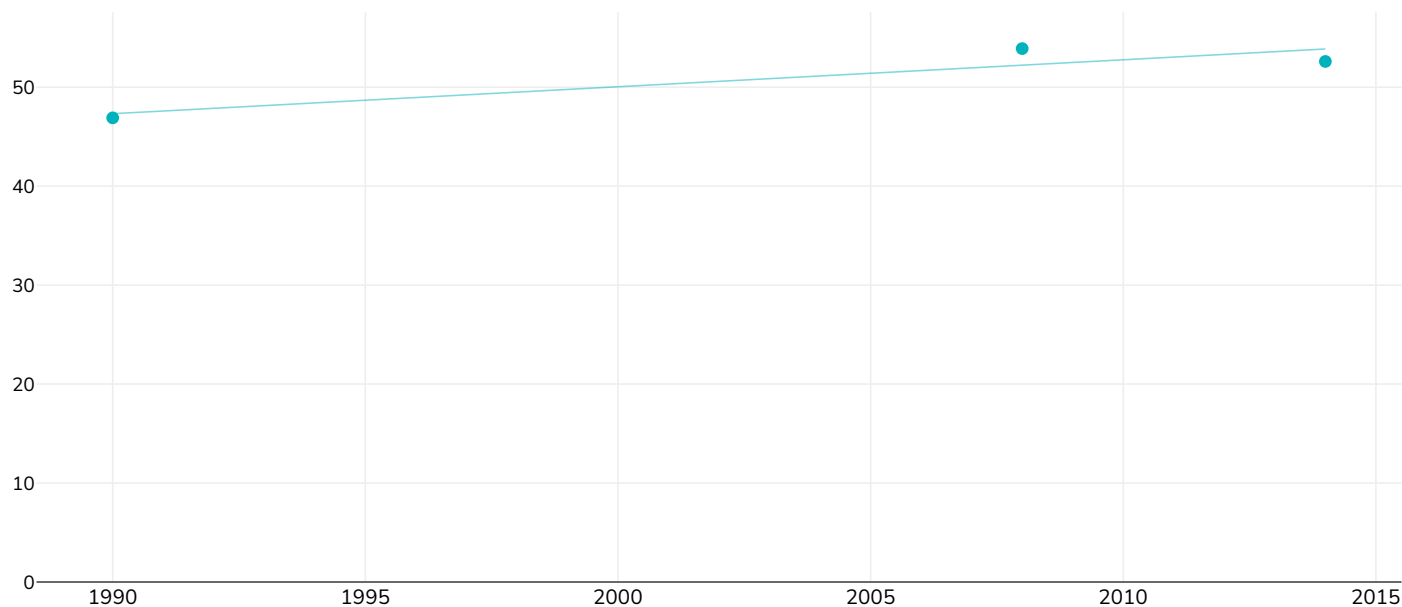
2014: Aranceta-Bartrina, J. et al. (2016) 'Prevalence of General Obesity and Abdominal Obesity in the Spanish Adult Population (Aged 25-64 Years) 2014-2015: The ENPE Study', Rev Esp Cardiol (Engl Ed), 69(6), pp. 579-87. doi: 10.1016/j.rec.2016.02.009. Epub 2016 Apr 26

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women

● Overweight or obesity



Survey type:

Measured

References:

1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence od Obesity in Spain: SEEDO'97 study. Spanish Collaborative Group for the Study of Obesity. Med Clin (Barc). 1998;117:441-5

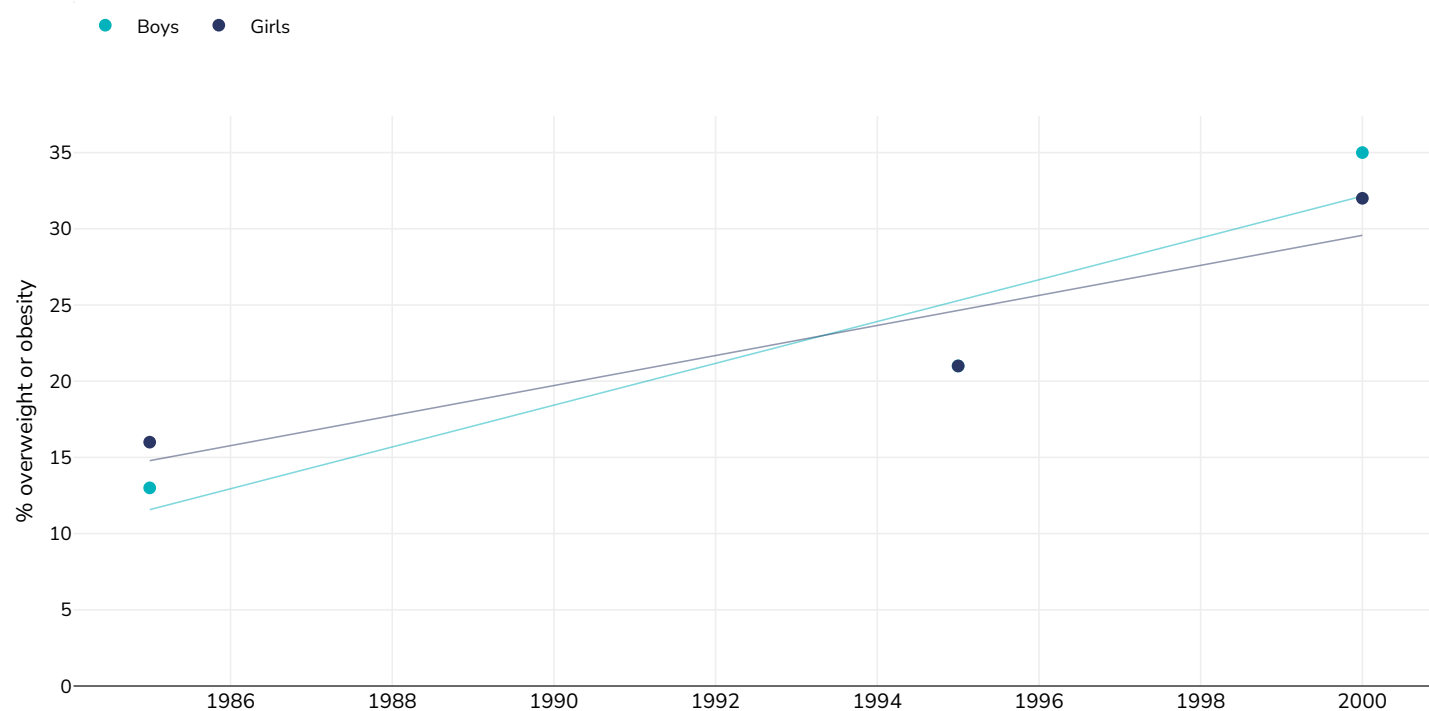
2008: Gutierrez-Fisac JL, Guallar-Castillion P, Leon-Munoz LM, Graciani A, Banegas JR & Rodriguez-Artalejo F. Prevalence of general and abdominal obesity in the adult population of Spain, 2008-2010. Obesity Reviews early online 12th Dec 2011.

2014: Aranceta-Bartrina, J. et al. (2016) 'Prevalence of General Obesity and Abdominal Obesity in the Spanish Adult Population (Aged 25-64 Years) 2014-2015: The ENPE Study', Rev Esp Cardiol (Engl Ed), 69(6), pp. 579-87. doi: 10.1016/j.rec.2016.02.009. Epub 2016 Apr 26

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Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Children (13-14) living with overweight or obesity in Spain 1985-2000

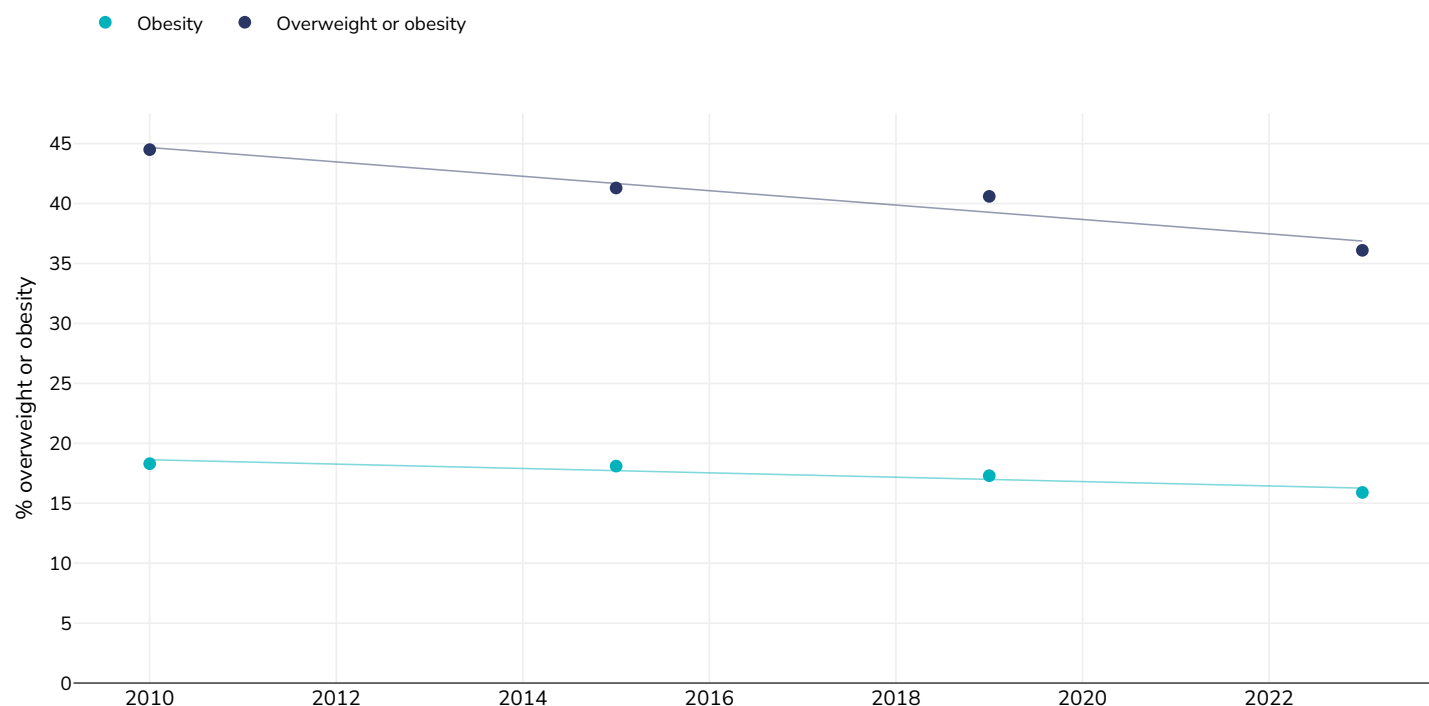


Survey type:	Measured
References:	Personal communication from LA Moreno
Notes:	Aged 13-14. Large National Survey but sample size not specified.
Definitions:	IOTF

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Children (6-9) living with overweight and obesity 2010-2023

Boys and girls



Survey type: Measured

References: 2010, 2015, 2019: Ministerio de Consumo, Agency Española de seguridad alimentaria y nutrición (2020) ALADINO 2019 Informe Breve. ESTUDIO SOBRE LA ALIMENTACIÓN, ACTIVIDAD FÍSICA, DESARROLLO INFANTIL Y OBESIDAD EN ESPAÑA 2019
2023: ALADINO Study 2023 (Preview). https://www.aesan.gob.es/AECOSAN/docs/documentos/nutricion/ALADINO_AESAN.pdf (Accessed 26.09.24)

Notes: Aged 6-9

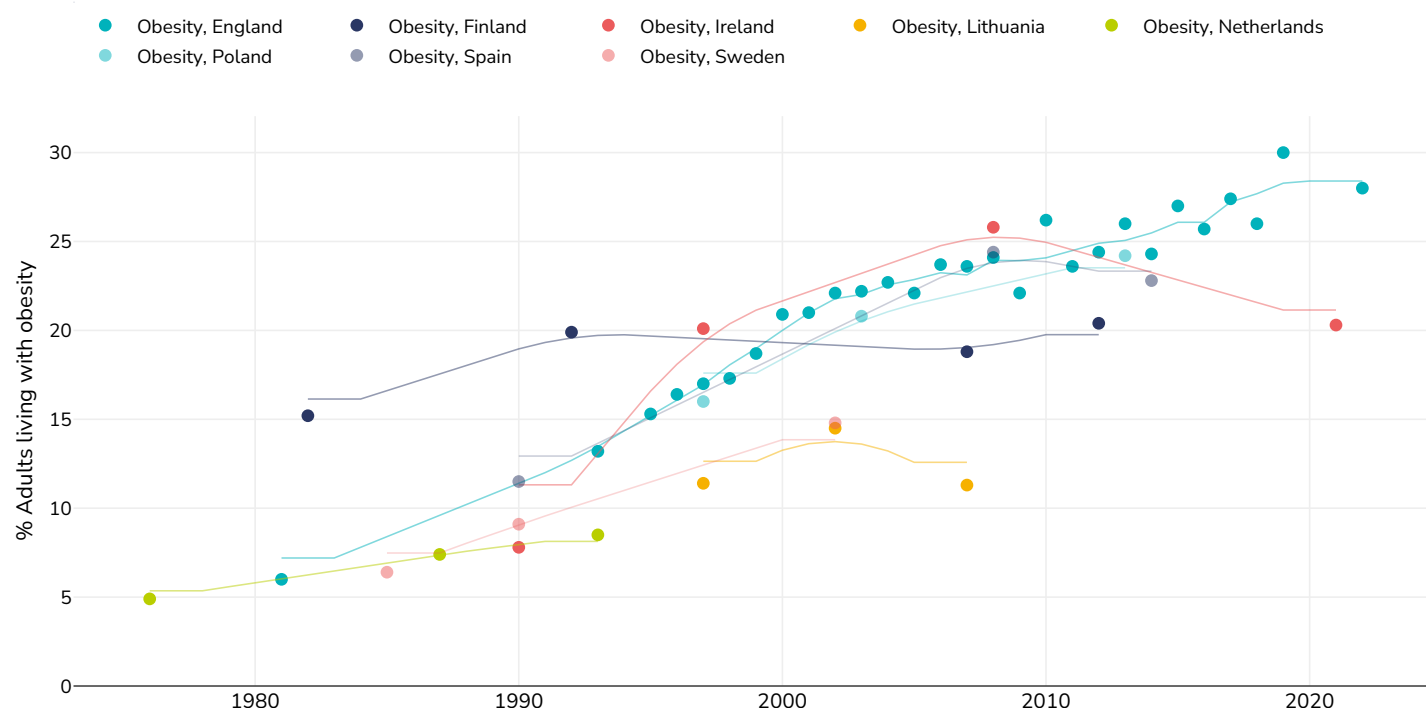
Definitions: WHO Cut Off

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity in Europe 1976-2018, selected countries

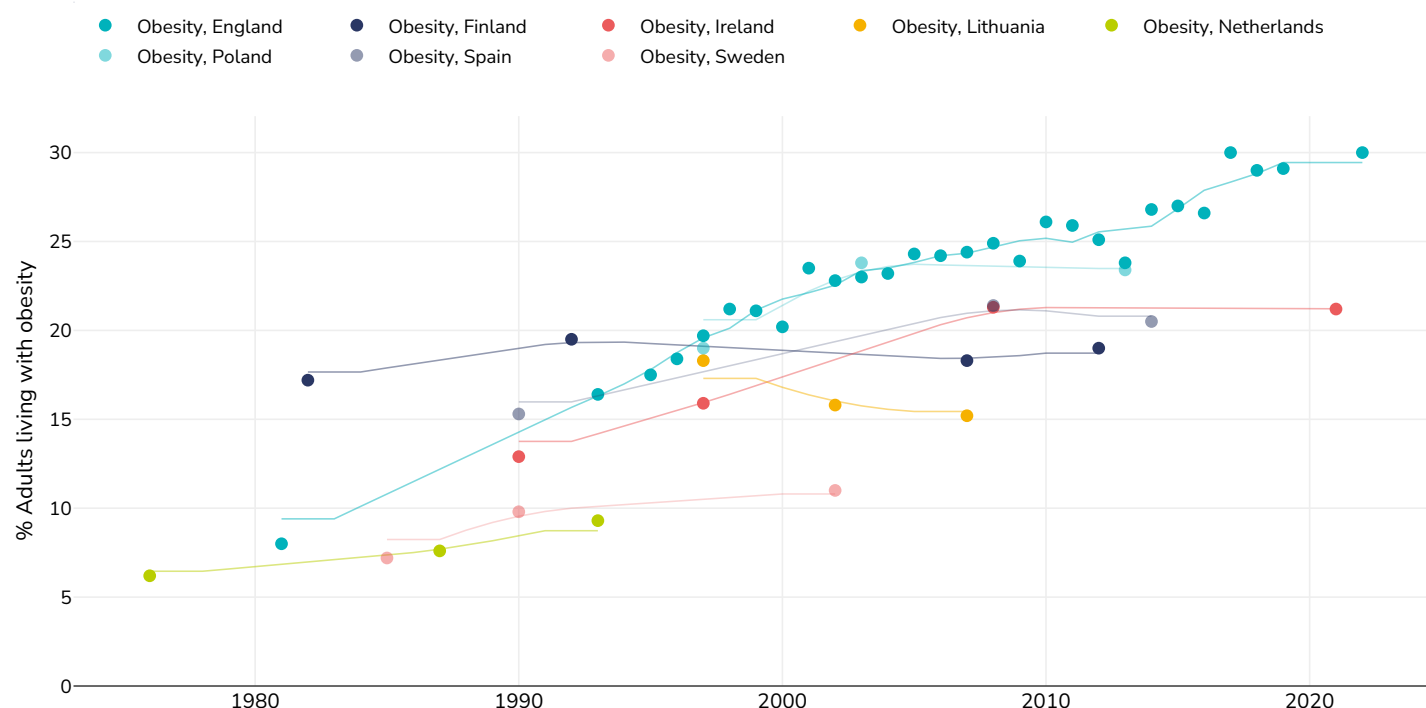
Men



- References:**
- 1976, 1987, 1993: Visscher TLS, Kromhout D, Seidell J. Long term and recent time trends in the prevalence of obesity among Dutch men and women. *IJO* 2002;26:1218-24
 - 1981: Royal College of Physicians (1983). Obesity. Reprinted from the Journal of the Royal College of Physicians of London Vol 17 (No 1) January 1983
 - 1982: Lahti-Koski M, Vartiainen E, Mannisto S, Pietinen P. Age, education and occupation as determinants of trends in body mass index in Finland from 1982 to 1997. *International Journal of Obesity* (2000);24:1669-1676
 - 1985: Berg C, Rosengren A, Aires N, appas G, Toren K, Thelle D, Lissner L. Trends in overweight and obesity from 1985 to 2002 in Goteborg, West Sweden. *IJO* 2005 Aug;29(8):916-24
 - 1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence od Obesity in Spain: SEEDO'97 study. Spanish Collaborative Group for the Study of Obesity. *Med Clin (Barc)*. 1998;117:441-5
 - 1992: Lahti-Koski M, Pietinen P, Munnisto S, Vartiainen E. Trends in waist to hip ratio and its determinants in adults in Finland from 1987 to 1997. *American Journal of Clinical Nutrition* 2000;72:1436-1444
 - 1995: Health Survey for England 1995.
 - 1996: Health Survey for England 1996.
 - 1997: Pomerleau J, Pudule I, Grinberga D, Kadziauskiene K, Abaravicius A, Bartkeviciute R, Vaask S, Robertson A, McKee M. Patterns of body weight in the Baltic Republics. *Public Health Nutrition*. 2000;3:3-10
 - 1998: Health Survey for England 1998.
 - 1999: Health Survey for England 1999.
 - 2000: Health Survey for England 2000.
 - 2001: Health Survey for England 2001.
 - 2002, 2007: Barzda A, Bartkevicius R, Stukas R, Šatkutis R, Abaravičius JA. Lietuvos gyventojų indeksas 1997-2007 metais. *Sveikatos mokslai* 2009;3:2406-2410. (no English translation)
 - 2003: Health Survey for England 2003.
 - 2004: Health Survey for England 2004.
 - 2005: Health Survey for England 2005.
 - 2006: Health Survey for England 2006.
 - 2008: Gutierrez-Fisac JL, Guallar-Castillon P, Leon-Munoz LM, Graciani A, Banegas JR & Rodriguez-Artalejo F. Prevalence of general and abdominal obesity in the adult population of Spain, 2008-2010. *Obesity Reviews* early online 12th Dec 2011.
 - 2009: Health Survey for England 2009
 - 2010: Health Survey for England 2010
 - 2011: Health Survey for England 2011 (<http://www.ic.nhs.uk/searchcatalogue?productid=10152&returnid=1685> last accessed 7th January 2013)
 - 2012: Kansallinen FINRISKI 2012 -terveyystutkimus - Osa 2: Tutkimuksen taulukkoliite. <http://www.julkari.fi/handle/10024/114942> (last accessed 9th November 2017)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women

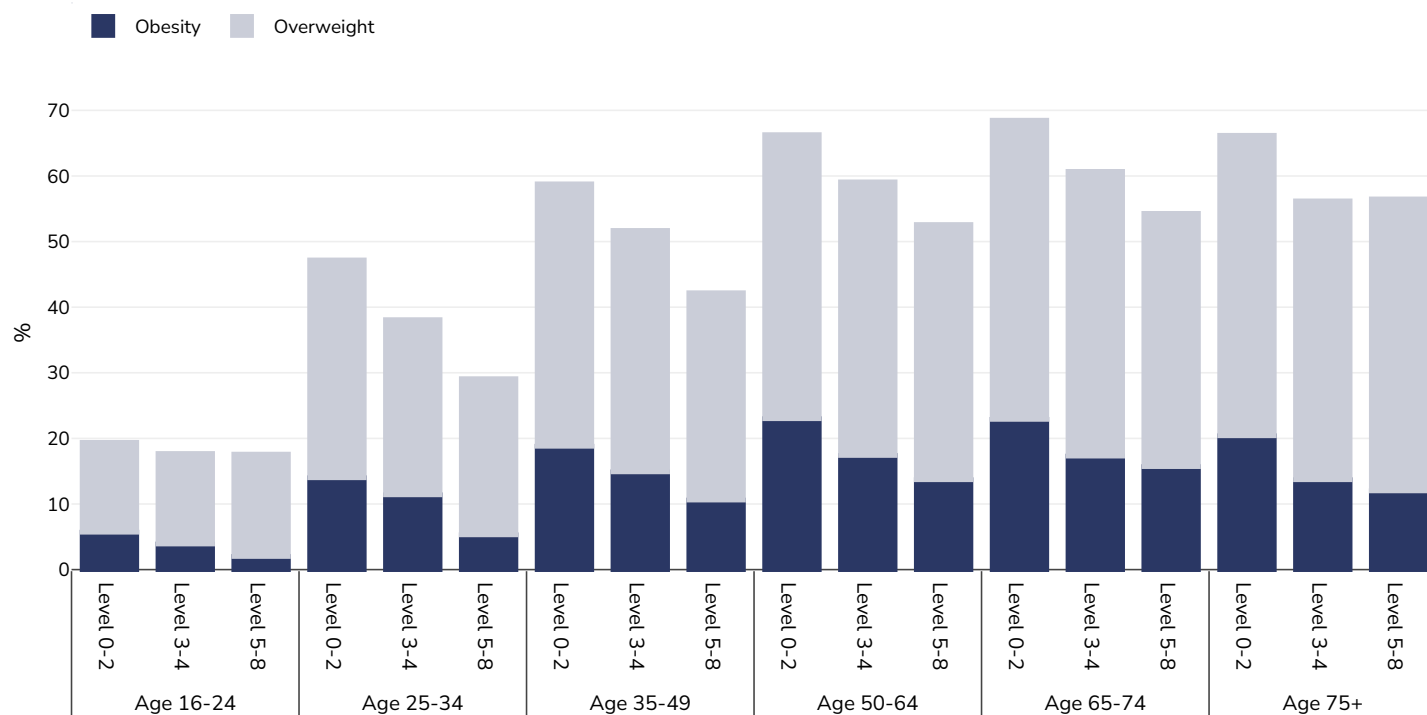


- References:**
- 1976, 1987, 1993: Visscher TLS, Kromhout D, Seidell J. Long term and recent time trends in the prevalence of obesity among Dutch men and women. *IJO* 2002;26:1218-24
 - 1981: Royal College of Physicians (1983). Obesity. Reprinted from the *Journal of the Royal College of Physicians of London* Vol 17 (No 1) January 1983
 - 1982: Lahti-Koski M, Vartiainen E, Mannisto S, Pietinen P. Age, education and occupation as determinants of trends in body mass index in Finland from 1982 to 1997. *International Journal of Obesity* (2000);24:1669-1676
 - 1985: Berg C, Rosengren A, Aires N, appas G, Toren K, Thelle D, Lissner L. Trends in overweight and obesity from 1985 to 2002 in Goteborg, West Sweden. *IJO* 2005 Aug;29(8):916-24
 - 1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence od Obesity in Spain: SEEDO'97 study. Spanish Collaborative Group for the Study of Obesity. *Med Clin (Barc)*. 1998;117:441-5
 - 1992: Lahti-Koski M, Pietinen P, Munnisto S, Vartiainen E. Trends in waist to hip ratio and its determinants in adults in Finland from 1987 to 1997. *American Journal of Clinical Nutrition* 2000;72:1436-1444
 - 1995: Health Survey for England 1995.
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 - 1998: Health Survey for England 1998.
 - 1999: Health Survey for England 1999.
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 - 2002, 2007: Barzda A, Bartkevičiūtė R, Stukas R, Šatkutė R, Abaravičius JA. Lietuvos gyventojųkūno masės indeksės pokyčiai 1997-2007 metais. *Sveikatos mokslai* 2009;3:2406-2410. (no English translation)
 - 2003: Health Survey for England 2003.
 - 2004: Health Survey for England 2004.
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 - 2008: Gutierrez-Fisac JL, Guallar-Castillion P, Leon-Munoz LM, Graciani A, Banegas JR & Rodriguez-Artalejo F. Prevalence of general and abdominal obesity in the adult population of Spain, 2008-2010. *Obesity Reviews* early online 12th Dec 2011.
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 - 2011: Health Survey for England 2011 (<http://www.ic.nhs.uk/searchcatalogue?productid=10152&returnid=1685> last accessed 7th January 2013)
 - 2012: Kansallinen FINRISKI 2012 -terveyystutkimus - Osa 2: Tutkimuksen taulukkoliite. <http://www.julkari.fi/handle/10024/114942> (last accessed 9th November 2017)

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Overweight/obesity by age and education

Adults, 2022



Survey type: Self-reported

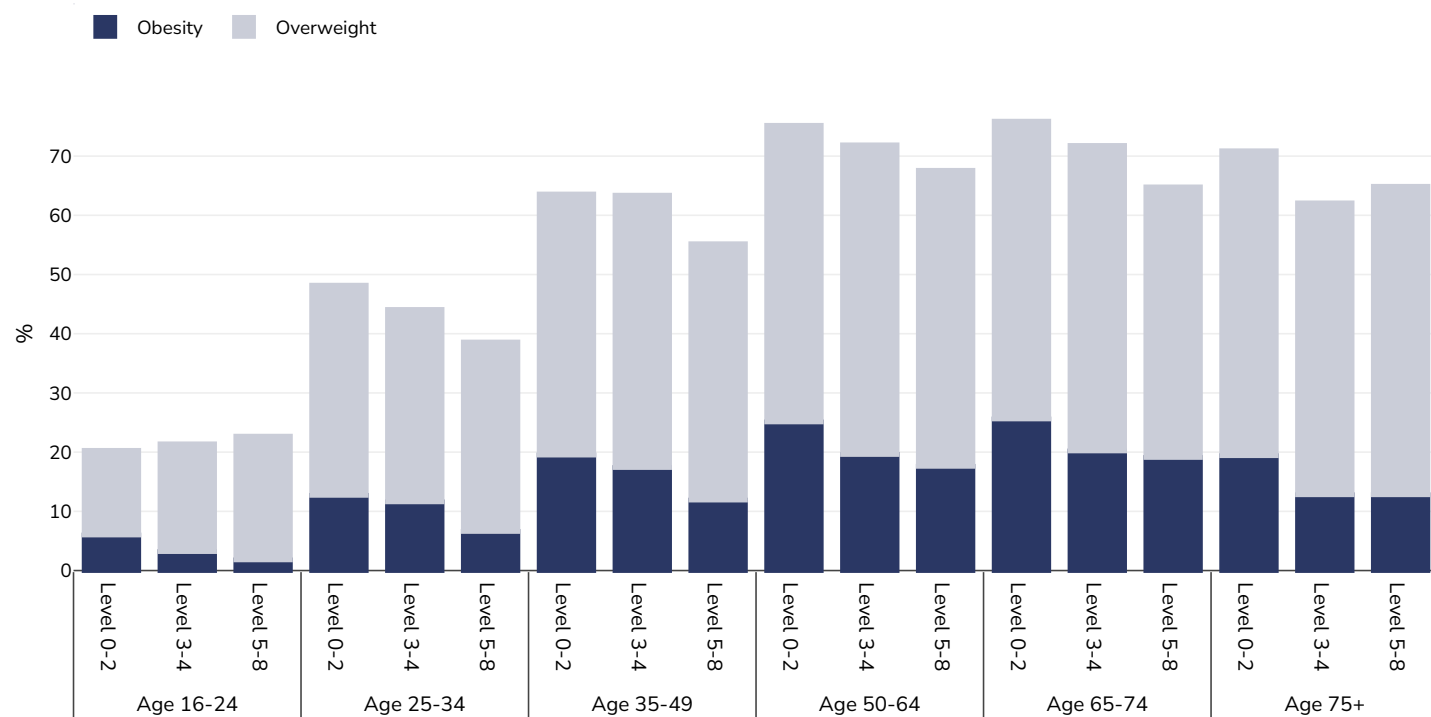
Area covered: National

References: Eurostat 2022 Data. Available at: https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10__custom_16791318/default/table?lang=en&page=time:2022 [Accessed 21.05.25]

Definitions: Less than primary, primary and lower secondary education (level 0-2), Upper secondary and post-secondary non-tertiary education (level 3-4) Tertiary education (level 5-8)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2022



Survey type: Self-reported

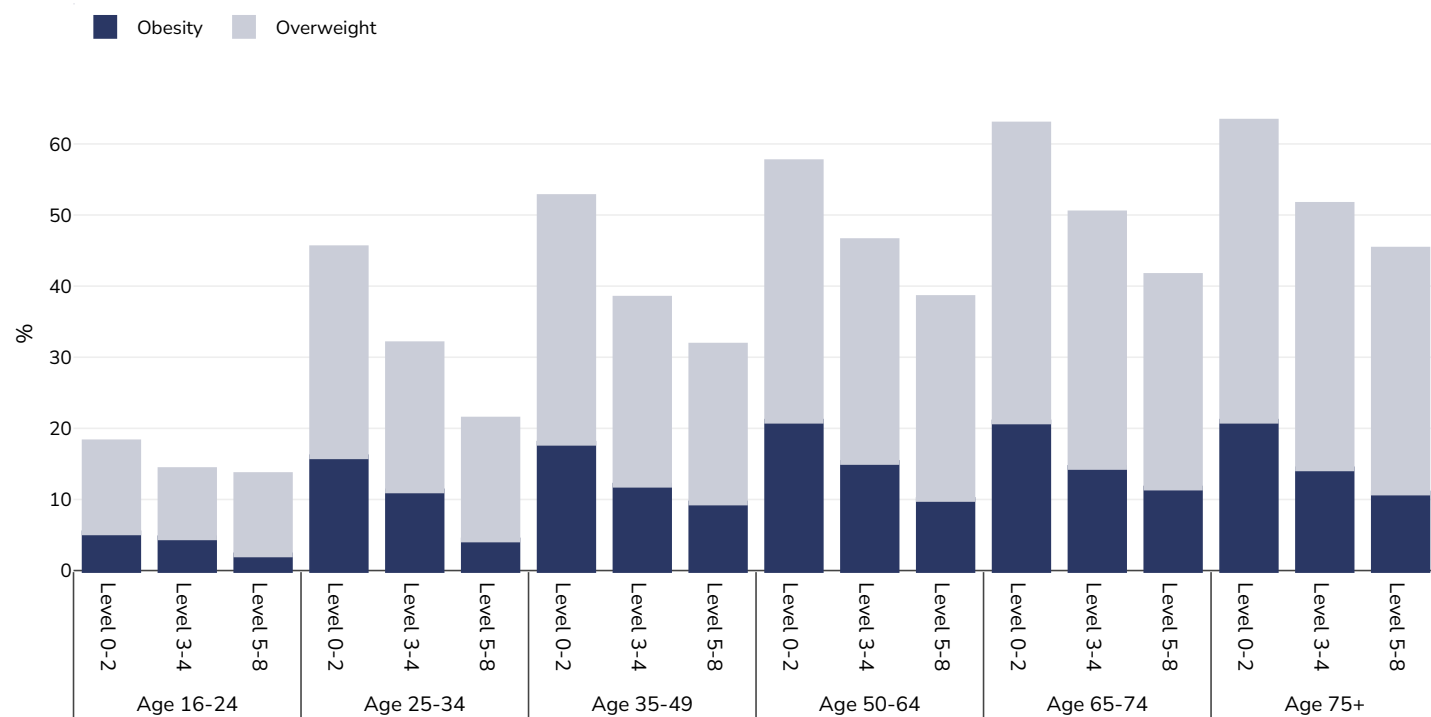
Area covered: National

References: Eurostat 2022 Data. Available at: https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10__custom_16791318/default/table?lang=en&page=time:2022 [Accessed 21.05.25]

Definitions: Less than primary, primary and lower secondary education (level 0-2), Upper secondary and post-secondary non-tertiary education (level 3-4) Tertiary education (level 5-8)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022



Survey type: Self-reported

Area covered: National

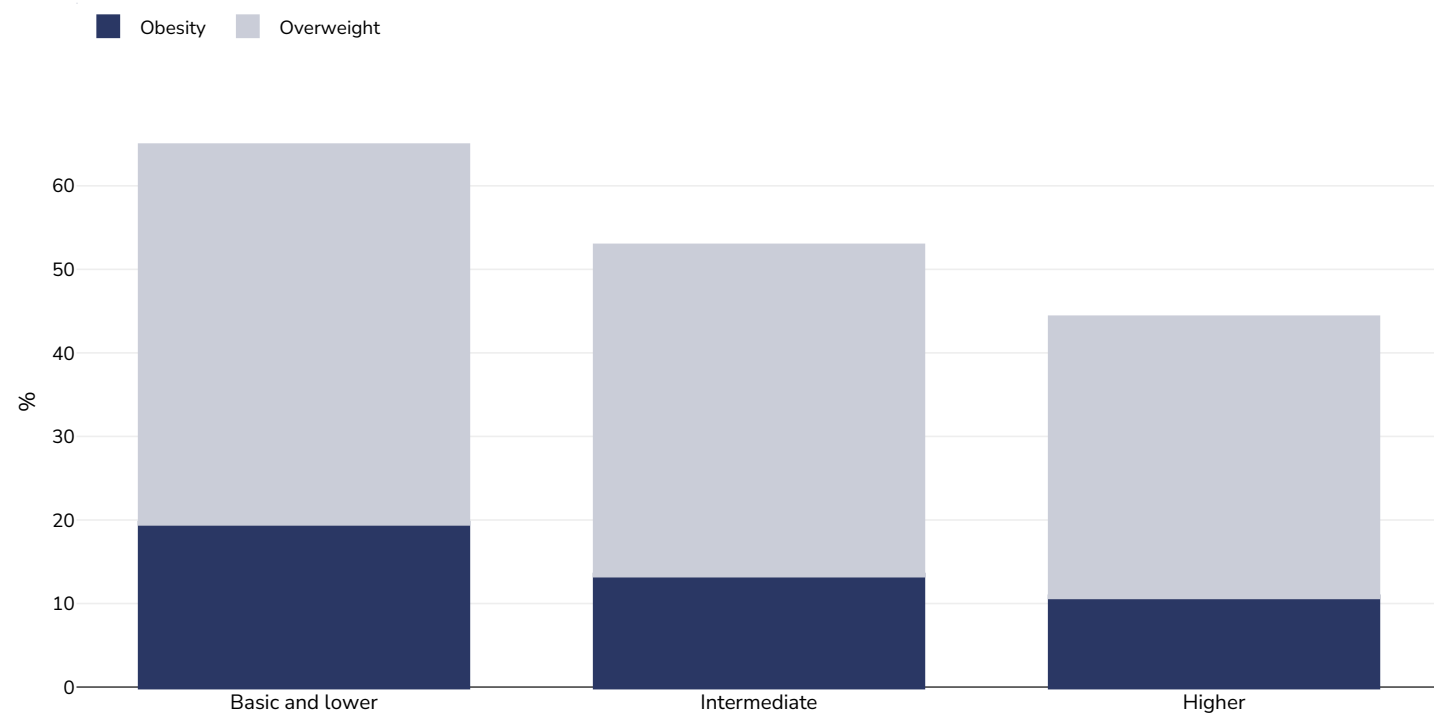
References: Eurostat 2022 Data. Available at: https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10__custom_16791318/default/table?lang=en&page=time:2022 [Accessed 21.05.25]

Definitions: Less than primary, primary and lower secondary education (level 0-2), Upper secondary and post-secondary non-tertiary education (level 3-4) Tertiary education (level 5-8)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

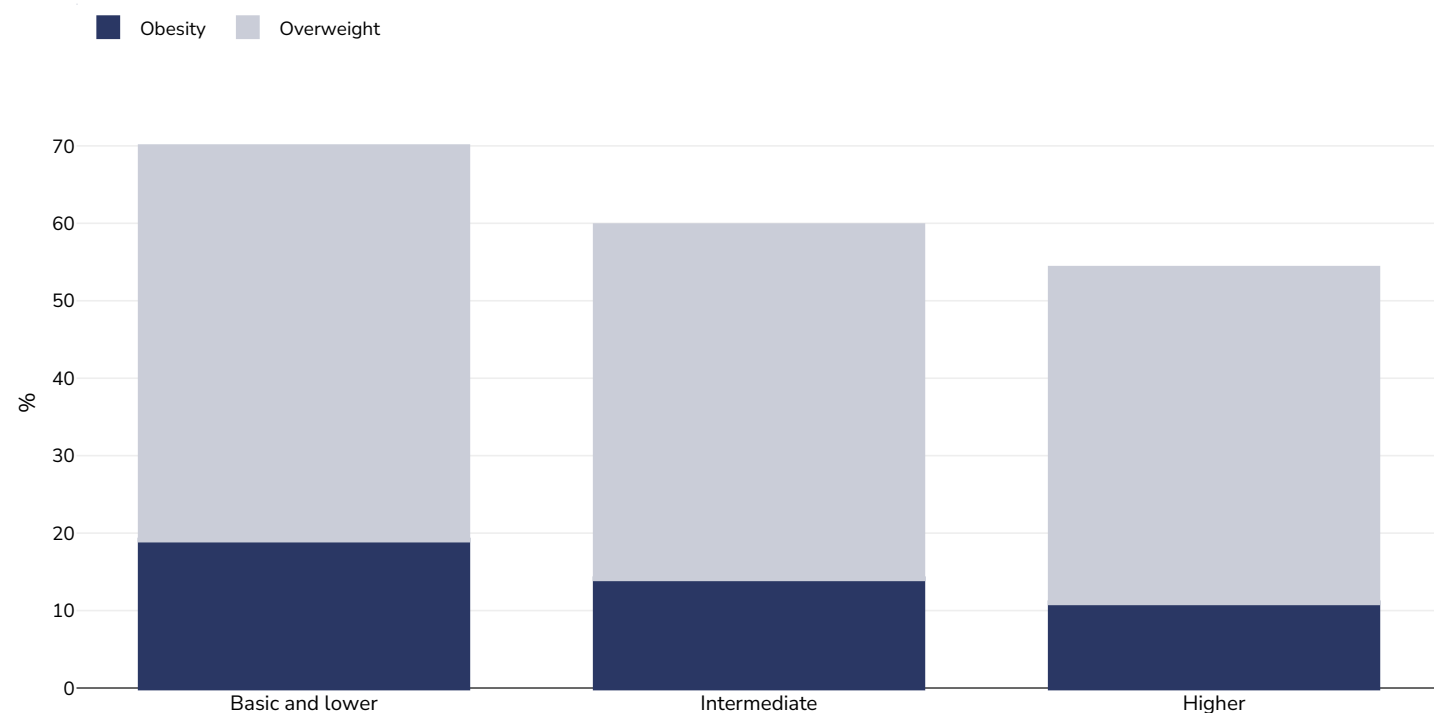
Overweight/obesity by education

Adults, 2023-2024



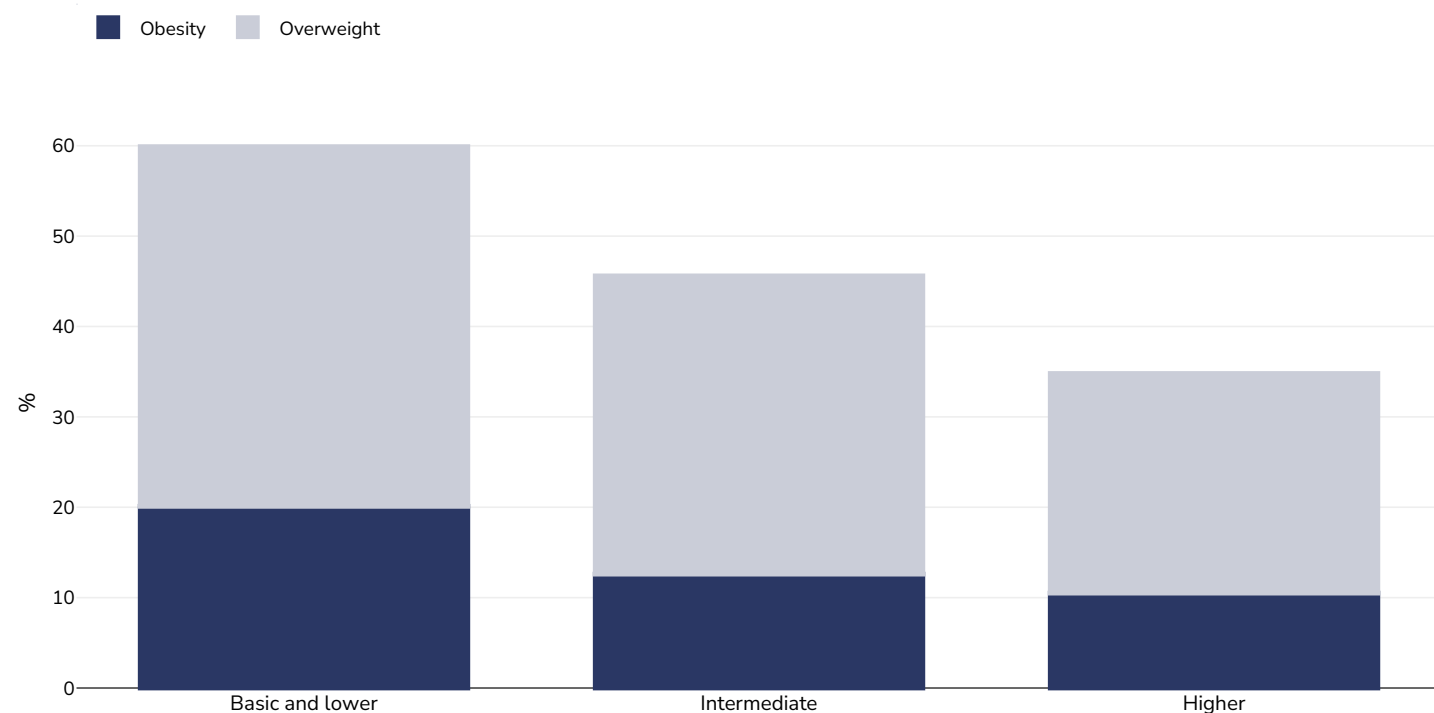
Survey type:	Self-reported
Age:	18+
Sample size:	21032
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
Notes:	Sample size listed includes all aged 15+, but this data only includes those aged 18+
Definitions:	Basic and lower = level 0-2, Intermediate = level 3-4, Higher = Level 5-8 (CNED-2014-A)
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .	

Men, 2023-2024



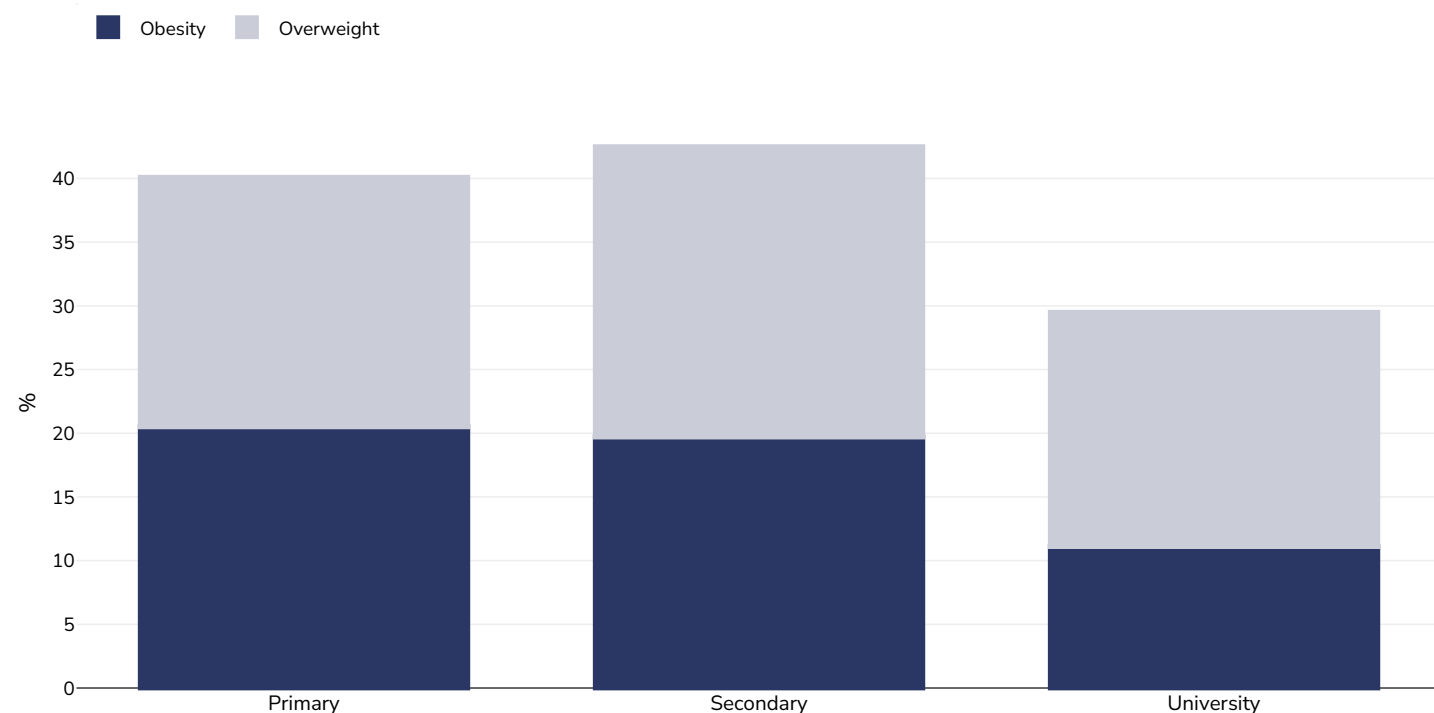
Survey type:	Self-reported
Age:	18+
Sample size:	21032
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
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Definitions:	Basic and lower = level 0-2, Intermediate = level 3-4, Higher = Level 5-8 (CNED-2014-A)
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .	

Women, 2023-2024



Survey type:	Self-reported
Age:	18+
Sample size:	21032
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
Notes:	Sample size listed includes all aged 15+, but this data only includes those aged 18+
Definitions:	Basic and lower = level 0-2, Intermediate = level 3-4, Higher = Level 5-8 (CNED-2014-A)
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .	

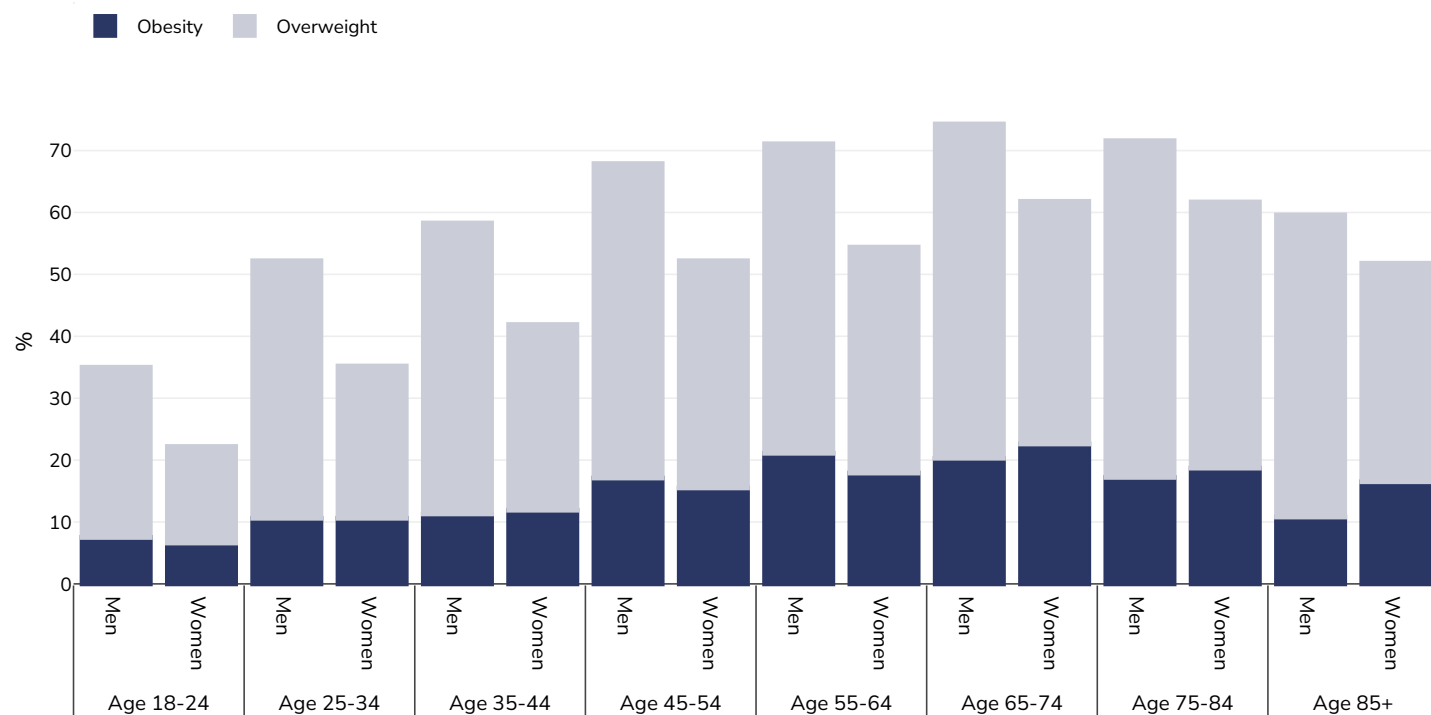
Children, 2023-2024



Survey type:	Measured
Age:	6-9
Sample size:	12678
Area covered:	National
References:	Estudio ALADINO 2023: Estudio sobre Alimentación, Actividad Física, Desarrollo Infantil y Obesidad en España 2023. Agencia Española de Seguridad Alimentaria y Nutrición. Ministerio de Derechos Sociales, Consumo y Agenda 2030. Madrid, 2024
Notes:	The study is part of the Childhood Obesity Surveillance Initiative (COSI)
Definitions:	Highest educational level attained by one of the parents
Cutoffs:	WHO

Overweight/obesity by age

Adults, 2023-2024



Survey type: Measured

Sample size: 21032

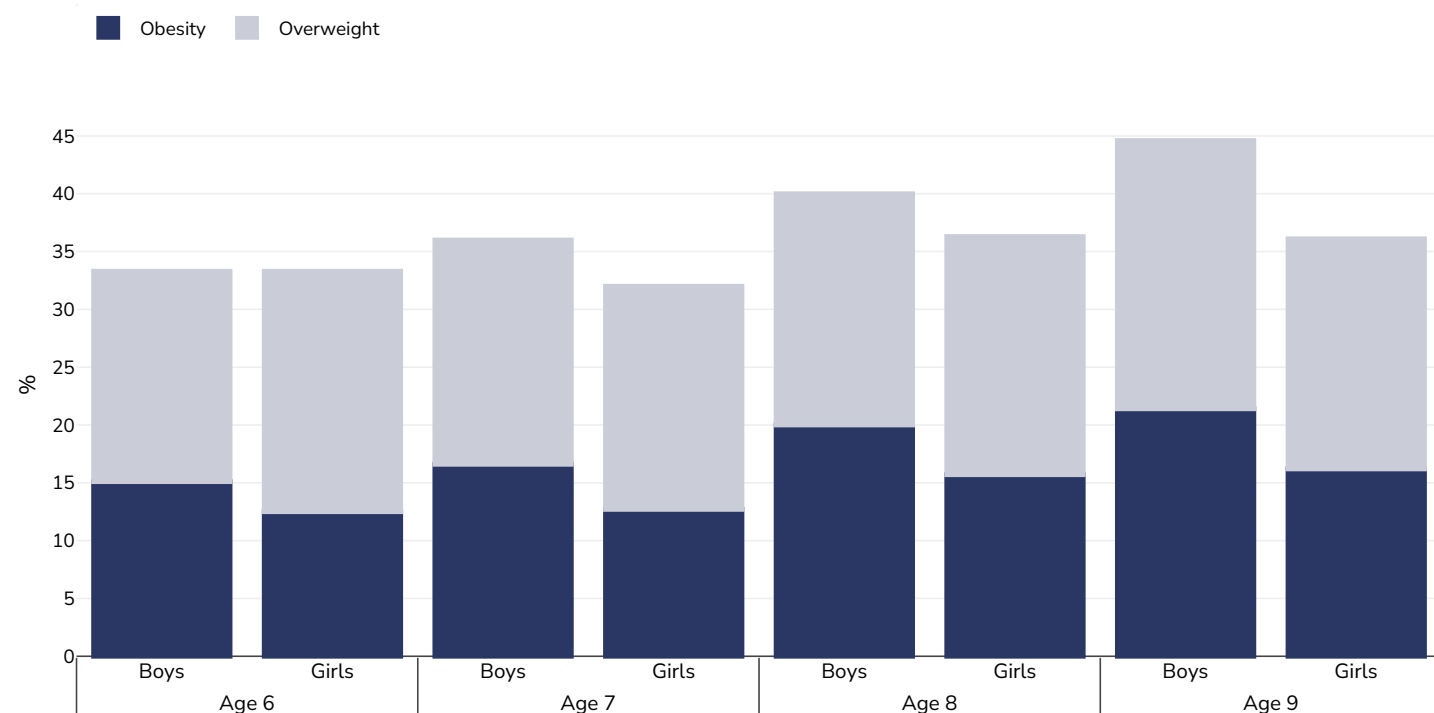
Area covered: National

References: Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: <https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm> [Accessed 10.07.25]

Notes: Sample size listed includes all aged 15+, but this data only includes those aged 18+

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

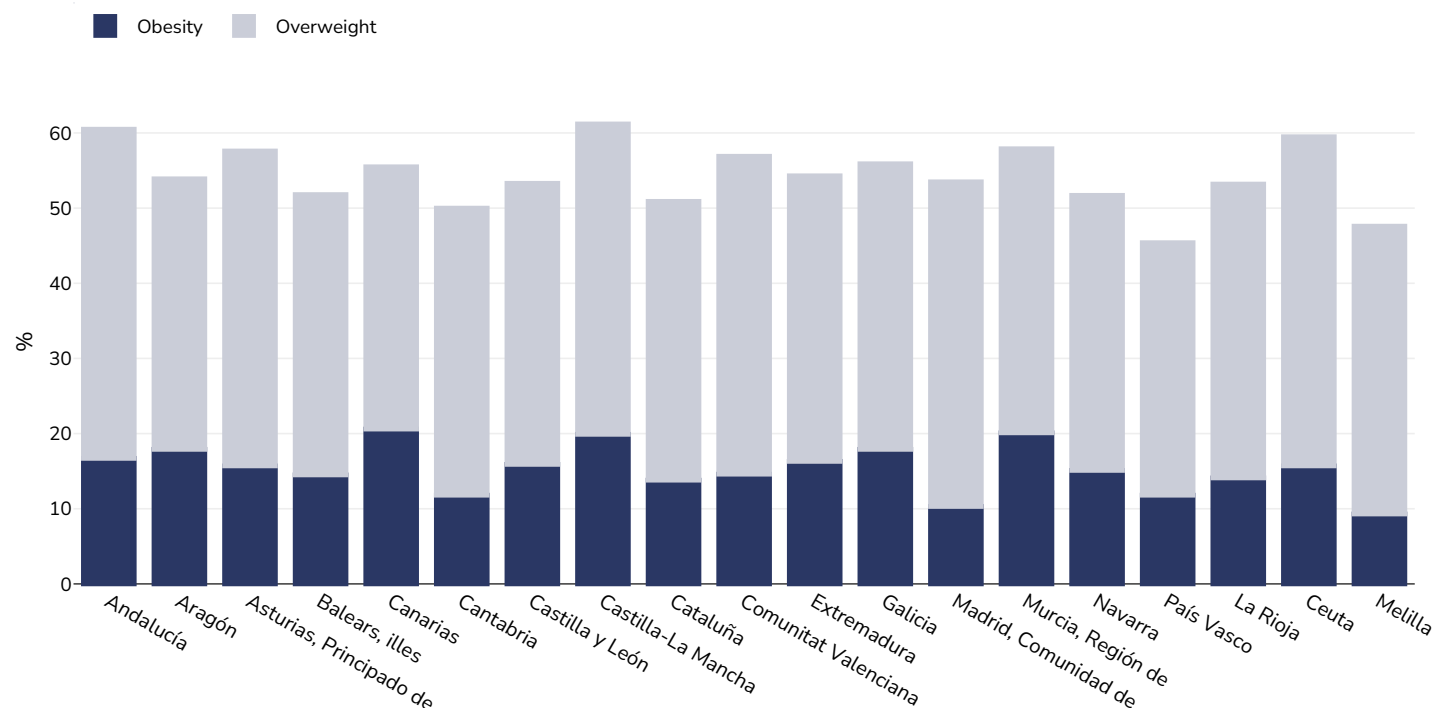
Children, 2023-2024



Survey type:	Measured
Sample size:	12678
Area covered:	National
References:	Estudio ALADINO 2023: Estudio sobre Alimentación, Actividad Física, Desarrollo Infantil y Obesidad en España 2023. Agencia Española de Seguridad Alimentaria y Nutrición. Ministerio de Derechos Sociales, Consumo y Agenda 2030. Madrid, 2024
Notes:	The study is part of the Childhood Obesity Surveillance Initiative (COSI)
Cutoffs:	WHO

Overweight/obesity by region

Adults, 2023-2024



Survey type: Self-reported

Age: 18+

Sample size: 21,032

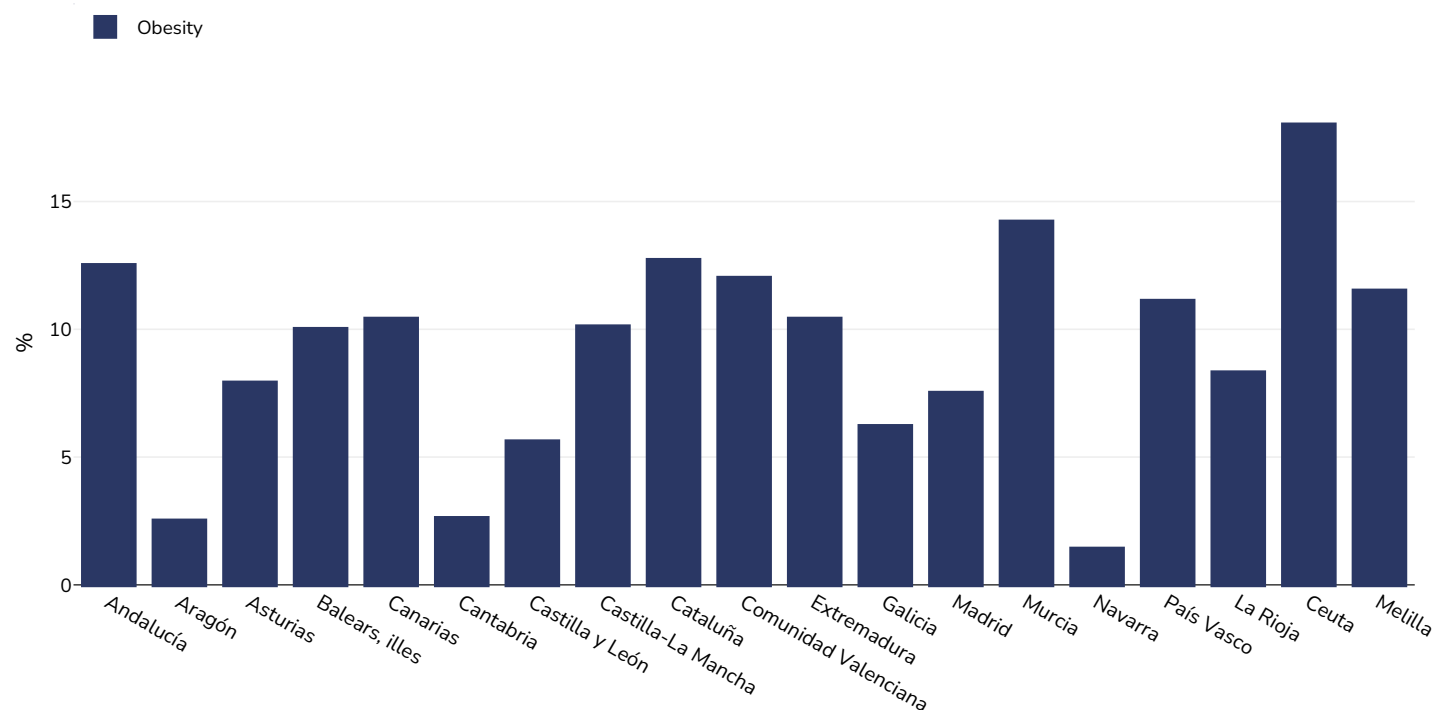
Area covered: National

References: Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: <https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm> [Accessed 10.07.25]

Notes: Sample size for 15+ years nationally, only 18+ in autonomous communities included

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

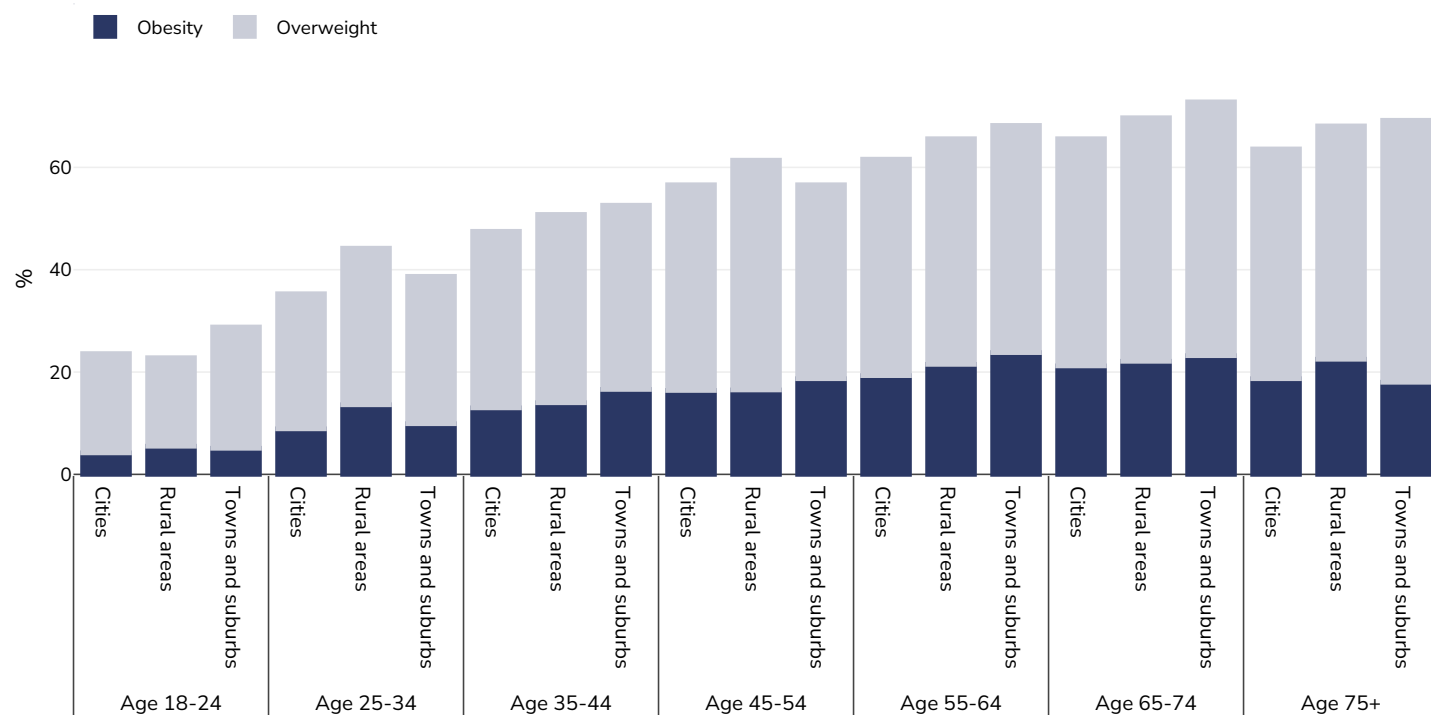
Children, 2017



Survey type:	Self-reported
Age:	2-17
Sample size:	6106
Area covered:	National
References:	Informe Anual del Sistema Nacional de Salud 2019, Available at: https://www.mscbs.gob.es/estadEstudios/estadisticas/sisInfSanSNS/tablasEstadisticas/InfAnualSNS2019/Informe_SNS_2019.pdf . Data from Spanish National Health Survey 2017. Available at: https://www.mscbs.gob.es/estadEstudios/estadisticas/encuestaNacional/encuestaNac2017/ENSE17_Metodologia.pdf . Both last accessed: 06.05.21.
Cutoffs:	IOTF

Overweight/obesity by age and region

Adults, 2019



Survey type: Self-reported

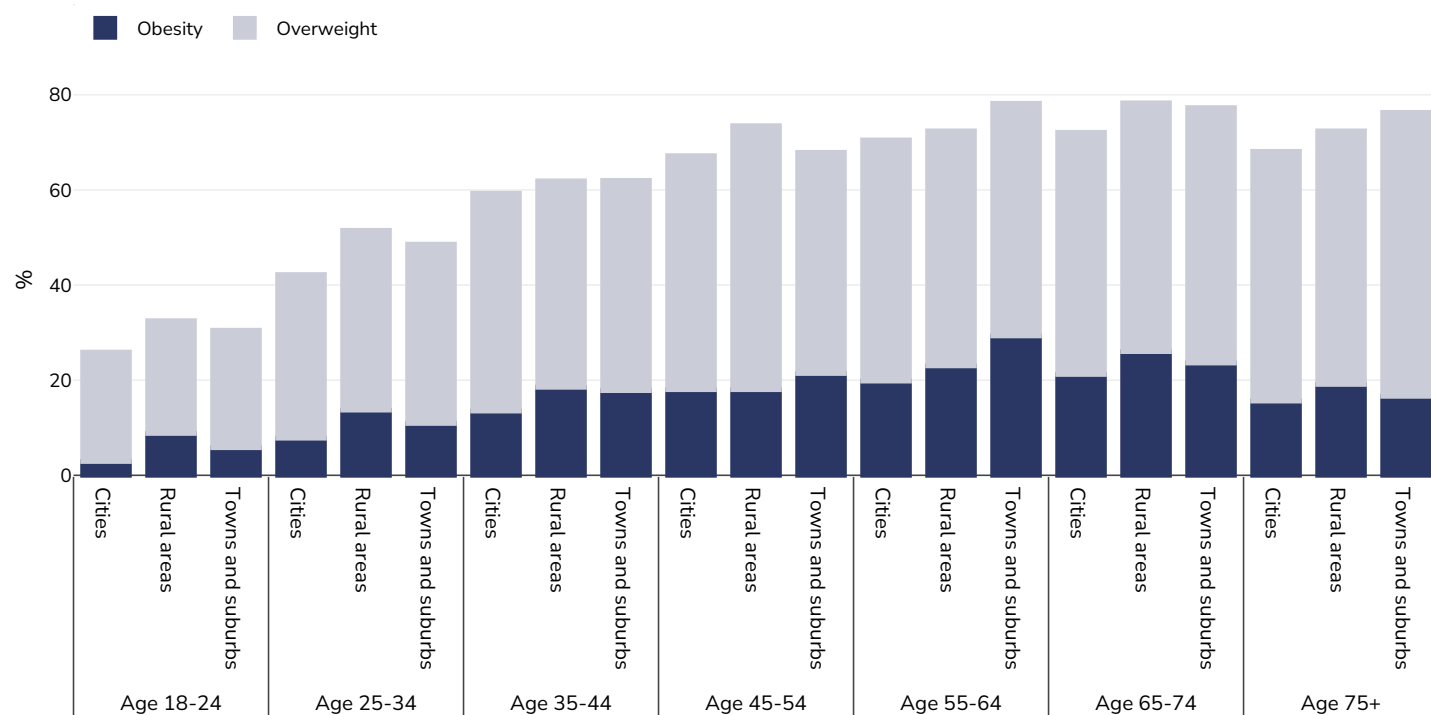
Area covered: National

References: Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1U [Accessed 11.07.25]

Notes: Data for 18-24 year old females from rural areas flagged for low reliability

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2019



Survey type: Self-reported

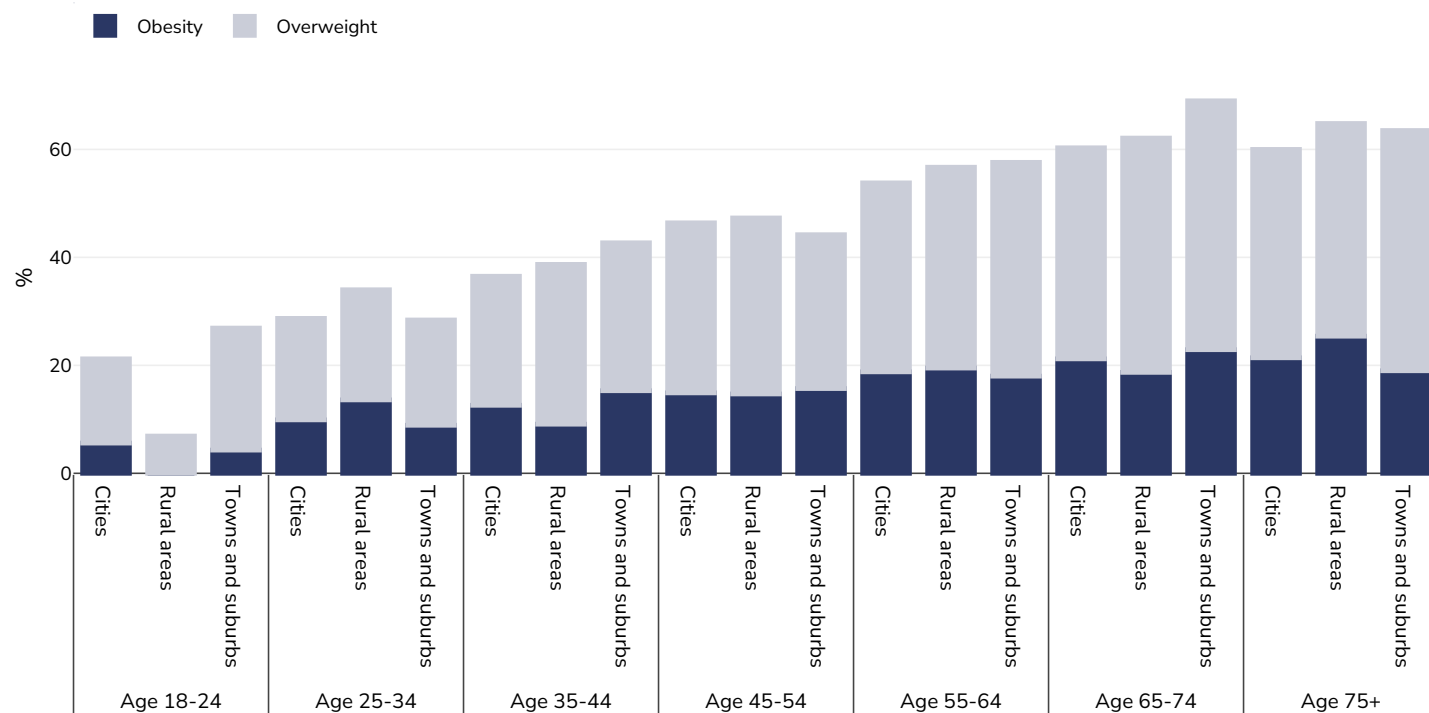
Area covered: National

References: Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1U [Accessed 11.07.25]

Notes: Data for 18-24 year old females from rural areas flagged for low reliability

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2019



Survey type: Self-reported

Area covered: National

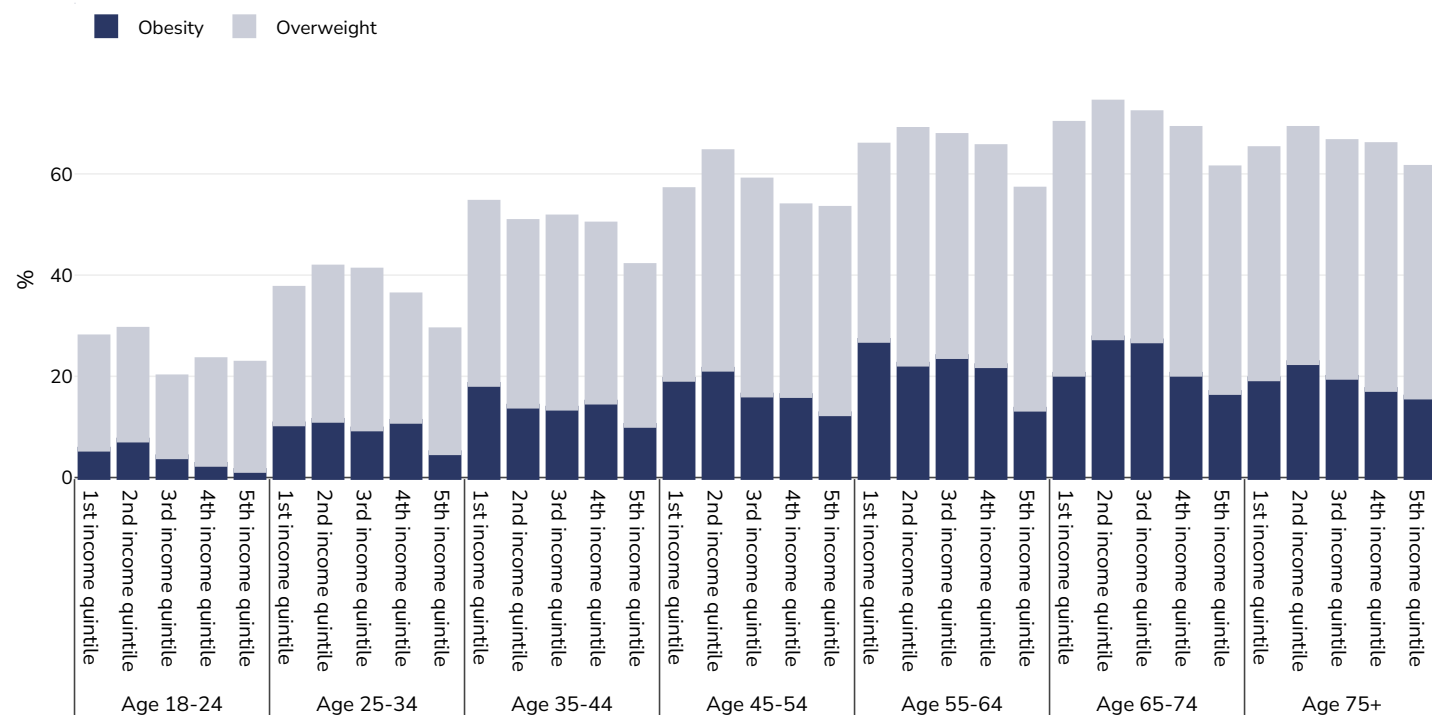
References: Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1U [Accessed 11.07.25]

Notes: Data for 18-24 year old females from rural areas flagged for low reliability

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by age and socio-economic group

Adults, 2019



Survey type:

Self-reported

Area covered:

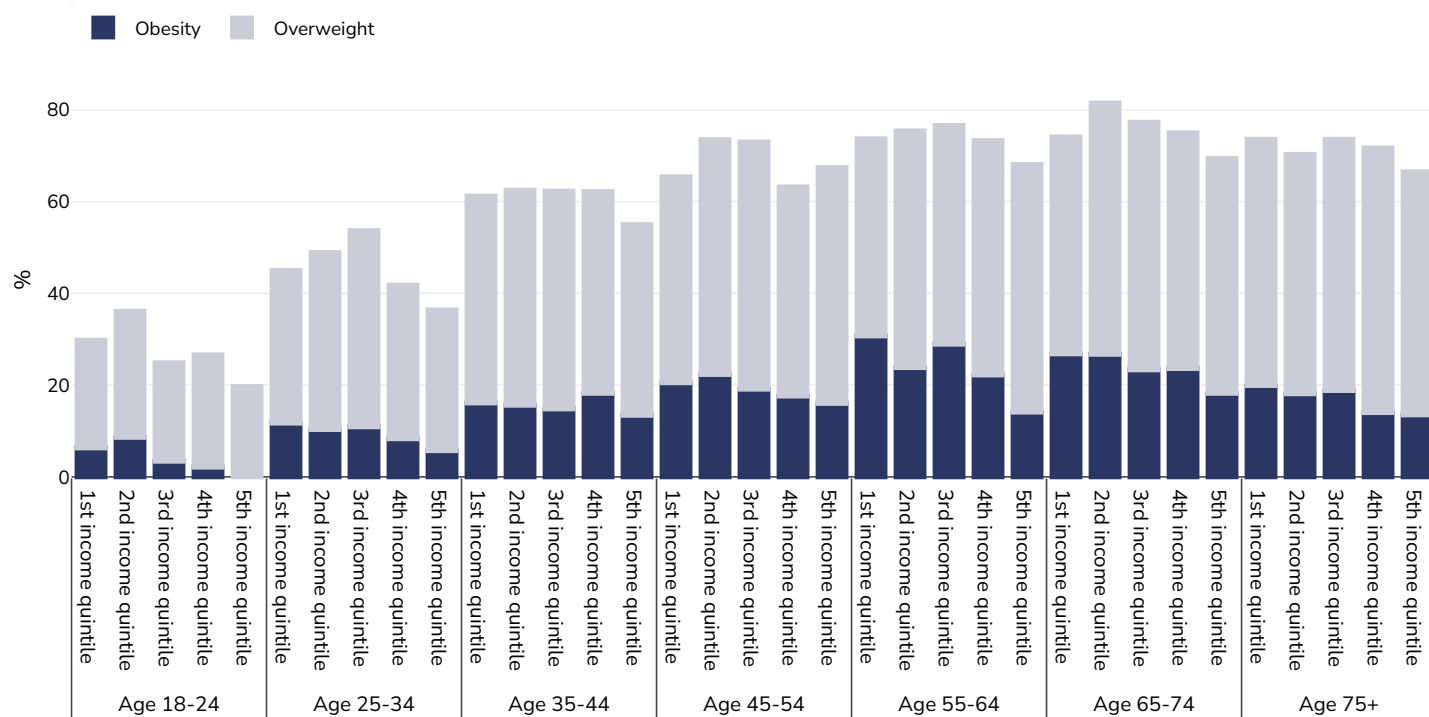
National

References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2019



Survey type:

Self-reported

Area covered:

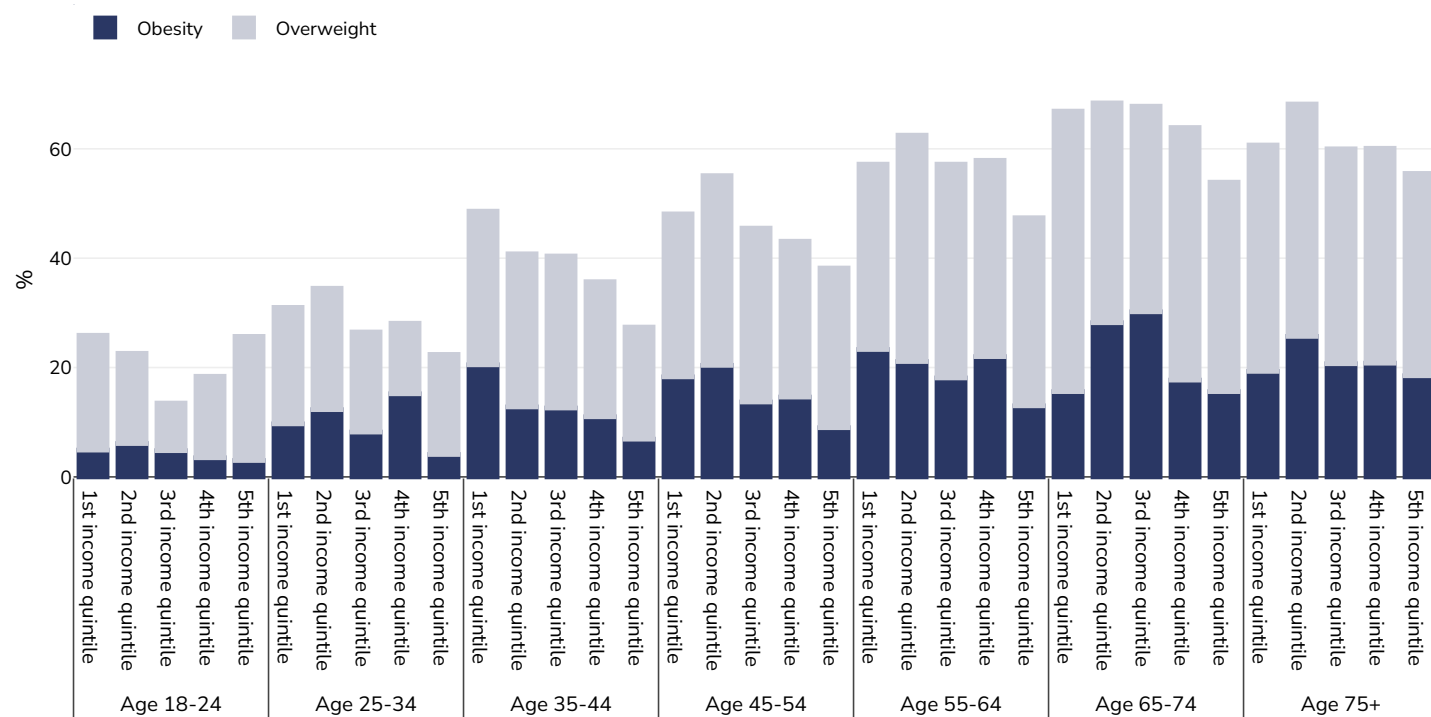
National

References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2019



Survey type:

Self-reported

Area covered:

National

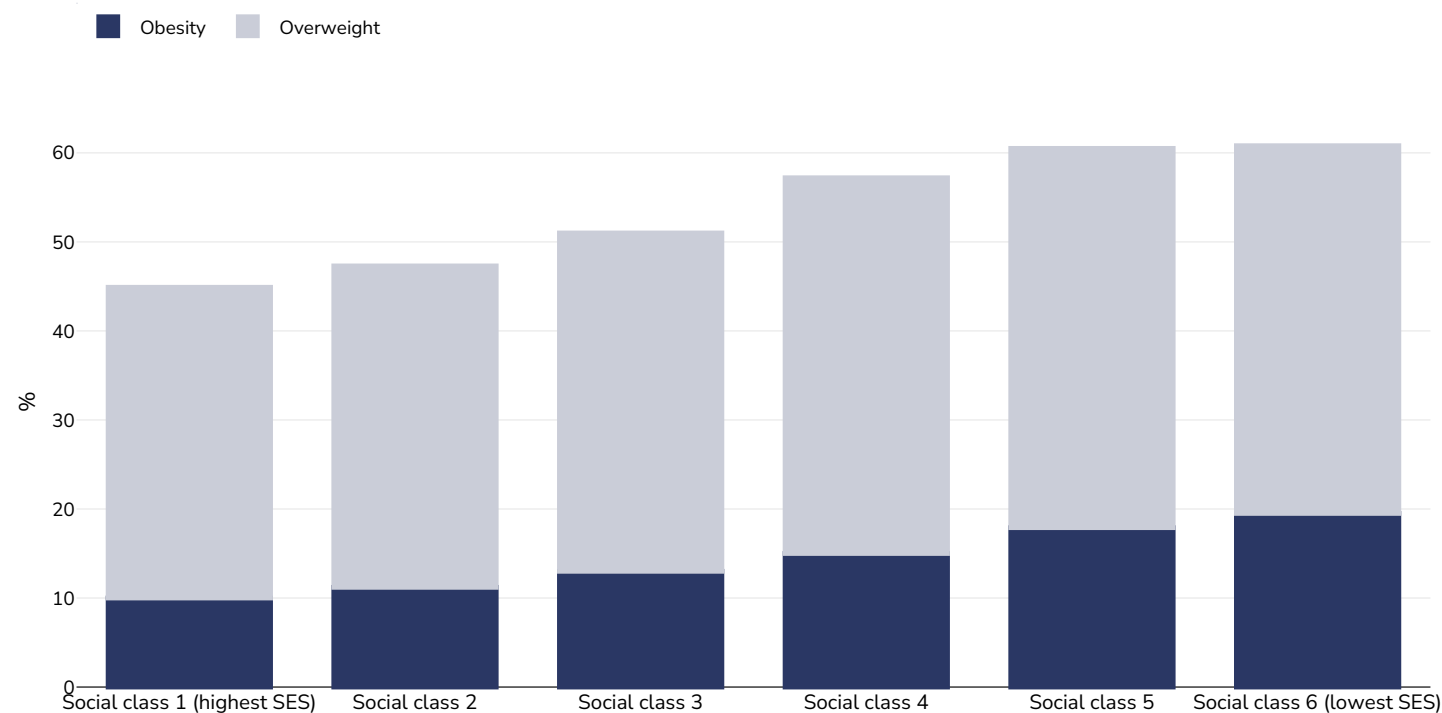
References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by socio-economic group

Adults, 2023-2024



Survey type: Self-reported

Age: 18+

Sample size: 21032

Area covered: National

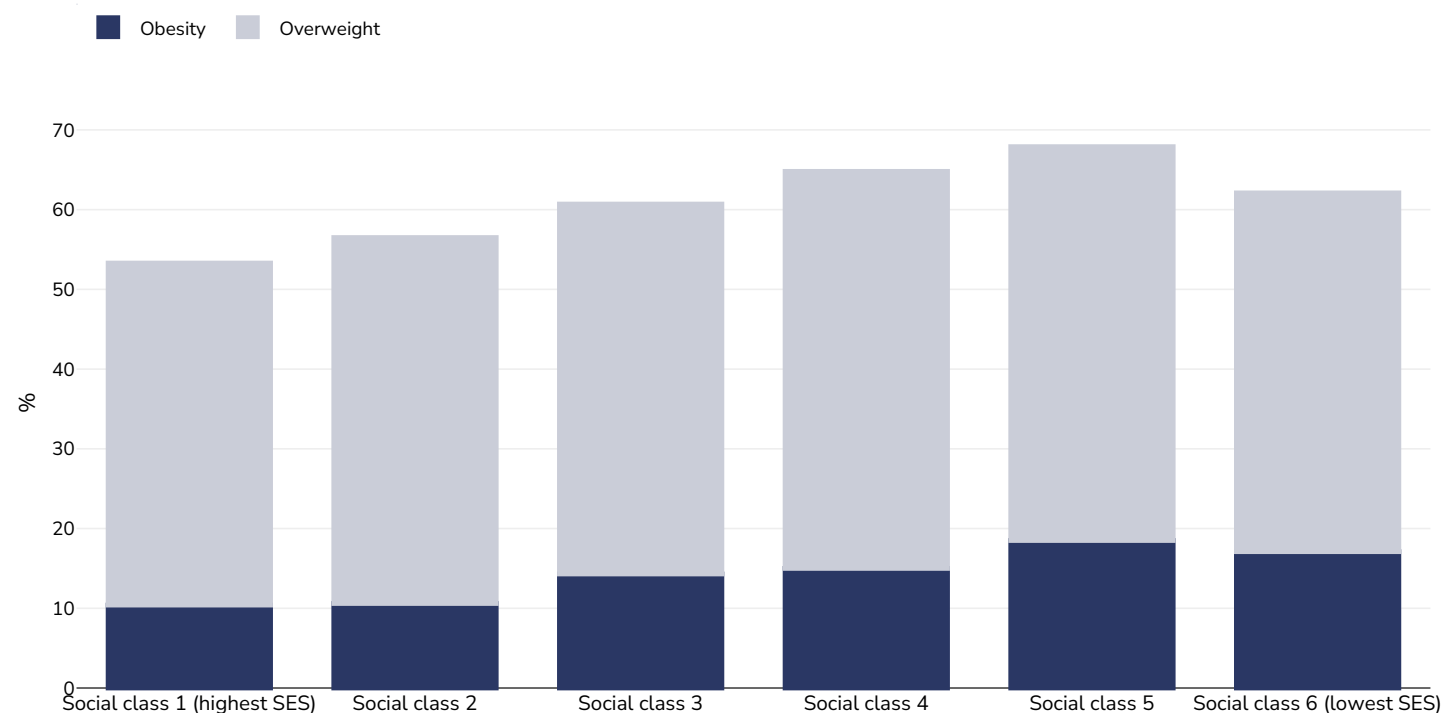
References: Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: <https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm> [Accessed 10.07.25]

Notes: Sample size listed includes all aged 15+, but this data only includes those aged 18+

Definitions: Social class based on the occupation of the reference person

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2023-2024



Survey type: Self-reported

Age: 18+

Sample size: 21032

Area covered: National

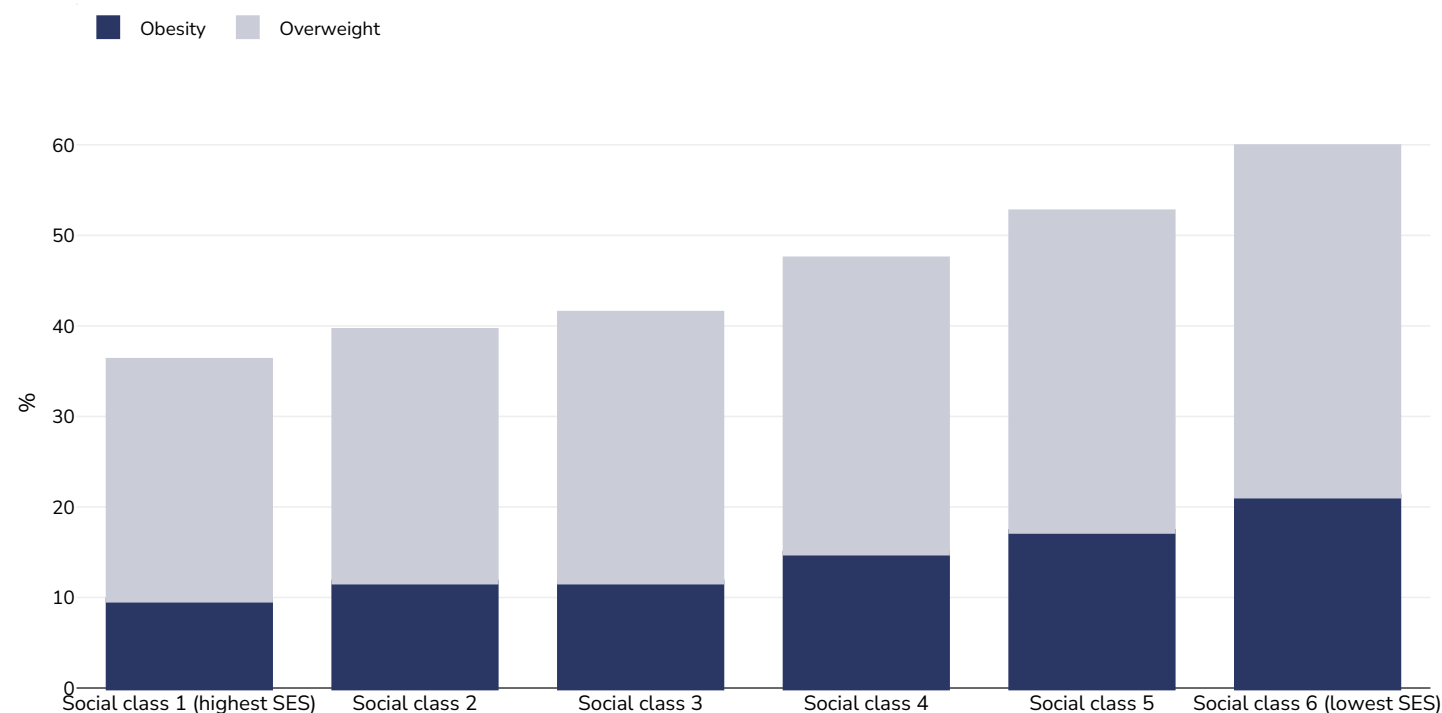
References: Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: <https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm> [Accessed 10.07.25]

Notes: Sample size listed includes all aged 15+, but this data only includes those aged 18+

Definitions: Social class based on the occupation of the reference person

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2023-2024



Survey type: Self-reported

Age: 18+

Sample size: 21032

Area covered: National

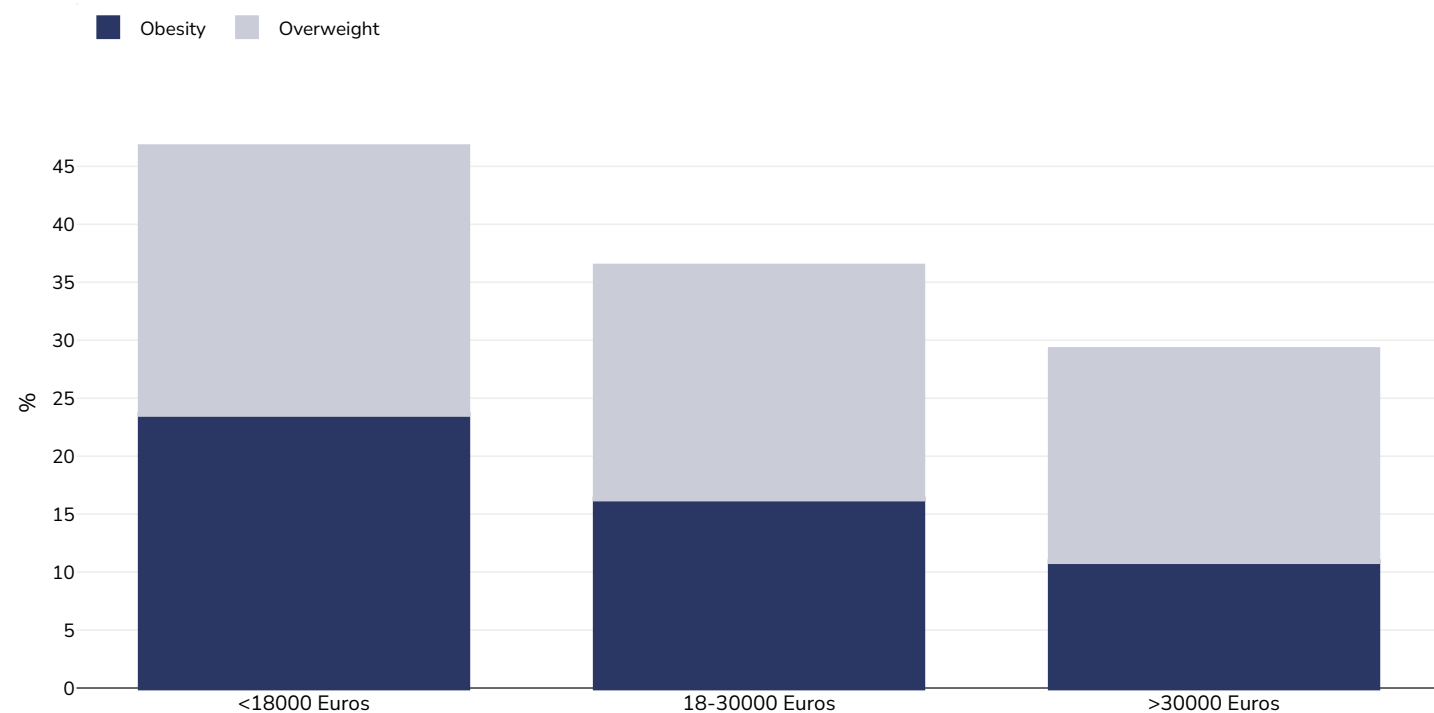
References: Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: <https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm> [Accessed 10.07.25]

Notes: Sample size listed includes all aged 15+, but this data only includes those aged 18+

Definitions: Social class based on the occupation of the reference person

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2023-2024

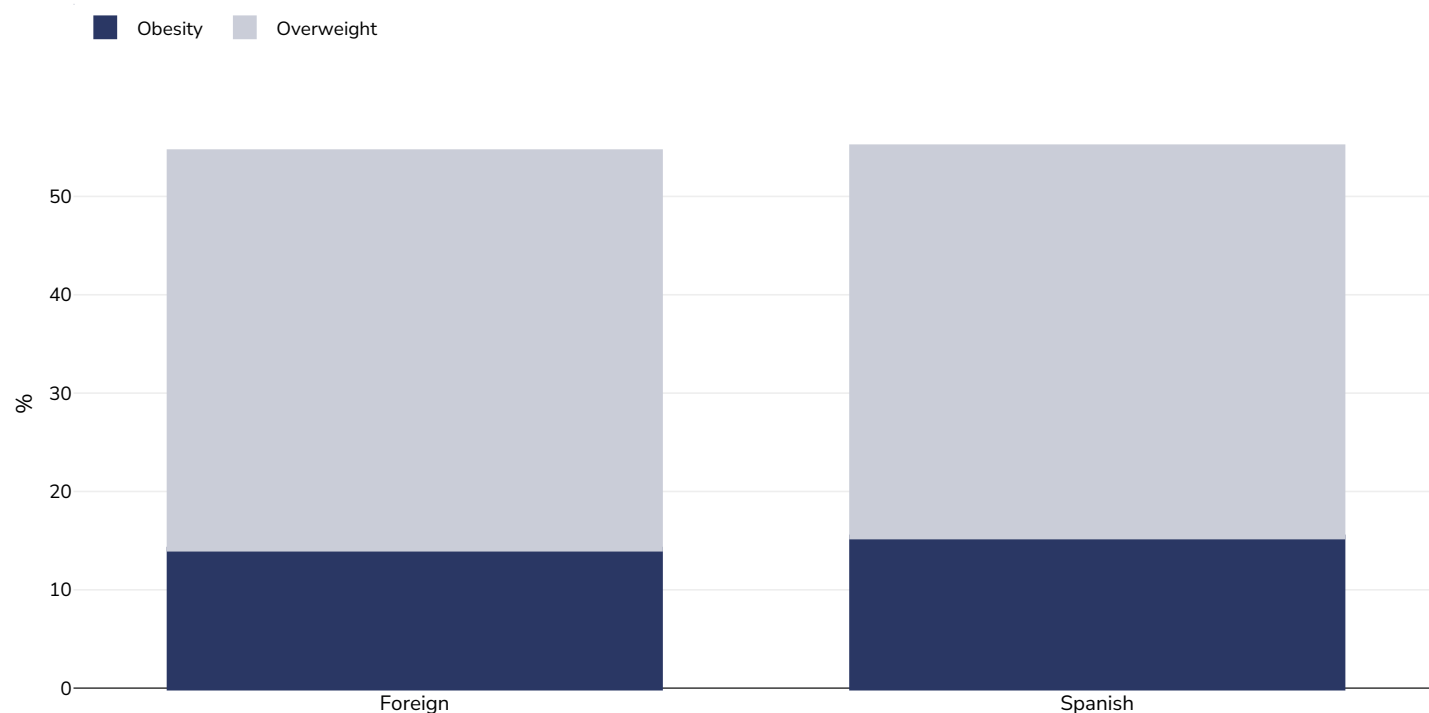


Survey type:	Measured
Age:	6-9
Sample size:	12678
Area covered:	National
References:	Estudio ALADINO 2023: Estudio sobre Alimentación, Actividad Física, Desarrollo Infantil y Obesidad en España 2023. Agencia Española de Seguridad Alimentaria y Nutrición. Ministerio de Derechos Sociales, Consumo y Agenda 2030. Madrid, 2024
Notes:	The study is part of the Childhood Obesity Surveillance Initiative (COSI)
Cutoffs:	WHO

Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Adults, 2023-2024



Survey type: Self-reported

Age: 18+

Sample size: 21,032

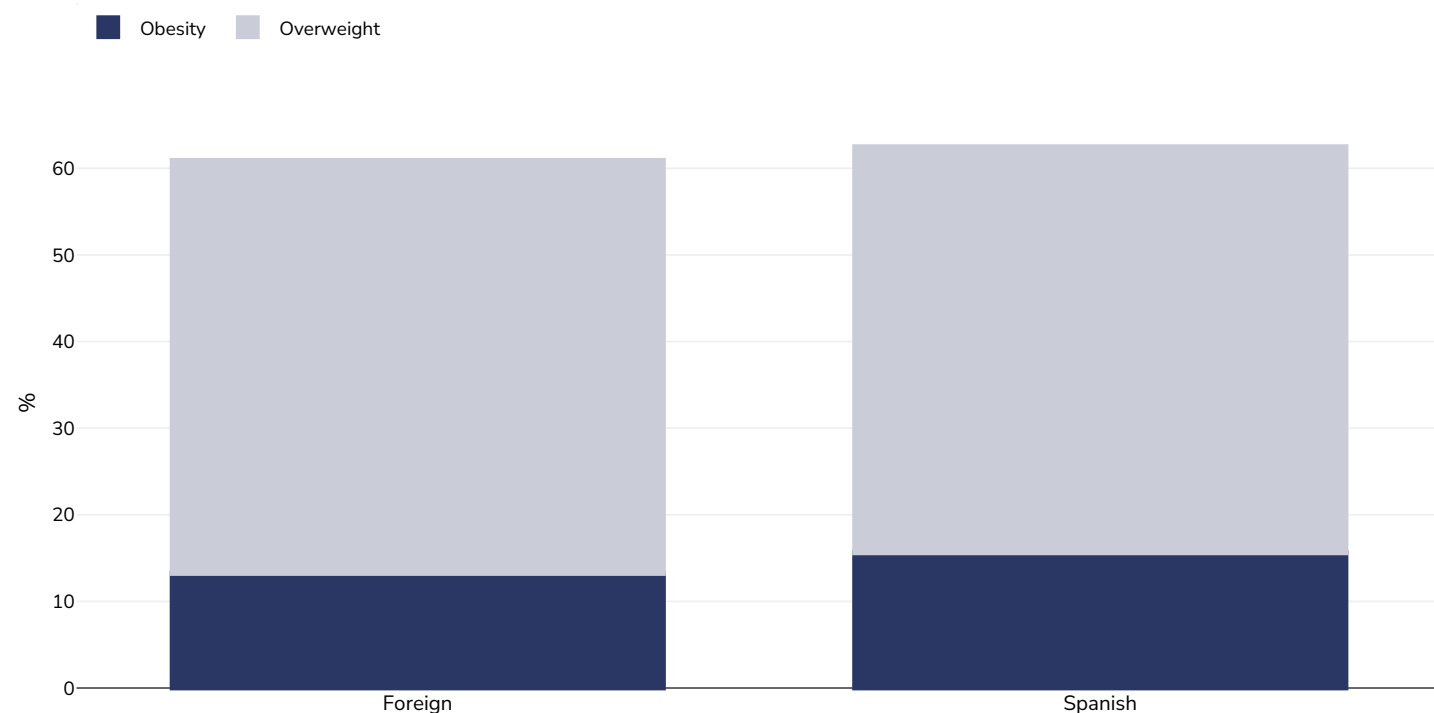
Area covered: National

References: Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: <https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm> [Accessed 10.07.25]

Notes: Sample size listed includes all aged 15+, but this data only includes those aged 18+

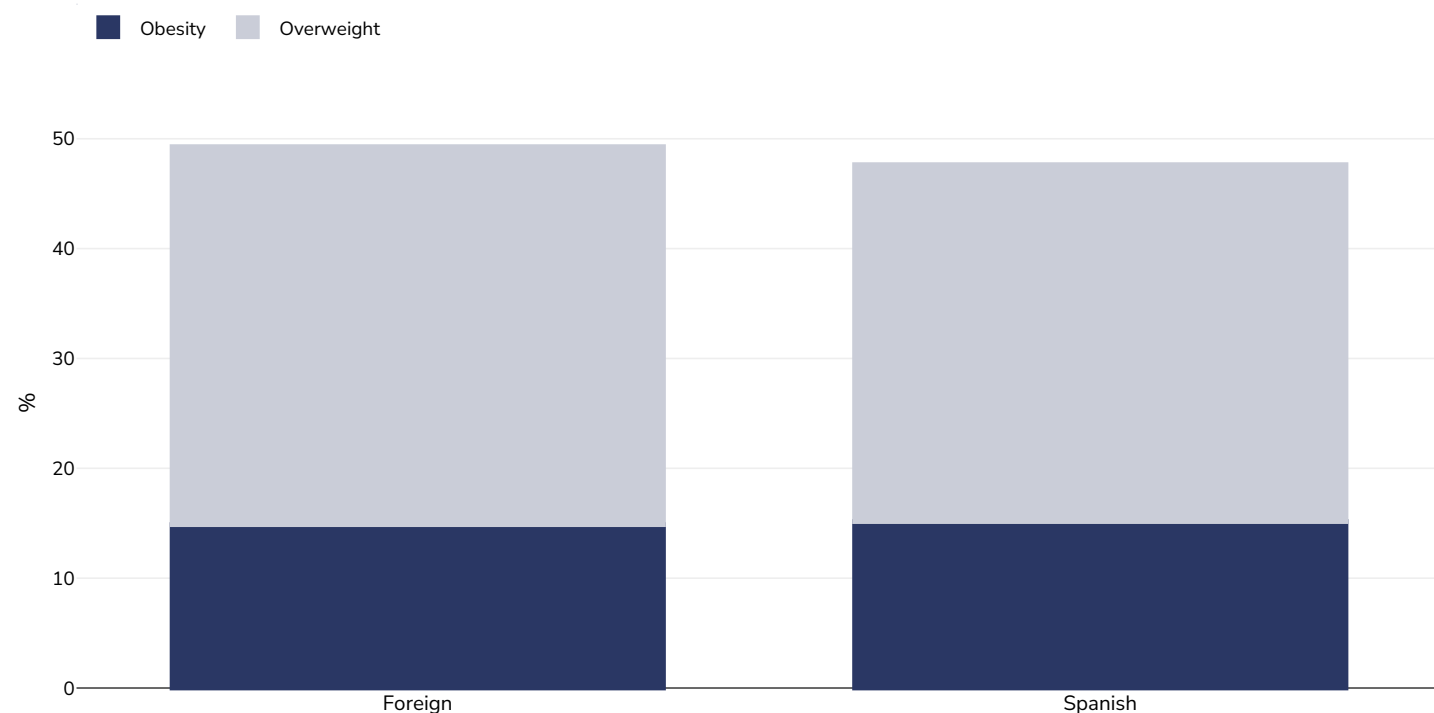
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2023-2024



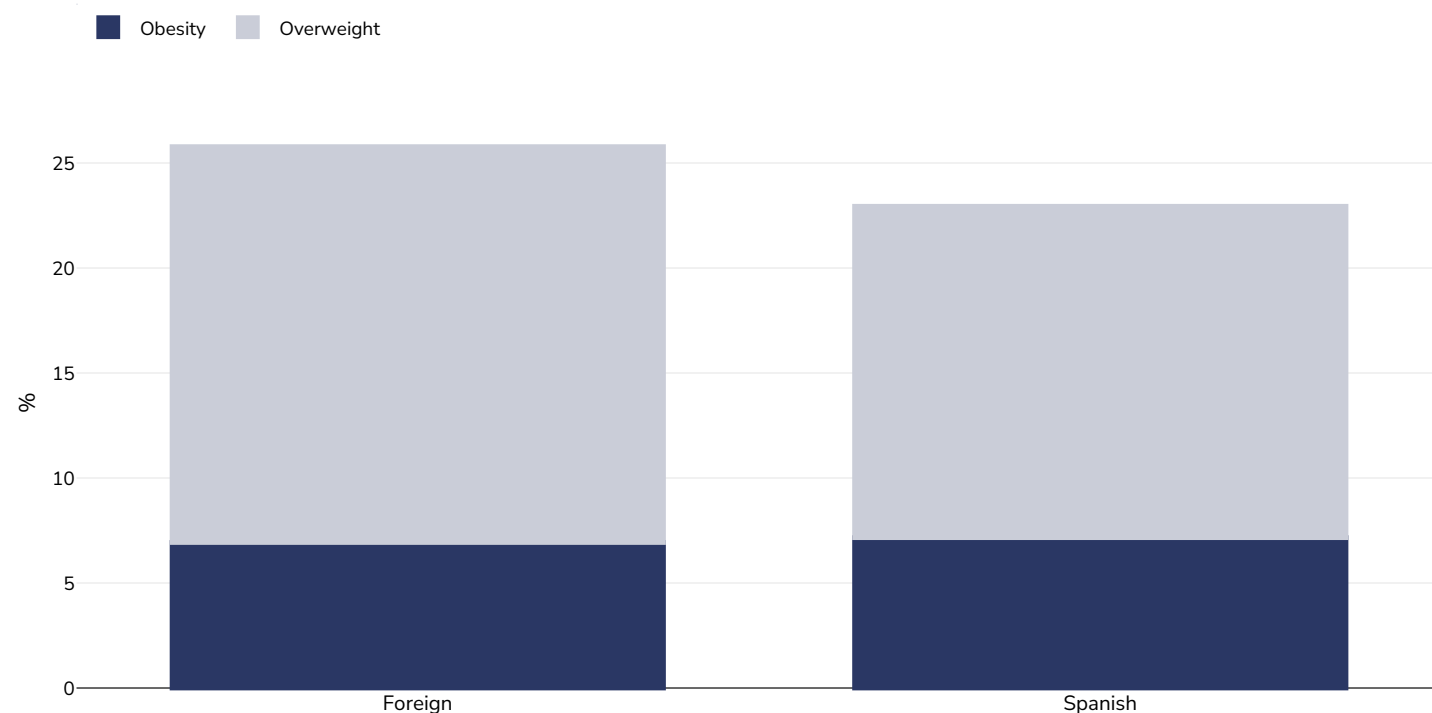
Survey type:	Self-reported
Age:	18+
Sample size:	21,032
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
Notes:	Sample size listed includes all aged 15+, but this data only includes those aged 18+ <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².</i>

Women, 2023-2024



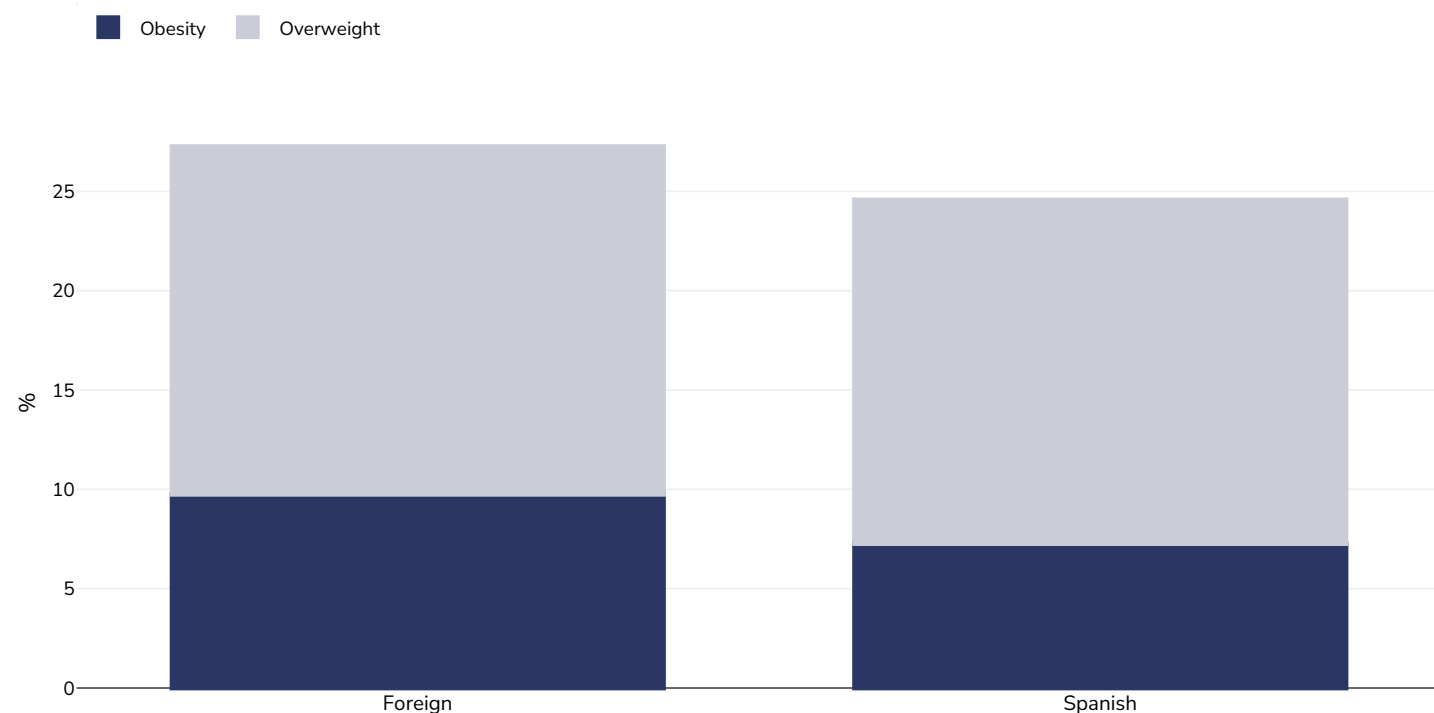
Survey type:	Self-reported
Age:	18+
Sample size:	21,032
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
Notes:	Sample size listed includes all aged 15+, but this data only includes those aged 18+ Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .

Children, 2023-2024



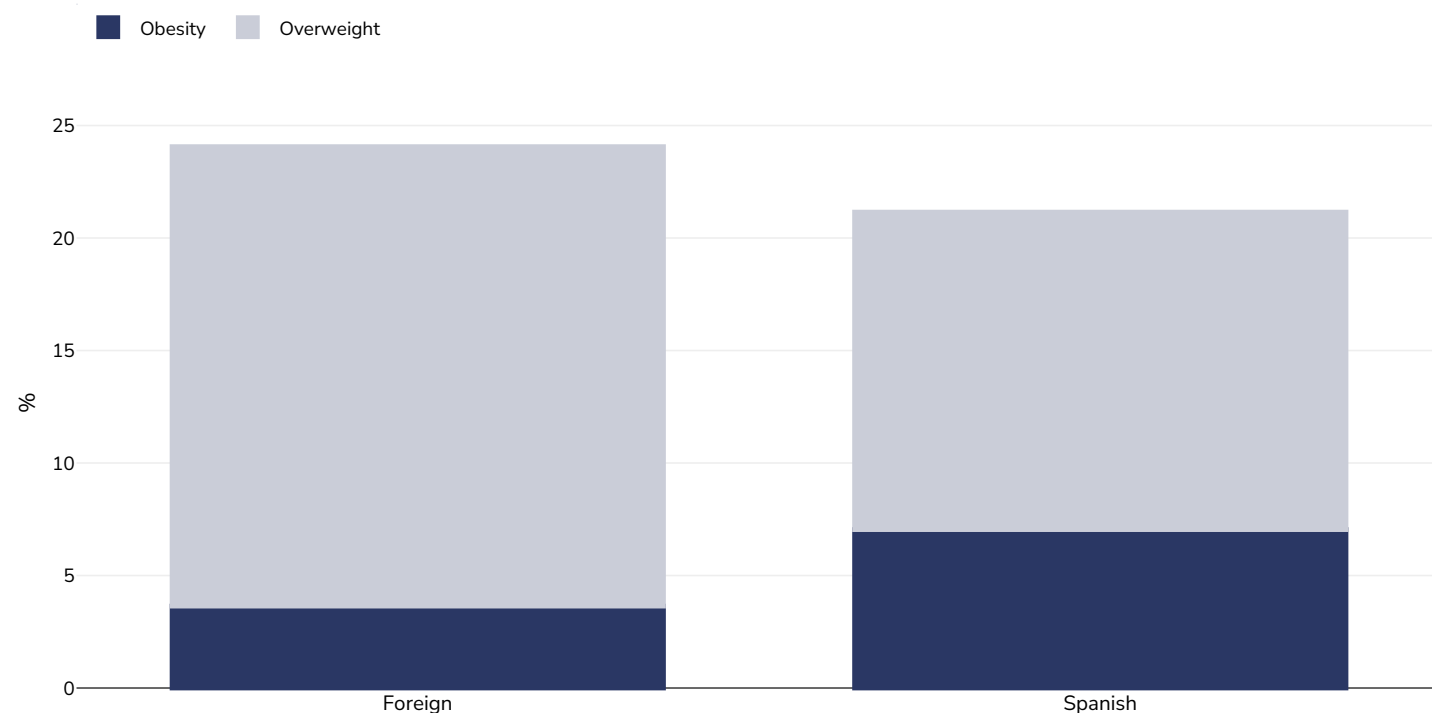
Survey type:	Self-reported
Age:	2-17
Sample size:	3,641
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
Notes:	Sample size unavailable for ages 2-17, sample size given is for ages 0-14
Cutoffs:	IOTF

Boys, 2023-2024



Survey type:	Self-reported
Age:	2-17
Sample size:	3,641
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
Notes:	Sample size unavailable for ages 2-17, sample size given is for ages 0-14
Cutoffs:	IOTF

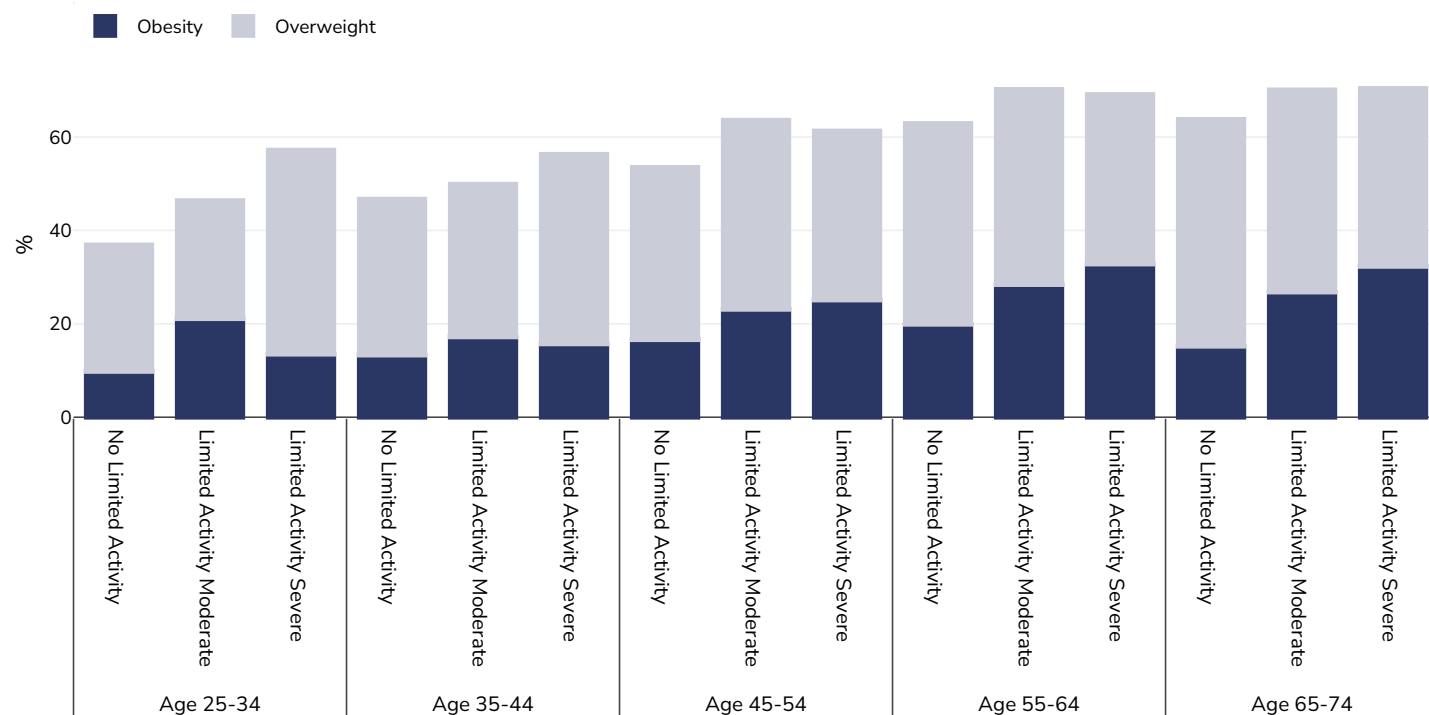
Girls, 2023-2024



Survey type:	Self-reported
Age:	2-17
Sample size:	3,641
Area covered:	National
References:	Encuesta de Salud de España – ESdE 2023 (ESdE2023). Available at: https://vsf-iwsold-pro-01.mscbs.gob.es/estadEstudios/estadisticas/encuestaSaludEspana/home.htm [Accessed 10.07.25]
Notes:	Sample size unavailable for ages 2-17, sample size given is for ages 0-14
Cutoffs:	IOTF

Overweight/obesity by age and limited activity

Adults, 2014



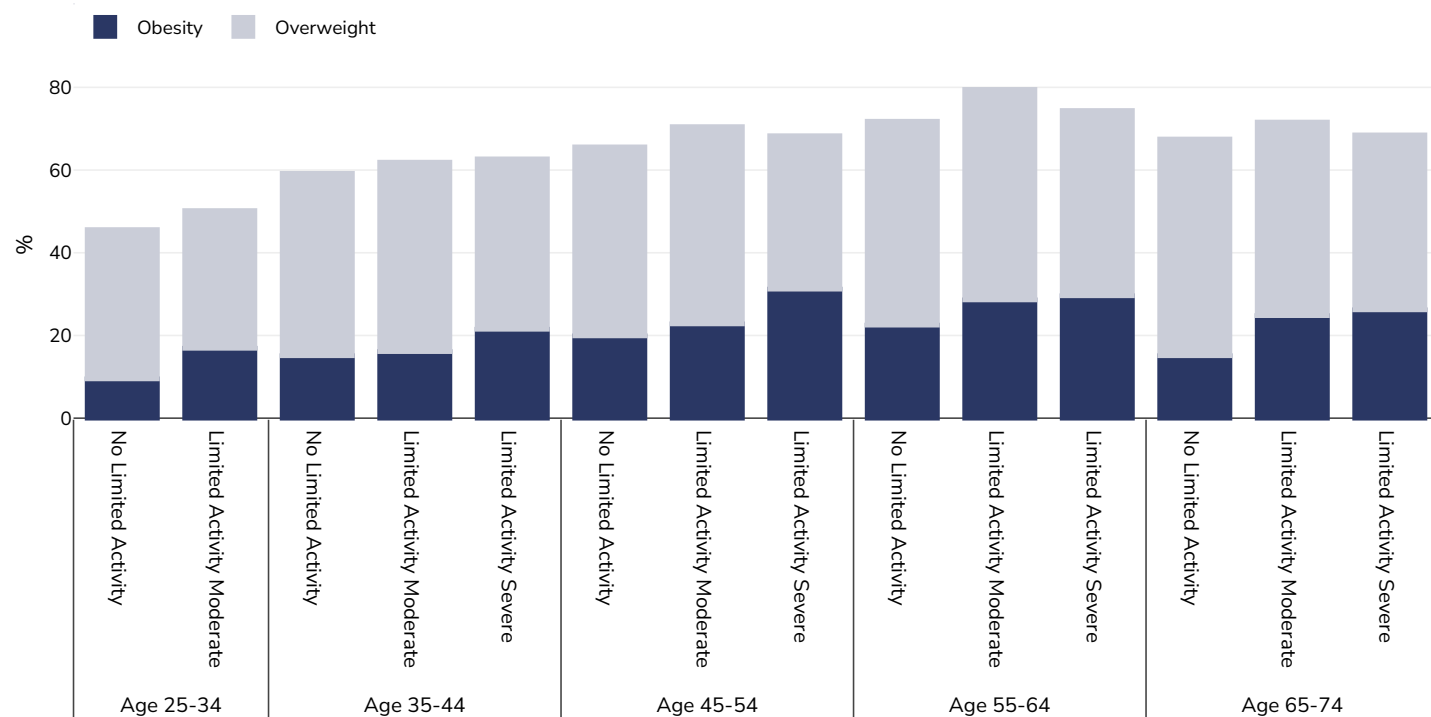
Survey type: Self-reported

Area covered: National

References: Eurostat 2014 available at <https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do> (last accessed 06.10.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2014



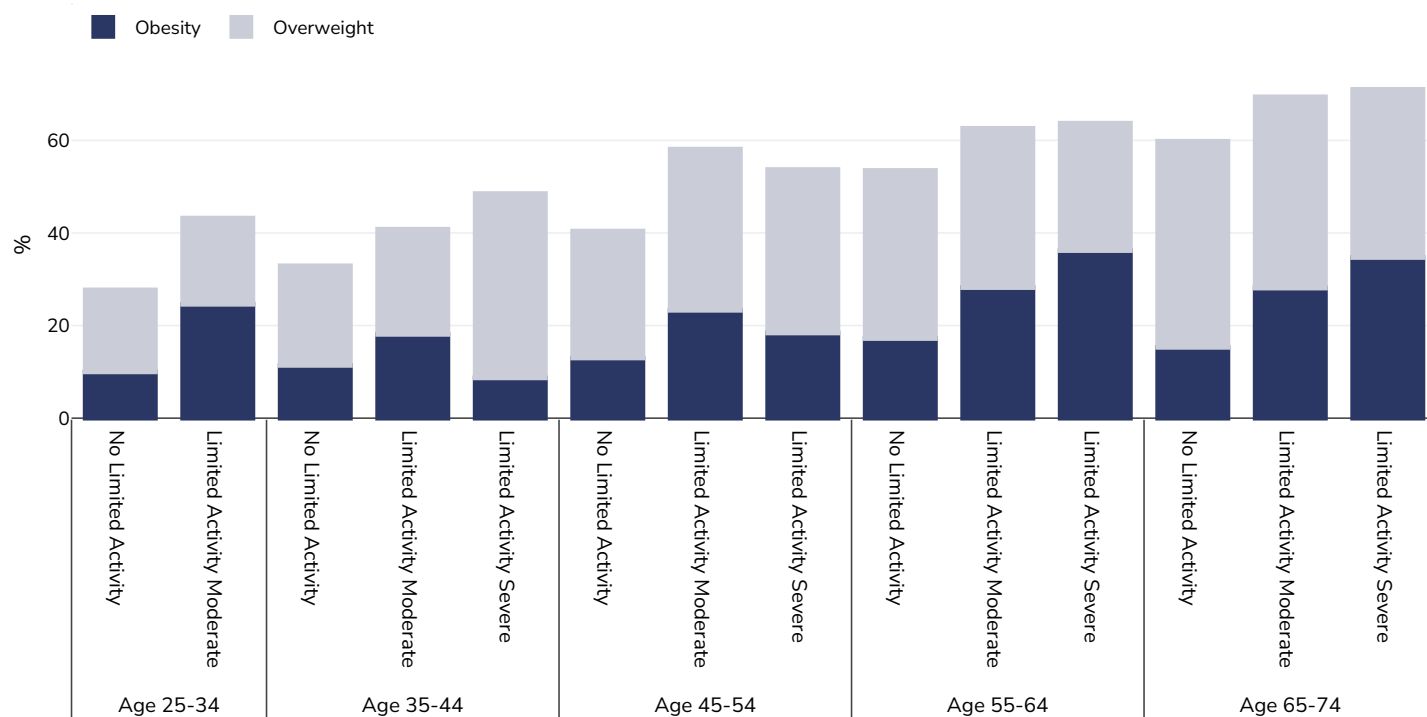
Survey type: Self-reported

Area covered: National

References: Eurostat 2014 available at <https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do> (last accessed 06.10.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2014



Survey type: Self-reported

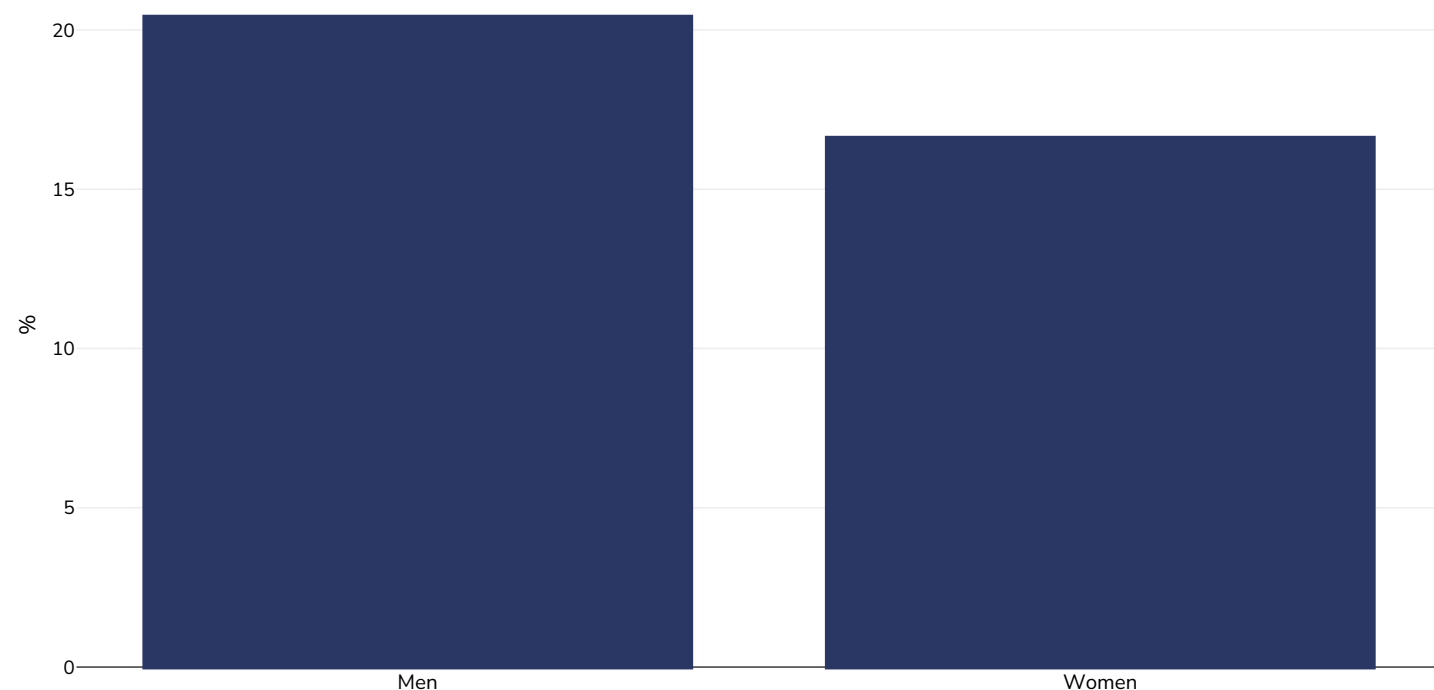
Area covered: National

References: Eurostat 2014 available at <https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do> (last accessed 06.10.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

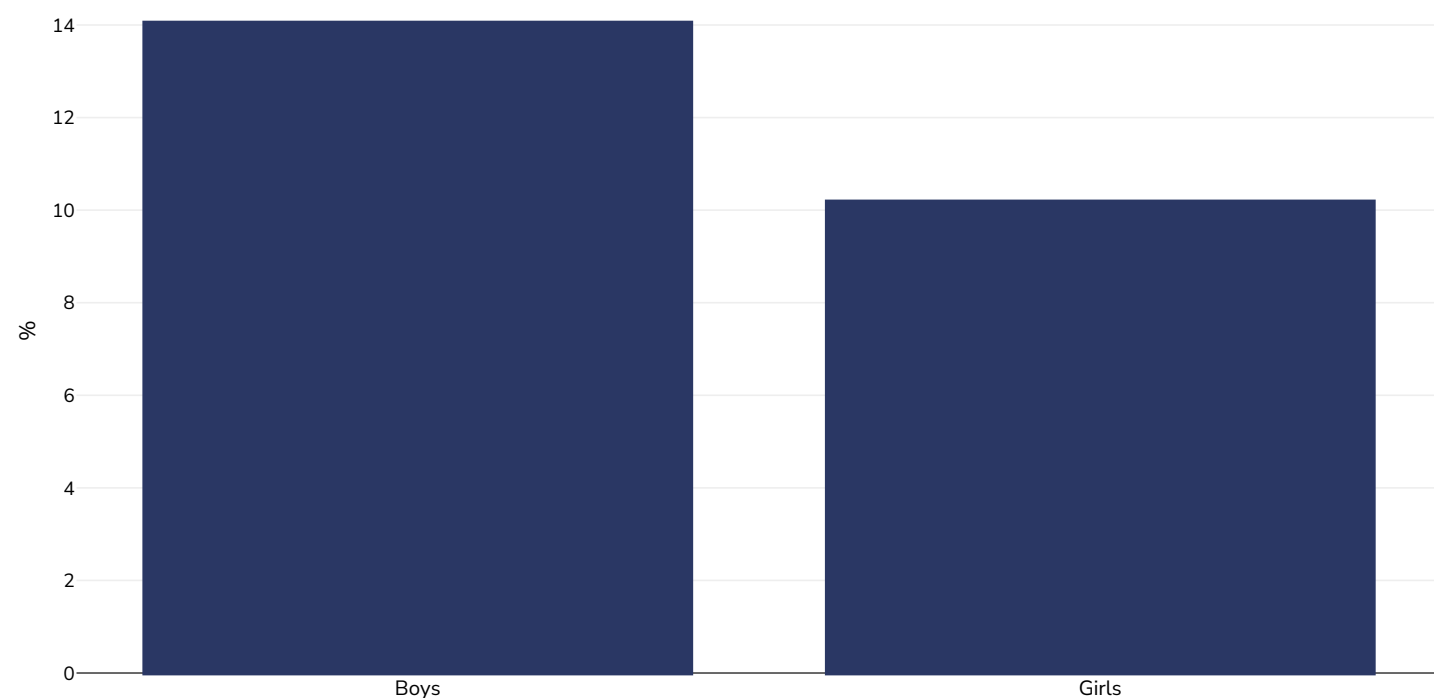
Double burden of underweight & overweight

Adults, 2022



Survey type:	Measured
Age:	20+
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2 .
Notes:	Age Standardised estimates
Definitions:	Combined prevalence of BMI<18.5 kg/m ² and BMI≥30 kg/m ² (double burden of underweight and obesity)

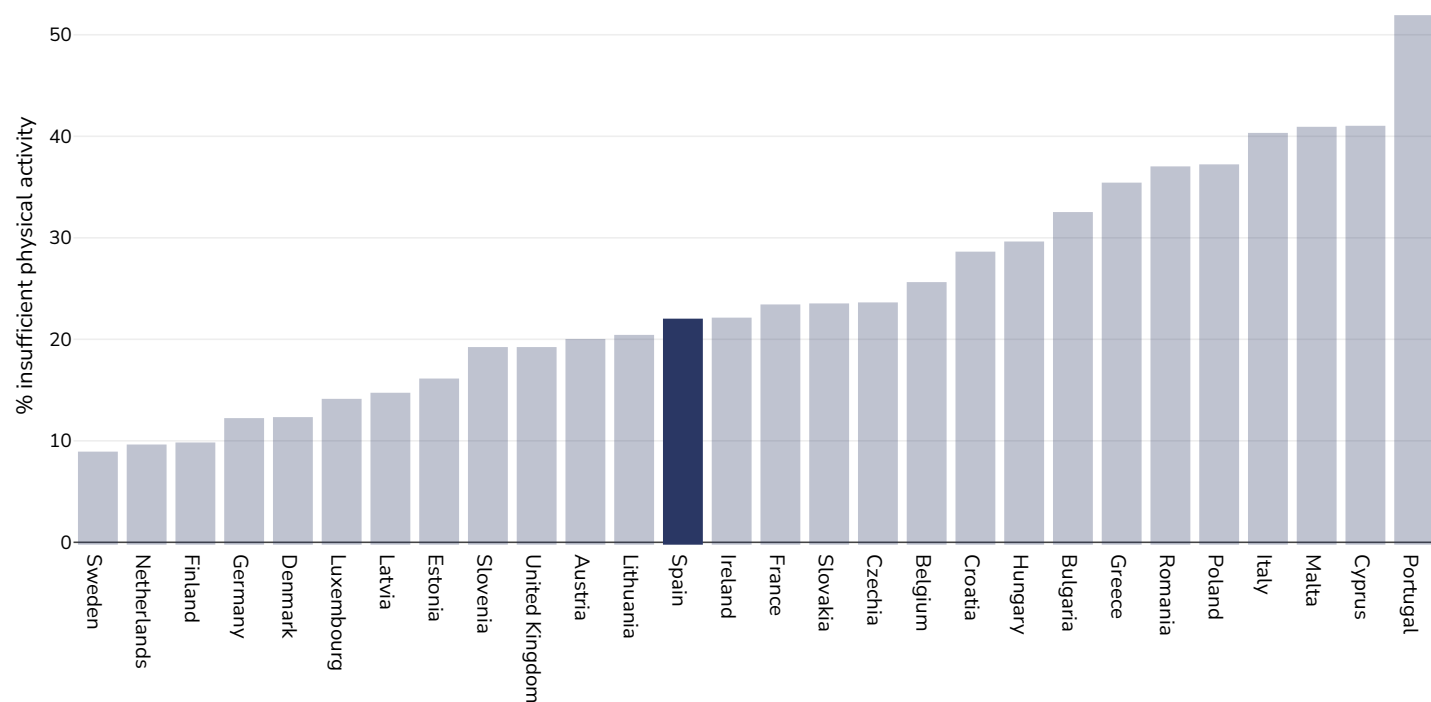
Children, 2022



Survey type:	Measured
Age:	5-19
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2 .
Notes:	Age standardised estimates
Definitions:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Insufficient physical activity

Adults, 2022



Survey type: Self-reported

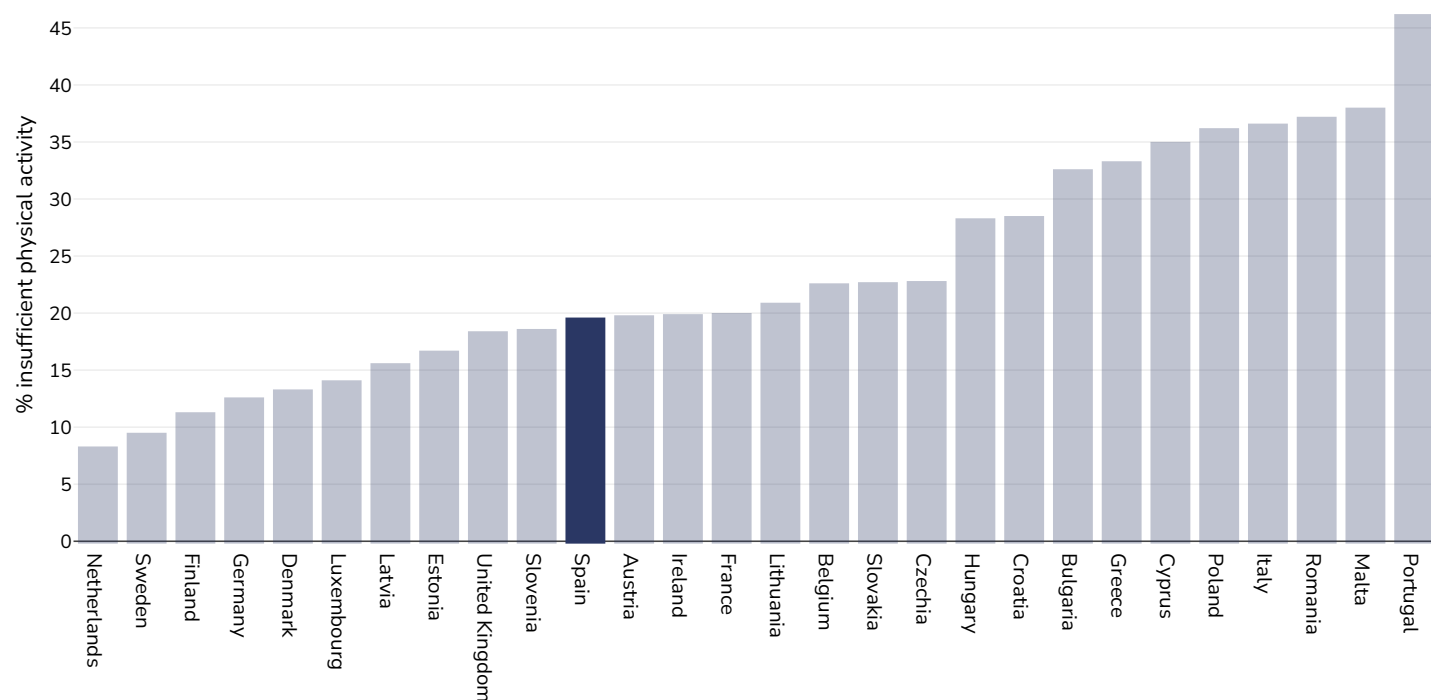
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Men, 2022



Survey type: Self-reported

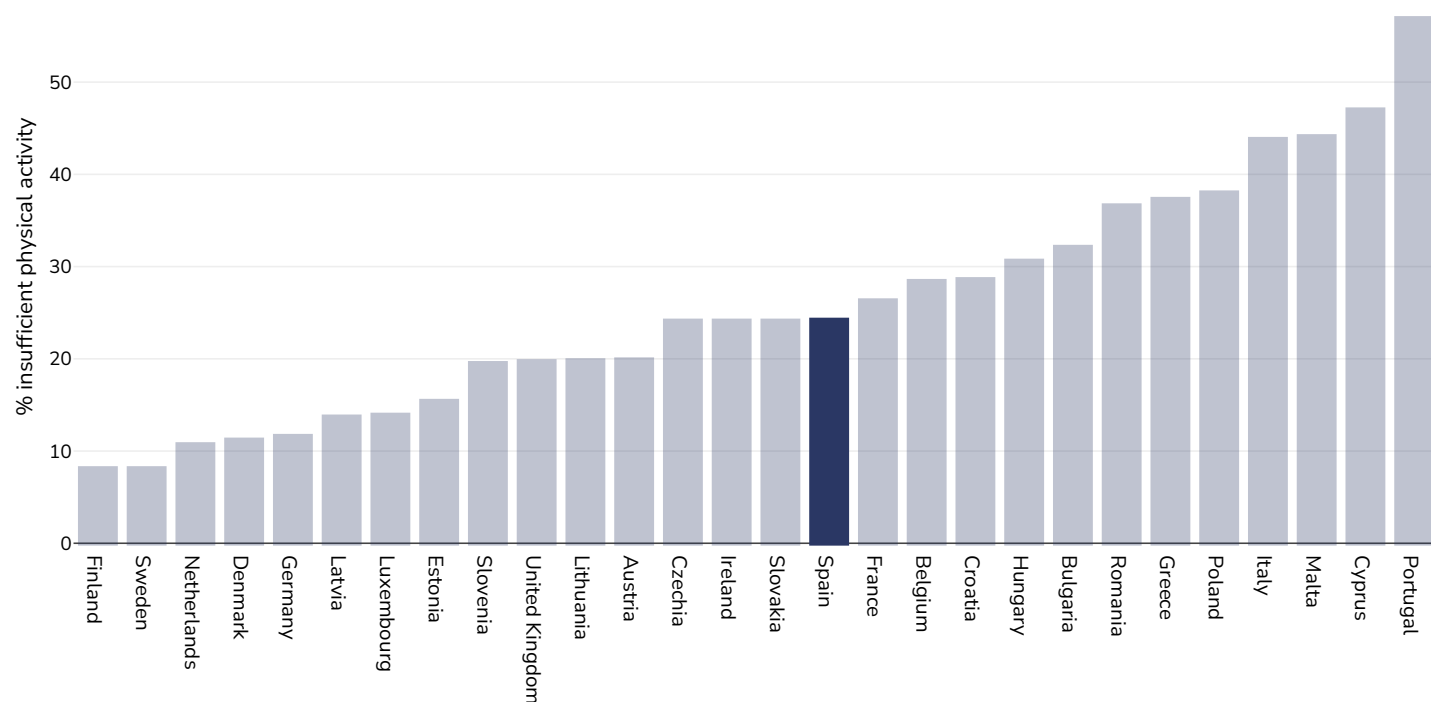
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Women, 2022



Survey type: Self-reported

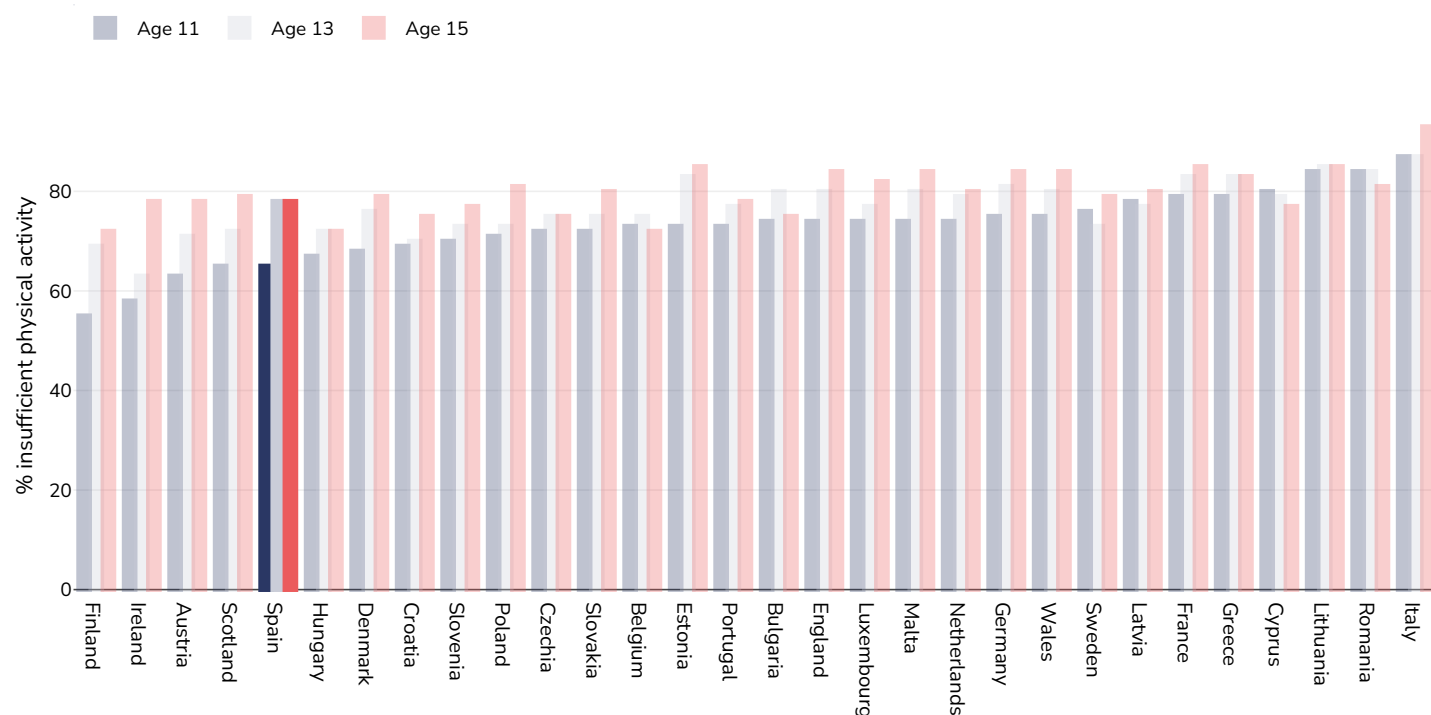
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Boys, 2022



Survey type: Self-reported

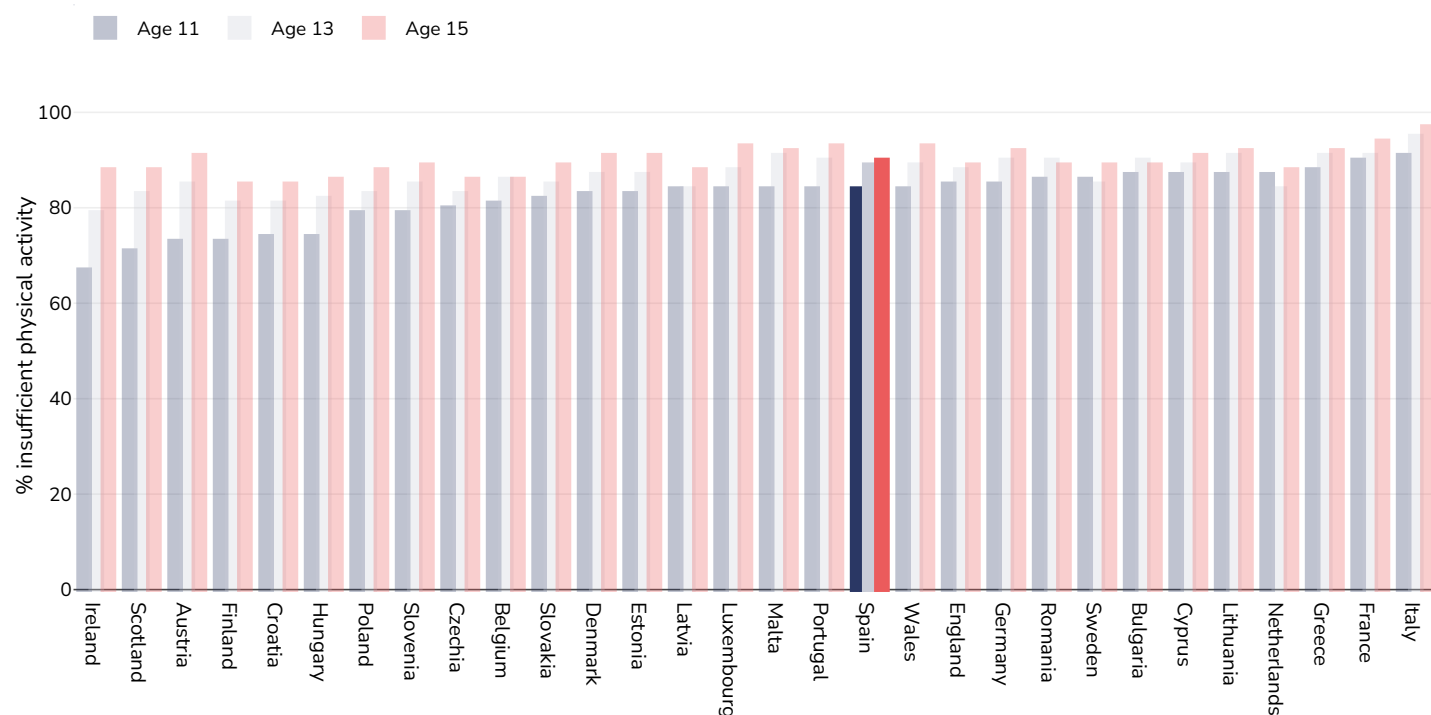
Area covered: National

References: Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

Notes: Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily. NB. National except Belgium (Flemish speaking region only)

Definitions: % reporting less than 60 minutes of MVPA daily

Girls, 2022



Survey type: Self-reported

Area covered: National

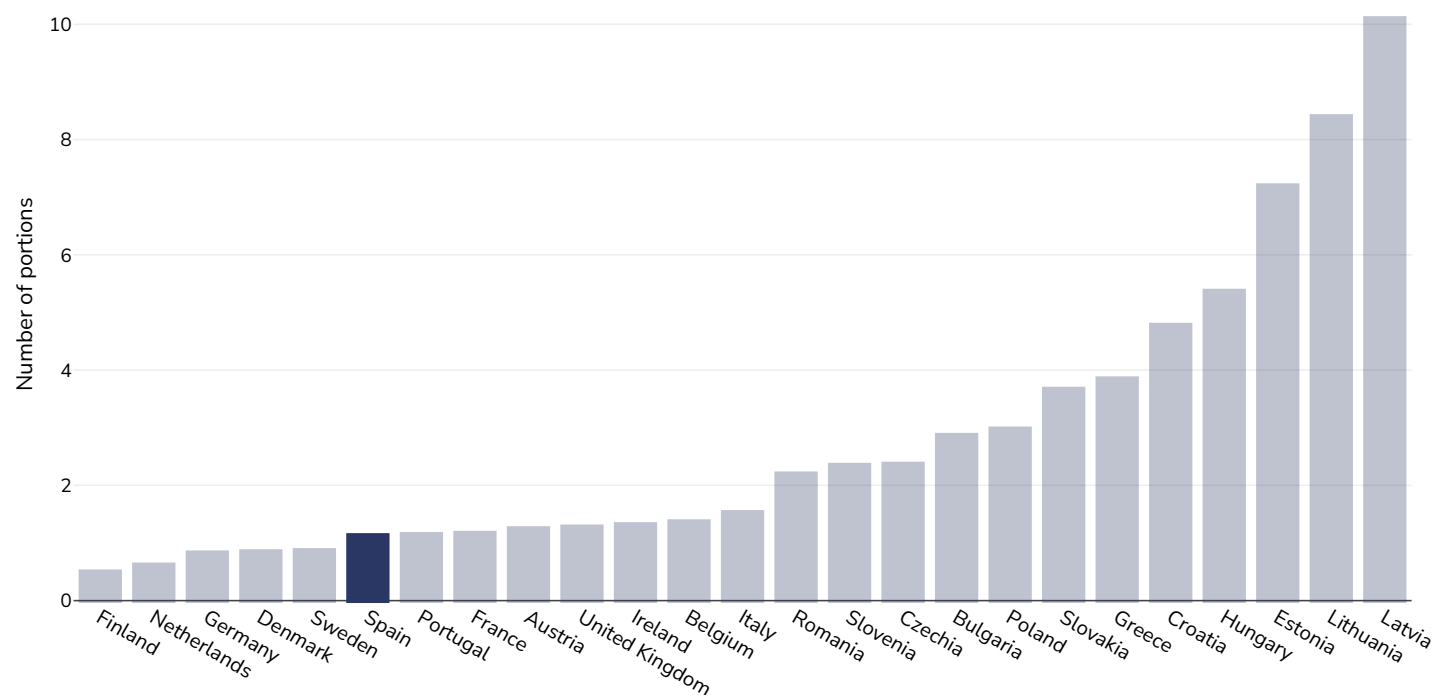
References: Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

Notes: Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily. NB. National except Belgium (Flemish speaking region only)

Definitions: % reporting less than 60 minutes of MVPA daily

Sugar consumption

Adults, 2016



References:

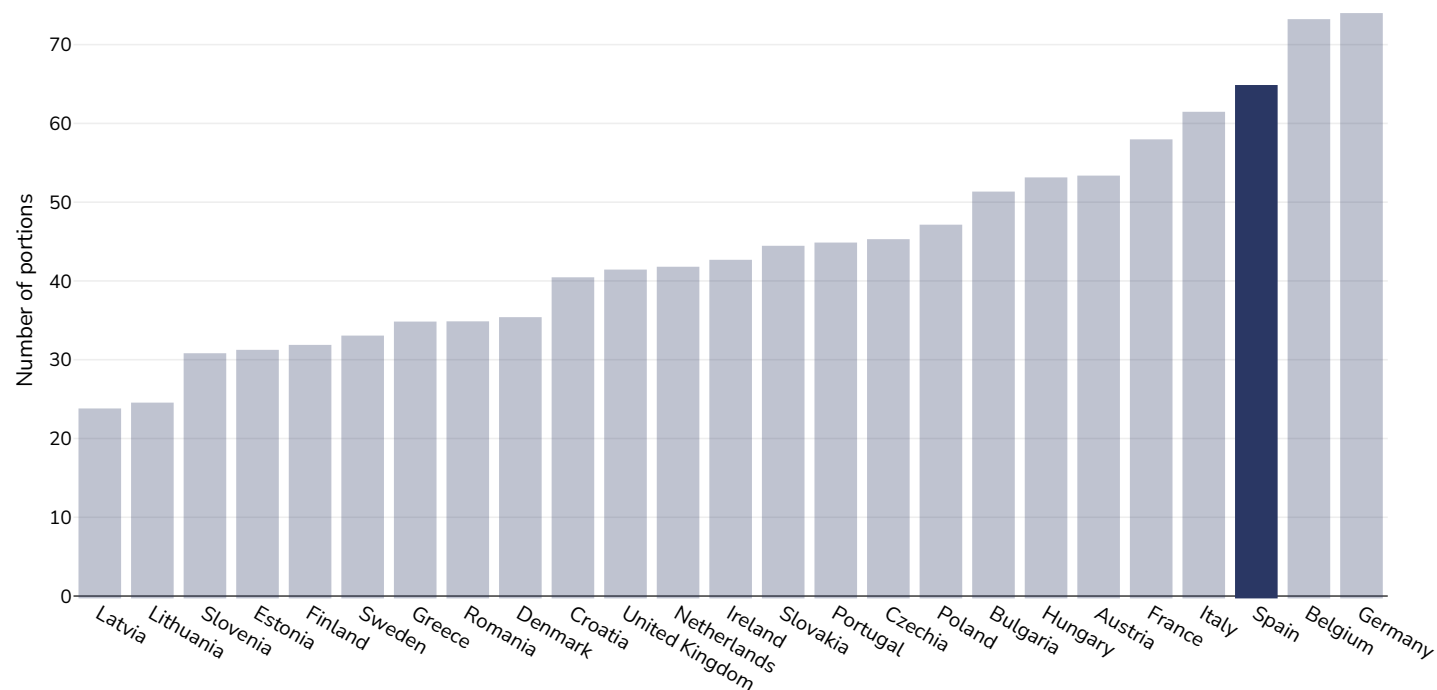
Source: Euromonitor International

Definitions:

Sugar consumption (Number of 500g sugar portions/person/month)

Estimated per capita sugar sweetened beverages intake

Adults, 2016

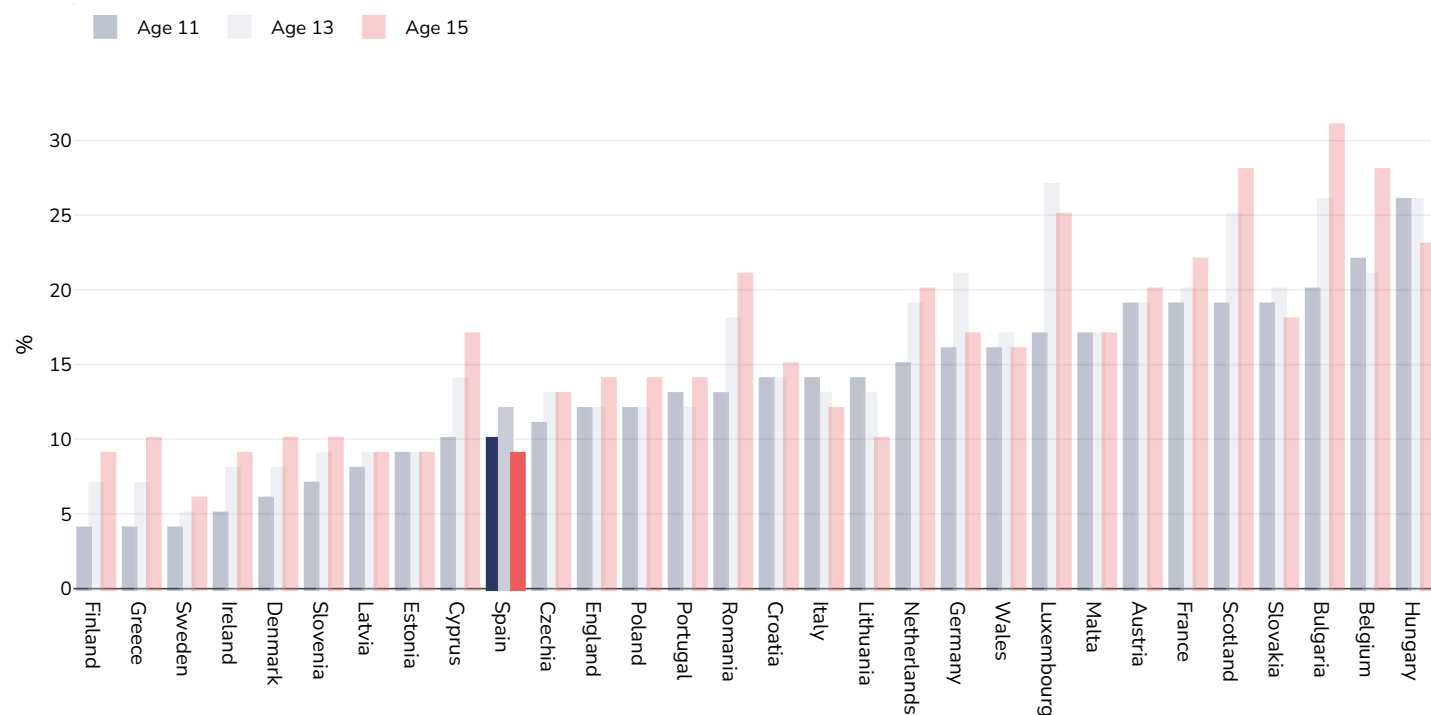


References:

Source: Euromonitor International

Prevalence of at least daily carbonated soft drink consumption

Boys, 2021-2022



Area covered:

National

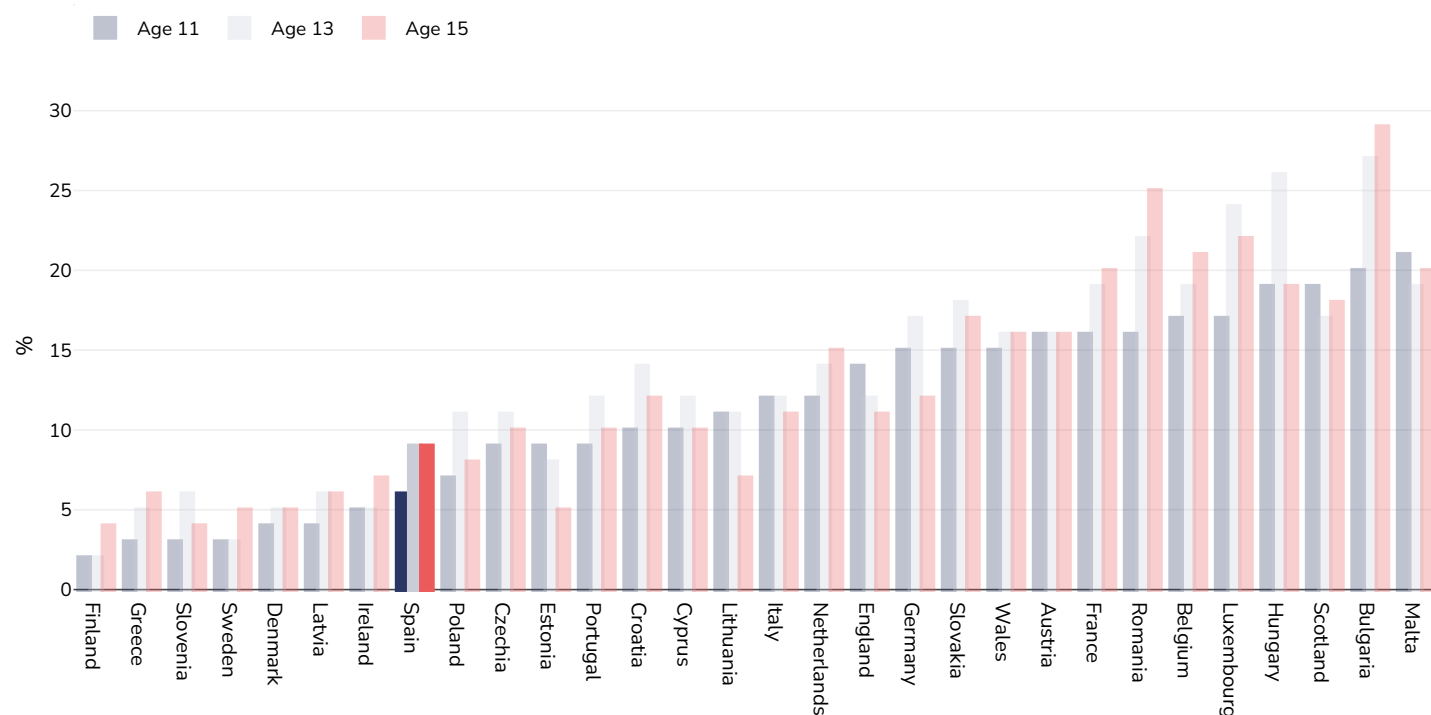
References:

Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey):
<https://data-browser.hbsc.org>

Definitions:

Proportion who reported drinking sugary soft drinks daily (at least once)

Girls, 2021-2022



Area covered:

National

References:

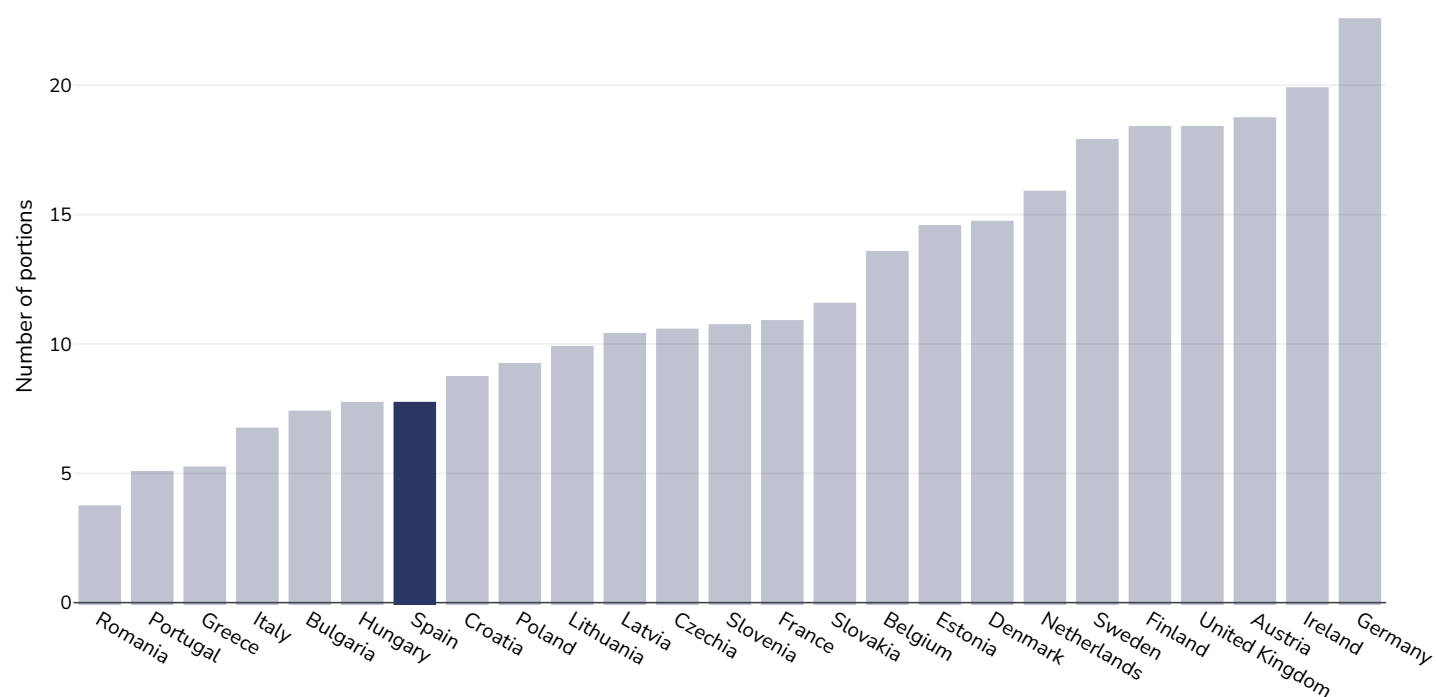
Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey):
<https://data-browser.hbsc.org>

Definitions:

Proportion who reported drinking sugary soft drinks daily (at least once)

Prevalence of confectionery consumption

Adults, 2016



References:

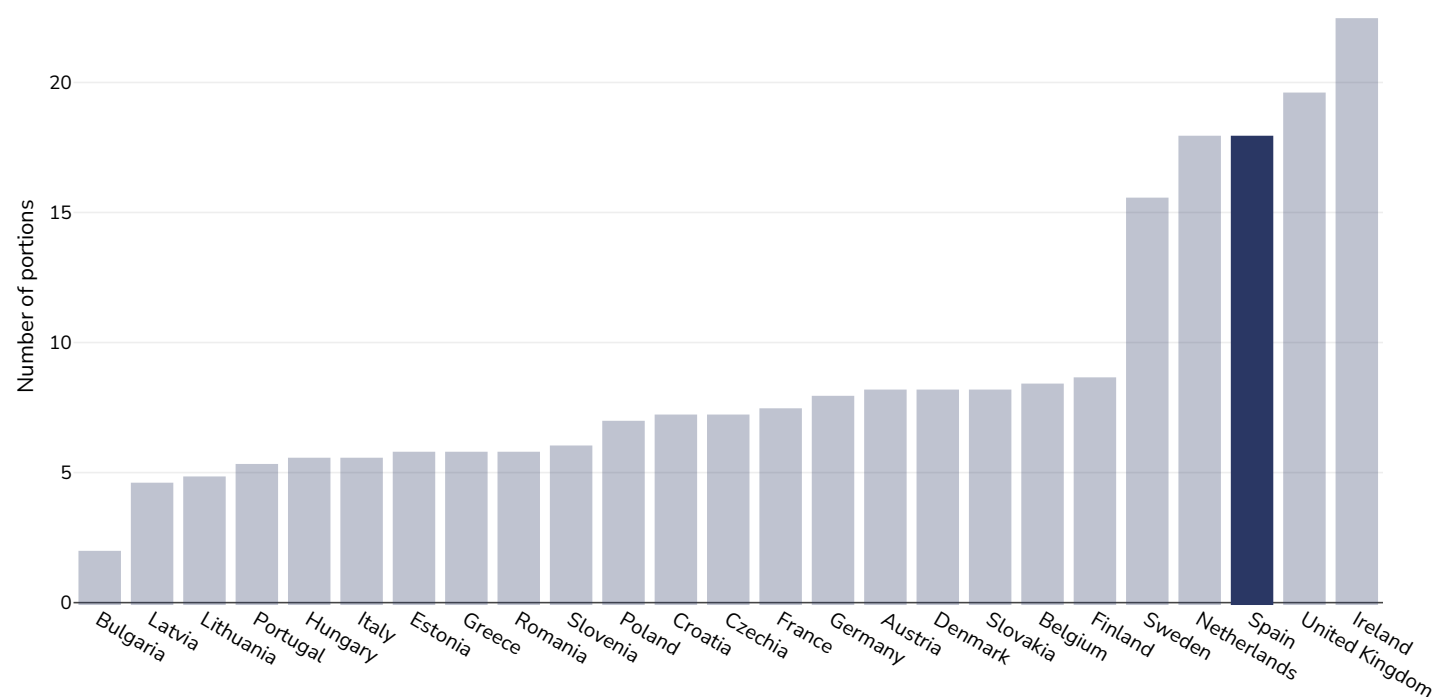
Source: Euromonitor International

Definitions:

Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month)

Prevalence of sweet/savoury snack consumption

Adults, 2016



References:

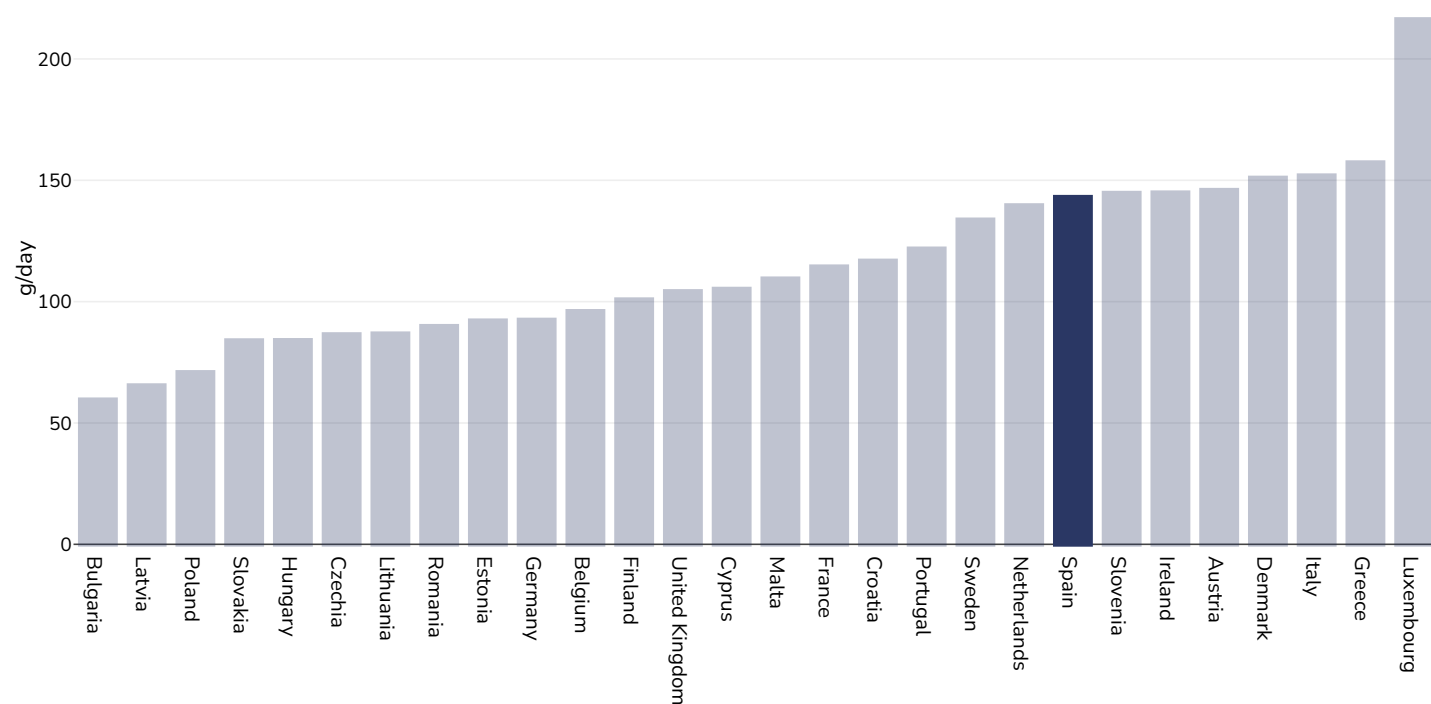
Source: Euromonitor International

Definitions:

Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month)

Estimated per capita fruit intake

Adults, 2017



Survey type: Measured

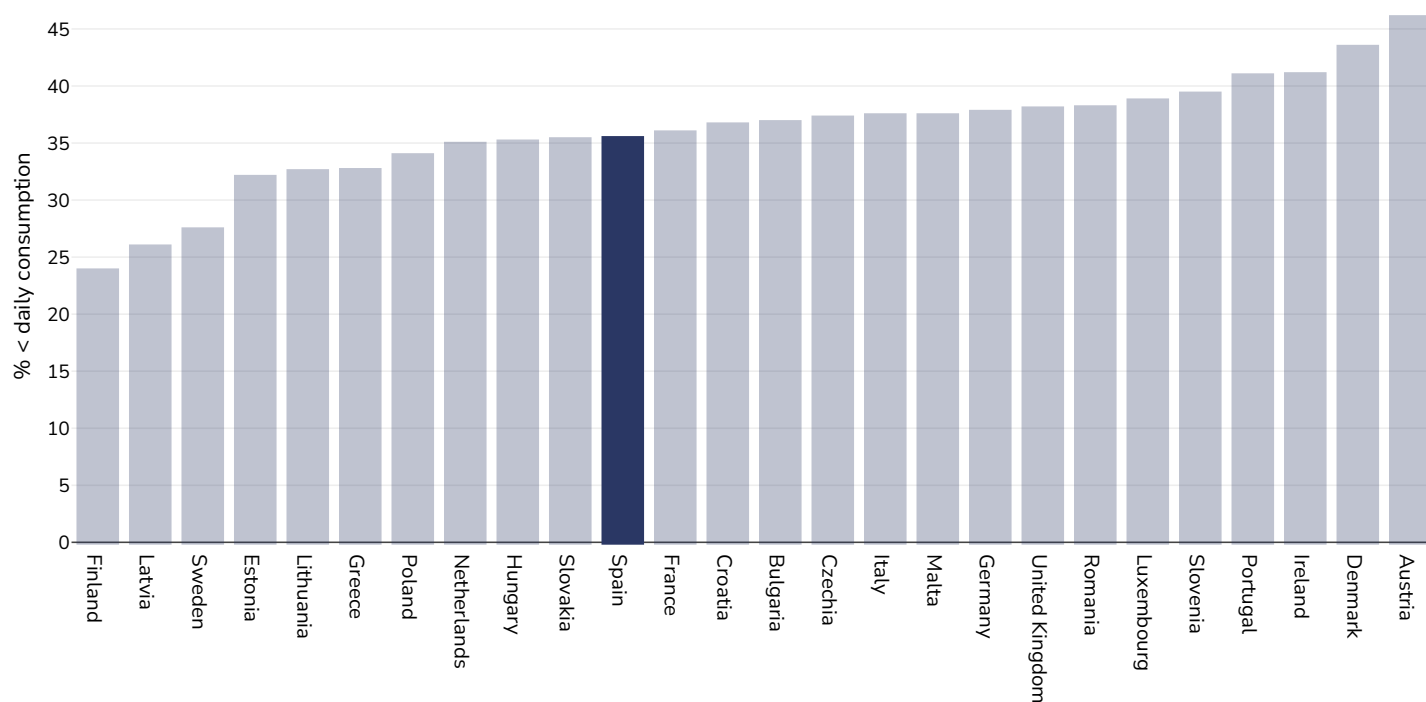
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita fruit intake (g/day)

Prevalence of less than daily fruit consumption

Children, 2014



Survey type: Measured

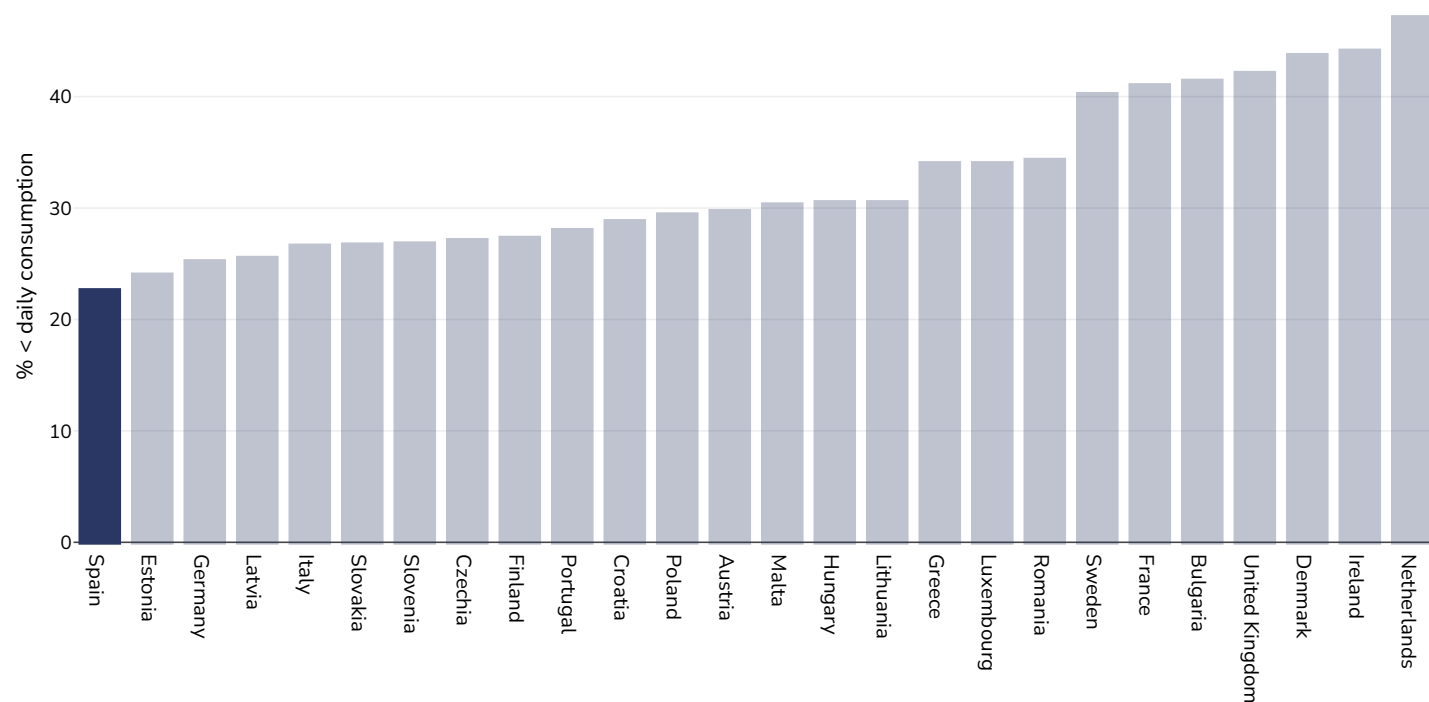
Age: 12-17

References: Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2014



Survey type: Measured

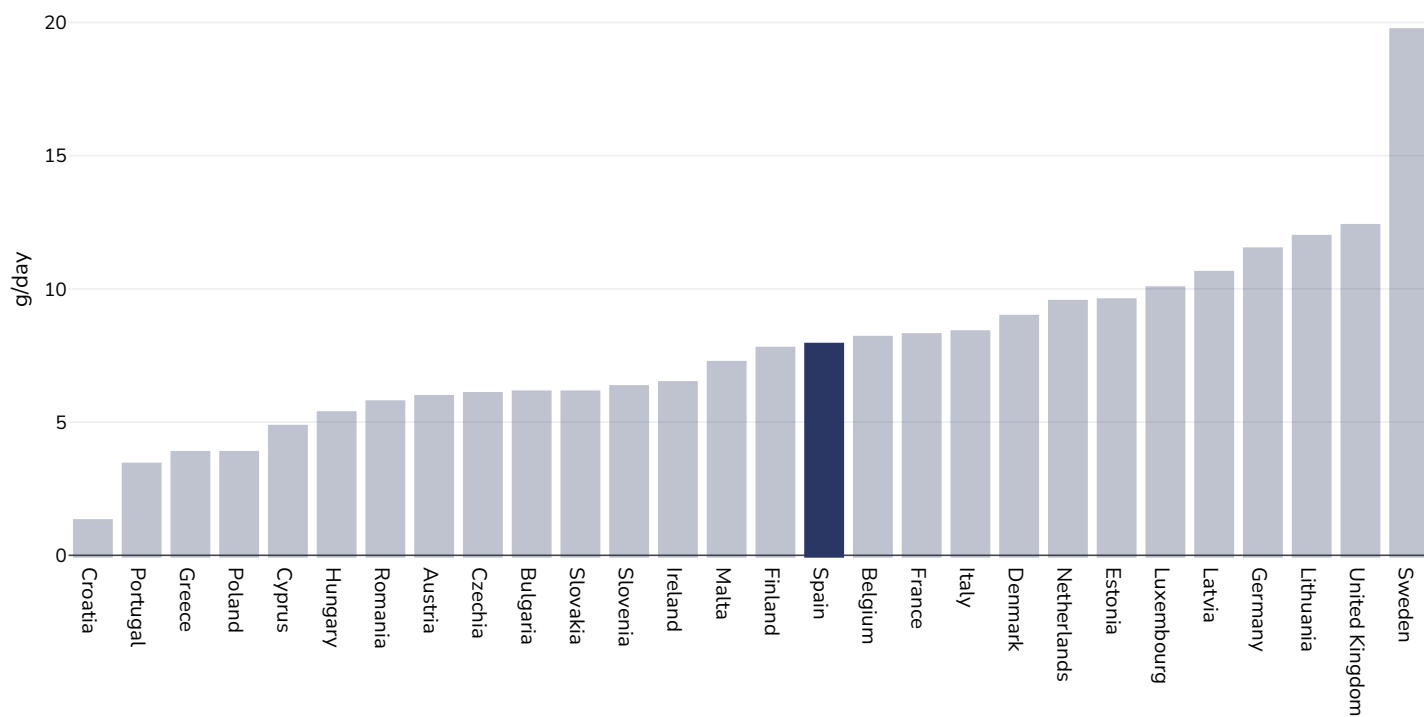
Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Estimated per-capita processed meat intake

Adults, 2017



Survey type: Measured

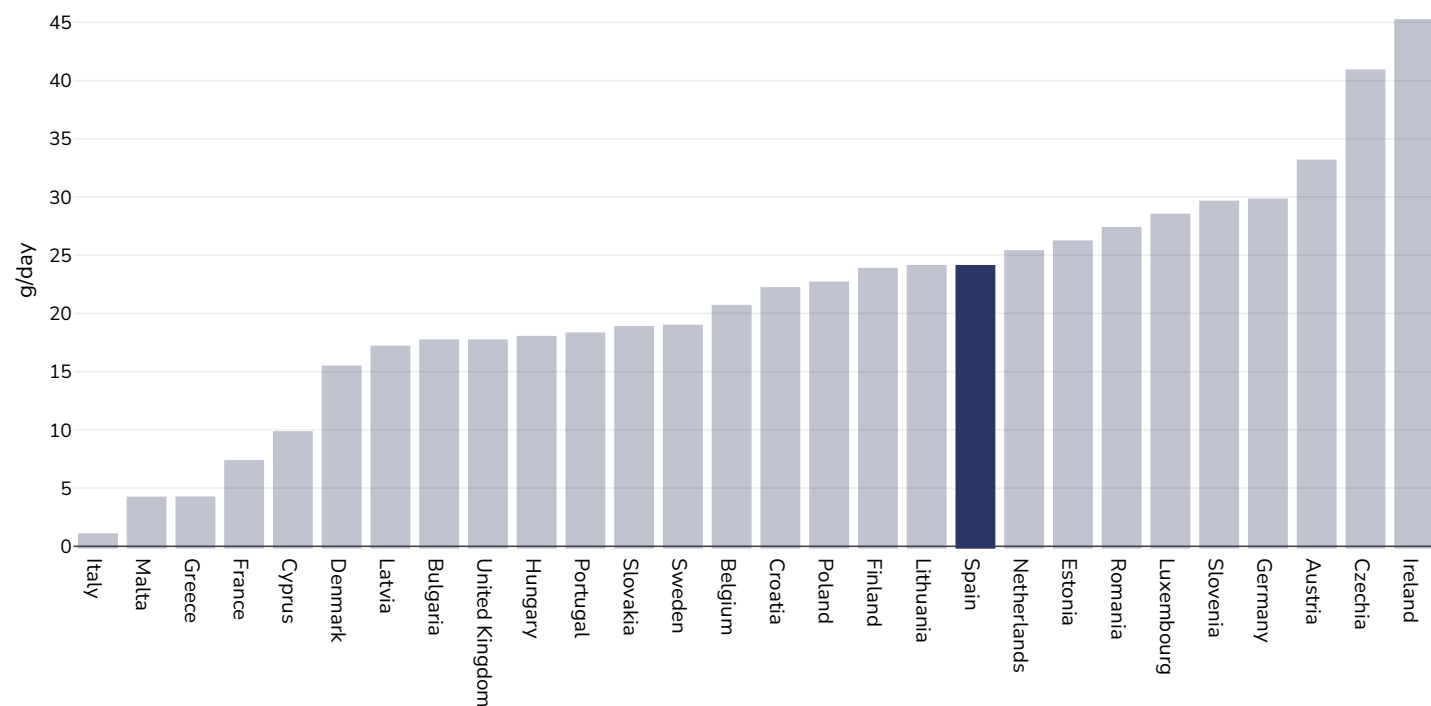
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adults, 2017



Survey type: Measured

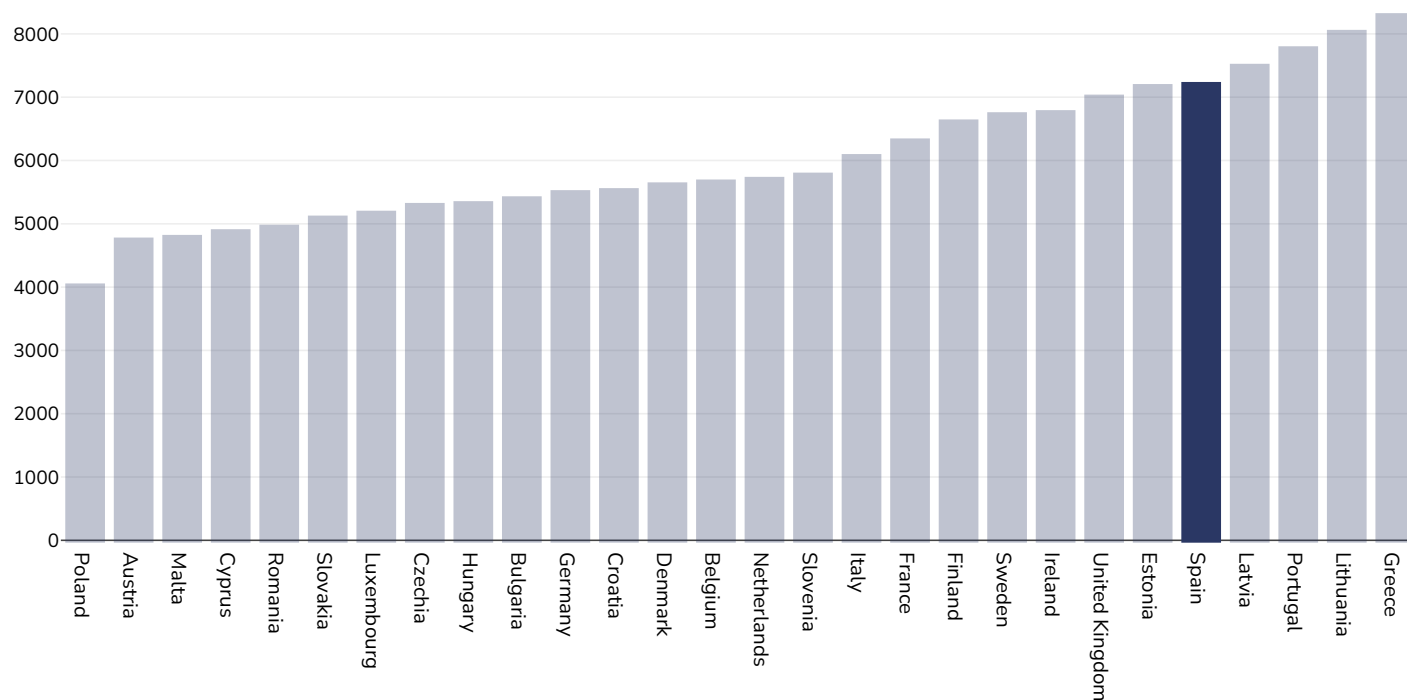
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

Adults, 2021



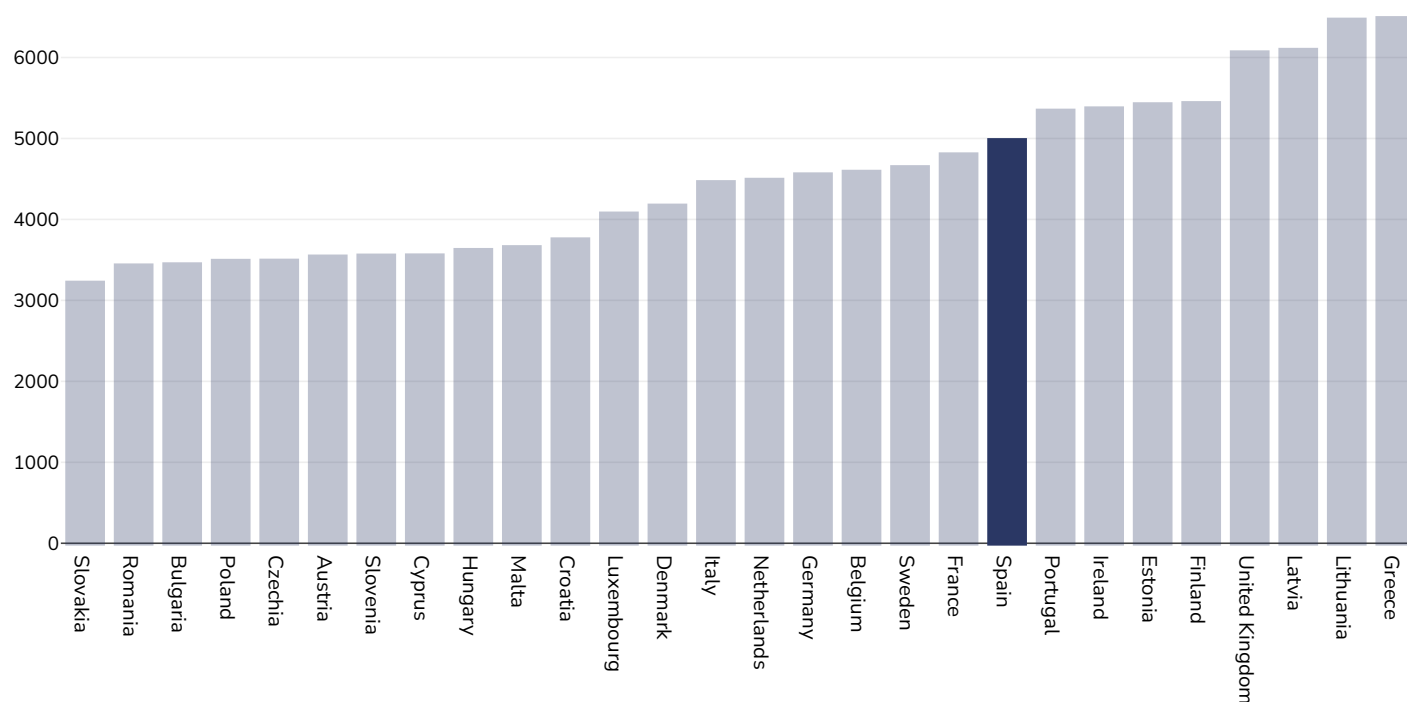
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

Men, 2021



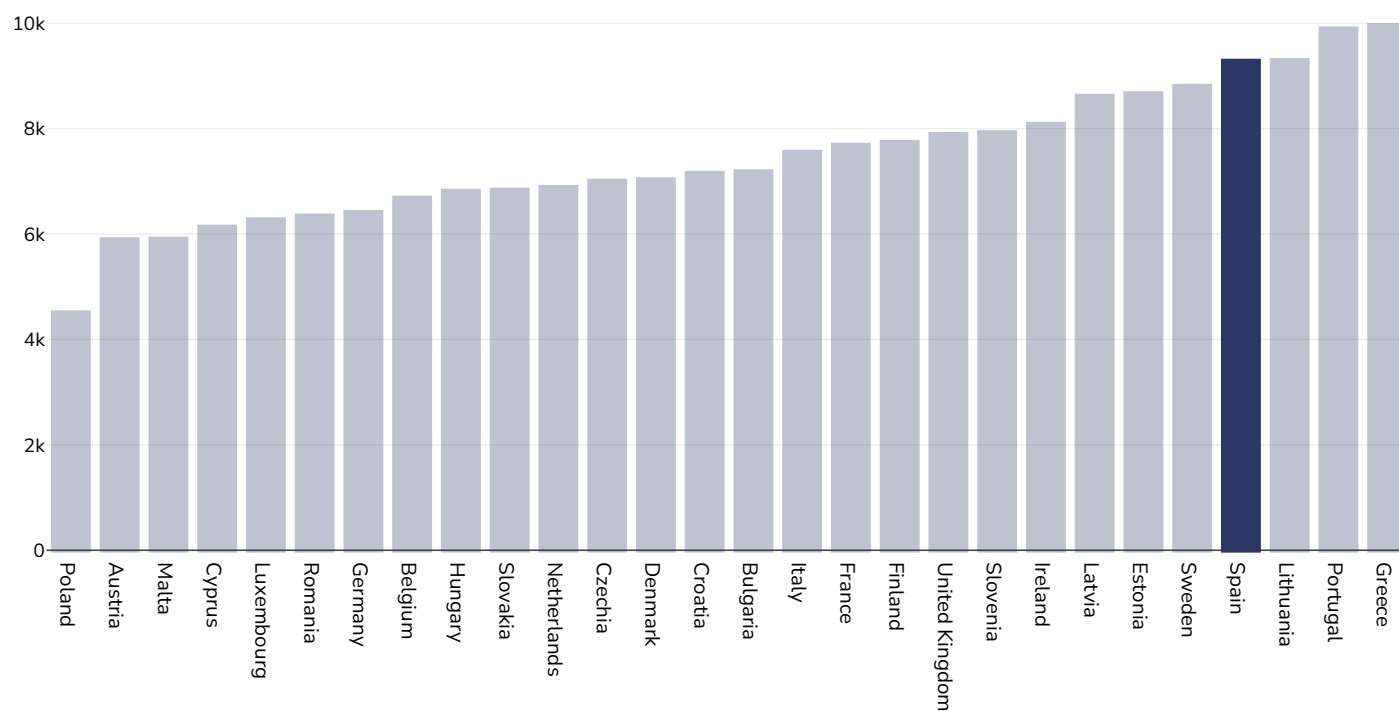
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

Women, 2021



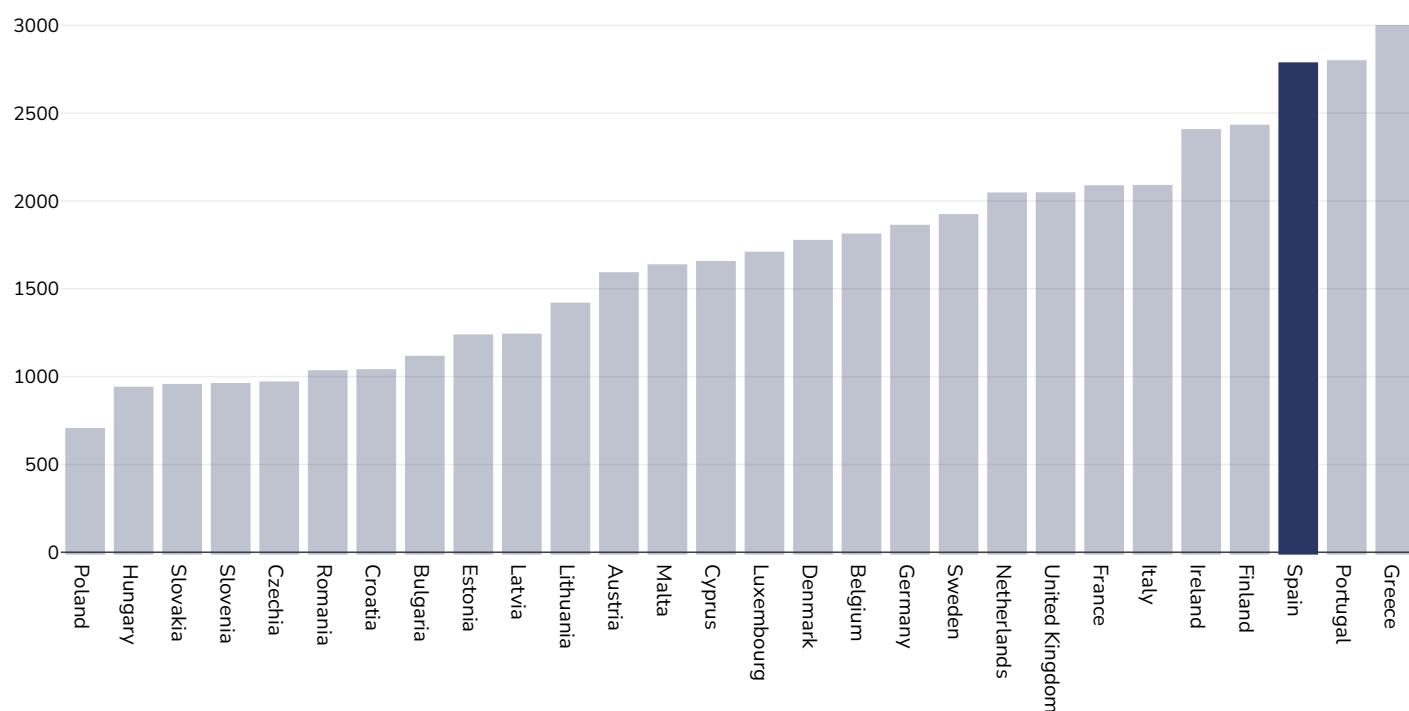
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

Children, 2021



Area covered:

National

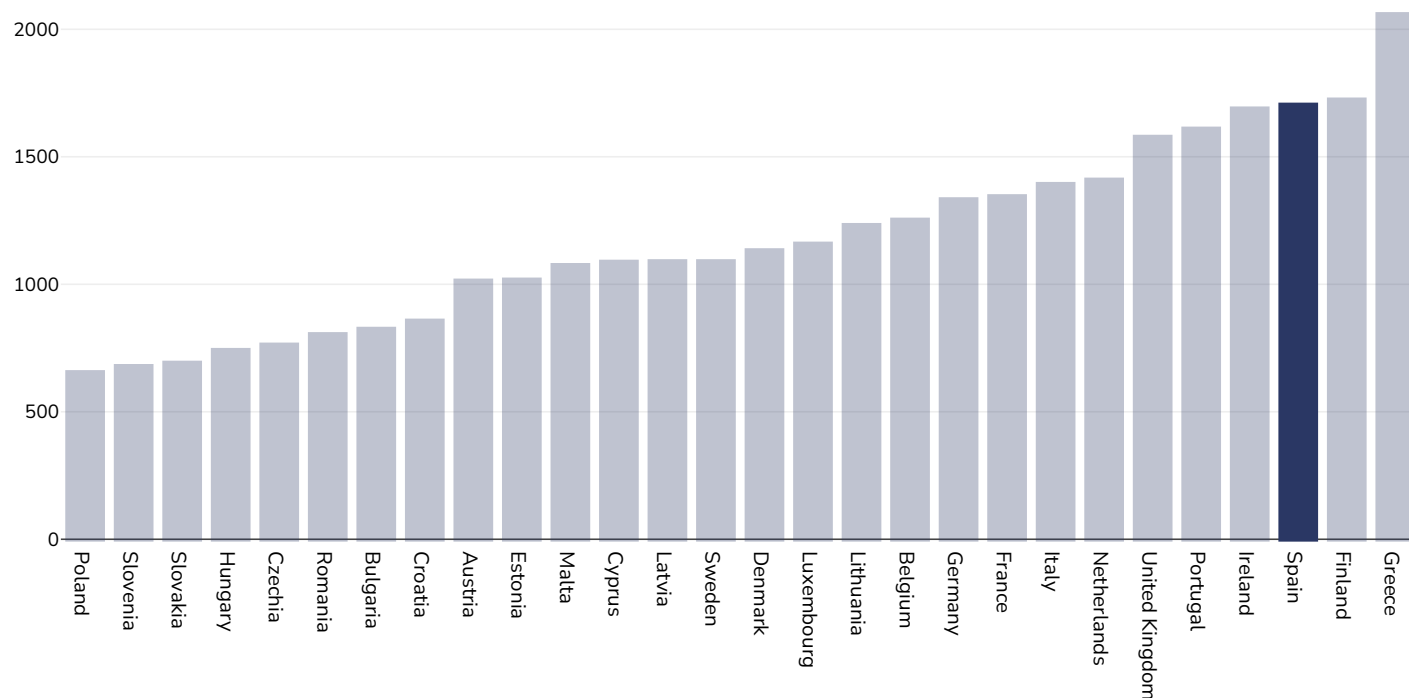
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Boys, 2021



Area covered:

National

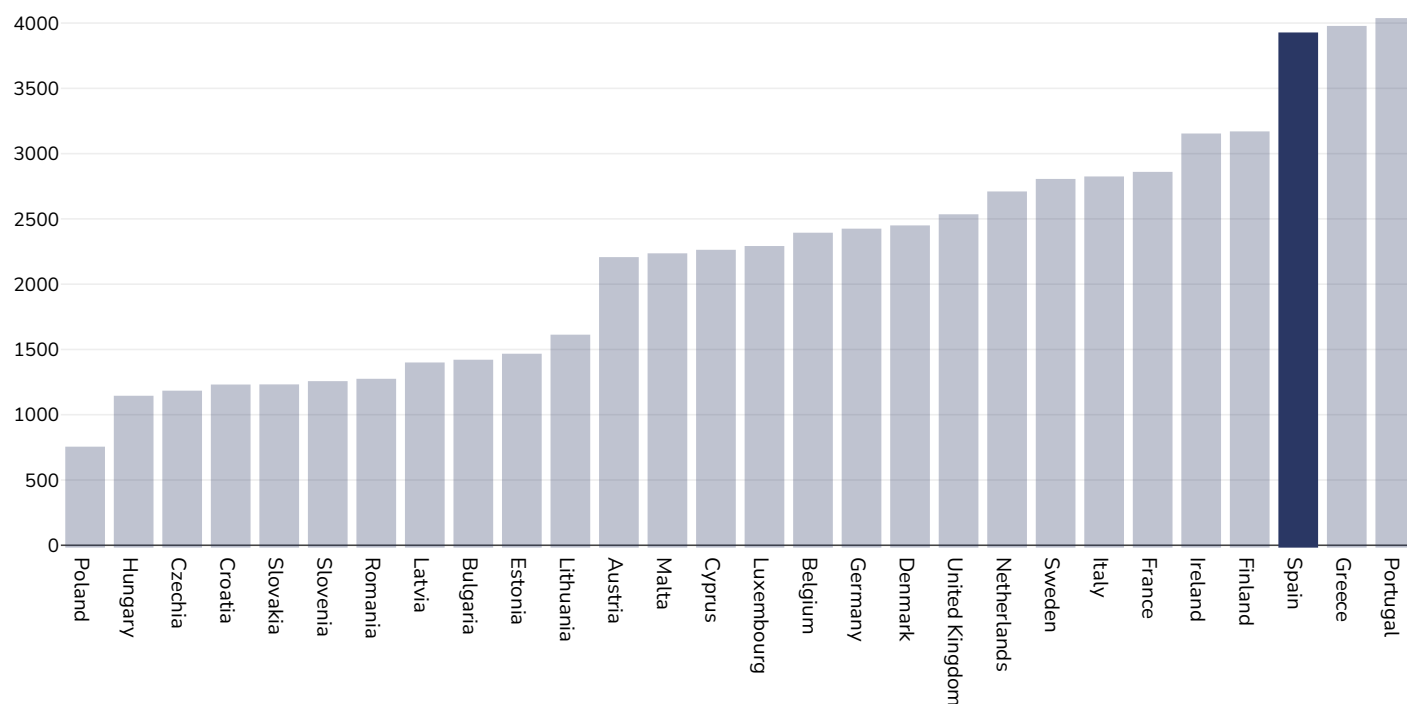
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Girls, 2021



Area covered:

National

References:

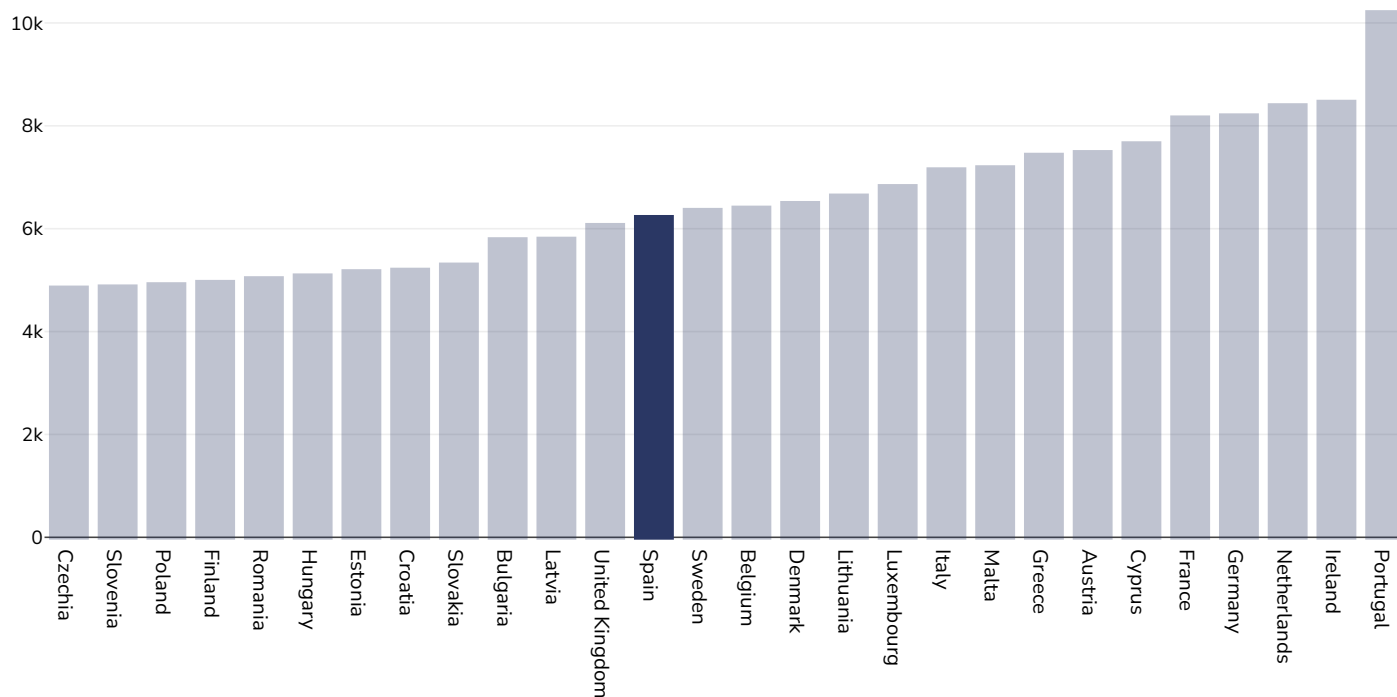
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Mental health - anxiety disorders

Adults, 2021

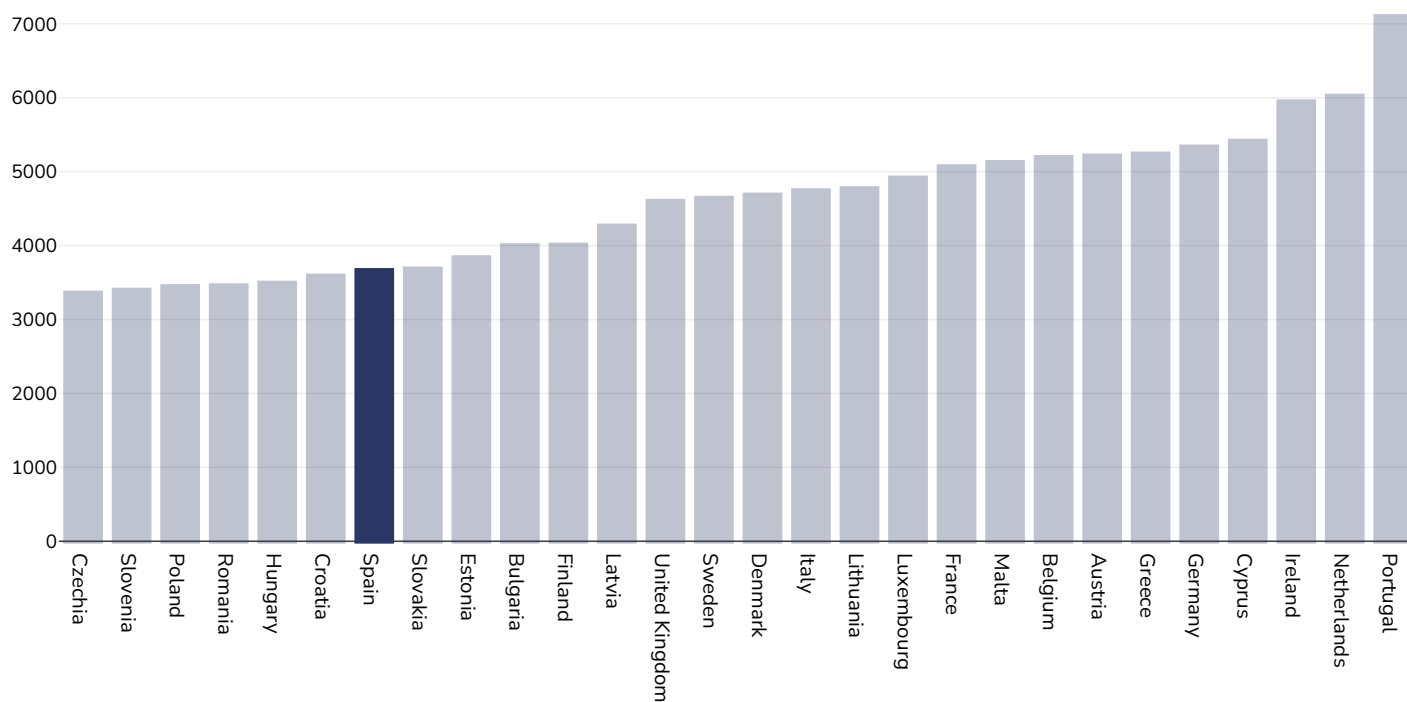


Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population

Men, 2021

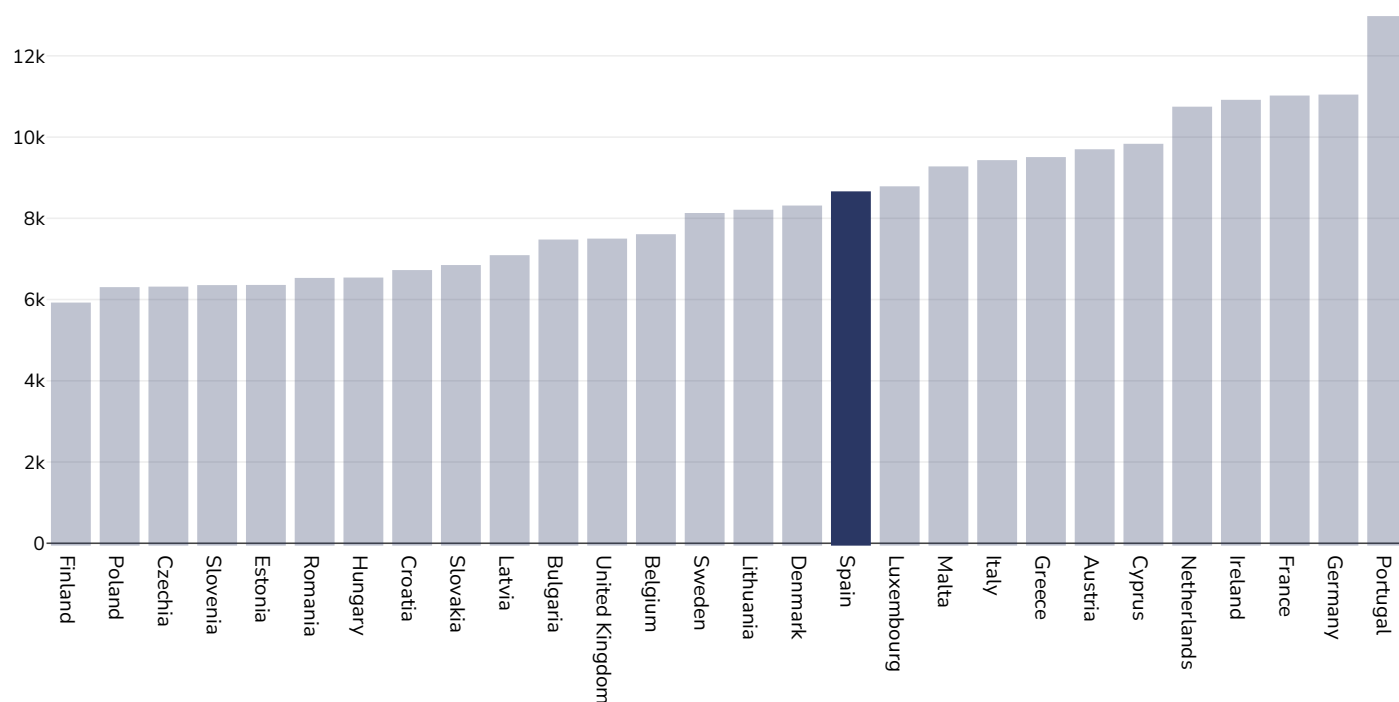


Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population

Women, 2021

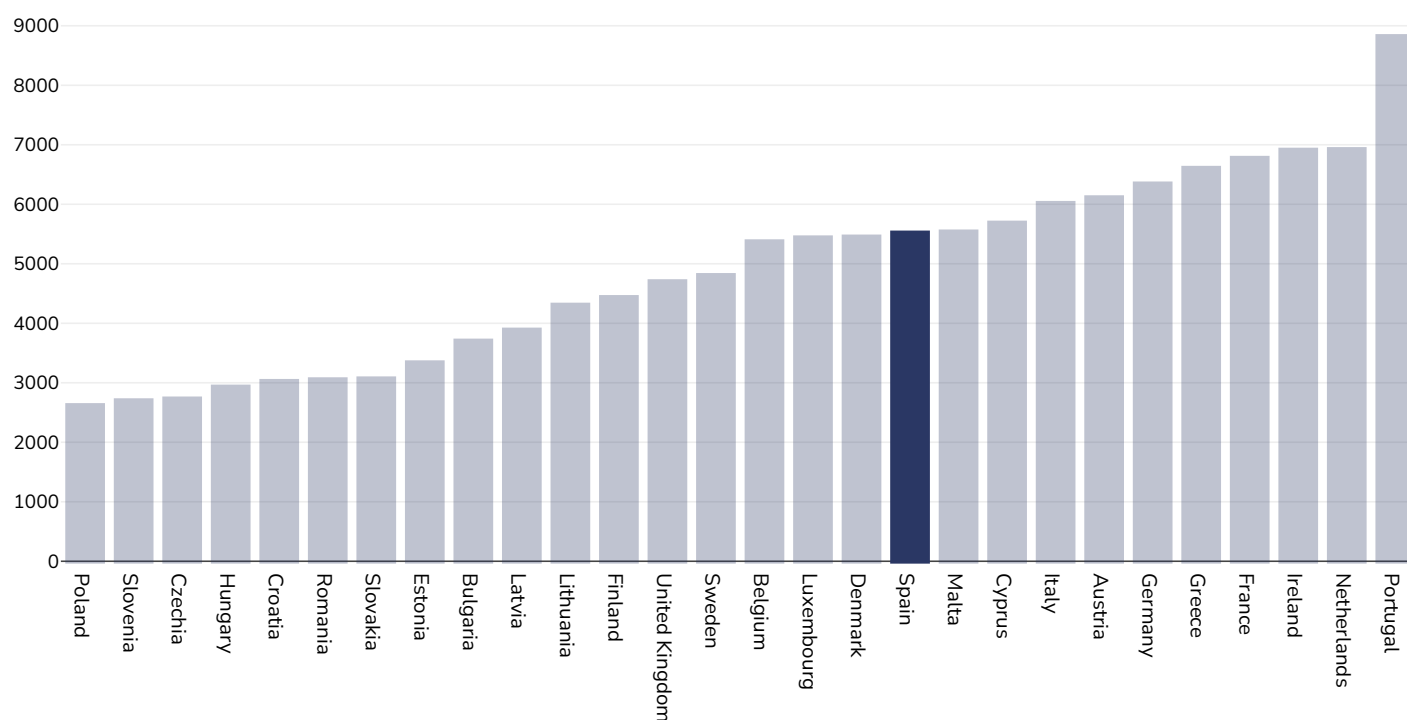


Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

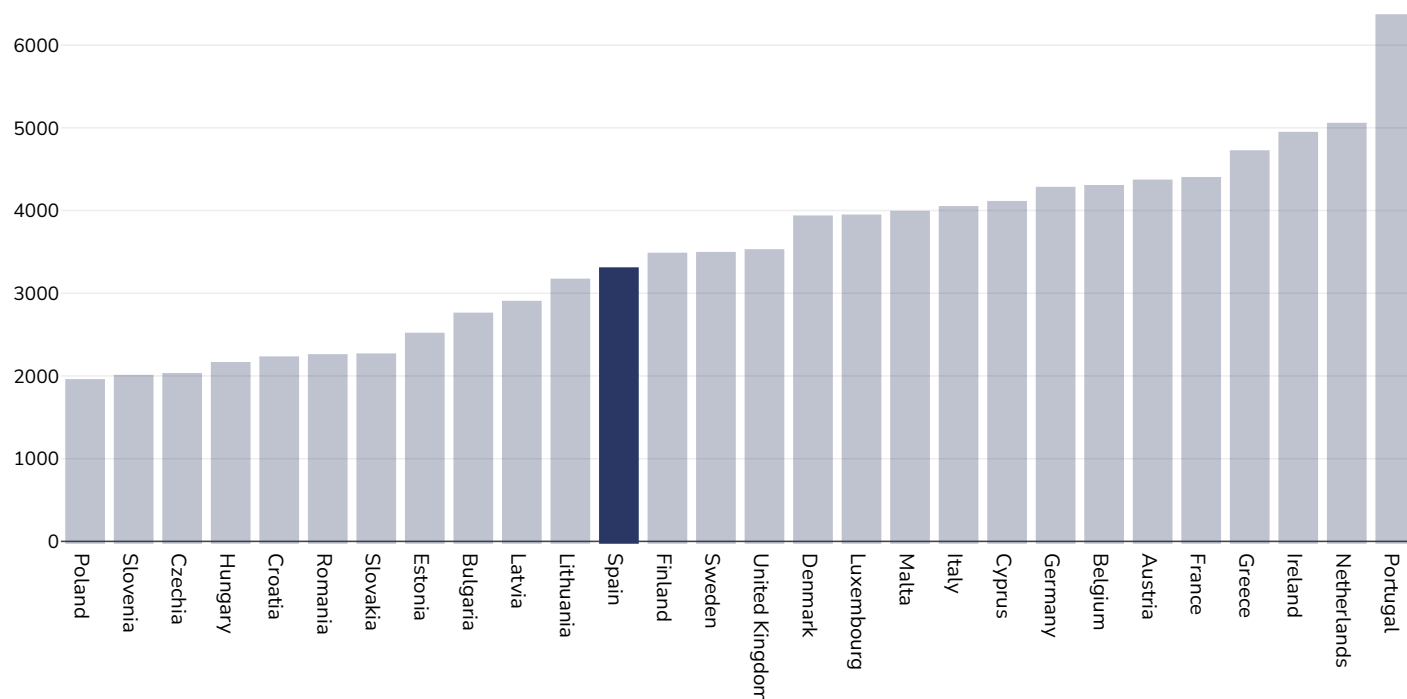
Definitions: Number living with anxiety per 100,000 population

Children, 2021



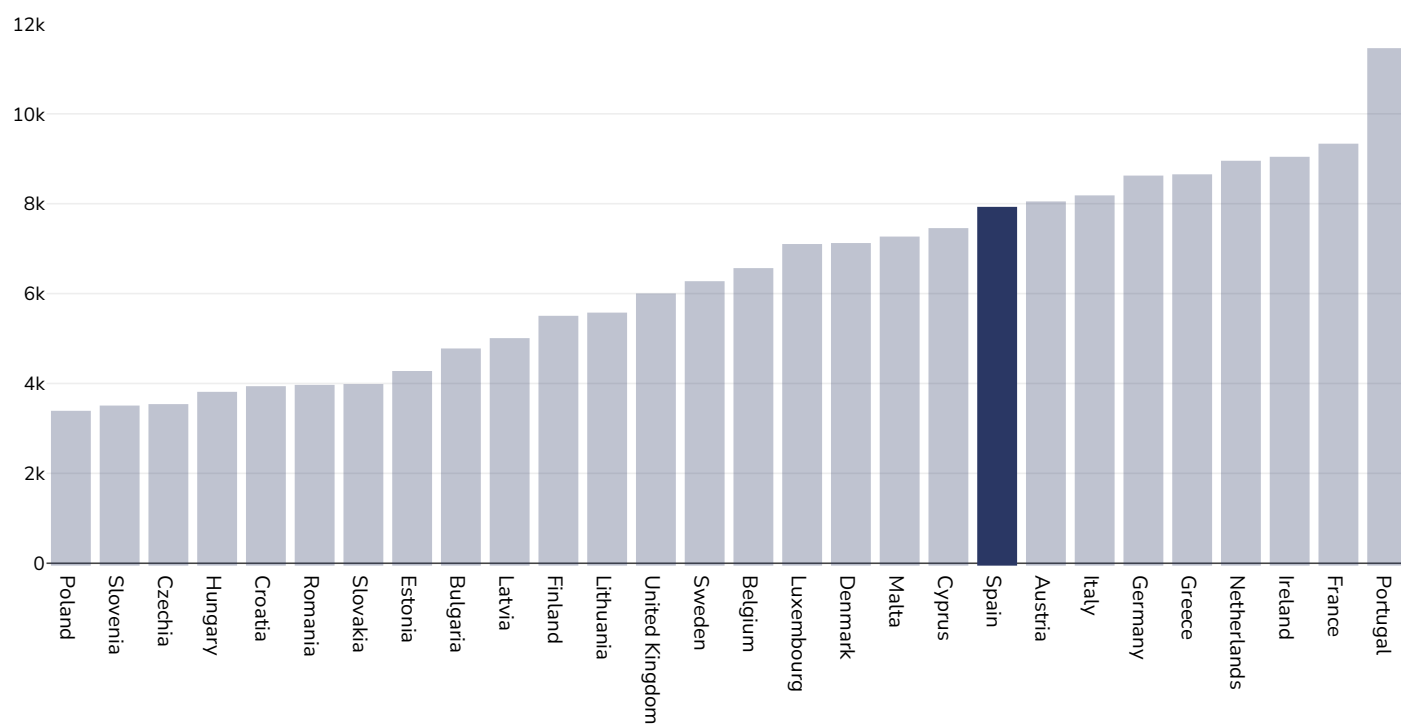
References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Boys, 2021



References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Girls, 2021

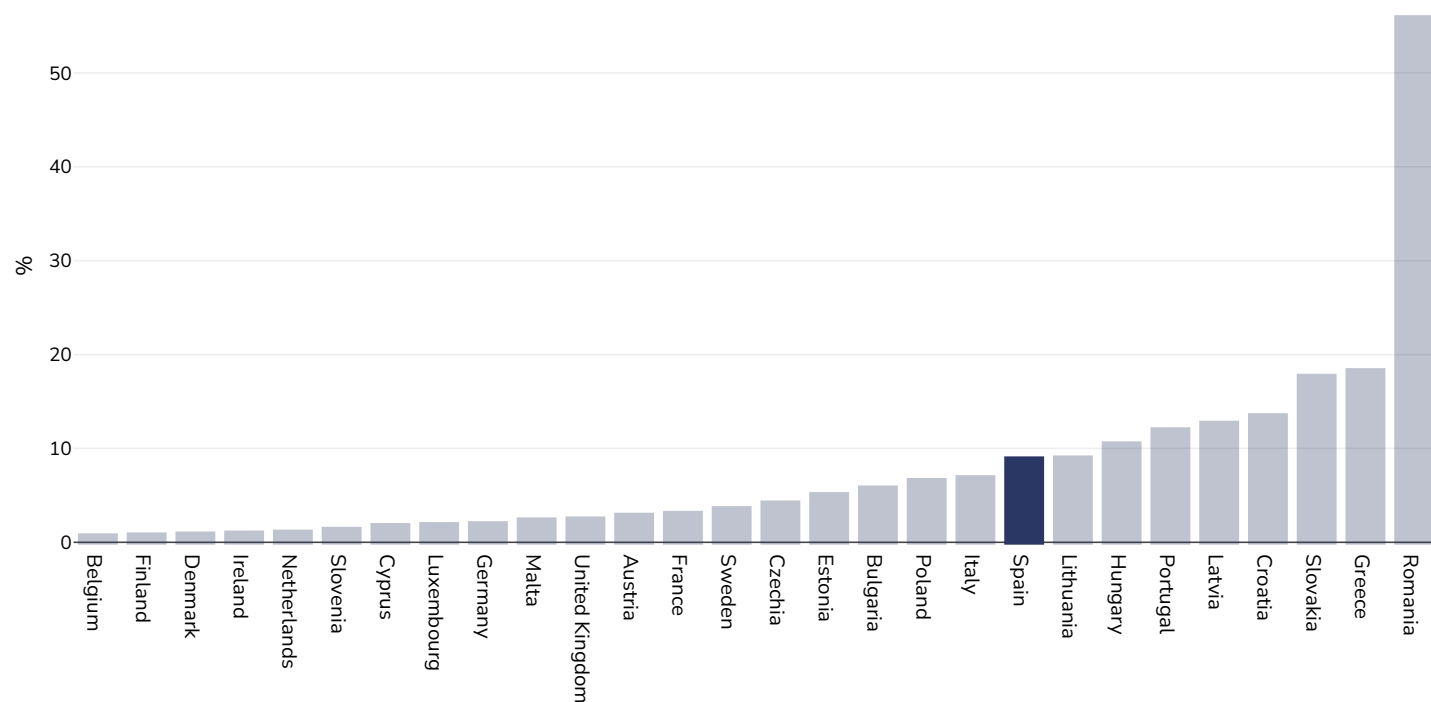


References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Percent of population who cannot afford a healthy diet

Adults, 2022



Area covered:

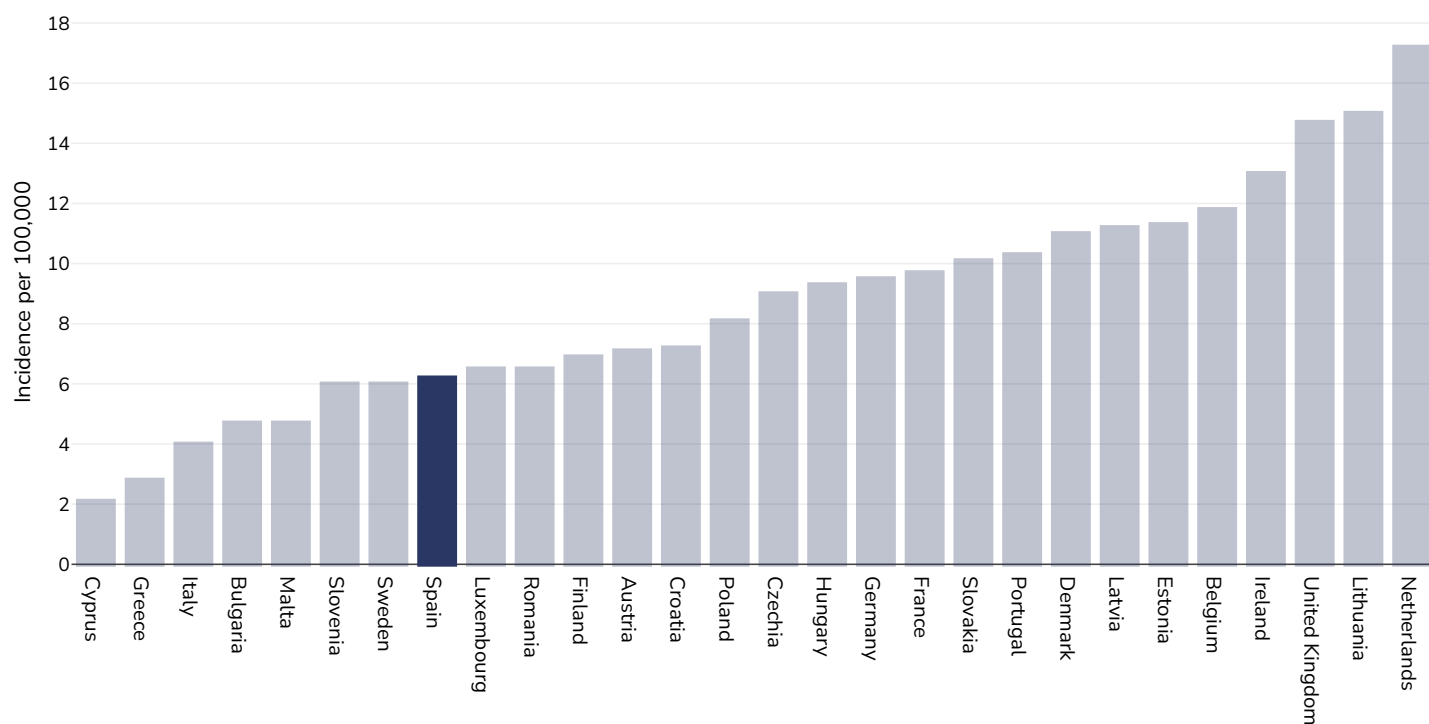
National

References:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland. <https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

Oesophageal cancer

Men, 2022



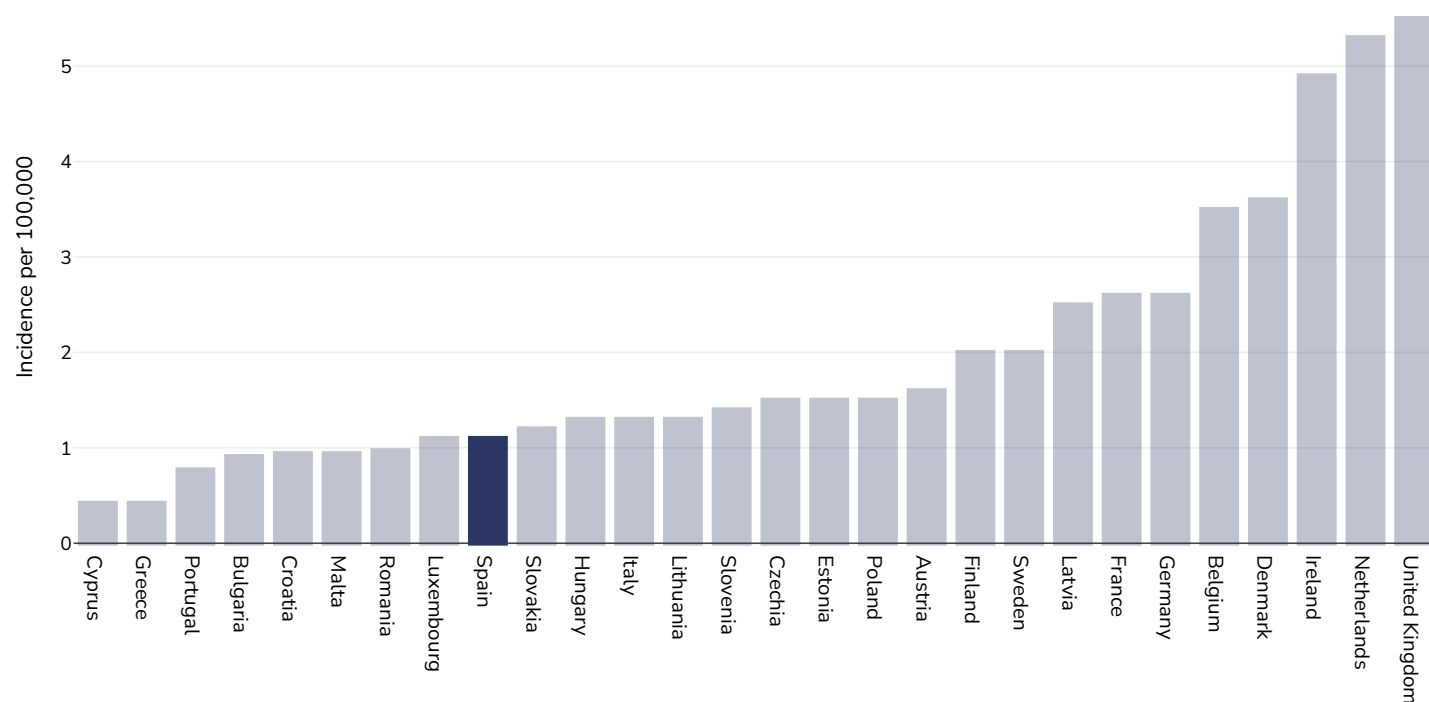
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

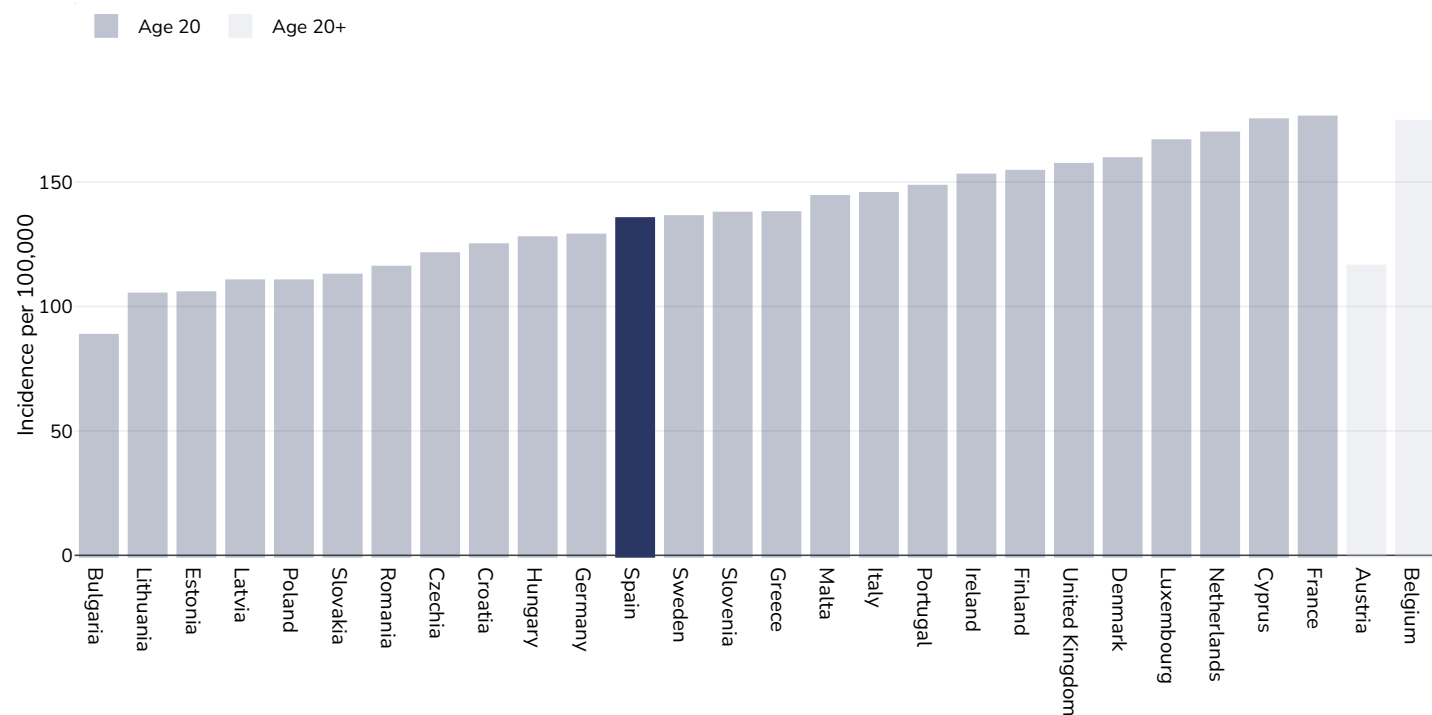
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Breast cancer

Women, 2022



Area covered:

National

References:

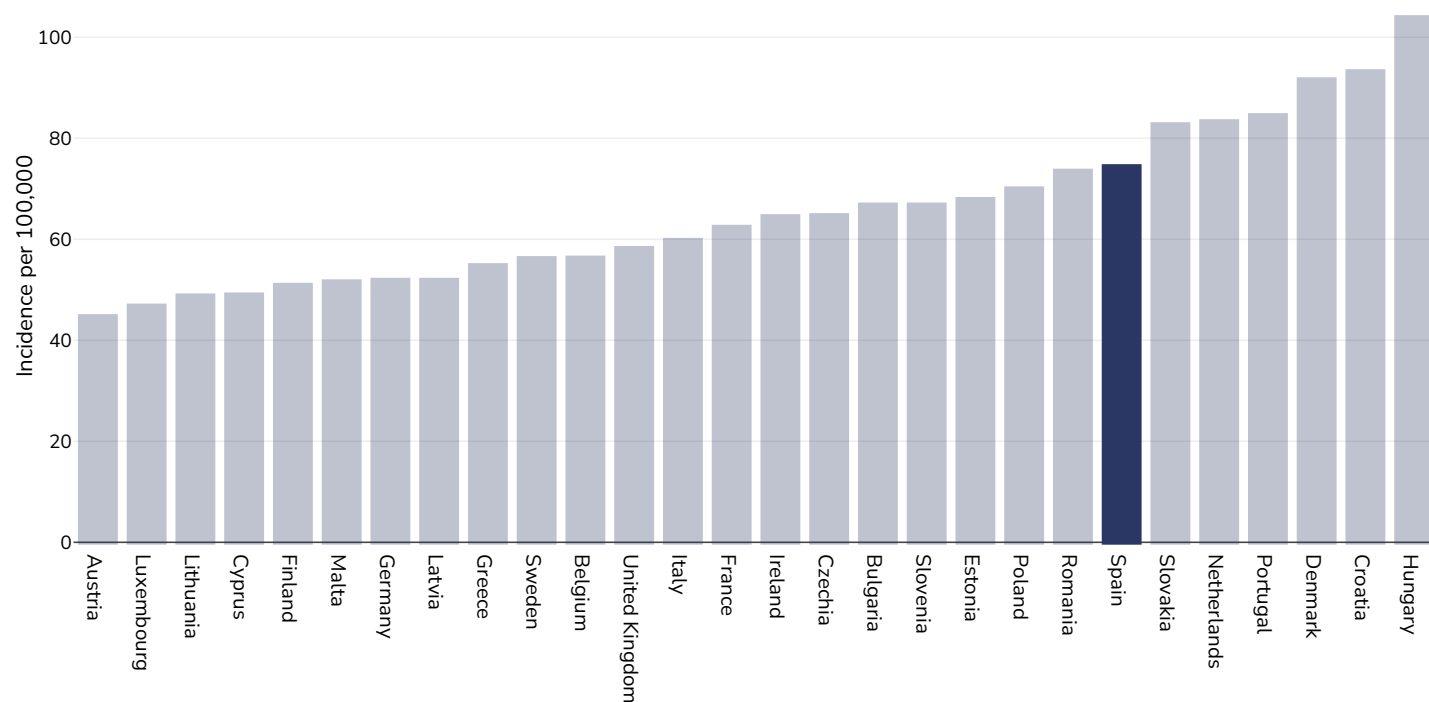
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions:

Incidence per 100,000

Colorectal cancer

Men, 2022



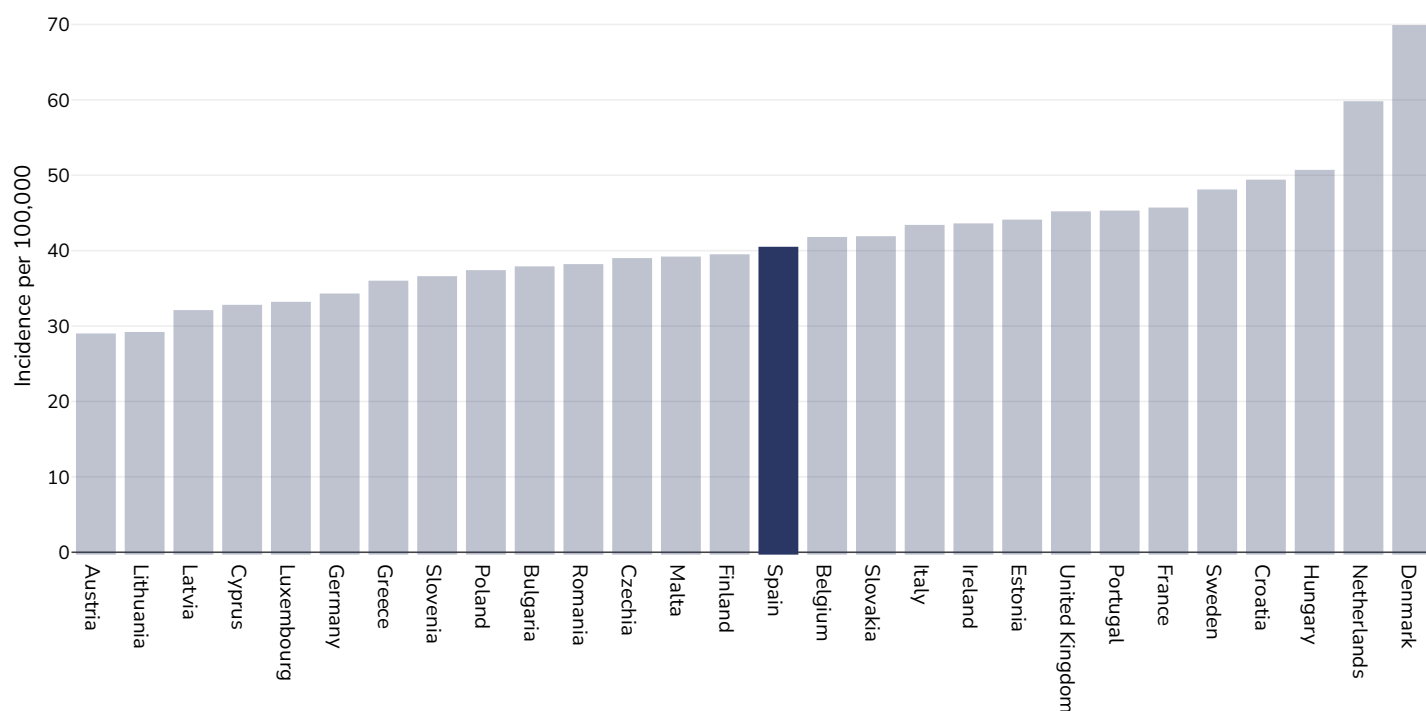
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

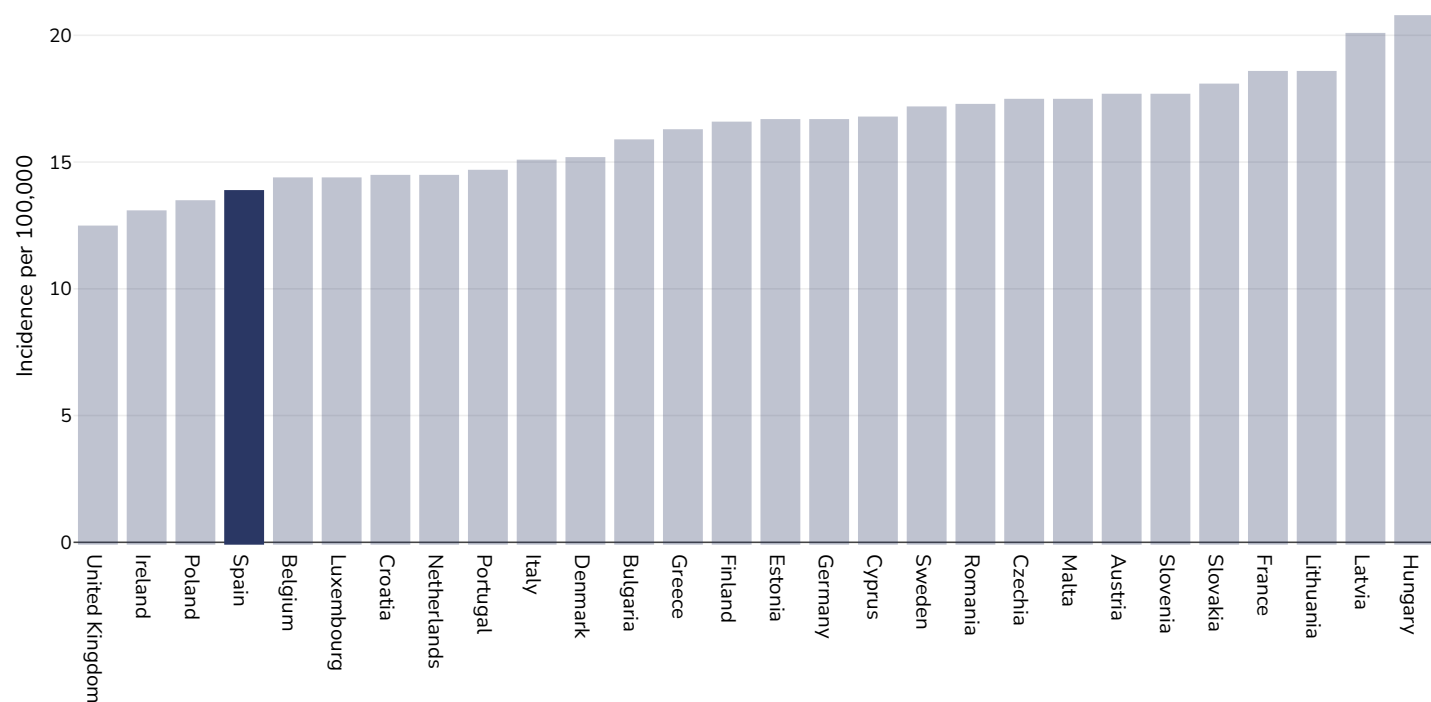
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Pancreatic cancer

Men, 2022



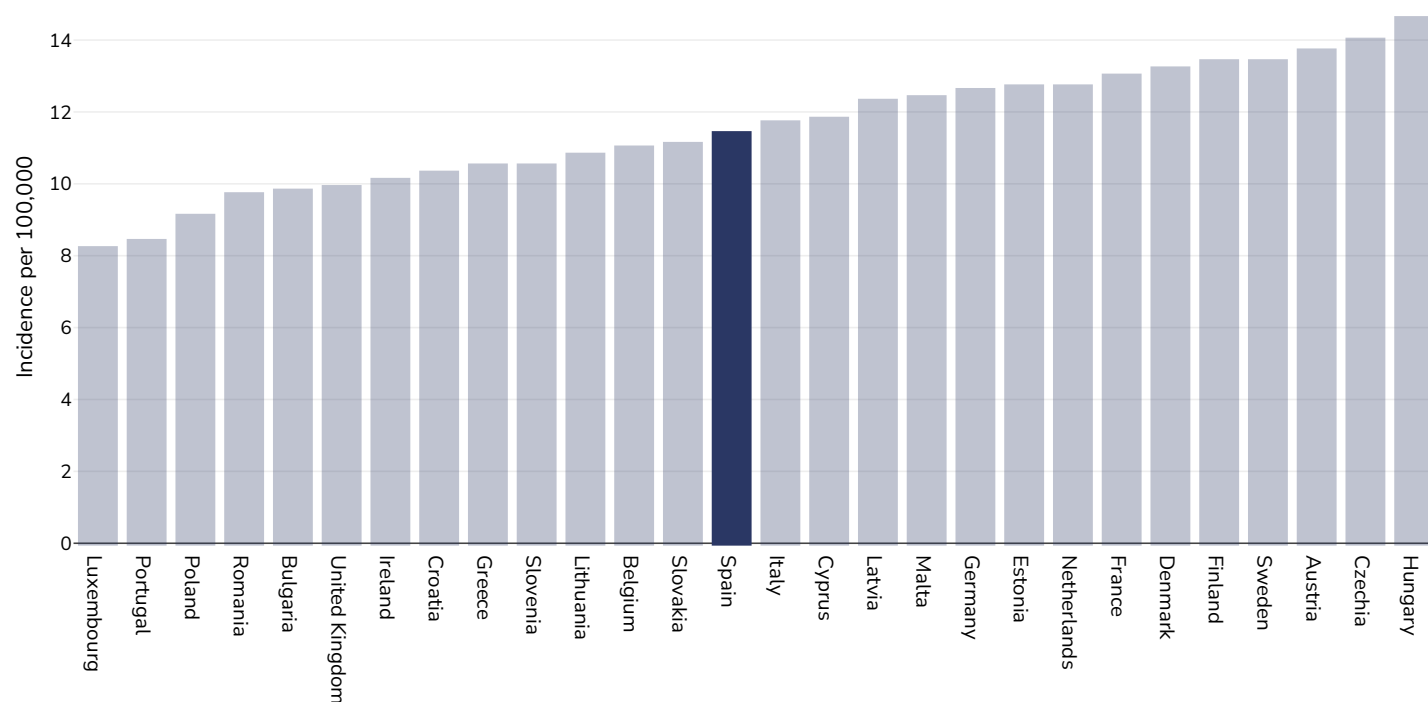
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

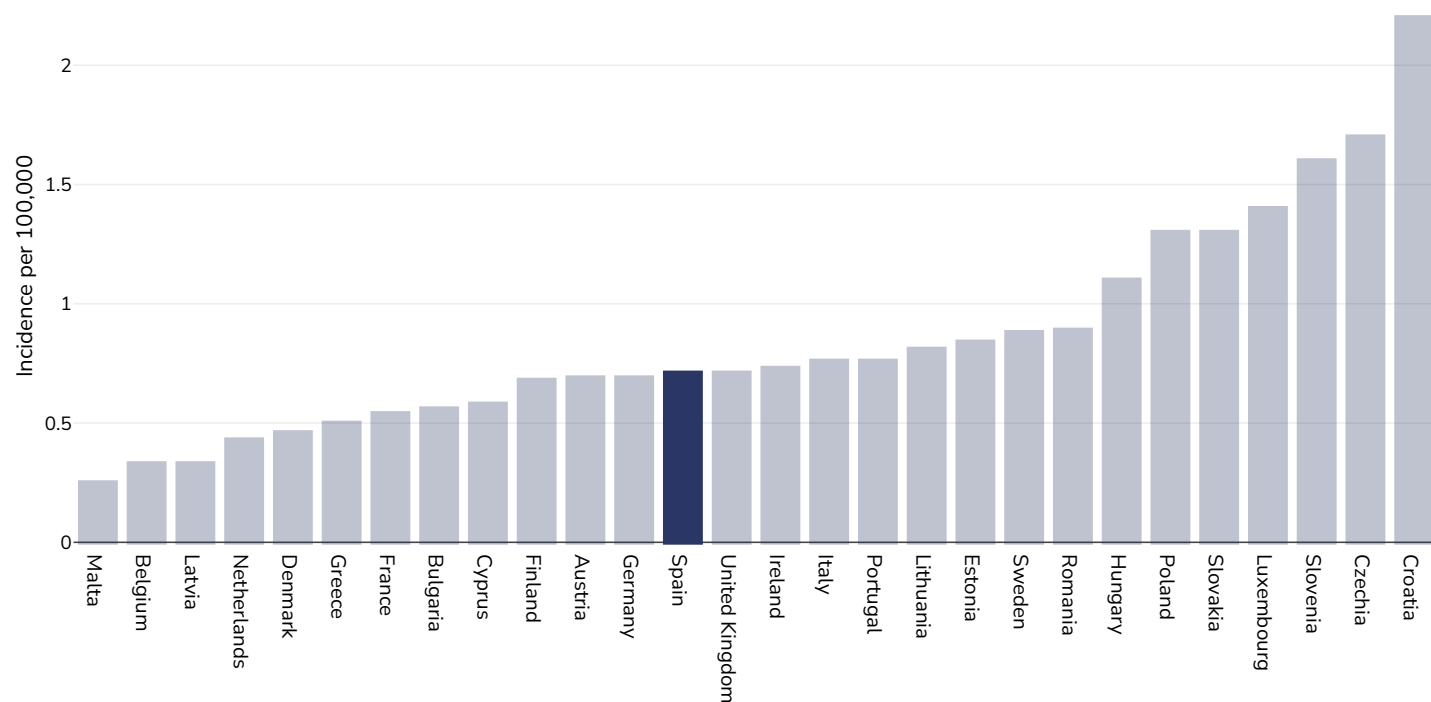
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Gallbladder cancer

Men, 2022



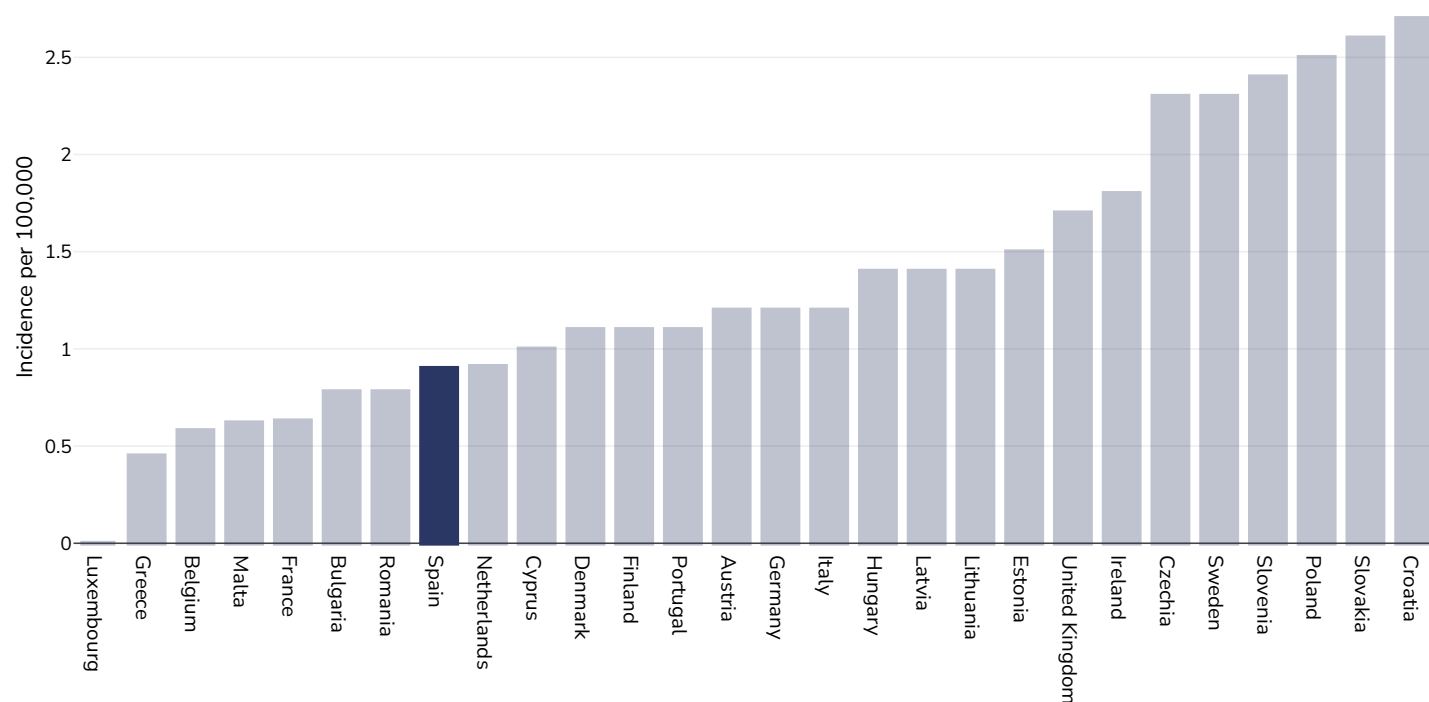
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

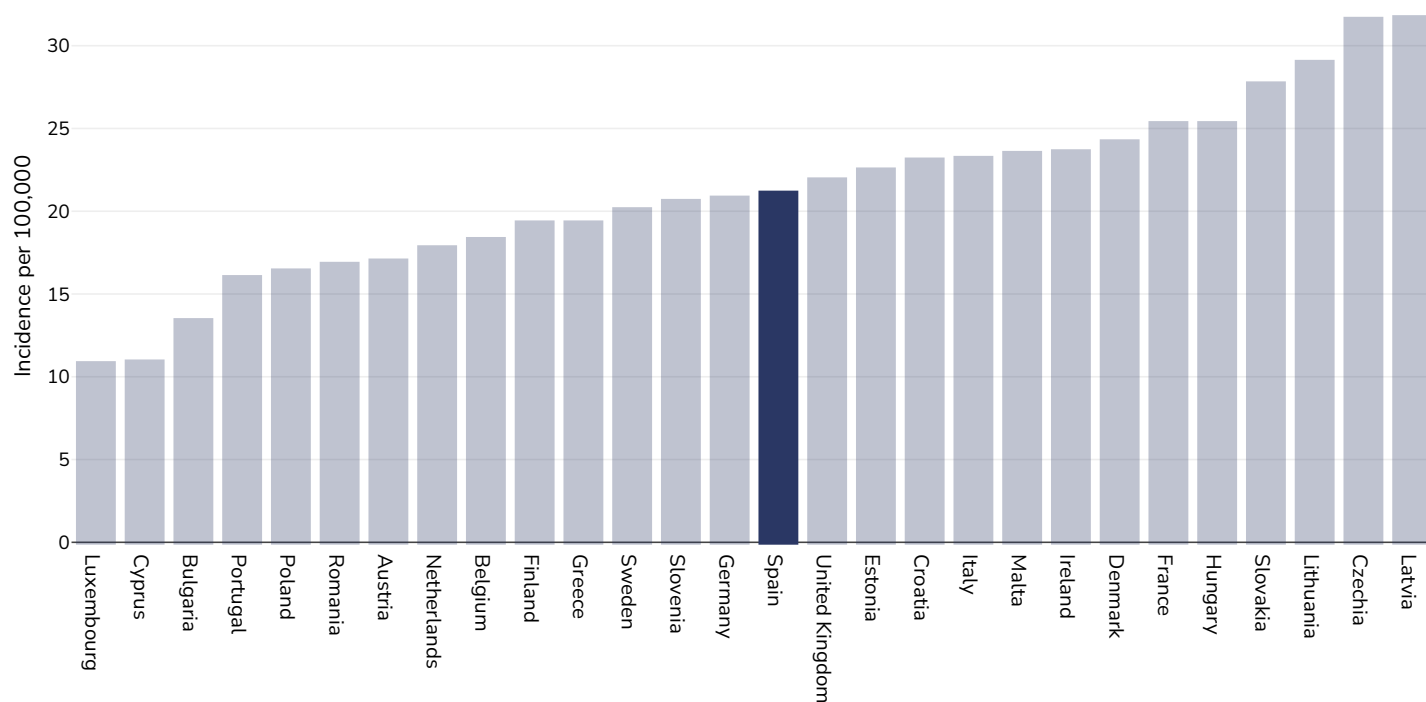
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Kidney cancer

Men, 2022



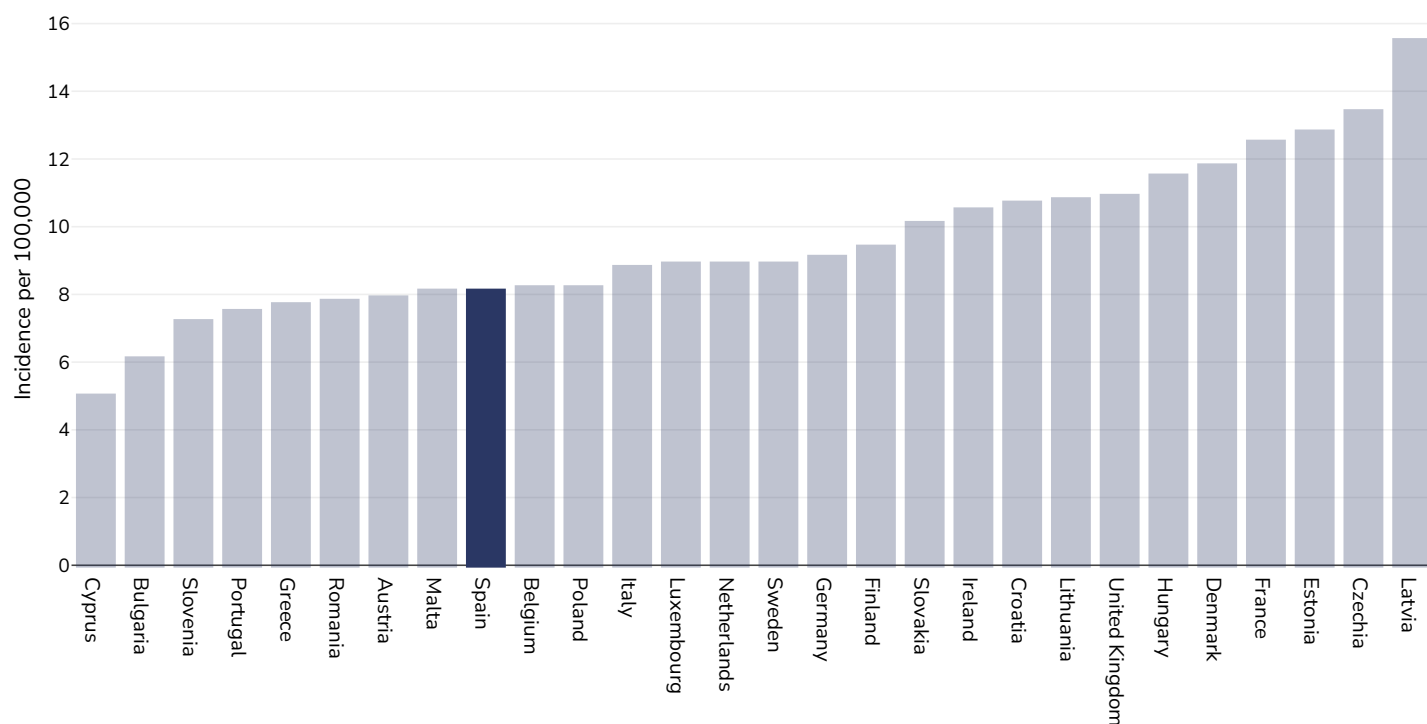
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

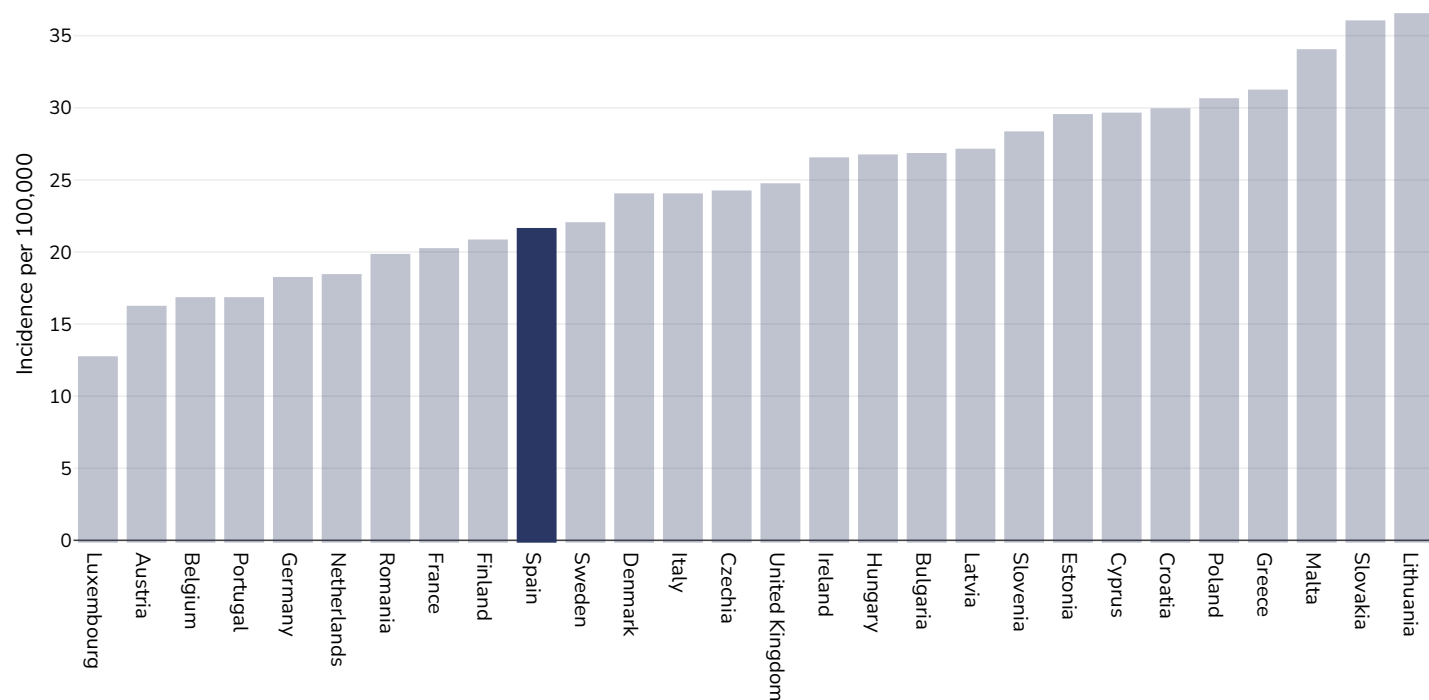
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Cancer of the uterus

Women, 2022



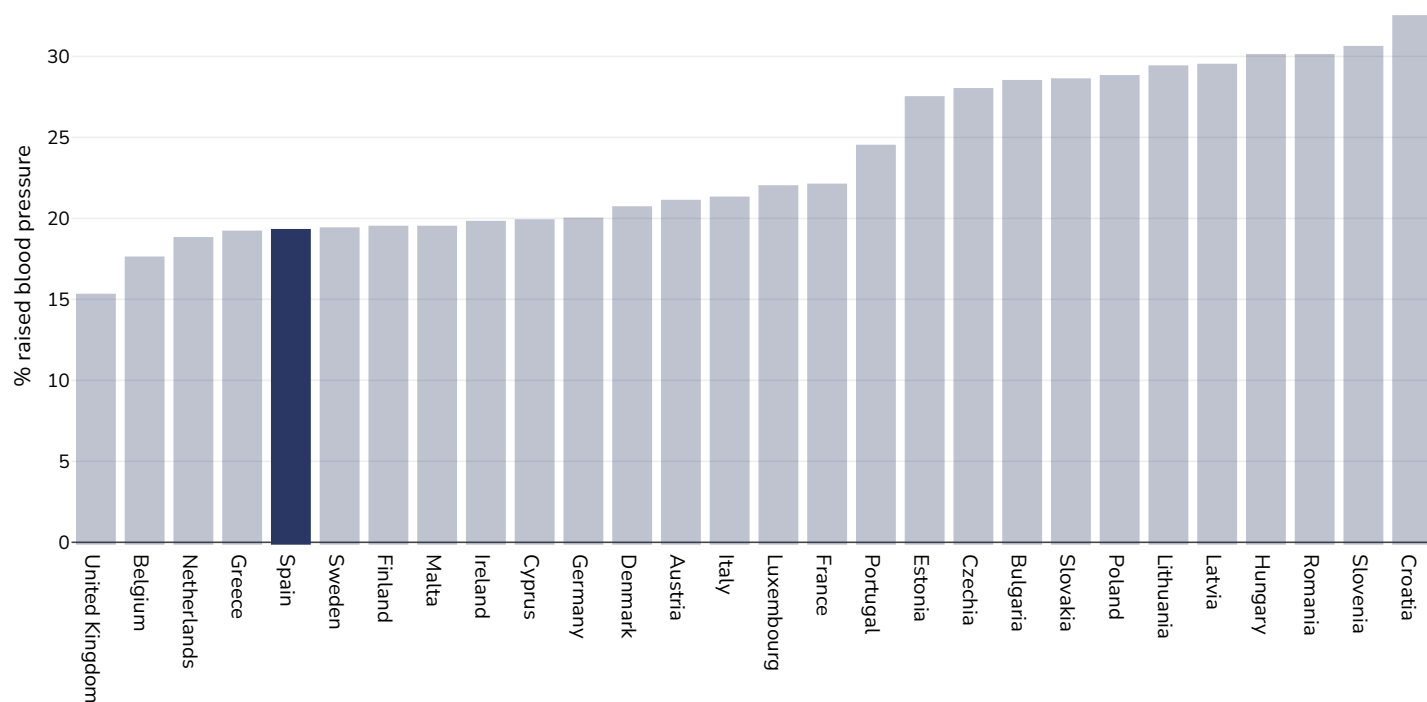
Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Raised blood pressure

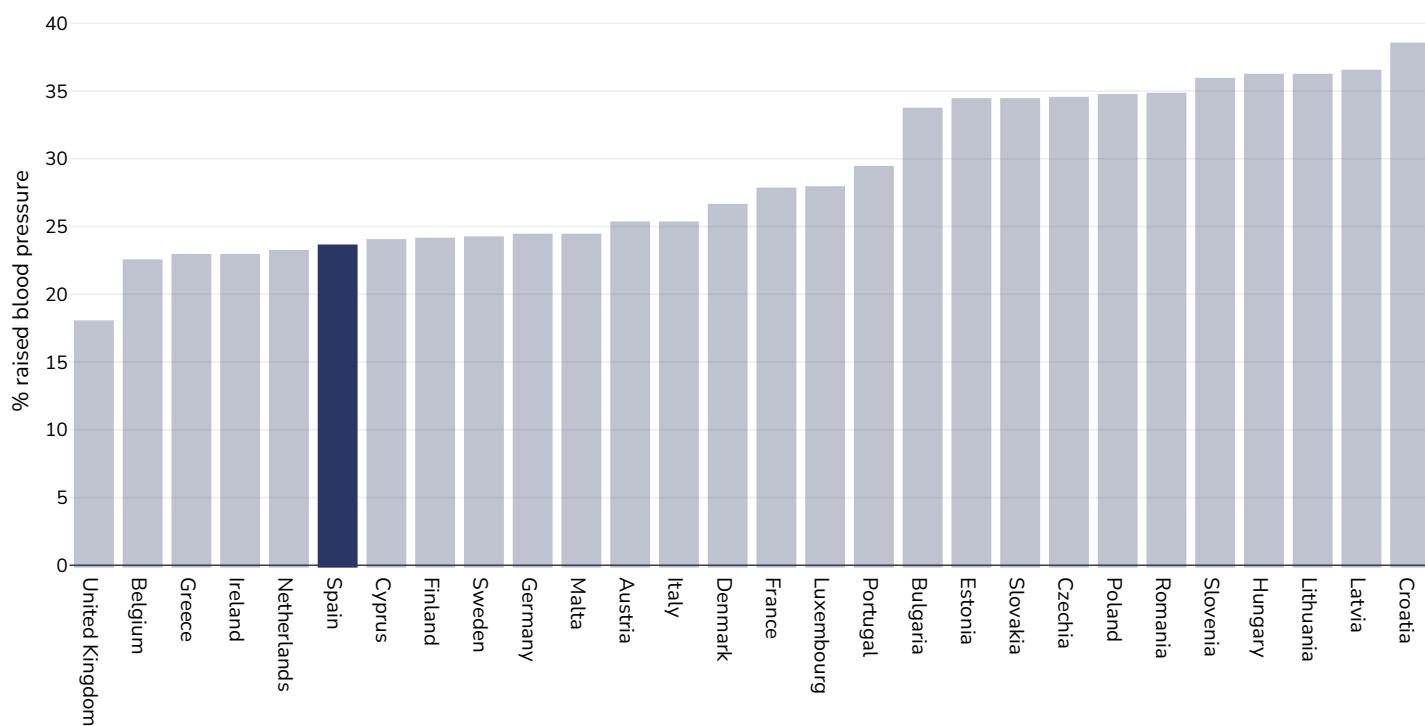
Adults, 2015



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

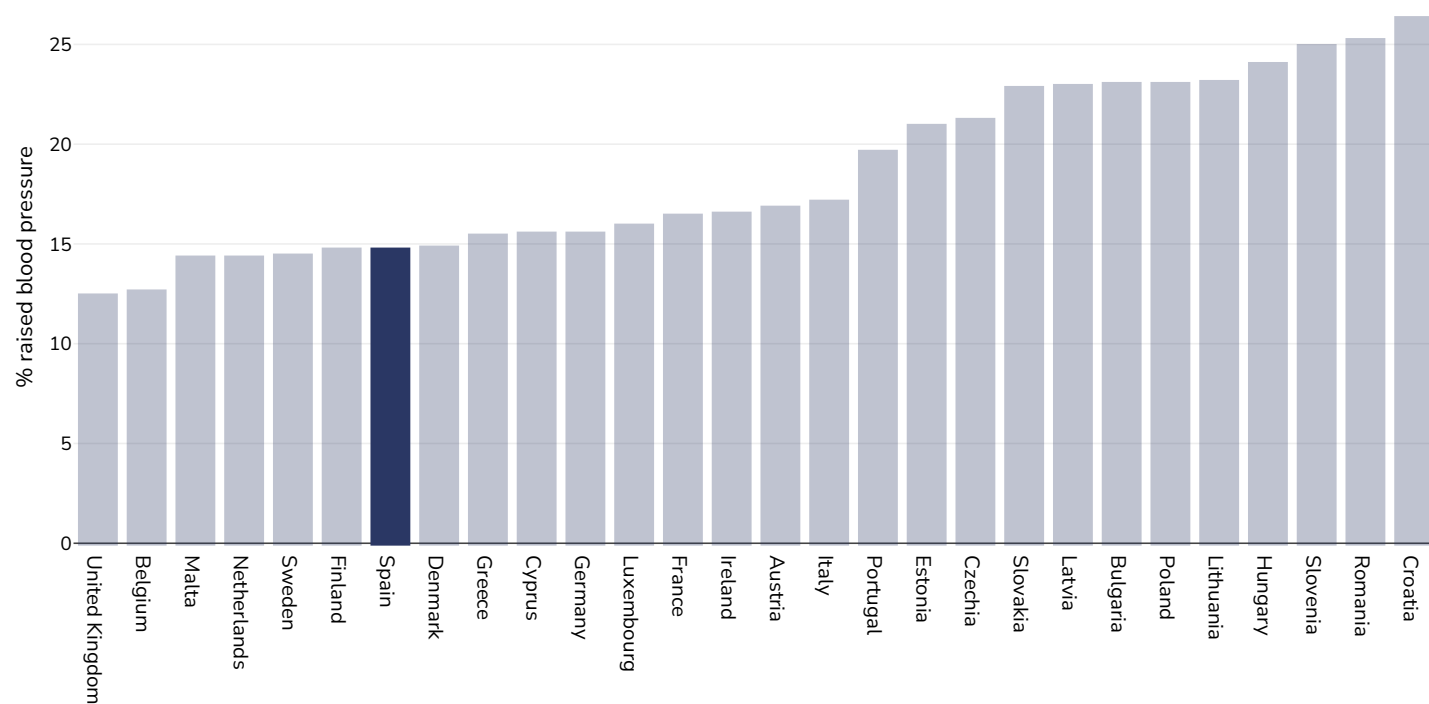
Men, 2015



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Women, 2015

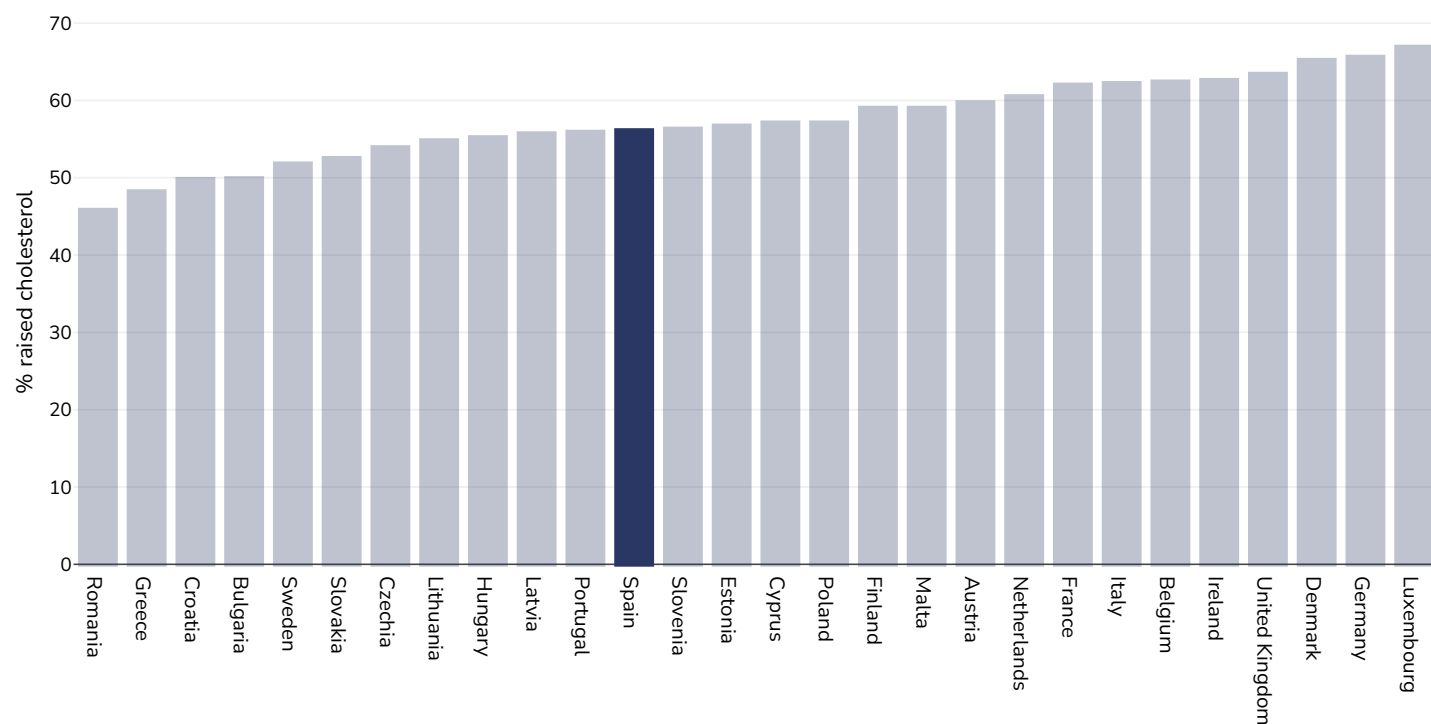


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Raised cholesterol

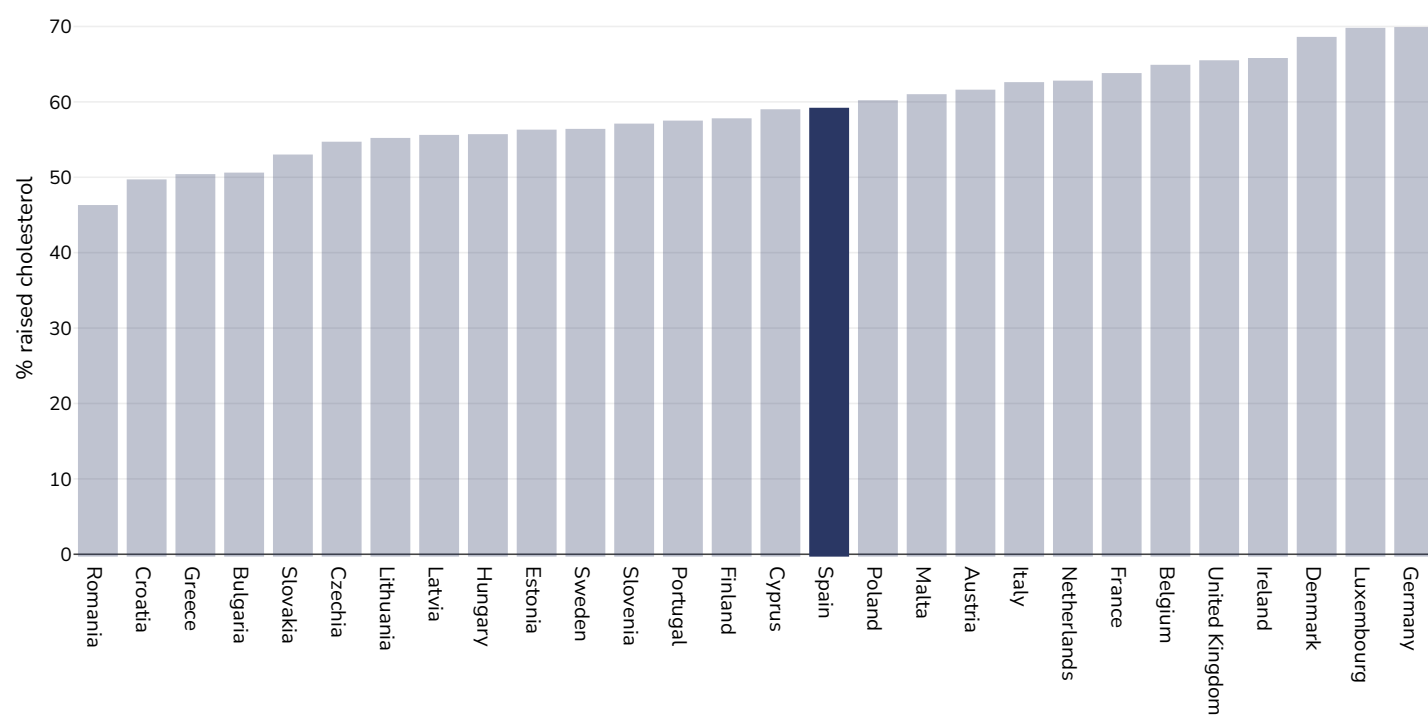
Adults, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

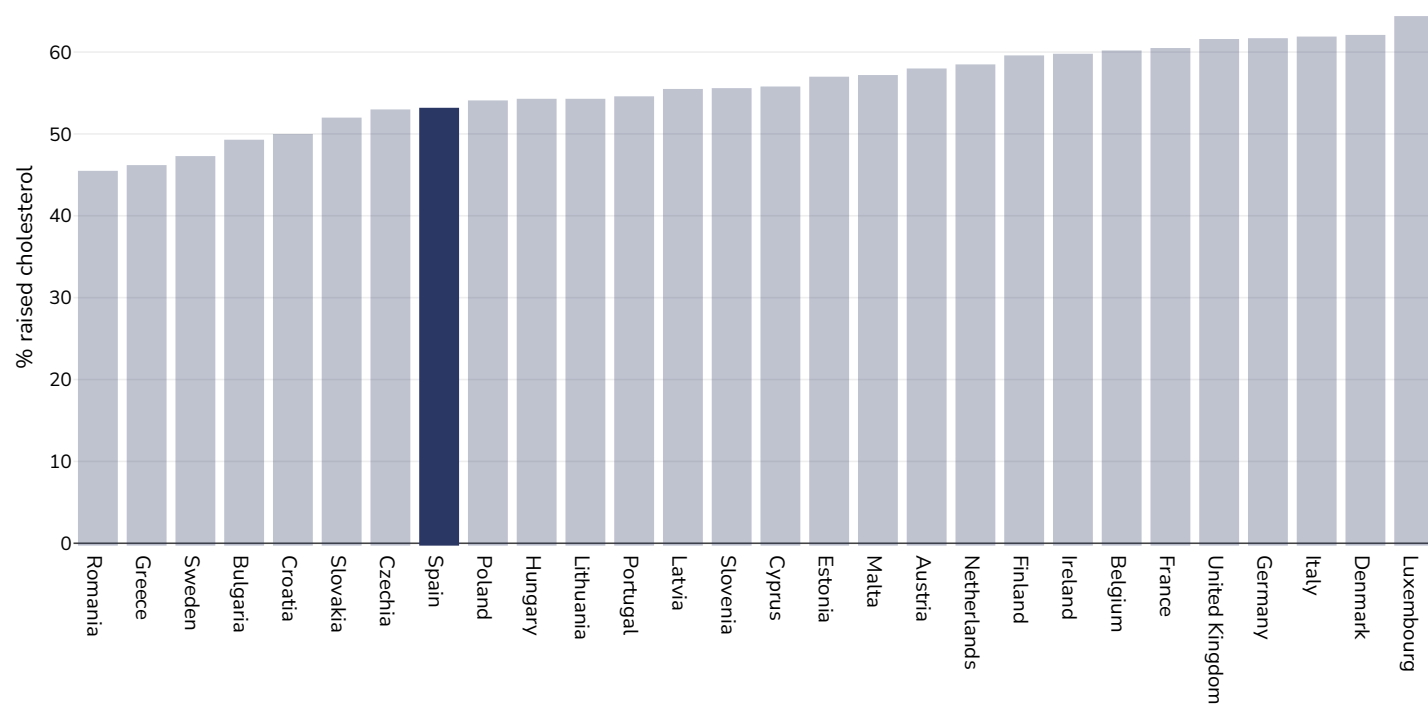
Men, 2008



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Women, 2008

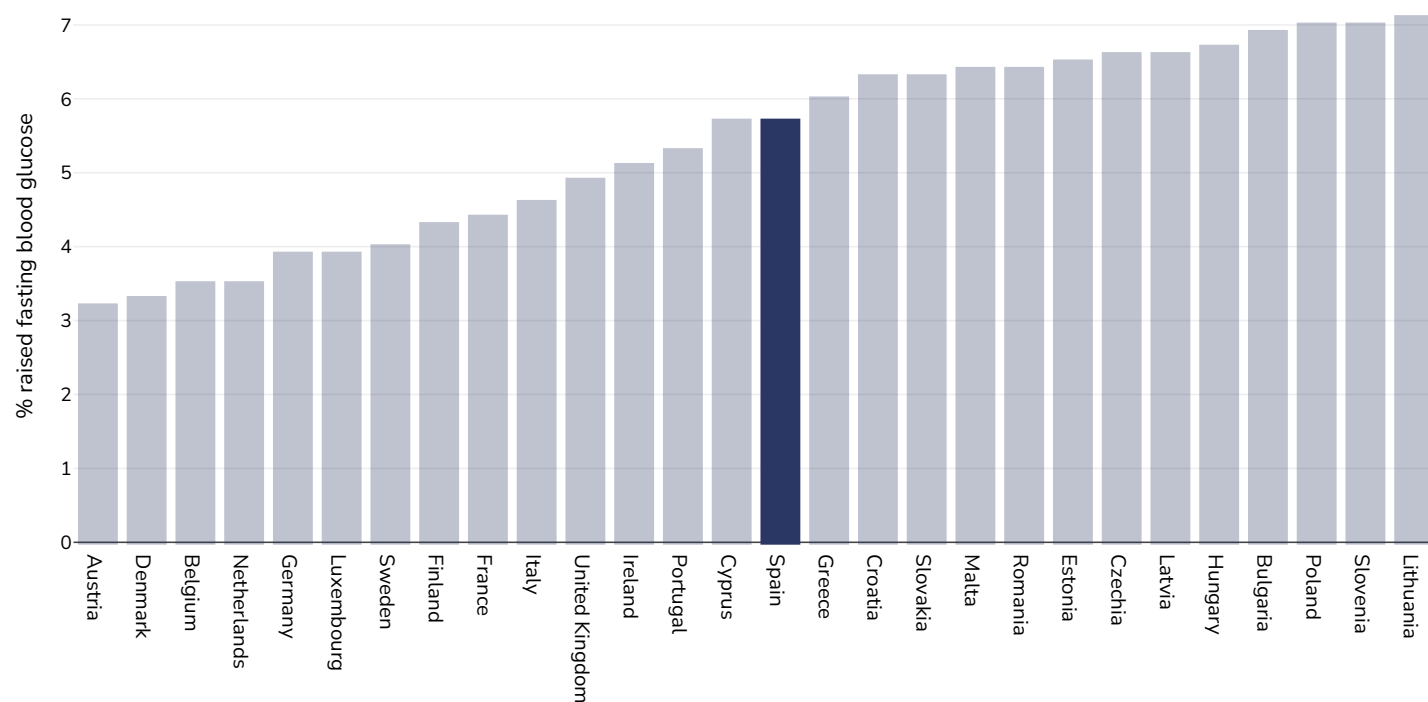


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definitions: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

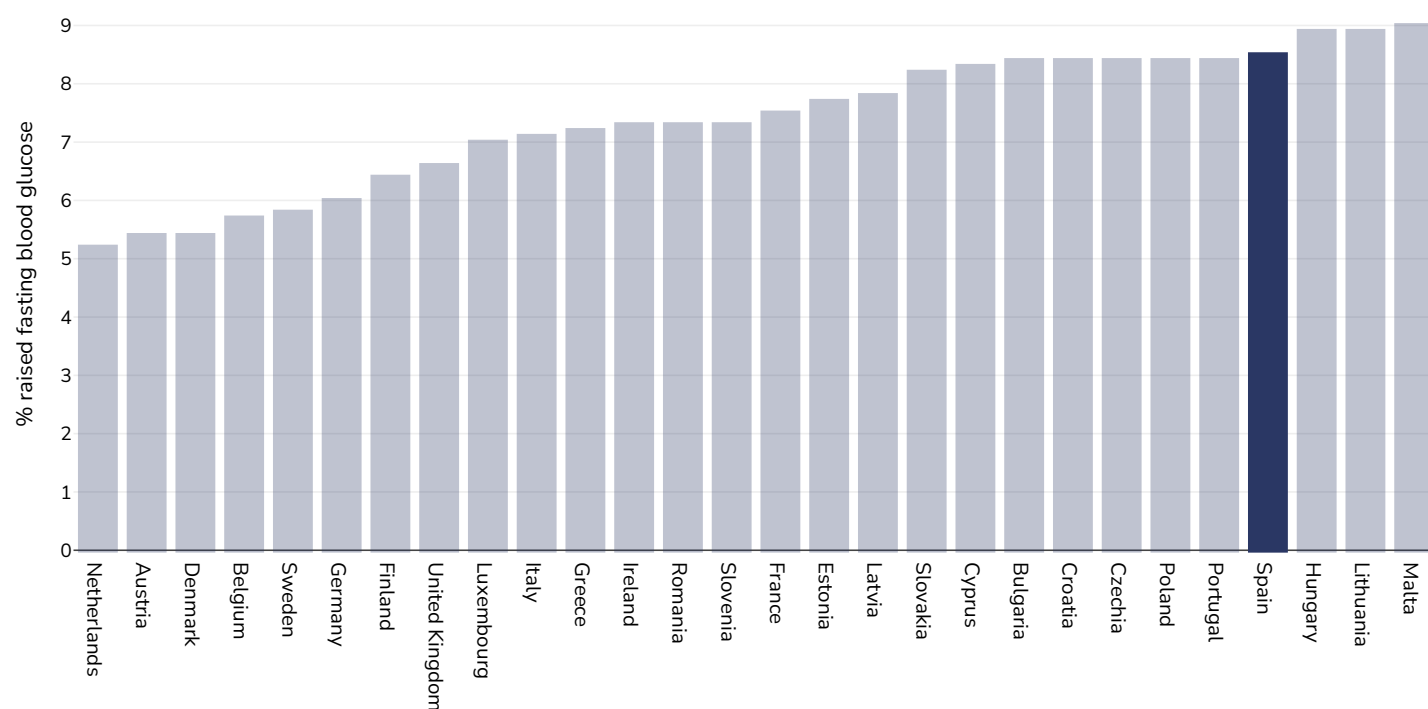
Men, 2014



References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Women, 2014

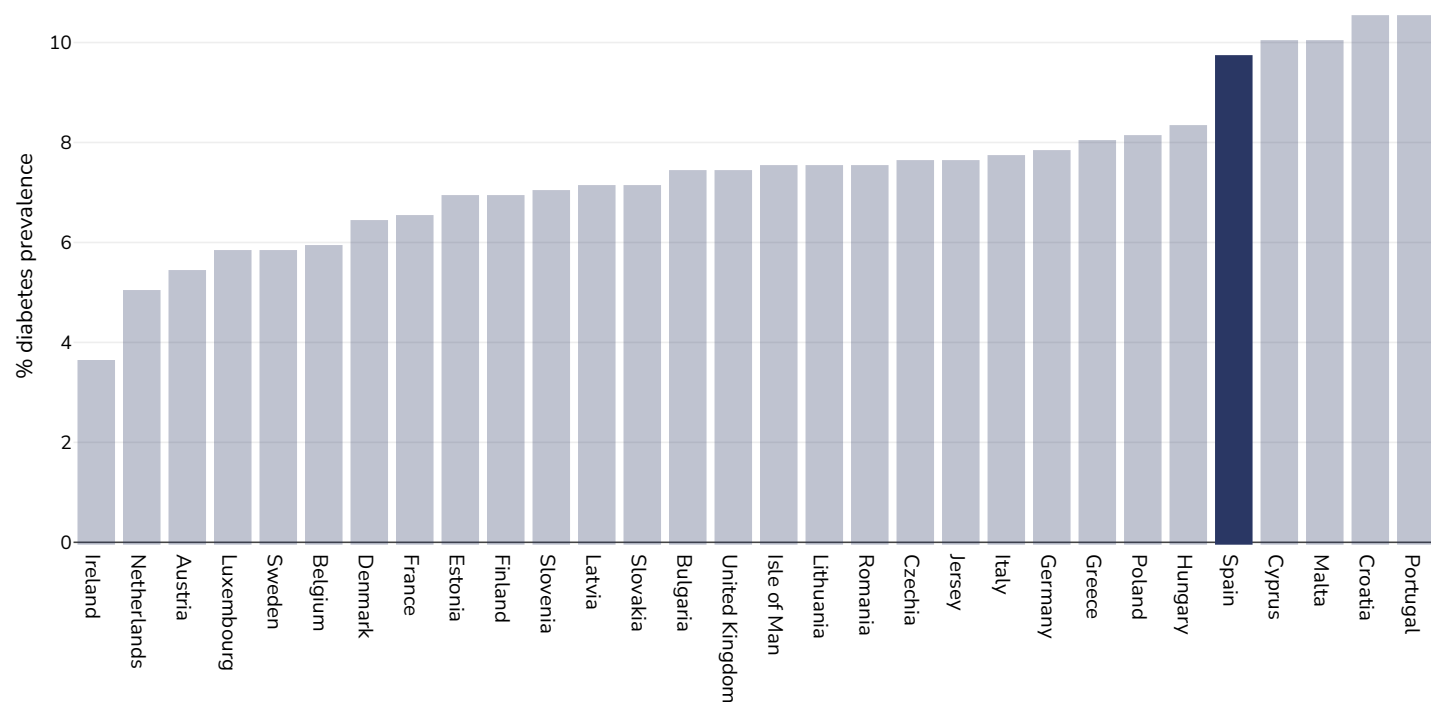


References: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2024

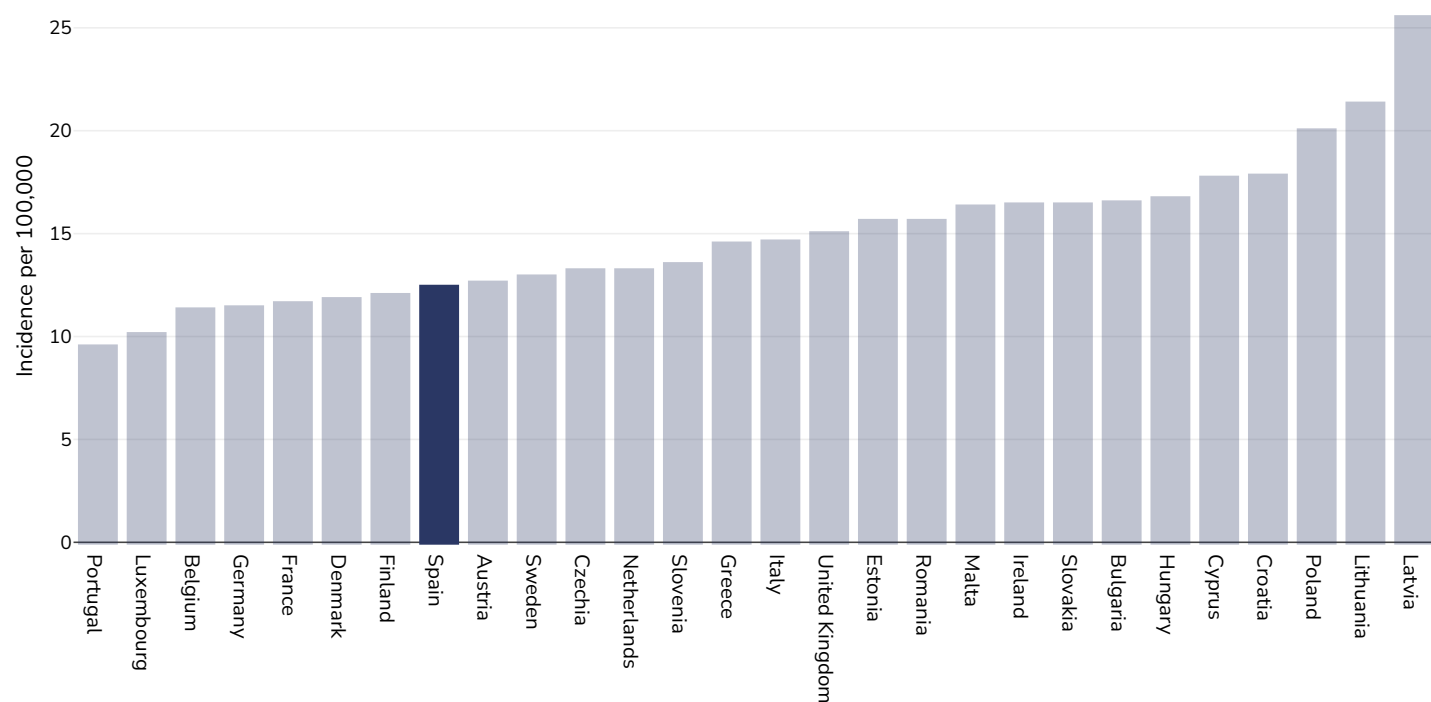


References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

Ovarian Cancer

Women, 2022



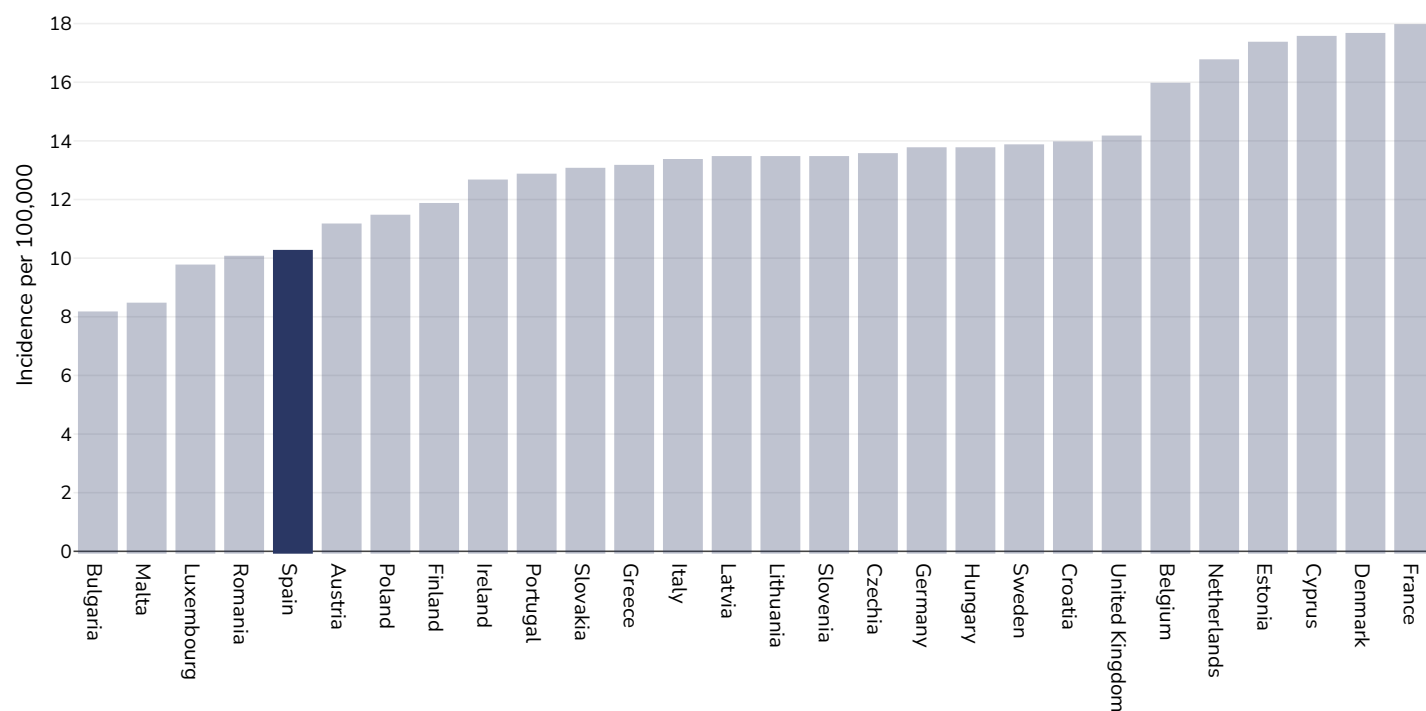
Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Leukemia

Men, 2022



Age: 20+

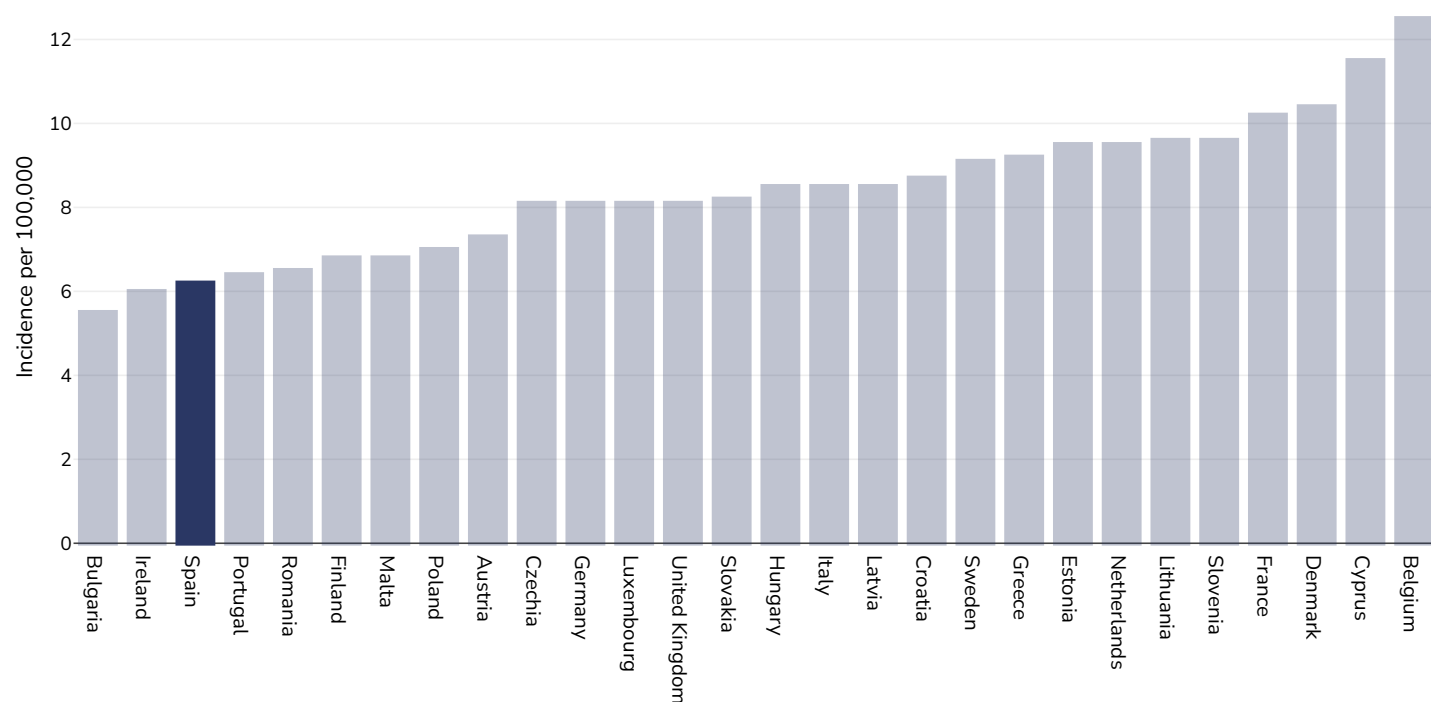
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022



Age: 20+

Area covered: National

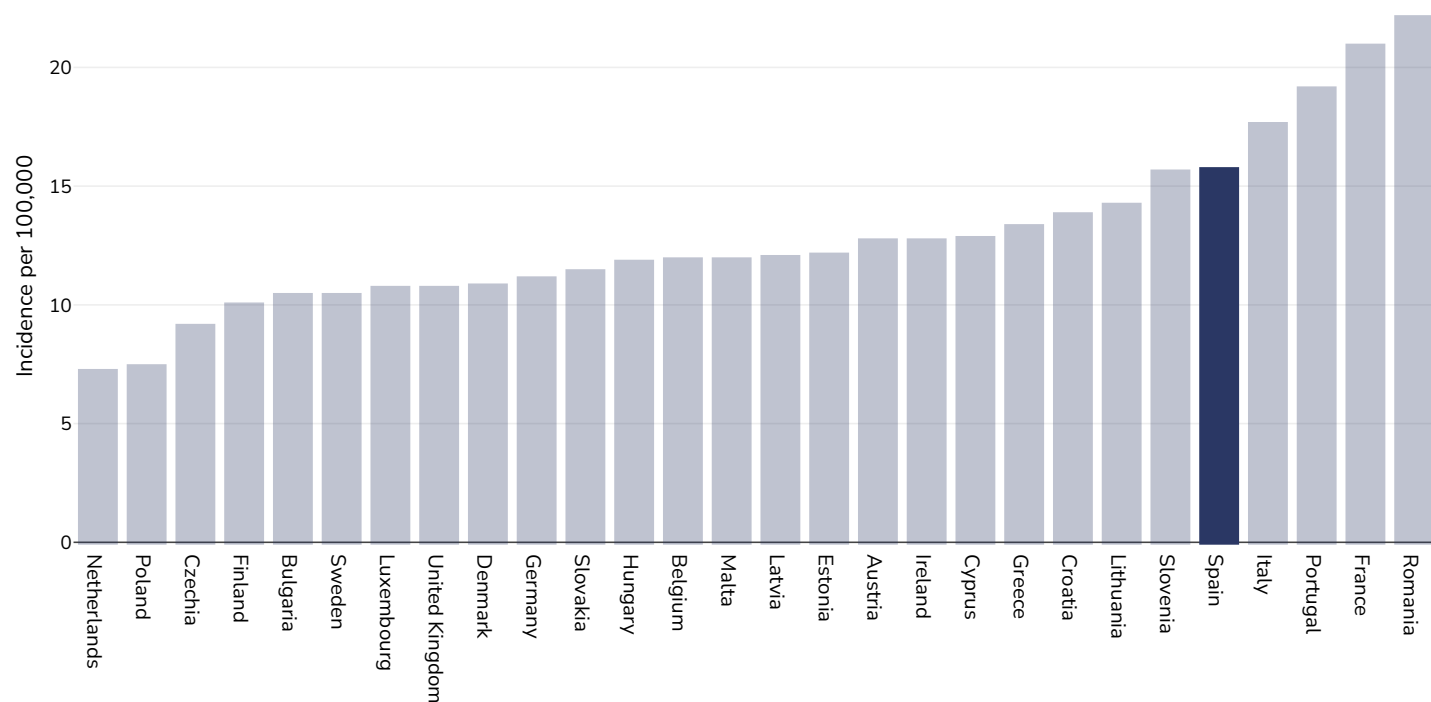
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Liver and intrahepatic bile duct Cancer

Men, 2022



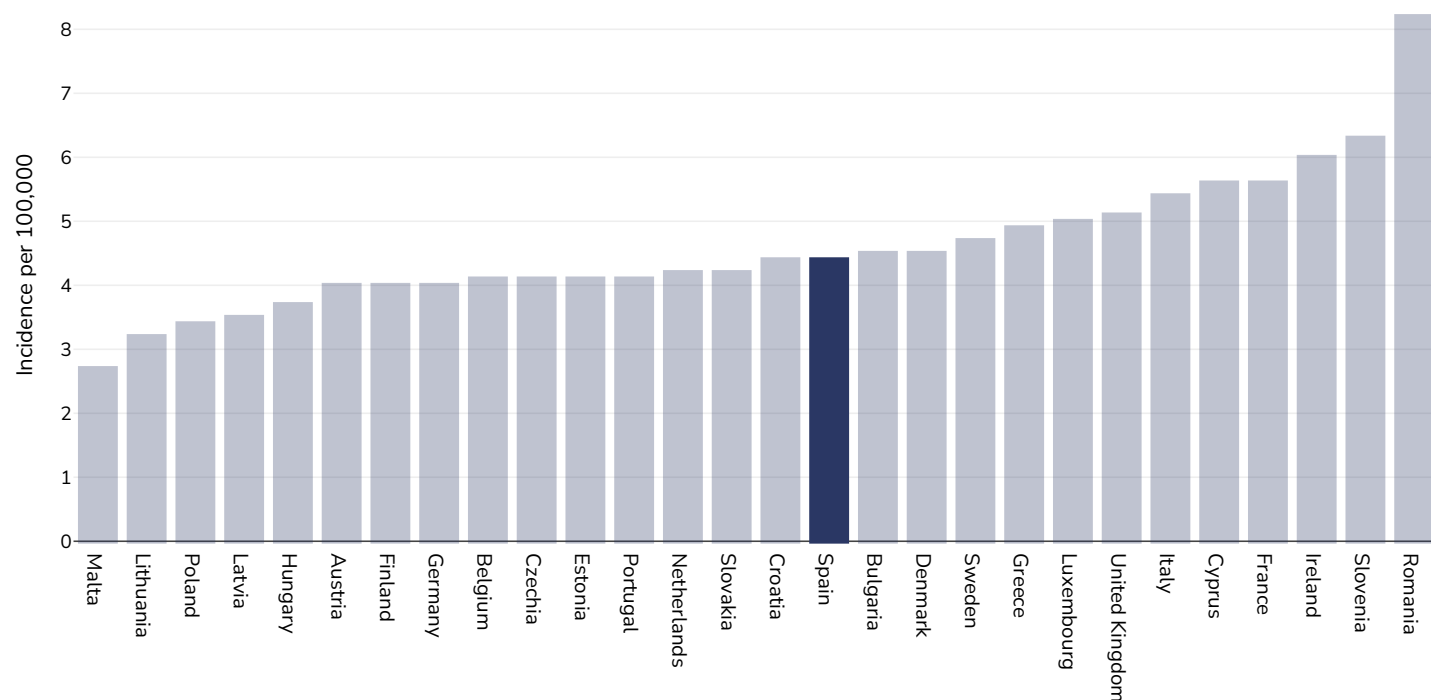
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

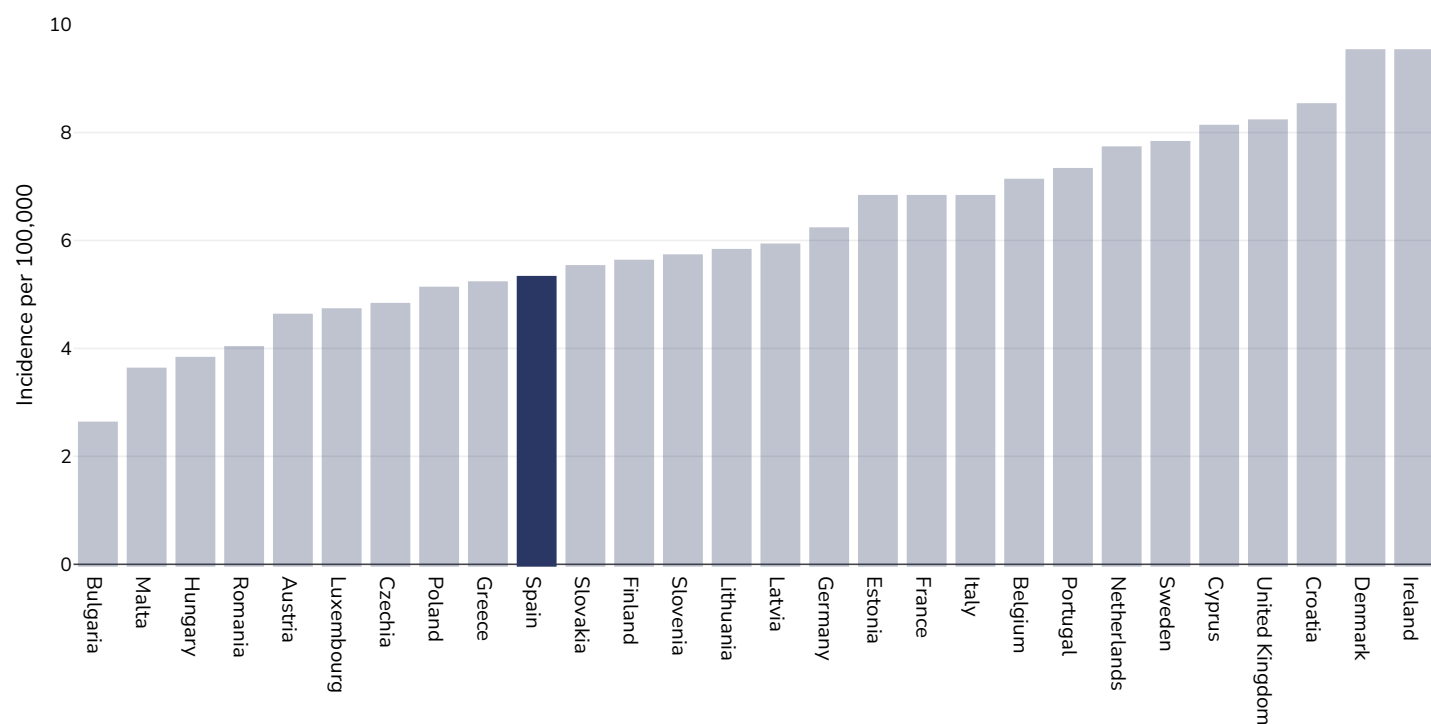
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Multiple Myeloma

Men, 2022



Age: 20+

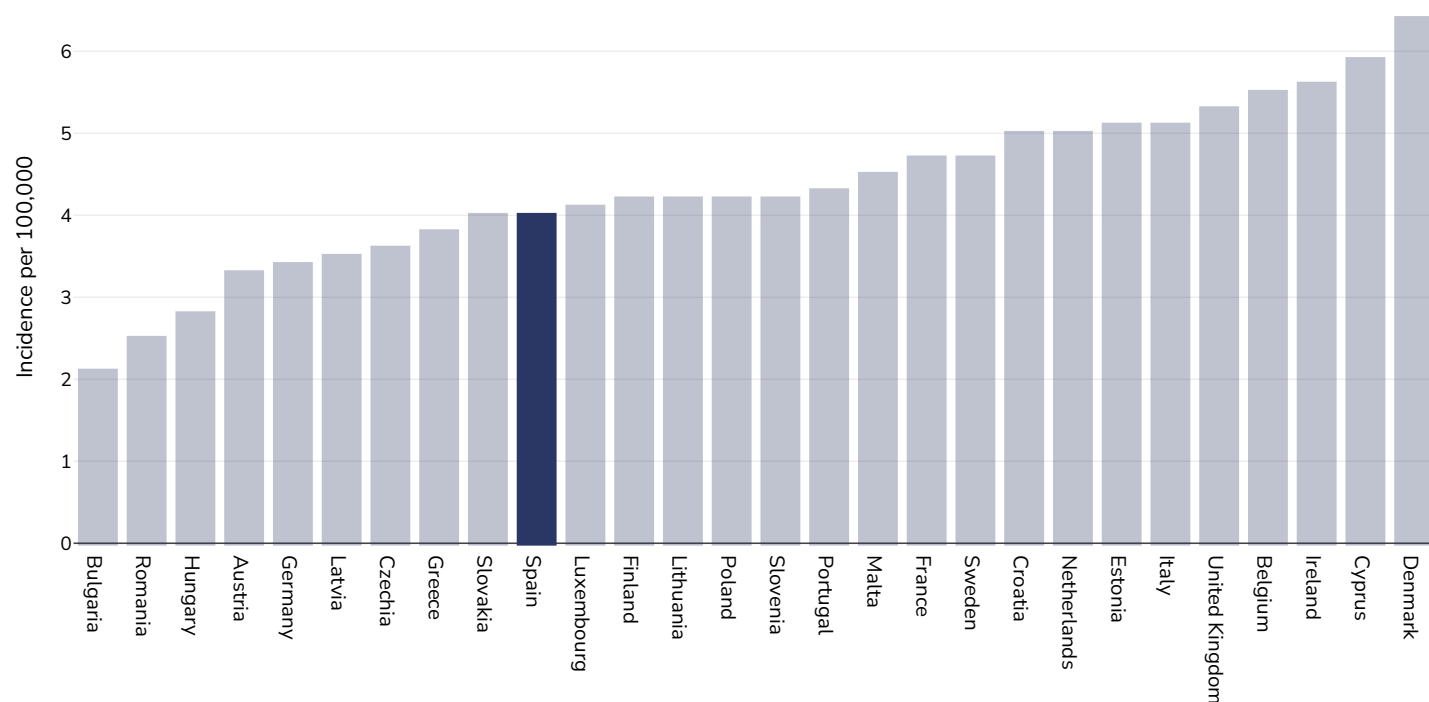
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022



Age: 20+

Area covered: National

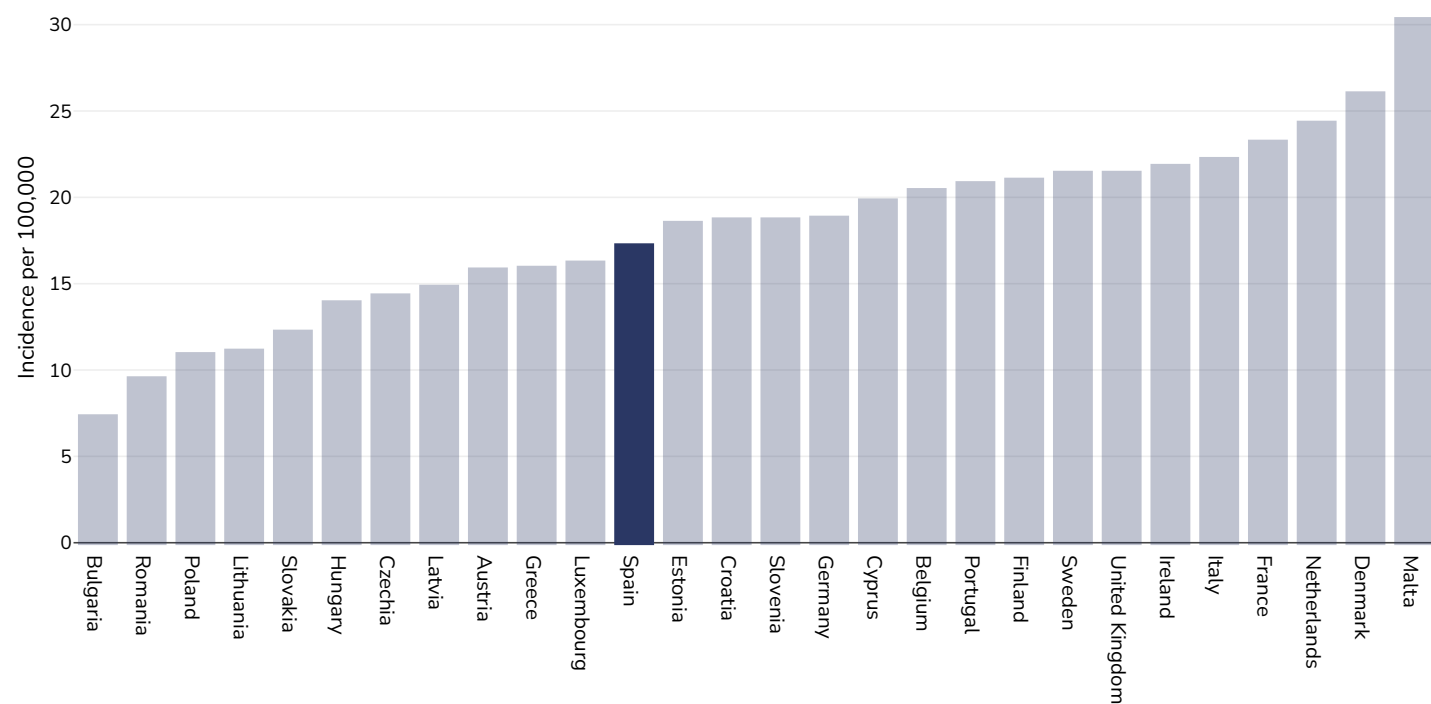
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Non Hodgkin Lymphoma

Men, 2022



Age: 20+

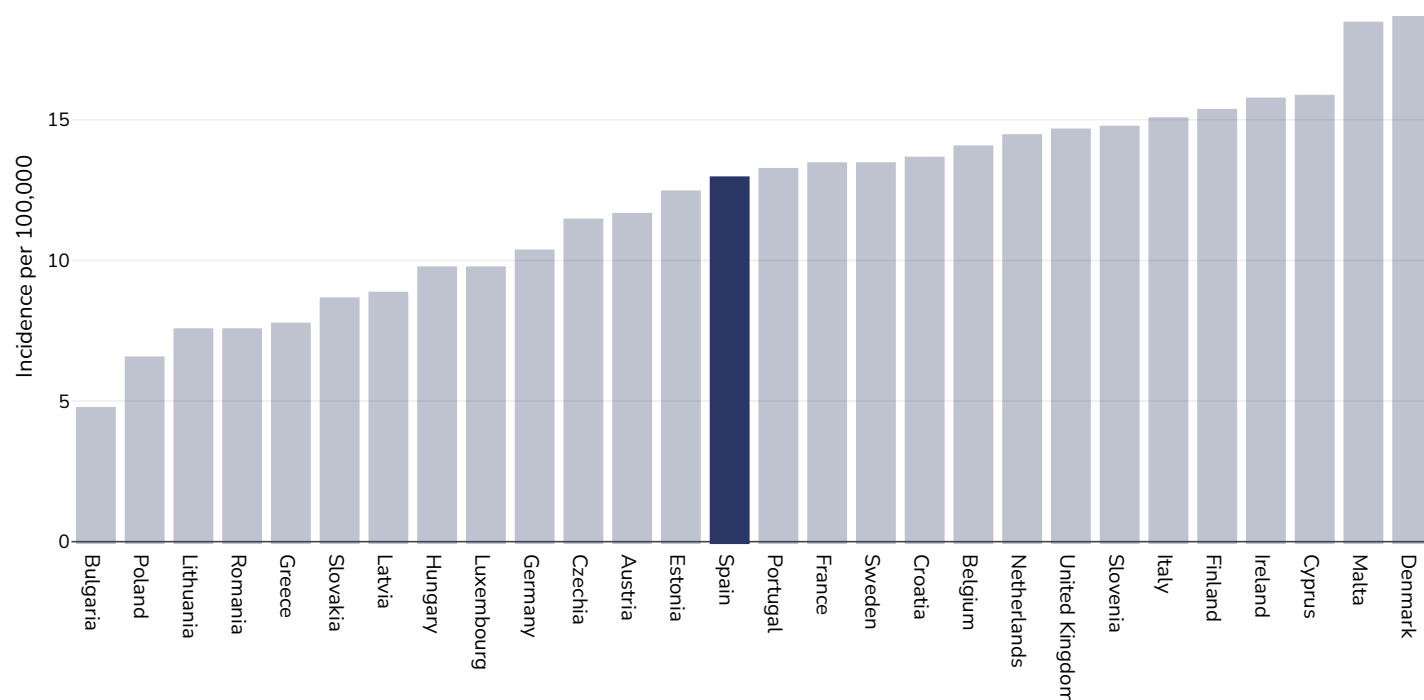
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022



Age: 20+

Area covered: National

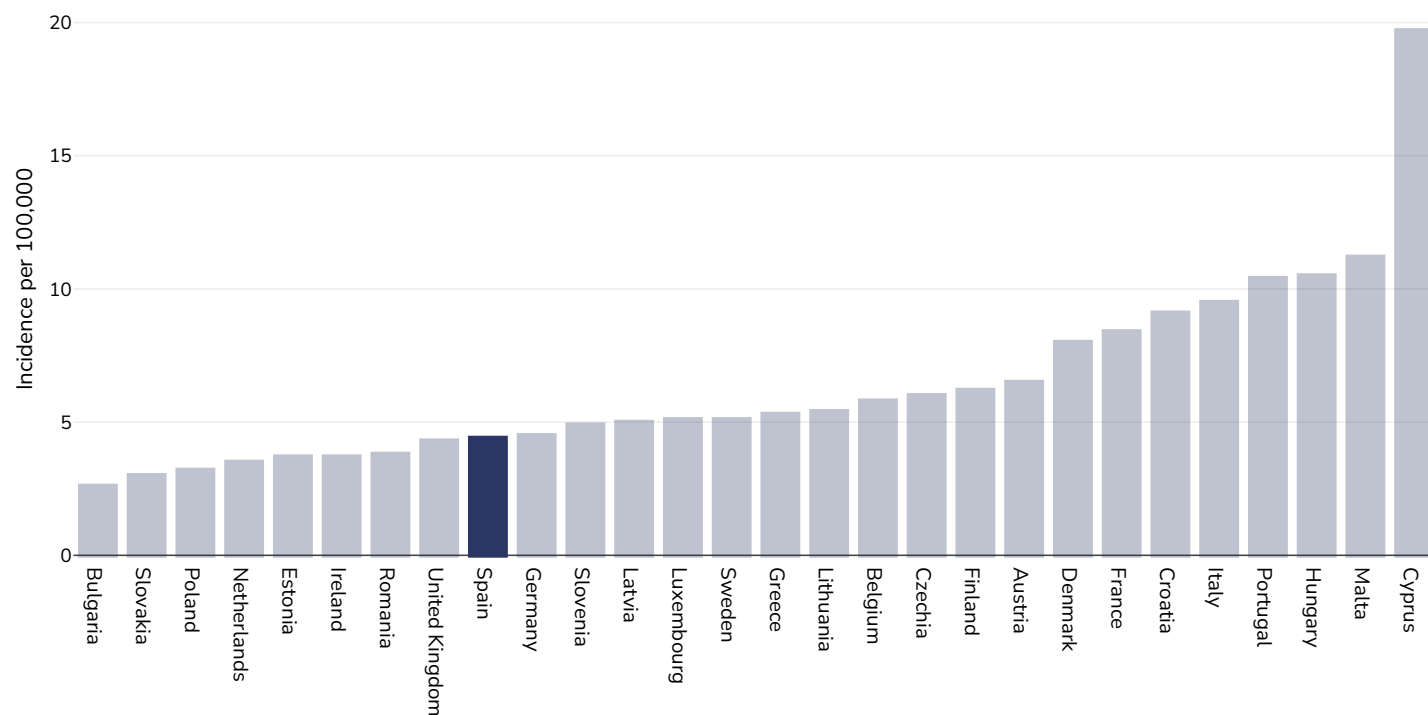
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Thyroid Cancer

Men, 2022



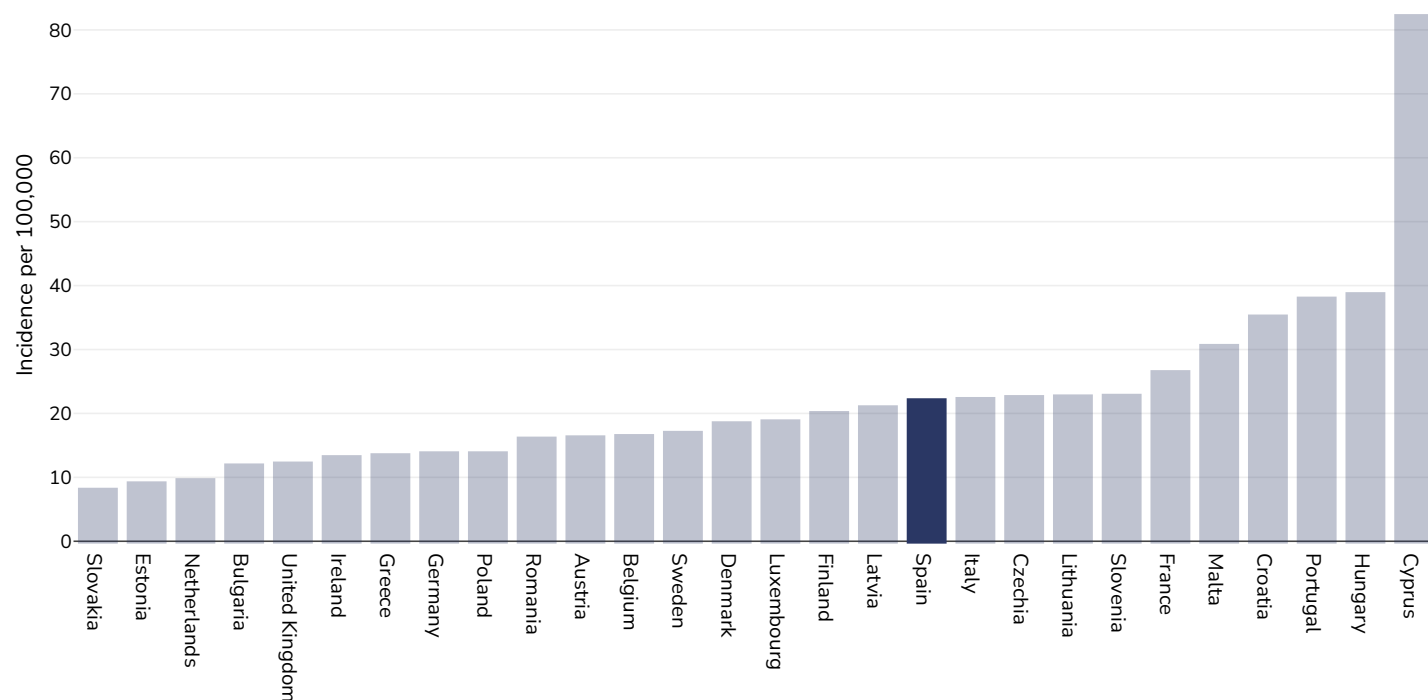
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Women, 2022



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

PDF created on August 21, 2025