

South Sudan



Country report card

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <u>https://data.worldobesity.org/country/south-</u>sudan-247/.



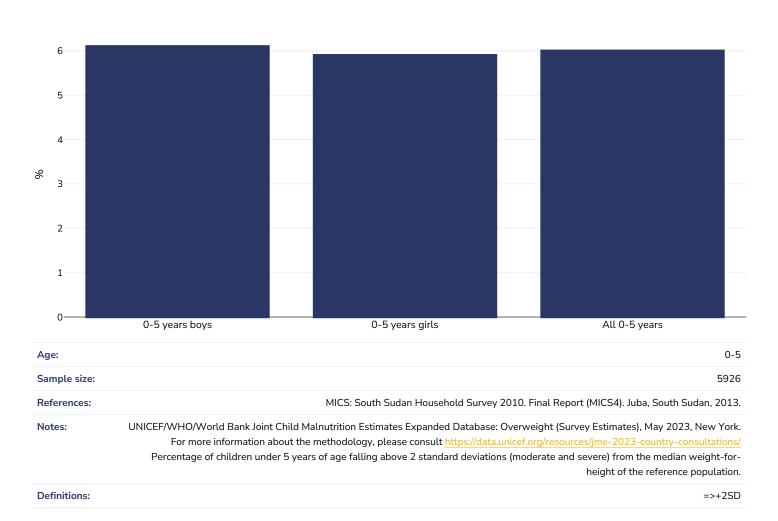
Contents	Page
Obesity prevalence	3
Overweight/obesity by education	4
Overweight/obesity by region	5
Overweight/obesity by socio-economic group	6
Double burden of underweight & overweight	7
Insufficient physical activity	10
Estimated per capita fruit intake	13
Estimated per-capita processed meat intake	14
Estimated per capita whole grains intake	15
Mental health - depression disorders	16
Mental health - anxiety disorders	22
% Infants exclusively breastfed 0-5 months	27
Percent of population who cannot afford a healthy diet	28
Oesophageal cancer	29
Breast cancer	31
Colorectal cancer	32
Pancreatic cancer	34
Gallbladder cancer	36
Kidney cancer	38
Cancer of the uterus	40
Diabetes prevalence	41
Ovarian Cancer	42
Leukemia	43
Liver and intrahepatic bile duct Cancer	45
Multiple Myeloma	47
Non Hodgkin Lymphoma	49
Thyroid Cancer	51



Obesity prevalence

0-5 years, 2010

Overweight or obesity

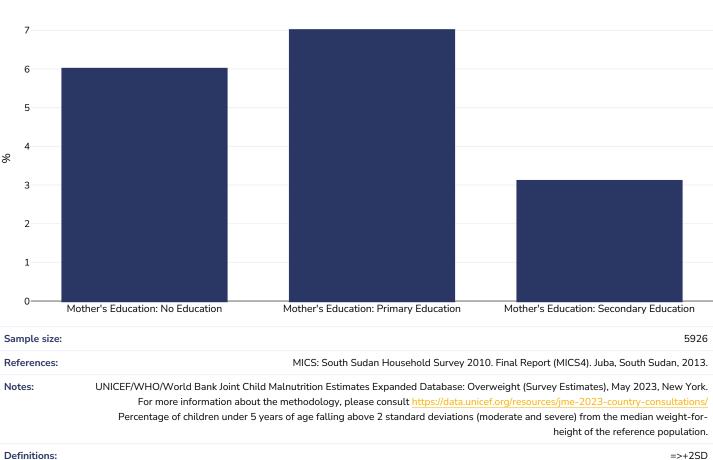




Overweight/obesity by education

0-5 years, 2010

Overweight or obesity



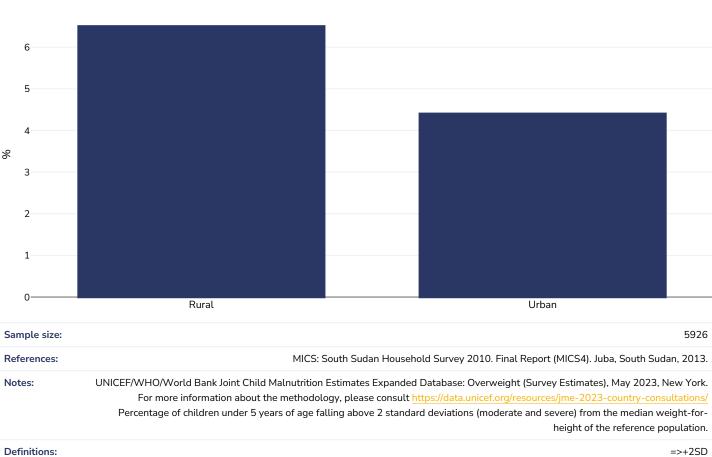
=>+2SD



Overweight/obesity by region

0-5 years, 2010

Overweight or obesity



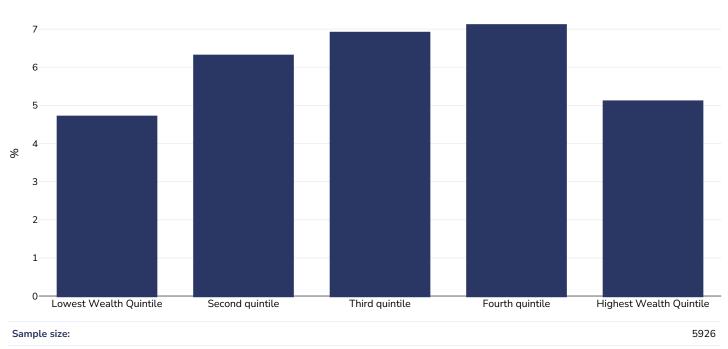
=>+2SD



Overweight/obesity by socio-economic group

0-5 years, 2010

Overweight or obesity



MICS: South Sudan Household Survey 2010. Final Report (MICS4). Juba, South Sudan, 2013.

 Notes:
 UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-forheight of the reference population.

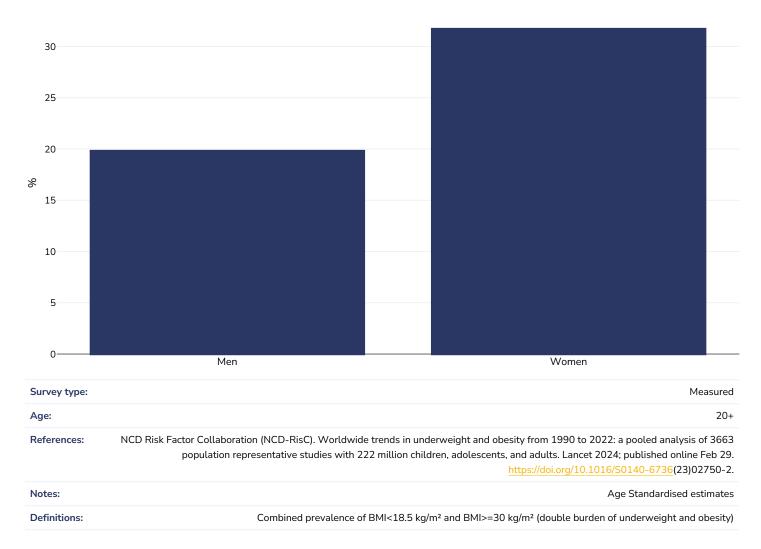
=>+2SD

Definitions:

References:



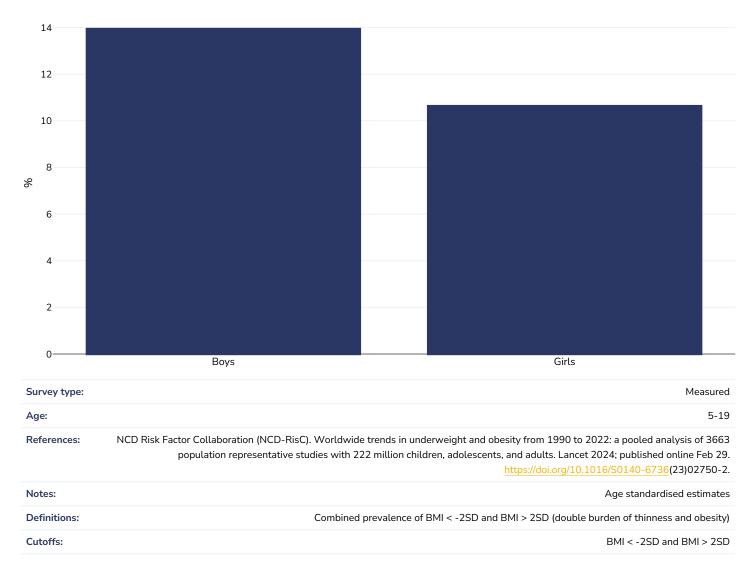
Double burden of underweight & overweight





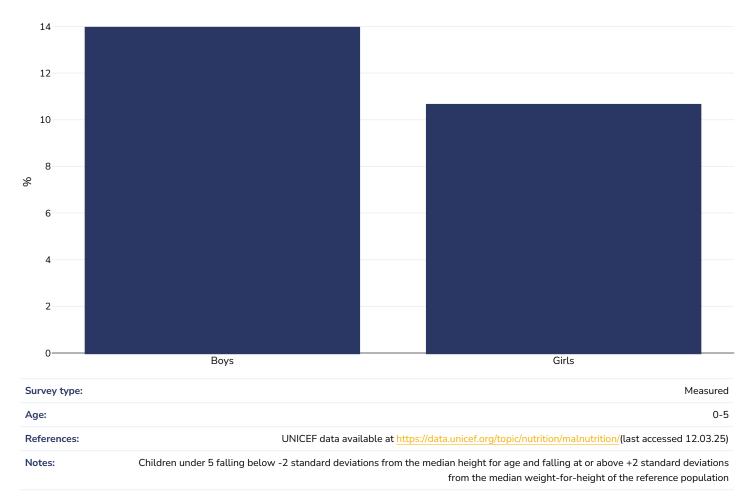


Children, 2022



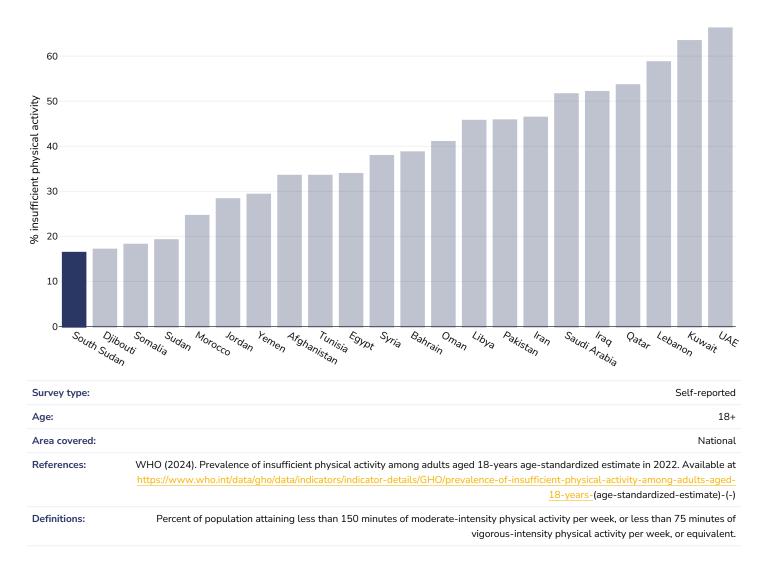


0-5 years, 2010-2010

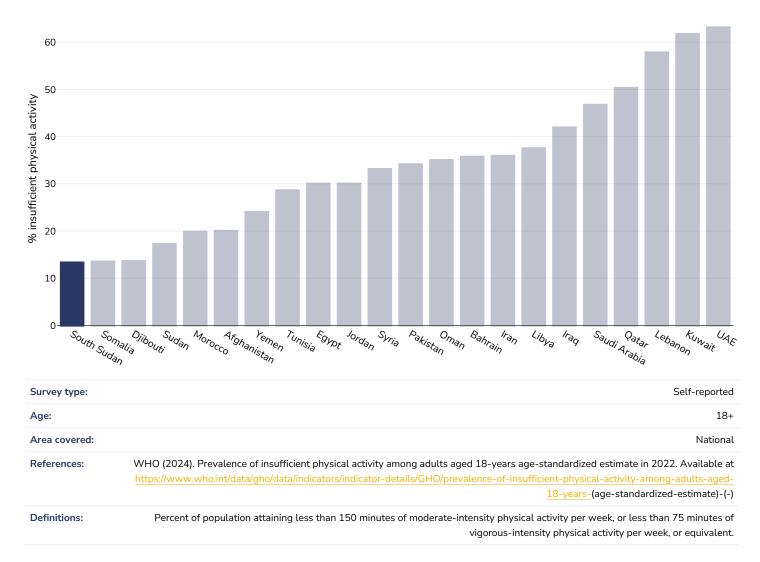




Insufficient physical activity

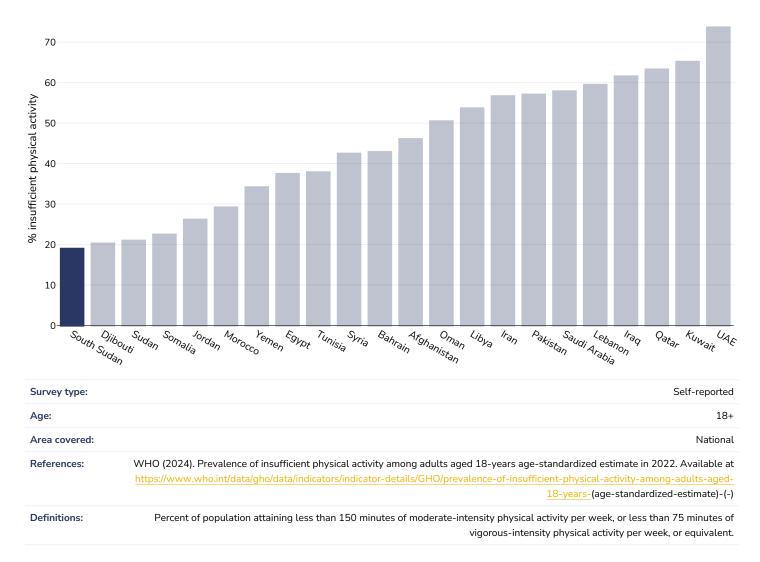








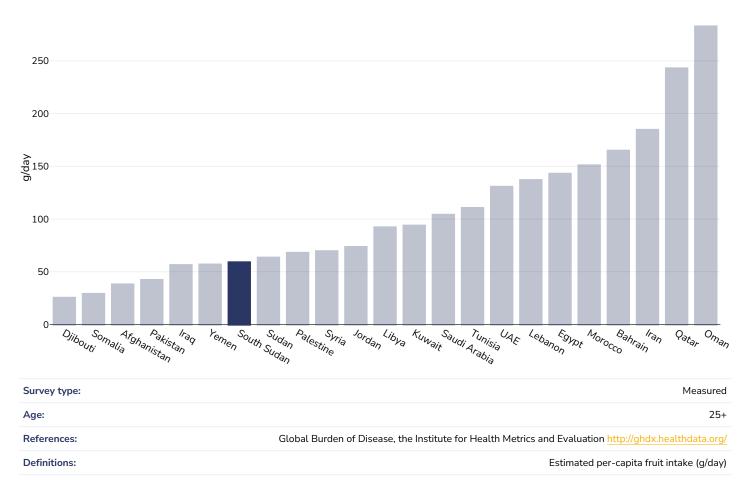
Women, 2022





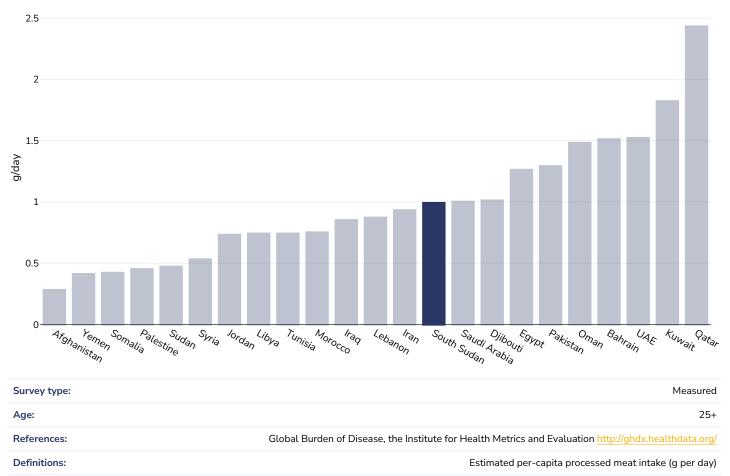
Estimated per capita fruit intake





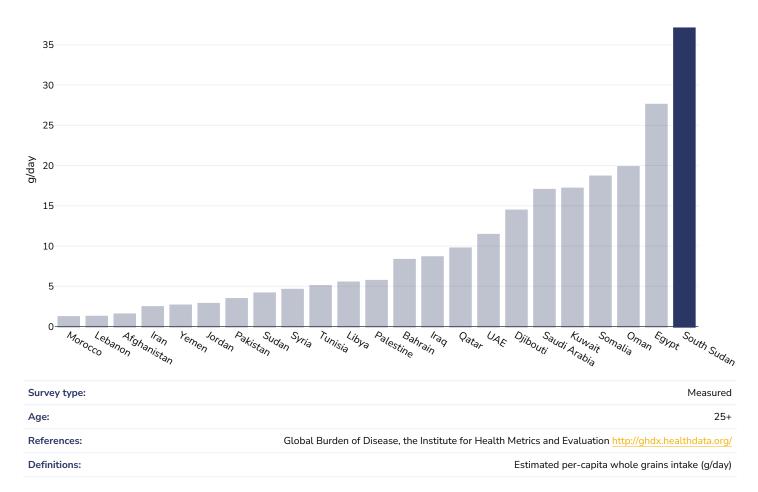


Estimated per-capita processed meat intake



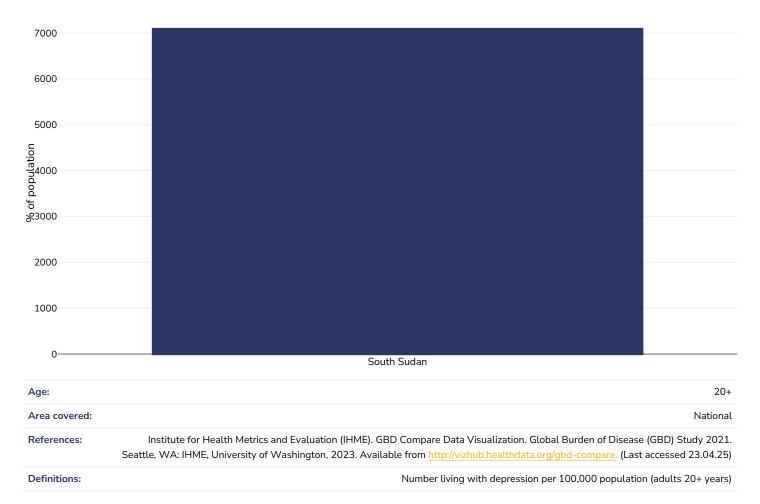


Estimated per capita whole grains intake

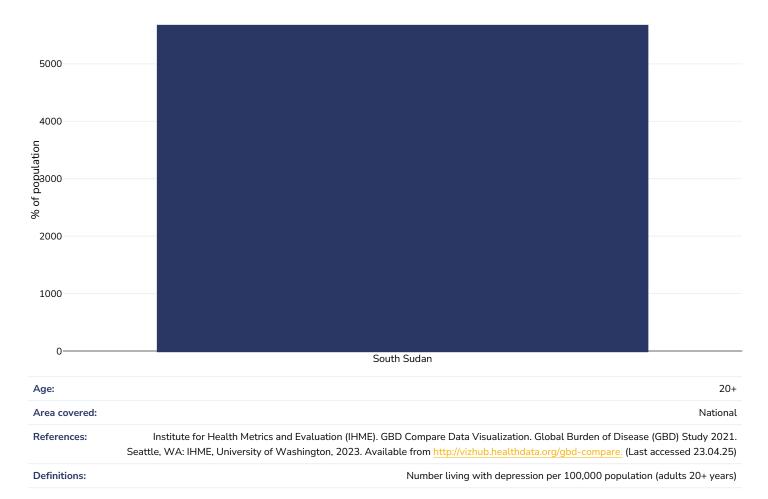




Mental health - depression disorders







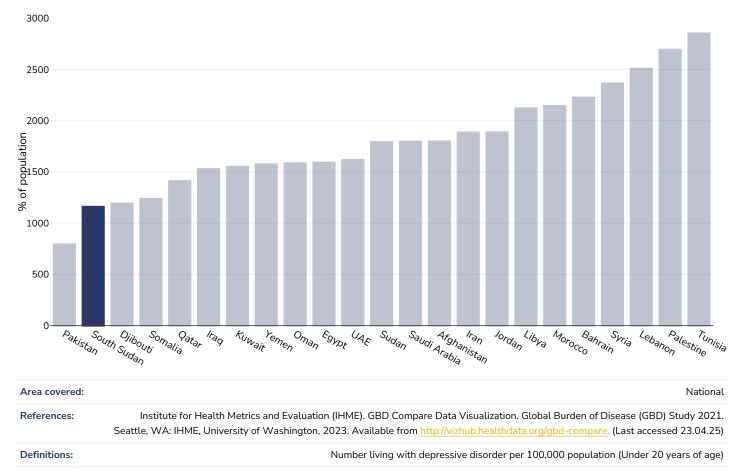


Women, 2021

Definitions:	Number living with depression per 100,000 population (adults 20+ years)	
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <u>http://vizhub.healthdata.org/gbd-compare.</u> (Last accessed 23.04.25)	
Area covered:	National	
Age:	20+	
U	South Sudan	
0		
1000		
2000		
3000		
4000 %		
uoitsindod Jo %		
5 +#5000		
6000		
,		
7000		
8000		

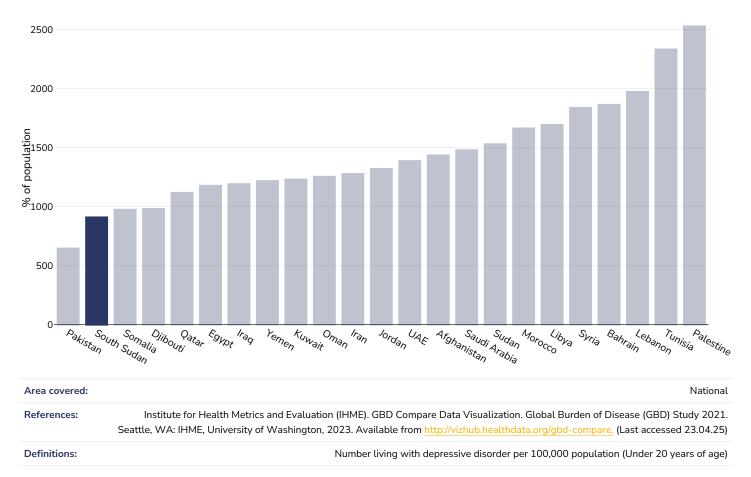


Children, 2021

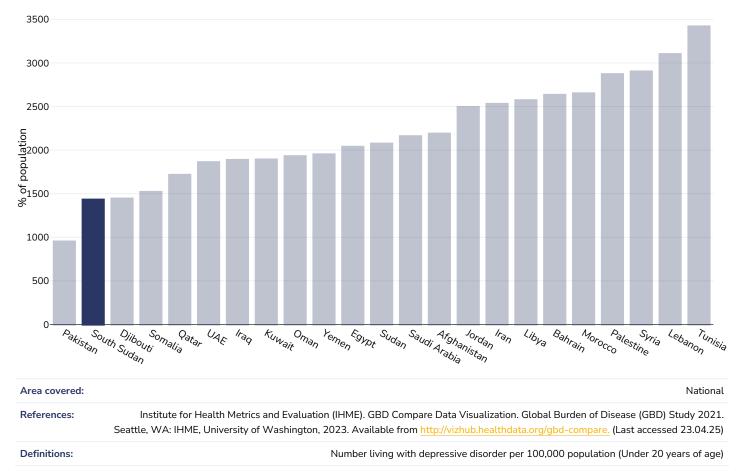




Boys, 2021

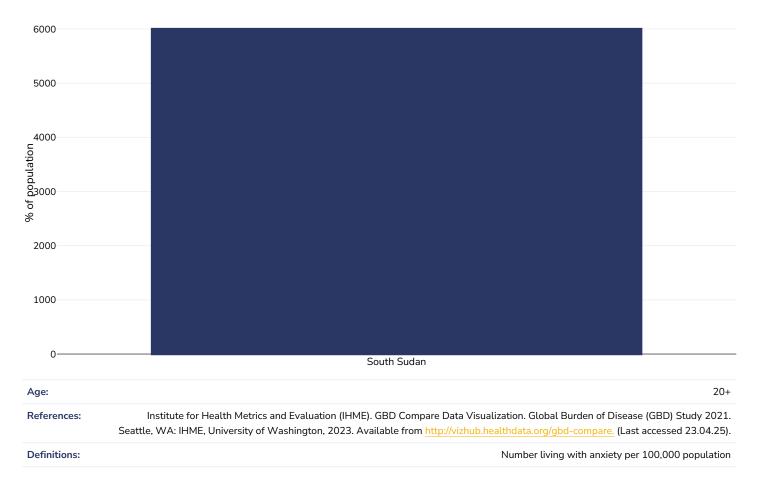


Girls, 2021

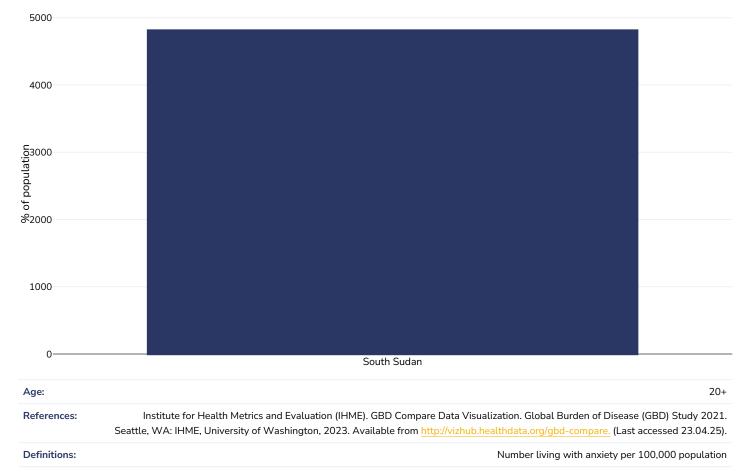




Mental health - anxiety disorders







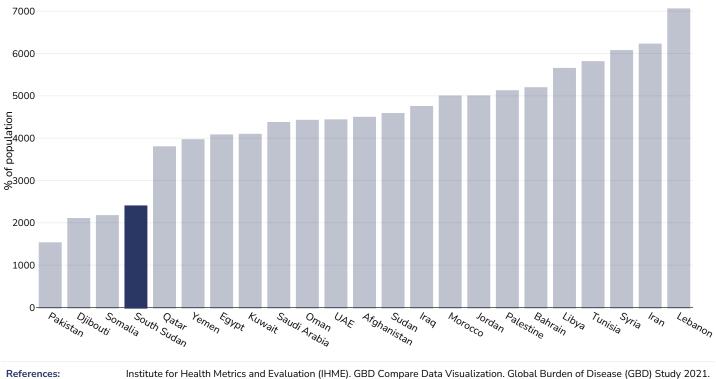


Women, 2021

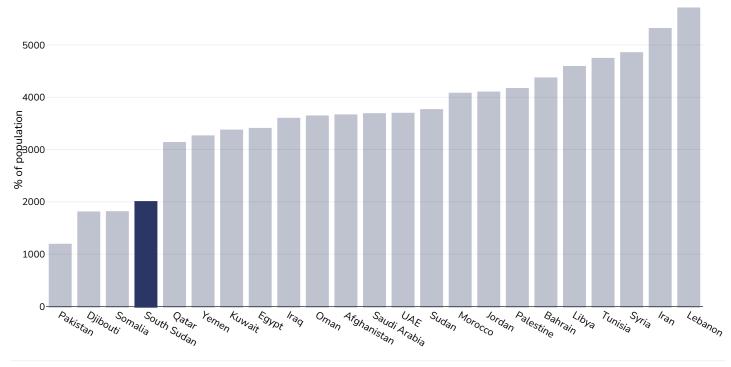




Children, 2021



Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)



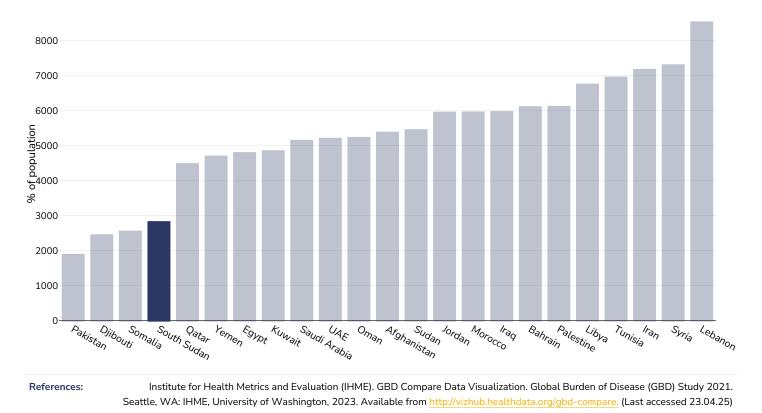
Boys, 2021

References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)



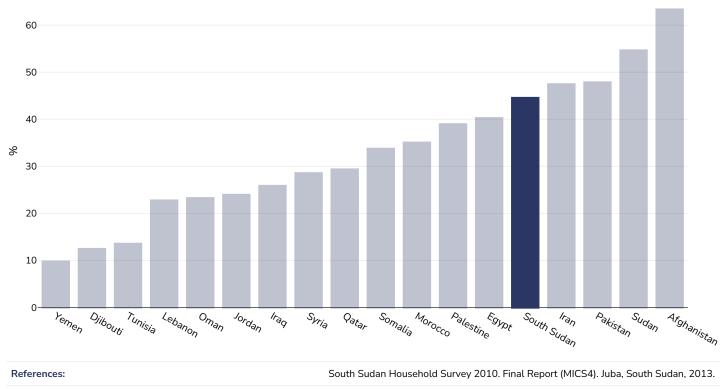
Girls, 2021





% Infants exclusively breastfed 0-5 months

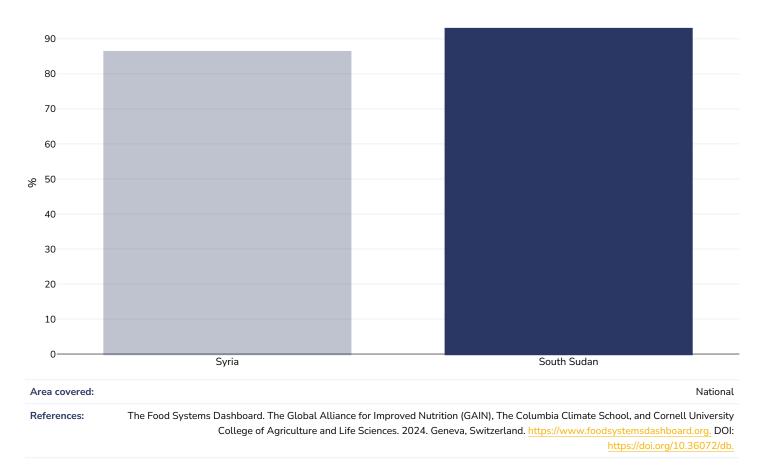
0-5 years, 2010-2023



Notes: Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

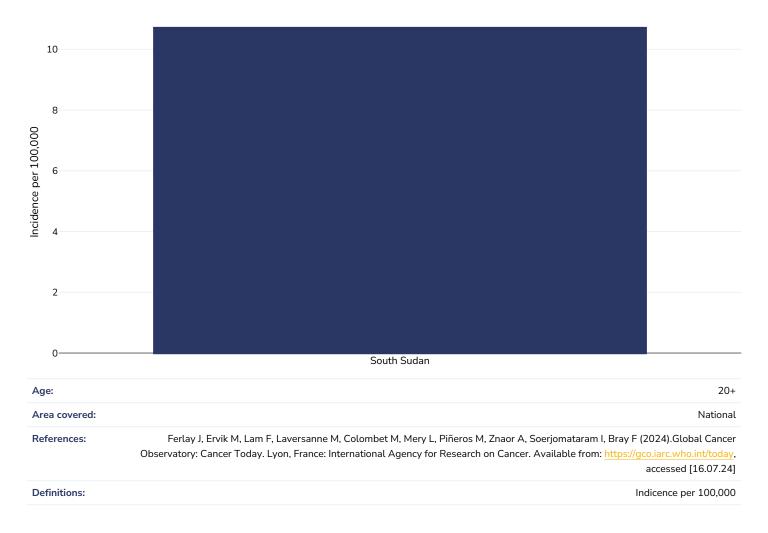


Percent of population who cannot afford a healthy diet



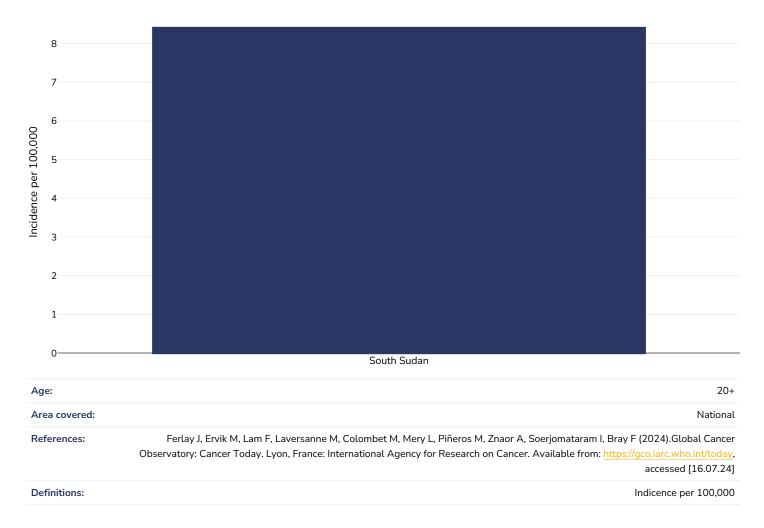


Oesophageal cancer





Women, 2022

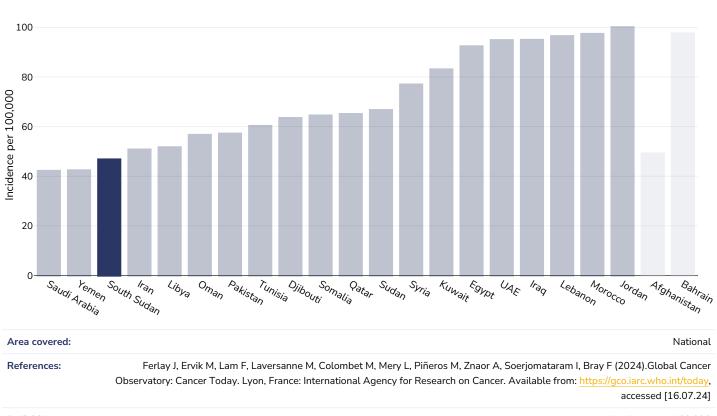




Breast cancer

Women, 2022

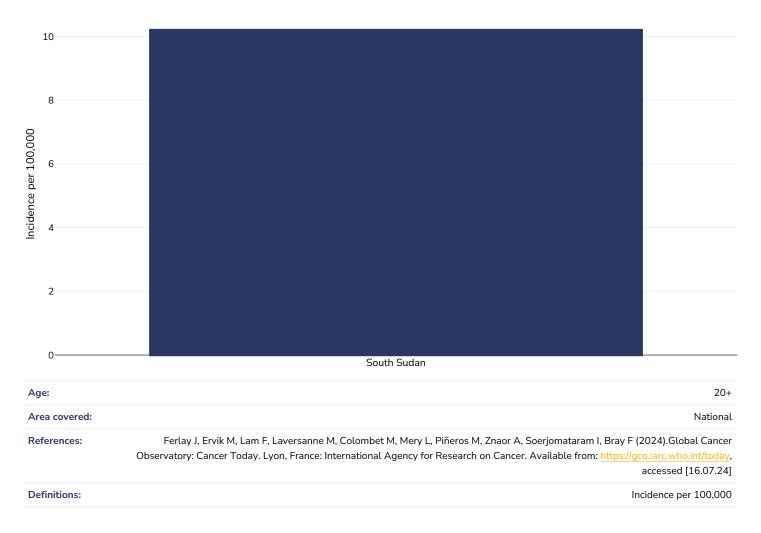
Age 20 Age 20+



Incidence per 100,000



Colorectal cancer



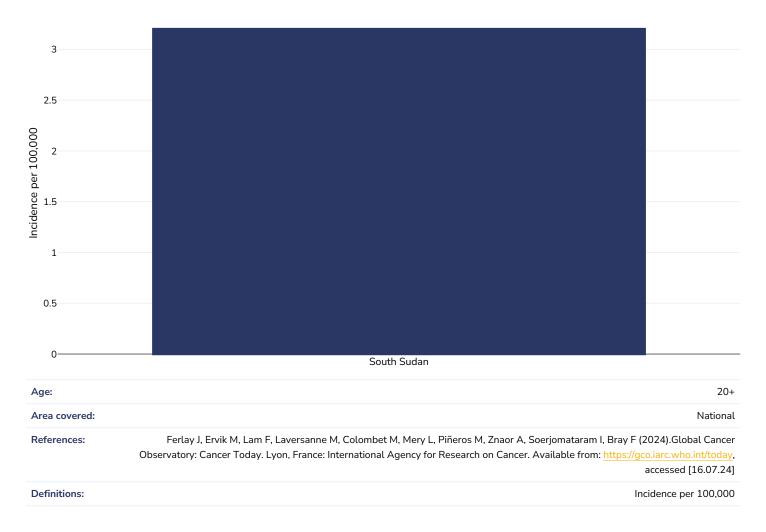


Women, 2022





Pancreatic cancer





Women, 2022

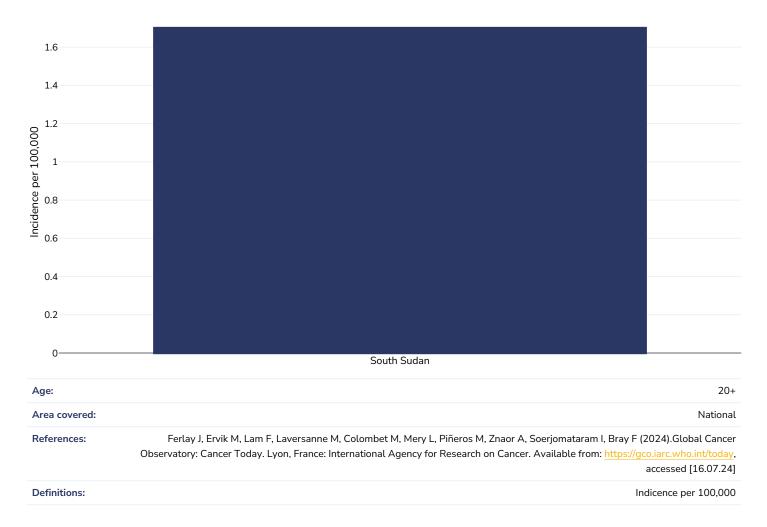




Gallbladder cancer



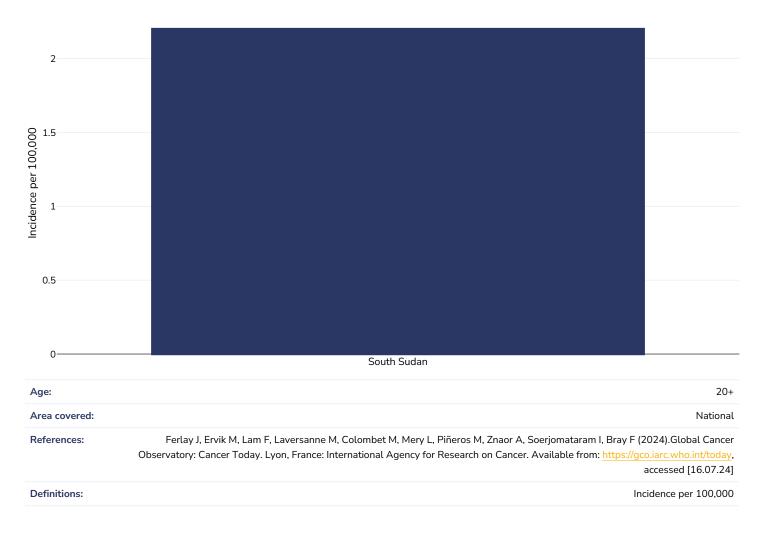




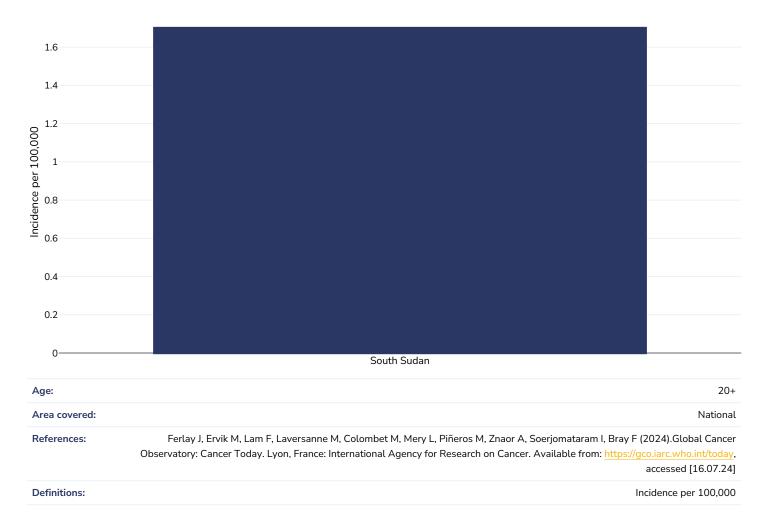


Kidney cancer

Men, 2022









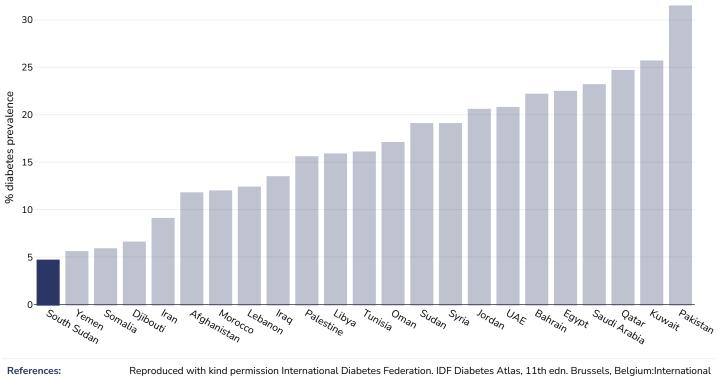
Cancer of the uterus





Diabetes prevalence

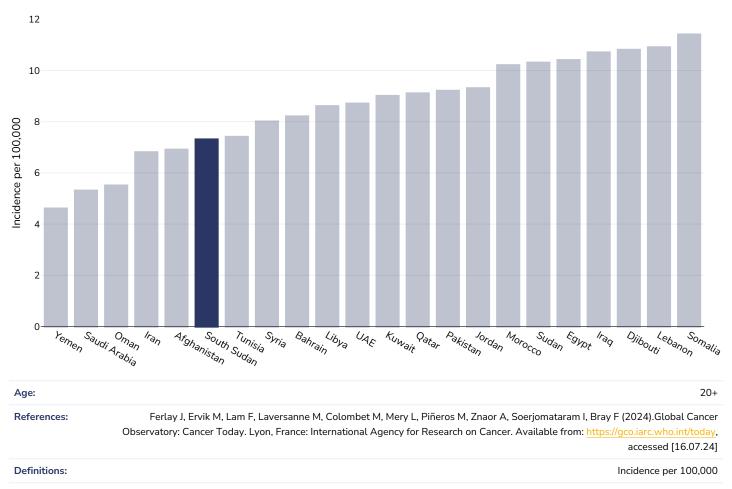
Adults, 2024



permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <u>http://www.diabetesatlas.org</u>



Ovarian Cancer





Leukemia

Men, 2022							
4							
3							
2							
1							
0							
-1_1	0	1	2	3	4	5	6
Age:							20+
Area covered: References:			sanne M, Colombet M rance: International Ag			m: <u>https://gco.iarc.wh</u>	
Definitions:						Incidence p	
	Unless ot	herwise noted. overw	eiaht refers to a BMI b	etween 25kg and 29	.9ka/m². obesitv refer	s to a BMI greater tha	n 30ka/m².

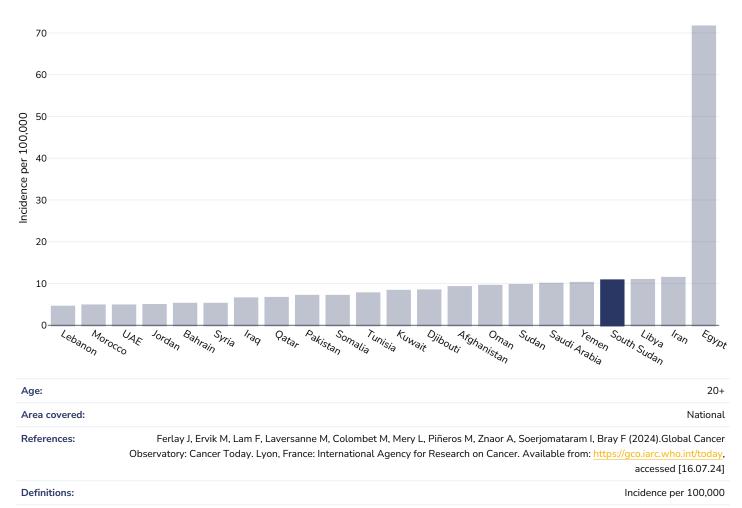


4							
3							
2							
1							
0							
-1 -1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:					Znaor A, Soerjomataran n Cancer. Available fror	n: <u>https://gco.iarc.whc</u>	
Definitions:						Incidence pe	r 100,000
	Unless othe	erwise noted, overw	eight refers to a BMI	between 25kg and 2	9.9kg/m², obesity refers	to a BMI greater than	ו 30kg/m².



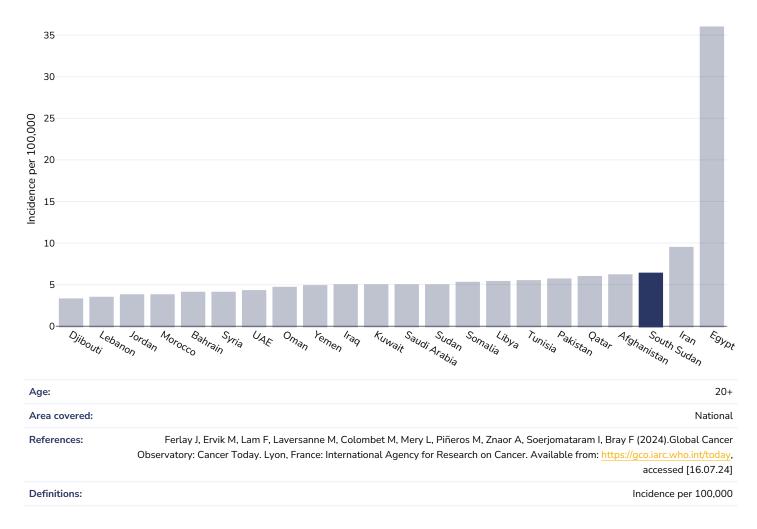
Liver and intrahepatic bile duct Cancer







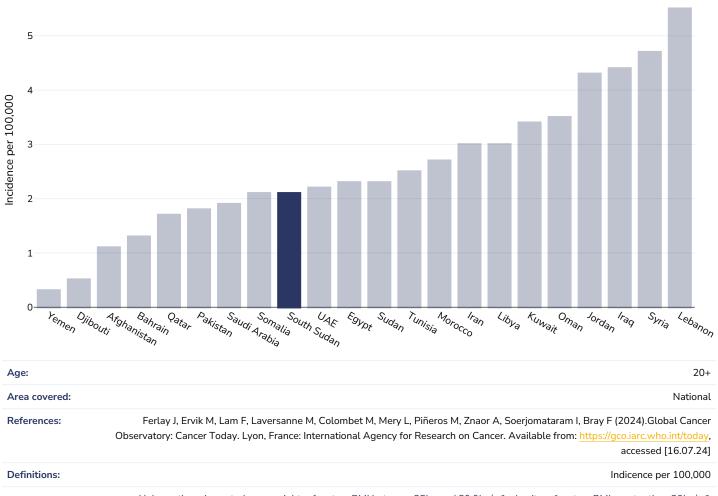






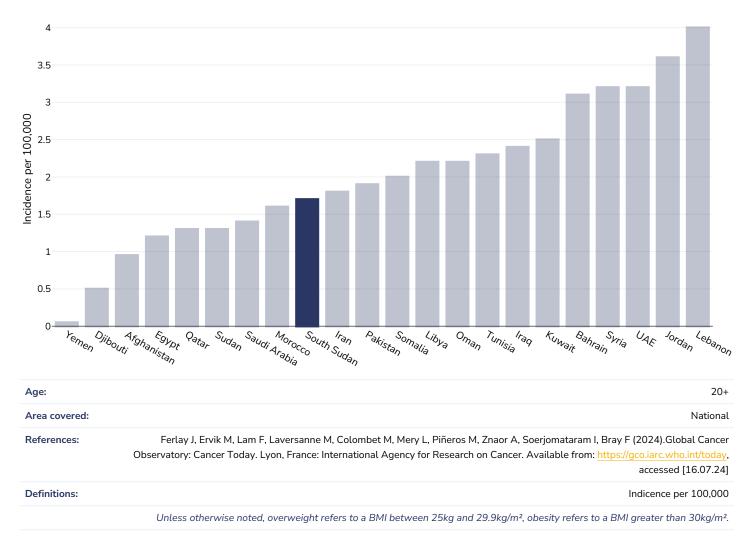
Multiple Myeloma

Men, 2022



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

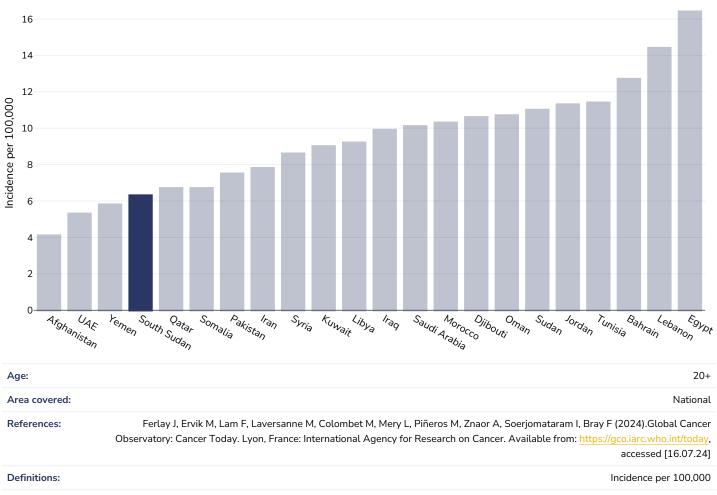






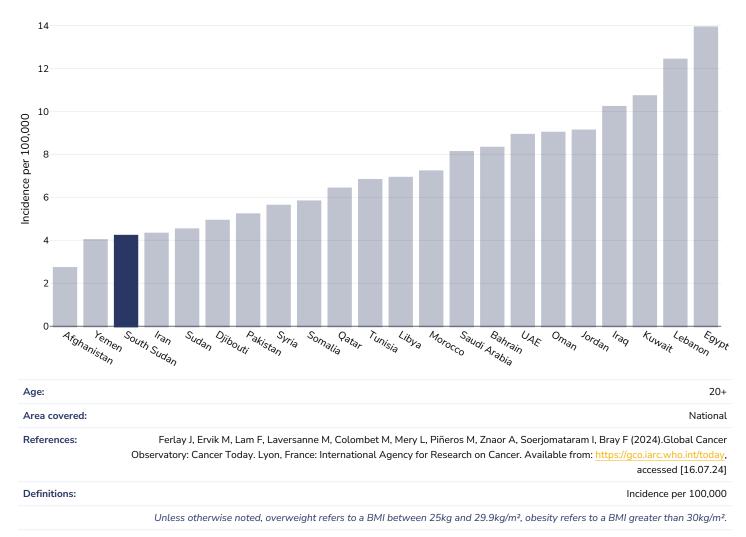
Non Hodgkin Lymphoma

Men, 2022



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

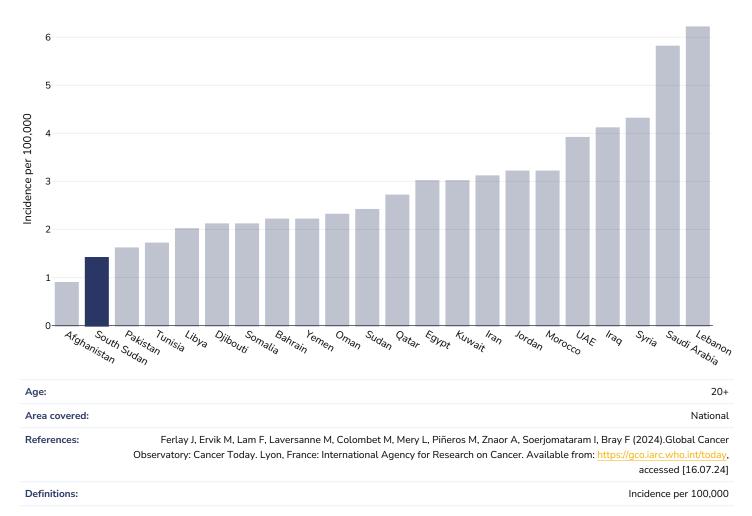




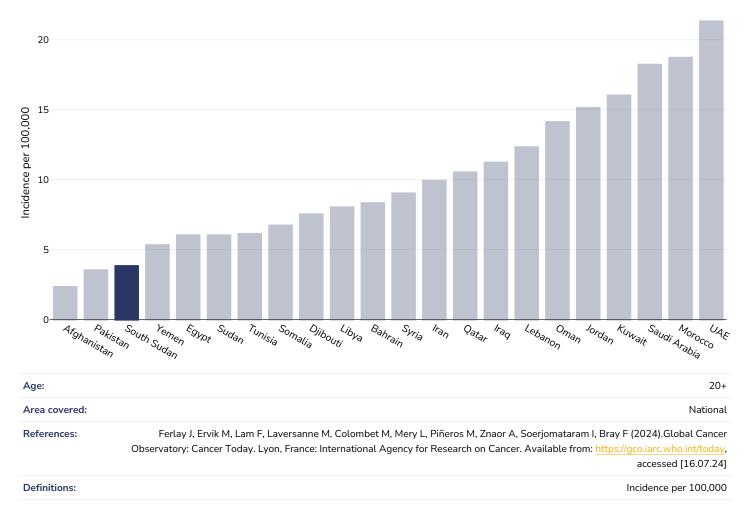


Thyroid Cancer

Men, 2022







PDF created on June 17, 2025