South Korea



Country report card

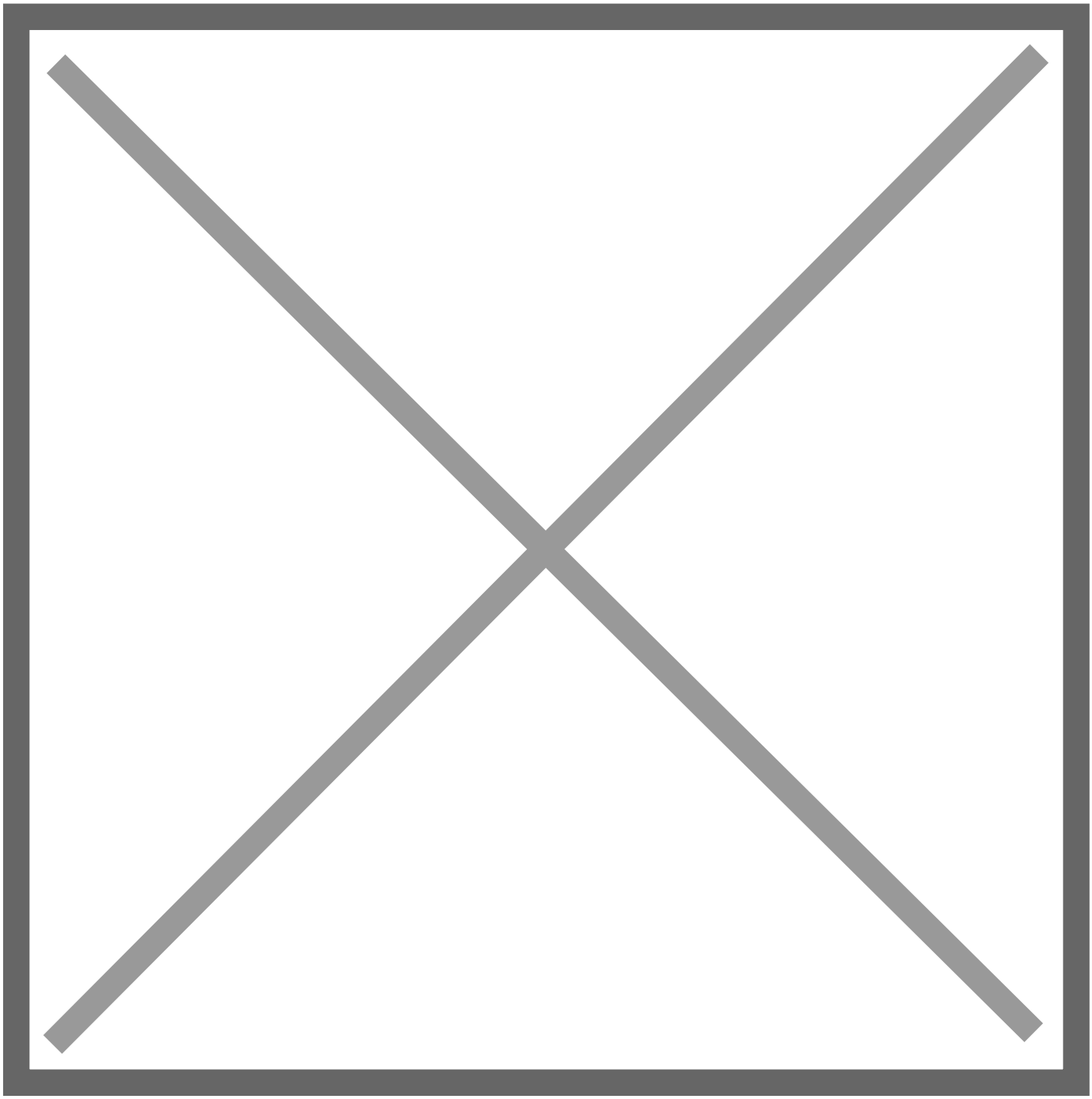
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/south-korea-114/.

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Obesity prevalence

Adults, 2023

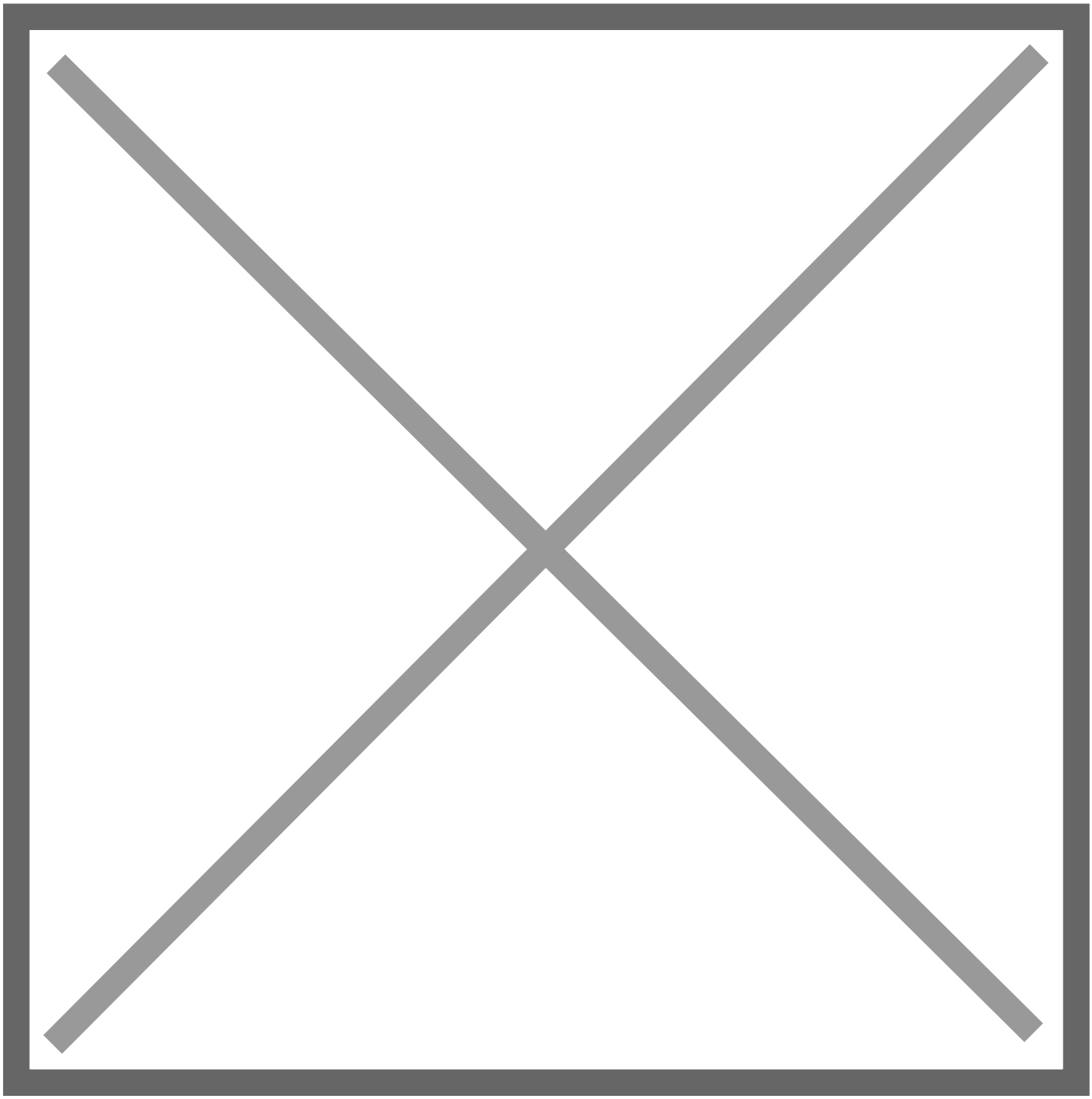


Survey type:	Measured
Age:	20+
Area covered:	National
References:	Korean Society for the Study of Obesity. 2025 Obesity Fact Sheet. https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2025_Obesity_Fact_sheet_web_eng.pdf [Accessed 29.09.25]

Notes:	Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket. Standardised by age and sex based on the 2010 population and housing census
Definitions:	Obesity was defined as a BMI of 25 kg/m² or higher, according to the Asia-Pacific criteria of the WHO.
Cutoffs:	WHO Asia-Pacific

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

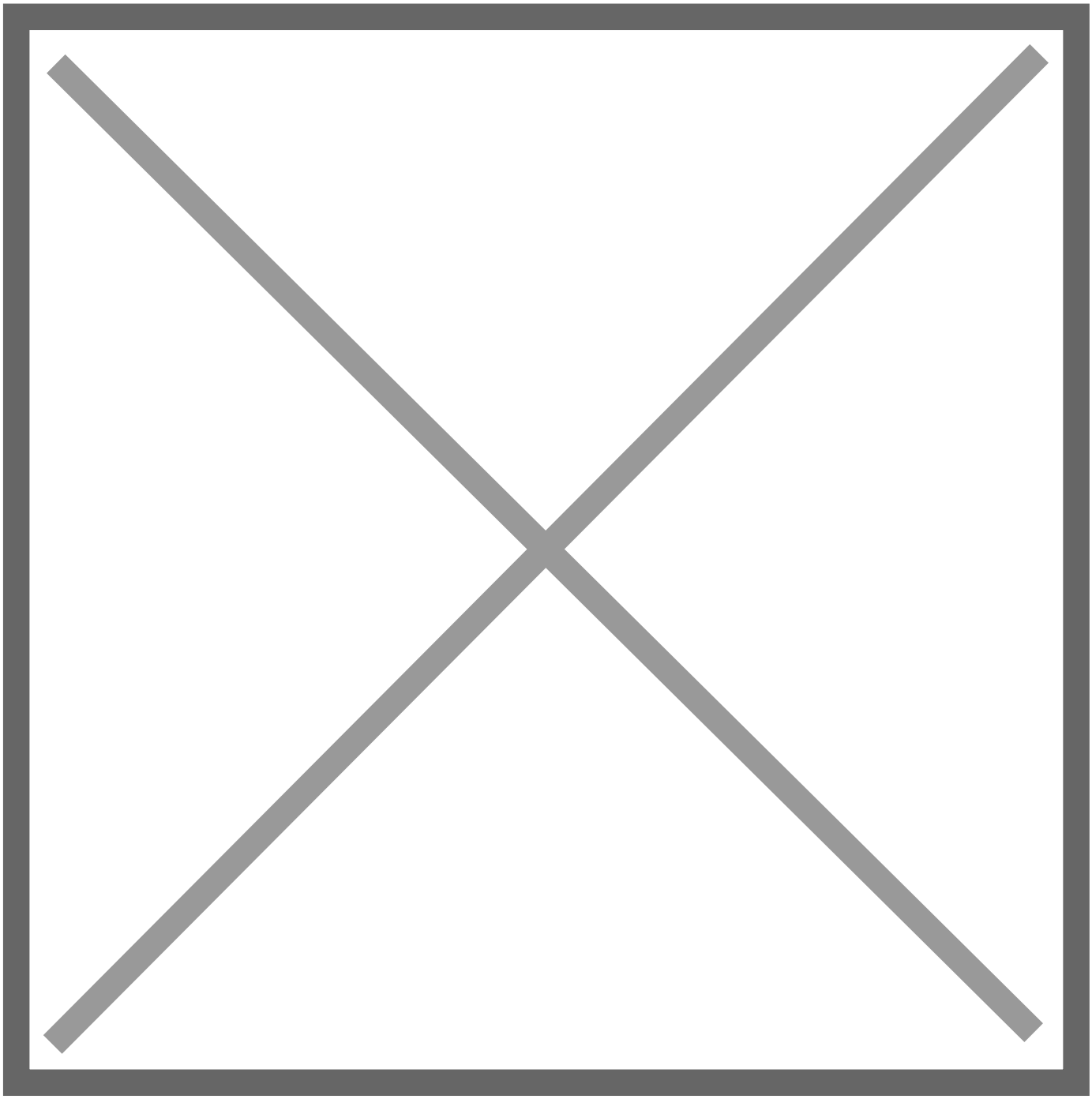
Children, 2023



Survey type:	Measured
Age:	6-18
Area covered:	National
References:	Korean Society for the Study of Obesity. 2025 Obesity Fact Sheet. https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2025_Obesity_Fact_sheet_web_eng.pdf [Accessed 29.09.25]

Notes:	Data from the Korea National Health and Nutrition Examination Survey (KNHANES)
Definitions:	Overweight and obesity in children and adolescents: Using sex and age-specific BMI percentiles based on the 2017 Korean growth chart for children and adolescents, with overweight defined as BMI between the 85th and 94th percentile and obesity defined as BMI above the 95th percentile
Cutoffs:	Other

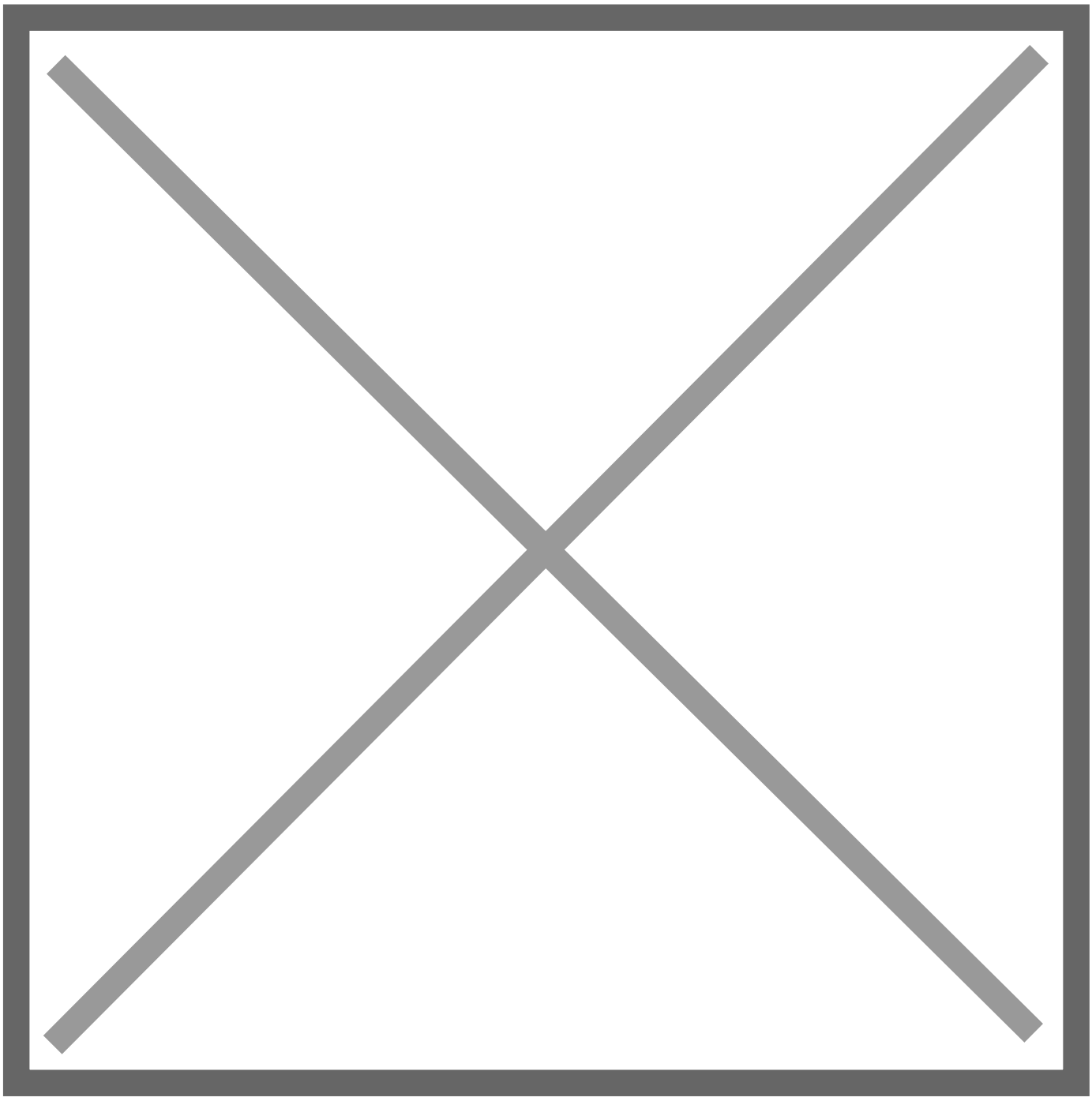
0-5 years, 2019-2021



Age:	0-5
Sample size:	1414207
References:	NHANES: South Korea National Health and Nutrition Examination Survey 2019-21
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

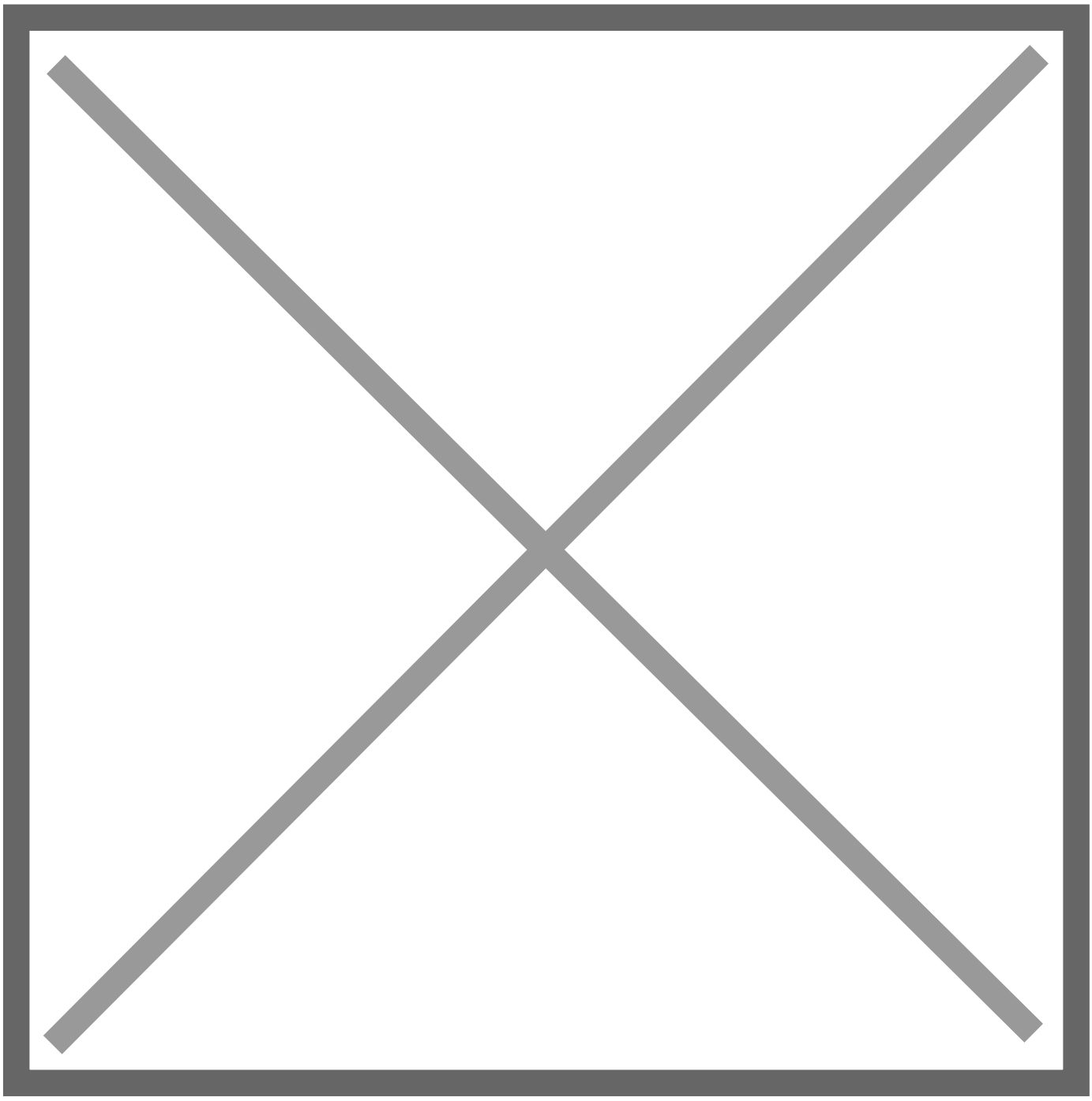
Definitions:	=>+2SD

% Adults living with obesity in South Korea 1998-2014



Survey type:	Measured
References:	Jae Yong Lee, Yi-Ryoung Lee, Hyoung-Ryoul Kim, Jun-Pyo Myong, Mo-Yeol Kang,Trends in Obesity Prevalence by Occupation Based on Korean National Health and Nutrition Examination Survey From 1998 to 2015, Safety and Health at Work Vol 11 (1);2020:97-102
Notes:	2007-9 (marked as 2008), 2010-2012 (marked as 2011), 2013-15 (marked as 2014)
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
	Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity (WHO standard cutoffs), 2009-2023



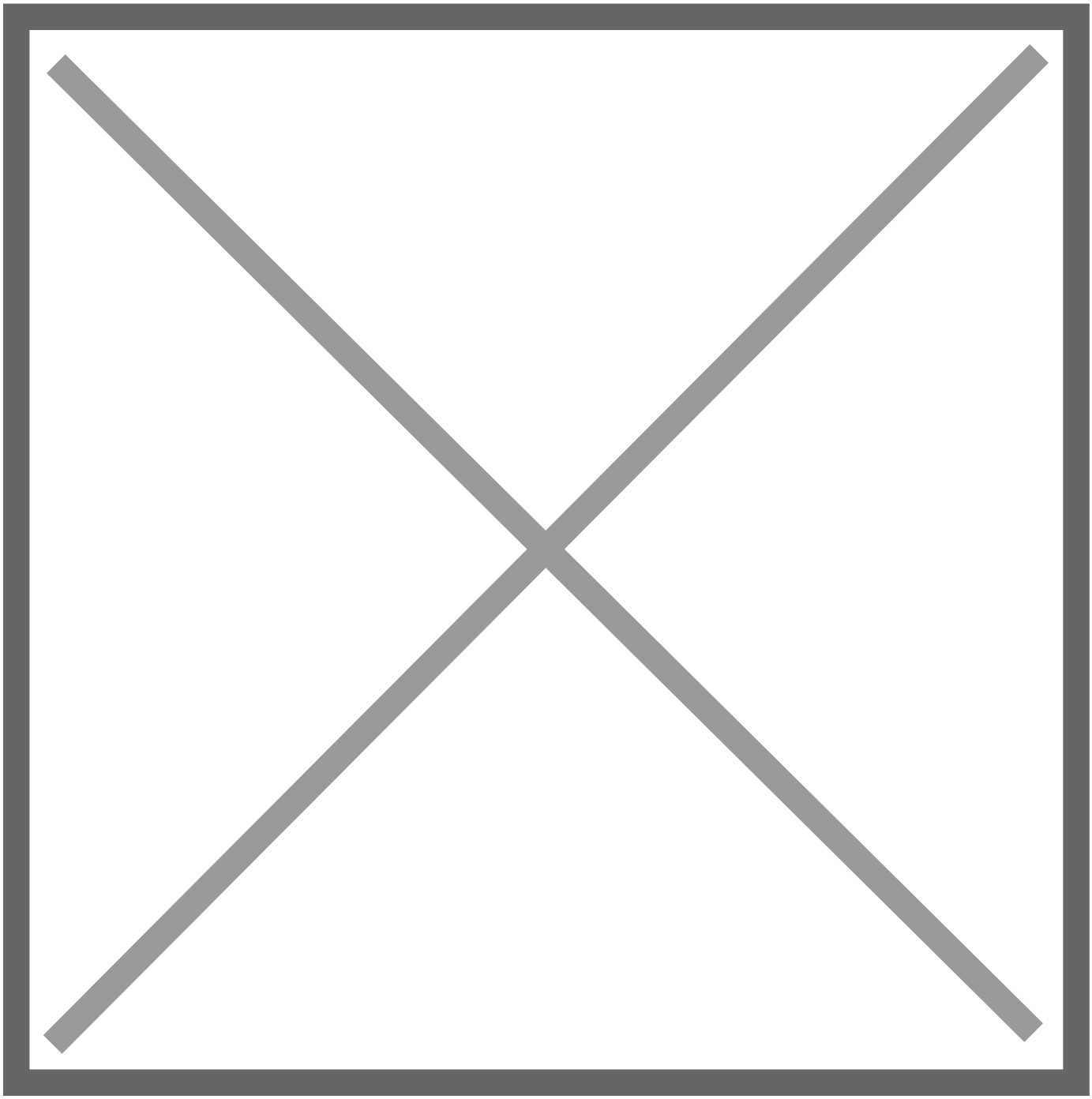
Survey type:	Measured
References:	2009, 2011, 2013, 2015, 2017, 2019: Yang YS, Han B, Han K, Jung J, Son JW, TTOTOFSOTKSFTSOO. Obesity Fact Sheet in Korea, 2021: Trends in Obesity Prevalence and Obesity-Related Comorbidity Incidence Stratified by Age from 2009 to 2019. JOMES 2022;31:169-177. https://doi.org/10.7570/jomes22024 2014, 2016, 2023: Korean Society for the Study of Obesity. 2025 Obesity Fact Sheet. https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2025_Obesity_Fact_sheet_web_eng.pdf [Accessed 29.09.25] 2018: Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 12 Oct. 2021. 2020, 2021: Jeong, S.M., Jung, J.H., Yang, Y.S., Kim, W., Cho, I.Y., Lee, Y.B., Park, K.Y., Nam, G.E. and Han, K., 2024. 2023 Obesity Fact Sheet: Prevalence of Obesity and Abdominal Obesity in Adults, Adolescents, and Children in Korea from 2012 to 2021. Journal of Obesity & Metabolic Syndrome, 33(1), p.27.

Notes:	Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The prevalence of obesity and abdominal obesity was standardized by age and sex based on the 2010 population and housing census. Adults aged 20 and over.
Definitions:	Overweight and obesity using WHO standard cutoffs (BMI ≥25 kg/m²) shown to allow comparison with non-Asian cutoffs.

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity by socioeconomic group in South Korea 1998-2014

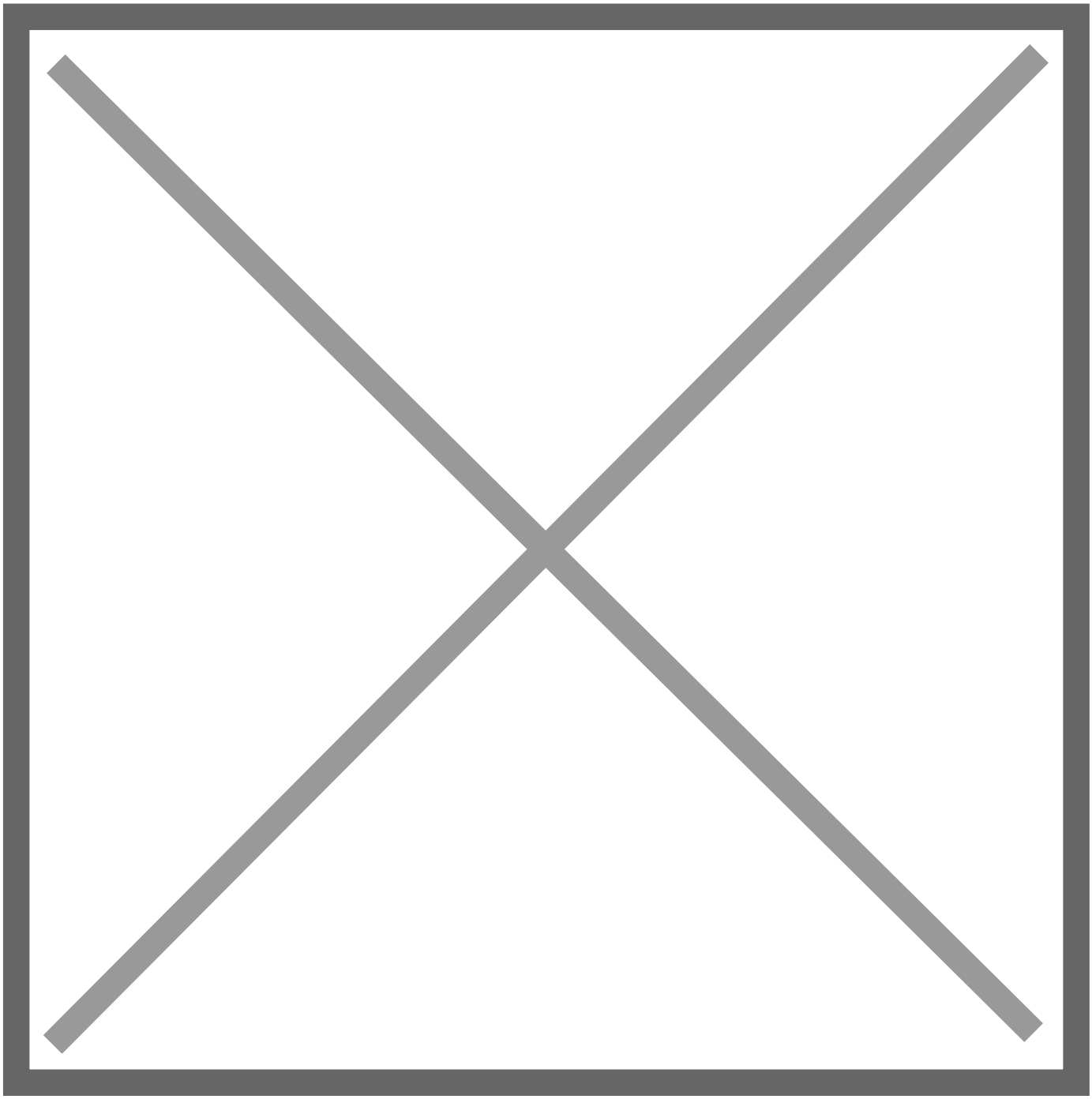
Men



Survey type:	Measured
References:	Jae Yong Lee, Yi-Ryoung Lee, Hyoung-Ryoul Kim, Jun-Pyo Myong, Mo-Yeol Kang,Trends in Obesity Prevalence by Occupation Based on Korean National Health and Nutrition Examination Survey From 1998 to 2015, Safety and Health at Work Vol 11 (1);2020:97-103
Notes:	2007-9 (marked as 2008), 2010-2012 (marked as 2011), 2013-15 (marked as 2014)
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Women

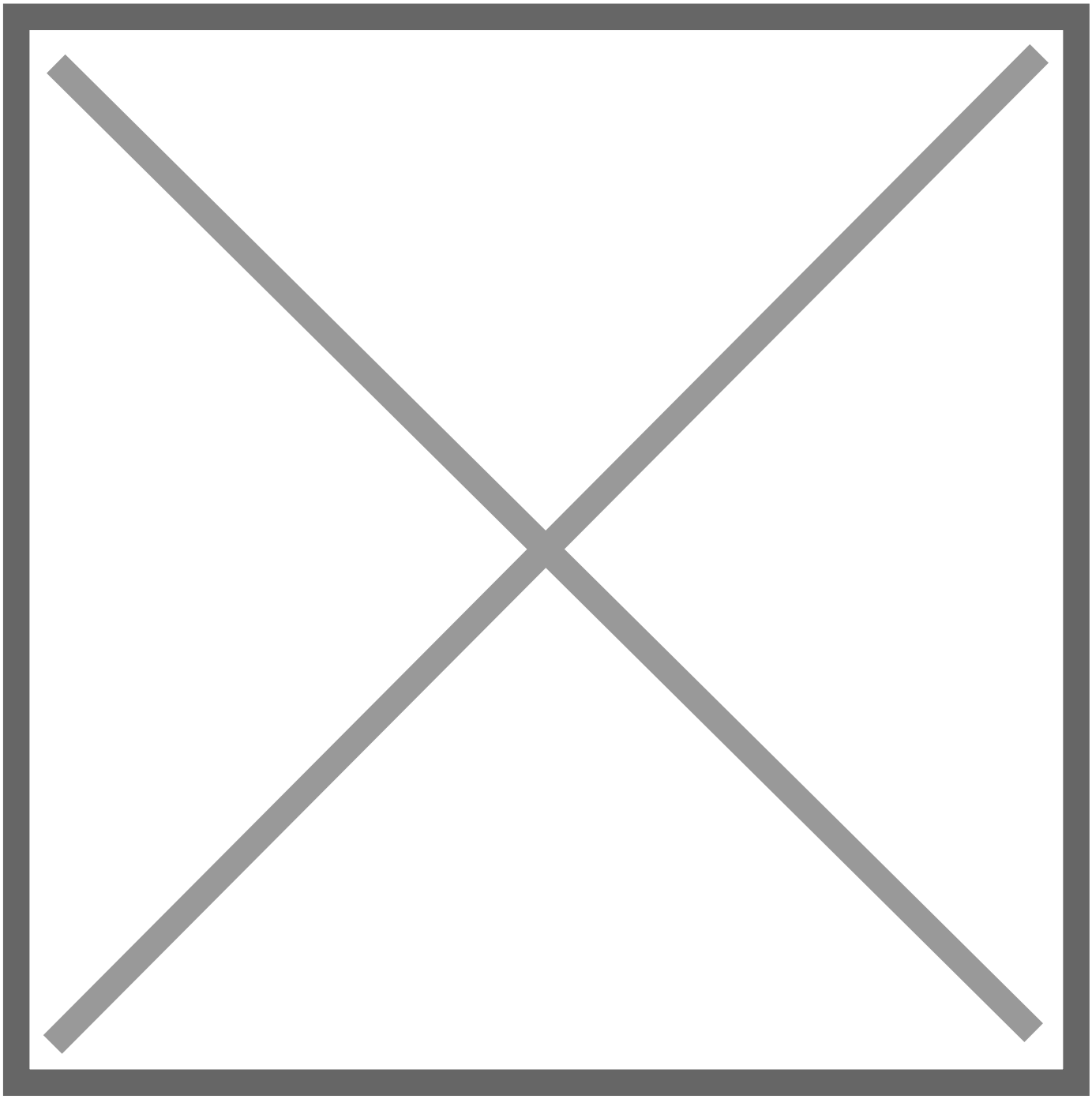


Survey type:	Measured
References:	Jae Yong Lee, Yi-Ryoung Lee, Hyoung-Ryoul Kim, Jun-Pyo Myong, Mo-Yeol Kang,Trends in Obesity Prevalence by Occupation Based on Korean National Health and Nutrition Examination Survey From 1998 to 2015, Safety and Health at Work Vol 11 (1);2020:97-103
Notes:	2007-9 (marked as 2008), 2010-2012 (marked as 2011), 2013-15 (marked as 2014)
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by education

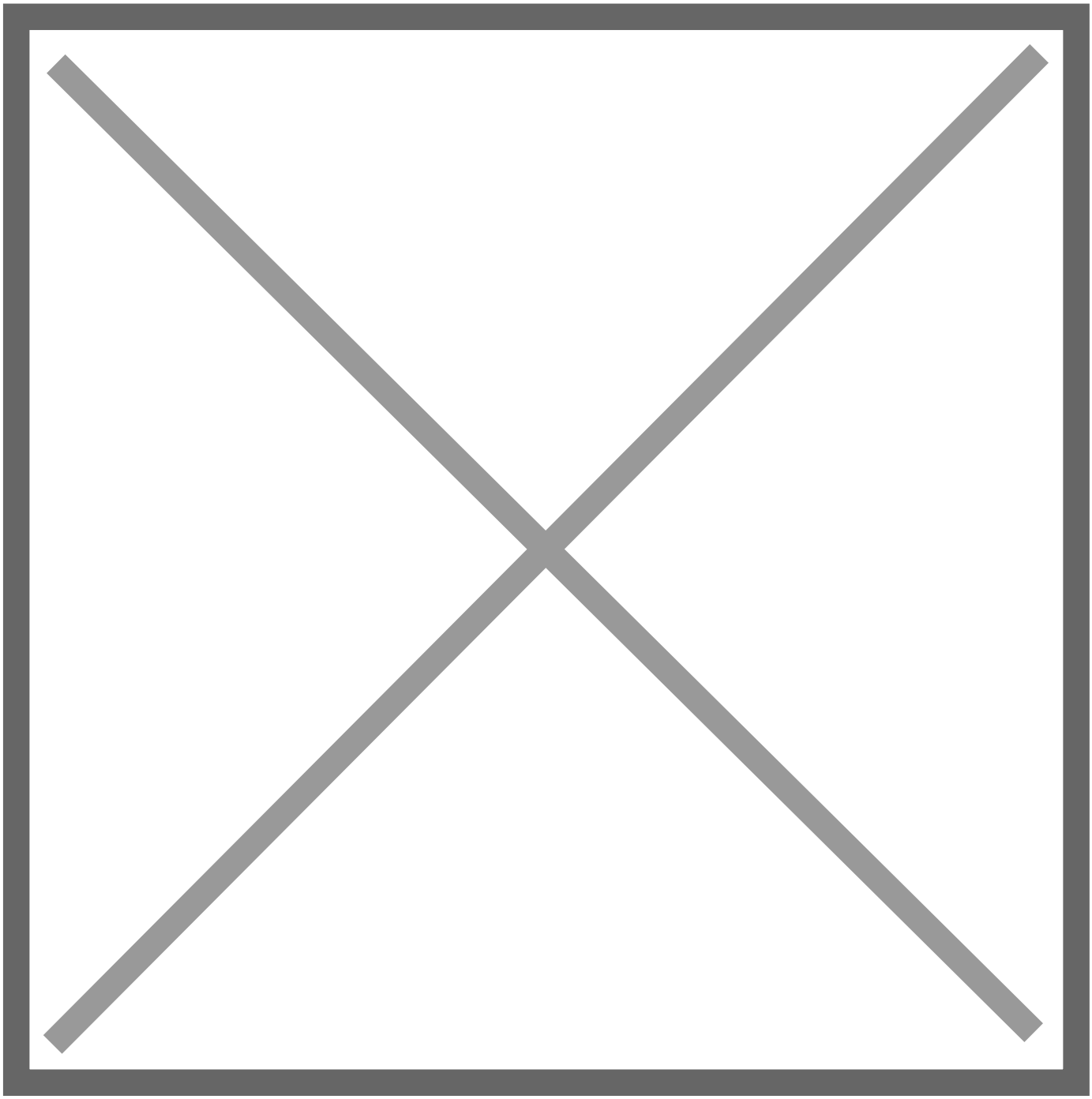
Adults, 2018



Survey type:	Measured
Age:	20+
Area covered:	National
References:	Nam, Ga Eun, et al. “Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors.” Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Definitions:	Data from the Korean National Health Insurance Service health checkup database.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

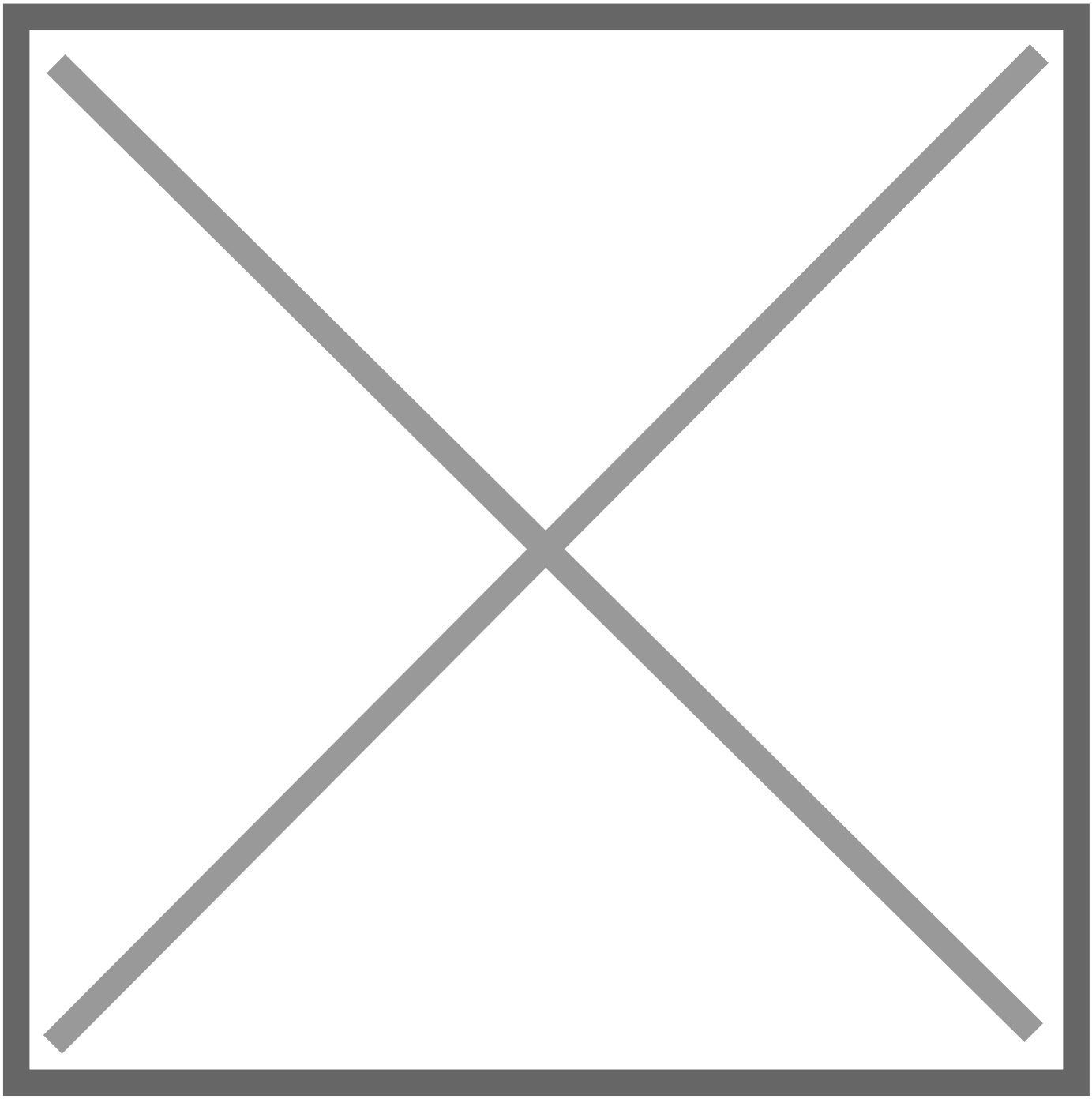
Men, 2018



Survey type:	Measured
Age:	20+
Area covered:	National
References:	Nam, Ga Eun, et al. “Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors.” Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Definitions:	Data from the Korean National Health Insurance Service health checkup database.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

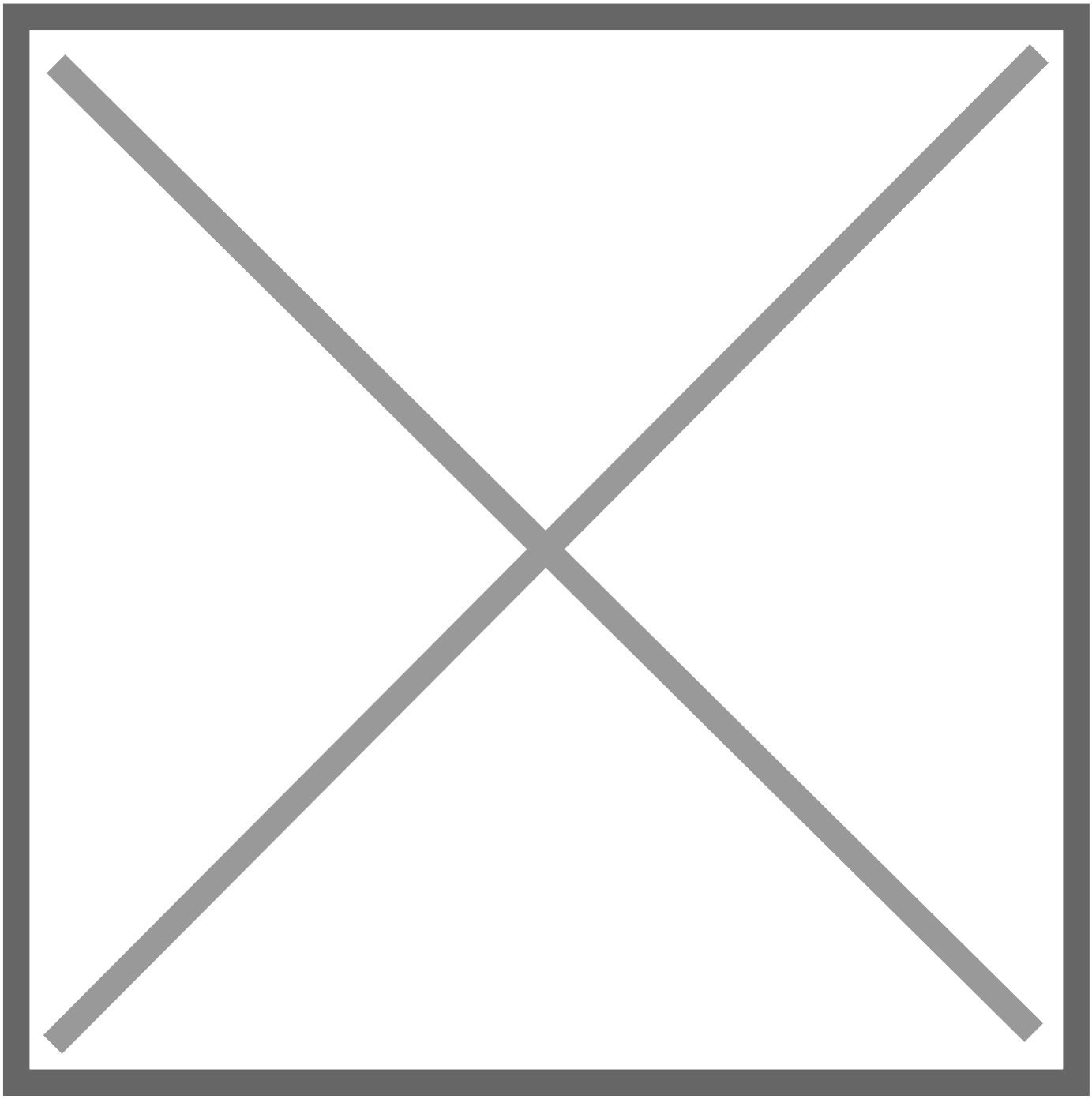
Women, 2018



Survey type:	Measured
Age:	20+
Area covered:	National
References:	Nam, Ga Eun, et al. “Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors.” Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Definitions:	Data from the Korean National Health Insurance Service health checkup database.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

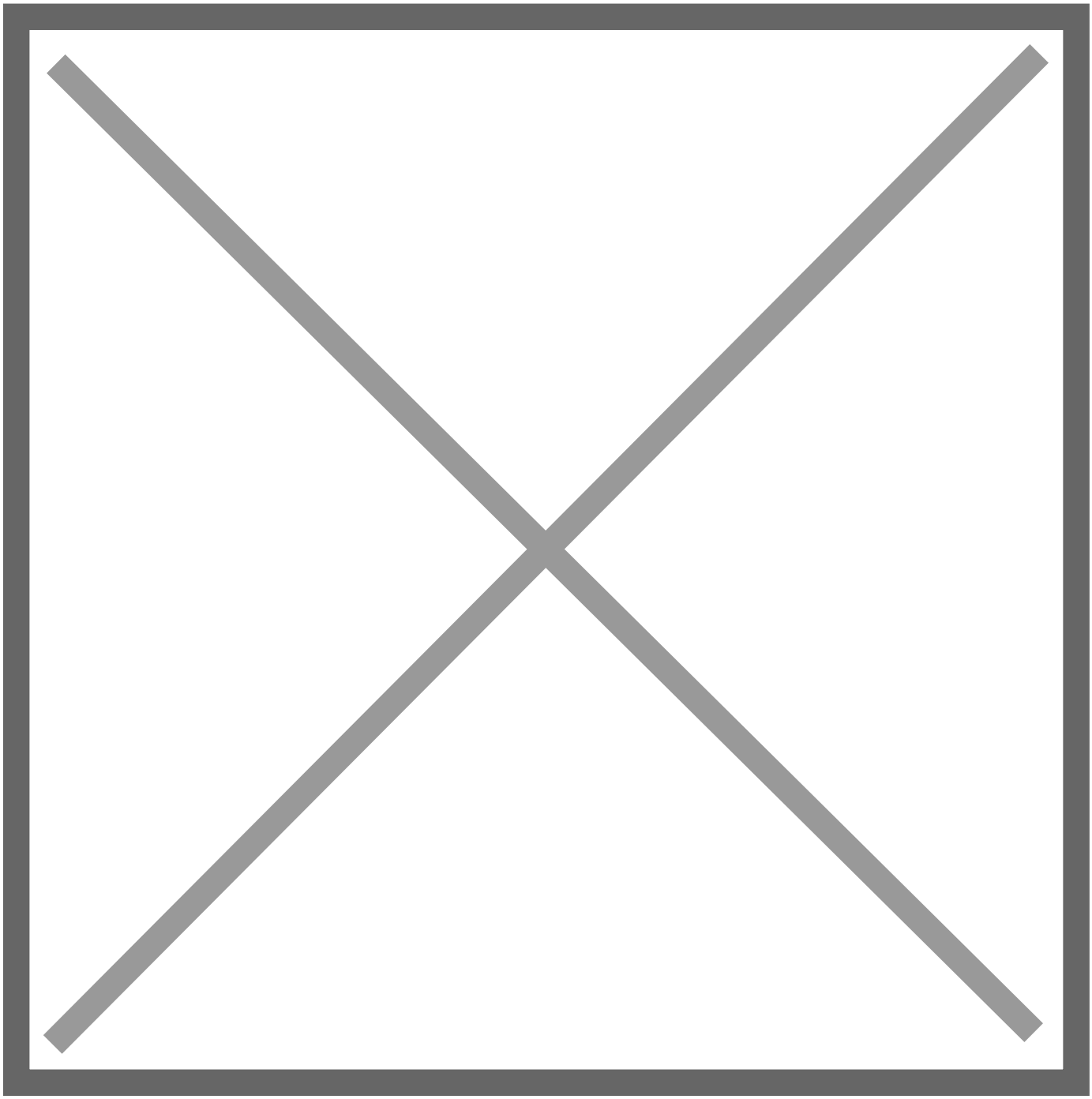
Children, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Notes:	Mother's education
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

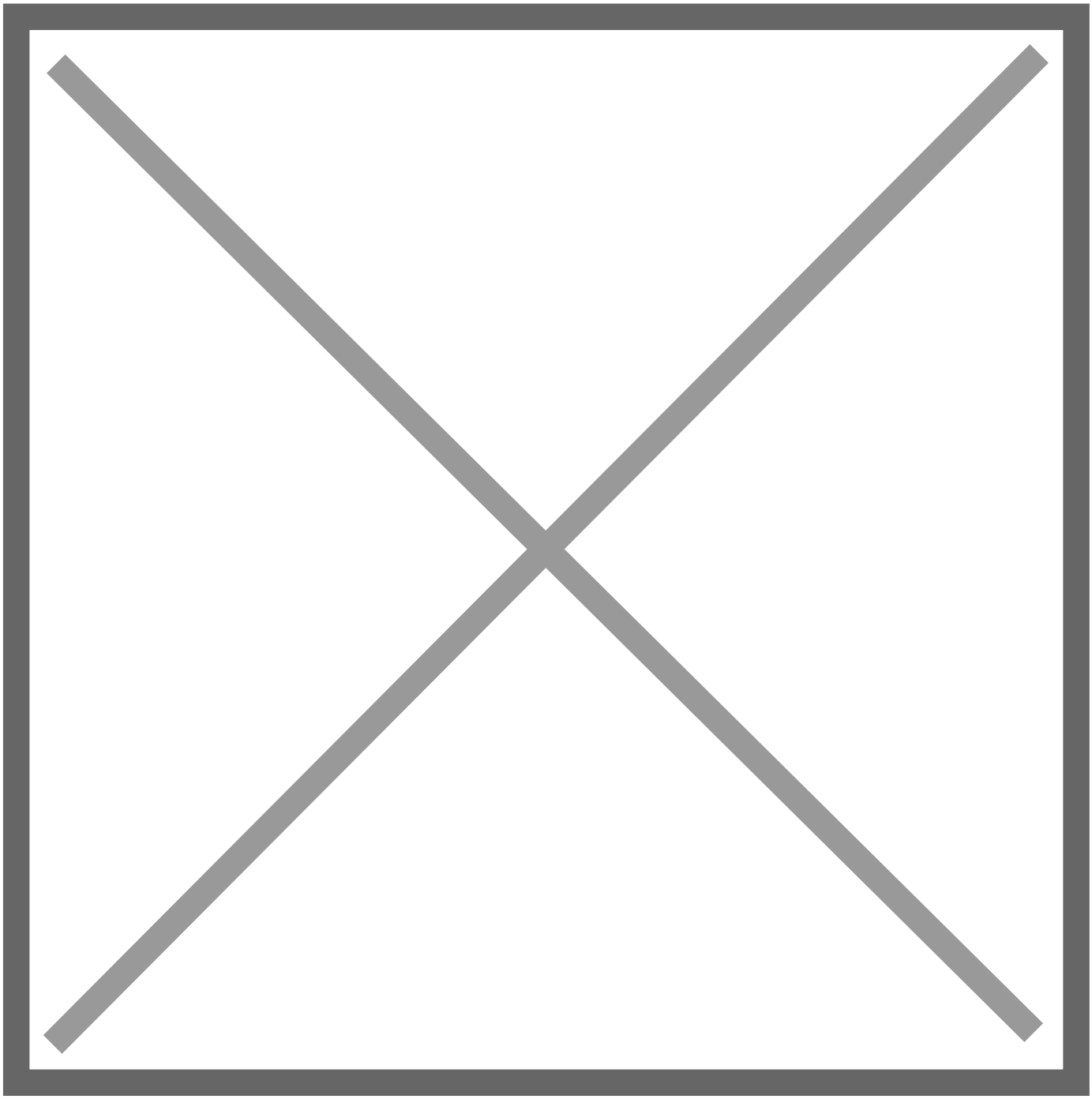
Boys, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Notes:	Mother's education
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

Girls, 2020

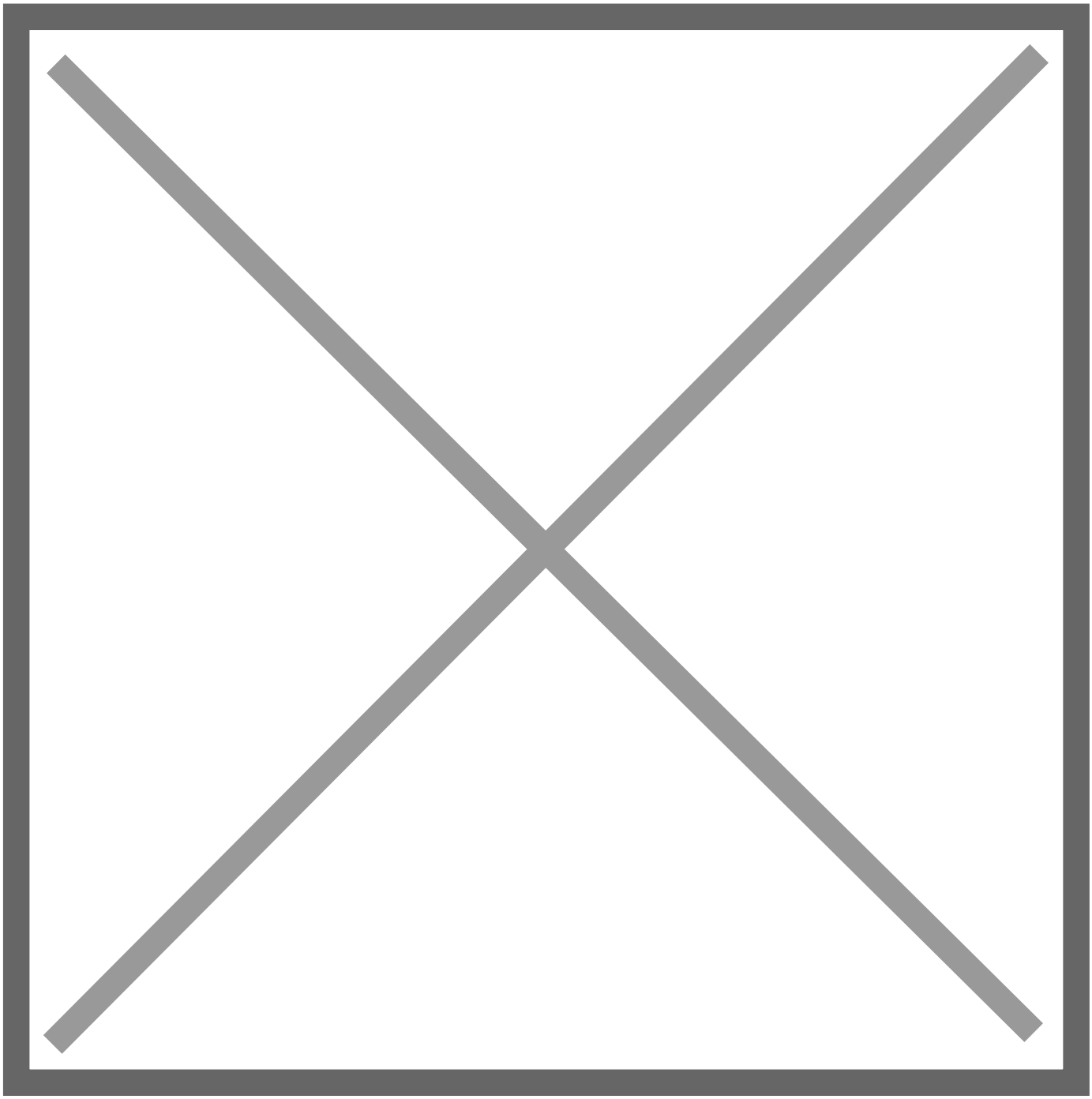


Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Notes:	Mother's education
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

Overweight/obesity by age

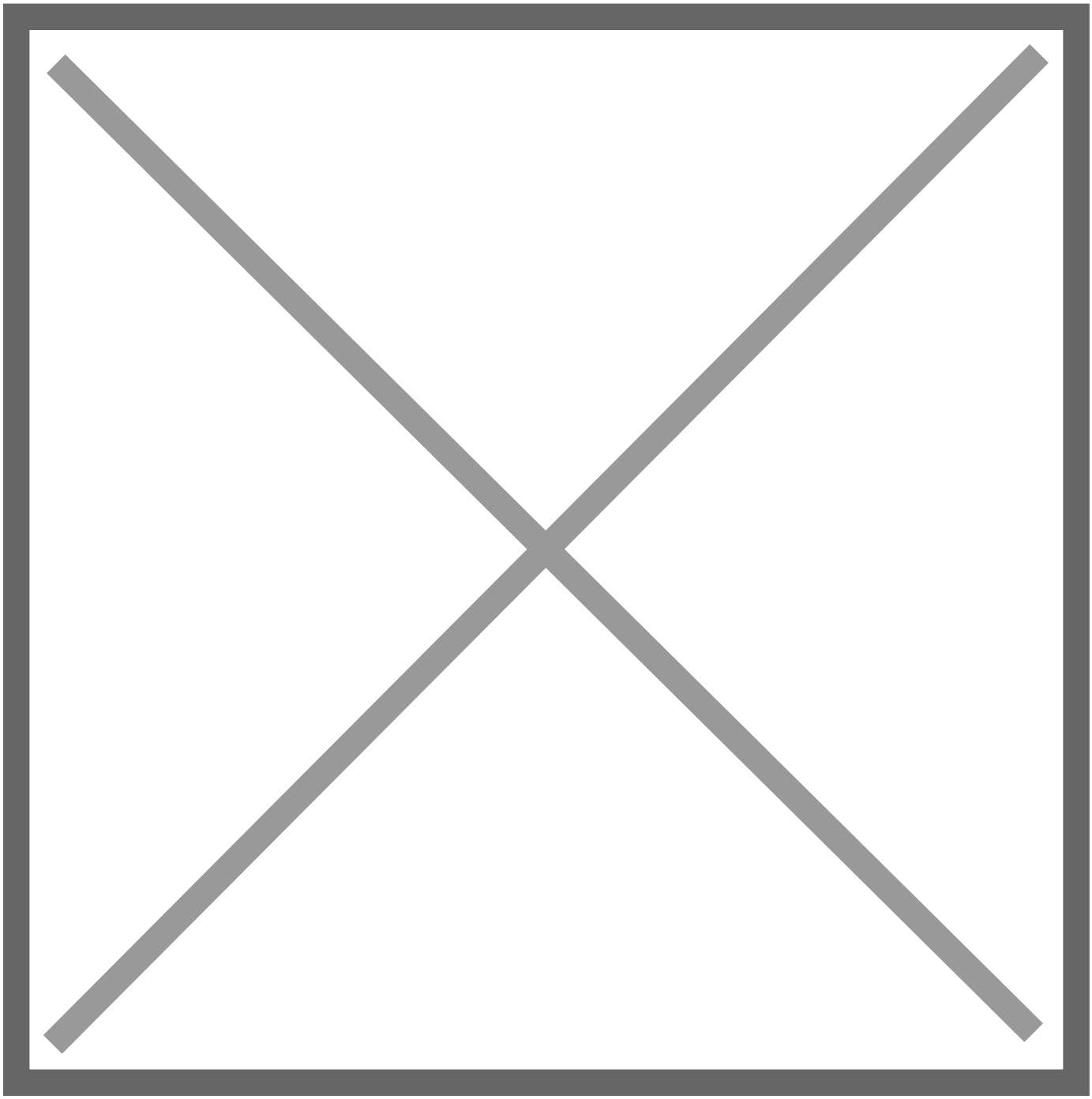
Adults, 2023



Survey type:	Measured
Area covered:	National
References:	Korean Society for the Study of Obesity. 2025 Obesity Fact Sheet. https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2025_Obesity_Fact_sheet_web_eng.pdf [Accessed 29.09.25]
Notes:	Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket. NB. Not age or sex standardised.

Definitions:	Overweight and obesity defined using WHO standard cutoffs to allow comparison with non-Asian cutoffs.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2023

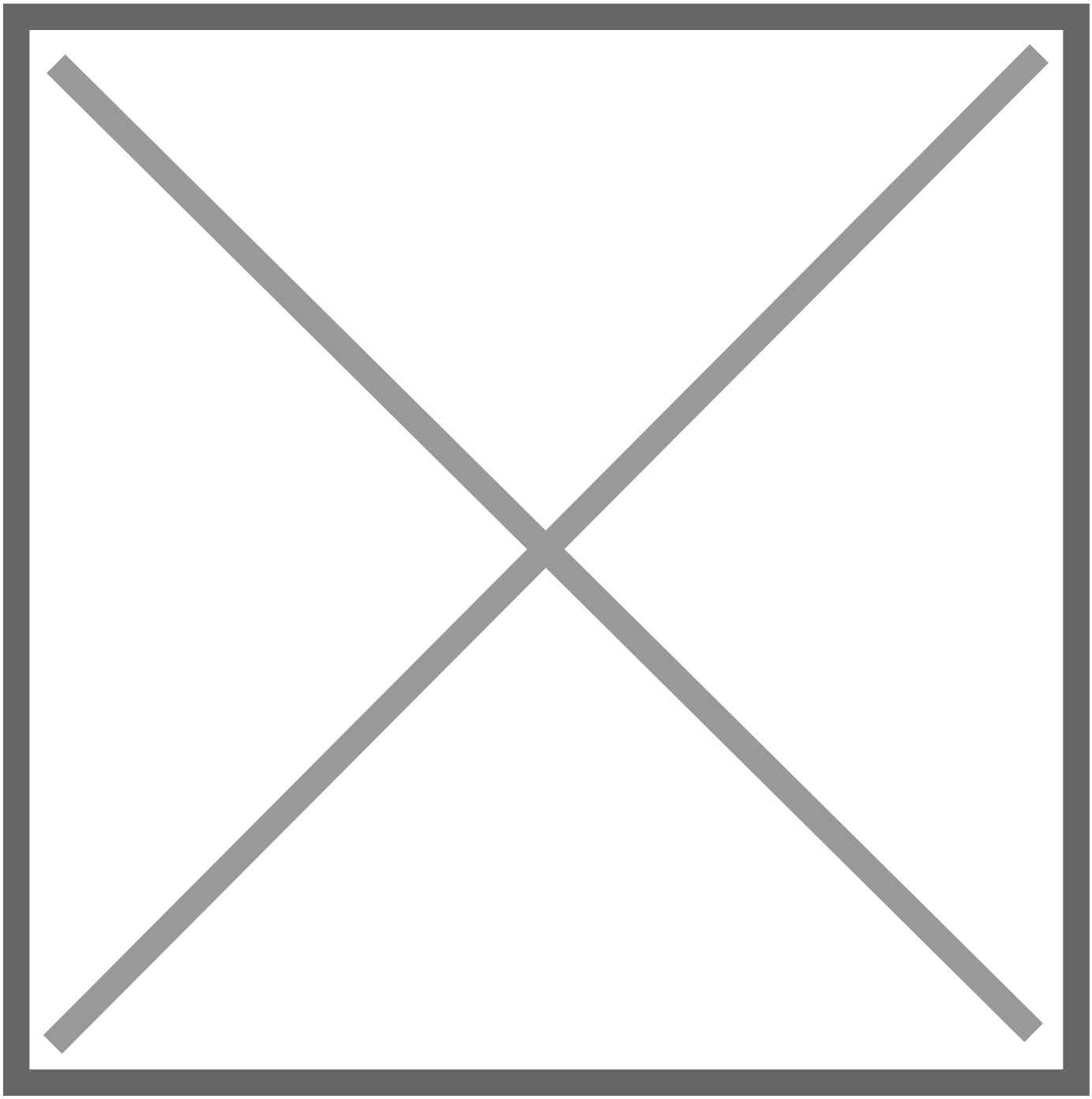


Survey type:	Measured
Area covered:	National
References:	Korean Society for the Study of Obesity. 2025 Obesity Fact Sheet. https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2025_Obesity_Fact_sheet_web_eng.pdf [Accessed 29.09.25]
Notes:	Data from the Korea National Health and Nutrition Examination Survey (KNHANES)

Definitions:	Overweight and obesity in children and adolescents: Using sex and age-specific BMI percentiles based on the 2017 Korean growth chart for children and adolescents, with overweight defined as BMI between the 85th and 94th percentile and obesity defined as BMI above the 95th percentile
Cutoffs:	Other

Overweight/obesity by region

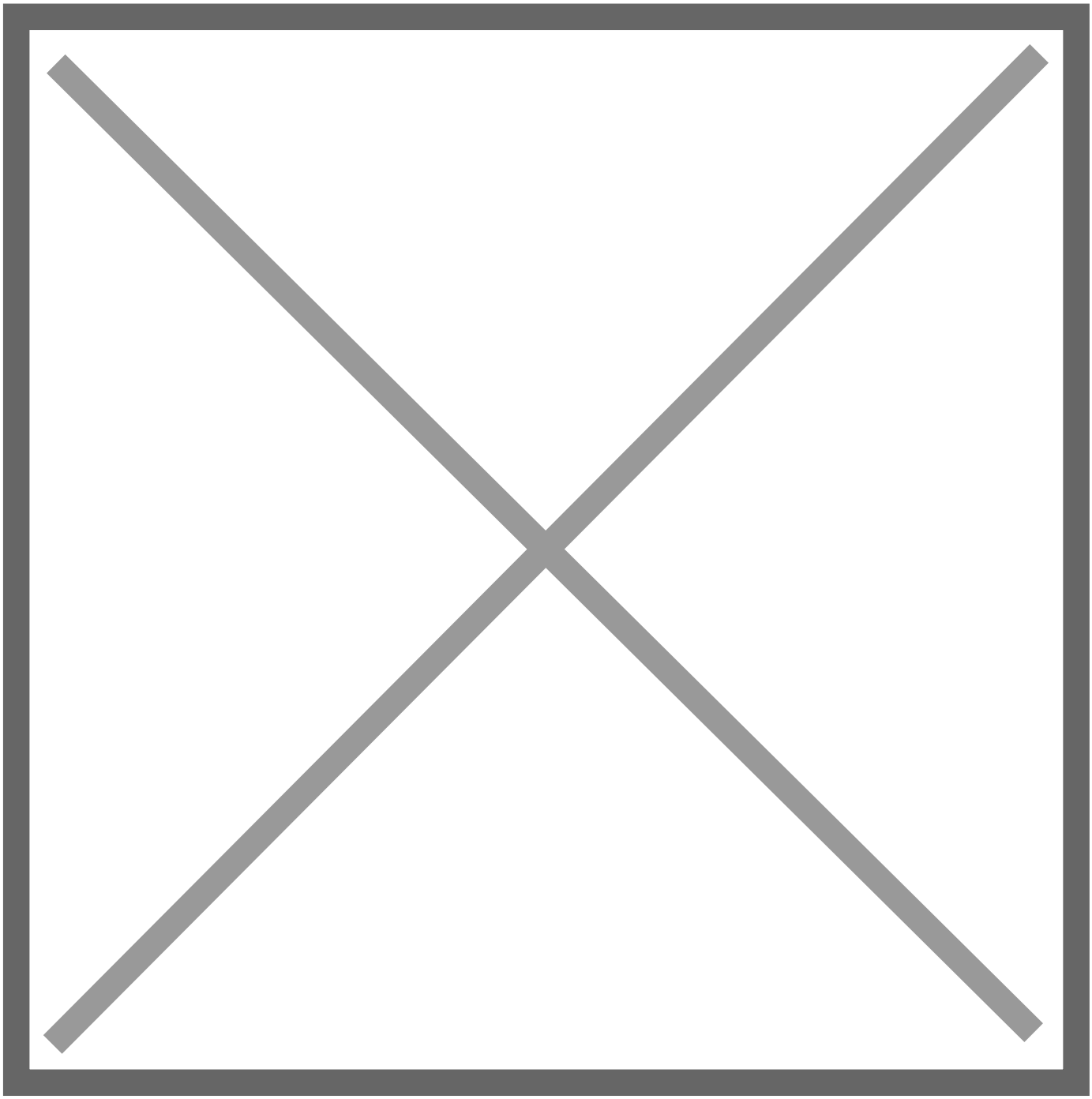
Adults, 2024



Survey type:	Self-reported
Age:	19+
Sample size:	~230,000
Area covered:	National
References:	Korea Disease Control and Prevention Agency. Community Health Survey. 2024 Regional Health Statistics At a Glance. https://chs.kdca.go.kr/chs/stats/statsMain.do [Accessed 07.01.25]

Notes:	WHO standard cutoffs shown to allow comparison with non-Asian cutoffs.
Definitions:	BMI greater than or equal to 25kg/m²
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

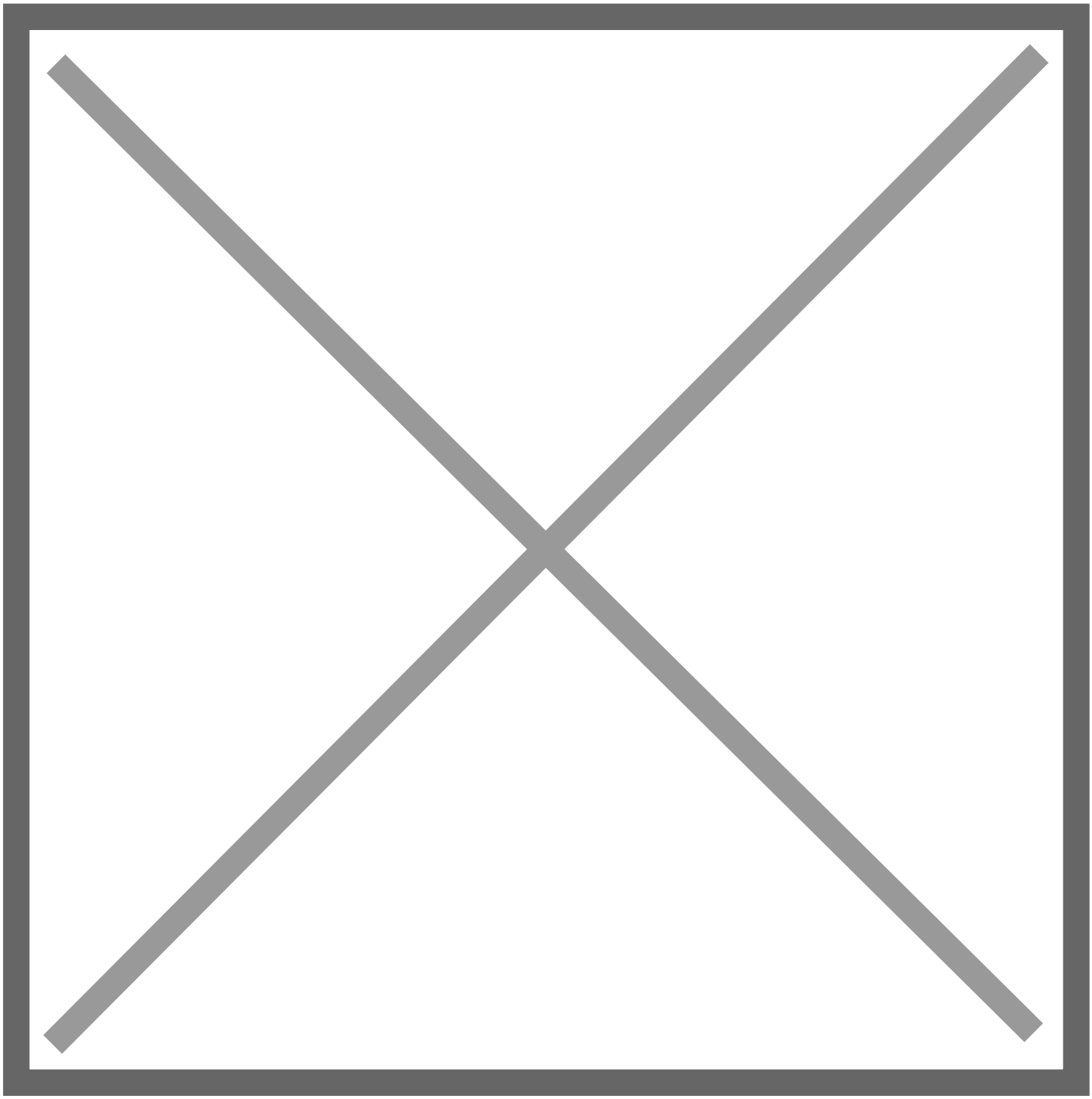
Children, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

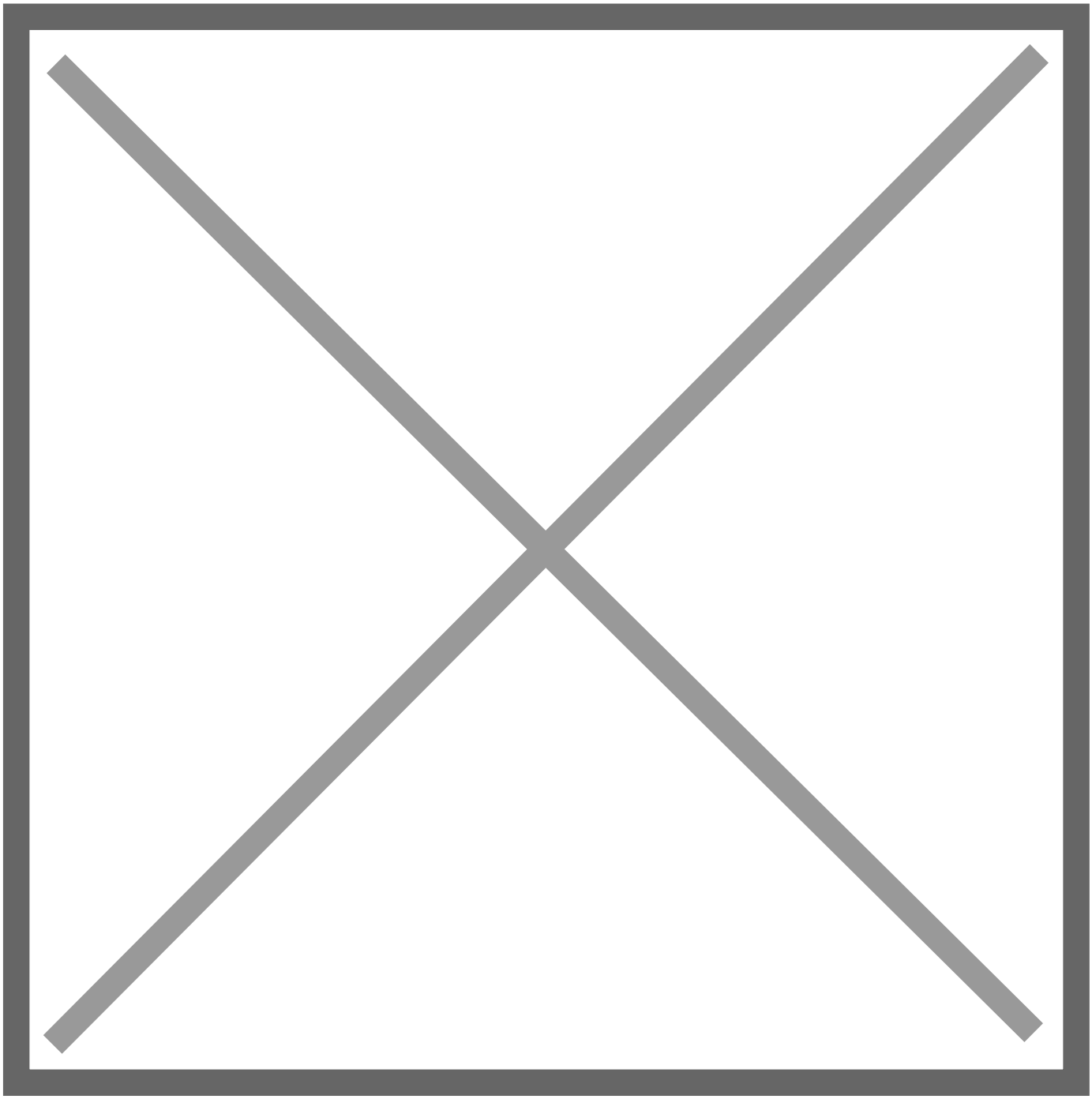
Boys, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

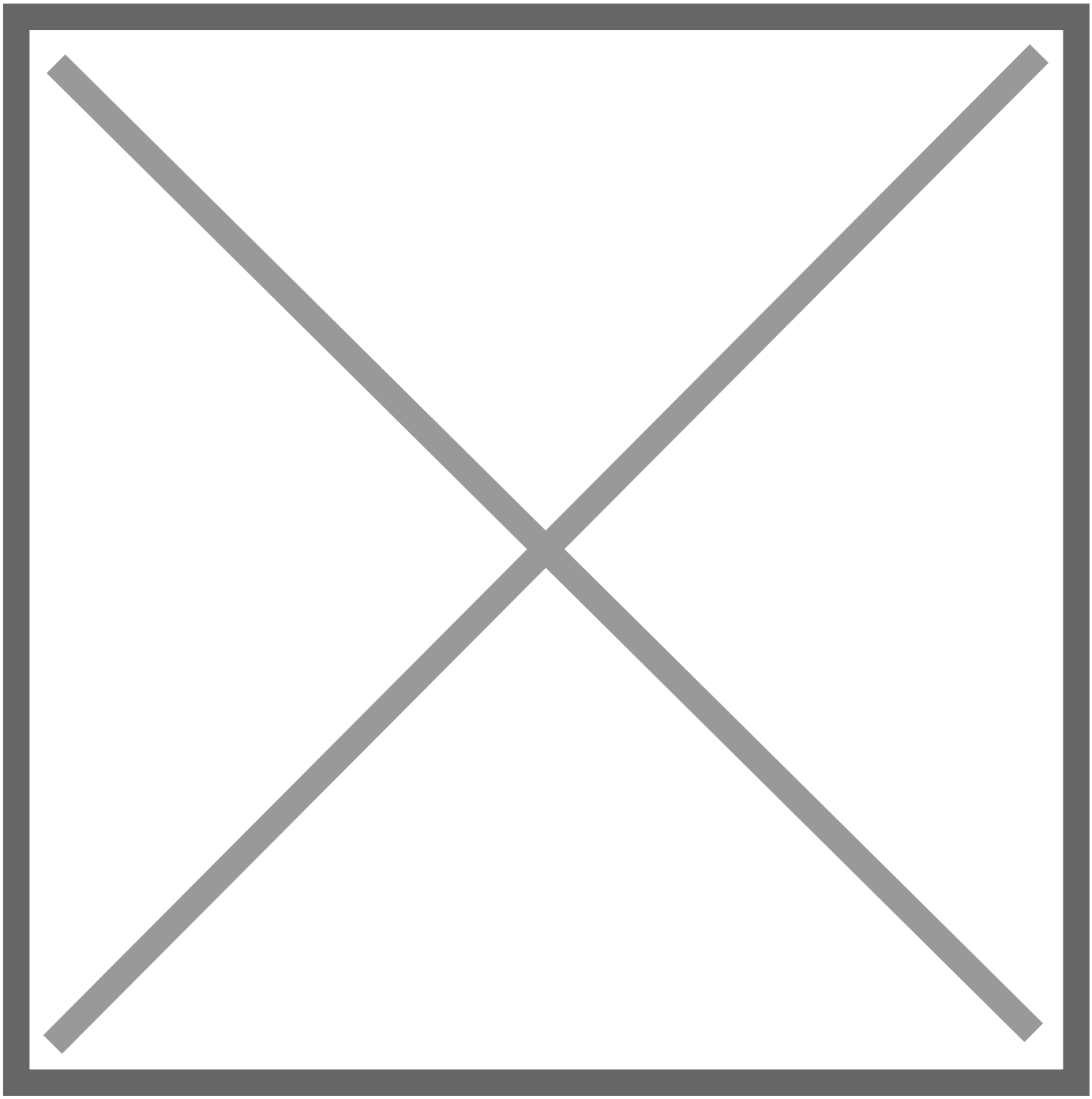
Girls, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

0-5 years, 2019-2021

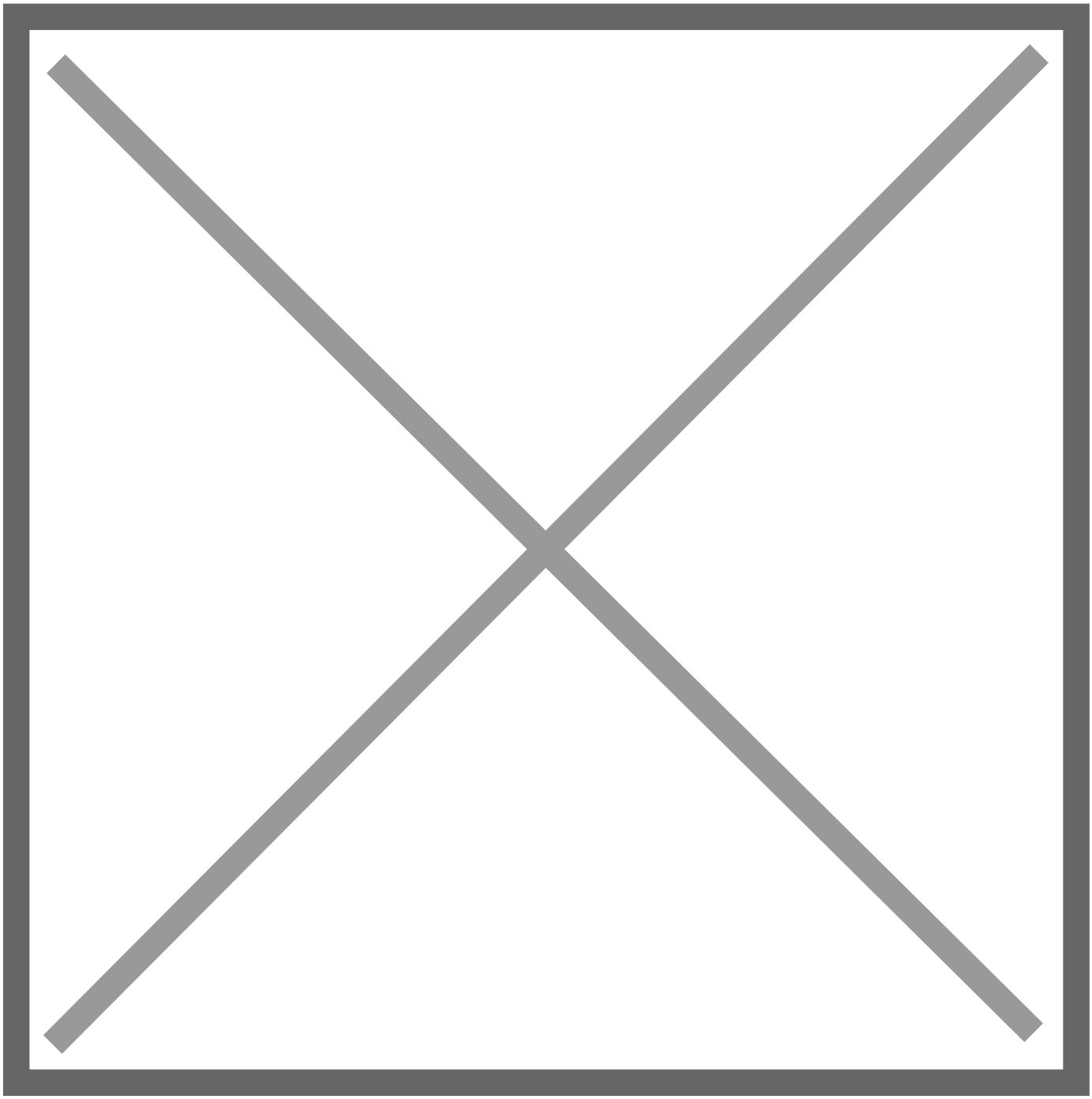


Sample size:	1414207
References:	NHANES: South Korea National Health and Nutrition Examination Survey 2019-21
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions:	=>+2SD

Overweight/obesity by socio-economic group

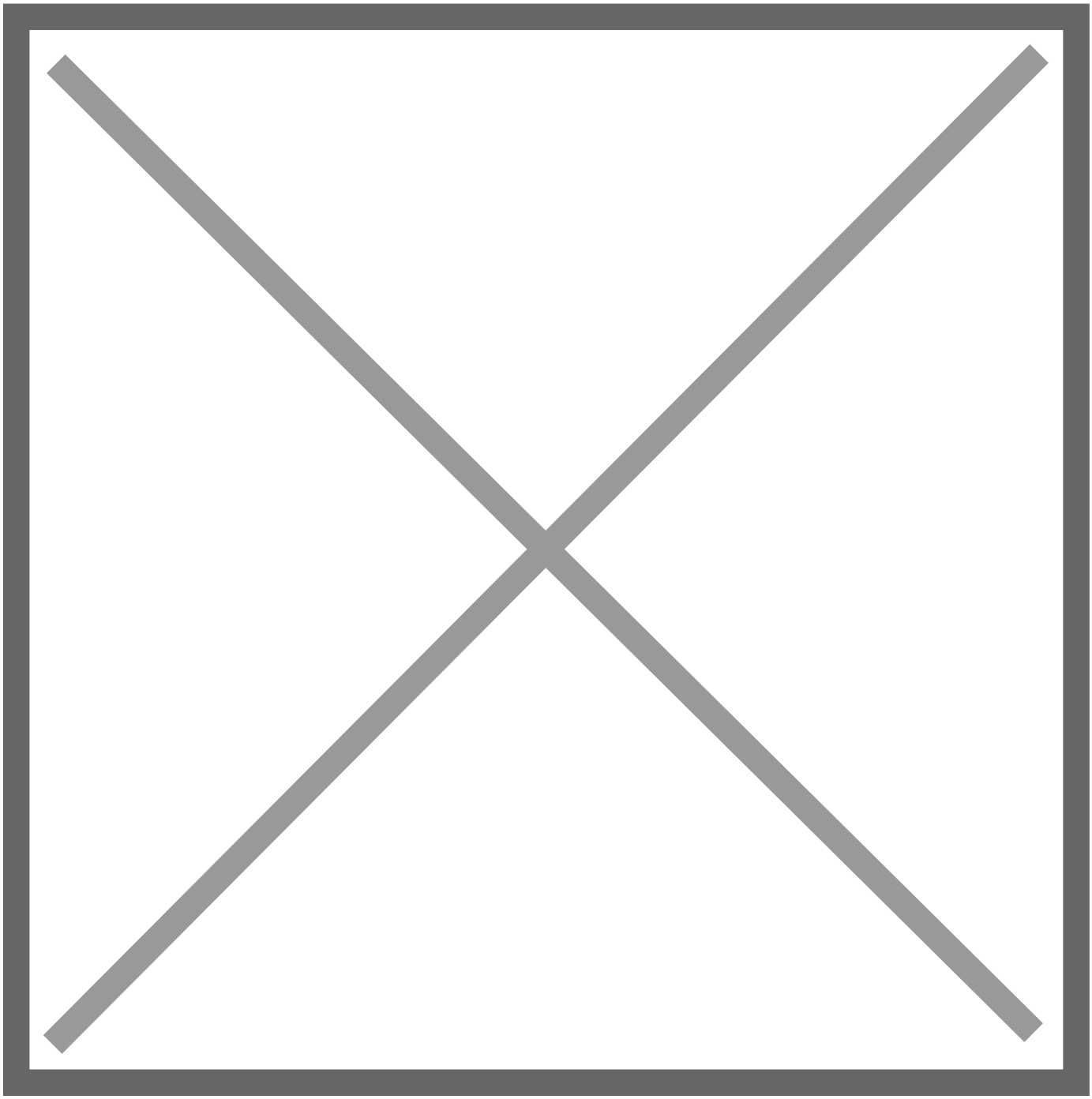
Adults, 2018



Survey type:	Measured
Age:	20+
Area covered:	National
References:	Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Notes:	Data from the Korean National Health Insurance Service health checkup database.
Definitions:	WHO standard cutoffs shown for BMI greater than or equal to 25kg/m² to allow comparison with non-Asian cutoffs
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

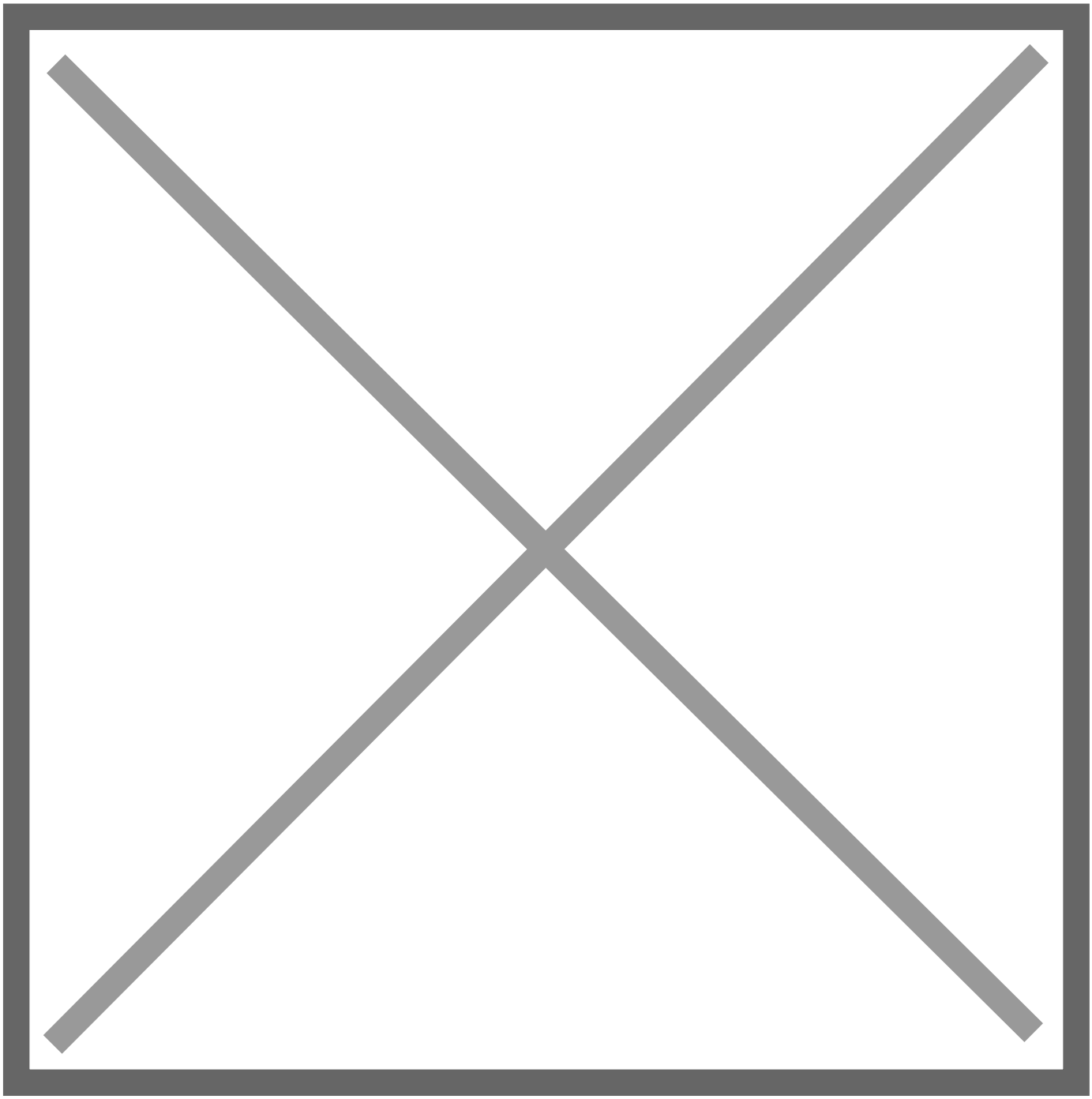
Men, 2018



Survey type:	Measured
Age:	20+
Area covered:	National
References:	Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Notes:	Data from the Korean National Health Insurance Service health checkup database.
Definitions:	WHO standard cutoffs shown for BMI greater than or equal to 25kg/m² to allow comparison with non-Asian cutoffs
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

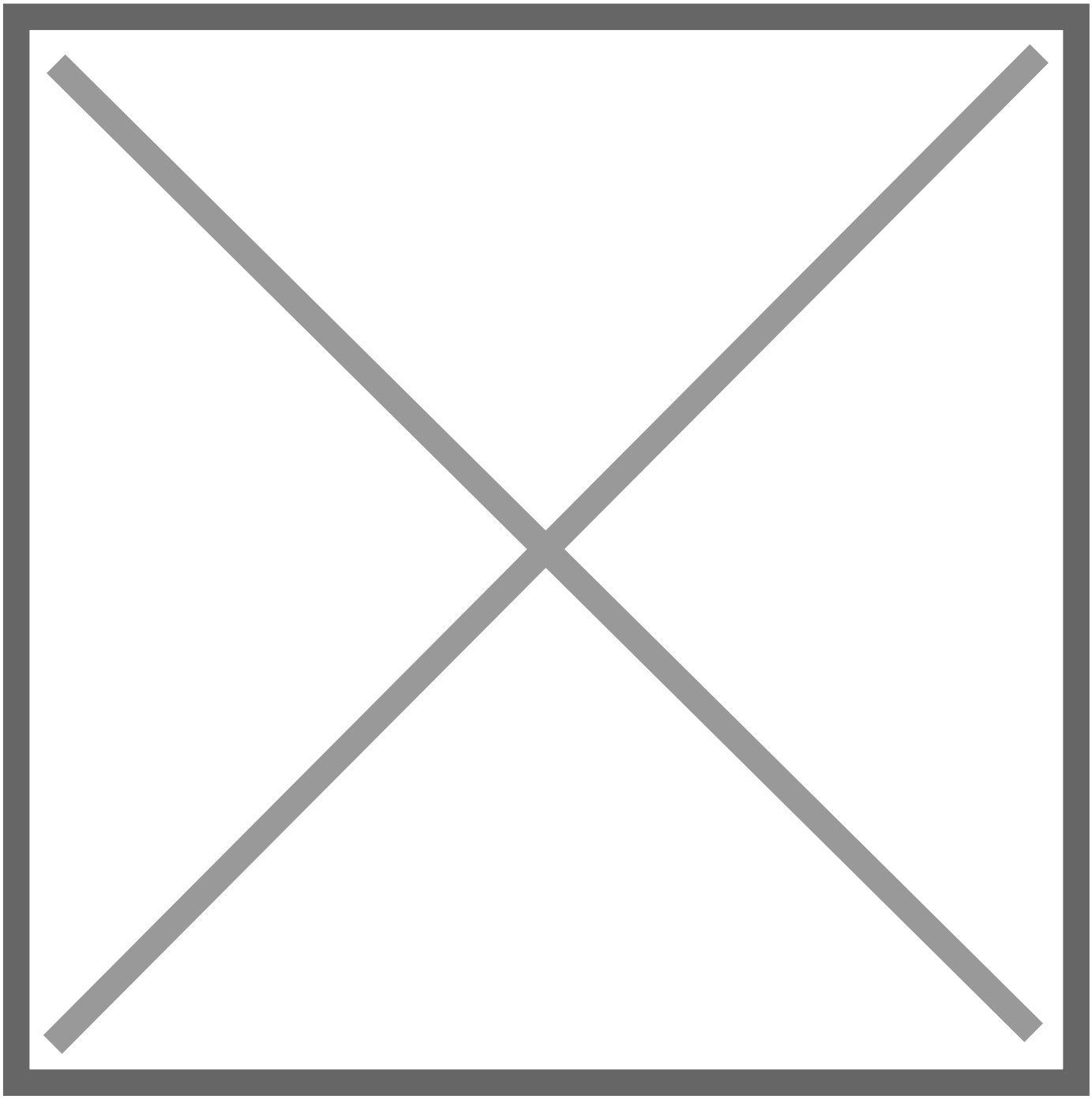
Women, 2018



Survey type:	Measured
Age:	20+
Area covered:	National
References:	Nam, Ga Eun, et al. "Obesity Fact Sheet in Korea, 2019: Prevalence of Obesity and Abdominal Obesity from 2009 to 2018 and Social Factors." Journal of Obesity & Metabolic Syndrome, vol. 29, no. 2, 30 June 2020, pp. 124–132, www.ncbi.nlm.nih.gov/pmc/articles/PMC7338491/, 10.7570/jomes20058. Accessed 18 Oct. 2021.

Notes:	Data from the Korean National Health Insurance Service health checkup database.
Definitions:	WHO standard cutoffs shown for BMI greater than or equal to 25kg/m² to allow comparison with non-Asian cutoffs
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

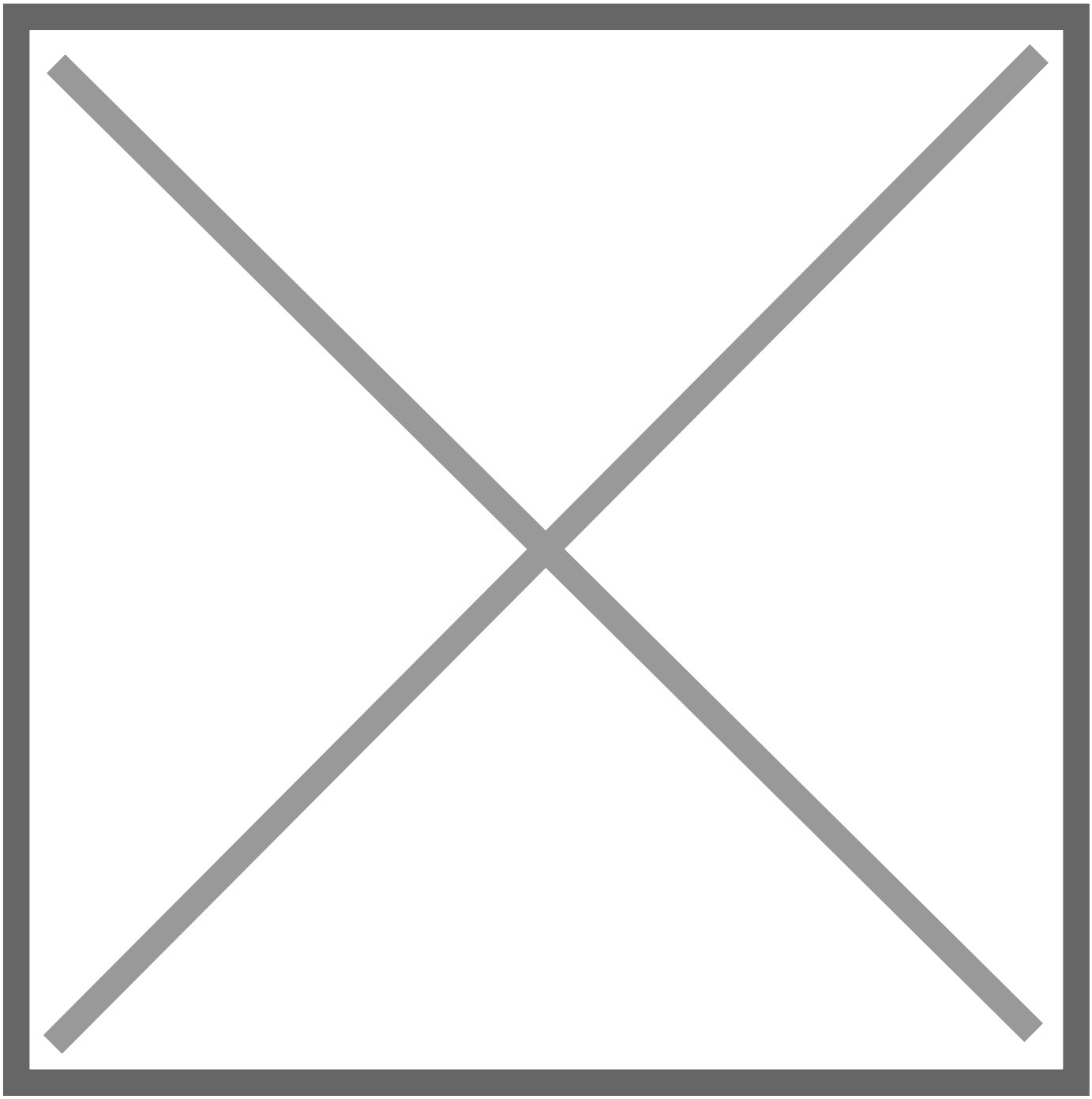
Children, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Notes:	Household income
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

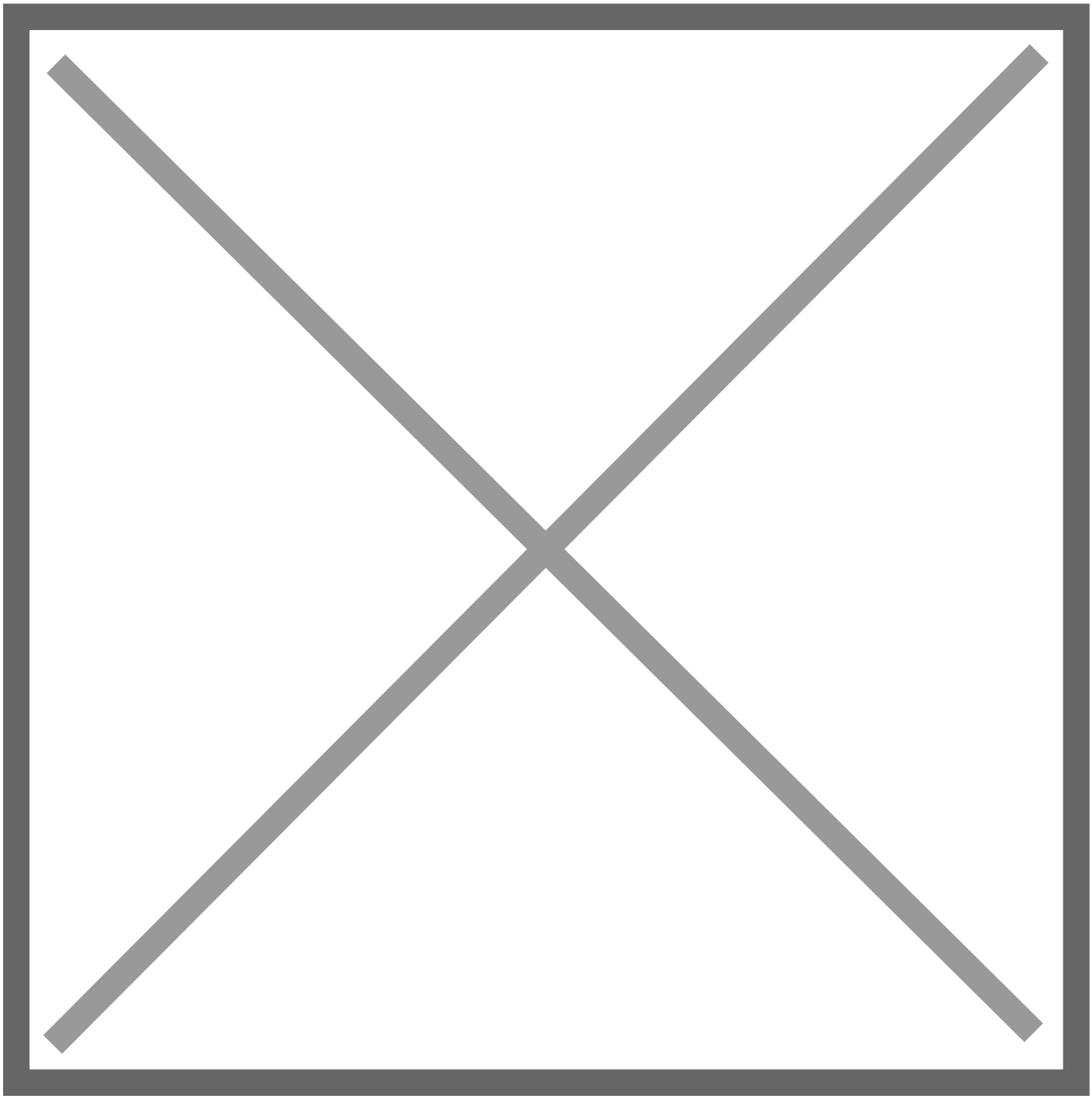
Boys, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Notes:	Household income
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

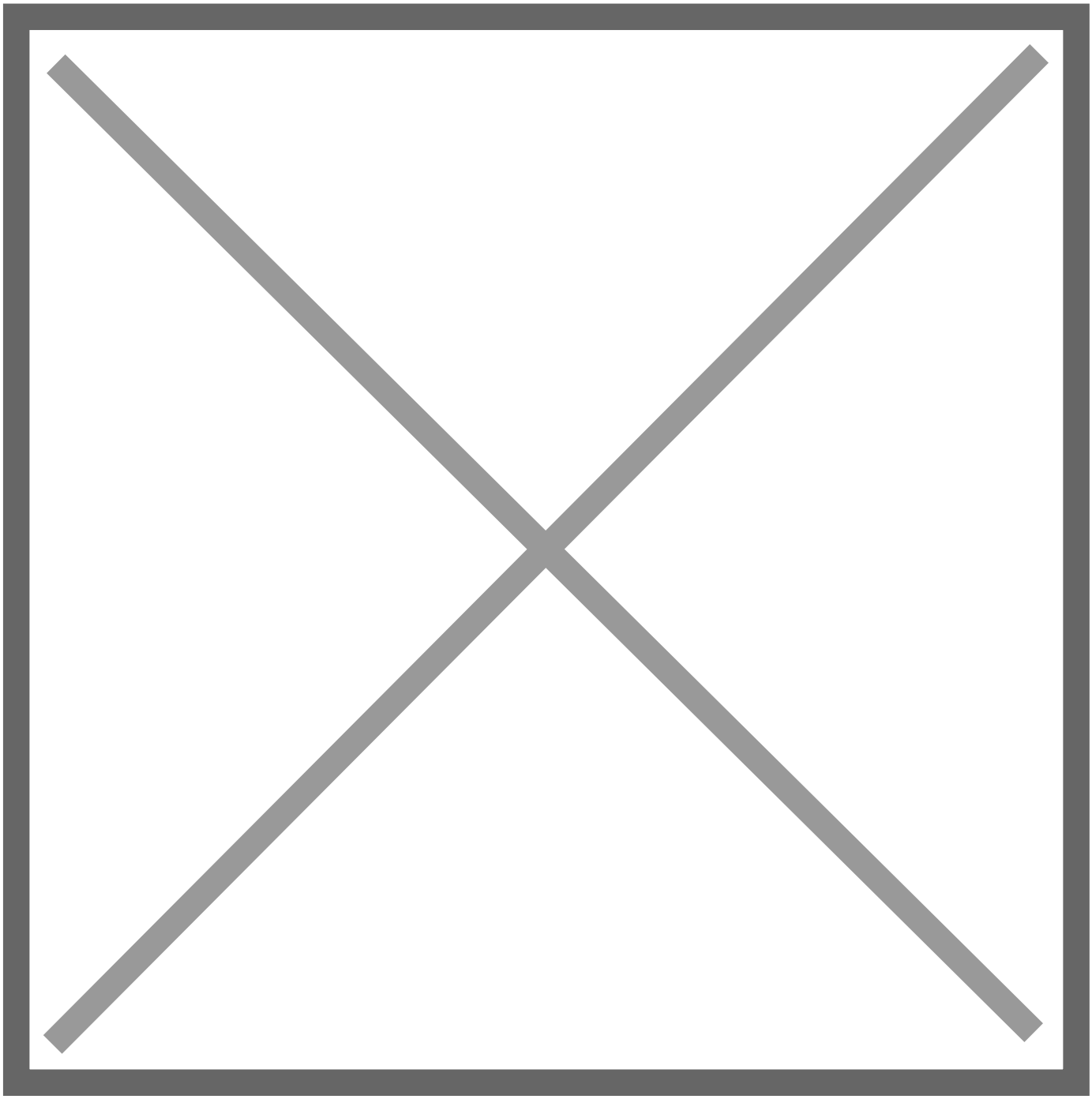
Girls, 2020



Survey type:	Self-reported
Age:	12-18
Sample size:	43,642
Area covered:	National

References:	Kim, E., Lee, G.B., Yon, D.K. and Kim, H.C. (2023). Trends in socioeconomic inequalities in obesity among Korean adolescents: the Korea Youth Risk Behavior Web-based Survey (KYRBS) 2006 to 2020. Epidemiology and Health, [online] 45, pp.e2023033–e2023033. doi: https://doi.org/10.4178/epih.e2023033 [Accessed 07.01.25]
Notes:	Household income
Definitions:	Adolescent obesity was defined as a sex-specific BMI-for-age (in months) of the 95th percentile or greater based on the 2017 Korean National Growth Charts (KNGC)
Cutoffs:	Other

0-5 years, 2019-2021

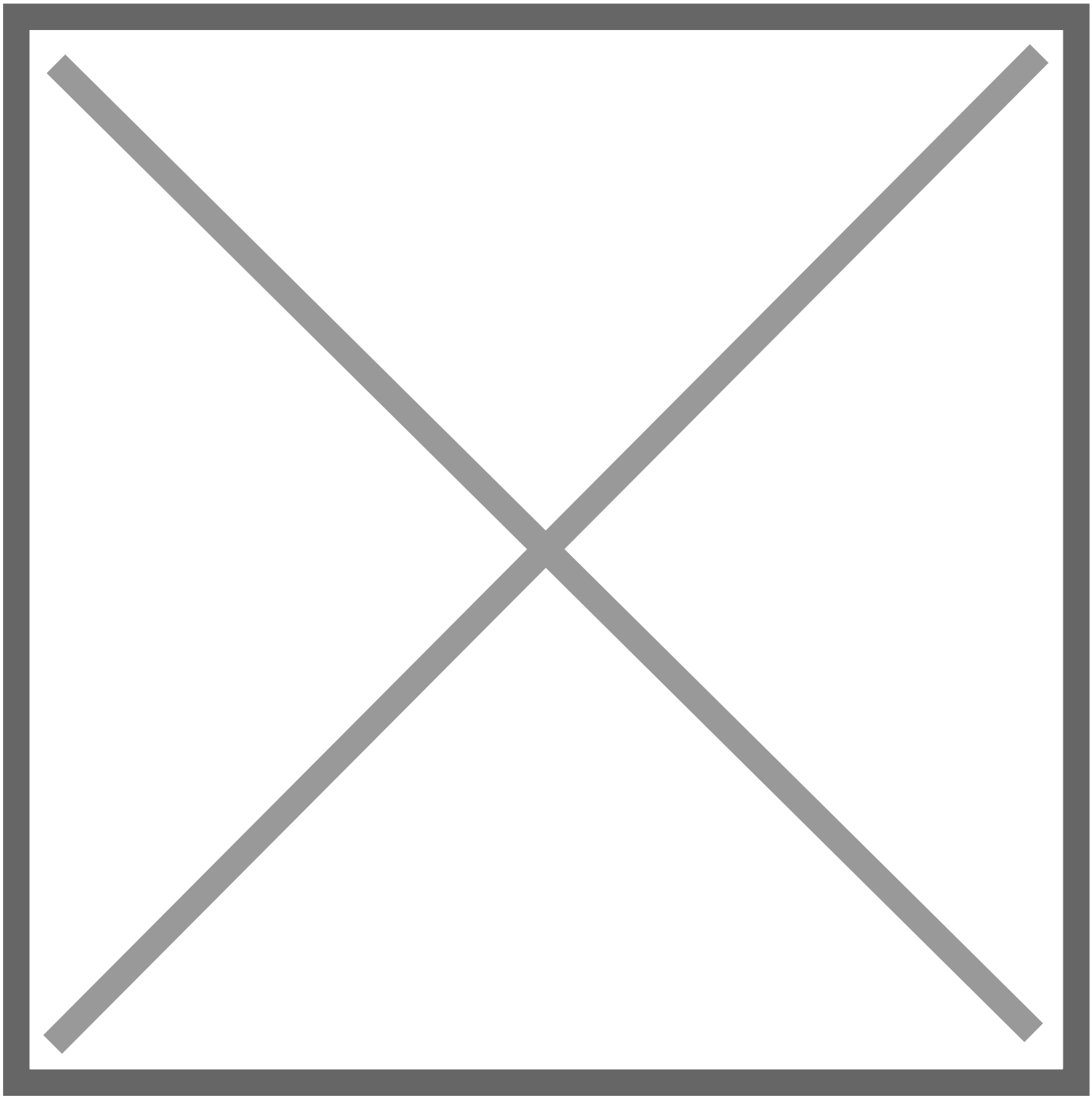


Sample size:	1414207
References:	NHANES: South Korea National Health and Nutrition Examination Survey 2019-21
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions:	=>+2SD

Double burden of underweight & obesity

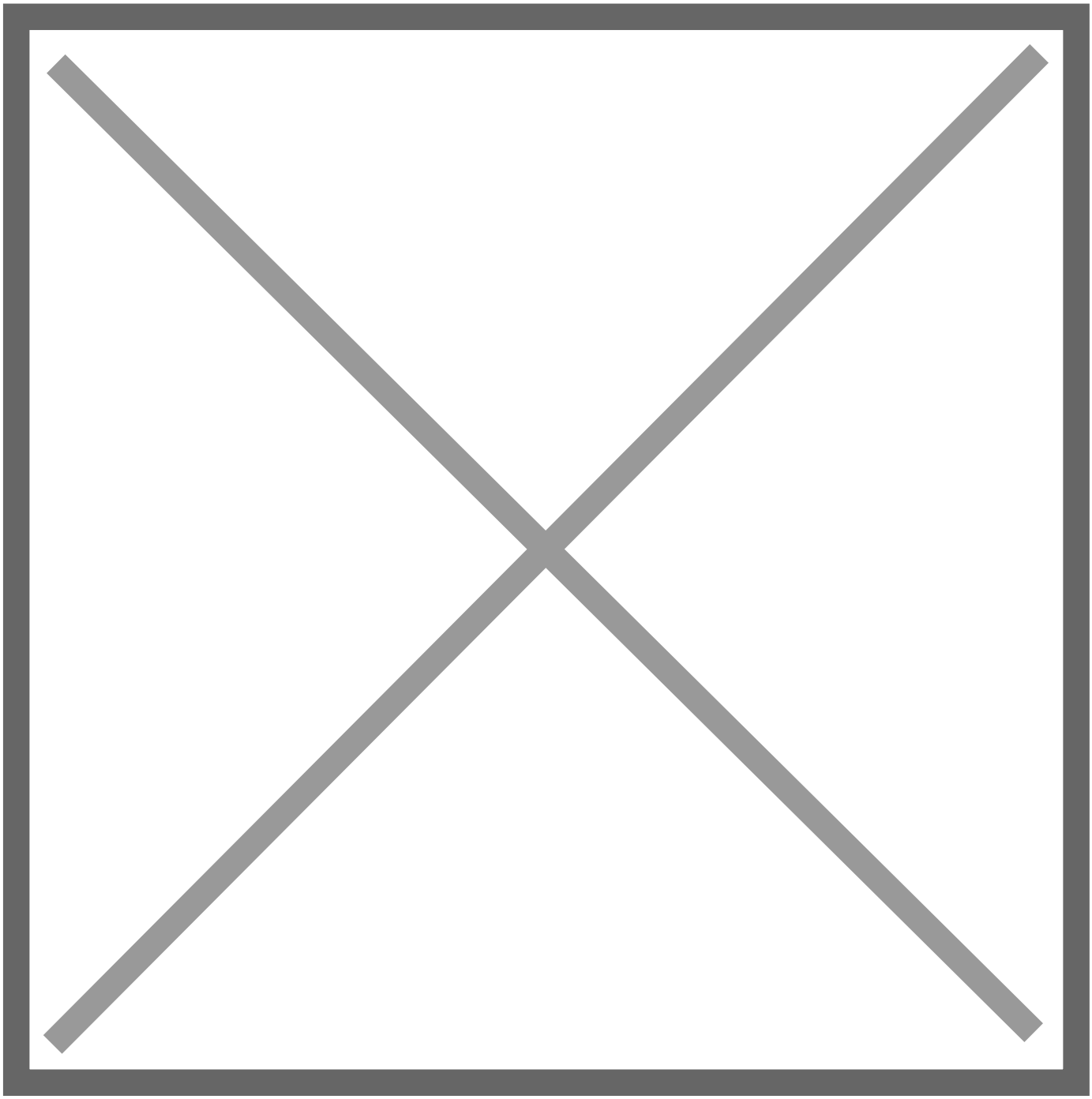
Adults, 2022



Survey type:	Measured
Age:	20+
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.
Notes:	Age Standardised estimates

Definitions:	Combined prevalence of BMI<18.5 kg/m² and BMI>=30 kg/m² (double burden of underweight and obesity)

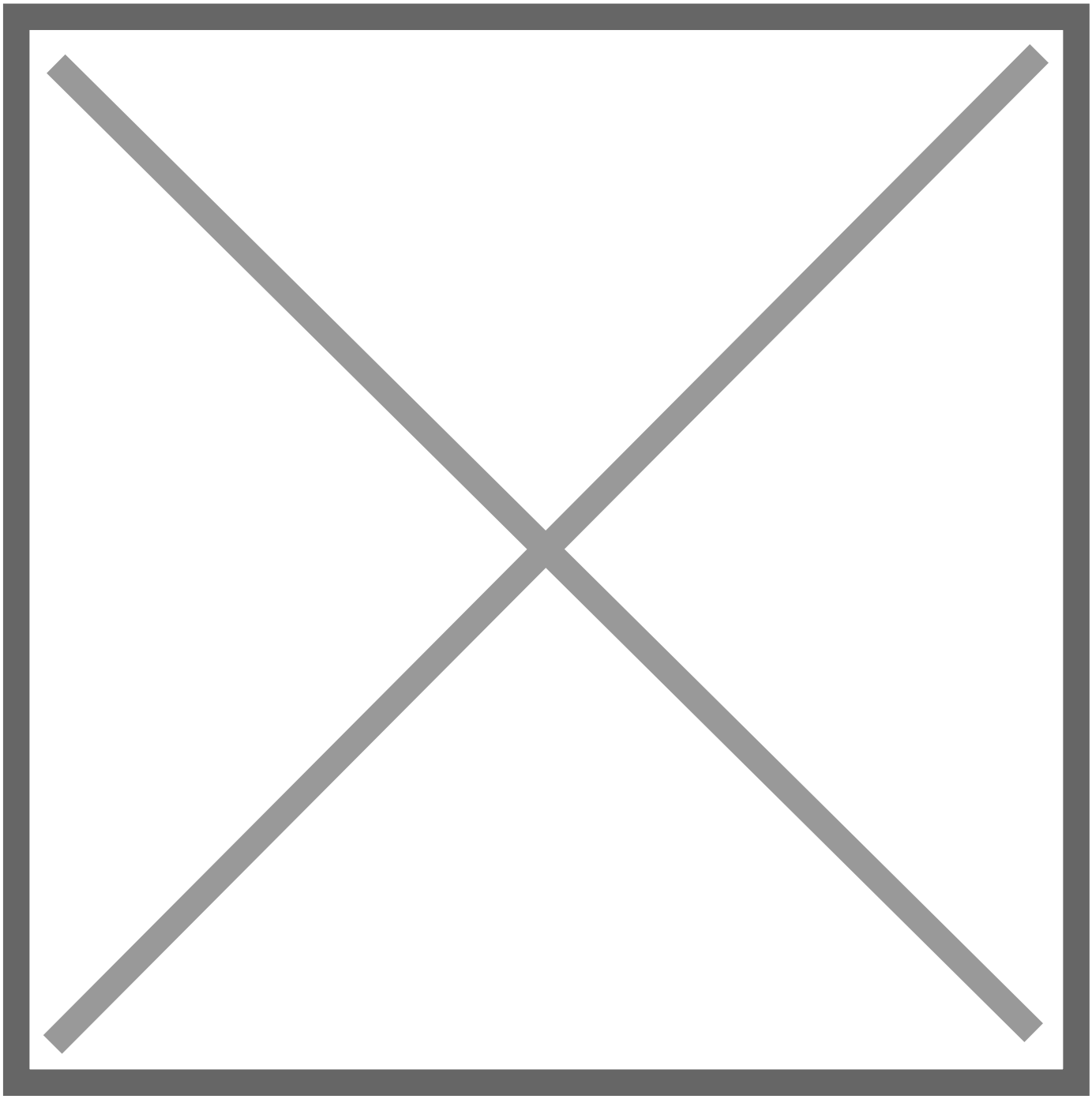
Children, 2022



Survey type:	Measured
Age:	5-19
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.
Notes:	Age standardised estimates

Definitions:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

0-5 years, 2019-2021

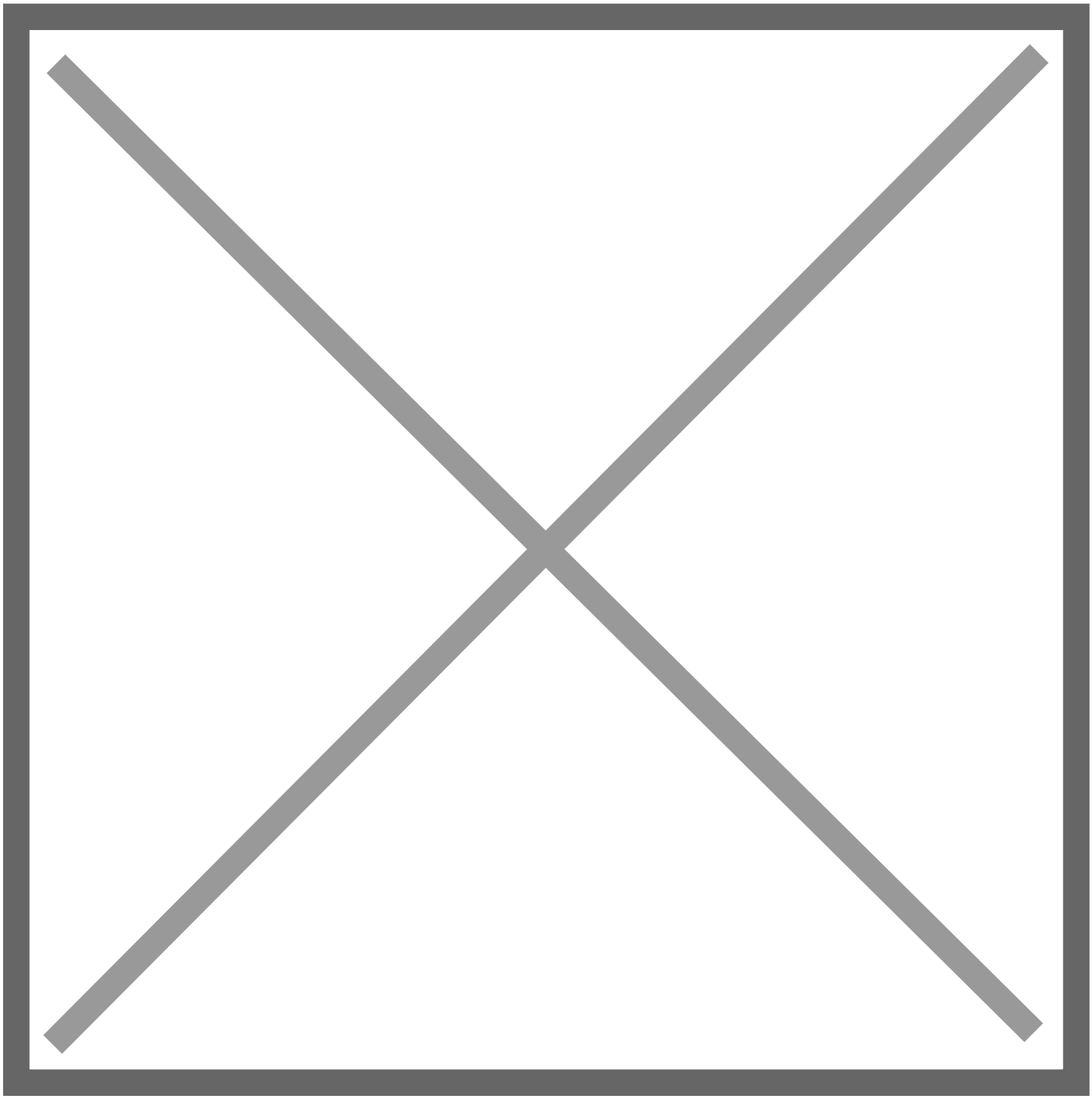


Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	South Korea National Health and Nutrition Examination Survey 2019-21

Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

Insufficient physical activity

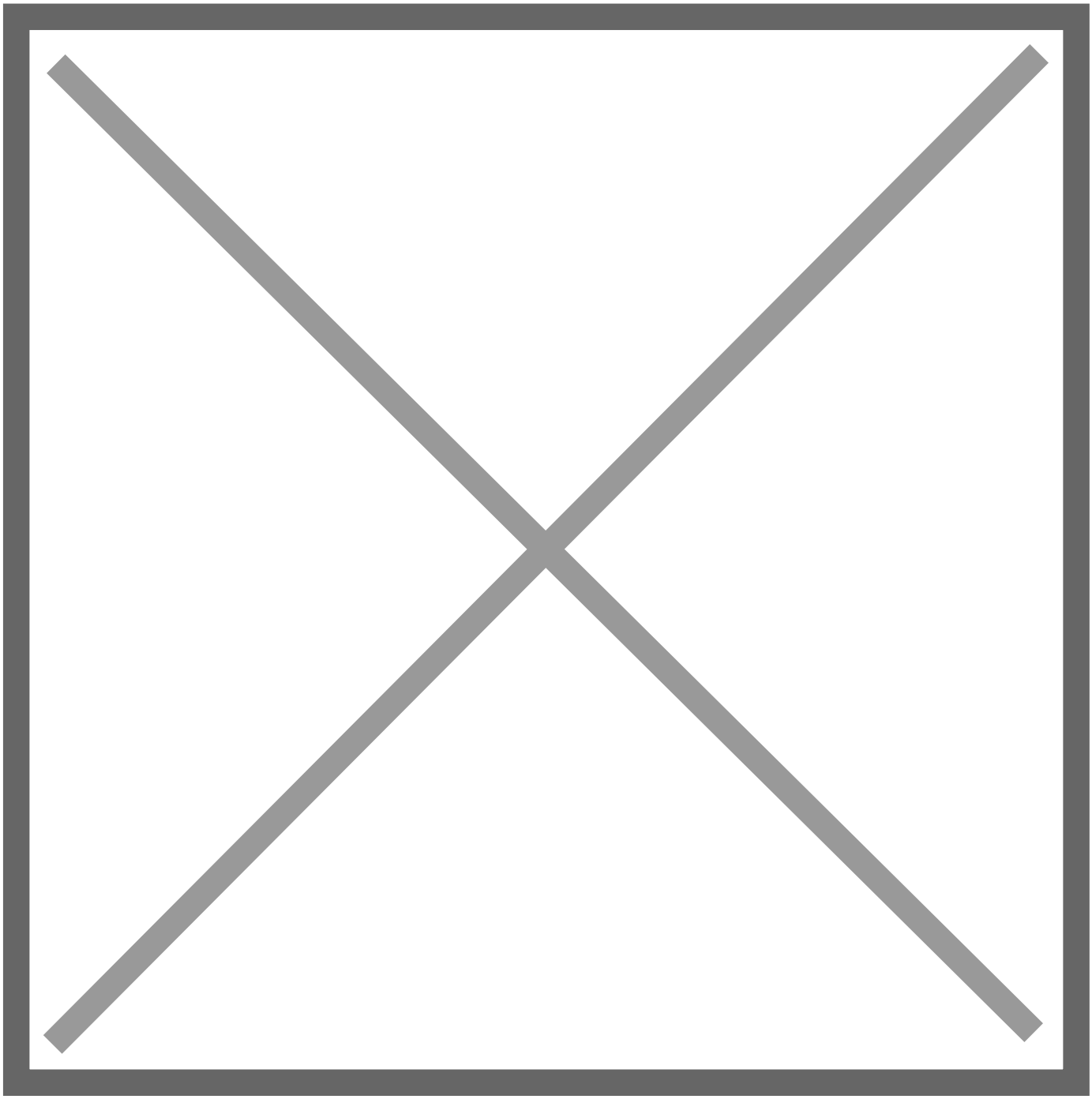
Adults, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

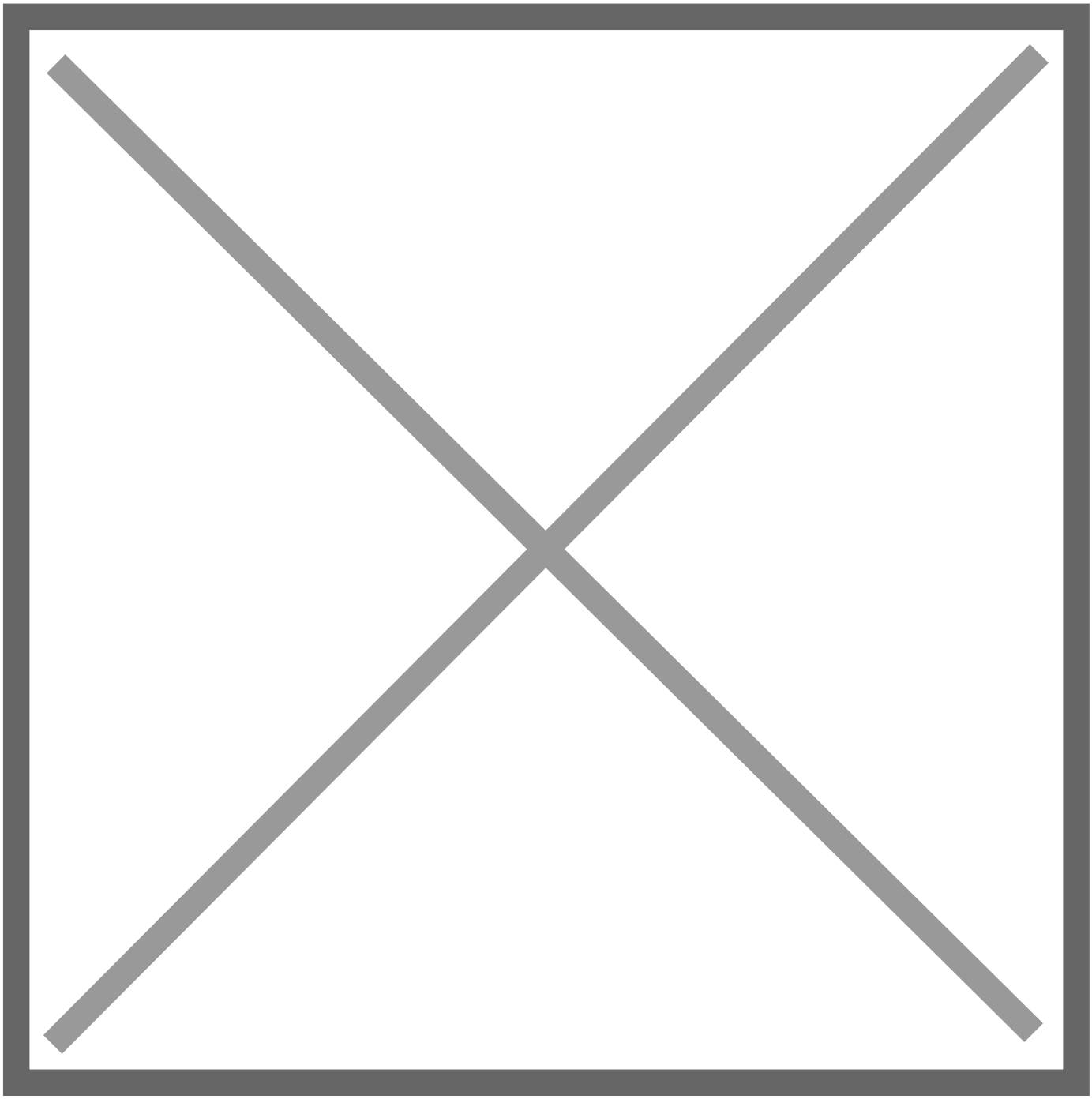
Men, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

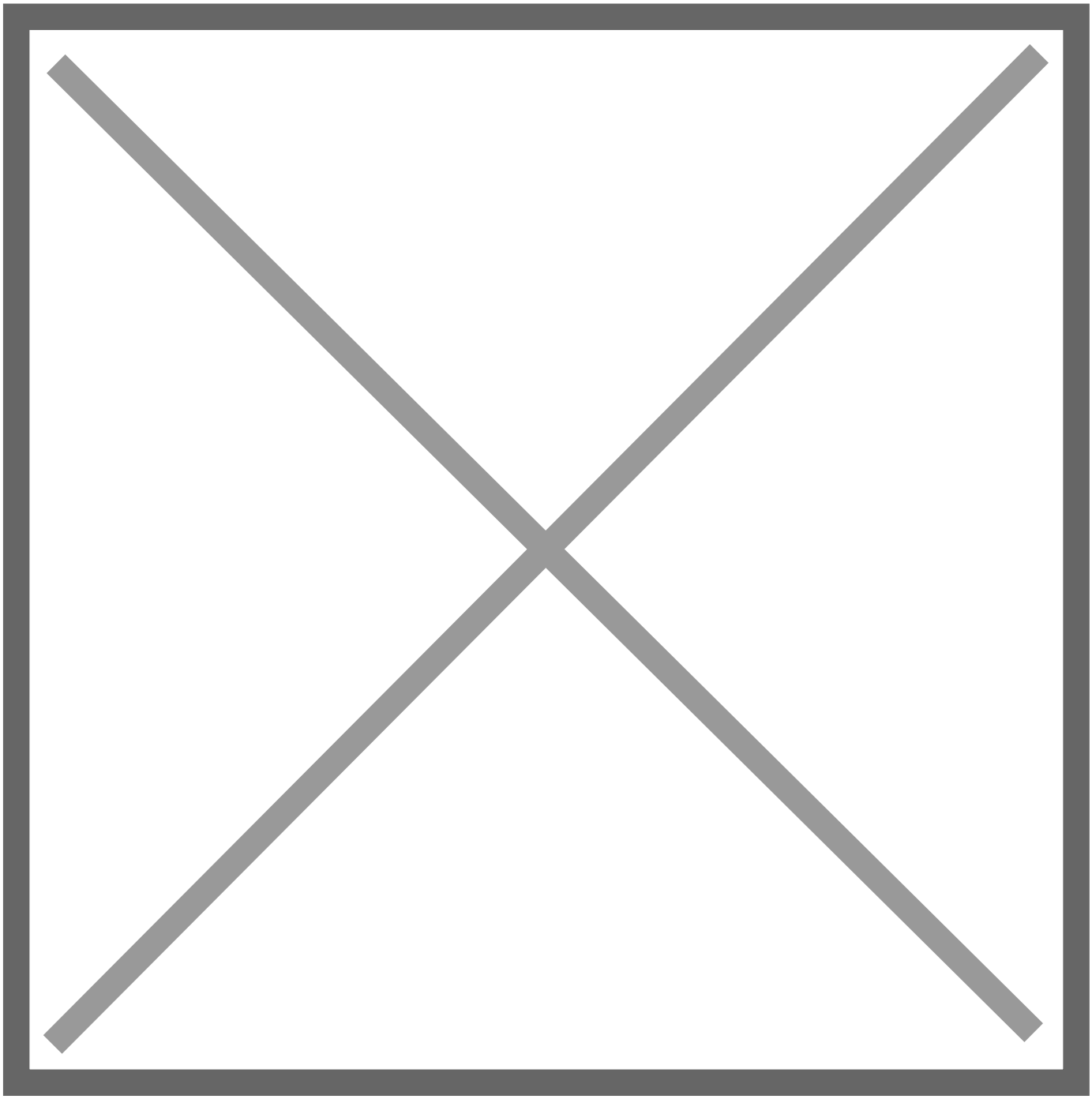
Women, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

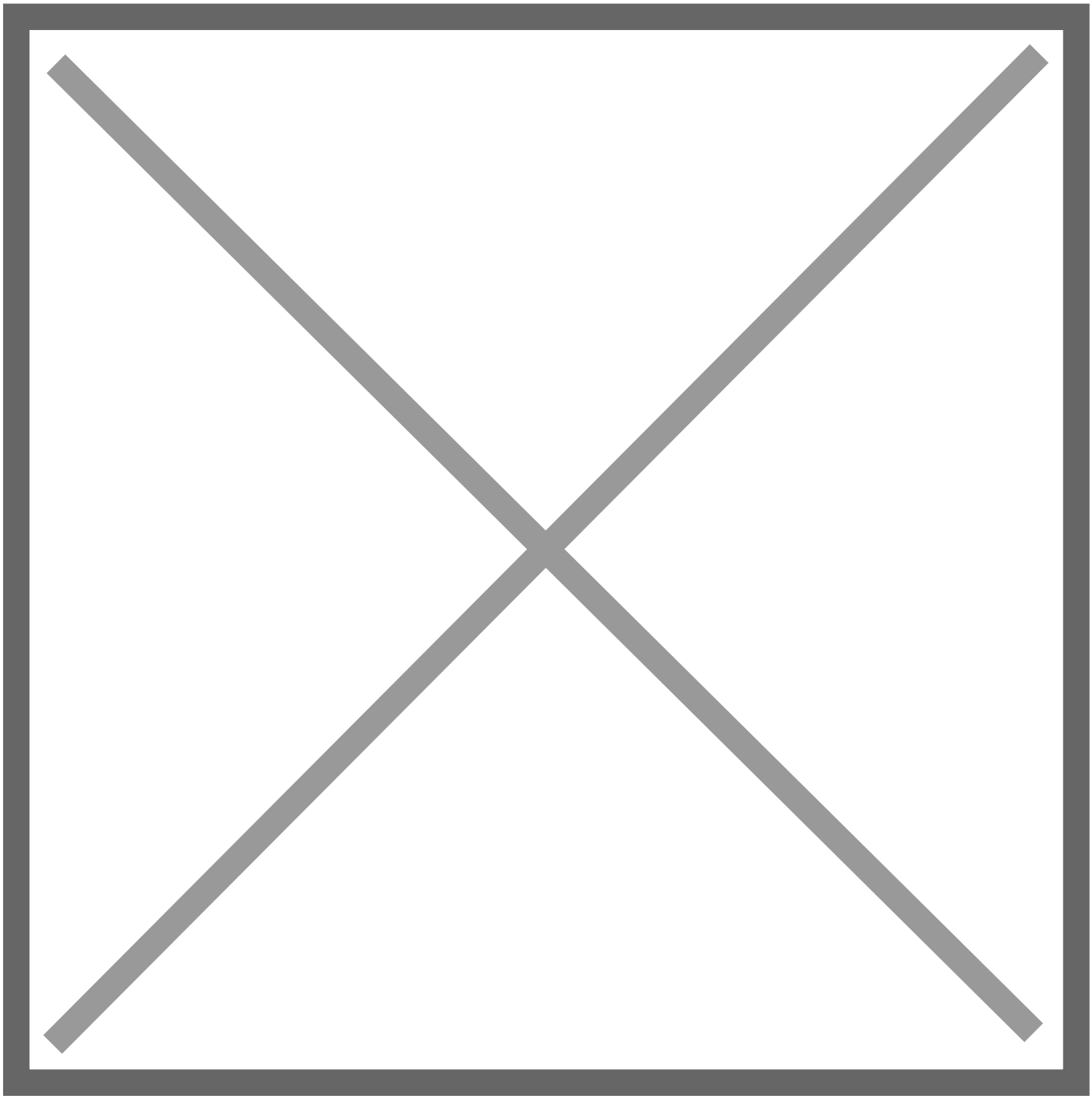
Children, 2016



Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions:	% Adolescents insufficiently active (age standardised estimate)

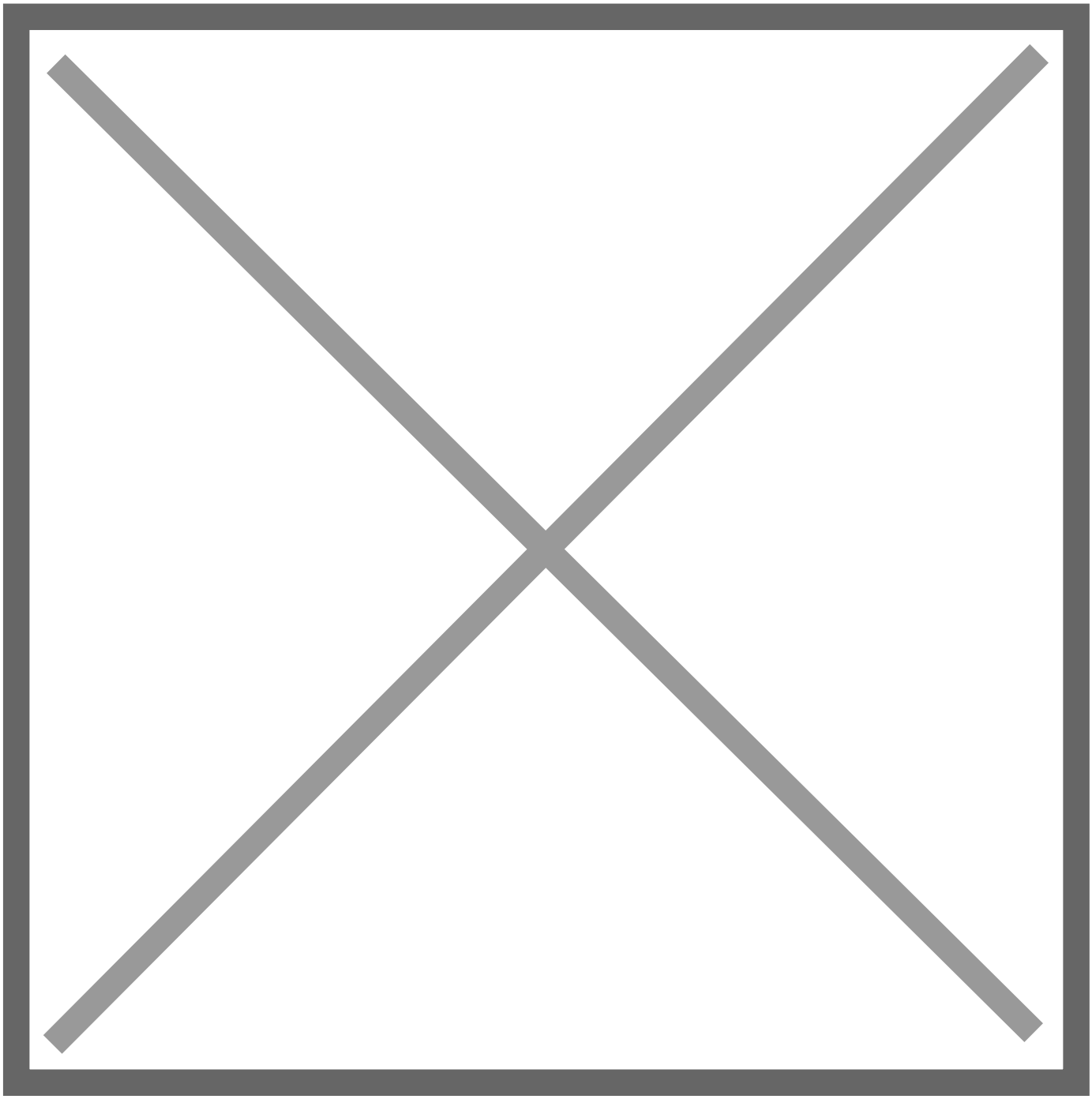
Boys, 2016



Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions:	% Adolescents insufficiently active (age standardised estimate)

Girls, 2016

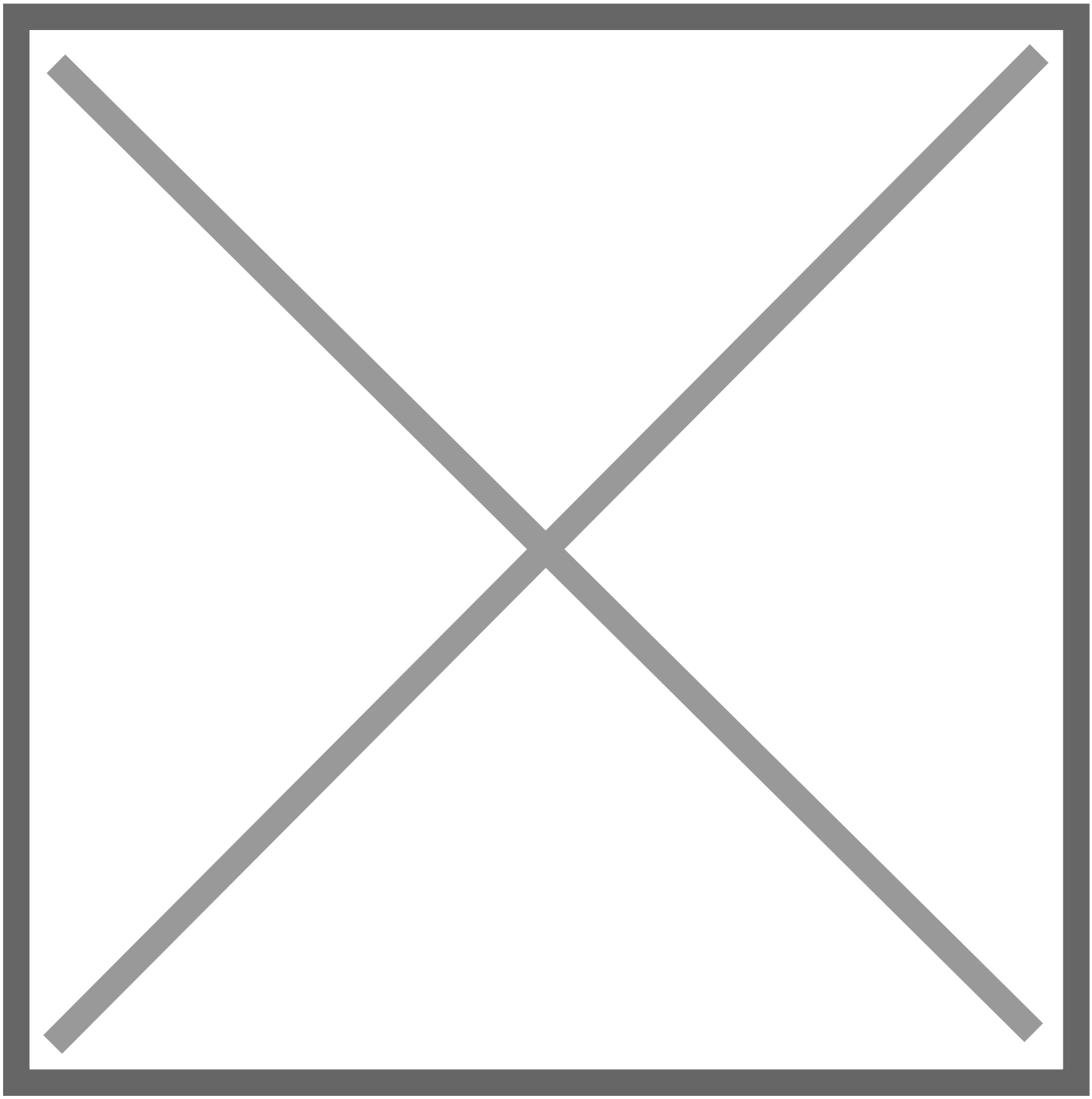


Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions:	% Adolescents insufficiently active (age standardised estimate)

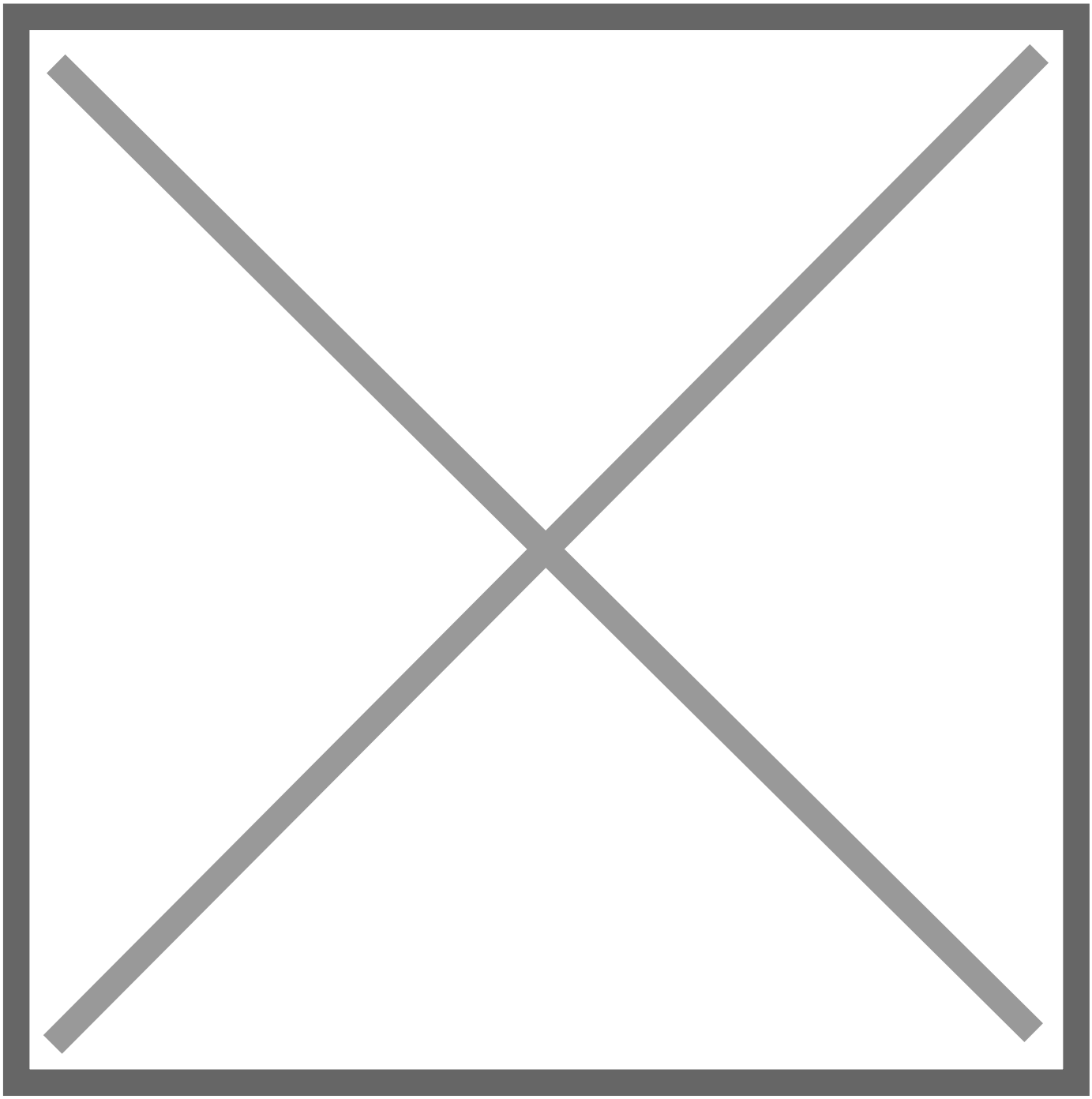
Mental health - depression disorders

Adults, 2023



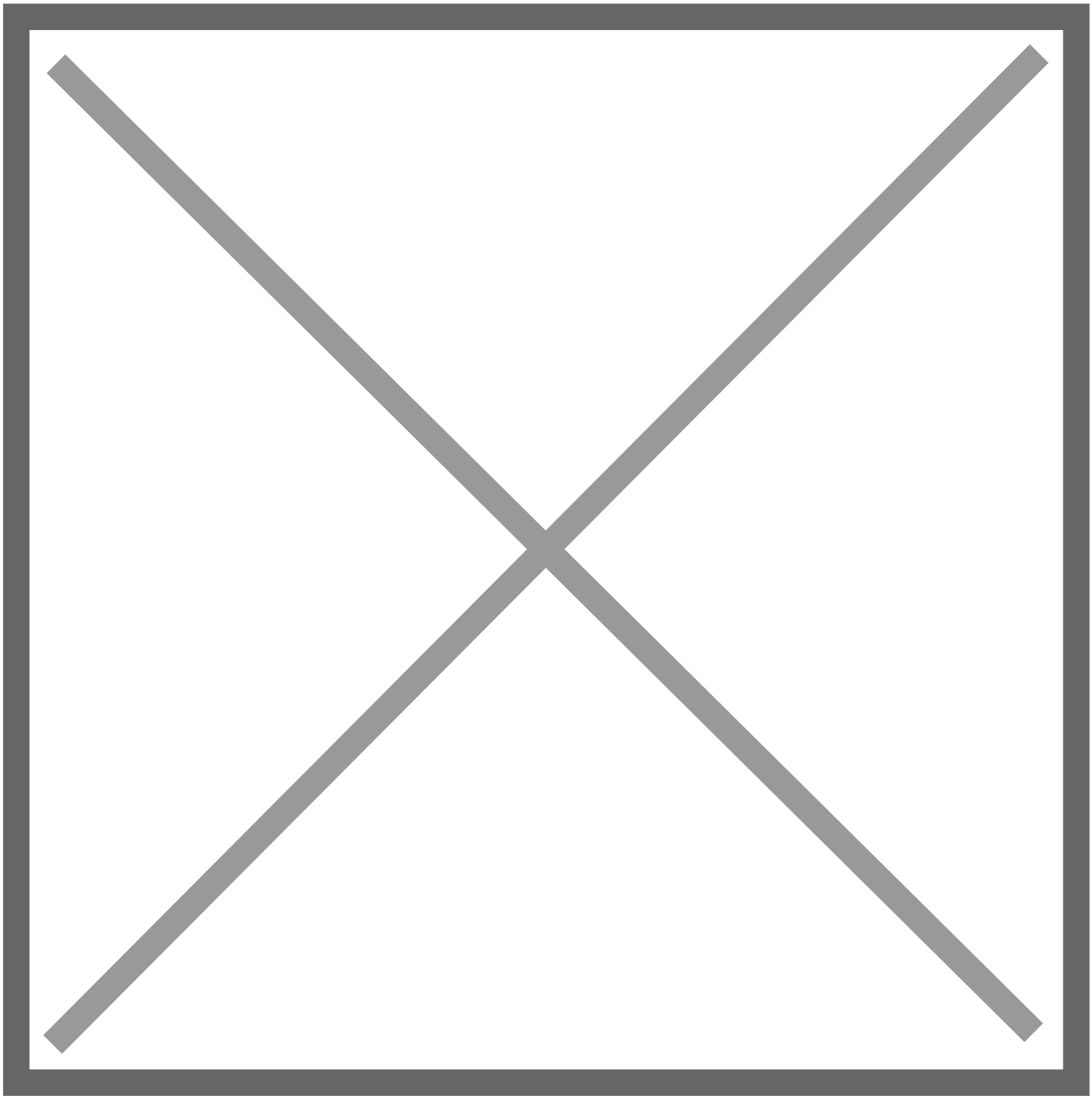
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Men, 2023



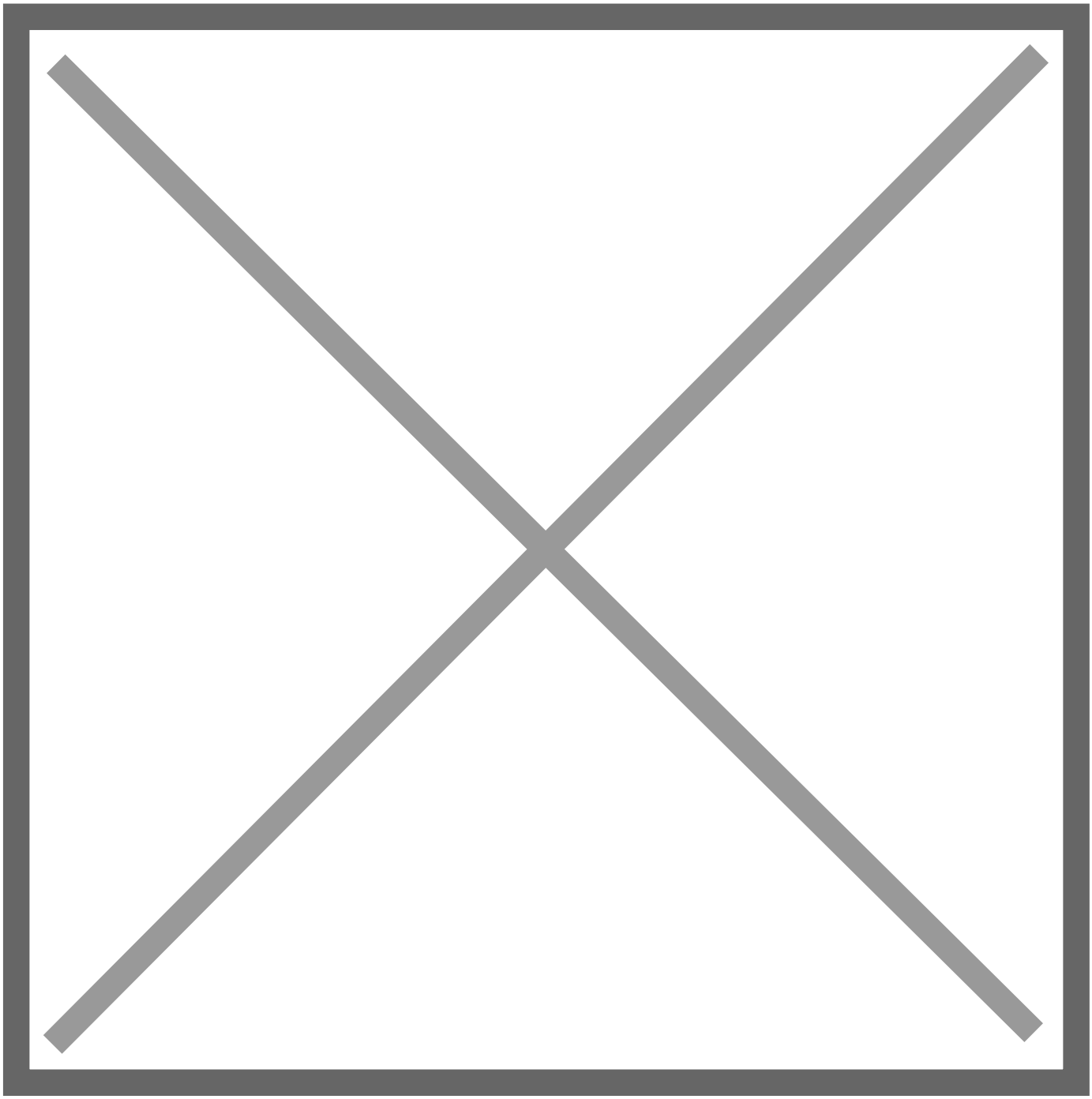
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Women, 2023



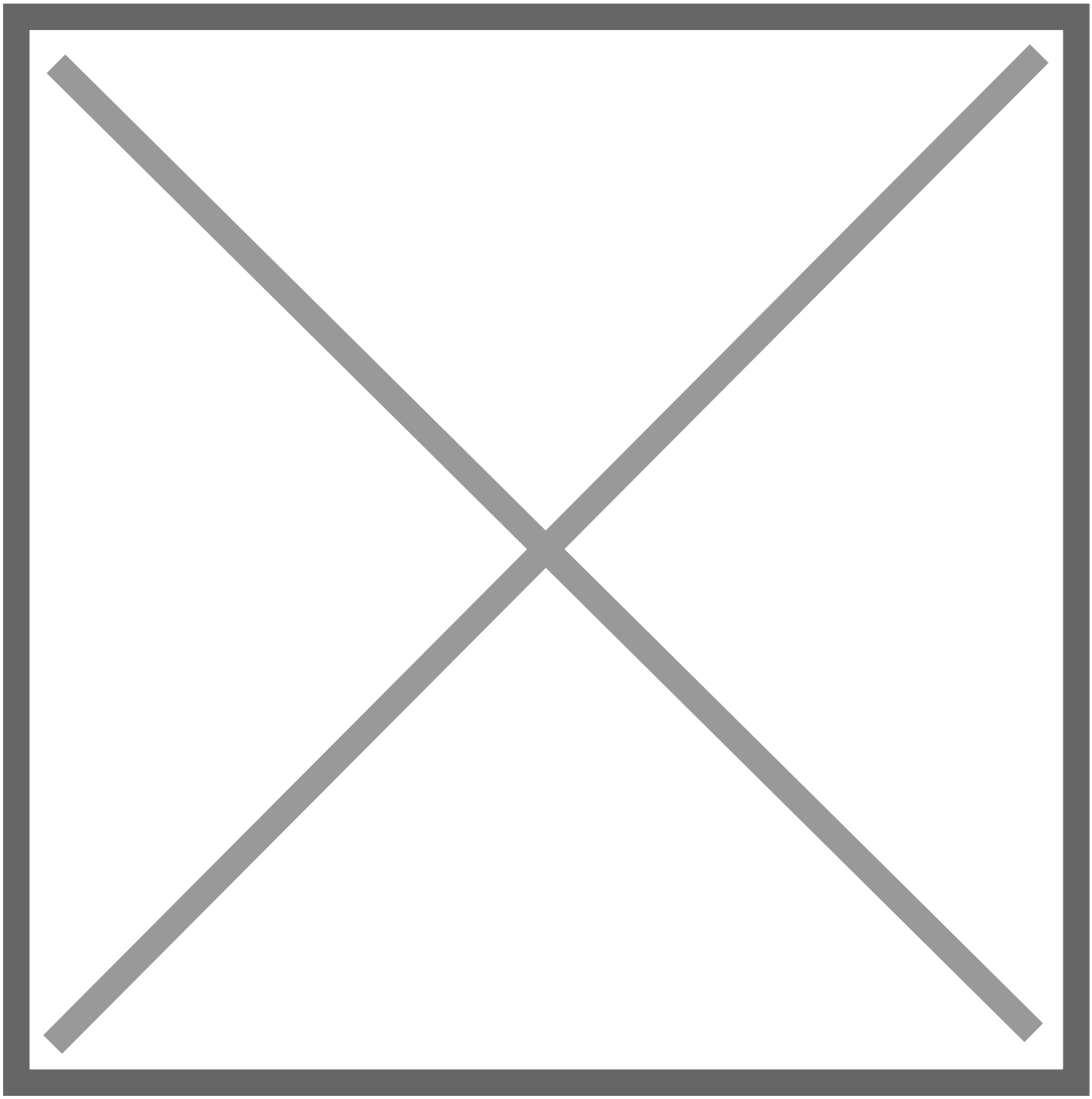
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Children, 2023



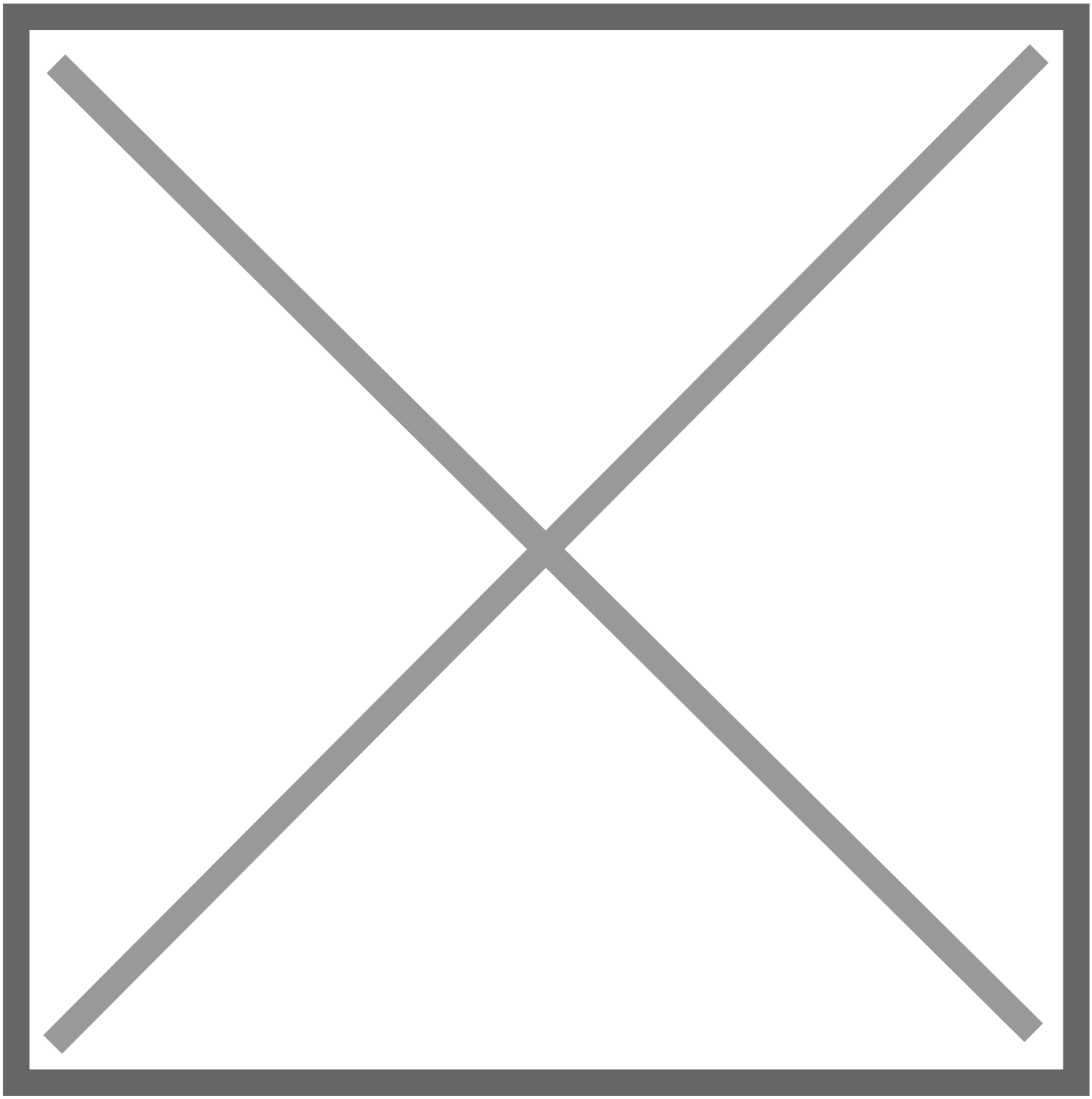
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

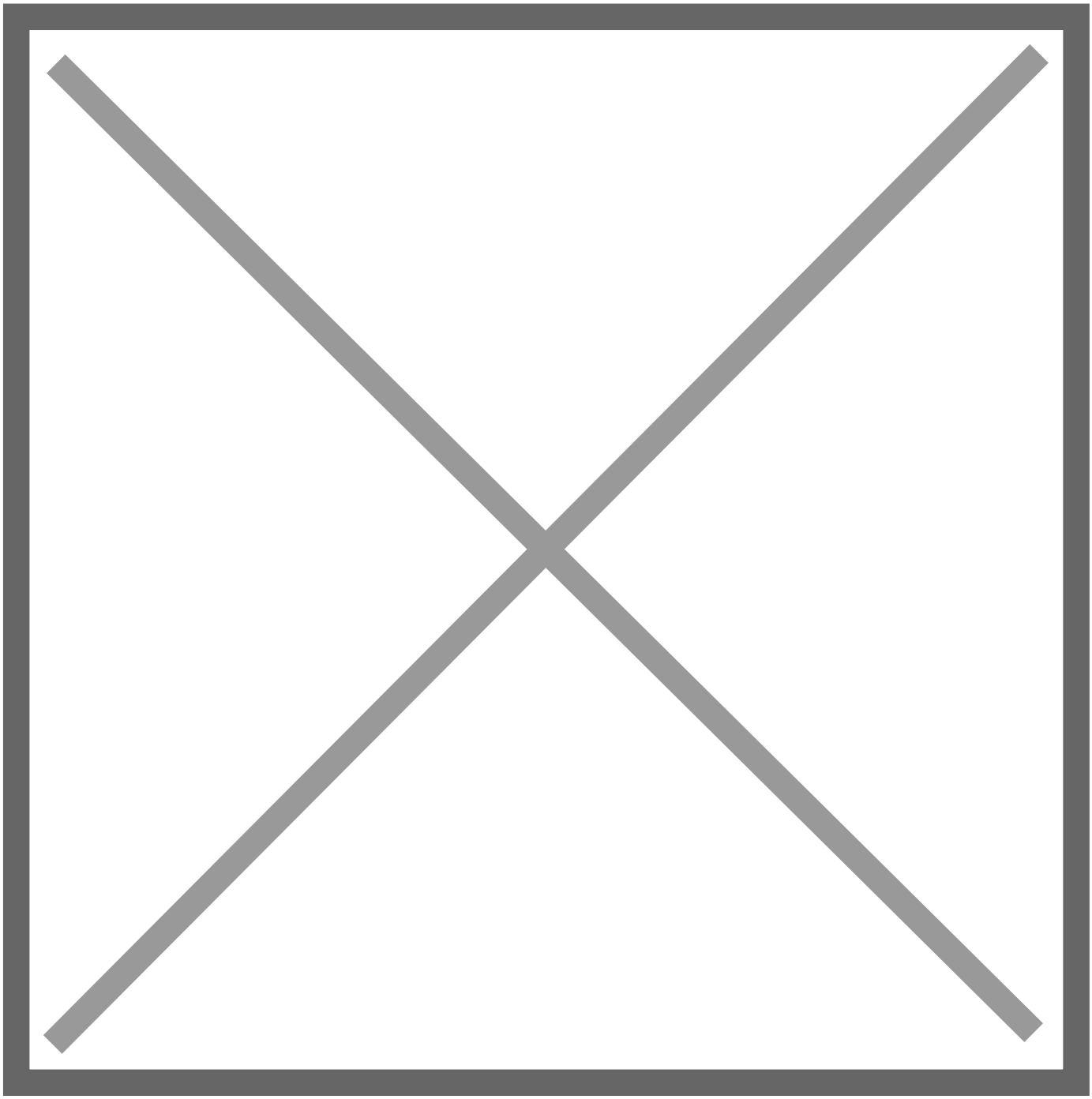
Girls, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

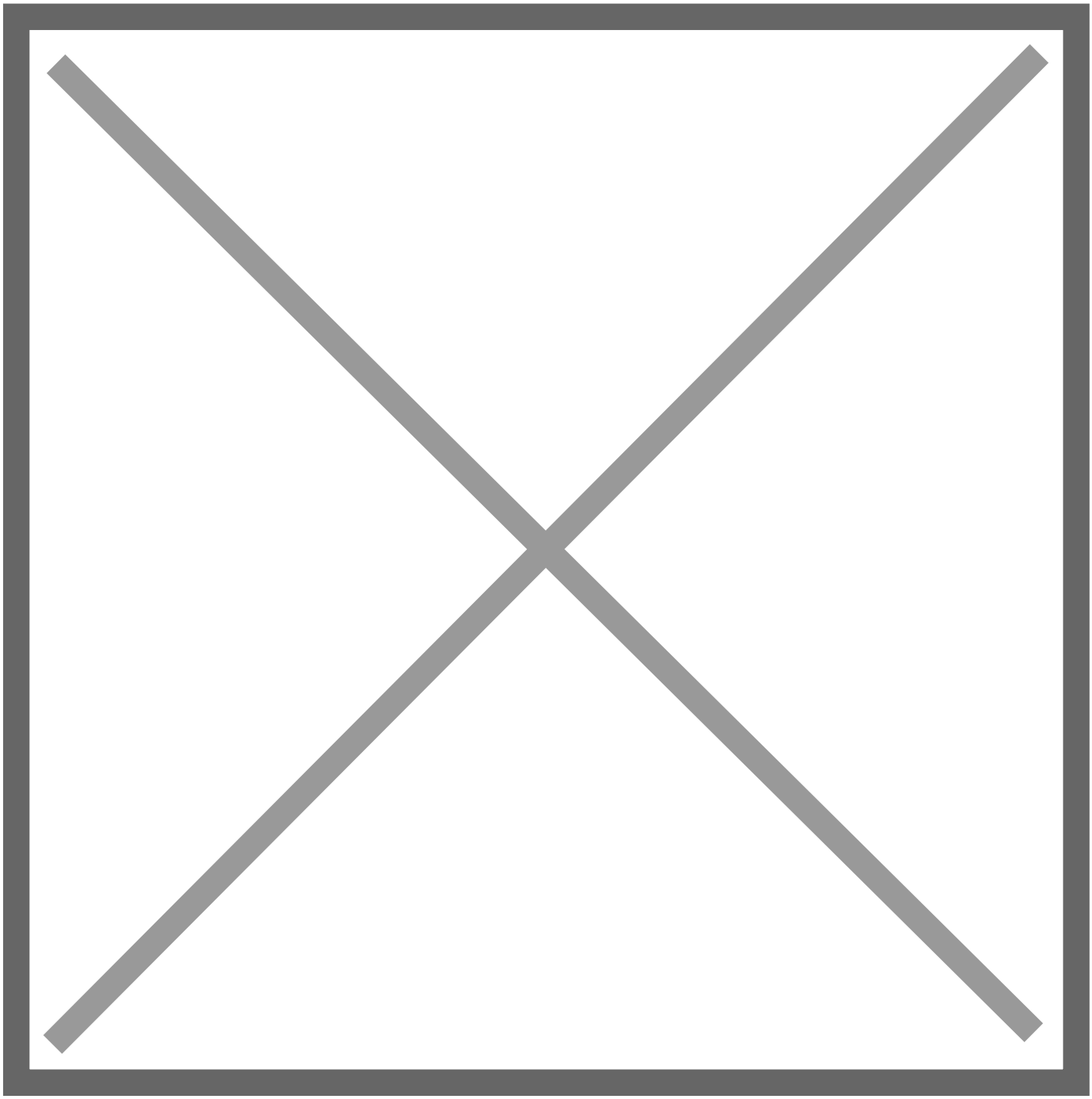
Mental health - anxiety disorders

Adults, 2023



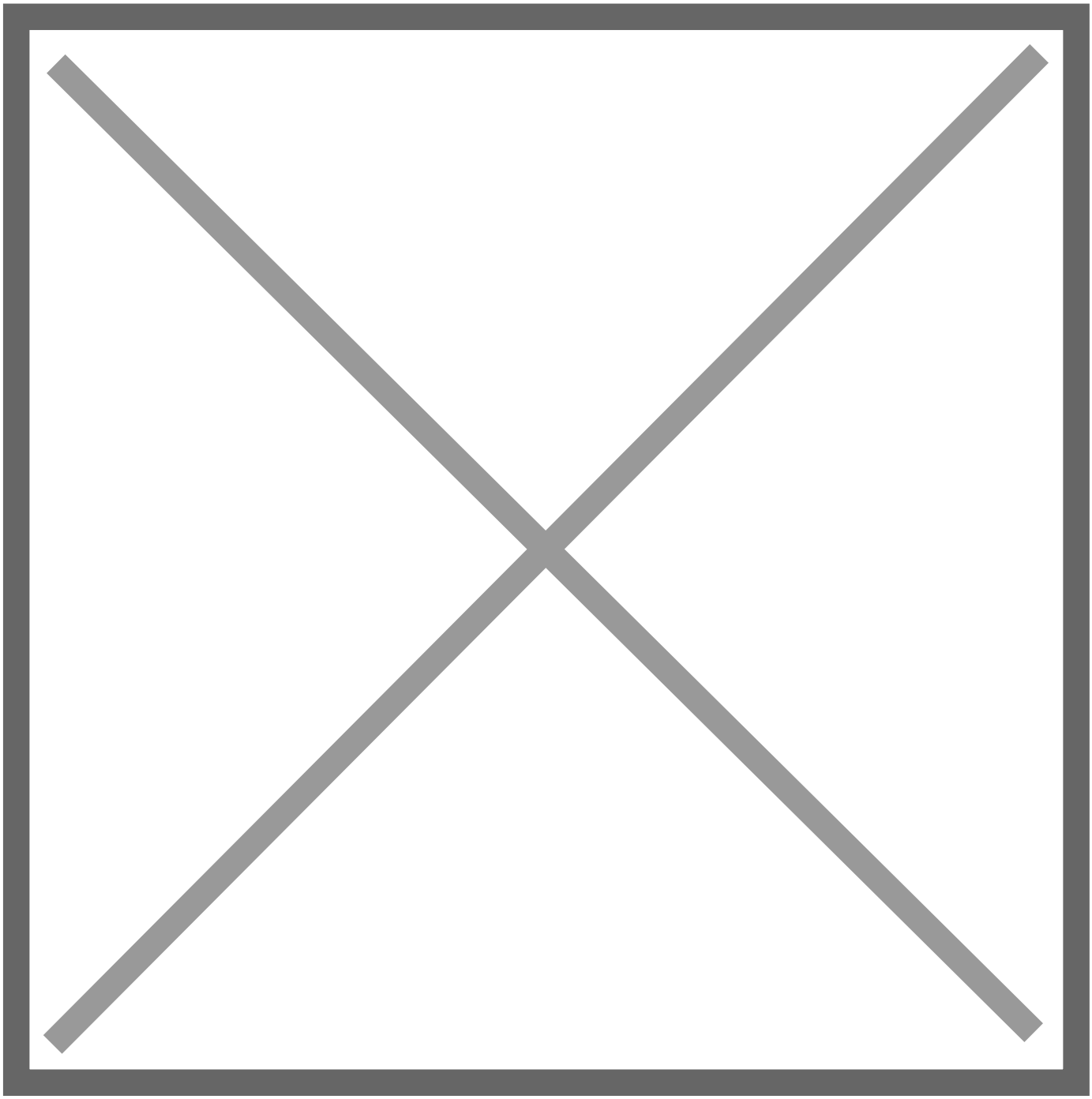
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Men, 2023



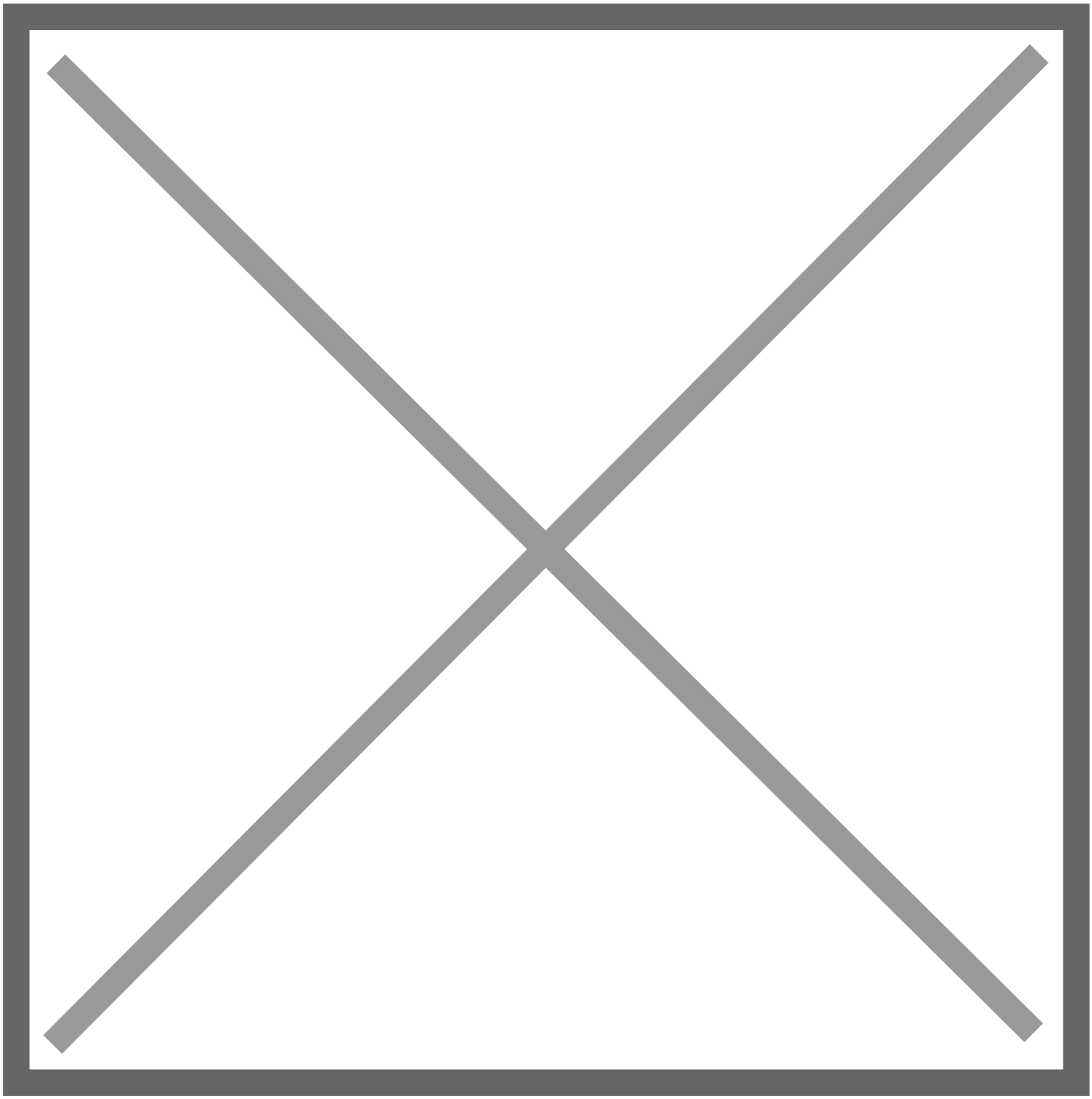
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Women, 2023



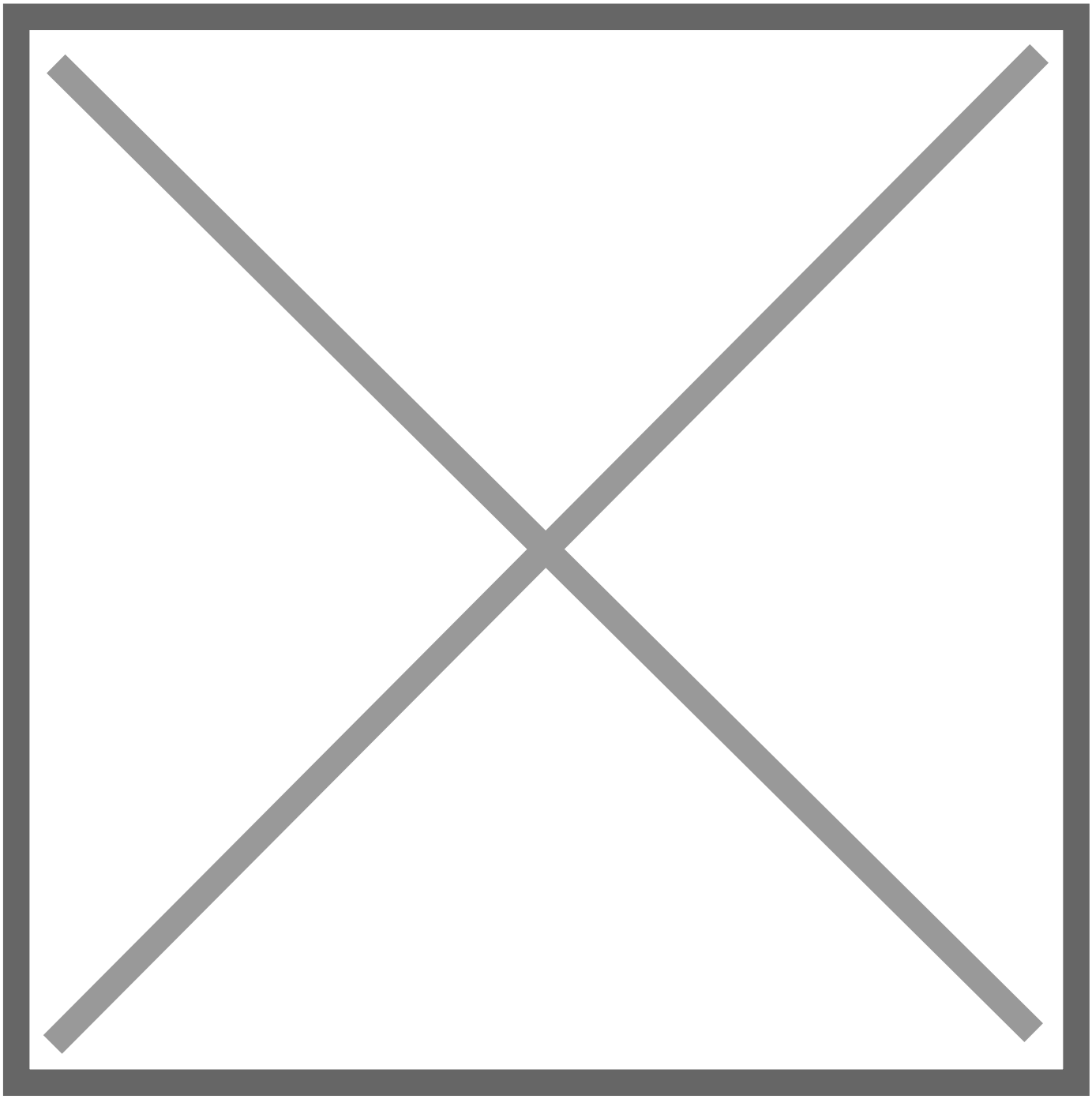
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Children, 2023



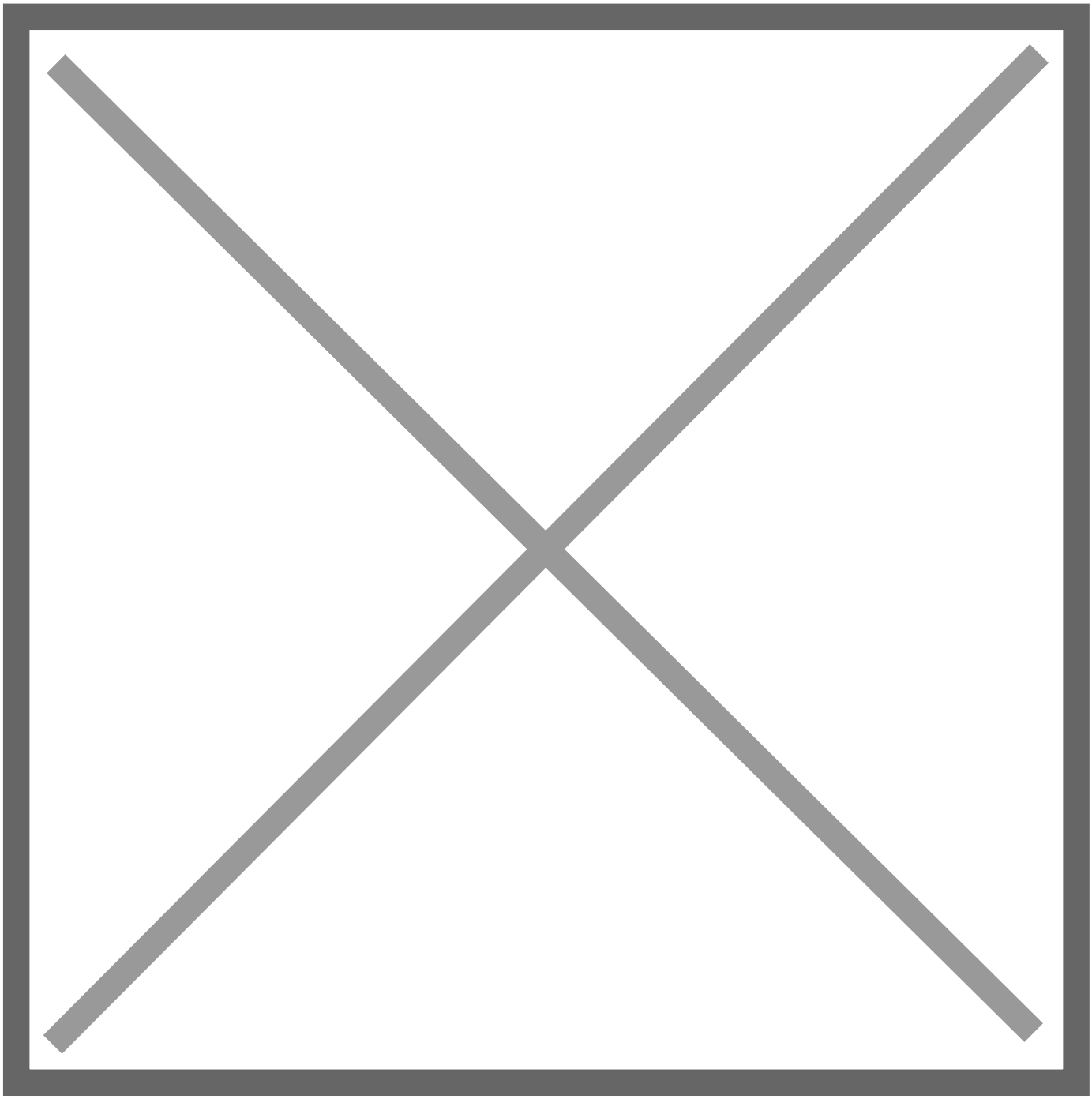
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

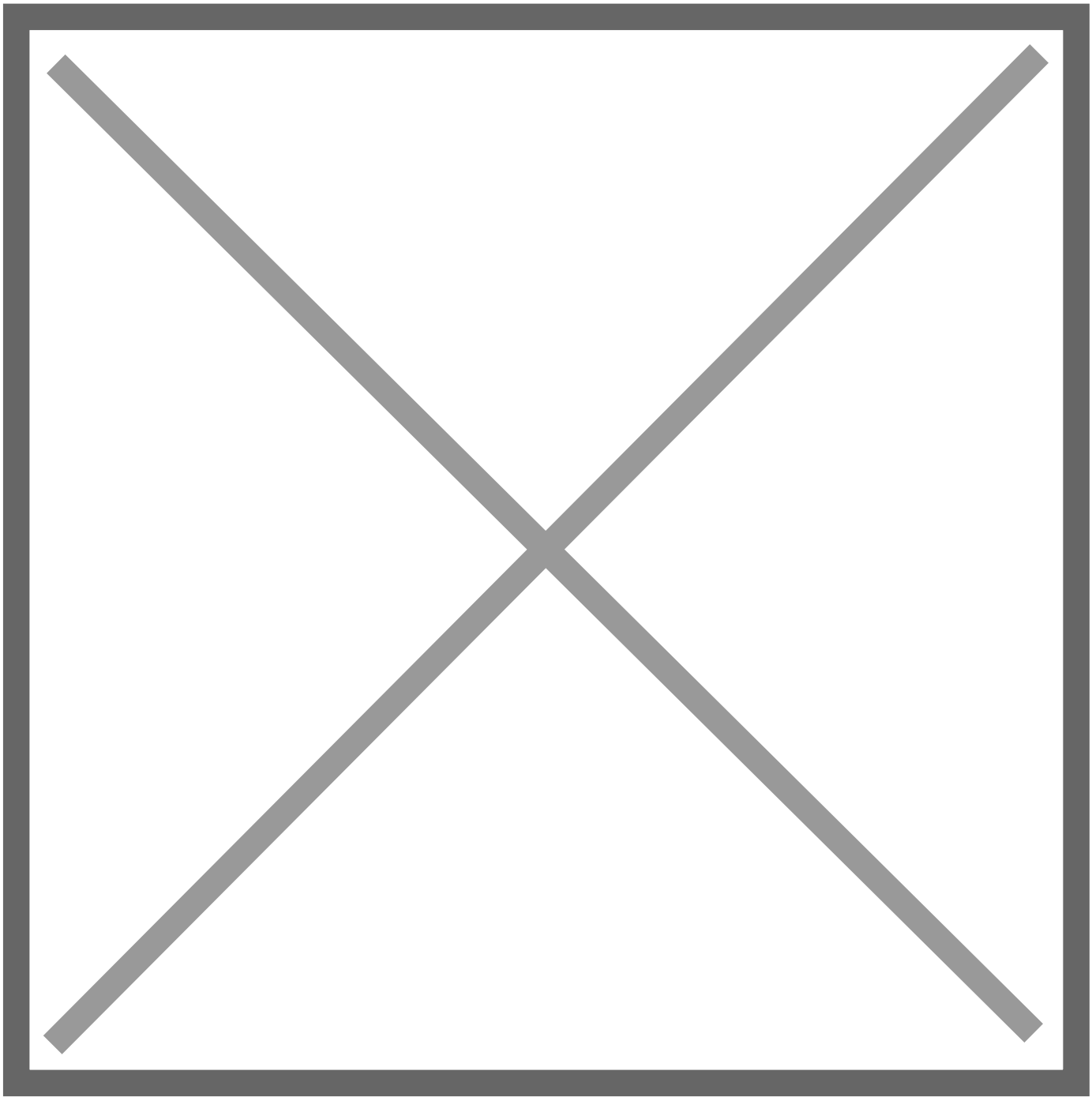
Girls, 2023



Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

Percent of population who cannot afford a healthy diet

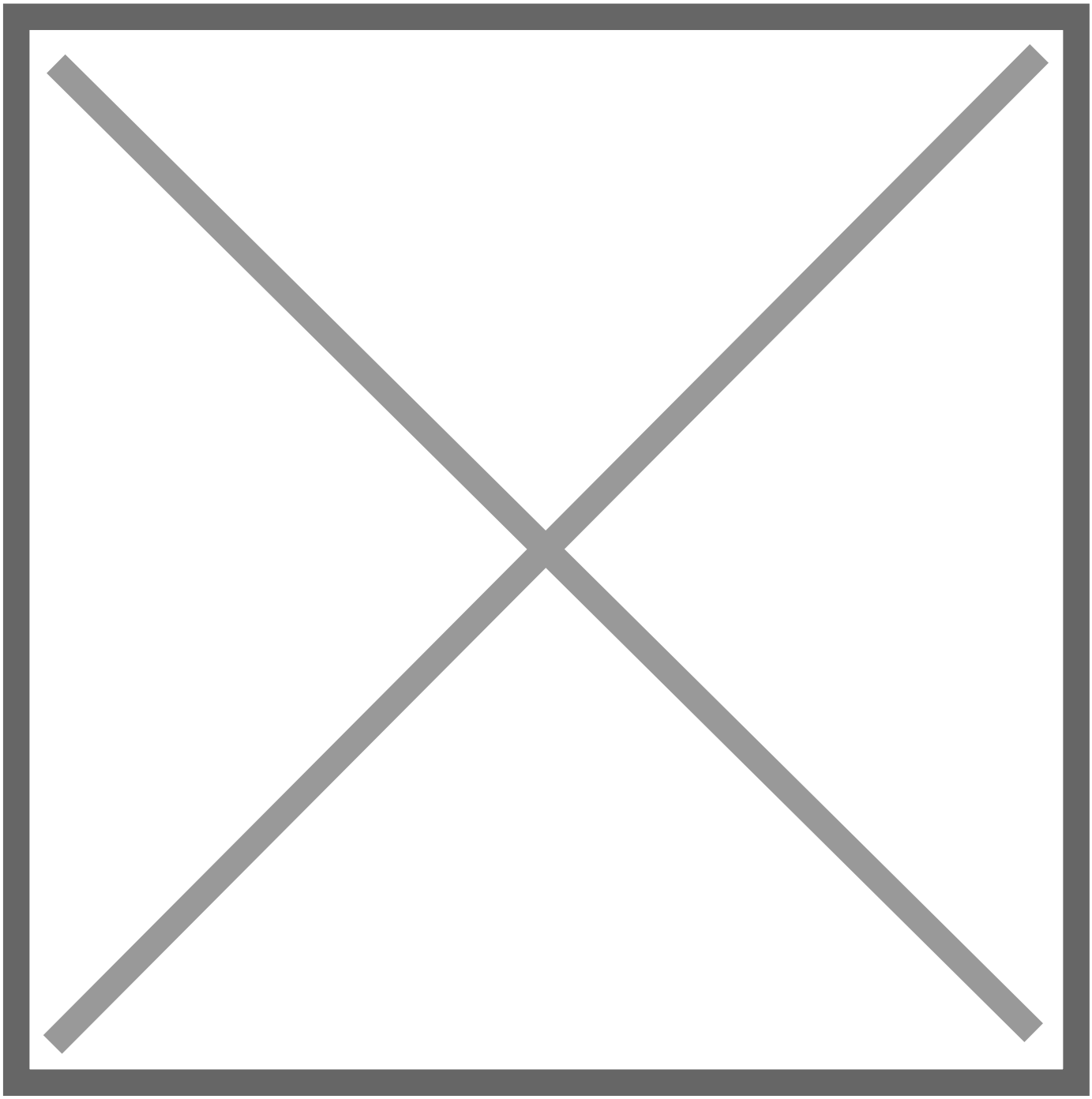
Adults, 2025



Area covered:	National
References:	FAO. 2026. FAOSTAT: Cost and Affordability of a Healthy Diet (CoAHD). https://www.fao.org/faostat/en/#data/CAHD. Licence: CC-BY-4.0. [Last Accessed 12.10.26]
Notes:	The percent of the population whose food budget is below the cost of a healthy diet.

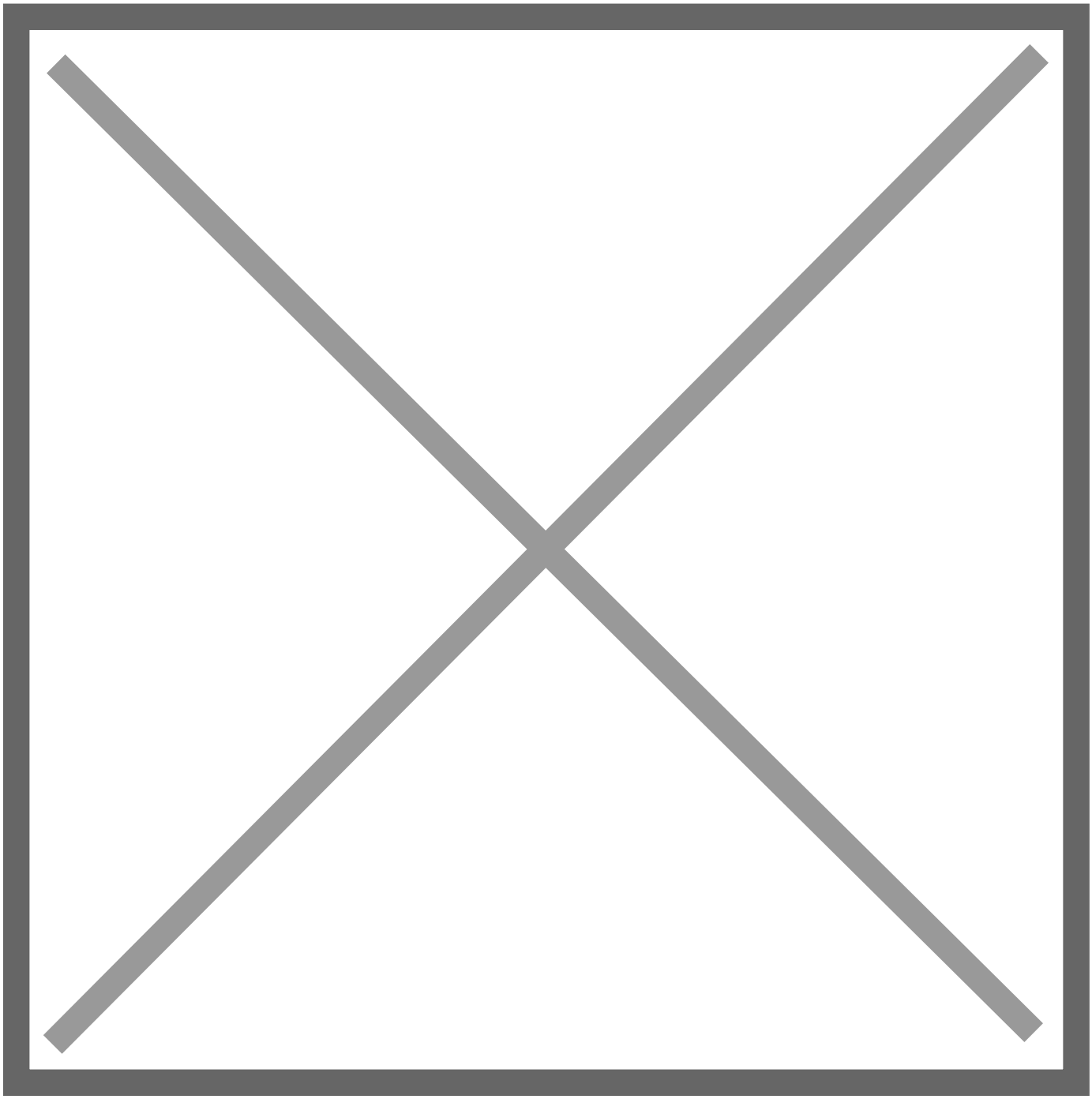
Oesophageal cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

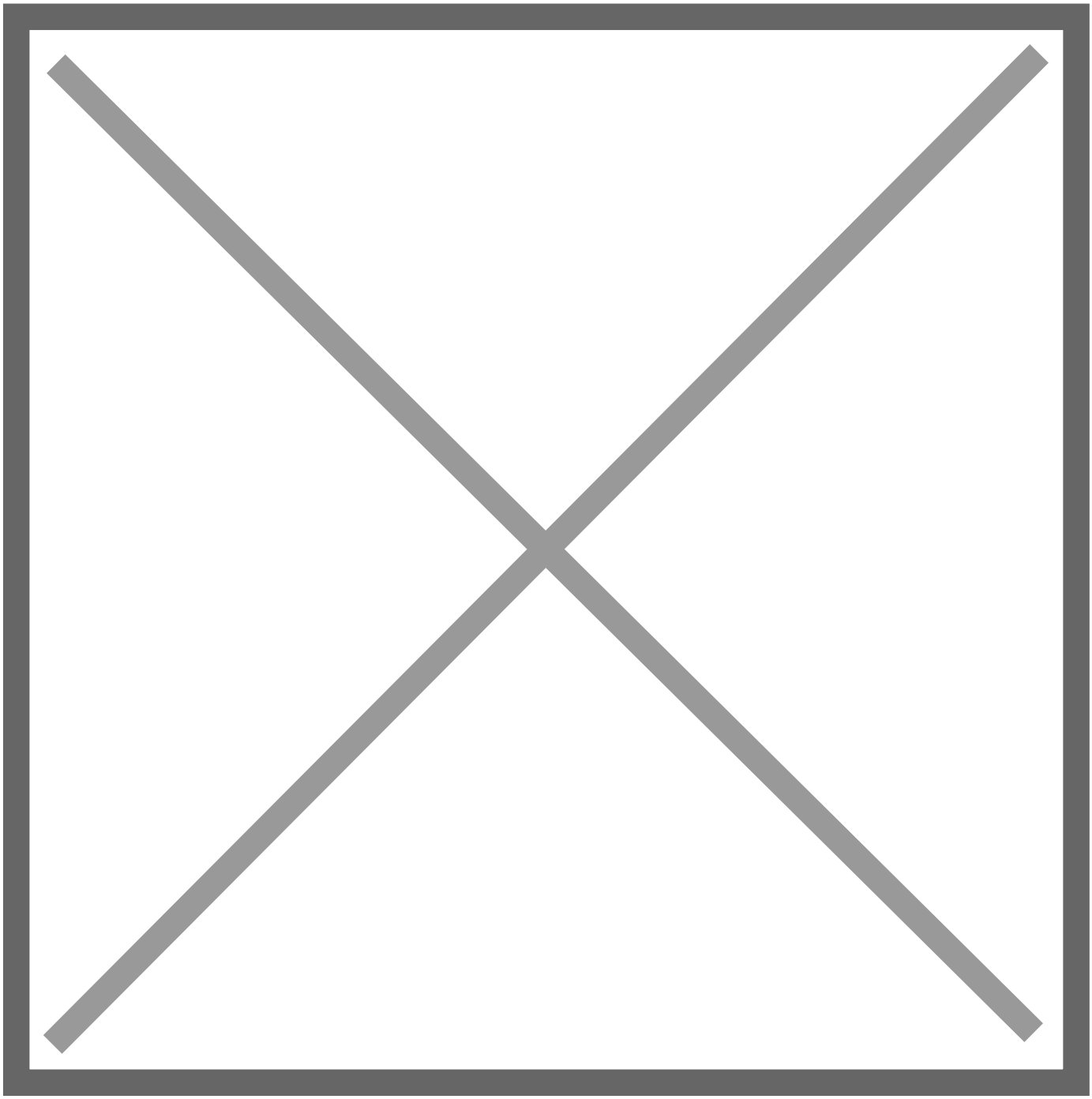
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Breast cancer

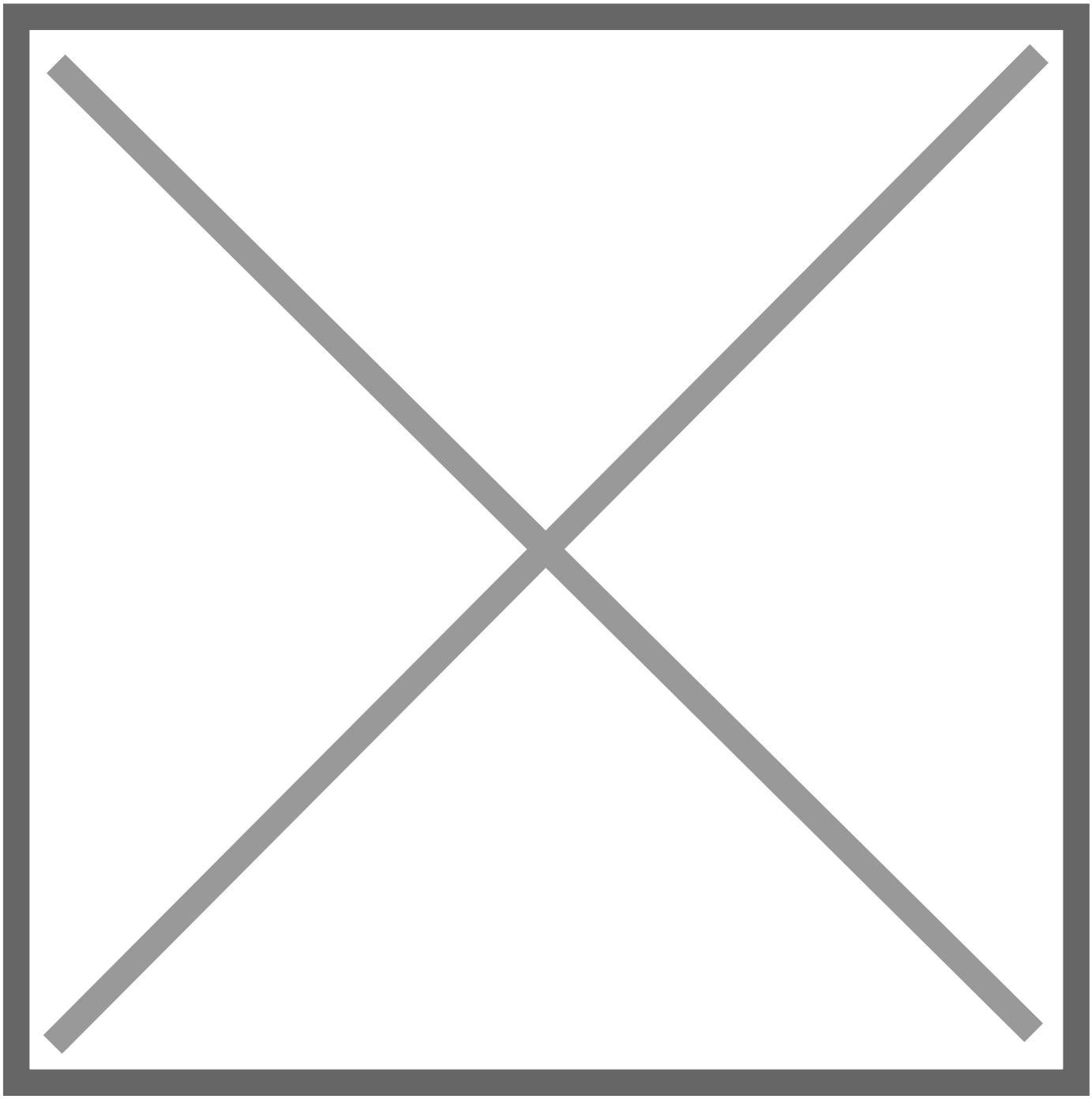
Women, 2022



Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

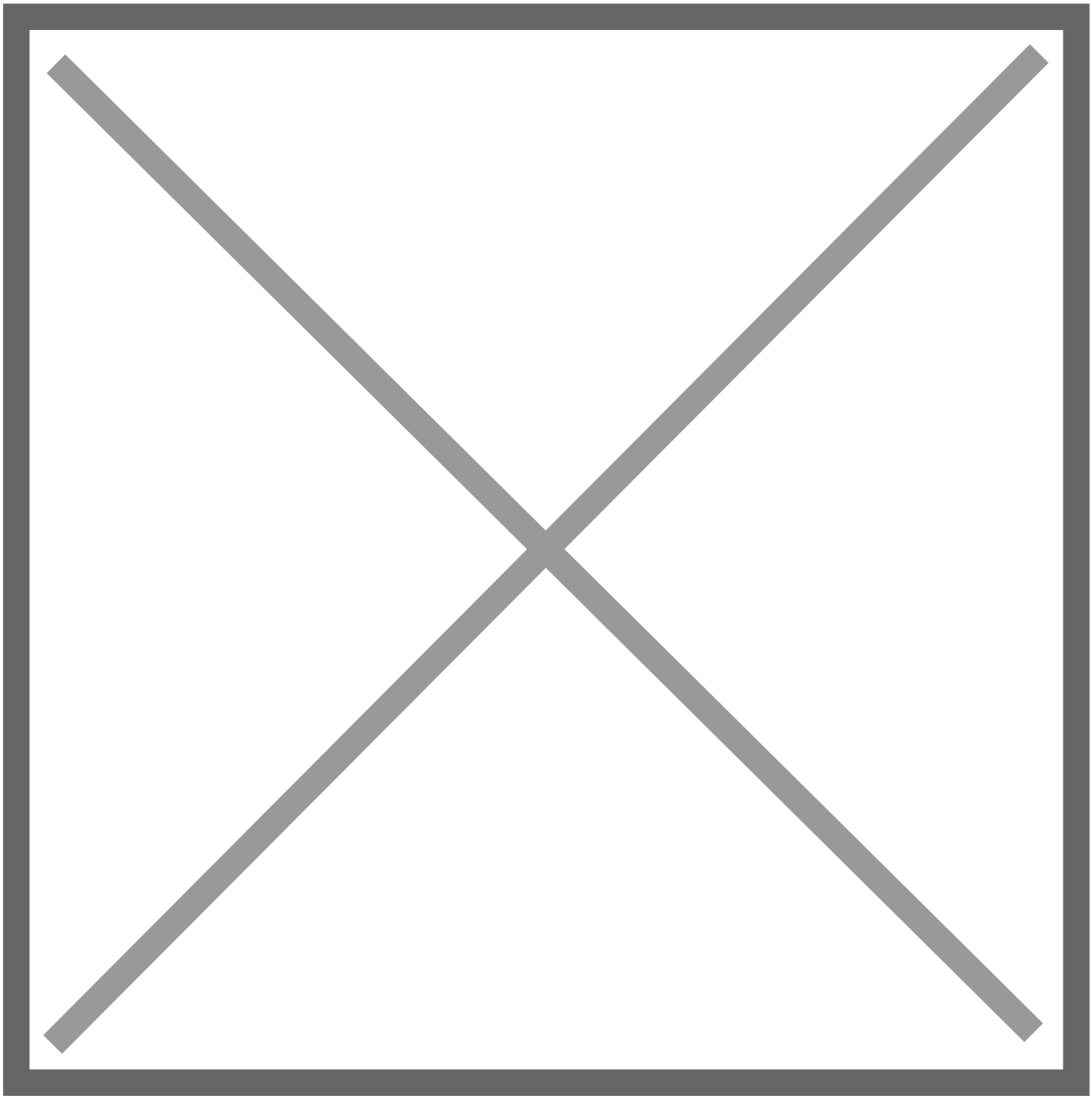
Colorectal cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

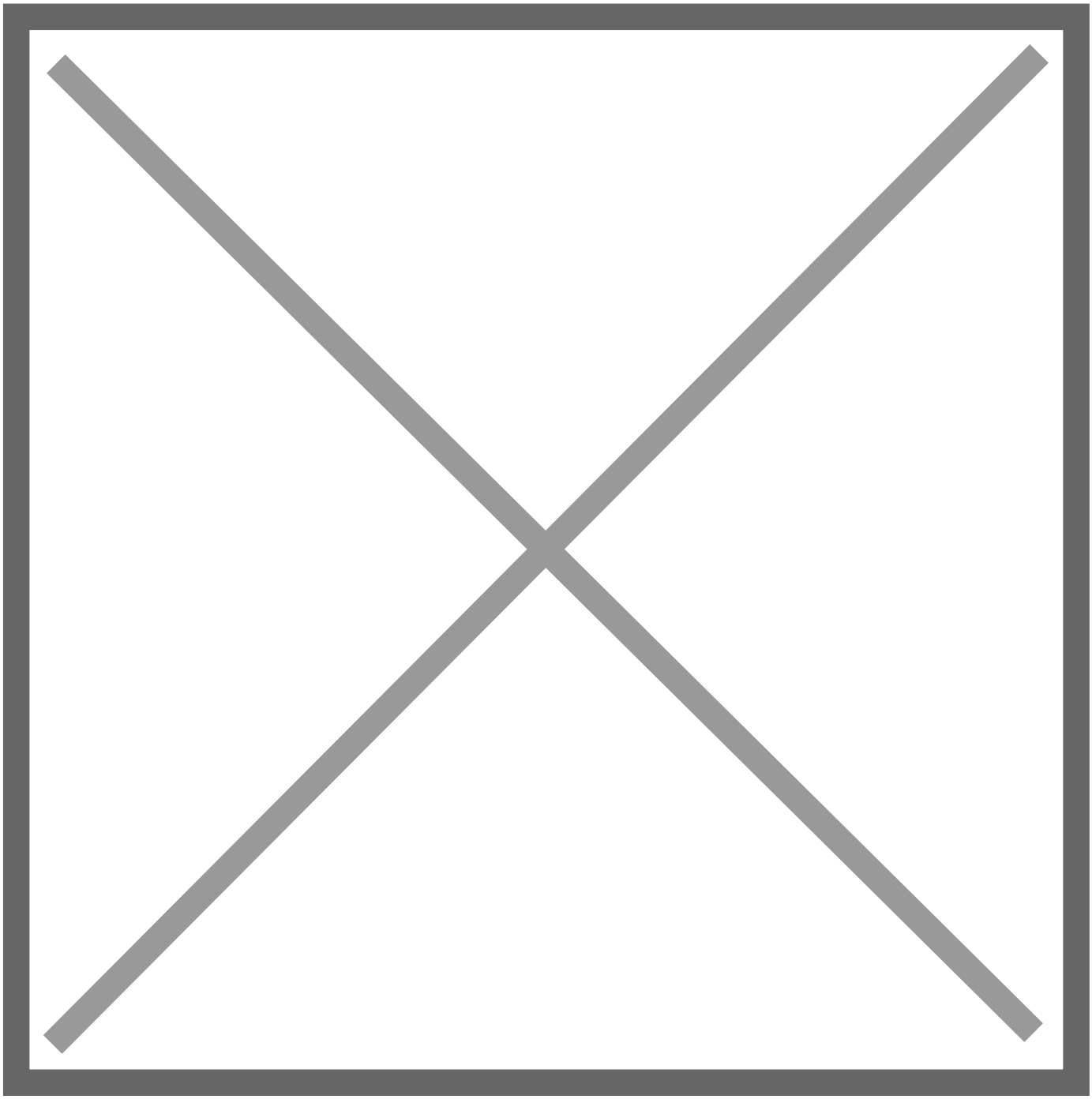
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

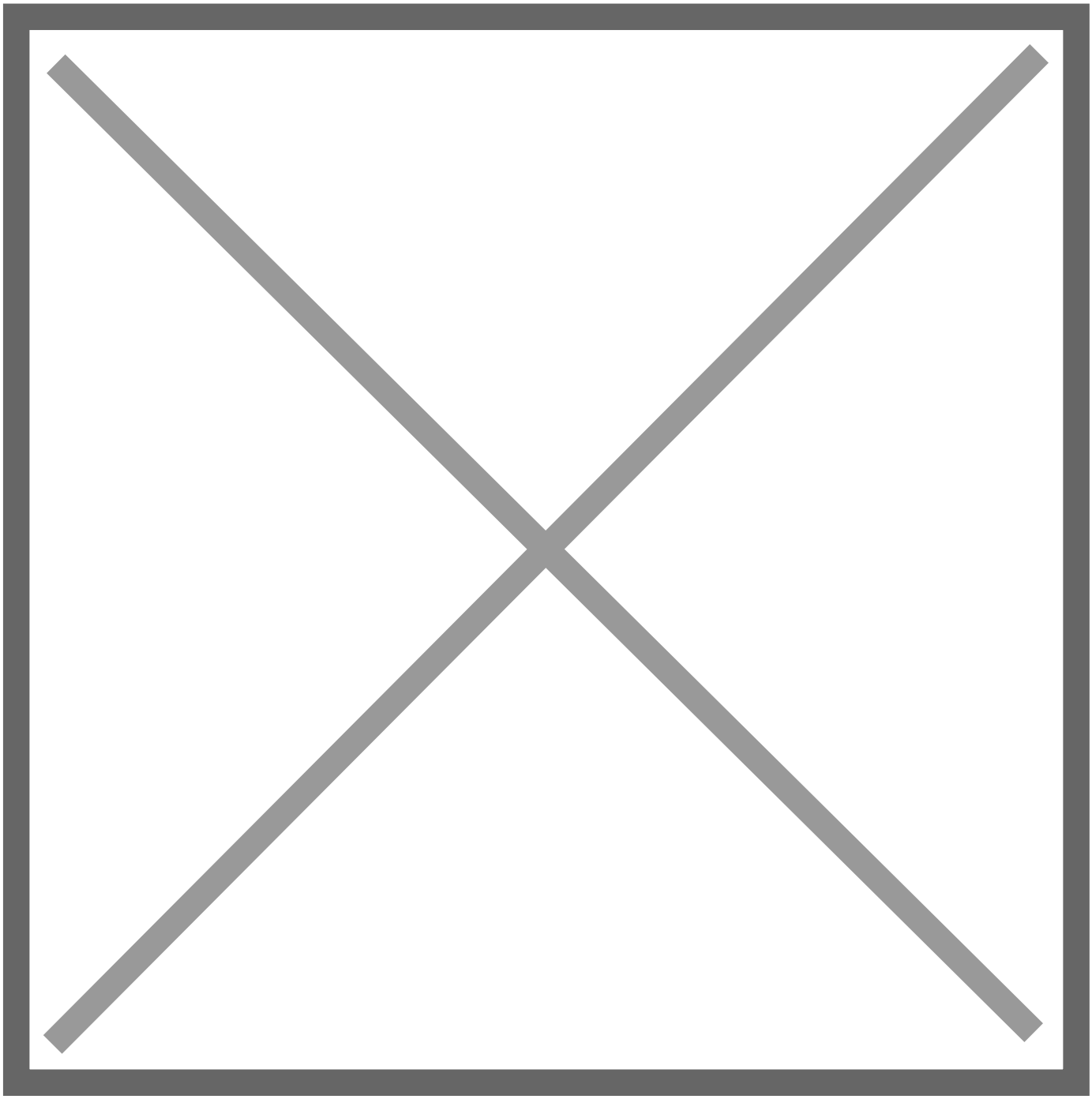
Pancreatic cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

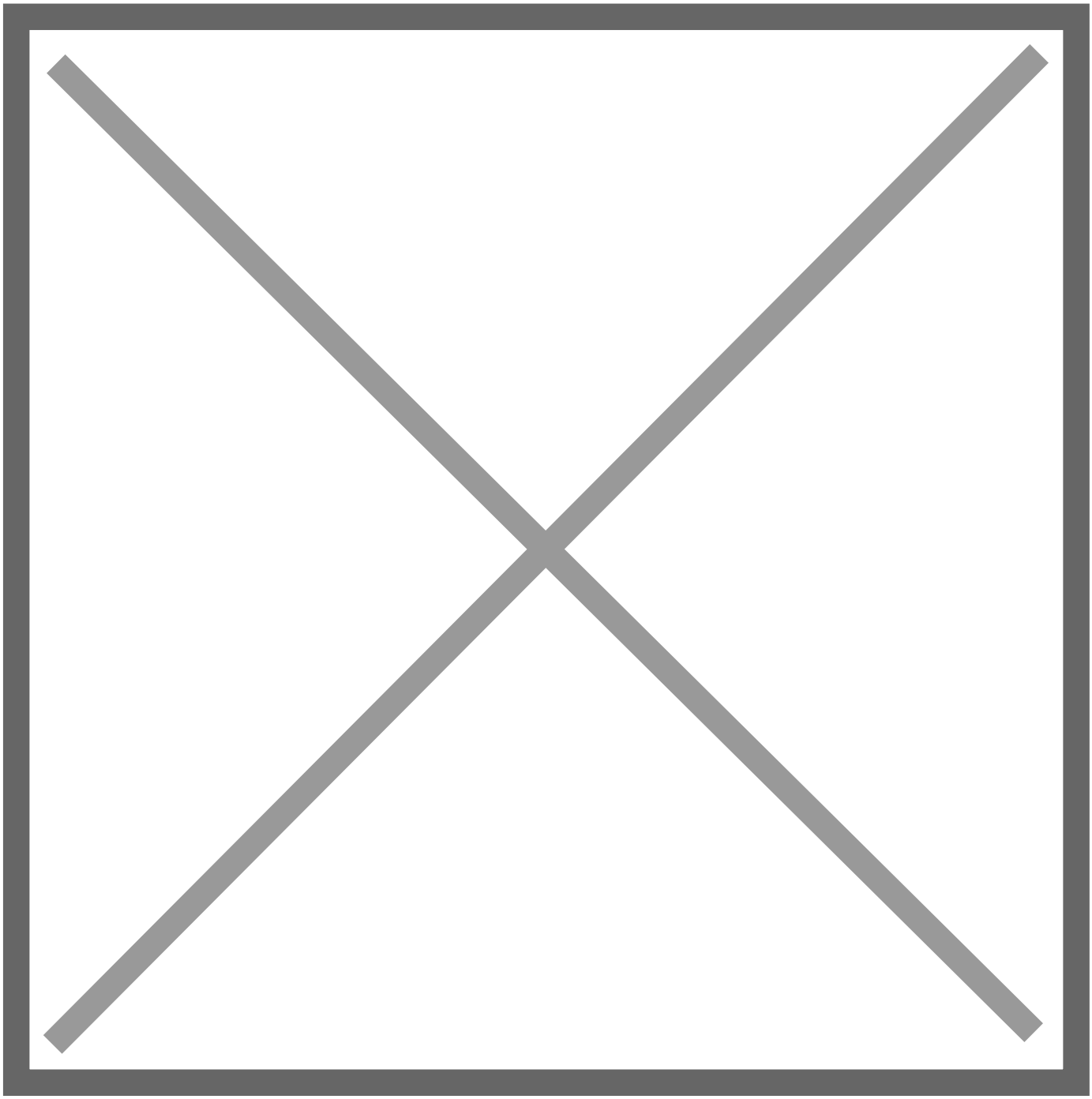
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

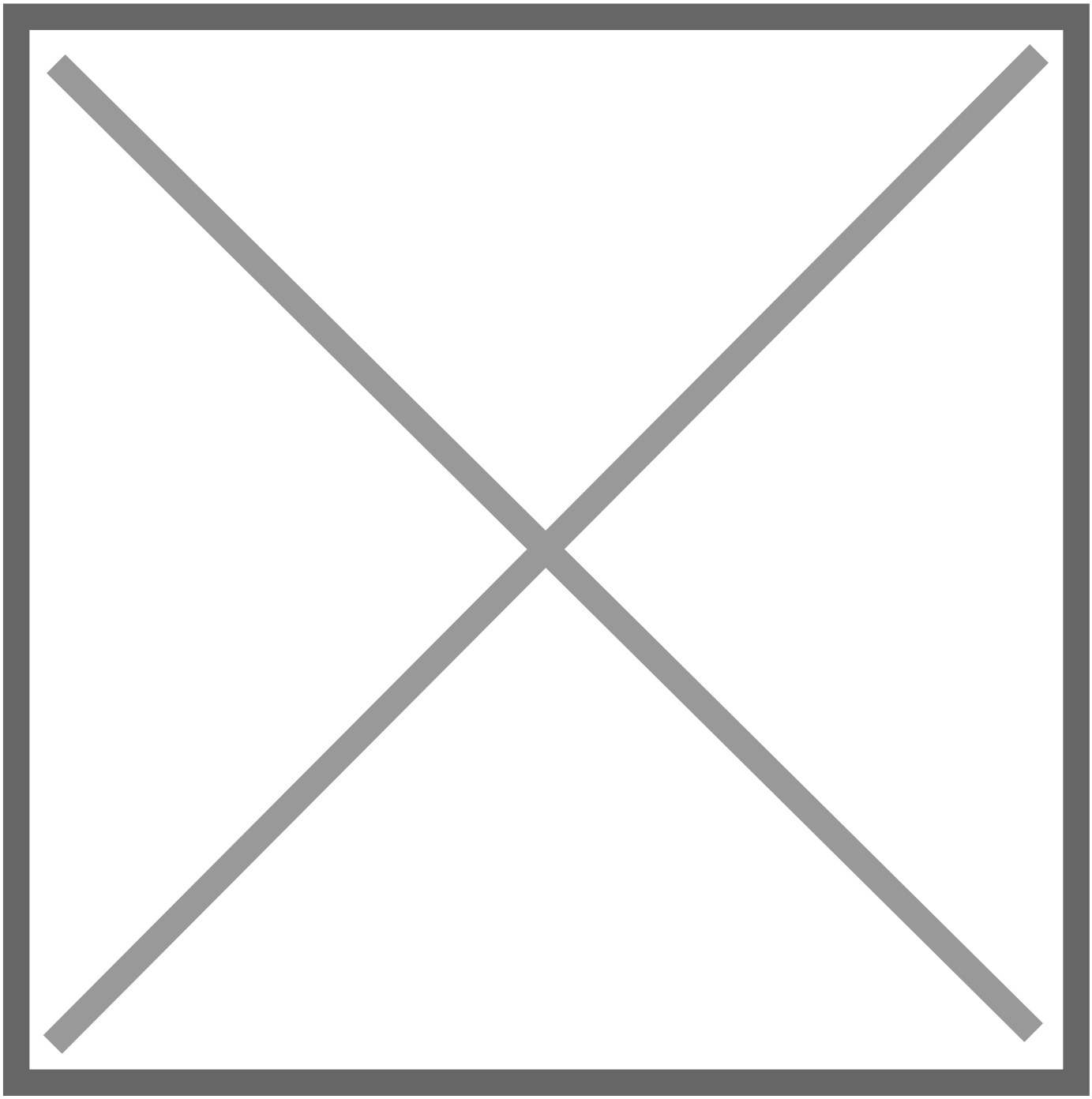
Gallbladder cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

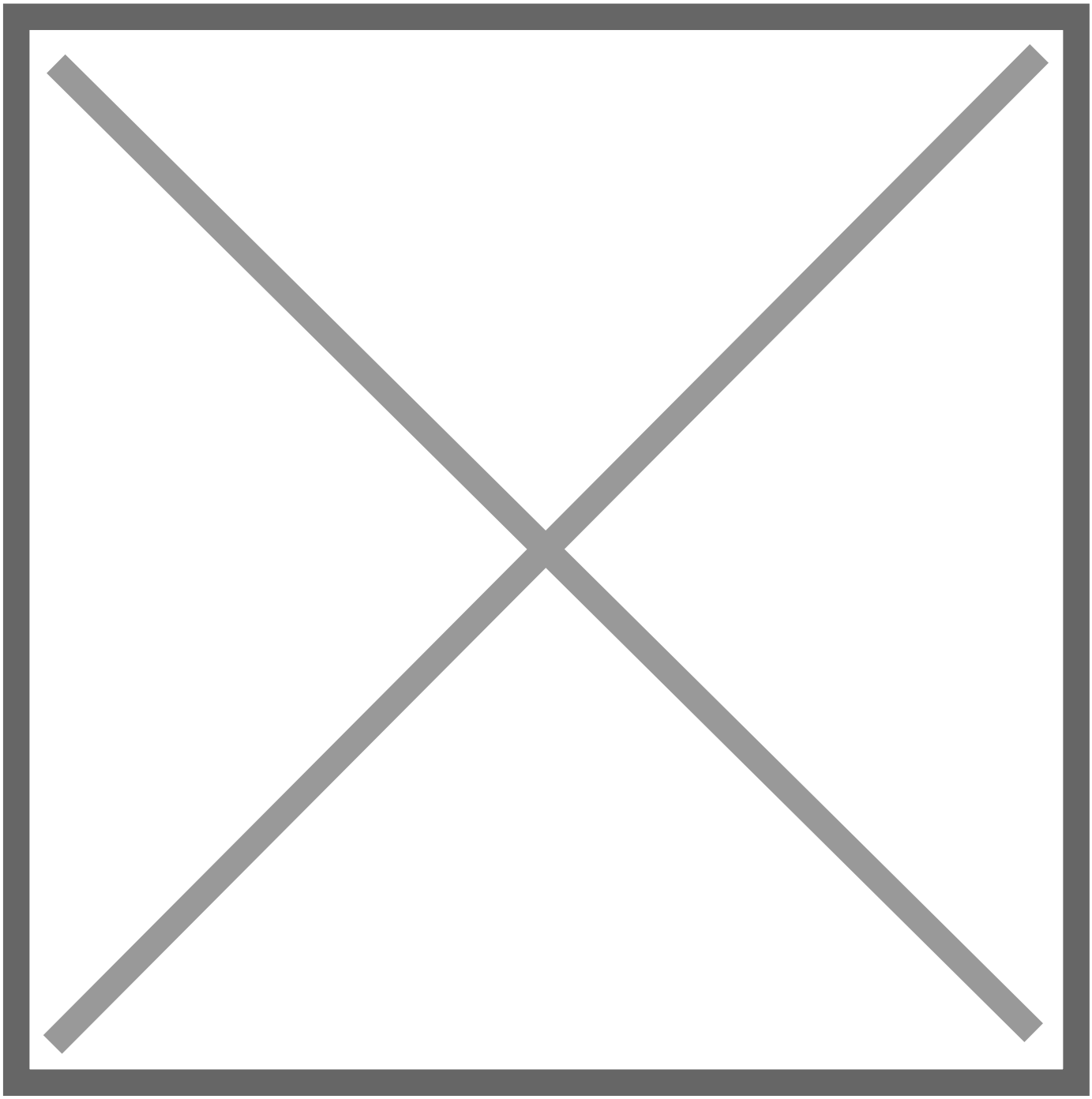
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

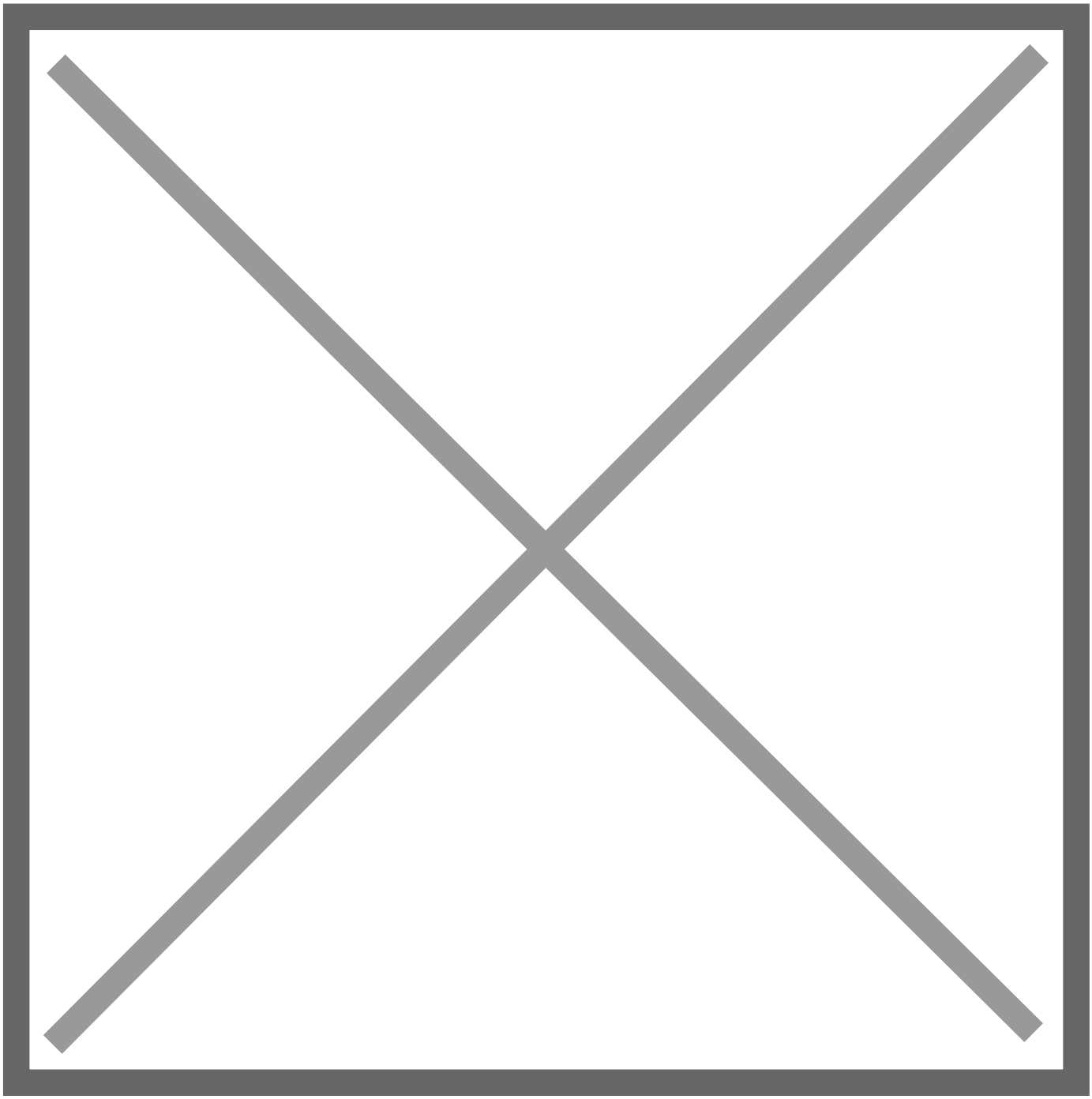
Kidney cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

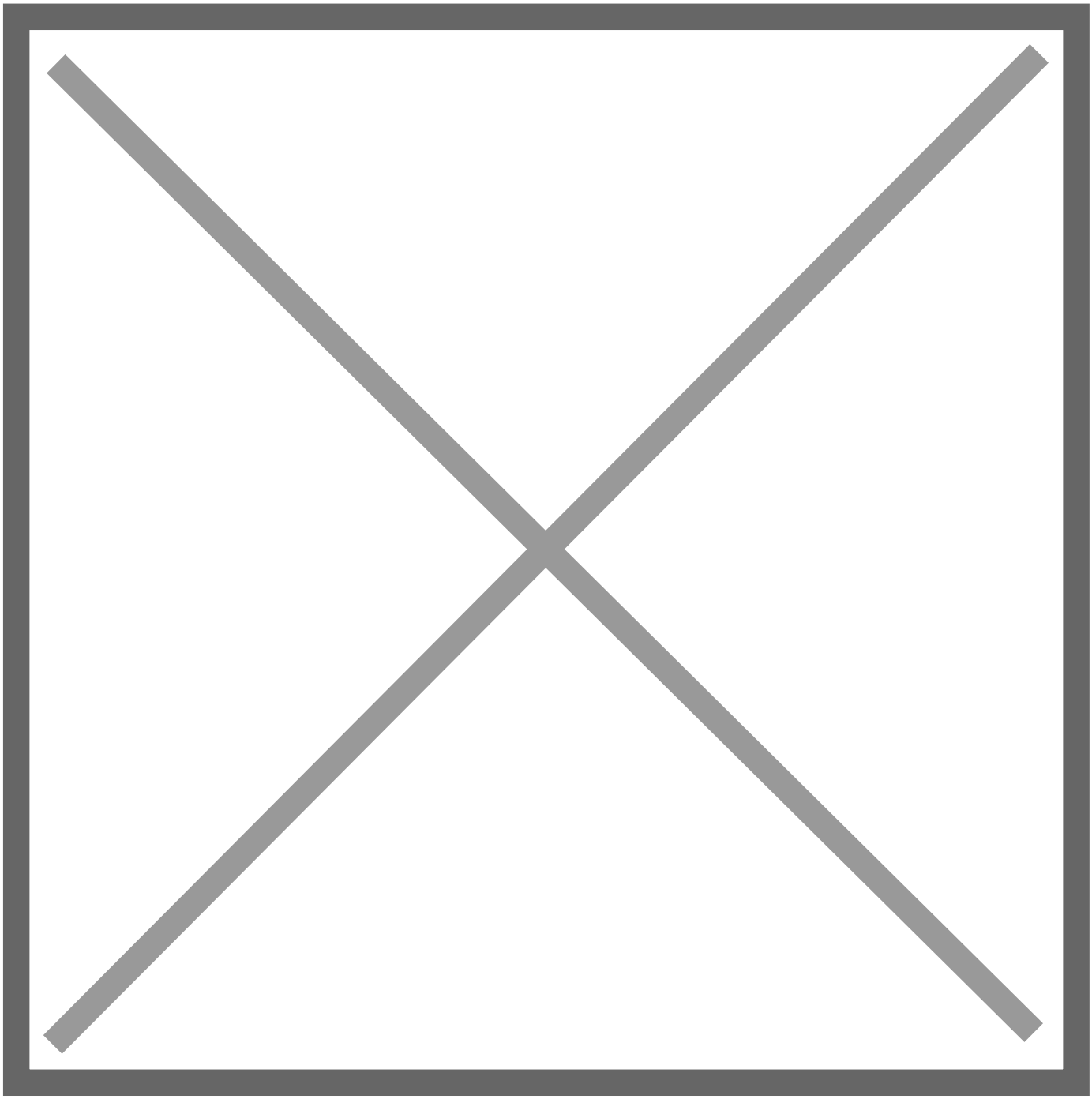
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Cancer of the uterus

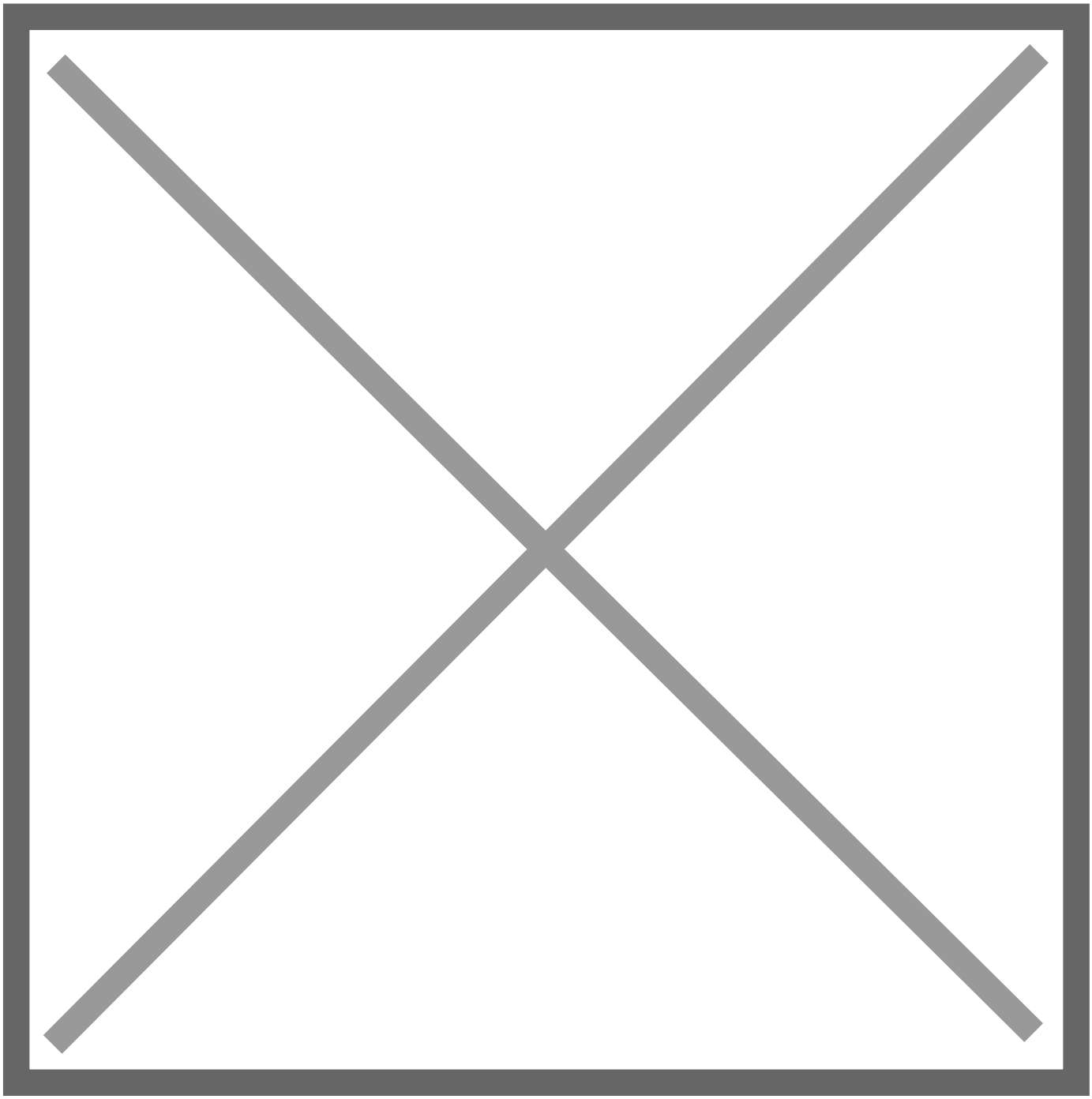
Women, 2022



Age:	20+
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

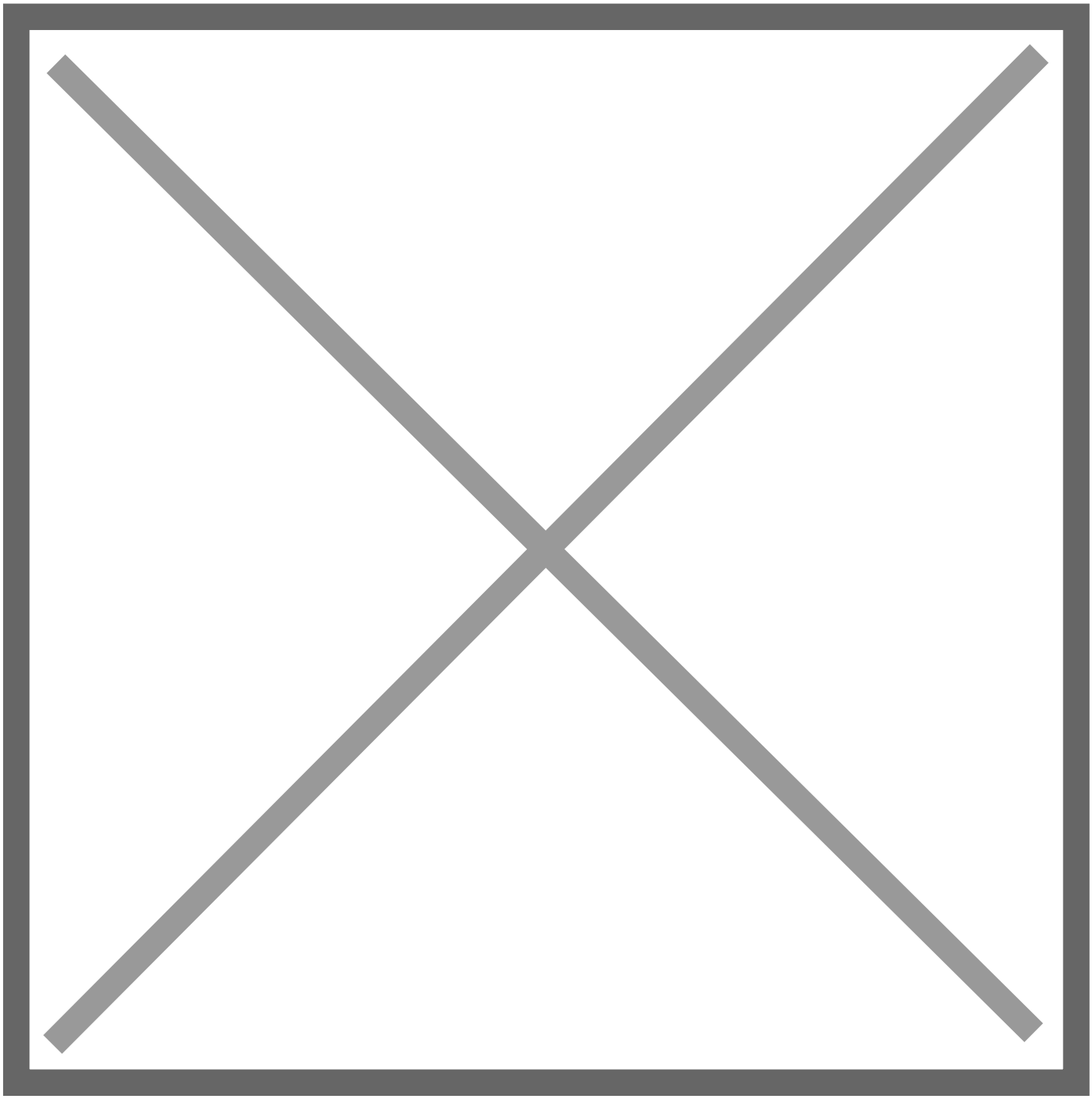
Raised blood pressure

Adults, 2019



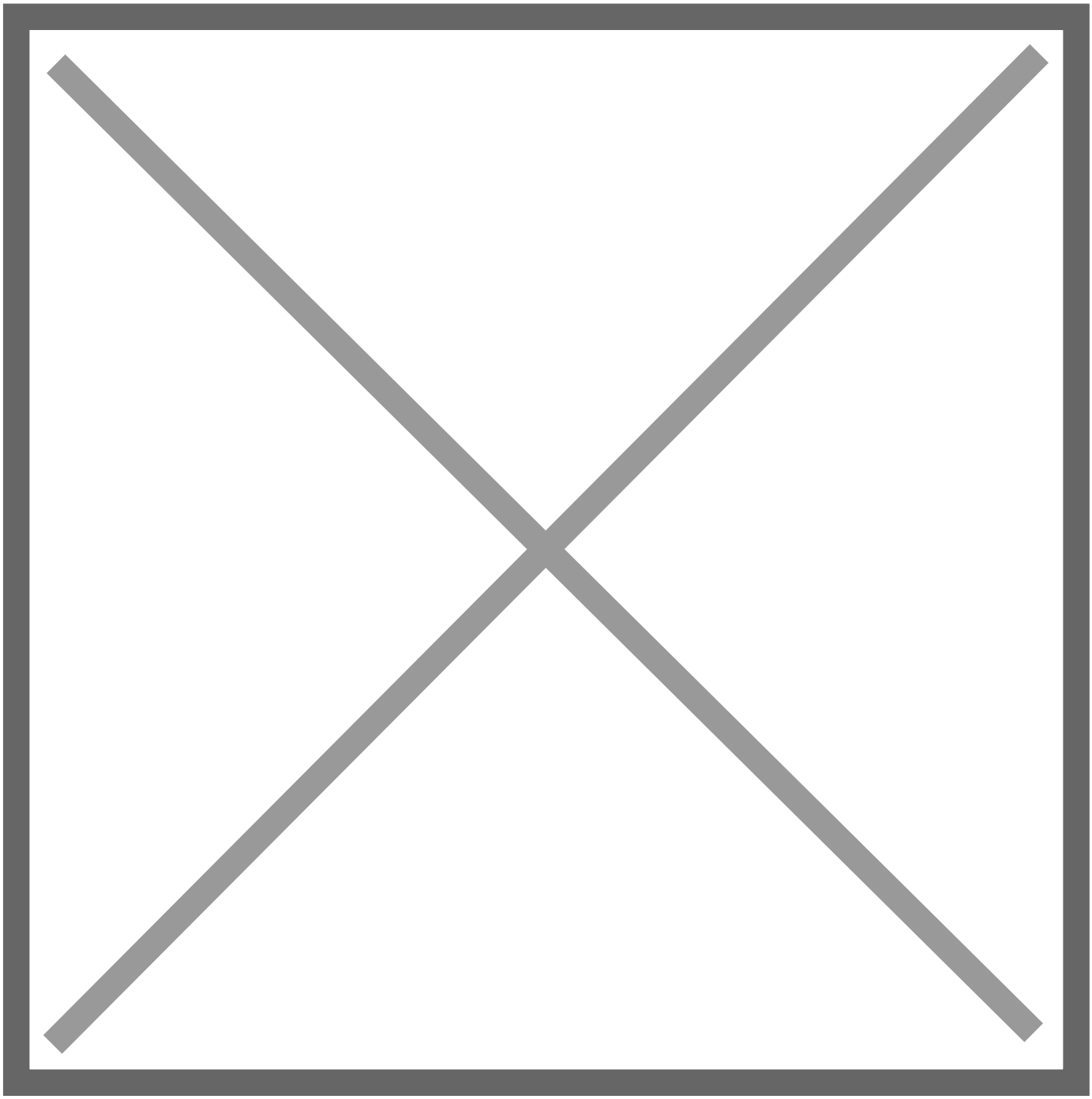
Age:	30-79
References:	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

Men, 2019



Age:	30-79
References:	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

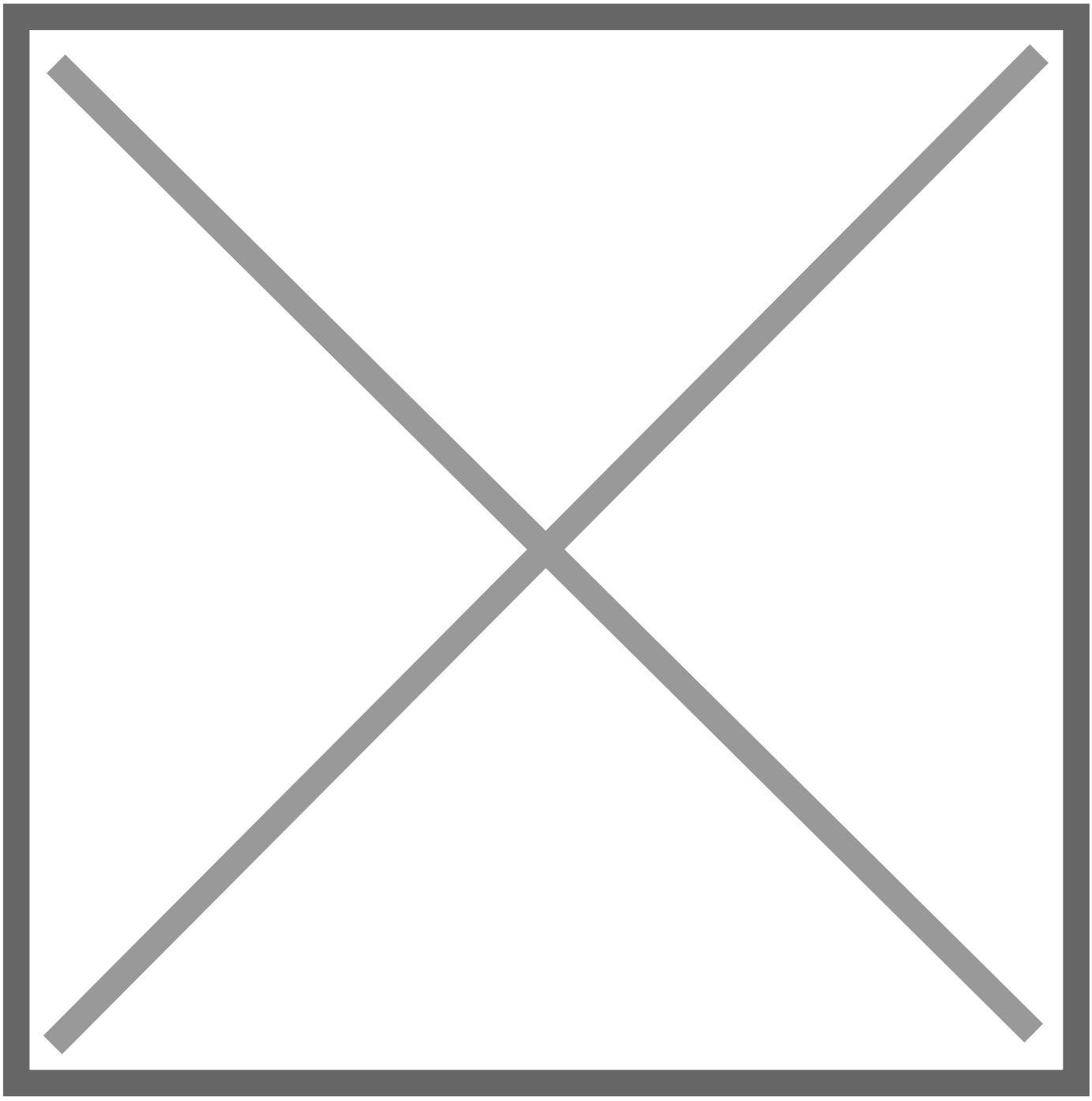
Women, 2019



Age:	30-79
References:	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

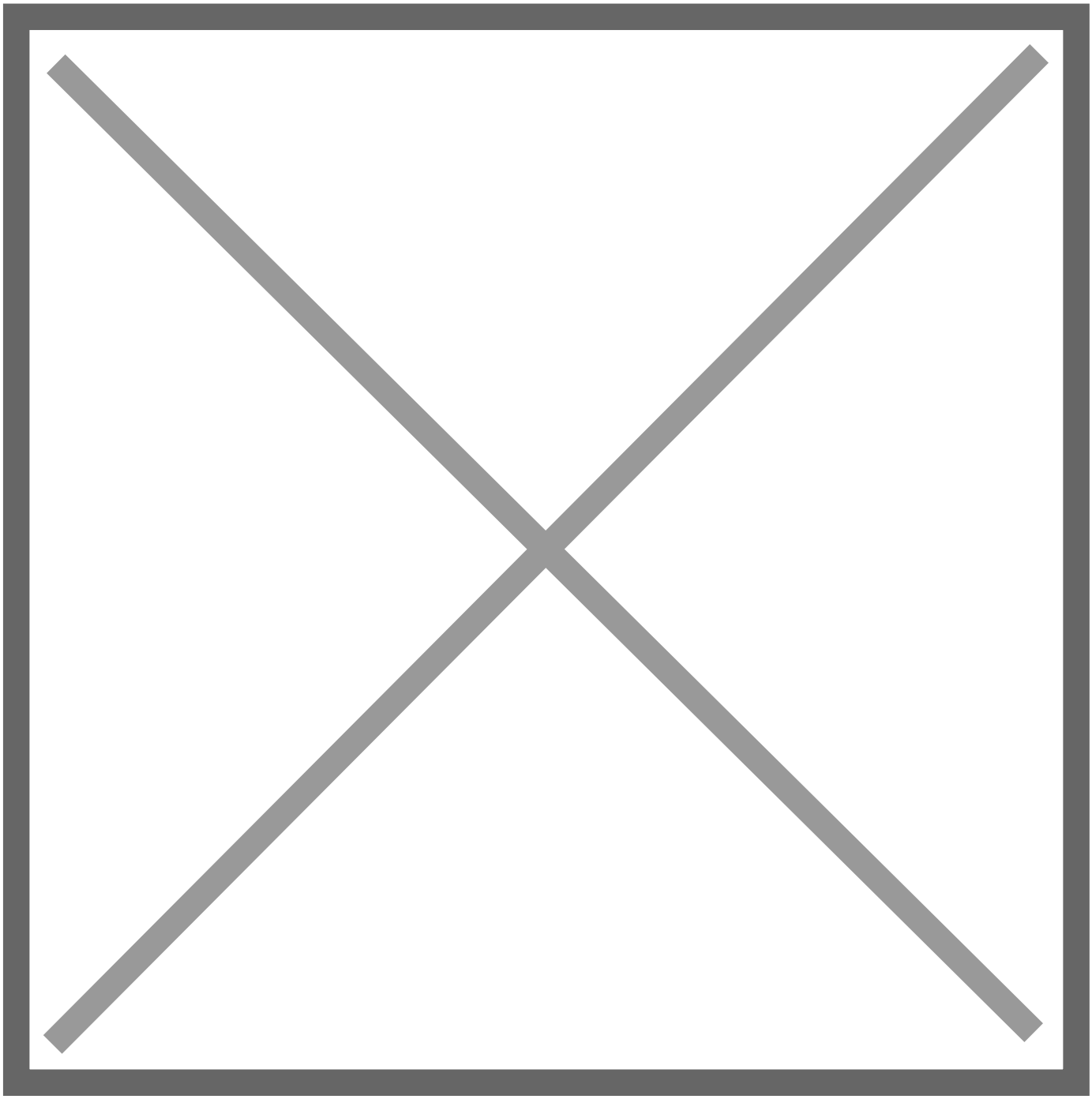
Raised cholesterol

Adults, 2008



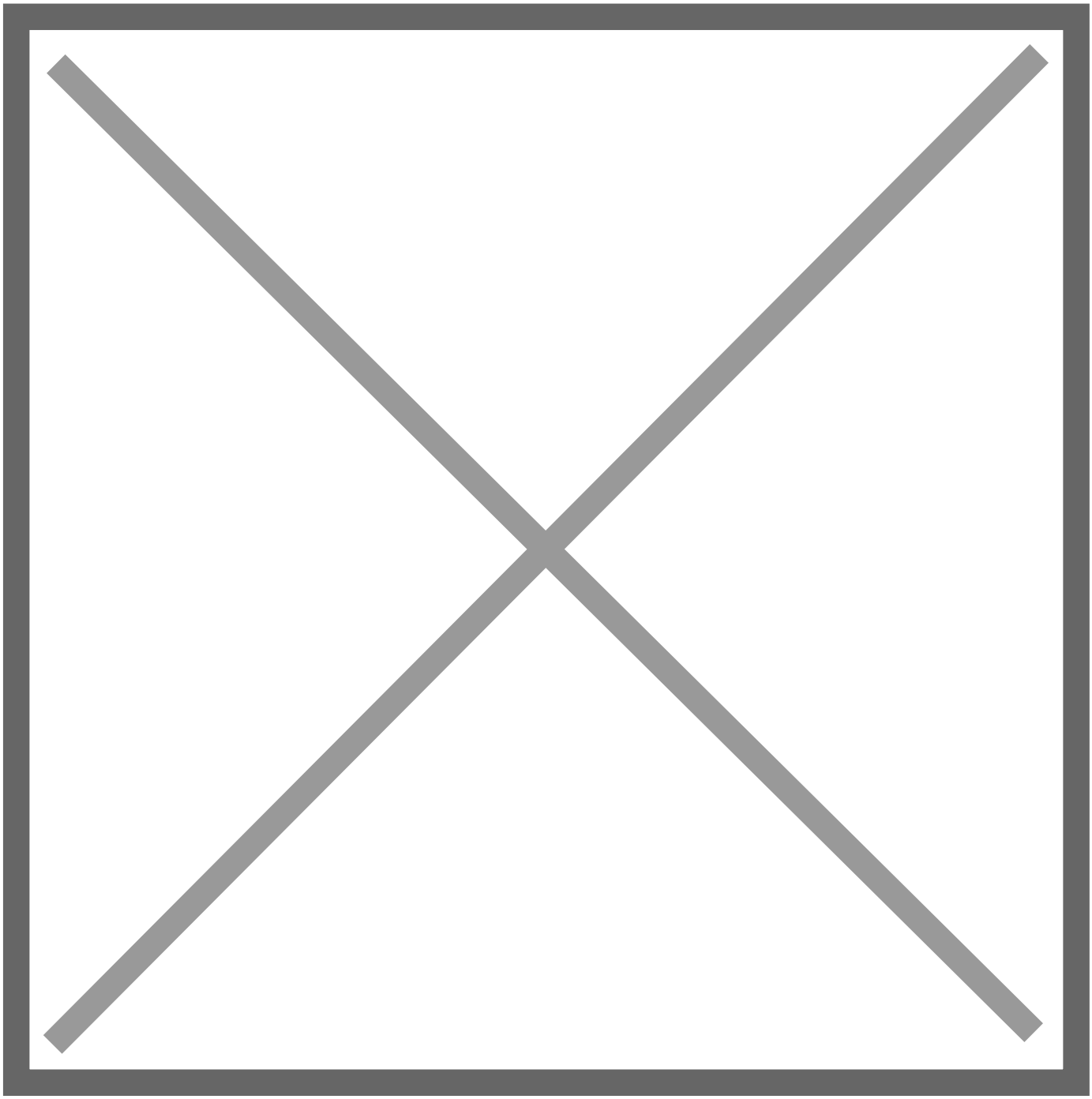
References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

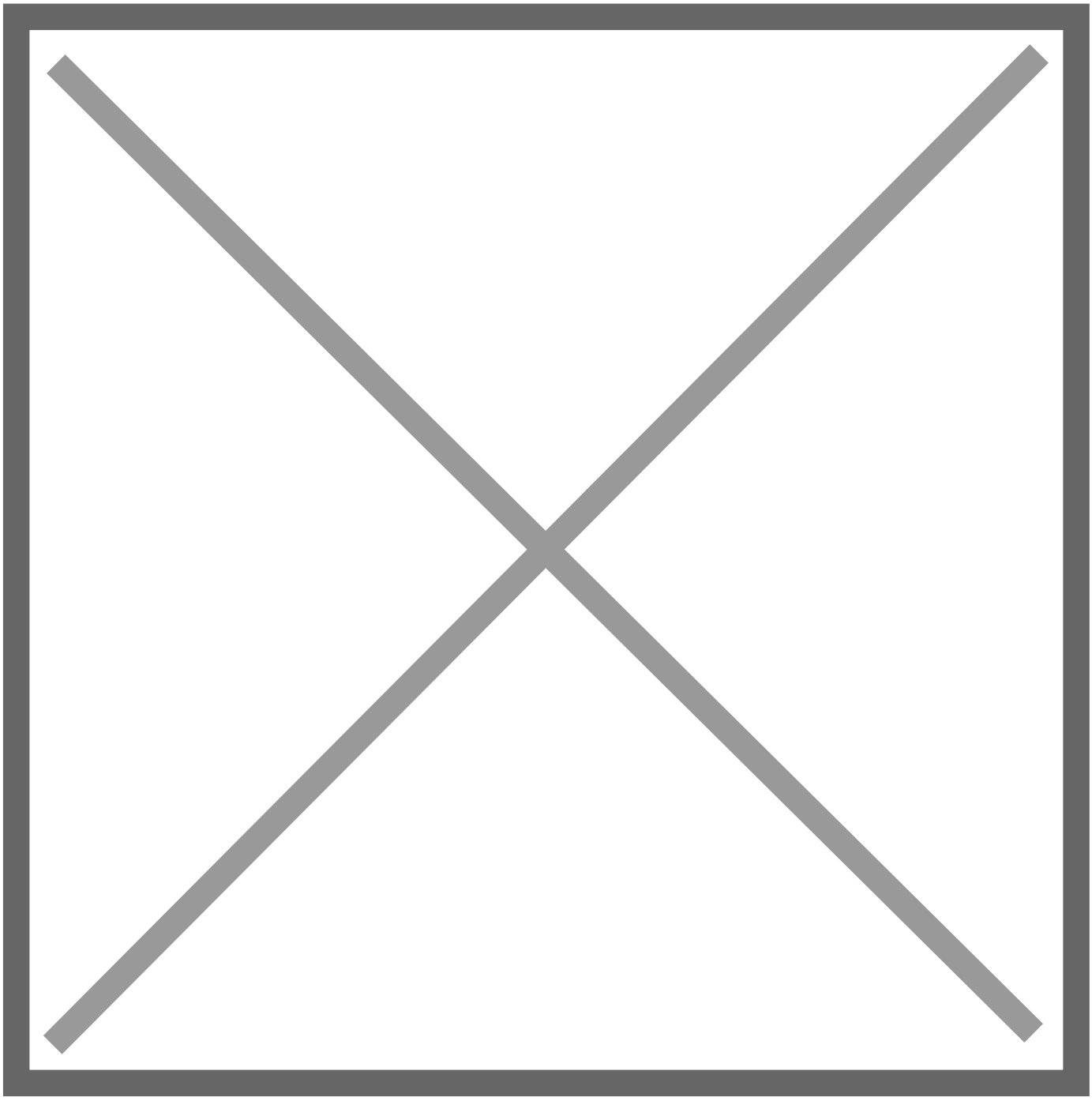
Women, 2008



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

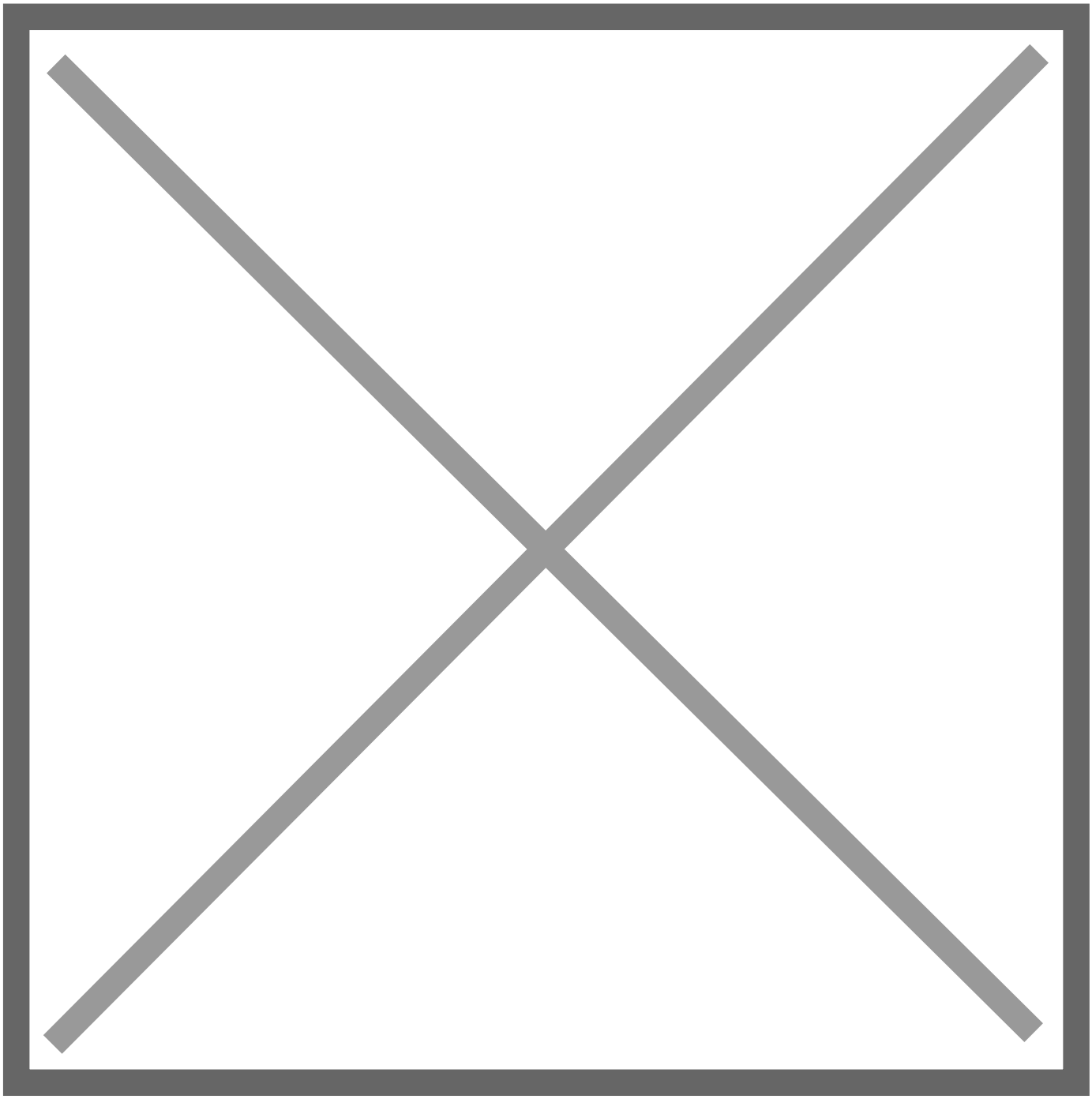
Raised fasting blood glucose

Men, 2014



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitions:	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

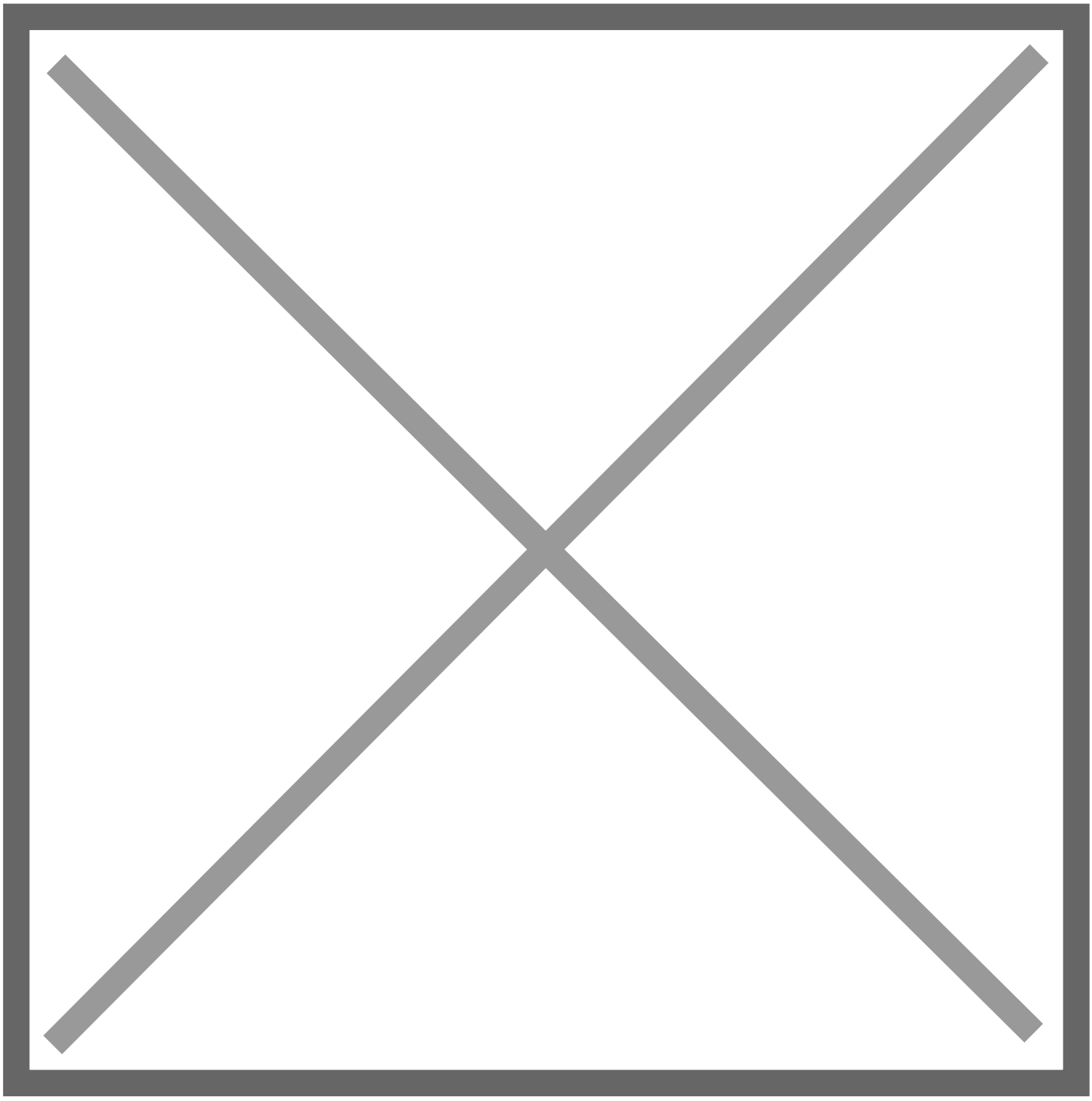
Women, 2014



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitions:	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

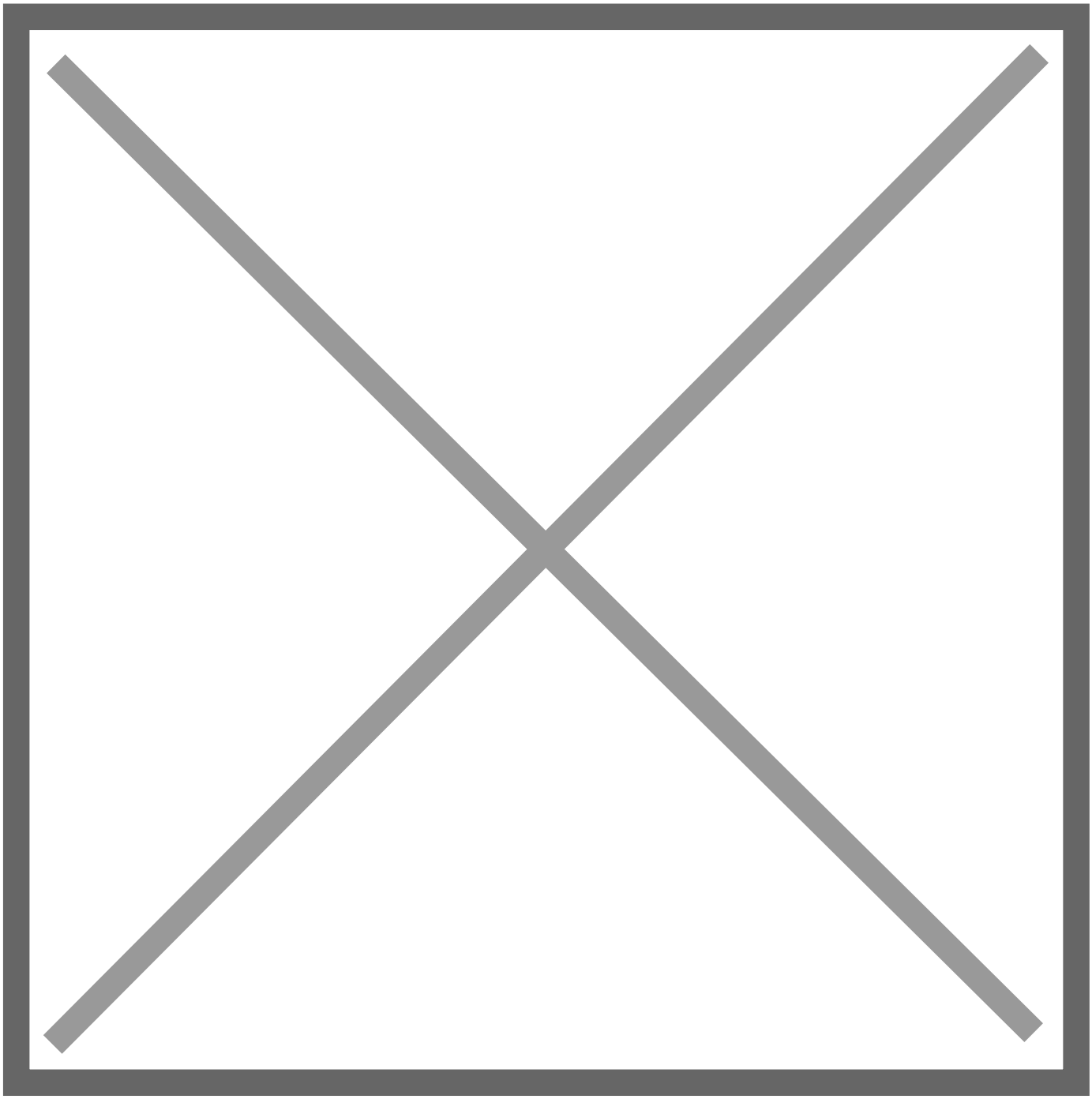
Adults, 2024



References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

Ovarian Cancer

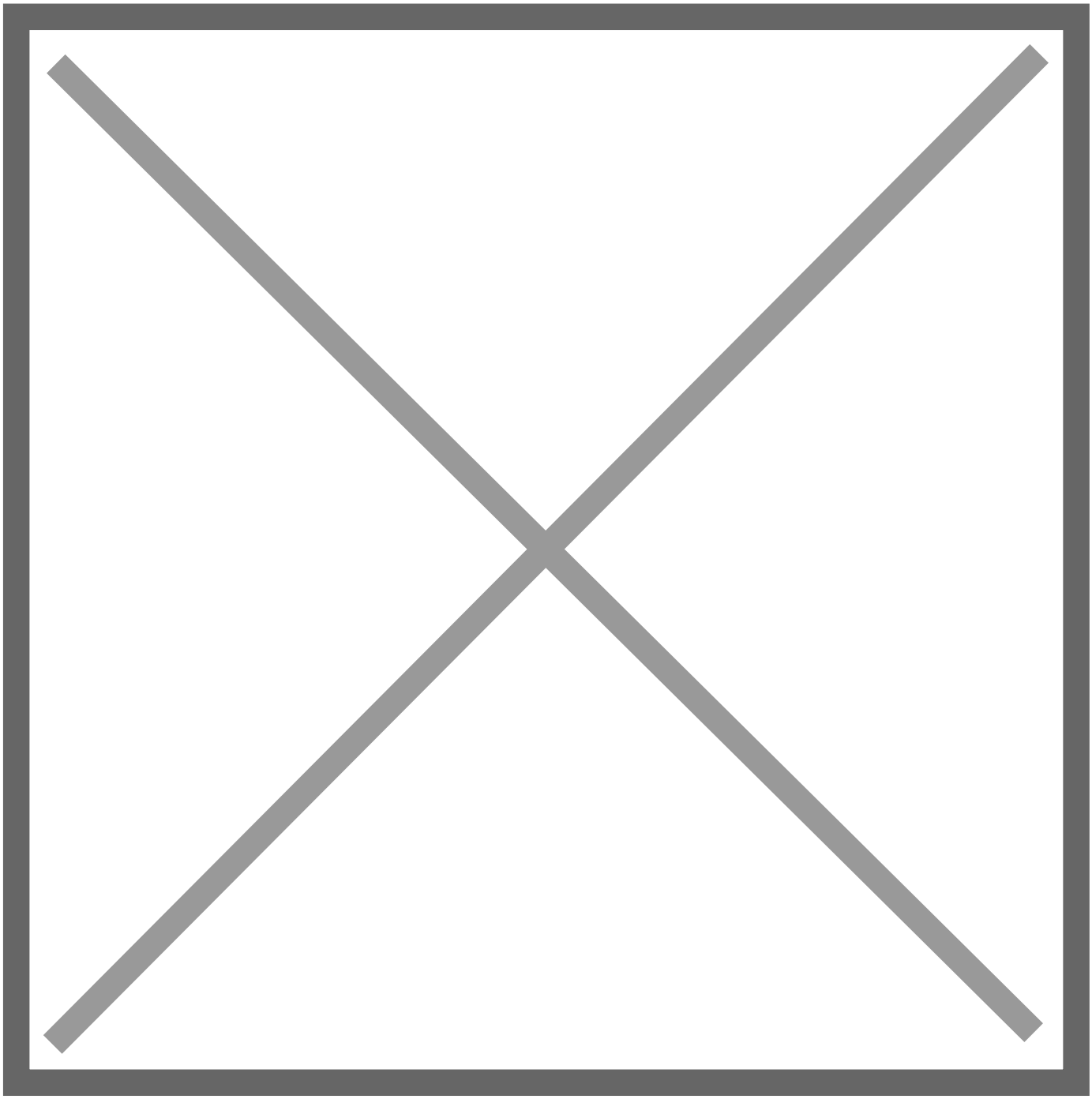
Women, 2022



Age:	20+
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Leukemia

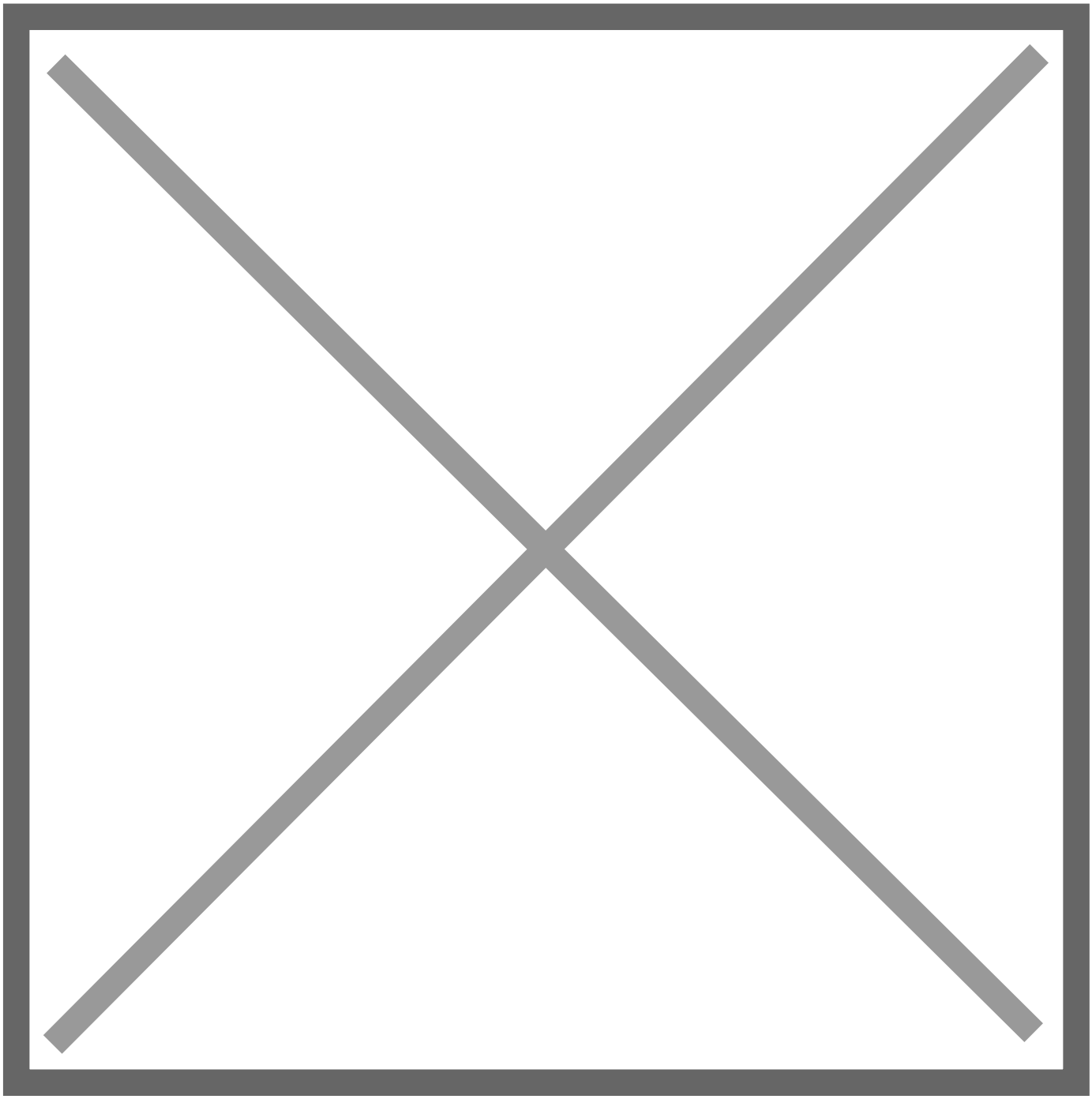
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

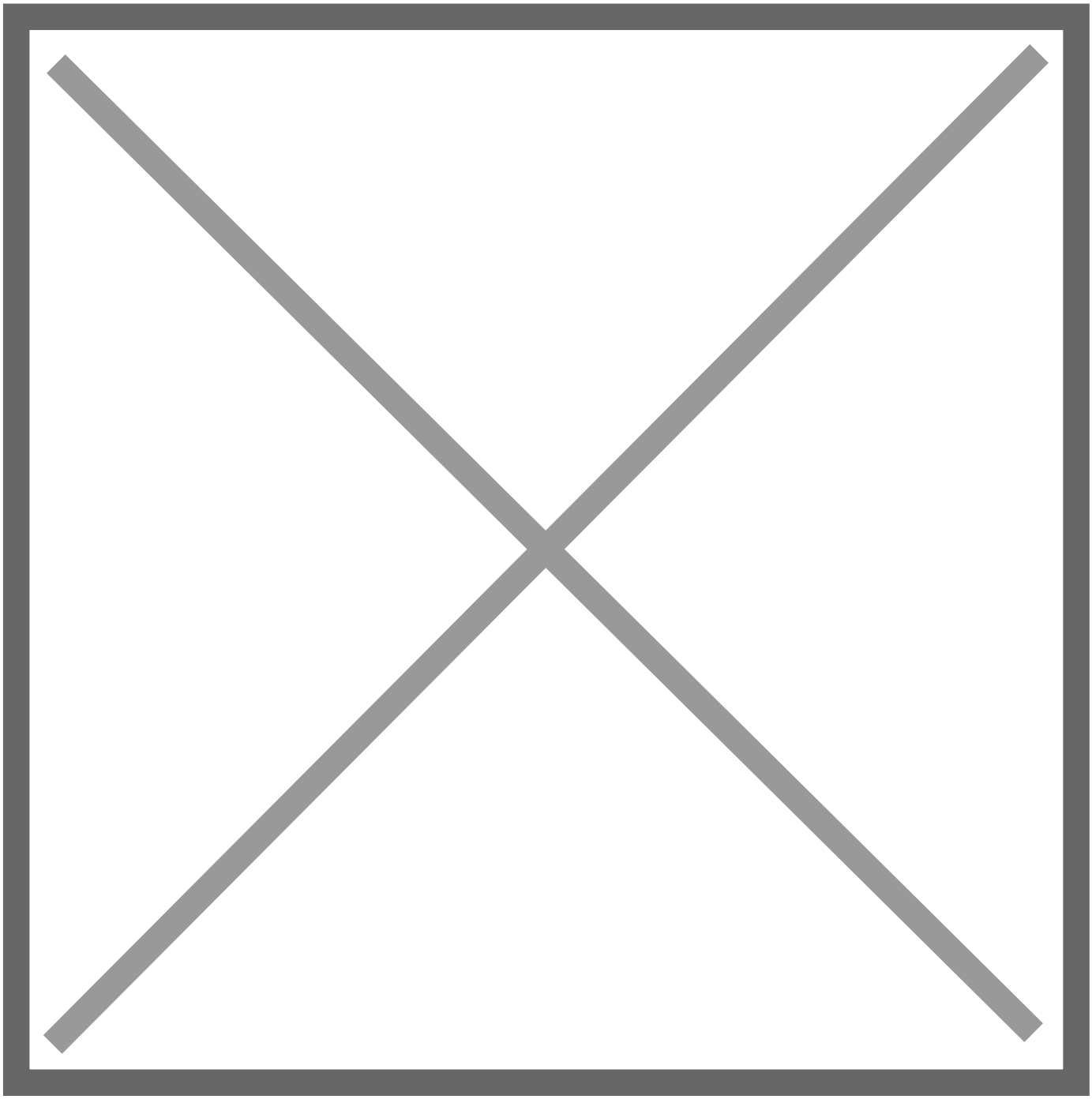


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

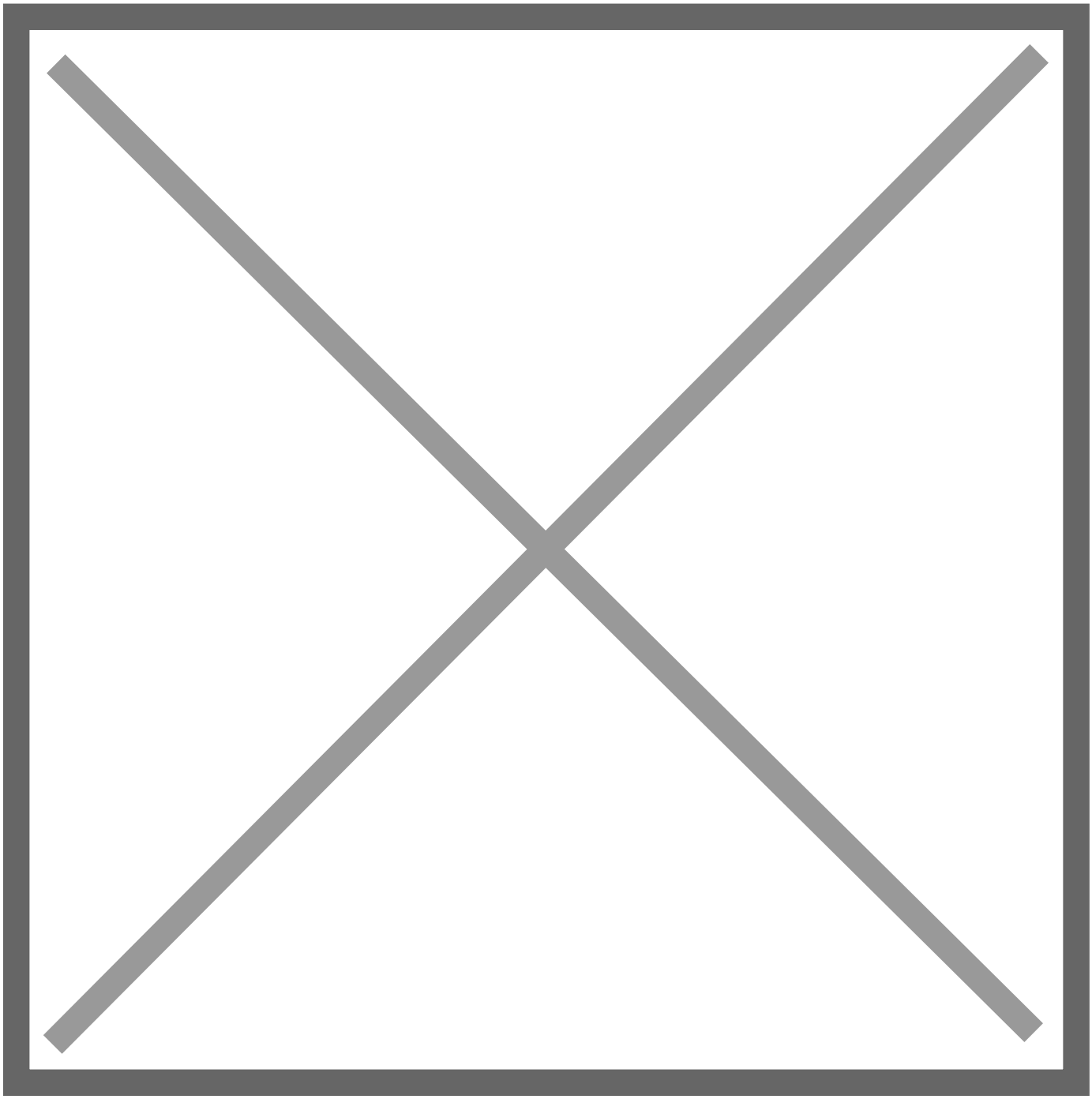
Liver and intrahepatic bile duct Cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

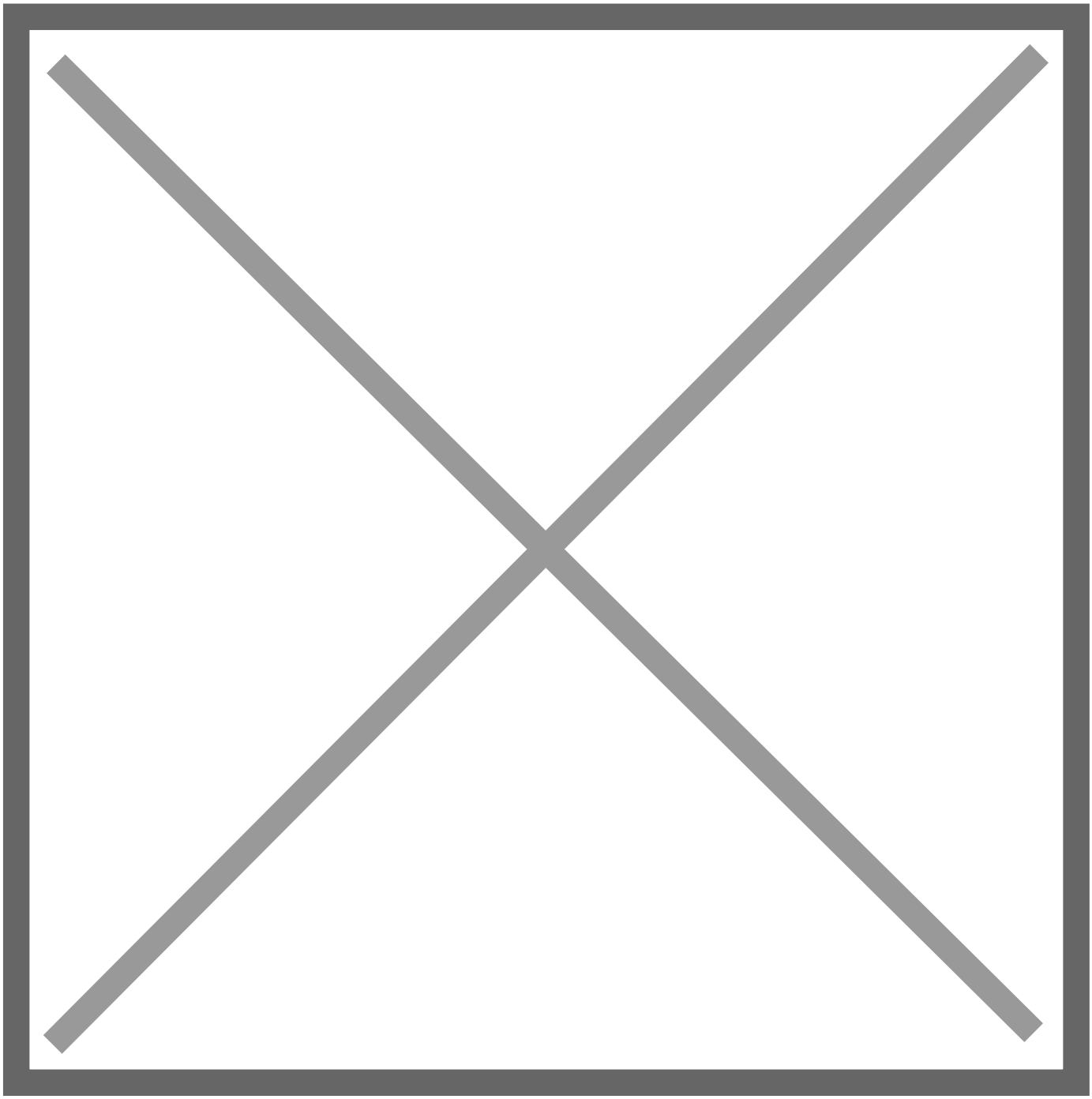
Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Multiple Myeloma

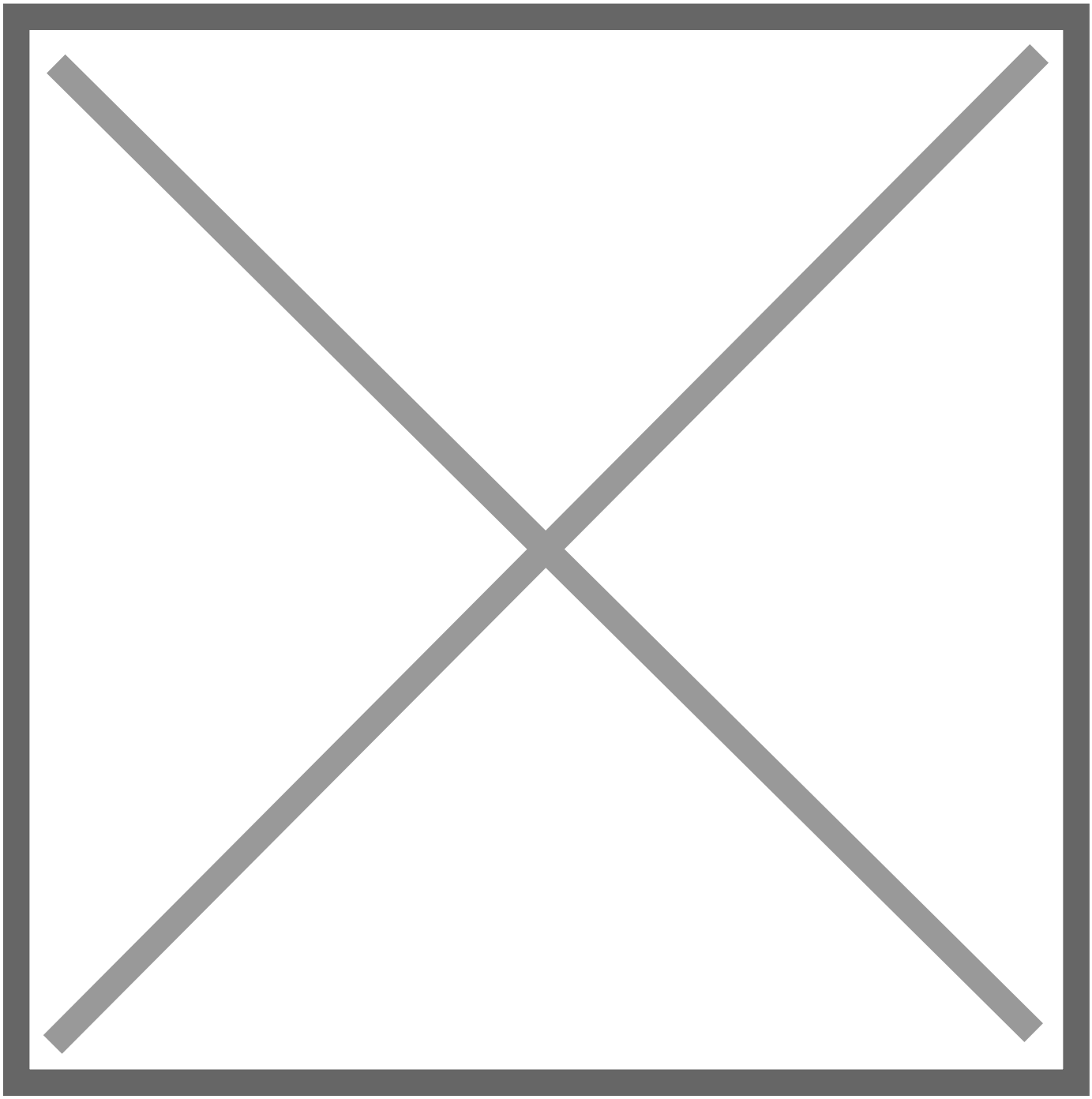
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

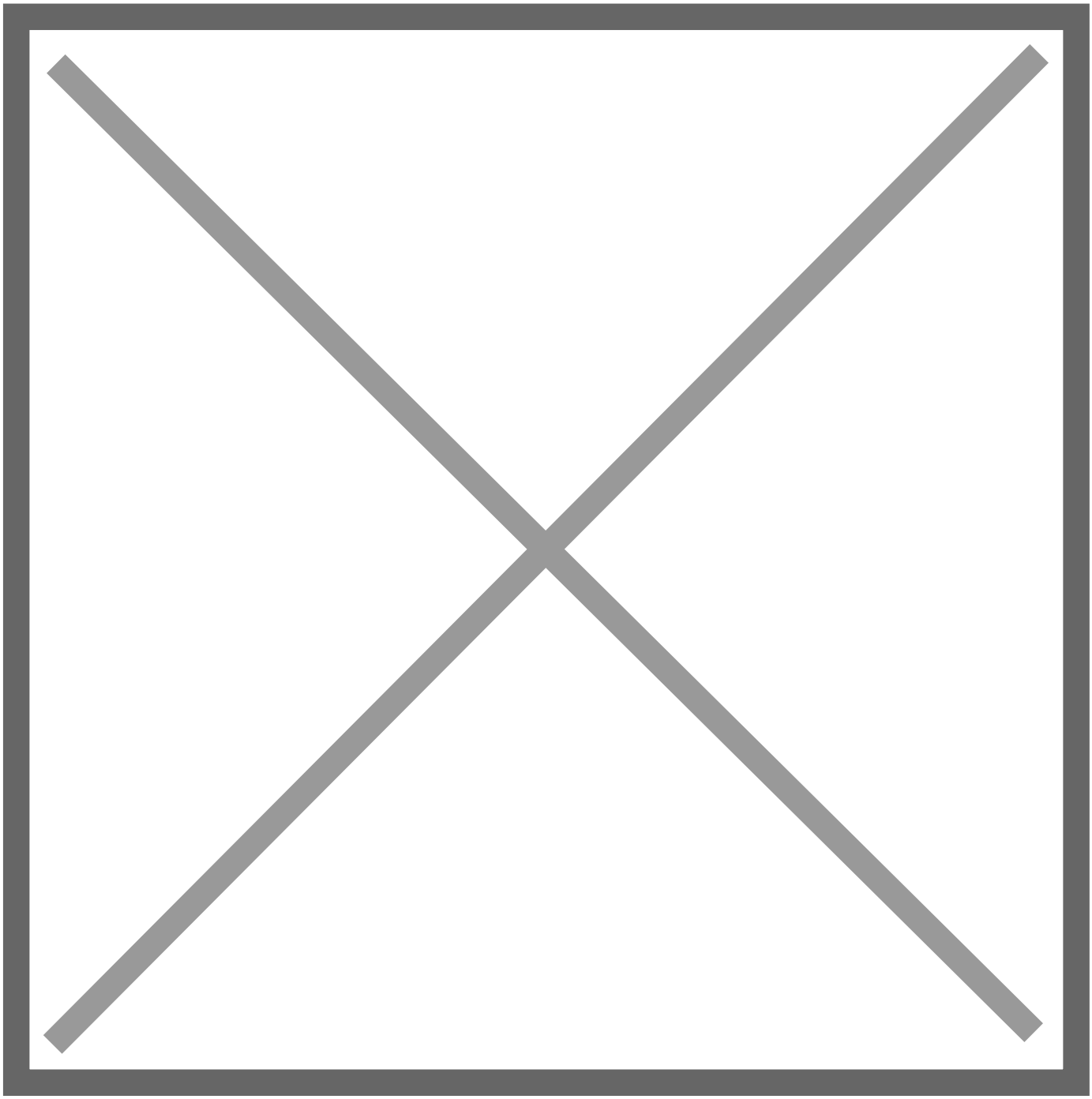


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Non Hodgkin Lymphoma

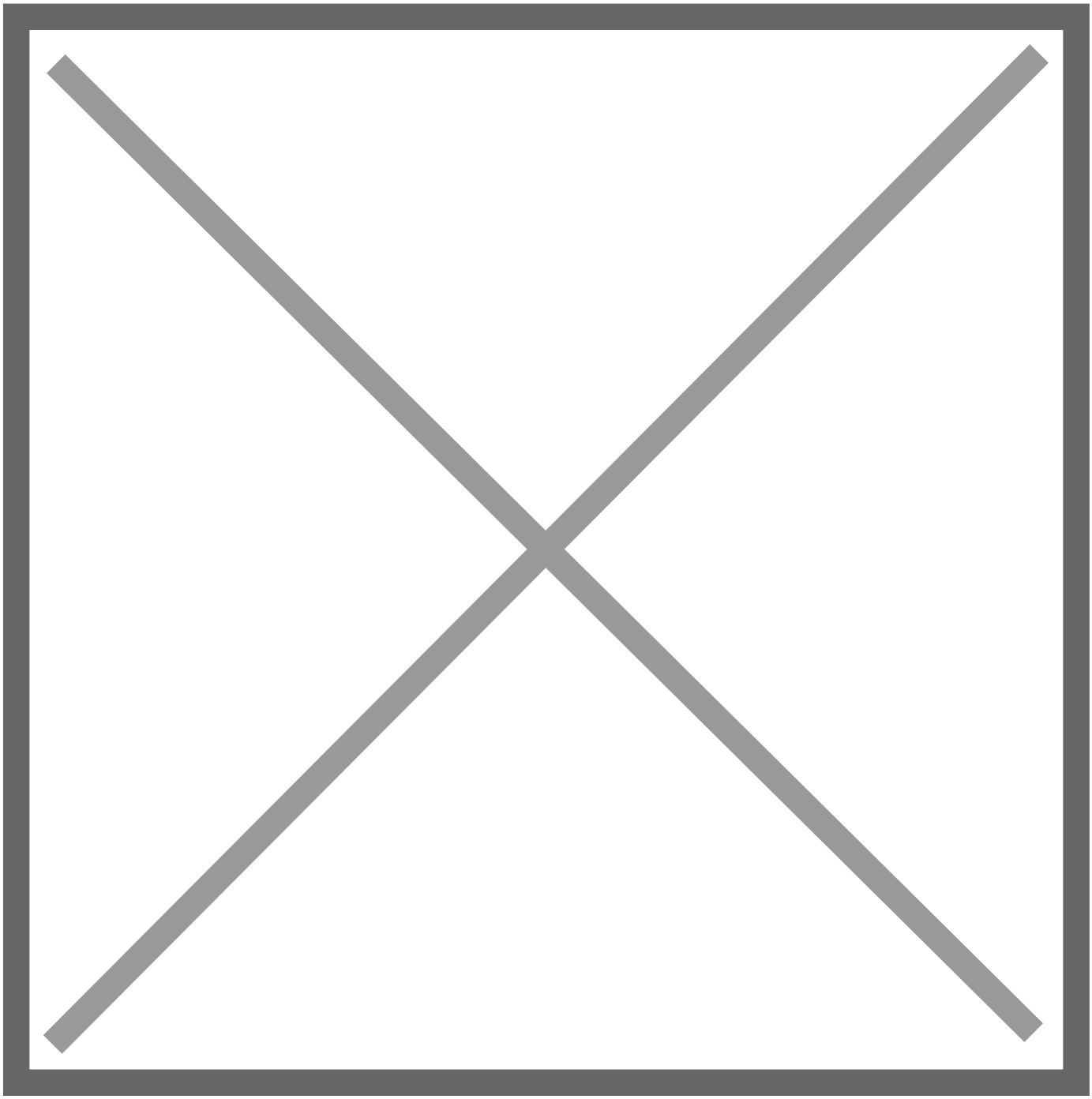
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

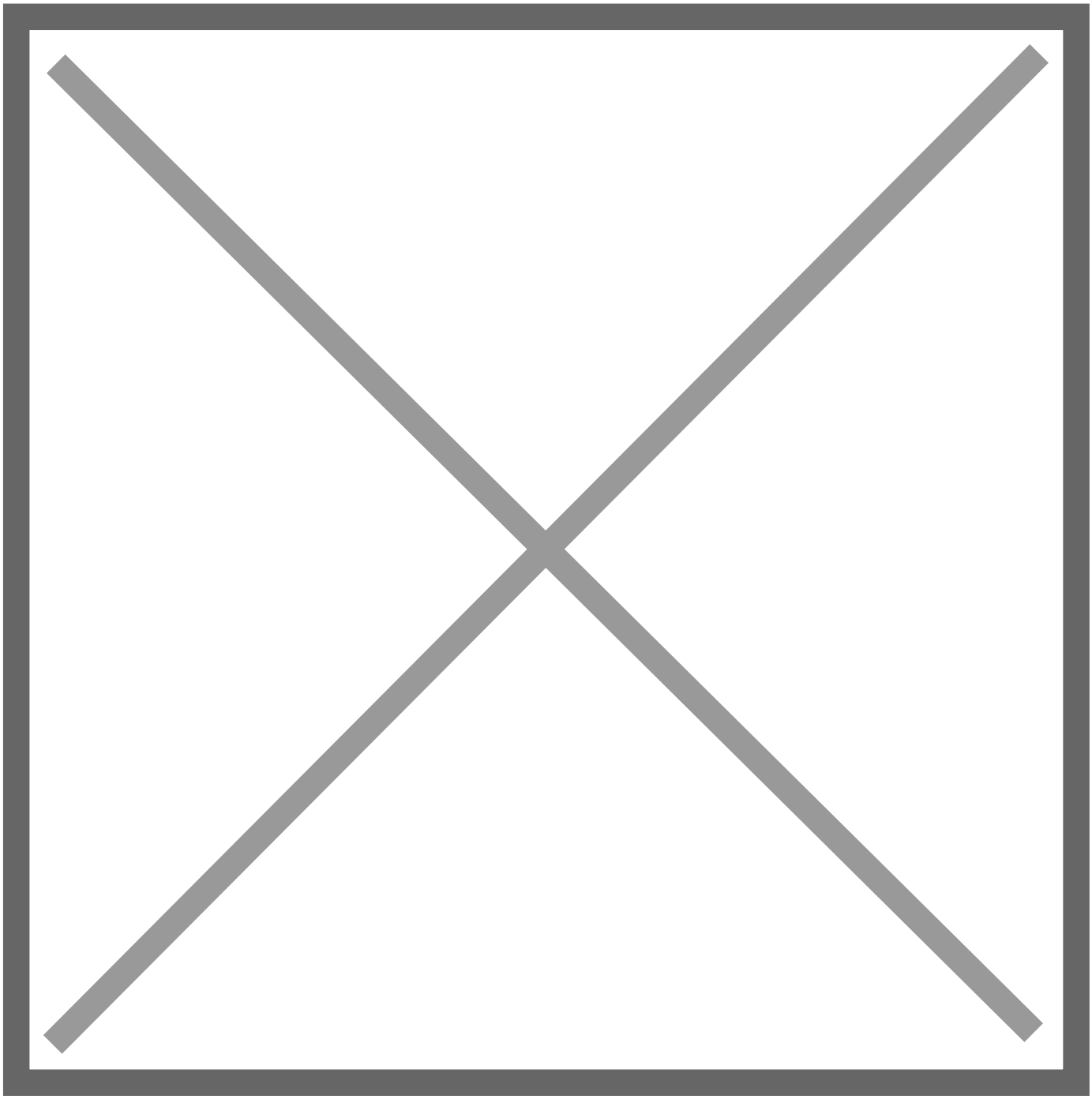


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

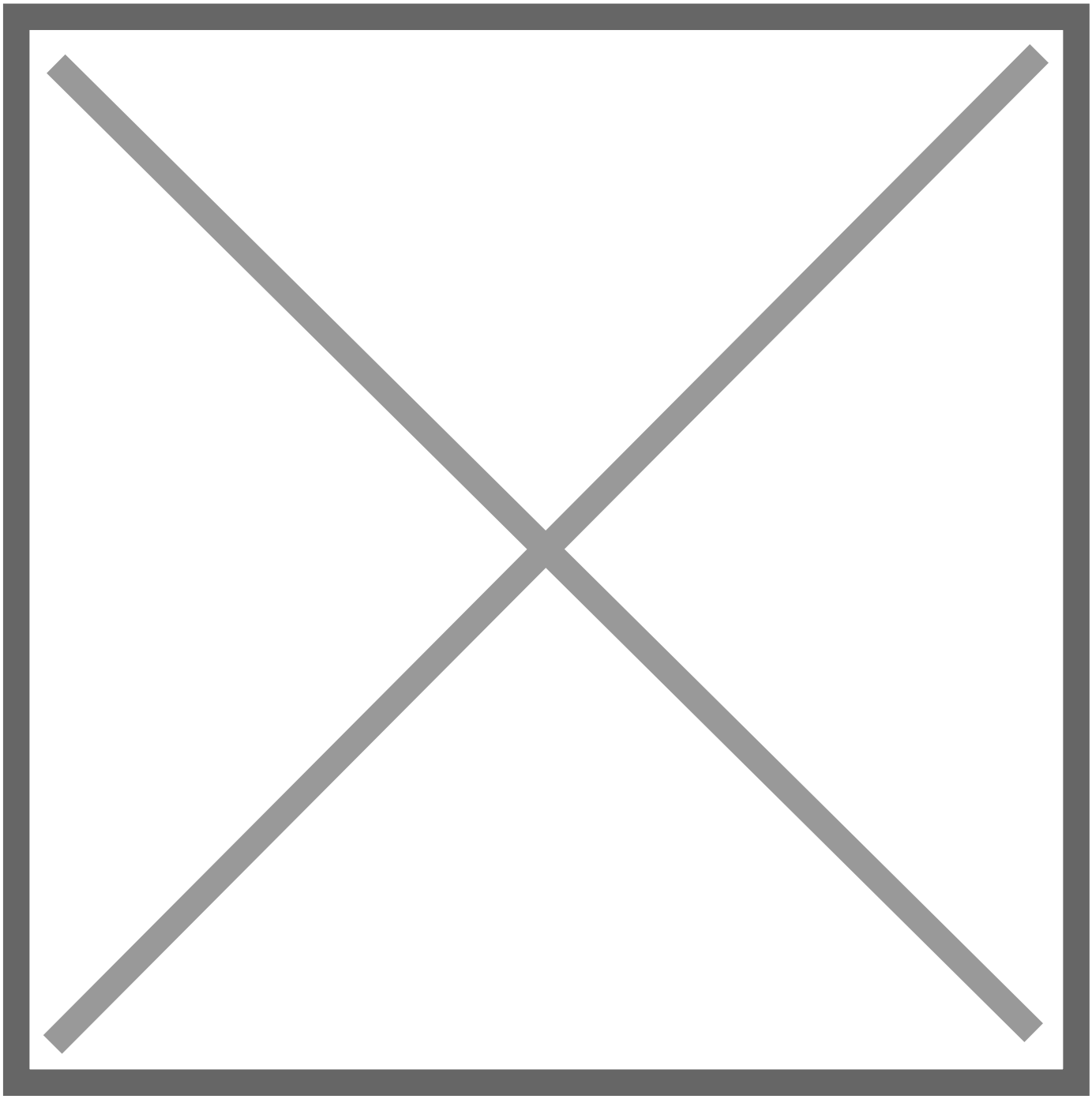
Thyroid Cancer

Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

PDF created on November 3, 2026